

Community Health Improvement Plan

Dixie County

January 2018

Revised 5/1/2019



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Overview

Community health needs assessment (CHNA) and community health improvement planning (CHIP) activities for Dixie County in 2017 have utilized the Mobilizing for Action through Planning and Partnerships (MAPP) framework, developed by the National Association of County and City Health Officials and the Centers for Disease Control (www.naccho.org/topics/infrastructure/mapp/). These activities were funded, in part, by the Florida Department of Health Dixie County (DOH-Dixie) and Family Medical in their efforts to promote and enhance needs assessments in Dixie County.

The MAPP process consists of six phases:

Phase 1 - Organizing for Success and Organizing for Success

Phase 2 – Visioning

Phase 3 - The Four MAPP Assessments

- Community Health Status Assessment (CHSA)
- Local Public Health System Assessment (LPHSA)
- Community Themes and Strengths Assessment (CTSA)
- Forces of Change Assessment (FCA)

Phase 4 - Identify Strategic Issues (CHIP activity)

Phase 5 - Formulate Goals and Strategies (CHIP activity)

Phase 6 - Action Cycle (Program Planning, Implementation and Evaluation)

The CHSA provides insights into the current health status and key health system and health outcome indicators in a community. The LPHSA provides a community self-assessed report card for the local public health system (all partners with a vested interest in the public's health, not just the local health department). The CTSA allows members of the community to offer insights as to the key issues, strengths and weaknesses associated with the local public health system. And finally, while the FCA asks key leaders in the community in a variety of critical sectors what they believe will be the emerging threats, opportunities, events and trends that may either enhance or hinder a community's ability to address its most pressing healthcare issues.

Collectively, the results of the four MAPP assessments conducted for Dixie County provide input to the community in order to identify strategic issues and formulate goals and objectives, activities which comprise the core of a CHIP process. Ultimately, a cycle of actions will emerge that include program planning, program implementation, policy change and ongoing evaluation to improve community health. This document provides a summary of key findings in each of the four key MAPP assessment areas (CHSA, LPHSA, CTSA, and FCA) and presents the Dixie County Community Health Improvement Plan.

Key Community Health Needs Assessment Issues

The following is a brief bulleted list of key insights each of the four assessments that comprised the MAPP CHNA. Ultimately, these key insights provided input to the CHIP process for Dixie County.

Community Health Status Assessment

Key insights of this section include:

- Low income, high poverty and limited economic base continue to be leading predictors of health outcome and health access in Dixie County.
- Dixie County continues to exceed the state death rates for most of the ten leading causes of death in Florida.
- For the period of 2010-2015, two (2) infant deaths in any one year are the most recorded for Dixie County; these occurred in 2011 and 2012. There was a total of five (5) infant deaths for that period.
- Disparities were seen in the death rates for unintentional injuries, HIV, and Influenza and Pneumonia among Blacks as compared to Whites.
- Overall, poor health behaviors are on the rise in Dixie County as measured by the Behavioral Risk Factor Surveillance System (BRFSS).
- There is a rise in mental health emergency department visits in Dixie County.
- The most recent estimates (2015) for the uninsured put the uninsured rate of 14.3% in Dixie County non-elderly residents. Slightly lower than the state of Florida.
- Dixie County is near the bottom third of counties in Florida based on health rankings from the Robert Wood Johnson Foundation and the University of Wisconsin.
- Life expectancies of residents of Dixie County are substantially lower than state and national averages.
- Overweight and Obesity rates in Middle and High School aged youth in Dixie County were on the rise through 2015.
- In 2015, avoidable emergency department visits that were related to oral health, 83.3% were avoidable.

Local Public Health System Assessment

The LPHSA asks the question: “How well did the local public health system perform the ten Essential Public Health Services?” The ten Essential Public Health Services (EPHS) include the following:

1. Monitor Health Status to Identify Community Health Problems
2. Diagnose and Investigate Health Problems and Health Hazards
3. Inform, Educate, and Empower People about Health Issues
4. Mobilize Community Partnerships to Identify and Solve Health Problems
5. Develop Policies and Plans that Support Individual and Community Health Efforts
6. Enforce Laws and Regulations that Protect Health and Ensure Safety
7. Link People to Needed Personal Health Services and Assure the Provision of Health Care when Otherwise Unavailable
8. Assure a Competent Public and Personal Health Care Workforce
9. Evaluate Effectiveness, Accessibility, and Quality of Personal and Population-Based Health

Services

10. Research for New Insights and Innovative Solutions to Health Problems

During the LPHSA, a cross-sectional group representing the local public health system was convened and asked to score the system in each EPHS area. Then each EPHS was given a composite value determined by the scores given to those activities that contribute to each Essential Service. These scores range from a minimum value of 0% (no activity is performed pursuant to the standards) to a maximum of 100% (all activities associated with the standards are performed at optimal levels).

Based on the 2017 self-assessment of the cross-sectional group representing the local public health system partners, the Essential Services that received the lowest scores were ES 10 (research and innovation), ES 8 (assure competent workforce), and ES 7 (link people to services). The Essential Services that received the highest scores were ES 5 (develop policies and plans), ES 2 (diagnose and investigate health problems) and ES 1 (monitor health status) and ES 3 (inform, educate and empower); ES 1 and 3 tied for third and fourth highest scores. It is important to note that six of the ten Essential Services received scores above 50%, indicating that the Dixie County local public health system is providing at least Significant Activity on 60% of the Essential Services. As reflected in both the 2011 and 2017 assessment scores, the Dixie County public health system has significant capacity in the areas of monitoring health (ES 1) and diagnosing and investigating health problems (ES 2).

Community Themes and Strengths Assessment

KEY FINDINGS FROM COMMUNITY SURVEY

The demographics of respondents are similar to U.S. Census data for Dixie County with 92.4% identifying as White Non-Hispanic. Survey respondents in Dixie County were almost three times as likely to be female (71.4%) rather than male (26.9%). Respondents' views concerning their personal health and overall health of residents in Dixie County differed some with 57 individuals (46.3%) rating their personal health as 'somewhat healthy' and 42 individuals (34.2%) rating their personal health as 'healthy'. The majority of respondents reported their county's health as 'somewhat healthy' (50.4%). Unlike with personal health, 39.9% reported the overall health of residents of their county as 'unhealthy'. Respondents were also questioned concerning their perception of the three most important factors that define a "Healthy Community." A resounding 100 respondents (84% of Dixie respondents) identified access to health care as an important factor that defines a healthy community. About 50% of the Dixie County respondents agreed that drug abuse and alcohol abuse have the greatest negative impact on the overall health of people in their county while reporting low confidence in the community's capacity to have a substantial impact on that issue. A significant percentage (63%) of Dixie County survey respondents said they did not get the dental care they needed. Of those, 59% said cost was a barrier. About 42% of Dixie County respondents did not get needed primary care in the past year, attributing cost (47.1%) and lack of primary care providers (22.2%) as reasons. These sentiments are again reflected in Dixie County respondents' strong disagreement with the sufficiency of medical, dental and mental health/substance abuse services in their county. On a positive note, they strongly agree that Dixie County is a safe community and has

support networks for individuals and families.

Based on perceptions shared during Community Themes and Strengths Assessment (CTSA) survey, participants highlighted the following areas (in ranking):

- Most important factors that define a healthy community:
 1. Access to health care
 2. Affordable goods/services
 3. Affordable housing
 4. Affordable utilities
- Behaviors with the greatest negative impact on overall health:
 1. Drug abuse
 2. Alcohol abuse
 3. Eating unhealthy foods/drinks
 4. Violence
- Most important health problems in the community and confidence in community's ability to make a substantial impact on health-related issues:
 1. Substance/drug abuse – Not very confident to somewhat confident
 2. Access to primary care – Somewhat confident
 3. Cancer - Not very confident to somewhat confident
 4. Mental health problems – Not very confident to somewhat confident
 5. Access to healthy food - Somewhat confident
- Reasons why individuals did not receive dental, primary, and/or mental care
 - Dental
 1. Cost
 2. No dentists available
 3. No appointments available/long wait times
 4. Transportation
 - Primary Care
 1. Cost
 2. No primary care providers available
 3. No appointments available/long wait times
 4. Transportation
 - Mental Health
 1. Cost
 2. No mental health care providers available
 3. No appointments available/long wait times
 4. Transportation

OBSERVATIONS FROM PROVIDER SURVEY

A total of five health care providers responded to the survey including three Advanced Registered Nurse Practitioners, one Mental Health Counselor, and one Physician. Four of the five (80.0%) health care providers considered access to health care and healthy behaviors among the most important factors that define a "Healthy Community." The health care providers agreed (100%) that obesity is among the five most important health problems in Dixie, Gilchrist and Levy Counties. Sixty (60%) of providers also ranked mental health problems among the top five issues followed by access to primary care, dental

problems, diabetes, respiratory/lung disease, and substance abuse which were ranked in the top five by 40% of providers. The overall health-related quality of life in the Tri-County area was scored as fair by 60% of providers. The two issues that were rated as big problems for Dixie, Gilchrist and Levy Counties by 100% of providers include availability of mental health services and the lack of specialty care doctors. The cost of health insurance was identified by 80% of providers as a big problem. Transportation and the cost of health care services also ranked as big problems by 60% of providers who took the survey. Among the strategies to improve health in Dixie, Gilchrist and Levy Counties most frequently mentioned by health care providers are increasing access to dental, mental health and outreach services while focusing on issues of the uninsured and indigent populations.

Forces of Change Assessment

On June 9, 2017, the Dixie Steering Committee team convened a group of community leaders to participate in this Forces of Change Assessment. Prior to the meeting, WellFlorida Council distributed a forces of change brainstorming tool as well as a threats and opportunities worksheet and encouraged invitees to the meeting to begin to brainstorm the possible forces that may hinder or help the community in its quest for improvement in community health outcomes. Forces of change discussions were held after the original community health assessment process in conjunction with ongoing community health improvement activities. Key themes in the forces of change discussion included:

- Social/Economic barriers
 - Weak economy leads to lack of jobs/high paying jobs
 - Changes in family support structure
 - Limited emergency assistance (food, utility bills)
 - Rising costs of health care
 - Few dentists, especially adult
 - Inappropriate use of the emergency department
 - Affordable housing, mainly for rental tenants
 - Increase overweight and obesity rates
 - Tobacco use including vaping
 - Substance abuse/opioid drugs
 - Low health literacy
- Service needs and barriers
 - Public transportation
 - Dental services
 - Mental health services
- Potential resources available
 - School system
 - Health Department
 - Faith-based services
 - Chamber of Commerce
 - Tri-County Community Resource Center
 - Mobile Services
 - Family Medical
 - College of Central Florida Levy Campus

Dixie County CHIP Methodology

To conclude the MAPP community health needs assessment, the Core Community Support Team, a group representative of the local public health system partners, was re-convened and to identify some potential next steps for Dixie County in addressing its most pressing needs and issues. Partners met to brainstorm issues and concerns. To conclude the session, participants also identified and discussed some potential strategic actions to pursue in order to address and possibly make improvements in these priority issue areas.

Potential next steps identified included:

- Utilize results of four MAPP assessments to drive a process of developing community-identified strategic priorities with goal statements and strategies.
- Utilize results of the four MAPP assessments to create a community health improvement plan (CHIP).

Members of the Dixie County CHIP Committee met in-person for three meetings (October 11, 2017, November 7, 2017, and February 6, 2018) to take the input of the MAPP needs assessment, steering committee recommendations and identify the priority issues and formulate a response to those issues which ultimately became the CHIP.

During the October meeting, members dissected the key insights of the needs assessment and brainstormed a list of key community health issues and partners that could be utilized. The second and third meetings were used to select strategies and develop action plans for the selected strategies.

Dixie County CHIP (Goals, Strategies and Objectives)

A key component of Dixie County's CHIP is an overarching strategy to conduct a community outreach in March of 2018 to present the results of the needs assessment and the CHIP to the key leaders and decision makers in Dixie County including representatives of:

- Dixie County Board of County Commissioners;
- City Commissions;
- County and City Managers;
- Clerks of County and Cities;
- Dixie County Sheriff's Department;
- City Police Departments;
- UF–IFAS Extension Office;
- Emergency Medical Services;
- Dixie County Health Department;
- Family Medical;
- Dixie County School Board and Public Schools;
- Ministerial Association and Churches;
- Physicians and Dentists;
- Meridian Behavioral Health;
- Local Libraries;
- Dixie County School District;
- Tri-County Community Resource Center;
- Community Organizations (Chamber, Rotary, etc.);
- Social Services Providers;
- Department of Children and Families;
- Department of Corrections;
- Dixie County Jail; and
- Leading Community Businesses

The following Dixie County CHIP is presented below as goals, strategies and objectives, and the action plans that include key activities, lead roles, community resources, targeted dates for key activities and evaluation measures.

Goal 1 – Foster healthy behaviors to improve health outcomes in Dixie County.				
Objectives	Strategy	Action Steps / Performance Measures	Possible Policy Changes Needed	Key Partners and Resources
1.1 – By April 30, 2019, assist the Dixie County School District in applying for the Healthy School District silver standing	1.1.1 – Review current Healthy School District application and scorecard to identify areas of need.	<ol style="list-style-type: none"> 1. Obtain a copy of the current application and scorecard. 2. Highlight areas in which Dixie County Schools can improve. 3. Assess where 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • Florida Healthy School District • Dixie County Schools • Meridian Behavioral Health • Dixie County Anti-Drug Coalition • FDOH–Dixie County • UF–IFAS Extension

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(advance from bronze standing). - (Completed achieved Silver)		members of the CHIP committee can assist to improve scores.		Office
	1.1.2 – Meet with local school board employees to propose areas in which the Dixie CHIP committee could help Dixie County Schools become a Healthy School District silver awardee.	<ol style="list-style-type: none"> 1. Prepare a presentation to provide an outline to silver status. 2. Identify key decision makers at the Dixie County School District. 3. Provide presentation to the identified key decision makers. 	<ul style="list-style-type: none"> • Changes to how Dixie County School District handles mental health education/counseling. • Changes in curriculum and workforce structure could improve scores. 	<ul style="list-style-type: none"> • Florida Healthy School District • Dixie County Schools • Meridian Behavioral Health • Dixie County Anti-Drug Coalition • FDOH–Dixie County • UF–IFAS Extension Office
1.2 – By April 30, 2021, increase the number of grant applications to institute a judicial drug court in Dixie County from 0 to 1.	1.2.1 – Meet with neighboring counties to discuss the necessary steps to apply for a judicial drug court.	<ol style="list-style-type: none"> 1. Meet with Citrus County officials learn how they applied for the drug court. 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • Meridian Behavioral Health • Dixie County Anti-Drug Coalition • Citrus County Board of County Commissioners • Florida Department of Children and Families
	1.2.2 – Meet with Dixie County judge to present the steps to apply.	<ol style="list-style-type: none"> 1. Provide details from the meeting with Citrus County. 2. Receive support from the county judge. 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • Meridian Behavioral Health • Dixie County Anti-Drug Coalition • Florida Department of Children and Families • Dixie County Judge
	1.2.3 – Assist the Dixie County Board of County Commissioners in applying for the judicial drug court.	<ol style="list-style-type: none"> 1. Meet with the Dixie County Board of County Commissioners and ask for the approval to apply. 	<ul style="list-style-type: none"> • Dixie County Board of County Commissioners in conjunction with the judge must approve and apply for the drug court. 	<ul style="list-style-type: none"> • Meridian Behavioral Health • Dixie County Anti-Drug Coalition • Florida Department of Children and Families • Dixie County Judge
1.3 – By May 31, 2020, increase the	1.3.1 – Coordinate with local	<ol style="list-style-type: none"> 1. Conduct planning meeting with local 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • Dixie County Tobacco Free Partnership/QuitDoc

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number of local organizations that participate in Every Kid Health Week from 1 to 4.	organizations regarding services they can provide during Every Kid Health Week.	organizations.		<ul style="list-style-type: none"> • Dixie County Schools • Meridian Behavioral Health • Dixie County Anti-Drug Coalition • FDOH–Dixie County • UF–IFAS Extension Office
	1.3.2 – Meet with school district regarding scheduling a day for the activity.	1. Meet with school officials.	<ul style="list-style-type: none"> • Class scheduling within the school district. 	<ul style="list-style-type: none"> • Dixie County Schools • DOH Dixie
1.4 – Through December 31, 2021, increase the percentage of mothers who initiate breastfeeding in Dixie County by 1%, from (71.4%).	1.4.1 – Provide Certified Lactation Counseling to residents of Dixie County.	<ol style="list-style-type: none"> 1. Have an employee of the Dixie County Health Department become CLC certified. 2. Partner with local pediatricians and daycares to offer CLC services. 3. Provide CLC support and classes in Dixie County. 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • Local doctors' offices • FDOH – Dixie County • Local daycares • Local Pregnancy Centers
	1.4.2 – Continue to support the Breast Pump Lending Program offered by FDOH – Dixie County.	<ol style="list-style-type: none"> 1. Promote program to women who recently gave birth trying to return to work. 2. Coordinate breast pumps lending program with local organizations. 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • FDOH – Dixie • Healthy Start • Healthy Families • Local Pregnancy Centers

Goal 2 – Link the residents of Dixie County to social and health services and resources available.

Objectives	Strategy	Action Steps / Performance Measures	Possible Policy Changes Needed	Key Partners and Resources
2.1 – By March 31 2019, increase an community	2.1.1 – Identify a method for collection of	<ol style="list-style-type: none"> 1. Develop a resource inventory tool. 2. Develop scope of 	<ul style="list-style-type: none"> • None 	<ul style="list-style-type: none"> • WellFlorida Council • Dixie County

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resource inventory from 0 to 1.	community resources.	work for the recruitment of a volunteer to conduct the resource inventory. 3. Recruit a volunteer to collect resource information from community organizations.		<ul style="list-style-type: none"> Anti-Drug Coalition FDOH–Dixie County Tri-County Resource Center UF College of Public Health
	2.1.2 – Collect resource information from organizations that provides services for Dixie County residents.	<ol style="list-style-type: none"> Create a list of organizations that provide services to Dixie County residents. Contact all organizations to poll their services provided. Compile data for distribution. 	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> WellFlorida Council Dixie County Anti-Drug Coalition FDOH–Dixie County Tri-County Resource Center Dixie County Chamber of Commerce Elder Options North Florida Cancer Collaborative UF College of Public Health
	2.1.3 – Develop a method for distribution of resource inventory.	<ol style="list-style-type: none"> Create a document of community resources. Identify avenues for distributing resource inventory to local organizations and residents. 	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> WellFlorida Council Dixie County Anti-Drug Coalition FDOH–Dixie County Tri-County Resource Center Dixie County Chamber of Commerce

Goal 3 – Improve the health care resources in Dixie County.

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Objectives	Strategy	Action Steps / Performance Measures	Possible Policy Changes Needed	Key Partners and Resources
3.1 - By June 30, 2019, increase Mental Health First Aid classes/ outreach for youth and adults from 2 to 15 classes.	3.1.1 – Receive baseline data of past Mental Health First Aid classes offered in Dixie County.	1. Contact Mental Health First Aid USA for historical data.	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Meridian Behavioral Health Dixie County Anti-Drug Coalition Mental Health First Aid USA FDOH–Dixie County
	3.1.2 – Promote Mental Health First Aid classes to local residents and organizations in Dixie County.	<ol style="list-style-type: none"> Meet with local organization leaders. Promote Mental Health First Aid to local residents. Schedule classes 	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> Dixie County Schools Meridian Behavioral Health Dixie County Anti-Drug Coalition FDOH–Dixie County UF–IFAS Extension Office Dixie County Sheriff’s Office Cross City Police Department
3.2 – By October 31, 2018, increase the number of dental prevention education programs for K-2 students through visits to the schools by the CHD tooth fairy and the distribution of dental kits from 0 to 1.	3.2.1 – Secure funding for dental kits.	<ol style="list-style-type: none"> Present concept of dental outreach to local Rotary clubs. Meet with local school officials on the number of K–2 students there are in Dixie County. Quote dental kits from retailers. Order dental kits. 	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> UF-IFAS Extension Office FDOH–Dixie County Dixie County Rotary Club UF College of Dentistry – Henry Schein Dixie County Schools
	3.2.2 – Provide oral health education and dental kits to K–2 students in	1. Schedule educational programs within the local schools.	<ul style="list-style-type: none"> None 	<ul style="list-style-type: none"> UF-IFAS Extension Office FDOH–Dixie

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	Dixie County.			County <ul style="list-style-type: none">• Dixie County Rotary Club• UF College of Dentistry – Henry Schein• Dixie County Schools
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Alignment with State and National Priorities

The 2017 Dixie County Community Health Improvement Plan has been reviewed for alignment with the following state and national guidelines:

- Florida State Health Improvement Plan 2017-2021 (March 2017) from the Florida Department of Health
- Healthy People 2020 from the United States Department of Health and Human Services
- National Prevention Strategy – America’s Plan for Better Health and Wellness (June 2011) from the National Prevention Council

Each objective under each goal was reviewed to determine where within each of these state or national guidelines the objective was in alignment.

Objective	HP 2020	FSHIP	NPS
Goal 1 – Foster healthy behaviors to improve health outcomes in Dixie County			
1.1 – By April 30, 2019, assist the Dixie County School District in applying for the Healthy School District silver standing (advance from bronze standing). - (Completed achieved Silver)	Topic: Heart Disease and Stroke Objectives: HDS-1, HDS-9, HDS-10, HDS-12, HDS-17, and HDS-25	Goal: HW1 - Improve the food environment and nutrition habits across the lifespan to increase healthy weight.	Strategic Direction: Healthy and Safe Community Environment, Page 14 Strategic Direction: Empowered People, Page 22
1.2 – By April 30, 2021, increase the number of grant applications to institute a judicial drug court in Dixie County from 0 to 1.	Topic: Nutrition and Weight Status Objectives: NWS-2, NWS-10, and NWS-11	N/A	Strategic Direction: Empowered People, Page 22 Strategic Direction: Elimination of Health Disparities, Page 25 Strategic Direction: Preventing Drug Abuse and Excessive Alcohol Use, Page 31
1.3 – By May 31, 2020, increase the number of local organizations that participate in Every Kid Health Week from 1 to 4.	Topic: Early and Middle Childhood Objectives: EMC-4.1.1	Goal: HW1 - Improve the food environment and nutrition habits across the lifespan to increase healthy weight.	Strategic Direction: Healthy and Safe Community Environment, Page 14 Strategic Direction: Empowered People, Page 22
1.4 – Through December 31, 2021, increase the percentage of mothers who initiate breastfeeding in Dixie County by 1%, from Dixie (71.4%).	Topic: Maternal, Infant, and Child Health Objectives: MICH-21.1, MICH-21.2	Goal: HW1 - Improve the food environment and nutrition habits across the lifespan to increase healthy weight.	Strategic Direction: Healthy Eating, Page 36

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Goal 2 – Link the residents of Dixie County to social and health services and resources available.			
2.1 – By March 31 2019, increase an community resource inventory from 0 to 1.	N/A	N/A	Strategic Direction: Empowered People, Page 22
Goal 3 – Improve the health care resources in Dixie County.			
3.1 - By June 30, 2019, increase Mental Health First Aid classes/ outreach for youth and adults from 2 to 15 classes.	Topic: Mental Health and Mental Disorders Objectives: MHMD-4	Goal: BH1 - Reduce mental, emotional and behavioral health disorders in children through improved identification and treatment of behavioral health disorders in parents who come in contact with the child welfare system.	Strategic Direction: Empowered People, Page 22 Strategic Direction: Elimination of Health Disparities, Page 25 Strategic Direction: Mental and Emotional Well-being, Page 49
3.2 – By October 31, 2018, increase the number of dental prevention education programs for K-2 students through visits to the schools by the CHD tooth fairy and the distribution of dental kits from 0 to 1.	Topic: Oral Health Objectives: OH-1, OH-2, OH-7, and OH-12	Goal: HE2 - Strengthen the capacity of state and local agencies and other organizations to work collaboratively with communities to reduce disparities in SDOH and advance HE.	Strategic Direction: Elimination of Health Disparities, Page 25