

Preventive Health and Health Services Block Grant (PHHSBG)

Advisory Committee Meeting

Wednesday, June 24, 2015

2:00 P.M. - 3:00 P.M.

Minutes

Members Present

Christina Harris, Bureau Chief, Florida Office of the Attorney General
Michael Gervasi, Chief Executive Officer, Florida Community Health Centers, Inc.
Arturo Lopez, Executive Director, Coalition of Florida Farmworker Organizations
Janiece Davis, Health Educator Consultant, Florida Department of Health in Palm Beach County
Ann Ashley-Gilbert, Medical Doctor, Altamonte Women's Center, P.A.
Fatima (Tina) Zayas, Health Educator Consultant, Florida Department of Health in Indian River County

Department of Health (Central Office Staff) Present

Julie Dudley, Health Education Program Manager, Bureau of Chronic Disease Prevention
Calandra Portalatin, PHHSBG Coordinator, Bureau of Chronic Disease Prevention
Sean Isaac, Fluoridation Project Administrator, Public Health Dental Program
Patricia Ryder, Director, Division of Public Health Statistics and Performance Management
Kelli Greene, Administrative Assistant II, Bureau of Chronic Disease Prevention
Ernest Bradley, Evaluation and Performance Tracking Consultant, Healthiest Weight Florida
Katie Williams, Health Educator, Bureau of Chronic Disease Prevention
Lorraine Elder, Program Supervisor, Sexual Violence Prevention Program
Catherine Howard, Director of Healthiest Weight Florida, Bureau of Chronic Disease Prevention

Members Absent

Christine (Chris) Abarca Assistant Director, Florida Department of Health in Pasco County
Lisa Portelli, Program Director, Winter Park Health Foundation
Fatima (Tina) Zayas, Health Educator Consultant, Florida Department of Health in Indian River County
Beverly Johnson, Executive Vice President, Volusia Flagler Family YMCA
Lilli Copp, Director, Florida Head Start State Collaboration Office
Tami Miller, Executive Director, Florida Dental Hygiene Association
Belinda Johnson-Cornett, Administrator, Florida Department of Health in Osceola County
Karen Weller, Assistant Community Health Nursing Director, Florida Department of Health in Dade County

Ms. Julie Dudley called the meeting to order and the group made brief introductions. Additionally, Ms. Dudley chaired the meeting; was designated by the Deputy State Health Officer; and made a motion to approve the minutes from the last committee meeting on June 24, 2015. Minutes were approved.

Mr. Sean Isaac briefly discussed tooth decay; why the Department supports water fluoridation; the Department of Health and Dental Program's (PHDP) role; and the new activities chosen to help Florida meet national and state goals. Approximately, 77% of Floridians (more than 3 out of 4) with access to a community water system receive fluoridated water. Each community that owns its water system has the opportunity to vote for this public health measure. This decision typically occurs after the community engages in a community-wide discussion on the benefits of water fluoridation. The Centers for Disease Control and Prevention (CDC), through national surveys, indicate 20% (or 1 in 5) children between the ages of 5 and 11 have at least one untreated, decayed tooth. In addition, 1 out of 7 adolescents, aged 12 to 19, have at least one untreated, decayed tooth. The percentage of children and adolescents between the ages of 5 and 19 with untreated tooth decay is twice that from low-income families. Two studies published by the CDC indicate that widespread community water fluoridation prevents tooth decay; and it saves money for society's health care system and for families. The analysis conducted showed communities, with greater than 20,000 people, costs approximately 50 cents per person to add fluoride to the drinking water. For every \$1 invested, there is a savings of approximately \$38 in dental treatment costs. The Community Preventive Services Task Force (as recent as April 2013) recommended community water fluoridation and school based sealants based on strong evidence found through a systematic review, indicating the effectiveness of fluoridation in reducing dental caries across populations. Within the past year, the Department's Dental Program was excited to enter into an agreement with the Oral Health Florida coalition to promote the benefits of water fluoridation and oral health education. This agreement helps to provide support to local health department staff, professional health associations, and others as they encounter inquiries and questions from the public or local municipalities on the safety and effectiveness of water fluoridation.

The PHDP Water Fluoridation Project will focus its program on the following three impact and process objectives:

- 1.) The PHDP staff will provide technical assistance and funding to partners for the promotion of water fluoridation and oral health to 15 of the largest non-fluoridated community water systems in Florida.
- 2.) The PHDP staff will review 116 fluoridating community water systems in Florida for reporting compliance in accordance with Florida Administrative Code.
- 3.) The PHDP staff will provide technical assistance and funding to 3 non-fluoridating communities that have expressed an interest in attaining water fluoridation.

Ms. Lorraine Elder discussed how the Sexual Violence Prevention Program is shifting its focus from funding after-the-fact care to funding that focuses on direct intervention through Green Dot. Ms. Elder explained that victim services are still available through multiple funding sources. She also explained that schools, agencies, and organizations can apply for grants to participate in the bystander training that Green Dot provides. Ms. Elder mentioned that the state-wide prevention team members are encouraged to join the evaluation team to provide data in order to assess the Green Dot training and its effects.

Ms. Calandra Portalatin discussed Supporting Healthy Communities Program and how funding (i.e. 3.3 million dollars for the 2014-2015 fiscal year and for the upcoming 2015-2016 fiscal year) will be used to support local health offices. Funding for both years will be used for community health assessment, community improvement plans (CHIP), and chronic disease prevention initiatives related to CHIPs and Healthiest Weight Florida activities. Ms. Portalatin described how, in the year 2013, chronic diseases accounted for nearly 7 out of 10 deaths in Florida, with cancer and heart disease accounting for almost half of all deaths. Obesity, sedentary lifestyle, poor nutrition, and tobacco use are the leading risk factors for numerous chronic diseases; and they exacerbate others, including diabetes, heart disease, hypertension, asthma and cancer. Through the Healthiest Weight Florida collaboration, awareness of making healthier choices has increased in hopes to bend the weight curve. Furthermore, Ms. Portalatin discussed that only 36% of Floridians are at healthy weight. Over the next 20 years, obesity is expected to contribute to millions of cases of chronic diseases costing an estimated \$34 billion. Healthiest Weight Florida is a public-private collaboration bringing together state agencies, local governments, businesses, schools, non-profits, faith-based groups, and health care professionals to help Floridians make informed choices about healthy eating and active living. This initiative works closely with partners to:

- increase opportunities for physical activity
- increase access to healthy foods
- promote health in the worksite
- strengthen schools as the heart of health
- increase public awareness of unhealthy weight and its associated health outcomes

Ms. Julie Dudley discussed the Department's focus is directed toward physical activity and nutrition by way of programs that will "move the needle". Programs will be evidence-based and will include 7 core strategies: Breastfeeding in Hospitals, Physical Activity and Nutrition at Childcare Centers, Schools and Worksites, Farmers Markets, Complete Streets, and Lifestyle Changes for Diabetes Prevention and Management. Ms. Dudley opened the line for members to respond with ideas for how they can help tackle these strategies. No comments were made. Ms. Dudley also discussed objectives for each strategy presented, additional information is provided in the attached PowerPoint presentation. The Department's focus will include data collection and achieving targets for the New Year by activating all 67 local health offices.

No additional recommendations were made.

The next committee meeting will be held October 28, 2015.