

CONTRACEPTIVE USE IN FLORIDA (DRAFT)

The Centers for Disease Control and Prevention (CDC) defines an **unintended pregnancy** as a pregnancy that is either unwanted or mistimed. Most unintended pregnancies result from not using contraception or inconsistent/incorrect use. **Contraception** is the use of various devices, medications, procedures, or behaviors to prevent unintended pregnancy.

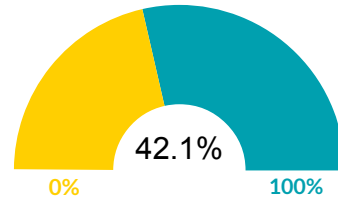
Healthy People Family Planning Objectives

Healthy People 2030



Goal: Reduce the proportion of unintended pregnancies from 43.0% to 36.5%.

Florida is working to meet this goal.

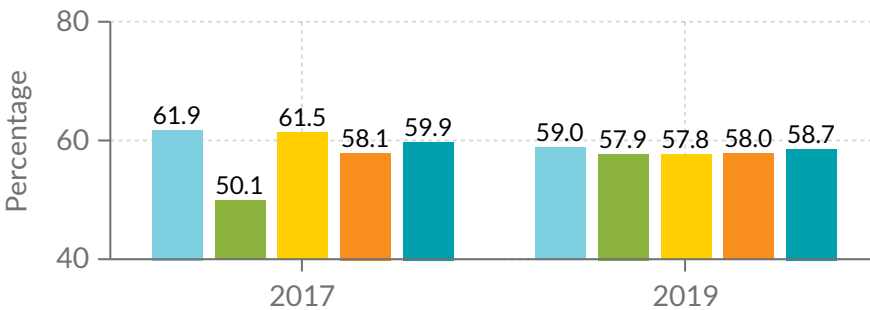


Percentage of unintended pregnancies in Florida in 2019.

Source: Florida Pregnancy Risk Assessment Monitoring System

Percentage of Women Ages 18-44 Using Effective Contraception,* by Demographics, Florida, 2017 vs. 2019

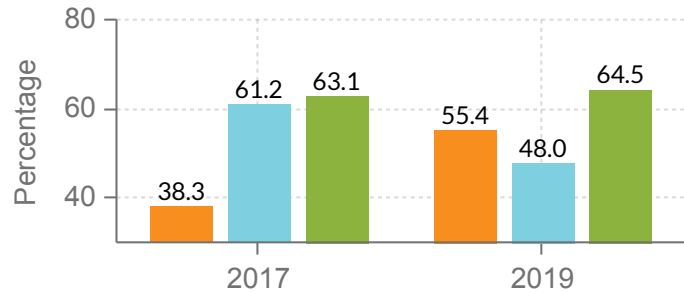
Race/Ethnicity



- White, non-Hispanic
- Black, non-Hispanic
- Hispanic
- Other, non-Hispanic
- Overall

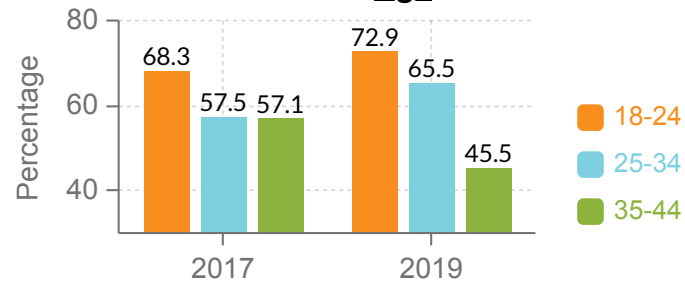
Source: Florida Behavioral Risk Factor Surveillance System.
*Effective contraception includes sterilization (male & female), intrauterine devices (IUDs), hormonal implants, injections, pills, vaginal rings, contraceptive patches, condoms, diaphragms, cervical caps, and sponges.

Education



- Less than High School
- High School or GED
- Greater than High School

Age



- 18-24
- 25-34
- 35-44

Methods by Effectiveness

The overall effectiveness of contraceptive methods depends on two factors: the contraceptive method being used, and how consistently and correctly that method is used. Below are some methods listed by their effectiveness.

Most Effective:	Sterilization (Female/Male)	Moderately Effective:	Birth Control Injection	Least Effective:	Condoms (Female/ Male)
	IUD		Birth Control Pills		Withdrawal
	Hormonal Implant		Contraceptive Patch		Fertility Awareness-Based Methods

Strategies

- Education:** Inform individuals of effective contraception methods and how to properly use them.
- Accessibility:** All 67 county health departments offer contraception and other preventive health services.
- Consistency:** Using effective contraceptive methods consistently will help reduce unintended pregnancies.