

FISH WITH MODERATE MERCURY

Bass—
Saltwater, Black

Buffalo Fish

Carp

Grouper

Halibut

Lobster—
*Northern, Maine,
Atlantic*

Mahi Mahi—
Dolphin-fish

Perch—
freshwater

Pompano—*Florida*

Sablefish

Sea Trout—
Weakfish

Snapper

**Spanish
Mackerel—**
South Atlantic

Tilefish—
Atlantic

Tuna—
*Canned Albacore,
Yellowfin or White*

White Croaker—
Pacific