



Community Health Improvement Plan Annual Progress Report, 2018

Florida Department of Health in Baker County

March 2019

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Introduction

This is the annual review report for the 2017–2020 Baker County Community Health Improvement Plan. The activities and collaborative efforts of the Florida Department of Health in Baker County and community partners will be reflected within the report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Baker County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

Overview of the Community Health Improvement Plan (CHIP)

In September of 2016, the Department of Health in Baker County convened the CHIP Planning Team. The Planning Team facilitated the CHIP process through using the National Association of City and County Health Officials Mobilizing for Action through Planning and Partnership (MAPP) strategic planning model. Subject matter experts from across a diverse group of partners conducted the four assessments suggested by the MAPP strategic planning process. Individually, the assessment yielded in-depth analyses of factors and forces that impact population health. Taken together, the assessment findings contribute to a comprehensive view of health and quality of life in Baker County.

The Planning Team developed findings and presented these findings to the Steering Committee. The Steering Committee comprised a diverse leadership group representing many agencies and organizations in Baker County. The Steering Committee set priorities through a facilitated consensus process by looking for cross-cutting strategic issues that emerged from the four assessments. The Steering Committee reached consensus on Three strategic issue areas: Healthy Lifestyle & Behaviors, Maternal & Child Health, and Public Safety. See Table below for Strategic Issue Areas with their goals, developed by a workgroup of subject matter experts.

STRATEGIC ISSUE AREA	GOAL
<i>Healthy Lifestyles & Behaviors</i>	<i>1. Reduce illness, disability, and death related to tobacco and other substance use.</i>
<i>Maternal & Child Health</i>	<i>1. Improve maternal and child health through health education and prevention strategies.</i>
<i>Public Safety</i>	<i>1. Increase knowledge about public safety.</i>

Summary of CHIP Annual Review Meeting

Data from various sources including the Community Health Assessment, County Health Rankings, Florida Community Health Assessment Resource Tool Sets (CHARTS), Behavioral Risk Factor Surveys, Employee Satisfaction Results, the County Performance Snapshot and the Agency Strategic Plan, and results of activities conducted are utilized to determine progress or barriers to achieving the goals of the Baker County Community Health Improvement Plan. Any barriers are discussed and quality improvement projects are initiated when needed to overcome identified barriers. The Community Health Improvement Plan Progress Report is an annual detailed summary reports indicating the achievements for the year.

The DOH-Baker Strategic Planning Council, made up of executive management, program directors, representatives from community organizations and community members oversaw the development of the Plan in 2016. The team reviewed key findings from the DOH-Baker Community Health Assessment and had a facilitated discussion to determine the current status of each objective, the processes, used in achieving objectives, and the agency strengths, weaknesses, opportunities and threats (SWOT) based on the findings. They considered information management, workforce development, communication and financial stability in their discussion.

This section further defines each of the designated Strategic Issue Areas discussed in the CHIP Annual Review Meeting. For each Strategic Issue Area, a brief description of the strategic issue area along with key objectives, indicators, current data, target and current status is provided.

Strategic Issue Area #1: Healthy Lifestyles & Behaviors

Goal: Reduce illness, disability, and death related to tobacco and other substance use.

Strategy 1: Reduce the percent of youth age 11-17 who have smoked cigarettes in their lifetime from 24.1% in 2016 to 23% by December 31, 2020.

Key Partners: FDOH Baker, Baker Tobacco Free Partnership, Baker County Sheriff's Office, and Baker Prevention.

Why this is important to our community:					
Tobacco is the largest cause of preventable morbidity and mortality in the United States. Approximately 18.2% of adults in Baker County were current smokers in 2013, greater than the state rate of 16.8%.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status*
Provide tobacco counseling at each Dental Hygiene visit by monitoring 1008 monthly dental report.	# of counseling sessions per year	1,061	750		Target met

Increase the number of anti-tobacco community outreach methods (e.g., advertisements, events) based on suggestions received through community input. One of these strategies will include a social marketing component.	# of times per year	5	3		Target met
Provide Tobacco Education classes to youth who receive citations for underage use/possession of tobacco products.	# of times per year	5	5		Target met

* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Strategy 2: Reduce the current smoking rate of adults from 18.2% to 17.8% by December 31, 2020. (Florida rate = 16.8%).

Key Partners: FDOH Baker, Baker Tobacco Free Partnership, Baker County Sherriff's Office, and Baker Prevention.

Why this is important to our community:					
Tobacco is the largest cause of preventable morbidity and mortality in the United States. Approximately 18.2% of adults in Baker County were current smokers in 2013, greater than the state rate of 16.8%.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status*
Complete tobacco screening at each clinical visit (required for Electronic Health Record) at FDOH-Baker County and track the number of patients referred for tobacco cessation services.	# of patients referred per year	46	40		Target met
Continue providing tobacco cessation classes at the FDOH-Baker County.	# of classes per year	7	8		Classes are being held onsite and offsite.

Increase the number of Baker residents attending AHEC tobacco cessation classes.	# of participants	25	80		Attendance to classes have dropped. Offsite classes are being offered during the week and on weekends.
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* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Strategy 3: Reduce the percent of students who have used alcohol in their lifetime from 41.4% in 2016 to 40.4% by December 31, 2020.

Key Partners: FDOH Baker, Baker Prevention Coalition, Hanley Foundation, Baker County Sherriff's Office

Why this is important to our community:					
Unhealthy lifestyle and behavior such as poor diet, inactivity, tobacco use, and excessive alcohol use are lead contributors to the development of heart disease, cancer, and stroke, all of which are leading causes of death in Baker County					
Objective	Indicator	Current Level	Target	Status	Explanation of Status*
Conduct "Responsible Vendor Training" (regarding selling tobacco and alcohol to under aged residents) for local retail stores and businesses.	# of trainings per year/quarter.	2	4		Two trainings were done in 2018. This objective was harder to accomplish than the group expected.
Present the Alcohol Literacy Challenge to middle and high school students.	# of grade levels at middle school and high school that complete the literacy challenge	2	2		Target met
Present "Know the Law" to middle and high school students.	# of students per year (combined middle & high school students)	557	540		Target met

* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Strategic Issue Area #2: Maternal and Child Health

The health of mothers and their children is vital to creating a healthy world. Each year in the United States more than 600 women die from pregnancy related causes. The Maternal and Child Health priority area focuses on improving maternal and child health through health education and prevention strategies.

An estimated 4.5 million infants died worldwide in 2015. Infant mortality refers to the loss of a baby before their first birthday and is a key measure of population health. Pregnancy outcomes are influenced by a woman's health and differ by factors such as race, ethnicity, age, location, health care access, education, and income. The infant mortality rate in Baker County has been higher than the Florida average over the past decade, with a mortality rate of 10.5 infant deaths per 1,000 live births in Baker County from 2013-2015.

In 2010, teen pregnancy and childbirth accounted for at least \$443 million in cost to Florida tax payers and \$9.4 billion in costs to U.S. taxpayers (federal, state, and local) for increased health care and foster care, increased incarceration rates among children of teen parents, and lost tax revenue because of lower educational attainment and income among teen mothers. Baker County's teen pregnancy rate (births to mothers ages 15-19) is almost double the Florida average.

Goal: Improve maternal and child health through health education and prevention strategies.

Strategy 1: Reduce the infant mortality rate (3-year rolling) from 11.9 deaths in 2015 to 11.4 deaths per 1,000 live births by December 31, 2020.

Key Partners: FDOH Baker, NE Florida Healthy Start Coalition, WIC

Why this is important to our community:					
The infant mortality rate for Baker County has been higher than the Florida average over the past decade,					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Co-facilitate and participate in the Baker County Infant Mortality task force meeting 6 times per year.	# of meetings per fiscal year	10	6		Target met
Conduct safe sleep presentations throughout the community.	# of presentations per year	6	4		Target met
Conduct safe sleep tabling events throughout the community.	# of tabling events	3	2		Target met

Increase the number of WIC mothers who initiate breastfeeding.	Average annual % of mothers who initiate breastfeeding	85%	82%		Target met
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* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Strategy 2: Decrease the teen birth rate (15-19-year-old) from 41.6 births per 1,000 females age 15-19 in 2013-2015 to 40.6 by December 31, 2020.

Key Partners: FDOH Baker, Baker County School Board

Why this is important to our community:					
Baker County's teen pregnancy rate (births to mothers ages 15-19) is almost double the Florida average.					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Maintain the number of youth completing Sexual Risk Avoidance-Abstinence Education and Positive Youth Development Education.	# of youth completing classes	454	572		DOH-Baker no longer has the abstinence grant, so it may be difficult to meet this goal.
Increase the number of participants in Parenting Support Classes (for parents, caregivers, or significant adults of adolescent youth) to encourage healthy choices.	# of participants	158	105		Target met
Establish Teen Pregnancy Task Force.	Creation of Task Force	1	1		Target met
Train community members (e.g. sheriff's office, DOH, First Coast Women's Services, etc.) on car seat safety training	# of trainings	3	1		Target met

Conduct car seat safety checks	# of outreach events	1	2		One outreach had to be cancelled due to hurricane Michael.
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* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Strategic Issue Area #3: Public Safety

Unintentional injuries are a leading cause of morbidity and mortality among adults and children in the United States. Unintentional injury affects all age groups. The leading cause of unintentional injury deaths by age group are drowning (ages 1-4), motor vehicle accidents (ages 5-24), poisoning (ages 25-64), and falls (ages 65+). Each year, among those 0 to 19 years of age, more than 12,000 people die from unintentional injuries and more than 9.2 million are treated in emergency departments for nonfatal injuries.¹

Unintentional injury is the 4th leading cause of death in Baker (and the U.S.). There were 46 deaths per 100,000 population in Baker County from 2013-2015, compared to 42.1 deaths in Florida

Goal: Increase knowledge about public safety.

Strategy 1: Decrease the unintentional injury age-adjusted death rate from 46.0 deaths per 100,000 in 2013-2015 to 45.0 deaths per 100,000 by December 31, 2020.

Key Partners: FDOH Baker, YMCA, Infant Mortality Task Force, and School District

Why this is important to our community:					
Unintentional injury is the 4th leading cause of death in Baker					
Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase the number of water safety awareness outreach efforts and basic or press to chest CPR awareness/training.	# of times information is shared.	3	2		Target met.

Distribute Stop the Bleed kits around the community to equip bystanders in case of an emergency	# of kits distributed in the community	79	10		Target met
Educate the amount of people on Stop the Bleed, which intends to encourage and empower bystanders to be trained and equipped to help in a bleeding emergency before professional help arrives.	# of workshops	6	2		Target met 771 staff members and students trained with a total of 6 workshops.
Distribute free helmets at family, safety, and/or community events	# of helmets distributed	35	25		Target met
Champion organizations to be community leaders through education and certifying them as helmet trainers to distribute free helmets to the community.	# of organizations trained as helmet fitters	4	0		Target met

* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Revisions

Revisions to the CHIP were made after careful review of the goals, objectives, strategies and measurements of the 2017-2020 CHIP. Recommended changes were made based on the following parameters:

- Availability of data to monitor progress – performance measures that had county-level data available were preferred
- Availability of resources
- Community readiness
- Evident progress
- Alignment of goals
- This annual report is considered the final report for the 2012-2016 Baker County CHIP. The 2015
- Community Health Assessment has been completed and will be used to create a new health improvement plan for 2017 and beyond.

Strategic Issue Area #1: Maternal and Child Health

Goal: Improve maternal and child health through health education and prevention strategies.

Strategy 1: Decrease the teen birth rate (15-19-year-old) from 41.6 births per 1,000 females age 15-19 in 2013-2015 to 40.6 by December 31, 2020.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Removed from objectives	Maintain the number of youth completing Sexual Risk Avoidance-Abstinence Education and Positive Youth Development Education.	# of youth completing classes	454	572	DOH-Baker no longer has the abstinence grant, so it may be difficult to meet this goal with very limited staff.

Accomplishments

Goal	Objective	Accomplishment
1. Increase knowledge about public safety.	Decrease the unintentional injury age-adjusted death rate from 46.0 deaths per 100,000 in 2013-2015 to 45.0 deaths per 100,000 by December 31, 2020.	Six workshops and 771 staff members and students were trained on Stop the Bleed. This far exceeded the 2 workshops and approximated 100 staff members and students expected to participate in the training. Educate the amount of people on Stop the Bleed, which intends to encourage and empower bystanders to be trained and equipped to help in a bleeding emergency before professional help arrives
<p>How it's important for our community: Partners are key to the educating and promote safe and healthy habits. By aligning and coordinating efforts across various partners and sectors, efforts and improvements in health are amplified. By educating partners and community members on Stop the Bleed, it provides a level of encouragement and empowers bystanders to be trained and equipped to help in a bleeding emergency before professional help arrives. This will save lives and any further traumas that could have developed if not timely intervened.</p>		
2. Improve maternal and child health through health education and prevention strategies.	Decrease the teen birth rate (15-19-year-old) from 41.6 births per 1,000 females age 15-19 in 2013-2015 to 40.6 by December 31, 2020.	DOH-Baker and partners were able to increase the number of participants in Parenting Support Classes (for parents, caregivers, and/or significant adults of adolescent youth) to encourage healthy choices from 105 to 158.
<p>How it's important for our community: The health of mothers and their children is vital to creating a healthy world. Each year in the United States more than 600 women die from pregnancy related causes. Baker County has one of the highest rates of teen pregnancy which puts the mother and child at a much higher risk of negative health outcomes including death.</p>		

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document. We will evaluate progress on an ongoing basis through quarterly CHIP implementation reports and quarterly discussion by community partners. We will conduct annual reviews and revisions based on input from partners and create CHIP annual reports each year by Month, Year. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Baker County.

Appendices

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Appendix A

Quarterly Healthy Baker Meeting Agenda Monday, January 14, 2018 @ 11:45 a.m. Baker County Health Department

1. **Introductions** - Jose Morales
2. **Community Health Profile CHA/CHIP Update** – Jose Morales
3. **Community Health Nurse** – Ashley Rowan

Special thanks to Baker Prevention for hosting today's meeting!

January is:

- Cervical Cancer Awareness Month
- National Birth Defects Prevention Month
- Drug and Alcohol Facts Week (22-27)
- Healthy Weight Week (19-25)
- National Slavery and Human Trafficking Prevention Month

Around the County:

- Quit Your Way
- Healthy Start
- Infant Mortality Task Force
- Baker Prevention
- Open discussions

Next Meeting: April 8, 2019

Please send any flyers you would like attached to the agenda to:
Jose.Morales@flhealth.gov

Appendix B



HEALTHY BAKER Healthy Baker Minutes Monday, January 14, 2019 Baker County Health Department



Healthy Baker met on January 14, 2019 at 11:45 am at the Baker County Health Department.

Attendees: See Sign in sheet

1. Welcome/Introductions – Jose Morales

- **Community Health Profile presented by Jose Morales**
 - Jose Morales discussed CHIP progress and CHA updates for 2018 and asked for feedback from the group.
 - **Diabetes** death rates and emergency room visits. General overview and discussed racial disparities and social determinants of health related to the health profile for Baker.
 - 2015-17 data shows white/black rates are much higher than state rates.
 - Disparity among rates in races and ER visits among races. Joe Pietrangelo brought up that diabetes is a consequence with an antecedent of obesity (40% of our population is obese).
 - Tools and strategies to prevent diabetes was discussed.
 - **Cervical Cancer** has gone down but is now creeping back up (see attached data)
 - White incidence rates are higher with diagnosed cervical cancer than in blacks but deaths in blacks to cervical cancer are higher (are we not testing, and they are not finding out until advanced?).
 - HPV testing is 23.5% in Baker (2016 data)
 - Preventable disease because there is a vaccine.
 - More likely to develop these cancers the older we get.

2. Ashley Rowan – DOH-Baker Community Nurse

- Presentation regarding community health (sent letter round table introducing self with contact information).

3. Around the County – Items were attached that were supplied from agencies or handed out.

- Jose Morales – reminded people to submit flyers or request via email if community has information to share.
- Joe Pietrangelo – would like focus at next meeting to surround health equity.
- Quit your way – January 24, 2019 5:30 – 6:30 pm at Baker Prevention.
- Free Opioid Training – Feb. 8, 2019
 - Misuse
 - Narcan

- Safe Storage
- Healthy Start
 - IMTF plans a baby shower the end of this month, will finalize planning following this meeting.
 - Partnering with diabetes prevention to do a walking club. Tues/Wed/Thurs at duck pond at 10:00 am.
- Baker Prevention
 - Thursday – Town Hall Meeting at RRC 6:30 p.m. (parent education).
 - Monthly meeting – next Thursday at noon at BCSO.
 - Will be in Tallahassee next Wednesday to promote message of why prevention is important.
 - Tobacco Citation classes – have over 20 kids currently signed up (primarily E-cigs).
- Stephanie/Opioid Task Force
 - Discussed the resource and why it's important.
- **Round table (all other partners)**
 - Clear Health Alliance – Assistance to HIV positive with Medicaid.
 - Dustin Arcenneaux – AmeriCorps (see flyer).
 - Sue Combs, PrEP and HPV prevention.
 - Amber Griffis, HEP A stats, Tdap clinic.
 - Joel Addington, New Sports Editor hired.
 - Emily Clevinger, Baker Adult Ed (see flyers), talked about GED and HS Diploma Services, Baker Adult Ed center now up and have new GED testing dates, also FSA test dates, they have an actual graduation.
 - Joe Pietrangelo – new Governor means changes in CHD on state and county level. No surgeon general at present, waiting on governor to appoint. Will update as we move forward.
 - Tracy Sides, Meridian – added 2 counselors (1 school dedicated), increasing number of groups, can give Tracy's number directly if barriers to services.
 - Andrea Papaj, Clear Captions – federally funded phone that is installed. No cost to seniors, discussed importance of communications.
 - Required hearing loss (form that physician must sign off on).
 - Hayden Stevens – Tobacco Prevention - Meeting middle school, Thursday at 3:00 pm.
 - Healthy Start Coalition would like to have more community involved with Infant Mortality awareness.
 - Christine Razor – Community Action Agency – Thursday (Jan 24), free food from Farm Share (volunteers must be there by 8). Funding for Emergency Assistance, have 50,000 that needs to be spent by March 31st (See flyer). Can reserve services 3 x per year.
 - Kenice – WIC flyers.

Adjourned - The next meeting will take place on April 8th at 11:30 am at the Baker County Health Department.

Appendix C

HEALTHY BAKER MEETING
Monday, January 14, 2019

Last Name	First Name	Agency	E-mail	Phone Number	Signature
ADDINGTON	JOEL	BAKER COUNTY PRESS	REPORTER@BAKERCOUNTYPRESS.COM	904-259-2460	<i>Joel Addington</i>
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BECHTEL	STEPHANIE	DOH-BAKER- Healthy Start	STEPHANIE.BECHTEL@FLHEALTH.GOV	904-653-5274	<i>Steph Bechtel</i>
BISHOP	CINDY	DCF	CINDY.BISHOP@MYFLFAMILIES.COM	352-415-6234	
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BRITT	KAREN	WELLCARE	KAREN.BRITT@WELLCARE.COM	904-348-5280	<i>Karen Britt</i>
BROWNING	KISHIA	NEFL HEALTHY START COALITION	KISHIA.BROWNING@FLHEALTH.GOV		
CLEVINGER	EMILY	BAKER ADULT EDUCATION	EMILY.CLEVINGER@BAKERK12.ORG	904-673-5985	<i>Emily Clevinger</i>
COMBS	SUE	DOH-BAKER - Medical	SUE.COMBS@FLHEALTH.GOV	904-653-5255	<i>Sue Combs</i>
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ELLIOTT	KARYN	MERIDIAN	KARYN.ELLIOTT@MBHCI.ORG	386-688-9780	

Garcia Miguel Clear Health Alliance miguel.garciasantag@anthem.com 904-434-5535 Mark S

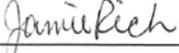
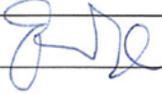
**HEALTHY BAKER MEETING
Monday, January 14, 2019**

Last Name	First Name	Agency	E-mail	Phone Number	Signature
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GREEN	MICHAEL	BAKER SCHOOL DISTRICT	MICHAEL.GREEN@BAKERK12.ORG		
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HARRIS	TONIA	NEFAHEC	THARRIS@NORTHFLORIDAAHEC.ORG		
HAWKINS	KARI	NEFEC	HAWAKINSK@NEFEC.ORG		
HAYNES	SALLY	FIFTH STREET CENTER	SHAYNES@FIFTHSTREETCENTER.COM	904-228-4025	
HENDERSON	JESSICA	CHILDREN'S HOME SOCIETY	JESSICA.HENDERSON@CHSFL.ORG	904-493-8305	
HODGES	MICHELLE	CITY OF MACCLENNY	HERITAGEPARK@CITYOFMACCLENNY.COM	904-259-6261	
JACKSON	DAWN	HEALTHY FAMILIES	APRIL.JACKSON@CHSFL.ORG	904-303-7805	<i>Dawn Jackson</i>

HEALTHY BAKER MEETING
Monday, January 14, 2019

Last Name	First Name	Agency	E-mail	Phone Number	Signature
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PIKULSKI	ALEJANDRA	MY ELDER SOURCE		904-391-8674	

**HEALTHY BAKER MEETING
Monday, January 14, 2019**

Last Name	First Name	Agency	E-mail	Phone Number	Signature
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Last Name	First Name	Agency	E-mail	Phone Number	Signature
WATTS	ANN	BAKER SCHOOL DISTRICT	ANN.WATTS@BAKERK12.ORG	904-259-0403	
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