



Community Health Improvement Plan Annual Report, 2018

Florida Department of Health in
Calhoun County

October 2018

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Introduction

This is the annual review and for 2018 Calhoun County Community Health Improvement Plan. This will be our last annual review and close out report for this CHIP cycle. Like many rural counties, the overall health status for Calhoun County has room for improvement. Residents of rural counties often experience significant health disparities such as increased risk of disease with a lack of local resources. The activities and collaborative efforts of the Florida Department of Health in Calhoun County and community partners will be reflected within this 2018 Community Health Improvement Plan (CHIP) Annual Report. Community partners such as Big Bend AHEC, Calhoun County Extension Office, PanCare and Calhoun County as a progress review of the strategies that were developed and revised, along with activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Calhoun County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report. The CHIP is an action-oriented strategic plan that outlines community-driven goals, objectives, strategies and measures for addressing the following top three health priority areas:

1. Poverty
2. Obesity
3. Risky Youth Behaviors

Overview of the Community Health Improvement Plan (CHIP)

Building a healthier Calhoun County began as a community-wide initiative with the goal of establishing an ongoing process for identifying and addressing health needs. The intent of this project was to foster successful partnerships within the community in order to improve the health of Calhoun County residents. The Public Health Accreditation Board defines CHIP as “a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process.”

This 2018 CHIP Annual Report reveals the most current progress of efforts by Florida Department of Health in Calhoun County (DOH-Calhoun) and community partners for the Calhoun County CHIP 2015 – 2018.

DOH-Calhoun facilitates community wide meetings for the Riverbend Health Advisory Committee to address ongoing health issues, roles, goals and objectives. During the Riverbend Health Advisory meetings the committee members monitor and make needed revisions of the Calhoun County CHIP. See Table below for Strategic Issue Areas along with their goals.

STRATEGIC ISSUE AREA	GOAL
Poverty	Reduce poverty in Calhoun County
Obesity	Decrease obesity in Calhoun County
Risky Youth Behaviors	Reduce risky behaviors in youth in Calhoun County

Summary of CHIP Annual Review Meeting

As part of the CHIP process, an annual evaluation report is required to document successes, challenges, barriers, goal recommendations, objectives, activities, and the creation of an updated version of the CHIP document. In addition, the annual report identifies the lead community group and the data source being used to monitor progress.

During the March 13, 2018 River Bend Health Advisory Committee (RBHAC) meeting, the CHIP was reviewed. Since we are coming to the end of the current CHIP cycle and starting the process for the upcoming 2018 Community Health Improvement Plan (meeting agendas, minutes, and sign in sheets in appendices for 2018 CHIP, after discussion among members no new changes would be made to the CHIP at this time. We will continue to work on the strategies as is for the duration of this CHIP cycle.

The key success and progress within this Annual Report is the community partners and their continued dedication and involvement.

Strategic Issue Area #1: Poverty


Poverty is an important determinant of health related issues and continues to be a primary effort for Calhoun County residents. Poverty rates were higher for Calhoun County residents as compared to Florida's state rate. Calhoun County ranks 21 out of 67 Florida counties; 21.1% or 14,372 residents are in poverty in Calhoun County. There were 15.48% of families in poverty, with 34.5% of residents under the age of 18 living in poverty.

Education also plays as a key factor for a health related poverty issue impacting the residents of Calhoun County. Data from the US Census indicates that 18% of residents 25 years and over have a 9th to 12th grade education with no diploma, and 40.9% of this population has a high school diploma or its equivalent. Currently, Calhoun County Public Library offers residents of Calhoun County the opportunity to participate in free classes for accounting skills, finance management and other financial areas. This is an ongoing free class that is available.




Goal: Reduce Poverty in Calhoun County

Strategy 1: Implement financial planning workshop for community.

Key Partners: DOH in Calhoun, Calhoun County Public Library, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Objective	Indicator	Target by Oct. 2017	Status Oct. 2016	Status Oct. 2017	Status Oct. 2018	Explanation of Status*
Implement financial planning workshop for community to reduce poverty from 25.9% to 15.9% by August 31, 2017.	Number of community members attending financial planning workshop.	20	20	14		Calhoun County Public Library provides free classes to assist people in accounting skills, finance management and other financial areas. There was a time during the year the classes were not offered making the attendance numbers lower.

* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

Strategic Issue Area #2: Obesity


DOH in Calhoun County works to maintain health and prevent chronic disease by promoting healthy eating and active living for all residents, regardless of age, in Calhoun County. We work with state and local partners on community solutions to help increase healthy food choices and connect people to places and opportunities where they can be regularly active.

Overweight and obesity are conditions that increase the risk for a variety of chronic diseases and health concerns, including heart disease, Type 2 diabetes, heart disease, hypertension, certain cancers, stroke, and high cholesterol (among others). The condition of overweight and obesity are determined by using a calculation, the Body Mass Index (BMI), which takes into account a person's height in proportion to his or her weight. BMI is correlated with the amount of body fat present. The table below summarizes the local effects of obesity for Calhoun County.

Goal: Decrease obesity in Calhoun County

Strategy 1: Develop community nutrition activities and education.

Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations


Why this is important to our community:						
Calhoun County residents who are overweight or obese is a health issue at all age levels. Among WIC children, ages 2 and older, 24.4% are overweight or at risk of being overweight according to FDOH CHARTS data from 2017. Among adults, more Men (41.5%) than Women (29.5%) reported being overweight on the 2010 BRFSS self-report survey. Over one-third of all respondents (36.2%) reported being overweight. Those residents ages 65 years and older had a higher self-report rate of being overweight than resident's ages 18 to 44 and ages 45 to 64.						
Objective	Indicator	Target by Oct. 2017	Status Oct. 2016	Status Oct. 2017	Status Oct. 2018	Explanation of Status
Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2017.	Create # of opportunities for nutrition education/activities.	176	176	813		Three programs offer opportunities for nutrition ed. / activities. CL Ministry Center, classes 2 days/week. Grocery Store Tours (meal prep, label reading, etc.) with 102 participating. Annually, ~661 opportunities offered. Heart Health Plus

						grant – 6 week “cooking Matters” series were held at three churches with over 50 participant benefitting from this opportunity.
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Goal: Decrease obesity in Calhoun County

Strategy 2: Establish comprehensive Physical Education Program in schools.


Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:						
In Calhoun County, 18% of high school students are reported to have a BMI at or above the 95 th percentile. According to the U.S. Department of Health and Human Services, childhood obesity has tripled during the last 30 years, estimates suggest that one-third of all children born after 2000 will suffer from diabetes or other obesity- related health problems. Florida Youth Tobacco Survey						
Objective	Indicator	Target by Oct. 2017	Status Oct. 2016	Status Oct. 2017	Status Oct. 2018	Explanation of Status
Decrease percentage of high school students reporting BMI at or above the 95 th percentile by 5% from 18% to 13% by June 30, 2017	Percentage of high school students reporting a BMI at or below the 95 th percentile. 2012-18% 2014-18%	13%	18%	18%.		According to 2016 Florida Youth Tobacco Survey results, high school students reporting BMI at or above the 95 th percentile has not changed.

Goal: Decrease obesity in Calhoun County

Strategy 3: Establish nutrition education in high schools.


Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:						
In Calhoun County, 18% of high school students are reported to have a BMI at or above the 95 th percentile. According to the Center for Disease Control, 6 in 10 children did not eat enough fruit and 9 in 10 children did not eat enough vegetables in 2007-2010.						
Objective	Indicator	Target by Oct. 2017	Status Oct. 2016	Status Oct. 2017	Status Oct. 2018	Explanation of Status
Establish nutrition education in high schools by June 30, 2017.	Number of educational classes completed in 2016-2017 school year.	5	0	12		Nutrition educational classes were done twice during the year and reached over 200 students.

Goal: Decrease obesity in Calhoun County

Strategy 4: Develop community physical fitness activities.

Key Partners: DOH in Calhoun, University of Florida-Institute of Food and Agricultural Science (UF-IFAS), Calhoun County School Board, Chamber of Commerce, Faith Based Organizations

Why this is important to our community:						
Adults in Calhoun County who meet moderate physical activity are at 33.5% which is below Florida's state rate of 34.6%. (Florida BRFSS 2007) Regular physical activity can improve the health and quality of life of Americans of all ages, regardless of the presence of a chronic disease or disability. There are a number of physical assets and resources within Calhoun County which can be mobilized to address the obesity health related issues that can be utilized.						
Objective	Indicator	Target by Oct. 2017	Status Oct. 2016	Status Oct. 2017	Status Oct. 2018	Explanation of Status
Increase percentage of adults who meet moderate activity by 5% from 33.5% to 38.5% by June 30, 2017.	Create fitness program and educate public on existing physical assets and resources in the community.	38.5%	33.5%	Pending next Florida BRFSS report		The Tai Chi Moving for Better Balance grant ended in 2016 DOH-Calhoun hosted/partnered 2 community-wide walk/run events.

Strategic Issue Area #3: Risky Youth Behavior


DOH in Calhoun County and community partners have formed a task force to address the mounting issue of teen pregnancy in Calhoun County. We work with state and local partners on community solutions to help decrease teen pregnancy and increase the educational opportunities to youth about risky behaviors that have a lasting impact on their life.

Pregnant teens and their babies are at higher risk of health problems than are pregnant women who are older. The most common complications for pregnant teens — especially those younger than age 15 and those who don't receive prenatal care — include a low level of iron in the blood (anemia), high blood pressure and preterm labor. The table below summarizes the statistics for teen pregnancy for Calhoun County.

Goal: Reduce risky behaviors in youth in Calhoun County.

Strategy 1: Establish educational program within community to reduce teen pregnancy rates.

Key Partners: DOH-Calhoun, Calhoun County School Board, Faith Based Organizations

Why this is important to our community:						
Calhoun County teens are at an increased risk for teen pregnancy, due to lack of educational resources. The teen pregnancy rate (ages 15-19) for Calhoun County is more than double the state of Florida teen birth rate. There is growing concern by the community surrounding this topic and others related to teen pregnancy, such as, STD prevention, self-esteem promotion, and infant mortality reduction. (Florida CHARTS)						
Objective	Indicator	Target by Oct. 2017	Status Oct. 2016	Status Oct. 2017	Status Oct. 2018	Explanation of Status
Reduce teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15-19.	Reduce teen pregnancy rates by 3%.	51.6 per 1000 females 15-19	44.0 per 1000 females 15-19	15.2 per 1000 females 15- 19		Stay Teen task force has been established and an action plan has been created. Task force is working towards establishing educational program within the schools.

Revisions

Updated 2017 CHARTS data has been added for Reduce teen pregnancy rates from 54.6 per 1000 females 15-19 to 51.6 per 1000 females 15-19. There are no other revisions due to the fact that our current CHIP ends June 2018. We have completed our new 2018 Community Health Assessment and 2018 Community Health Improvement Plan.

Accomplishments

Calhoun County residents can celebrate in accomplishing increased opportunities for Decreasing Obesity in Calhoun County within the Calhoun County CHIP. Various opportunities focused on increased nutrition education and workshop participation among residents. Partnerships in rural counties have proven necessary to make significant impacts among residents, together we are moving in the right direction to reach the ultimate goal of a healthier Calhoun County.

Goal	Objective	Accomplishment
Decrease Obesity in Calhoun County	Increase fruit/vegetable intake in adults by 10% from 21.5% to 31.5% by June 30, 2017.	The target for this objective was to create opportunities for nutrition education and/or activities. In 2016, 176 opportunities were accomplished and in 2017, approximately 661 opportunities were provided by the Calhoun-Liberty Ministry Center. Grocery Store Tours (meal prep, label reading, etc.) with 102 participating. Heart Health Plus "Cooking Matters" classes were able to reach over 50 community members for a total of 813 community members participating.
How it's important for our community: Nutrition education/activities have increased from 176 to over 800 in 2017 for Calhoun and Liberty County residents.		

Goal	Objective	Accomplishment
Decrease obesity in Calhoun County	Establish nutrition education in high schools by June 30, 2017.	Nutrition educational classes were done twice during the year and reached over 200 students.
How it's important for our community: Nutrition education/activities have increased from 176 to over 800 in 2017 for Calhoun and Liberty County residents.		

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document.

The DOH in Calhoun County and community partners will continue to evaluate progress through CHIP implementation reports and discussion/review during Riverbend Health Advisory Committee meetings. The new 2018 CHA and CHIP has been completed and we will conduct annual reviews and revisions based on input from partners and create CHIP annual reports by September of each year. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Calhoun County.

Appendices

Appendix A: Comprehensive List of Community Partners
Appendix B: River Bend Health Advisory Committee Agenda March 2018
Appendix C: River Bend Health Advisory Committee Mtg. Minutes March 2018
Appendix D: River Bend Health Advisory Committee Agenda April 2018
Appendix E: River Bend Health Advisory Committee Mtg. Minutes April 2018
Appendix F: River Bend Health Advisory Committee Agenda May
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Appendix M: River Bend Health Advisory Committee Mtg. Minutes Sept. 2018

Appendix A

Comprehensive List of Community Partners	
Name/Title	Organization
April Landrum	Apalachee Center
James Lewis	Big Bend AHEC
Cindy Bard	Gulf County Sexual Assault Program
Alexandria Washington	Big Bend AHEC
Emily Kohler	Big Bend AHEC
Kristy Terry	Calhoun County Chamber
Carla Hand	Calhoun County Clerk of Court
Whitney Cherry	Calhoun County Extension 4H
Judy Ludlow	Calhoun County Extension Director
Rita Maupin	Calhoun County Public Library
Bryanne White	Calhoun County Public Library
Vickie Davis	Calhoun County School Board
Glen Kimbrel	Calhoun County Sheriff Department
Kim Tanner	Calhoun County Sheriff Department
Shelly King	Calhoun/Liberty County Extension Office
Clara Leonard	Calhoun/Liberty Extension Food and Nutrition Program
Summer Read	Twin Oaks Risky Youth Program
David Taylor	Chemical Addiction Recovery Effort (CARE)
Betsy Wood	FSU
Angela Perakta	FSU
Shellie King	Liberty County Extension Food and Nutrition Program
Sean Golder	PanCare
Virginia Baker, PHD	FHEE WICL Inc.
Heather Ellerbee	Florida DOH – Calhoun
Susan Chafin	Florida DOH – Calhoun & Liberty Counties
Kelly King	Florida DOH – Calhoun & Liberty Counties
Rachel Bryant	Florida DOH – Calhoun & Liberty Counties
Melissa L'Heureux	Florida DOH – Liberty
Amy Johnson	Florida DOH – Liberty
Cathy Brown	Liberty County Clerk of Court
Cathia Schmarge	Liberty County Extension 4H
Monica Brinkley	Liberty County Extension Director
Johnette Wahlquist	Liberty County Schools
Bryan Langston	Liberty County Sheriff's Department
Donnie Read	Liberty Just
Sharon Jones	Chipola Healthy Start Coalition
Chesnee McCaskill	North Florida Child Development
Curtis Green	North Florida Child Development, Inc.
Mary McKenzie	Oglesby Plant Nursery
Kwentin Eastberg	Transportation Disadvantage
Logan Kever	Rex Lumber
Sara Thomas	Transportation Disadvantage
Patti Conrad	Liberty County Public Library

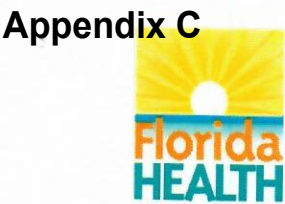


Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee Meeting
Veteran’s Memorial Civic Center
Bristol, Fl. 32321
March 13, 2018 at 1:30 p.m. EST

AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Prompt attendees to sign-in• Brief review of agenda	Rachel Bryant
Review Previous Minutes	Susan Chafin
Presentation: Legal services to immigrants and LEP populations	Cecille Lucero Staff Attorney Legal Services of North Florida
Status Update of Previous Actions: <ul style="list-style-type: none">• Teenage Pregnancy Community Conversation	Jodi Speciale Marissa Barfield
Open Floor for Community Input	Susan Chafin
Actions <ul style="list-style-type: none">• CHA & CHIP update	Susan Chafin
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Bryant



COMMUNITY MEETING MINUTES

Purpose:
Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin, DOH Calhoun/Liberty	Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Brief review of agenda• Prompt attendees to sign-in	Susan Chafin welcomed everyone and asked for self-introductions. Ms. Chafin thanked all for their continued dedication on the Community Health Assessment (CHA).
Susan Chafin	Review Previous Minutes	Review of last minutes from July 24, 2017.
Cecille Lucerno, Staff Attorney - Legal Services of North Florida	Presentation: Legal services to immigrants and LEP populations.	<p>The mission and purpose of Legal Services of North Florida is:</p> <p>Mission: <i>The mission of Legal Services of North Florida is "To provide an opportunity for justice for eligible residents through representation conducted efficiently and comparable in quality to that of the private bar, and through other forms of legal assistance designed to provide a full range of civil legal services to those in need."</i></p> <p>Purpose: LSNF's purpose is to provide case representation and advice to low-income persons in civil matters only. LSNF serves only the low-income and those with certain vulnerable circumstances including the elderly. LSNF never charges a fee for our services to a client. They recognize that there is a large immigrant population not taking advantage of free legal services available to them in our area. Free legal services are available due to grant funding though the Violence Against Women Act. Service area consists of 16 counties including Liberty, Calhoun, Gadsden, Washington and Holmes. Ms. Lucerno asked the group if they have had recent experience with any immigrants who would qualify</p>

**Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee Meeting
Liberty County-Veterans Memorial Civic Center
March 13, 2018 1:30-3:00 EST**

COMMUNITY MEETING MINUTES

		for the services. Sean Golder admitted to regular interaction with immigrants at Pancare that he believed could benefit from the services. Ms. Lucerno is looking to educate community partners that these services are available in this area.
Jodi Speciale Marissa Barfield	Status Update of Previous Actions: Teenage Pregnancy Community Conversation	<p>Jodi Speciale and Marissa Barfield recapped what was discussed in the previous meeting concerning the Community Teenage Pregnancy Focus Group. Calhoun and Liberty Counties have had high averages of teen pregnancy rates which stemmed the foundation of the focus group. A handout was disseminated to the group which reflected rates from 2013-2016 of 15-19 year old females with birth rates per 1000. The handout compared Calhoun and Liberty Counties with a bar chart. Schools in both counties have been on board with various activities in an attempt to combat teen pregnancy. Current activities include:</p> <ul style="list-style-type: none"> • Teen Pregnancy Prevention Awareness Month Activities: April/May • Journalism Class Projects • Implementation of Curriculum; 3 R's. This will be incorporated in the area schools in individual ways to best suit the topic of discussion for each lesson. • Rita Smith, ARNP along with nurses at the health department has been visiting the schools presenting to students about various topics. • Flyer in school bathrooms about confidential services available at the local health departments with tear away contact information.
Susan Chafin, DOH Calhoun/Liberty	Open Floor for Community Input	<p>Chuck Durant from Calhoun-Liberty Hospital mentioned the importance of continuity of educating youth on sexual health services. This will not be successful with a "one-time lesson". Ladonna Kelley mentioned that in Calhoun County, they are applying for the wrap-around grant. She believes that this grant will assist with drop-out rates that are believed to be in correlation with teenage pregnancy rates. Sean Golder with</p>

Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee Meeting
Liberty County-Veterans Memorial Civic Center
March 13, 2018 1:30-3:00 EST

COMMUNITY MEETING MINUTES

		<p>Pancare discussed mental health and its connection with teenage pregnancy and school drop-out rates. Mental health is not being addressed in schools due to strict testing standards. Another topic related to teenage pregnancy is unaccompanied youth. Carolyn Sellers from the Apalachee Center discussed mental health and the need for outreach and education. Ladonna Kelley expressed that mental health services are a tremendous need for youth and we are missing this in our counties. Chuck Durant with Calhoun Liberty Hospital said that studies show that satellite mental health services are proven effective. This could be an option for our counties due to lack of therapists/providers in this profession, particularly psychiatrists. Apalachee Center provides telemed services. Annie Hollister with the Panhandle Area Health Network, Inc. gave a brief overview of their prescription assistance program. The services are free of charge. If there are any individuals in need of prescription medication that cannot afford to buy them, they can assess their individual situation and provide assistance. Sean Golder with Pancare gave a brief update of current services. North Florida Apalachee Regional Planning Council representative, Elise Fisher is trying to connect with areas outside of Leon County and is looking for individuals interested in volunteer opportunities. Chuck Durant with Calhoun Liberty Hospital is working on a process with direct admits in leu of sending a patient through the emergency room. Angela Schneckloth announced that Chipola Healthy Start is focusing on oral health this month as their monthly outreach topic. Kelly King discussed the services that are currently provided at the health department. Calhoun and Liberty Health Department services include child health and women's health. She also discussed the confidential services program. Sean Golder with Pancare announced that they will have a mobile mammogram bus that will be located in Carrabelle on April 28th from 9-3:00 and will be free of charge.</p>
<p>Susan Chafin, DOH Calhoun/Liberty</p>	<p>CHA/CHIP Update</p>	<p>Susan Chafin provided a CHA/CHIP update. The new CHA has been created and after being sent out to the committee for feedback has been completed, The CHA was available for the group to review. Susan reviewed the priority areas that</p>

Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee Meeting
Liberty County-Veterans Memorial Civic Center
March 13, 2018 1:30-3:00 EST

COMMUNITY MEETING MINUTES

		were established in the CHA. April 4, 2018 from 1:00-4:00 will be the next meeting for the new CHIP development. Betsy Wood from FSU will be at this meeting. Susan highly encouraged participation at the April 4 th meeting as this will be the foundation of the new CHIP.
Susan Chafin DOH Calhoun/Liberty	Meeting Evaluation/ Adjourn	Community engagement surveys passed out, please complete and return. Thank you for attending today.

Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee
Initial Community Health Improvement Plan Meeting
Veteran’s Memorial Civic Center
Bristol, FL.
April 16, 2018 at 1:00 - 4:00 p.m. EST



AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Vision: *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Prompt attendees to sign-in• Brief review of agenda	Rachel Manspeaker
1:15 PM Review of Community Health Assessment Process <ul style="list-style-type: none">• Summary of process• Review of data• Summary of decisions for priority areas	Betsy Wood, Outreach & Workforce Development Coordinator Edda Rodriguez, Intern Public Health Program Florida State University
2:00 PM Development of Community Health Improvement Plan/Priority Areas <ul style="list-style-type: none">• Substance Abuse and Mental Health• Access to Care• Obesity	All participants
3:00 PM Break Out Session Report Out with Group Feedback	All participants
3:45 PM Next Steps/Meeting	
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Manspeaker

Appendix E

Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee Meeting
Liberty County-Veterans Memorial Civic Center
April 16, 2018 1:00-4:00 EST



COMMUNITY MEETING MINUTES

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.
Attendees: See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin, DOH Calhoun/Liberty	Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Brief review of agenda• Prompt attendees to sign-in	Introductions Icebreaker-Toss beach ball with questions and topics to discuss.
Betsy Wood, FSU Public Health Edda Rodriguez, FSU Public Health	Review Community Health Assessment (CHA) Process <ul style="list-style-type: none">• Summary of process• Review of data• Summary of decisions for priority areas	Moving to Step 2 of CHA process. Vision: Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community. Discussion on the four assessments utilized: <ul style="list-style-type: none">• community themes and strengths• local public health system assessment• community health status assessment• forces of change assessment Conversations on three key areas <ul style="list-style-type: none">• Mental health/substance• Obesity• Access Discussion brought up questions such as, <ul style="list-style-type: none">• How to encourage citizens to live a healthier lifestyle?• How to increase the citizen's knowledge about health services available?• How to empower citizens to utilize appropriate services?
Group	Development of CHA <ul style="list-style-type: none">• Substance abuse & mental health• Access to care• Obesity	Mental health/substance abuse <ul style="list-style-type: none">• No treatment beds• Citizens are not aware of where to get assistance.• Calhoun and Liberty have substance abuse rates higher than state averages on many categories. Access <ul style="list-style-type: none">• Calhoun-performed worse than state in many areas such as premature death, cancer related deaths,

COMMUNITY MEETING MINUTES

		<p>diabetes death, HD death, infant mortality, chronic lower respiratory disease.</p> <ul style="list-style-type: none"> Liberty-performed worse than state in many areas such as premature death, diabetes death, HD death, infant mortality, lung related deaths, stroke, chicken pox. <p>Obesity</p> <ul style="list-style-type: none"> Both counties performed worse than state average.
Group	Group Feedback	<p>Many uninsured patients use local ER as primary care. C/L Hospital tracks uninsured patients.</p> <p>Penalty fines are lower than many ACA fees and co-pays.</p> <p>For each topic, develop the following: Goal-within next 3-5 years for each, Objective-following SMART, Strategy-steps needed Work plan-how to achieve, with a timeline, Partner Agencies-Who can assist</p> <p>ACCESS TO CARE</p> <ul style="list-style-type: none"> GOAL-Education & Continuing Ed. OBJECTIVE- (measurement-patients and new patients by calendar year) RESOURCES-Chambers of Comm., CL Ministry Center, STRATEGIES, Website links (schools, health dept.), Monthly club meeting, CL Ministry Center education. Educate community Partner together to distribute health messages at events such as wildflower festival, catfish crawl, women’s health seminar, Bristol train, goat day. Joint messaging (in binder)- universal health messages from all partners to share in churches,

COMMUNITY MEETING MINUTES

		<p>schools, community coalitions and meetings, etc.</p> <p>MENTAL HEALTH/SUBSTANCE ABUSE</p> <ul style="list-style-type: none">Resources- Apalachee Center, Life Management Center, CARE, AA, Big Bend CBC (needed at table). Discussion on lack of resources available.Strategy- Increase Substance Abuse in C/L by: Educate County Commissioners on issues and need of resources and ownership. Consider including Senator Montford. <p>OBESITY</p> <ul style="list-style-type: none">Goals-focus on youthResources-Discussion on the limited available resources.Strategy-backpack program with healthy recipes, coupons. Possibly establish park activities to increase outdoor time/physical activity.
Group	Round table	<p>CL Hospital Community Health Forum on May 8, 11:30-1:30 CT at RCC, invites sent out to County Commissioners, health departments, clinicians, providers, etc.</p> <p>Women's Seminar June 1 at Bristol Civic Center.</p>
Susan Chafin, DOH Calhoun/Liberty	Next Steps/Next Meeting	<p>Betsy Wood will compile all notes and email to Susan, who will share with the group and ask for input or changes.</p>
Susan Chafin, DOH Calhoun/Liberty	Meeting Evaluation/Adjourn	<p>Adjourn at 4:00.</p>



Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee
Initial Community Health Improvement Plan Meeting
Veteran’s Memorial Civic Center
Bristol, Fl.
May 23, 2018 at 2-4. EST

AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Vision: *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Prompt attendees to sign-in• Brief review of agenda	Rachel Bryant
2:10 PM Review of Community Health Meeting One <ul style="list-style-type: none">• Summary of access action plan• Review obesity & mental health/substance abuse priorities	Betsy Wood, Outreach & Workforce Development Coordinator Edda Rodriguez, Intern Public Health Program Florida State University
2:30 PM Development of Community Health Improvement Plan/Priority Areas <ul style="list-style-type: none">• Substance Abuse and Mental Health• Obesity	All participants
3:15 PM Report to Group <ul style="list-style-type: none">• Subgroups will present their plans and obtain group feedback	All participants
3:50 PM Next Steps/Meeting	
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Bryant

COMMUNITY MEETING MINUTES

Purpose:
Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Rachel Bryant, DOH Calhoun/Liberty	Welcome/Call to Order <ul style="list-style-type: none">• Introductions	Welcomed and Introductions
Susan Chafin, DOH Calhoun/Liberty	Brief review of agenda Prompt attendees to sign-in	
Betsy Wood	Priority Areas	Info graphics provided that summarize the data that was found on the three priority areas. Notes from last time were reviewed; Priority area Access: Goal was to increase the number of adults and children who have access to care. Date needs to be set for each objective. 2 nd strategy was to increase health messaging at community events. 3 rd strategy to create a core collaborative health information binder to insure uniform health messaging. The binder is still in progress, if anyone has information they would like added please let them know. First draft of binder is targeted for the end of June. Summary of Strategies is working together collaboratively to know what events are coming up, need to collaborate and put out there to one another. Binders will be distributed to schools, health care, and faith based. Issues: most churches do not have full time pastors; ministry center would be a good contact. Two of the state priority areas are behavioral health which includes mental health and substance abuse and healthy weight, nutrition, and physical activity. Possibly align with the states views, strategies, ideas etc. Two goals that came from our conversation last time. 1: Increase awareness and education about substance use in youth 2: Dealing with substance abuse resources in Calhoun and Liberty County. Do you want to consider including alcohol and/or

COMMUNITY MEETING MINUTES

tobacco? Focus agreed to be on Substance Abuse.

CARE has been coming into Calhoun for several years to educate youth in Calhoun county. Focus has been on 6th -8th next year they are shifting down to 4th-6th grades. Care provides education on: Drug prevention, all forms of drugs. CARE does not service Liberty County. One of the drawbacks is parents do not what certain topics are discussed with their elementary aged students. How can parents hear the same thing the students are hearing? Buy in for adults is have a drawing for a gift card. Needs: to Increase awareness of availability of resources out there. Conduct ongoing training??? This information will be provided in the binder that will be distributed. School district has started a Facebook page to offer resources available within the community and to share resources. From a Church standpoint RCC-Dustin churches try to partner with parents. At most they have 40 hours in a year with them, so understandably parents have the most influence. Parents have 3000 hours verses the church who only has 40 hours of the student's time per year, goal is making students and parents aware of the decisions they make can be. One of the greatest assets is providing people to help. Emphasis keeps coming back to the resource directory. Parents currently getting their information from social media, word of mouth and youth are getting their information from other students and social media. Last time we talked about educating county commissioners to encourage local ownership of substance abuse resources. New resource available at Doctors Memorial hospital, for detoxing clients. They accept Medicaid, Medicare, and self-pay. They arrange after care for clients who desire to continue with treatment after the 2-5 day detox period. Transportation is a major hurdle for both counties. One of the things available is a community guide best practice compendium, look at the best practices, then make a decision about the path to take. Objective is developing informational materials. Ladona needs a drug curriculum which she is in search of in order to teach substance abuse.

COMMUNITY MEETING MINUTES

3yr goal: Obesity Improve youths outlook and understanding on living a healthy life. Objective: Improve youth's nutrition and access to healthy foods. Focus will be on youth.

Look at the BMI data that is in charts from 2011/2012. We can gather the info from charts currently with 1st, 3rd and 6th grades listed in charts. Backpack program: Ladona visited Jackson county back pack program, currently they partner with second harvest. Chief of police has offered to partners with the back-pack program. He has agreed to ordering from second harvest as well as help with manpower. Current needs a place to store the food. Hospital has said they have an employee's club that may/would help with this program. Suggestions: Getting farm share involved, asking Mayhaw center if they have storage for the food. A lot of evidence based strategies dealing with obesity within the schools. Do we want to stay with this idea or expanded upon the back-pack idea? Currently the schools in Liberty has a grant program that supplies fruits and vegetables. Idea: Increase water intake one school gave out water bottles, which has child's name on it. The bottle stays at school, youth can fill up with water throughout the day (elementary students). Fat letters from school. Where do parents take the youth, who need to lose weight. Park activities? Objectives: Encourage youth to spend time outside partaking in physical activities? Contact gyms to see if they would be offering a free class for youth, another idea is to share school playgrounds with the community on the weekends? "shared use playground" Another idea was getting youth during school to getting youth to stand, sit, or sit on balls during school once an hour they stop 5-10 minutes from studies in order to facilitate exercise. School gardens is another idea a garden was put at Tolar, nice school garden at Carr just planted sweet potatoes. Carrs garden will be refunded next year. A taste test will at the beginning of the year for the sweet potatoes in the lunch rooms. Blountstown elementary had a garden, we will be looking at refunding that as well. Betsy says we have talked about a couple of different options for obesity, we can do evidence based research for this. They will compile the information and we will be building out your

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Riverbend Health Advisory Committee Meeting
Liberty County-Veterans Memorial Civic Center
May 23, 2018 1:00 EST**

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			actions places over the next few months at the next few meetings. Focus on a single priority at each meeting once every quarter.
Betsy Wood Angela Peralta			
Susan Chafin, DOH Calhoun/Liberty	Set next meeting date		Betsy will provide information for the next meeting to review, they will update the chart and columns by the end of June and first draft of binder If you know of someone who is an expert in any of these areas please invite to the next meeting. Next meeting TBA.
Susan Chafin, DOH Calhoun/Liberty	Meeting Evaluation		Community engagement surveys passed out, please complete and return.
Rachel Bryant DOH Calhoun/Liberty	Adjourn		



Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee
Initial Community Health Improvement Plan Meeting
Veteran’s Memorial Civic Center
Bristol, Fl.
July 12, 2018 at 2-3. EST

AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Vision: *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Prompt attendees to sign-in• Brief review of agenda	Rachel Bryant
2:05 PM Presentation of CHIP & Resource Binder <ul style="list-style-type: none">• Review obesity components of the CHIP and Binder	Betsy Wood, Outreach & Workforce Development Coordinator Edda Rodriguez, Intern Public Health Program Florida State University
2:35 PM Group feedback	All participants
2:50 PM Next Steps/Meeting	All participants
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Bryant



Florida Department of Health in Calhoun/Liberty County
Health Advisory Meeting
Veteran’s Memorial Civic Center
Bristol, Florida
July 12, 2018 at 2:00 EST

COMMUNITY MEETING MINUTES

Purpose:
Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin	Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Brief review of agenda• Prompt attendees to sign-in	Introductions were made.
	Review Previous Minutes	Copies of the previous minutes were distributed to the group for review.
	Status Update of Previous Actions <ul style="list-style-type: none">• Item 1:• Item 2:• Item 3:	
Edda Rodriguez, Intern Public Health Program Florida State University	Introduce Topic	Obesity is the focus area topic of today’s meeting. Each focus area within the CHIP will have its own meeting.
Edda Rodriguez, Intern Public Health Program Florida State University	Discuss Supporting Information	Powerpoint was presented to the group. This presentation focused on local data that correlates with obesity rates and trends. Both Calhoun and Liberty Counties are above the state average with obesity rates. The Backpack Program was discussed. Ladonna Kelley with Calhoun County Schools is the lead of the Backpack Program. The workplan proposed was discussed. The proposed three-year goal is: “By December 2021, the increase in the average

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Bristol, Florida
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COMMUNITY MEETING MINUTES

		<p>BMI of 1,3 and 6 grade students will plateau. The objectives are: “By December 2018, establish a backpack program for youth in Calhoun County. By December 2019, implement a backpack program for youth in Liberty county.” The second proposed objective is “By December 2019, increase by 10% the number of opportunities for youth to participate in physical activity over the 2018 baseline”. Edda Rodriguez discussed the local resource binder that she has created using feedback from this group. The resource binder will continue to grow as new information is provided.</p>
<p>Betsy Wood</p>	<p>Open Floor for Community Input</p>	<p>Betsy asked the group how agencies will be able to assist Ms. Kelley with the backpack program. Marissa Barfield reported on her understanding of the current progress of the Backpack Program. She relayed that Ms. Kelley is still working to secure an air-conditioned building to keep food and backpack supplies in. She is looking to utilize a portable building at a Calhoun County school. Ms. Kelley was unable to attend today’s meeting. James Lewis offered information on a contact that he knows who would be able to offer assistance with repairing an air conditioner if needed. He will share this information with Ms. Kelley. The group looked at target dates for the backpack program in the CHIP and discussed what dates would be best to place in the CHIP. Moving along to addressing how to measure youth BMI’s was discussed. Jodi Speciale explained to the group that this is a difficult task at this point. This is a hard number to measure. At this</p>

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COMMUNITY MEETING MINUTES

		<p>time, the best method of measuring is to utilize the 1st, 3rd and 6th grade student BMI's that at measured by the school nurses. The group agreed to set this goal as "Liberty county's BMI will not increase over 20%, and Calhoun county's BMI will not increase over 21%.</p>
	<p>Consider Possible Directions <i>Consider and introduce possible strategies or potential policy needs. This discussion is to guide the group towards local needs.</i></p> <ul style="list-style-type: none">• Strategy/Policy Need 1• Strategy/Policy Need 2• Strategy/Policy Need 3	<p>Betsy voiced the potential need at this time is to identify key messages decided upon by the group. One unanimous message that everyone agreed on to use is "Everybody has 1,440 minutes per day, make 30 minutes physical activity", "Make half your plate fruits and vegetables.", "8 is great! Drink 8 glasses of water each day", and "Power off and Play! to reduce screen time."</p> <p>Spreading the key messages within the community will be added to the work plan. The measurable goal is that key messages will be disseminated at a minimum of one event each month. The group discussed different opportunities to spread the key messages.</p>
	<p>Actions</p>	<p>As changes have been made to the resource binder and CHIP, it will be sent to the group for review and changes will be made as needed.</p>
	<p>Meeting Evaluation <i>Request community members and partners to complete the Community Engagement Survey.</i></p>	



Florida Department of Health in Calhoun/Liberty Counties
Riverbend Health Advisory Committee
Access to Care Priority Meeting
Veteran’s Memorial Civic Center
Bristol, FL.
August 23, 2018 at 2-3. EST

AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Vision: *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Prompt attendees to sign-in• Brief review of agenda	Rachel Bryant
2:05 PM Obesity Status Update <ul style="list-style-type: none">• Brief review of Obesity meeting/status	Betsy Wood, Outreach & Workforce Development Coordinator Edda Rodriguez, Intern Public Health Program Florida State University
2:15 PM Presentation of CHIP & Resource Binder <ul style="list-style-type: none">• Review Access components of the CHIP and Binder	Betsy Wood, Outreach & Workforce Development Coordinator Edda Rodriguez, Intern Public Health Program Florida State University
2:40 PM Key Messages	All participants
2:50 PM Next Steps/Meeting	All participants
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Bryant



Florida Department of Health in Calhoun/Liberty County
Health Advisory Meeting
Veteran's Memorial Civic Center
Bristol, Florida
August 23, 2018 at 2:00 EST

COMMUNITY MEETING MINUTES

Purpose:

Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin	Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Brief review of agenda • Prompt attendees to sign-in 	Introductions were made. Susan mentioned that she has sent out the current status of the CHIP and the current resource binder for review.
	Review Previous Minutes	Copies of the previous minutes were distributed to the group for review.
	Status Update of Previous Actions <ul style="list-style-type: none"> • Item 1: • Item 2: • Item 3: 	
Edda Rodriguez, Intern Public Health Program Florida State University	Introduce Topic	Access to Care Each focus area within the CHIP will have its own meeting. Edda gave a brief overview of the underlying reasons why Access to Care was chosen as a CHIP focus topic. She shared alarming statistics and risk factors to support the need for improvements in this area for Calhoun and Liberty Counties.
Edda Rodriguez, Intern Public Health Program	Discuss Supporting Information	Edda discussed the current status of the CHIP workplan. At this time, the three-year goal is – Increase the number of adults and children in Calhoun and Liberty Counties who access primary care services. The objective is By December 2018, the number of patients seen at PanCare

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Florida State University		Health and the Calhoun Liberty Hospital Primary Care clinic will increase by 10% over the 2017 baseline.
Betsy Wood	Open Floor for Community Input	<p>The group discussed the listed clinics currently in objective. There are locations missing in this objective. Additions will be Calhoun County and Liberty County Health Departments, the TMH primary care clinic and the Medical Center of Blountstown. Susan Chafin will reach out to each organization to access the baseline numbers that we need from 2017. The data she will request is the number of patients served in 2017 from Calhoun and Liberty Counties.</p> <p>Betsy discussed how uniform health messages disseminated throughout the community will hopefully break some barriers between the local population and health care providers. The local resource binder that is being created will be a tool used to spread uniform health care access messaging. Edda briefly reviewed the binder in its current state. She encouraged feedback from meeting participants. Marissa Barfield will follow up with the WIC portion and will provide the missing information to Edda to add to the binder. The name of the "binder" was discussed by the group. At this time, the name is misleading. The group agreed to change the name to state more clearly what the binder actually is. Another topic that was discussed was who the permanent "keeper" of this resource will be. The binder/resource guide will be reviewed at each CHIP meeting for updating and review. Adding hyperlinks to websites and phone</p>

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August 23, 2018 at 2:00 EST

COMMUNITY MEETING MINUTES

		<p>numbers was also suggested. The electronic, current version of the binder will be housed on the Calhoun/Liberty County website. Key messages were identified at the obesity meeting. Edda encouraged open discussion to establish a few key messages that relate to access to care. The key messages for Access to Care will be xxx. Edda will create an infographic that includes the key messages for access to care. The group discussed that the current 10% seems like a large jump of improvement for a one year time. It was agreed to change the overall goal to be 10% increase over the next three years. Once the baseline numbers are accessed, we will further discuss what an achievable goal will be.</p>
		<p>The next CHIP meeting was set for September 19, 2018 at 2:00 est. will be the meeting for the mental health/substance abuse portion.</p>
	<p>Actions</p>	<p>As changes have been made to the resource binder and CHIP, it will be sent to the group for review and changes will be made as needed.</p>
	<p>Meeting Evaluation <i>Request community members and partners to complete the Community Engagement Survey.</i></p>	<p>Community engagement surveys were distributed and were completed by meeting participants.</p>

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Health Advisory Meeting
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COMMUNITY MEETING MINUTES

Action Items

Action Step (use action verb)	Person Responsible	Deliverable Date
1. Reach out to the health care providers in Calhoun and Liberty Counties to establish baseline numbers for the objective.	<i>Susan Chafin</i>	
2. Create an infographic with the key messages established in relation to access to care.	<i>Edda Rodriguez</i>	
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AGENDA

Purpose: Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Vision: *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Prompt attendees to sign-in• Brief review of agenda	Rachel Bryant
2:05 PM <ul style="list-style-type: none">• Review of Obesity and Access Status	Betsy Wood, Outreach & Workforce Development Coordinator Edda Rodriguez, Intern Public Health Program Florida State University
2:15 Presentation of CHIP & Resource Binder <ul style="list-style-type: none">• Review mental health & substance abuse components of the CHIP and Binder	Edda Rodriguez, Intern Public Health Program Florida State University
2:40 PM Key Messages	All participants
2:50 PM Next Steps	All participants
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Bryant



Florida Department of Health in Calhoun/Liberty County
Riverbend Health Advisory Meeting
Community Health Improvement Planning
Veteran’s Memorial Civic Center
September 19, 2018 at 2:00 e.t.

COMMUNITY MEETING MINUTES

Purpose:
Engage community in <designated topic> through open two-way dialogue.

Attendees (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
Rachel Bryant	Welcome/Call to Order <ul style="list-style-type: none">• Introductions• Brief review of agenda• Prompt attendees to sign-in	Welcome and introductions.
	Review Previous Minutes	Copies of the previous minutes were distributed to the group for review.
Betsy Wood		Focus group per topic, please invite community members.
Edda Rodriguez		Three-year journey, initial survey conducted in summer 2016. FSU students allowed to participate, has been great experience. Updated objectives for Access to Care, and Obesity including the Backpack program. Susan Chafin spoke on behalf of the Backpack program stating that there was a meeting scheduled and would have more to report after the meeting. Baseline numbers Dr Faruqui-not reported PanCare- 2017 Bristol- 1100 Blountstown-726 2018 Bristol 700 Blountstown 600 TMH family Practice 4,117 Calhoun/Liberty Primary Care 2017 – 2,218

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COMMUNITY MEETING MINUTES

		<p>DOH Calhoun – number of services 01/17 – 06/18 – 49,395</p> <p>DOH Liberty – number of services 01/17 – 06/18 – 26,875</p> <p>May be some crossover in duplication. Will remain at 3%</p>
Group	Mental health	<p>Review past noteworthy points.</p> <p>Edda discussed the current status of the CHIP workplan.</p> <p>Current workplan:</p> <p>Current Goal 1: Increase awareness and education about substance use in youth.</p> <p>Current Objective 1: By 2021 the percent of the general population who are aware of the signs and symptoms of substance abuse will increase by 10% over the 2018 baseline.</p> <p>The group also discussed and decided to increase by 10% number of activities for youth.</p> <p>Review of resources:</p> <p>Some programs currently in both county schools at varying degrees, mostly middle school.</p> <ul style="list-style-type: none"> - Committee wants additional resources that address elementary and high school age students. - Different programs at 4-6 grades and revisit at 8-10 grades. <p>Committee Concerns:</p> <ul style="list-style-type: none"> - No resource for adults. - Large % of substance abuser links to mental health. - Increased number of Baker Acts, with no after care.

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		<ul style="list-style-type: none">- Sherriff office, uses Marchment Act and Baker Act.- Calhoun SO partnering with Life Management Skills to begin youth interventions. These services will begin soon, intended to decrease number of youth being Baker Acted. <p>Newly developed goal 2- Increase awareness and effectiveness of mental health and substance abuse resources.</p> <p>Objective for the new goal 2: By 2021, the percent of the general population that accesses available mental health resources will increase by ____% over the 2018 baseline.</p> <p>Community Wellness Services, community behavioral services has 4 therapist serving Calhoun & Liberty. These therapists are able to go in homes and schools. Referral forms and brochures passed out to group. Access Florida site.</p> <p>Resource Binder:</p> <ul style="list-style-type: none">- Officially named: Calhoun & Liberty Health Care and Community Resources 2018-2019- Reviewed current mental health substance abuse resources.- Will add Community Health Wellness and CARE.
	Discuss Supporting Information	<p>Infographics in development. Suggested the use of hashtags. Key messages developed:</p> <p>Think before you drink Skills not pills To be healthy as a whole Mental health plays a role</p>

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COMMUNITY MEETING MINUTES

	Open Floor for Community Input	<p>Goat Day-Pancare offered to handout any flyers group has.</p> <p>Colors of Health 5K-all invited, need colors of health champions, booths/table are available</p>
	<ul style="list-style-type: none"> • Strategy/Policy Need 1 • Strategy/Policy Need 2 • Strategy/Policy Need 3 	<p>Current strategies goal 1:</p> <ul style="list-style-type: none"> - Create and distribute short survey - Increase community awareness about the Wednesday afternoon drug/alcohol youth classes. - Implement substance abuse curriculum in grades 4-6. - Provide consistent educational material. - Conduct ongoing trainings. - Provide substance abuse and mental health education for 4-6th and 8-10th. <p>Current strategies goal 2:</p> <ul style="list-style-type: none"> - Need to be developed
	Actions	<p>Goal 1 Work Plan</p> <ul style="list-style-type: none"> - For full details see meeting summary. <p>Goal 2 Work Plan</p> <ul style="list-style-type: none"> - Needs to be developed.
	Meeting Evaluation	Community engagement surveys were distributed and were completed by meeting participants.

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Veteran’s Memorial Civic Center
September 19, 2018 at 2:00 e.t.

COMMUNITY MEETING MINUTES

Action Items

Action Step (use action verb)	Person Responsible	Deliverable Date
1. Summary of meeting & infographics email	Betsy Wood	
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