

STATEWIDE FALLS PREVENTION AWARENESS EVENTS

In alphabetical order by county, as submitted by various agencies and organizations

County: Calhoun

Event Title: Fall Prevention Day

Event Date(s): September 22, 2016

Event Time: 7:00 a.m. - 4:00 p.m.

Event Address: 19611 SR 20 W, Blountstown, Florida 32424

Organizations Hosting the Event: Florida Department of Health in Calhoun County

Event Description: The Florida Department of Health in Calhoun County will be giving away night lights, brochures and pamphlets as long as they last.

Point of Contact: Susan Chafin

Email: susan.chafin@flhealth.gov

Phone: (850) 643-2415

County: Calhoun

Event Title: 5K Run/Walk

Event Date(s): September 24, 2016

Event Time: 7:00 a.m. - until

Event Address: Sam Atkins Park, Blountstown, Florida 32424

Organizations Hosting the Event: Florida Department of Health in Calhoun County

Event Description: The Florida Department of Health in Calhoun County will be giving away night lights, brochures and pamphlets as long as they last.

Point of Contact: Susan Chafin

Email: susan.chafin@flhealth.gov

Phone: (850) 643-2415

County: Lee

Event Title: Balance and Fall Prevention Awareness Day

Event Date(s): September 16, 2016

Event Time: 9:00 a.m. to 12:00 p.m. EST

Event Address: Healthy Life Center at Coconut Point Mall, 23910 Fashion Drive, Suite 105, Estero, FL

Organizations Hosting the Event: Lee Memorial Trauma Center

Event Description: Falls are not a normal part of aging, they are a symptom of physical, environmental or behavioral changes that need to be made. This event provides multiple screening opportunities to address all of these areas. There will be free balance, vision, foot, vein and blood pressure screenings provided. Physicians and pharmacists will be on site to discuss medications and their side effects and will also be delivering free flu shots (with Medicare Card). In addition, participants can consult with professionals regarding proper footwear and construction specialist to discuss safety products to help prevent falls. Finally, at this event the public will see how easy it is to stay active and healthy.

Point of Contact: Mark Tesoro

Email: mark.tesoro@leememorial.org
Phone: (239) 343-3672
Website: www.leememorial.org

County: Lee
Event Title: Balance Awareness & Fall Prevention
Event Date(s): September 20, 2016
Event Time: 12 p.m. – 2 p.m.
Event Address: 23190 Fashion Drive, Suite 105, Estero, FL 33928
Organizations Hosting the Event: Lee Memorial Healthy Life Center
Event Description: Senior Living Mini Symposium – RSVP by September 16 to 800-201-9989
Point of Contact: Mark Tesoro
Email: mark.tesoro@leememorial.org
Phone: (239) 343-3672
Website: www.leememorial.org

County: Lee
Event Title: Stay on Your Feet – Move, Improve, Remove
Event Date(s): September 16, 2016
Event Time: 9 a.m. – 12 Noon
Event Address: 23190 Fashion Drive, Suite 105
Organizations Hosting the Event: Healthy Life Center at Coconut Point
Event Description: Balance and Fall Prevention Health Fair
Phone: (239) 495-4475

County: Martin
Event Title: Start Your Fall - Without A Fall
Event Date(s): September 13, 2016
Event Time: 2 p.m. – 3 p.m.
Event Address: Hobe Sound Library, 10595 S E Federal Hwy, Hobe Sound 33455
Organizations Hosting the Event: Floridians Fighting Falls
Event Description: A one hour seminar established for seniors and those who love and care for them. The program focuses on fall risk reduction interventions, falls risk and balance assessments.
Point of Contact: Audrey Burzynski
Email: audrey@fightingfalls.org
Phone: (772) 932-7264
Website: www.fightingfalls.org

County: Miami-Dade

Event Title: Fall Prevention Day

Event Date(s): September 22, 2016

Event Time: 10:00 a.m. to 1:00 p.m.

Event Address: 5855 Killian Drive - Pinecrest, Florida

Organizations Hosting the Event: Village of Pinecrest Community Center

Event Description: The event will include several participants with talks and demonstrations. FIU's Department of Physical Therapy will give a talk on exercises to reduce falls and will conduct balance and gait assessments.

Point of Contact: Isabel Dossul

Email: idossul@pinecrest-fl.gov

County: Pinellas

Event Title: Ready, Steady, Balance – Prevent Falls in 2016

Event Date(s): September 22nd, 2016

Event Time: 9:00 a.m. – 12:00 p.m.

Event Address: 650 9th Ave South - Safety Harbor, Florida 34695

Organizations Hosting the Event: Better Living for Seniors - Fall Prevention Committee

Event Description: Exercise demonstrations, exhibits, safety products, presentations, fall monologues, understanding medications, and much more

Point of Contact: Carole Ware-McKenzie

Email: Carole@touchinghearts1by1.com

Phone: (727) 432-2297

Website: <http://www.blspinellas.org/page-1313945>

County: St. Johns

Event Title: St Johns County Fall Prevention Coalition Walk Steady Event

Event Date(s): September 10, 2016

Event Time: 8:00 a.m. – 12:00 p.m. EST

Event Address: 190 Southpark Boulevard, Suite 100 – St Augustine FL 32086

Organizations Hosting the Event: Brooks Rehabilitation – St Augustine

Event Description: The St Johns County Falls Prevention Coalition is celebrating the 2016 National Falls Prevention Awareness Day. Register now to participate in a Safe Walk, Fall Risk Screens, exhibitor booths, raffle and much more! Onsite Registration and Refreshments 8:00 am - 9:00 am Falls Screens 8:00 - 11:00 am "Walk Steady" Safe Walk 9:00 - 10:00 am. Register @ EVENTBRITE.com/e/walk-steady or onsite on the event day.

Point of Contact: Ola Iyewarun

Email: ola.iyewarun@brooksrehab.org

Phone: (904) 345-7179

Website: EVENTBRITE.com/e/walk-steady