

2019-2023

Hendry Community Health Improvement Plan



Prepared by:

The Florida Department of Health in
Hendry and Glades Counties and The
Health Planning Council of Southwest



la, Inc.

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Executive Summary

The Florida Department of Health in Hendry and Glades Counties, in conjunction with The Healthier Hendry Glades Task Force (HHGTF), is pleased to present the Community Health Improvement Plan (CHIP) for Hendry and Glades Counties. The two counties combined the Community Health Improvement Plan into one because of the size in population in both Glades & Hendry Counties. The This task force is made up of numerous public health partners and community members, all with the common goal of improving the health of the two counties. The group met to better understand the current public health needs of area residents and to develop a plan for community health improvement. The process consisted of reviewing data, prioritizing health issues and planning the steps to address the needs in our community. The product of this process is the Hendry and Glades Counties Community Health Improvement Plan. The intent of this plan is to identify priority goals and strategies while fostering community partnerships in order to improve the overall health of the community. The HHGTF met from December 2018 through September 2019 to update and improve the plan. The task force has worked to review the data contained in the 2019 Community Health Assessments for Hendry and Glades Counties in preparation for the development of the CHIP. The health priorities addressed in this plan (Priority One: Increase Awareness and Usage of Mental Health Resources & Priority Two: Reduce Infant Mortality, Child Trauma and Unintentional Injuries) emerged from the review of the data and the input and discussions of the Healthier Hendry Glades Task Force.

The 2019 Hendry and Glades County Community Health Assessments can be found on the following websites:

Florida Department of Health

Health Planning Council of Southwest Florida:

(<http://www.hpcswf.com/health-planning/health-planning-projects/>).

As a part of the community health assessment process, the Healthier Hendry Glades Task Force (HHGTF) was asked how they would describe a healthy community or what a health community means to them; those thoughts were relevant to the development of the CHIP. Using the Mentimeter tool, the HHGTF members supplied 53 responses. These responses were compiled in the form of a word cloud. The most common responses were active, safe, happy, proactive, fun, supportive, productive, involved individuals and mentally healthy.



Source: Healthier Hendry Glades Taskforce via Mentimeter, Spring 2019

Next, the Healthier Hendry Glades Task Force (HHGTF) was asked to describe the current health of Hendry and Glades Counties. Using the Mentimeter tool, the HHGTF members supplied 52 responses. These responses were also presented in the form of a word cloud. The most common of which were overweight, poor, stressed, challenged, rural, work in progress, segregated, obese and good intentions. It was indicated that there is potential room for improvement for the health in the area.



Source: Healthier Hendry Glades Taskforce via Mentimeter, Spring 2019

The Healthier Hendry Glades Task Force (HHGTF) then worked to identify the top health priorities in an effort to ensure the CHIP addresses the priorities where we believe we can make a difference in an appropriate and effective manner. The CHIP details the objectives, strategies, action steps, and measures that were developed to address the community's health priorities.

Community Health Priorities Identified by Healthier Hendry Glades Task Force

- Priority One: Increase Awareness and Usage of Mental Health Resources
- Priority Two: Reduce Infant Mortality, Child Trauma and Unintentional Injuries

The HHGTF will continue to meet as we work toward our common goal of improving the health of Hendry and Glades Counties. Implementation of these objectives is already underway with positive results expected to follow soon. CHIP progress will be an ongoing agenda item at bimonthly HHGTF meetings as a method to track results. Minutes will be recorded at meetings to reflect progress that is made. Annual reports will be completed based on progress and then reviewed as a group. To ensure proper documentation an online tracking system will be updated according to feedback provided by the task force.

We look forward to engaging the entire community in our efforts, and we welcome your participation and feedback in our community health improvement efforts.

Community and Partner Engagement

Healthier Hendry Glades Task Force Members

Hendry and Glades Counties' CHIP process engaged a large group of community residents and local public health system stakeholders. Specifically, there were community stakeholders representing hospitals, healthcare providers, social service organizations, and community members.

Listed below are the individuals who worked on the improvement plan as a member of the Healthier Hendry Glades Task Force.

United Way of Hendry/Glades

Lisa Sands

Area Agency on Aging for

Southwest Florida

Sherry Young

LaBelle Outreach Center

Mirna Velasquez

Joel Conner

Maria Dominquez

Lake Okeechobee Rural Health
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Community Member

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Golisano Children's Hospital

Sally Kreuzer

Florida Community Health
Center

Nardina Johnson

Stephanie Dominguez

Traci Thomas

CSI Health

Rick Griffiths

Alpi

Patricia Astorga

ACT

Nancy Acevedo

Maricela Morado

D. Cotilla

Healthy Start Coalition of
Southwest Florida

Estela Aguilar

IMPOWER

Wendy Amos

Health Planning Council of
Southwest Florida

Peggy Brown

Julia Cooper

Community Health Improvement Plan Planning Process & Updates

- ❖ December 2018-January 2019 – The Healthier Hendry Glades Task Force (HHGTF) reviewed and helped to promote community survey for Community Health Assessment (CHA)
- ❖ March 2019 – HHGTF reviewed the results of the Community Survey for the CHA.
- ❖ May 2019 – HHGTF reviewed CHA data, gave feedback
- ❖ July 2019 – HHGTF reviewed CHA data and had a brainstorming and prioritization session to begin process of updating Community Health Improvement Plan (CHIP). HHGTF identified CHIP issues and themes and began discussion of action steps.
- ❖ August 2019 – HHGTF reviewed CHIP plan and created a subcommittee to focus on each identified priority.
- ❖ September 2019 – HHGTF finalized CHIP and named subcommittee heads.
- ❖ January 2020 - Modified Priority 1.1.1 to *By December 31st, 2020 committee will create a tentative schedule and tentative hosts trainings* & Priority 2.1.3, changed date to June 30, 2023, not to exceed five years. Approved by Healthier Hendry Glades Task Force members.

Community Health Assessment

Hendry County Profile – Executive Summary

Below is a brief summary of select findings from the Hendry County Community Health Assessment (CHA). The full CHA and an Executive Summary can be found at:

<http://www.hpcswf.com/health-planning/health-planning-projects/>

Demographics

- ❖ Residents of Hendry County make up 0.2% of Florida’s total population.
- ❖ The county has a population density of about 34 persons per square mile compared to a state average of 392 persons per square mile.
- ❖ Males outnumber females in Hendry County (52.0% vs. 48.0%). Statewide the percentages are 49% male and 51% female.
- ❖ More than half of the population of Hendry County identifies as Hispanic (52% vs. 48% non-Hispanic). Statewide the percentages are 25% Hispanic and 75% non-Hispanic.

Socioeconomics

- ❖ Residents living below poverty level: 25.5% Hendry County vs. 15.5% Florida.
- ❖ Children (ages 0-18) living below poverty level: 31.1% Hendry County vs. 22.3% Florida.
- ❖ Unemployment at 10.6% in Hendry County is significantly higher than the state at 6.3%.
- ❖ Residents aged 25 and older who are high school graduates or higher is 62.9% in Hendry County (2017). Statewide the percentage is 87.2%.

Health and Healthcare

- ❖ Percent who smoke: 15.0% in Hendry County vs. 15.0% in Florida.

- ❖ Percent with limited access to health foods: 15.0% in Hendry County vs. 7.0% in Florida
- ❖ Percent with diabetes: 15.9% in Hendry County vs. 11.8% in Florida.
- ❖ Percent obese: 33.0% in Hendry County vs. 27.0% in Florida.
- ❖ The most frequent causes of death in Hendry County are heart disease and cancer.
- ❖ Among the types of cancer, lung cancer causes the highest number of deaths in Hendry County.
- ❖ Community Leaders interviewed stated that the most pressing needs for Hendry and Glades Counties were: mental healthcare, nutrition services, diabetes-related services, and preventative care to reduce chronic diseases
- ❖ In a community survey, members of the community stated that the most important health concerns for Hendry County were: unmet mental health needs/mental health concerns, diabetes, obesity and addiction.

Community Health Assessment

Glades County Profile – Executive Summary

Below is a brief summary of select findings from the Glades County Community Health Assessment. The full document and an Executive Summary can be found at:

<http://www.hpcswf.com/health-planning/health-planning-projects/>

Demographics

- ❖ Residents of Glades County make up 0.1% of Florida’s total population.
- ❖ The county has a population density of about 16.1 persons per square mile compared to a state average of 392 persons per square mile.
- ❖ Males outnumber females in Glades County (56% vs. 44%). Statewide the percentages are 49% male and 51% female.

Socioeconomics

- ❖ Residents living below poverty level: 18% Glades County vs. 15.5% Florida.
- ❖ Children (ages 0-18) living below poverty level: 26.9% Glades County vs. 22.3% Florida.
- ❖ Unemployment at 4.0% in Glades County is slightly higher than the state at 3.6%.
- ❖ Residents aged 25 and older who are high school graduates or higher is 74.4% in Glades County (2017). Statewide the percentage is 87.2%.

Health and Healthcare

- ❖ Percent who smoke: 21.0% in Glades County vs. 15.0% in Florida.
- ❖ Percent with diabetes: 21.9% in Glades County vs. 11.8% in Florida.
- ❖ Percent obese: 33.0% in Glades County vs. 27.0% in Florida.

- ❖ The most frequent causes of death in Glades County are heart disease and cancer.
- ❖ Among the types of cancer, lung cancer causes the highest number of deaths in Glades County.
- ❖ Glades County has been designated as a Health Professional Shortage Area for primary care.
- ❖ Glades County has been designated as a Health Professional Shortage Area for dental care for its low-income and migrant farmworker populations.
- ❖ Community Leaders interviewed stated that the most pressing needs for Hendry and Glades Counties were: mental healthcare, nutrition services, diabetes-related services, and preventative care to reduce chronic diseases
- ❖ In a community survey, members of the community stated that the most important health concerns for Glade County were: unmet mental health needs/mental health concerns, diabetes, obesity and addiction.

The Community Health Improvement Plan

The mission of the Healthier Hendry Glades Task Force (HHTGF) as determined by its members is:

To improve the health of the people of Hendry and Glades Counties through partnership and collaborations”.

The HHGTF uses information from the Community Health Assessment and other data sources to regularly review the health of the community and determine issues to address.

The Healthier Hendry Glades Task Force identified various health-related issues in the county. In an effort to keep the Community Health Improvement Plan (CHIP) realistic and manageable, the task force narrowed these issues down to two strategic health priorities for Hendry and Glades Counties, including mental health and child safety.

The sections below detail, for each of the three strategic priorities: measurable objectives, responsible parties and action steps.

The strategic priority is a general statement about a desired outcome. It represents the end result the Task Force hopes to reach.

The measurable objectives detail more specifically what the community hopes to achieve.

The action steps detailed in the plan provide the specific steps of how the strategies will be approached.

The goal of the Community Health Improvement Plan (CHIP) is to not only outline health issues, future action steps, and strategies to improve the Health of Hendry/Glades Counties, but also to align with existing local, state, and national objectives, program, projects, and organizations. Efforts were made to align Hendry & Glades Counties with state by referring to the Florida State Health Improvement Plan. DOH Hendry/Glades also aligned their strategic issues with existing local programs and projects when possible.

Community Health Initiatives

Strategic Issue Area 1: Mental Health

Alignment: State Health Improvement Plan: Priority 6 Goal BH1 Strategy BH1.2
State Strategic Plan: Priority 2: Long Healthy Life
Hendry and Glades Strategic Plan Strategy 2.1.2: Improve the mental health of residents.

Goal 1: Increase Awareness and Usage of Mental Health Resources

Objective	
1	By December 31, 2023, have three Mental Health First Aid trainings conducted in Hendry and Glades Counties on an annual basis
	<i>1.1 By December 31st, 2020 committee will create a tentative schedule and tentative hosts trainings.</i>
2	Through December 31, 2023 attend community outreach events quarterly to educate members of the community about mental health.
	<i>2.1. Attend one community outreach event per quarter.</i>
	<i>2.1.1. By June 30, 2020, create a unified marketing strategy that members of the task force use to educate the community about mental health.</i>
3	By June 1, 2020, develop a resource guide for mental health providers and services in Hendry and Glades Counties.
	<i>3.1. Establish resource guide for mental health services.</i>
	<i>3.1.1. By December 1, 2019, committee will create plan and schedule for creation of resource guide.</i>
Community Co-Chairs: Michael Giebelhouse, Center Stone Lisa Sands, United Way	

Priority 2: Child Safety

Alignment: State Health Improvement Plan: Priority 4 Goal ISV1 Strategy ISV1.2, 1.4
State Strategic Plan: Priority 2: Long Healthy Life
State of Florida Strategy 2.1.4: Improve the mental health of residents.

Goal 1: Reduce infant mortality and childhood trauma; reduce rate of hospitalizations and fatalities for children for 0-19 for unintentional injuries.

Objective	
1	Increase community education on child safety topics (child passenger safety, ATV, safe sleep, poison, and drowning, etc.).
	<i>1.1 By June 30, 2020, create unified message that members of the task force can use to educate the community about the importance of child safety.</i>
	<i>1.2 Through December 31, 2021, participate in at least one community outreach event per quarter.</i>
2	By March 30, 2020 develop a plan to decrease childhood exposure to smoking and prenatal smoking.
3	By June 30, 2023 develop plan to increase awareness and about Adverse Childhood Experiences (ACEs).
Community Co-Chairs: Sally Kreuzscher, Golisano Children’s Hospital Traci Thomas, Florida Community Health Centers	

Using the Plan and Next Steps

This Community Health Improvement Plan is intended to be a starting point, a beginning that will lead to a healthier community for future generations. The next step in the process is to transform planning into action. The Healthier Hendry/Glades Task Force has already been working on specific programs to implement the strategies contained in the plan and improvements will soon follow. The Hendry and Glades Counties Health Departments will continue to organize this community collaboration, as well as monitor and report back on the progress of initiatives and successes that this Community Health Improvement Plan will achieve.

The Hendry and Glades Counties Health Departments are dedicated to improving the health of community residents and will focus its efforts on collaborating with strategic partners as they work to achieve impacts in health outcomes.

For more information to get involved in the community health improvement activities, please contact:

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