

# Community Health Improvement Plan 2019–2021



Calhoun County, Florida  
Liberty County, Florida

## Table of Contents

Vision.....	3
Assessment Review.....	3
Overview .....	5
Review of Key Data .....	6
Developing Priority Area Action Plans .....	6
Binder Overview.....	6
Access to Health Care .....	7
Obesity .....	9
Mental Health/Substance Abuse .....	13
Appendix.....	16
Appendix A: Comprehensive List of Community Partners.....	17
Appendix B: River Bend Health Advisory Committee Minutes March 2018.....	18
Appendix C: River Bend Health Advisory Committee Minutes April 2018 .....	24
Appendix D: River Bend Health Advisory Committee Minutes May 2018.....	28
Appendix E: River Bend Health Advisory Committee Minutes July 2018.....	34
Appendix F: River Bend Health Advisory Committee Minutes August 2018.....	39
Appendix G: River Bend Health Advisory Committee Minutes September 2018.....	45

## Vision

*Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community.*

## Community Health Assessment Review

In 2016, a joint initiative began between Florida Department of Health in Calhoun and Liberty Counties and Florida State University-College of Social Sciences and Public Policy to determine the health needs of the two counties. A series of assessments including, Community Themes and Strengths Assessment, Local Public Health System Assessment, Community Status Assessment, and Forces of Change Assessment were completed to determine the communities' strengths and weaknesses. Based on the communities' feedback, the following priority areas were selected as the focus for the 2018-2021 Community Health Improvement Plan (CHIP):

- Access to Care
- Mental Health/Substance Abuse
- Obesity

## Community Themes and Strengths Assessment

The Community Themes and Strengths Assessment is comprised of identifying the issues residents of the community deem as the most important; along with distinguishing any resources available to aid in improving the health of the community. Community surveys were developed and fielded at various locations, including grocery stores, convenience stores, hospital/ER and medical clinics. In Calhoun County, 241 surveys were completed by residents (verified by zip code) between May 10-30, 2016. In Liberty County, 133 surveys were completed by residents (verified by zip code) between June 15-18, 2016.

Based on survey responses communities in Calhoun and Liberty Counties found the following areas to be the most important characteristics of a great community:

<i>Calhoun County</i>	<i>Liberty County</i>
✓ Access to health services, family doctors, and specialists	✓ Access to health services, family doctors, and specialists
✓ Good schools/quality education	✓ Good schools/quality education
✓ Low number of STDs	✓ Arts and cultural events

## Local Public Health System Assessment

The Local Public Health System Assessment (LPHSA) puts the spotlight on the network of organizations and agencies in the community and how well the ten Essential Services (ES) are being delivered. The LPHSA for Calhoun and Liberty Counties was conducted on May 24, 2017 from 9 AM to 12 PM at the Heritage Room of the Calhoun County Library. A total of 22 community partners participated in this assessment.

The community members voted the essential services (ES) #2, #3, and #5 as strong performance and ES #1, #7, #10 as needs improvement.

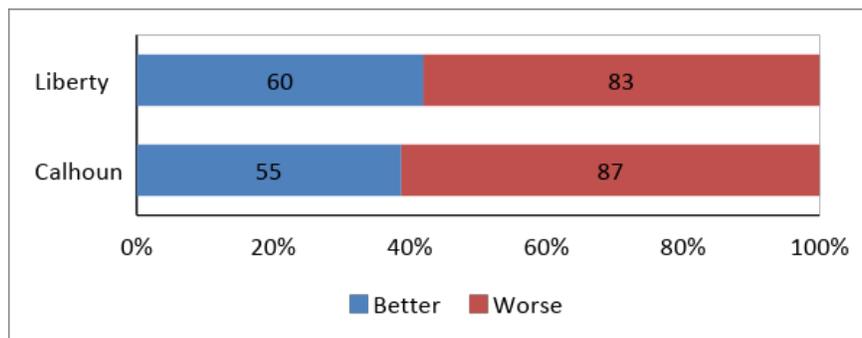
Strongest Performance	Needs Improvement
<b>ES 5:</b> Developing policies and plans that support individual and community health efforts (78.18%)	ES 10: Researching new insights and innovative solutions to health problems (39.17%)
<b>ES 3:</b> Informing, educating, and empowering people about health issues (68.92%)	ES 1: Monitoring health status to identify community health problems (37.12%)
<b>ES 2:</b> Diagnosing and investigating health problems and health hazards (66.56%)	ES 7: Linking people to needed personal health services and assure the provision of healthcare when otherwise unavailable (54.81%)

62.7% of the model standards fell within the *Significant Activity* category (greater than 50% but not more than 75% of the activity described within the question is met).

## Community Health Status Assessment

The Community Health Status Assessment distinguishes and prioritizes quality of life and community health issues. The review of data was conducted during a meeting held July 24<sup>th</sup> at the Veteran’s Memorial Civic Center with a total of 15 participants.

Of the 144 health indicators, Liberty County was better than the state in 60 indicators (42%), worse than the state in 83 indicators (57%), and the same as the state in one indicator (1%). Calhoun County performed better than the state in 55 indicators (39%), worse than the state in 87 indicators (60%), and the same as the state in two indicators (1%).



<i>Mental Health / Substance Abuse</i>	<i>Access</i>	<i>Obesity</i>
➤ 19 related health indicators	➤ 55 related health indicators	➤ 36 related health indicators
➤ Calhoun County performed worse than the state in 10 indicators	➤ Calhoun County performed worse than the state in 29 indicators	➤ Calhoun County performed worse than the state in 29 indicators
➤ Liberty County performed worse than the state in 12 indicators	➤ Liberty County performed worse than the state in 28 indicators	➤ Liberty County performed worse than the state in 28 indicators

### Forces of Change Assessment

The Forces of Change Assessment focuses on recognizing forces, factors or trends that will affect the health of the community and the local public health system. This assessment was conducted on July 10th, 2017 from at the Liberty County Civic Center. Sixteen community members representing a variety of partners attended the meeting.

Community partners identified the following (major) key forces and threats:

#### *Key Forces*

- Drug use
- Lack of activities for the youth
- Acceptance of fast food as a way of life
- Sedentary lifestyle
- Unemployment rate
- Poverty rate
- Budget cuts to Medicaid
- Unknown future for Affordable Care Act
- Telemedicine

#### *Threats*

- Crime
- No access to Narcan
- There is a lack of interest in change
- Obesity, heart disease, and diabetes
- There is a lack of fresh fruits and vegetables
- There is a lack of personal motivation

### Overview

The DOH Calhoun/Liberty CHIP was developed in collaboration with local community members who have a goal of achieving improvements in each of the priority areas. Prior to the development of this CHIP, two community member meetings were held at the Veteran’s Memorial Civic Center; meetings were held on April 16<sup>th</sup> and May 23<sup>rd</sup> of 2017. The CHIP committee was composed of a variety of representatives and community members. Attendees were encouraged to represent their organizations, state their concerns, and offer insight on how to address and improve the priority areas. Outlined in this document are the proposed work plans and their intended implementation.

## Review of Key Data

Areas with the need for improvement/aid and shortcomings were selected, listed for each priority is the analyzed data best representing the strengths and shortcomings of both communities. This data has been extracted from the Community Themes and Strengths Assessment, Local Public Health System Assessment, Community Status Assessment, Forces of Change assessments, and Florida CHARTS. The following links is to view Florida CHARTS County Health Status Summary Reports:

<http://www.flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=ChartsProfiles.CountyHealthSummary>.

## Developing Priority Area Action Plans

Attendees collaborated to discuss and develop action plans for each of the priority areas. The action plans identify the goal, objective, strategies, work plan, and community partners for each priority area. For the remainder of this project these terms will be defined as:

- Goals: The 3-5 year plan the community wishes to achieve.
- Objectives: Specific, measurable, achievable, relevant, time bound plans to obtain goals.
- Strategies: The steps needed to achieve the objectives.
- Work plan: Describes timeline and how strategies will be achieved
- Community Partners/Partner Agencies: Community members working to achieve and sustain goals.

## Binder Overview

Through committee discussions it became apparent community members and providers are unaware of resources available. Committee members commissioned the organization to create a "Resource Binder". The binder contains information pertinent to each priority area, it will be disseminated to local organizations such as churches, schools, and healthcare providers.

## Access to Health Care

Access to care is a vital component of any healthy community, it impacts a variety of areas including:

- Prevention of disease and disability
- Preventable hospitalization
- Overall physical, social, and mental health status
- Detection and treatment of disease and health conditions
- Preventable death
- Quality of life
- Life expectancy

Analyzing the data collected from various surveys and county health rankings, access to care is a crucial concern for Calhoun and Liberty Counties.

- Calhoun County performed better than the state on 55 of the 144 health status indicators, but worse than the state on 82 indicators and equal to the state on two indicators.
- Liberty County rated better than Calhoun's with a better performance than the state on 60 of the health status indicators, but worse on 81 of them and equal to the state on one indicator.

According to the 2018 County Health Rankings, Calhoun and Liberty County residents are disadvantaged in comparison to the typical Floridian, due to higher rates of premature death, higher morbidity, the prevalence of health-depleting behaviors, and below-average access to health care. (<http://www.countyhealthrankings.org/>) Residents of both counties have a greater number of expected premature deaths than the state. The chart below supports details of Florida county rankings (ranked out of 67 counties, 1<sup>st</sup> best ranking and 67<sup>th</sup> worst):

	Calhoun	Liberty
Health Outcomes	39 <sup>th</sup> in state	36 <sup>th</sup> in state
Length of Life (Mortality)	29 <sup>th</sup> in state	33 <sup>rd</sup> in state
Quality of Life (Morbidity)	50 <sup>th</sup> in state	35 <sup>th</sup> in state
Clinical Care	52 <sup>nd</sup> in state	57 <sup>th</sup> in state

Components of the Access to Care priority align with the Florida Department of Health’s - State Health Improvement Plan (SHIP) priorities 1-8. Committee members are determined to improve access to care for Calhoun and Liberty residents. The following action plan addresses strategies to increase communication between providers, and plans to educate residents of available resources.

Target Area: Access To Care			
<b>Three-Year Goal:</b> Increase the number of adults and children in Calhoun and Liberty Counties who access primary care services by 10%.			
<b>Objective:</b> By December 2019, the number of patients seen at PanCare Health, the Calhoun Liberty Primary Care clinic, DOH Services, and TMH Family Practice will increase by 3% over the 2017 baseline.			
Strategies	Workplan	Partner Agencies	Status
<p>1: Provide health messages through partners</p> <p>2: Increase health messaging at community events</p> <p>3: Create core, collaborative health information to insure uniform health messaging</p>	<p>1.1: Create universal calendar showing appropriate provider and club meetings</p> <p>1.2: Include messaging on school websites</p> <p>1.3: Utilize faith base to promote health messages</p> <p>1.4: Create links to partner providers and meetings on DOH website</p> <p>1.5: Facilitate quarterly meetings so providers can share resources</p> <p>2.1: Set up joint departmental resource booths at community events (Goat Day, Wildflower Festival, Catfish Crawl, Women’s Health Seminar, Christmas Train, Halloween Haunted House)</p> <p>2.2: Develop standard messages for distribution at events</p> <p>3.1: Create resource binders containing core health information messages, community resources, information on insurance, access to primary and mental health services, and other agreed upon topics.</p> <p>3.2: Provide resource binders to community health champions, including</p> <ul style="list-style-type: none"> <li>● Churches</li> <li>● Schools</li> <li>● Community coalitions</li> </ul>	<p>Chamber of Commerce – Kristy Terry</p> <p>Calhoun Liberty Ministry Center – Doug Humanes</p> <p>Fusion Church – Darrell Johnson</p> <p>Bristol United Methodist Church – John Jackson</p> <p>Church of Passion – Gloria Parrish</p> <p>Telogia Baptist – Barbara Hosford</p> <p>Saint Luke Church of God – Delano Reed</p> <p>Altha First Baptist Church – Brandon Witt</p> <p>Blountstown Methodist Church – Pastor Hughs</p> <p>Fresh Start – Pastor Mitchell</p> <p>Prayer Chainers – Geraldine Sheard</p> <p>Gateway Church – Leann Shumate</p> <p>Poplar Head Baptist Church – Troy Marks</p> <p>Liberty County School Board – Superintendent Summers</p> <p>Calhoun County School Board – Superintendent Yoder</p> <p>Calhoun County Children’s Coalition – Marissa Barfield</p> <p>Liberty County Coalition – Donnie Read</p> <p>Calhoun County Tobacco Free Partnership – Heather Ellerbee</p> <p>Liberty County Tobacco Free Partnership – Melissa L’Heureux</p>	

## Obesity

Obesity is a complex health issue, defined by the Centers for Disease Control and Prevention as, weight that is higher than what is considered as a healthy weight for a given height.

(<https://www.cdc.gov/obesity/adult/defining.html>) Obesity is the result of a combination of causes and contributing factors, including individual factors such as behavior and genetics. Behaviors can include dietary patterns, physical activity, inactivity, medication use, and other exposures. Additional contributing factors in our society include food, physical activity, environment, education, and marketing/promotion of food. Obesity is associated with poorer mental health outcomes, reduced quality of life, and the leading causes of death in the U.S. and worldwide (including diabetes, heart disease, stroke, and some types of cancer).

Social determinants of health, the structural conditions in which people are born, work, live, grow and age, are important factors when addressing the issue of obesity. It is important to understand the personal, social, economic, and environmental barriers to change as well as facilitators of changes in diet or physical activity, such as:

<i>Diet</i>	<i>Physical Activity</i>
<ul style="list-style-type: none"> <li>● Skills</li> <li>● Social support</li> <li>● Knowledge and attitudes</li> <li>● Access to and availability of healthier foods</li> <li>● Eating out habits</li> <li>● Cultural and societal norms</li> <li>● Food and agriculture policies</li> <li>● Food assistance programs/food banks</li> <li>● Economic price systems</li> <li>● Marketing/advertising (especially to children)</li> </ul>	<ul style="list-style-type: none"> <li>● Low income</li> <li>● Rural residency</li> <li>● Lack of support from others (peers, family, spouse)</li> <li>● Age or disability (inaccessibility)</li> <li>● Lack of transportation to facilities</li> <li>● Lack of time and/or low motivation</li> <li>● Fear of injury</li> <li>● Physical environment- sidewalks, lighting, public transportation, play areas, recreational equipment</li> <li>● Overweight/obesity (physical and mental barriers)</li> </ul>

Calhoun and Liberty residents are particularly susceptible to unhealthy eating due to their environment. Both counties are considered to be food deserts, these are areas where fresh fruits, vegetables, and other healthy whole foods are lacking usually caused by a lack of grocery stores <http://americannutritionassociation.org/newsletter/usda-defines-food-desert>. Grocery store access is only 8.5% in Calhoun and 7.9% in Liberty, the state average is 31.8%. The grocery store shortage has resulted both counties being classified as food deserts, thus aiding in the decision to make unhealthy choices such as fast food. According to the Forces of Change data the communities have accepted fast foods as a way of life.

	Calhoun	Liberty
<b>Obesity Indicators</b>	worse than state in 29 out of 36	worse than state in 28 out of 36
<b>Healthy Weight-Adults</b>	29.6%	16.5%
<b>Healthy Weight-Children</b>	29.6%	16.5%
<b>Students eligible for Free or Reduced lunch</b>	67.7%	47.7%
<b>Food Insecure</b>	17.3%	17.5%

The committee members believe the greatest results will be achieved by making children the focus of their efforts. This conclusion was based on the communities’ adults and their unwillingness to change eating habits. Targeting children is essential, six out of ten children born today will be obese by the time they graduate high school. Together the team determined the following action plan to address these shortcomings. Components of the Obesity Priority aligns with the State Health Improvement Plan in Health Equity, Maternal & Child Health, Healthy Weight, Nutrition & Physical Activity, Behavioral health – Includes Mental Illness & Substance Abuse and Chronic Diseases & Conditions - Includes Tobacco-Related illnesses & Cancer.

Target Area: Obesity			
<b>Three-Year Goal:</b> Obesity rates will remain below 20% in Liberty County and 21% for Calhoun County.			
<b>Objective:</b> By December 2018, establish a backpack program for youth in Calhoun County. By August 2019, implement a backpack program for youth in Liberty County.			
Strategies	Workplan	Partner Agency	Status
<p>1: Research successful backpack programs to identify best practice.</p> <p>2: Identify community partners interested in collaborating on this project.</p> <p>3: Develop work plan to implement backpack program in Calhoun County.</p>	<p>1.1: Conduct literature review to identify best practice</p> <p>2.1: Survey CHIP partners to ascertain interest</p> <p>2.2: Determine organizations/clubs to be responsible for packing the backpacks</p> <p>3.1: Work with Piggly Wiggly for fruit/vegetable coupons</p> <p>3.2: Determine start-up cost/ annual costs</p> <p>3.3: Secure a temperature-controlled location to store food</p> <p>3.4: Determine location of program</p> <p>3.5: Determine eligibility of program</p> <p>3.6: Develop marketing/communications plan for program.</p>	<p>Liberty County School Board – Superintendent Summers</p> <p>Calhoun County School Board – Superintendent Yoder</p> <p>Blountstown Police Department - Chief Mallory</p> <p>Food and nutrition (UF IFAS) – Clara Leonard</p> <p>Piggly Wiggly – Rebekah Devuyst</p>	

**Target Area: Obesity**

**Three-Year Goal:** Obesity rates will remain below 20% in Liberty County and 21% for Calhoun County.

**Objective:** By December 2019, increase by 10% the number of opportunities for youth to participate in physical activity over the 2018 baseline.

Strategies	Workplan	Partner Agencies	Status
<p>1: Research successful community physical activity initiatives to identify best practice</p> <p>2: Explore possibility of shared use agreements for school playgrounds and fields</p> <p>3: Organize community based opportunity for physical activities for youth</p>	<p>1.1: Conduct literature review to identify best practices</p> <p>2.1: Update information about the advantages of shared use of school facilities</p> <p>2.2: Identify champion in school district to advocate for shared use agreement</p> <p>3.1: Review school wellness policy to identify specific opportunities for physical activity in schools</p> <p>3.2: Identify or create opportunities for physical activity for youth to include parks, city league, walking clubs, or gym activities.</p>	<p>Down Range Fitness – Sid Johnson</p> <p>Gym Life – Kari Smith</p> <p>Next Level Athletes – Jessie Branch</p>	

## Mental Health/Substance Abuse

The focus on substance abuse is critical due to the reported rates of use/abuse. Substance use by youth, as well as adults is increasing, this behavior can have a lasting impact on an individual and their community. The World Health Organization (WHO) defines substance abuse as the harmful or hazardous use of psychoactive substances, including alcohol and illicit drugs. Psychoactive substance use can lead to dependence syndrome - a cluster of behavioral, cognitive, and physiological phenomena that develop after repeated substance use. This includes a strong desire to take the drug, difficulties in controlling its use, persistently using, drug takes priority over activities and obligations, increased tolerance, and sometimes a physical withdrawal state. The effects of substance abuse can be cumulative and usually escalate, contributing to costly social, educational, physical, and public health problems, such as:

- Teen pregnancy
- HIV/AIDS
- Child abuse
- Sexually transmitted diseases
- School dropout rates
- Domestic violence
- Suicide
- Crime
- Motor vehicle crashes

### Noteworthy points:

- Youth binge drinking is increasing.
- Deaths due to suicide and motor vehicle crashes have increased in both communities.
- Unemployment has increased in both counties.
- There are no mental health or substance abuse beds available in either county.
- The Calhoun data identified three issues strongly correlated to substance abuse and mental health:
  - Homicide
  - HIV/AIDS
  - Firearm related injuries
- Drug abuse was noted as the second most destructive unhealthy behavior for overall health of the community in Calhoun county and listed as the most important unhealthy behavior in Liberty county.
- The Liberty data identified three issues strongly correlated to substance abuse and mental health:
  - Homicide
  - Motor vehicle crashes
  - Suicide/firearm related injuries.

To address this priority area the committee decided to address youth abuse and prevention. Together the team determined the following action plan to address these shortcomings. Components of the Mental health/Substance Abuse Priority aligns with the State Health Improvement Plan in Health Equity, Maternal & Child Health, Injury, Safety & Violence, Behavioral health – Includes Mental Illness & Substance Abuse and Chronic Diseases & Conditions - Includes Tobacco-Related illnesses & Cancer.

Target Area: Mental Health/Substance Abuse			
<b>Three-Year Goal:</b> Increase awareness and education about substance use in youth.			
<b>Objective:</b> By 2021 the percent of the general population who are aware of the signs and symptoms of substance abuse will increase by 10% over the 2018 baseline.			
Strategies	Workplan	Partner Agencies	Stat us
<p>1: Create and distribute short survey to ascertain the general population’s understanding of the signs and symptoms of substance use.</p> <p>2: Increase community awareness about the Wednesday afternoon drug/alcohol youth classes.</p> <p>3: Implement substance abuse curriculum in grades 4-6</p> <p>4: Provide consistent educational materials to schools, churches, community providers on signs and symptoms of substance use</p> <p>5: Conduct ongoing trainings</p>	<p>1.1: Develop survey and distribute draft to committee members</p> <p>1.2: Offer surveys during health fairs, at provider sites, and at other partner events/locations. Consider conducting online survey.</p> <p>1.2: Compile and analyze results of survey to share with committee as baseline data</p> <p>2.1: Develop flyer outlining date, time, and eligibility of Wednesday afternoon classes</p> <p>2.2.: Circulate flyer via partners and post to online sites</p> <p>3.1: Identify evidence-based curriculum for implementation</p> <p>3.2: Provide incentives to encourage students/parents to complete homework/family education</p> <p>4.1: Identify resource for providing substance use curriculum in Liberty County</p> <p>4.2: Develop key messaging for use by all partners</p> <p>4.3: Include key messages along with</p>	<p>Apalachee Center – April Landrum Life Management</p> <p>CARE – Rachel Conrad Big Bend CBC</p> <p>Fusion Church – Darrell Johnson Bristol United Methodist – John Jackson Church of Passion – Gloria Parrish Telogia Baptist – Barbara Hosford Saint Luke Church of God – Delano Reed Altha First Baptist Church–Brandon Witt Blountstown Methodist – Pastor Hughs Fresh Start – Pastor Mitchell Prayer Chainers – Geraldine Sheard Gateway Church – Leann Shumate Poplar Head Baptist Church – Troy Marks Ministry Center – Doug Humanes Liberty County School Board – Superintendent Summers</p>	

6. Provide substance abuse and mental health education for 4-6 <sup>th</sup> and 8-10 <sup>th</sup> graders.	resources in the educational binders 5.1: Develop core presentation on signs and symptoms of substance use 5.2: Conduct train-the-trainer workshop for volunteer trainers Include core presentation in established group meetings	Calhoun County School Board – Superintendent Yoder	
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**Target Area: Mental Health/Substance Abuse**

**Three-Year Goal:** Increase awareness and effectiveness of mental health and substance abuse resources.

**Objective:** By 2021, the percent of the general population that accesses available mental health resources will increase by 2% over the 2018 baseline.

Strategies	Workplan	Partner Agencies	Status
Disseminate paper and electronic resource binder through agencies and community events.	1.1: Give out paper copies to agencies. 1.2: Add Resource Binder link to agency websites. 1.3: Add Resource Binder link to Department of Health Website. 1.4: Make Resource Binder available during community events.	Apalachee Center – April Landrum Life Management CARE – Rachel Conrad Big Bend CBC Fusion Church – Darrell Johnson Bristol United Methodist – John Jackson Church of Passion – Gloria Parrish Telogia Baptist – Barbara Hosford Saint Luke Church of God – Delano Reed Altha First Baptist Church–Brandon Witt Blountstown Methodist – Pastor Hughs Fresh Start – Pastor Mitchell Prayer Chainers – Geraldine Sheard Gateway Church – Leann Shumate Poplar Head Baptist Church – Troy Marks Ministry Center – Doug Humanes Liberty County School Board – Superintendent Summers Calhoun County School Board – Superintendent Yoder	

## **Appendices**

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Appendix A: Comprehensive List of Community Partners

Appendix B: River Bend Health Advisory Committee Minutes March 2018

Appendix C: River Bend Health Advisory Committee Minutes April 2018

Appendix D: River Bend Health Advisory Committee Minutes May 2018

Appendix E: River Bend Health Advisory Committee Minutes July 2018

Appendix F: River Bend Health Advisory Committee Minutes August 2018

Appendix G: River Bend Health Advisory Committee Minutes September 2018



Comprehensive List of Community Partners	
Name/Title	Organization
April Landrum	Apalachee Center
James Lewis	Big Bend AHEC
Dr. Rob Thomas	Big Bend AHEC
Alexandria Washington	Big Bend AHEC
Emily Kohler	Big Bend AHEC
Kristy Terry	Calhoun County Chamber
Carla Hand	Calhoun County Clerk of Court
Whitney Cherry	Calhoun County Extension 4H
Judy Ludlow	Calhoun County Extension Director
Rita Maupin	Calhoun County Public Library
Bryanne White	Calhoun County Public Library
Vickie Davis	Calhoun County School Board
Glen Kimbrel	Calhoun County Sheriff Department
Kim Tanner	Calhoun County Sheriff Department
Shelly King	Calhoun/Liberty County Extension Office
Clara Leonard	Calhoun/Liberty Extension Food and Nutrition Program
Nathan Ebersole	Calhoun-Liberty Hospital
David Taylor	Chemical Addiction Recovery Effort (CARE)
Carolyn Harper	Department of Corrections
Dr. Moses Izuegbu	Department of Corrections
Sally S. Mayo, Sr RN Supervisor	Department of Corrections
Diann Smith, Senior Health Svc, Admin.	Department of Corrections
Virginia Baker, PHD	FHEE WICL Inc.
Heather Ellerbee	Florida DOH – Calhoun
Susan Chafin	Florida DOH – Calhoun & Liberty Counties
Kelly King	Florida DOH – Calhoun & Liberty Counties
Rachel Bryant	Florida DOH – Calhoun & Liberty Counties
Melissa L’Heureux	Florida DOH – Liberty
Amy Johnson	Florida DOH – Liberty
Cathy Brown	Liberty County Clerk of Court
Cathia Schmarge	Liberty County Extension 4H
Monica Brinkley	Liberty County Extension Director
Johnette Wahlquist	Liberty County Schools
Bryan Langston	Liberty County Sheriff’s Department
Donnie Read	Liberty Just
Rhonda Hall	Life Management Center
Chesnee McCaskill	North Florida Child Development
Curtis Green	North Florida Child Development, Inc.
Mary McKenzie	Oglesby Plant Nursery
Dan Yoder	Retired/Rivertown Community Church
Logan Kever	Rex Lumber
Renee Crawford	Ruth Attaway CPA
Nicole Gonzalez	Twin Oaks Juvenile Development Inc.

**Appendix B**

**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Fl. 32321**  
**March 13, 2018 at 1:30 p.m. EST**

**AGENDA**

**Purpose:** Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Prompt attendees to sign-in</li> <li>• Brief review of agenda</li> </ul>	Rachel Bryant
Review Previous Minutes	Susan Chafin
Presentation: Legal services to immigrants and LEP populations	Cecille Lucero Staff Attorney Legal Services of North Florida
Status Update of Previous Actions: <ul style="list-style-type: none"> <li>• Teenage Pregnancy Community Conversation</li> </ul>	Jodi Speciale Marissa Barfield
Open Floor for Community Input	Susan Chafin
Actions <ul style="list-style-type: none"> <li>• CHA &amp; CHIP update</li> </ul>	Susan Chafin
Meeting Evaluation	Susan Chafin
Adjourn	Rachel Bryant



**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee Meeting**  
**March 13, 2018 1:30 est**  
**Liberty County- Veteran's Memorial Civic Center**

## Sign In Sheet

**Purpose:**

Engage community in discussion of health issues in Calhoun and Liberty Counties, through open two-way dialogue.

**Attendees** (e.g. community partners, additional CHD staff)

Name	Organization or Community Representative	Email	Phone
Melissa Lheureux	DOH - Solacore	melissa.lheureux@doh	850-643-2415
Carolyn Sellers	Apalachee Center	Carolyn.S@apalacheecenter.org	643-2232
Heidi Stone	Kindred at Home	heidi.stone@gentiva.com	850-557-1616
Cecilia Abolista	PAHN 850-573-6715	pehn.abolista@comcast.net	
Cecilia Luceo	Legal Services of NFL	cecille@snf.org	
Angela Schneekloth	Chipola Healthy Start Co.	support@chipolahighlystart.org	850-209-1571
Kelly King	DOH - Cal/Liberty	Kelly.King@flhealth.gov	674-5645
Eise Fisher	Apalachee Regional Planning Council	efisher@thearpc.com	561-685-4766
Debi Spiciale	DOH - Calhoun/Liberty	debi.spiciale@flhealth.gov	674-5645
Charles Durant	Calhoun Liberty Hospital	Charles.durant@calhounlibertyhospital.com	
Marissa Barfield	FDOH Calhoun	marissa.barfield@flhealth.gov	674-5645
Marissa Barfield	FDOH Calhoun - Liberty	marissa.barfield@flhealth.gov	674-5645
Shann Layne	FDOH Calhoun	shann.layne@flhealth.gov	674-5645
Monica Brinkley	UF/IFAS Extension, Liberty Co	brinkley@ufl.edu	643-2229
Ladona Kelley	Calhoun County School District	ladonakelley@calhounschools.org	674-8734 ext 2
Donnie Read	Twin Lake Juvenile Detention	dread@tacomarsfl.org	643-7698
James Lewis	BTS AHEC	jlewis@btsahec.org	716-4713
Sean Golden	PANCARE of FL	sgolden@pancarefl.org	850-210-255
Sean Golden	Big Bend Health Council		
Heather Ellenbee	FDOH - Calhoun	heather.ellenbee@flhealth.gov	674-5645
Susan Chafin	FDOH Calhoun/Liberty	Susan.Chafin@flhealth.gov	643-2415



**Florida Department of Health in Calhoun/Liberty Counties  
Riverbend Health Advisory Committee Meeting  
Liberty County-Veterans Memorial Civic Center  
March 13, 2018 1:30-3:00 EST**

## COMMUNITY MEETING MINUTES

**Purpose:**

*Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.*

**Attendees** (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
<b>Susan Chafin,</b> DOH Calhoun/Liberty	Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Brief review of agenda</li> <li>• Prompt attendees to sign-in</li> </ul>	Susan Chafin welcomed everyone and asked for self-introductions. Ms. Chafin thanked all for their continued dedication on the Community Health Assessment (CHA).
<b>Susan Chafin</b>	Review Previous Minutes	Review of last minutes from July 24, 2017.
<b>Cecille Lucerno,</b> Staff Attorney - Legal Services of North Florida	Presentation: Legal services to immigrants and LEP populations.	<p>The mission and purpose of Legal Services of North Florida is:</p> <p><b>Mission:</b> <i>The mission of Legal Services of North Florida is "To provide an opportunity for justice for eligible residents through representation conducted efficiently and comparable in quality to that of the private bar, and through other forms of legal assistance designed to provide a full range of civil legal services to those in need."</i></p> <p><b>Purpose:</b> LSNF's purpose is to provide case representation and advice to low-income persons in civil matters only. LSNF serves only the low-income and those with certain vulnerable circumstances including the elderly. LSNF never charges a fee for our services to a client. They recognize that there is a large immigrant population not taking advantage of free legal services available to them in our area. Free legal services are available due to grant funding though the Violence Against Women Act. Service area consists of 16 counties including Liberty, Calhoun, Gadsden, Washington and Holmes. Ms. Lucerno asked the group if they have had recent experience with any immigrants who would qualify</p>

**Florida Department of Health in Calhoun/Liberty Counties  
Riverbend Health Advisory Committee Meeting  
Liberty County-Veterans Memorial Civic Center  
March 13, 2018 1:30-3:00 EST**

**COMMUNITY MEETING MINUTES**

for the services. Sean Golder admitted to regular interaction with immigrants at Pancare that he believed could benefit from the services. Ms. Lucerno is looking to educate community partners that these services are available in this area.

Jodi Speciale and Marissa Barfield recapped what was discussed in the previous meeting concerning the Community Teenage Pregnancy Focus Group. Calhoun and Liberty Counties have had high averages of teen pregnancy rates which stemmed the foundation of the focus group. A handout was disseminated to the group which reflected rates from 2013-2016 of 15-19 year old females with birth rates per 1000. The handout compared Calhoun and Liberty Counties with a bar chart. Schools in both counties have been on board with various activities in an attempt to combat teen pregnancy. Current activities include:

**Jodi Speciale  
Marissa Barfield**

Status Update of Previous  
Actions:  
Teenage Pregnancy  
Community Conversation

- Teen Pregnancy Prevention Awareness Month Activities: April/May
- Journalism Class Projects
- Implementation of Curriculum; 3 R's. This will be incorporated in the area schools in individual ways to best suit the topic of discussion for each lesson.
- Rita Smith, ARNP along with nurses at the health department has been visiting the schools presenting to students about various topics.
- Flyer in school bathrooms about confidential services available at the local health departments with tear away contact information.

**Susan Chafin,  
DOH Calhoun/Liberty**

Open Floor for Community  
Input

Chuck Durant from Calhoun-Liberty Hospital mentioned the importance of continuity of educating youth on sexual health services. This will not be successful with a "one-time lesson". Ladonna Kelley mentioned that in Calhoun County, they are applying for the wrap-around grant. She believes that this grant will assist with drop-out rates that are believed to be in correlation with teenage pregnancy rates. Sean Golder with

**Florida Department of Health in Calhoun/Liberty Counties  
Riverbend Health Advisory Committee Meeting  
Liberty County-Veterans Memorial Civic Center  
March 13, 2018 1:30-3:00 EST**

**COMMUNITY MEETING MINUTES**

Pancare discussed mental health and its connection with teenage pregnancy and school drop-out rates. Mental health is not being addressed in schools due to strict testing standards. Another topic related to teenage pregnancy is unaccompanied youth. Carolyn Sellers from the Apalachee Center discussed mental health and the need for outreach and education. Ladonna Kelley expressed that mental health services are a tremendous need for youth and we are missing this in our counties. Chuck Durant with Calhoun Liberty Hospital said that studies show that satellite mental health services are proven effective. This could be an option for our counties due to lack of therapists/providers in this profession, particularly psychiatrists. Apalachee Center provides telemed services. Annie Hollister with the Panhandle Area Health Network, Inc. gave a brief overview of their prescription assistance program. The services are free of charge. If there are any individuals in need of prescription medication that cannot afford to buy them, they can assess their individual situation and provide assistance. Sean Golder with Pancare gave a brief update of current services. North Florida Apalachee Regional Planning Council representative, Elise Fisher is trying to connect with areas outside of Leon County and is looking for individuals interested in volunteer opportunities. Chuck Durant with Calhoun Liberty Hospital is working on a process with direct admits in lieu of sending a patient through the emergency room. Angela Schneckloth announced that Chipola Healthy Start is focusing on oral health this month as their monthly outreach topic. Kelly King discussed the services that are currently provided at the health department. Calhoun and Liberty Health Department services include child health and women's health. She also discussed the confidential services program. Sean Golder with Pancare announced that they will have a mobile mammogram bus that will be located in Carrabelle on April 28<sup>th</sup> from 9-3:00 and will be free of charge. Susan Chafin provided a CHA/CHIP update. The new CHA has been created and after being sent out to the committee for feedback has been completed, The CHA was available for the group to review. Susan reviewed the priority areas that

**Susan Chafin,**  
DOH Calhoun/Liberty

CHA/CHIP Update

**Florida Department of Health in Calhoun/Liberty Counties  
Riverbend Health Advisory Committee Meeting  
Liberty County-Veterans Memorial Civic Center  
March 13, 2018 1:30-3:00 EST**

**COMMUNITY MEETING MINUTES**

were established in the CHA. April 4, 2018 from 1:00-4:00 will be the next meeting for the new CHIP development. Betsy Wood from FSU will be at this meeting. Susan highly encouraged participation at the April 4<sup>th</sup> meeting as this will be the foundation of the new CHIP.

Community engagement surveys passed out, please complete and return.  
Thank you for attending today.

**Susan Chafin** Meeting Evaluation/  
DOH Calhoun/Liberty Adjourn

Florida Department of Health in Calhoun/Liberty Counties  
 Riverbend Health Advisory Committee  
 Initial Community Health Improvement Plan Meeting  
 Veteran's Memorial Civic Center  
 Bristol, Fl.  
 April 16, 2018 at 1:00 - 4:00 p.m. EST



**AGENDA**

**Purpose:** Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

**Vision:** *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Prompt attendees to sign-in</li> <li>• Brief review of agenda</li> </ul>	Rachel Manspeaker
1:15 PM Review of Community Health Assessment Process <ul style="list-style-type: none"> <li>• Summary of process</li> <li>• Review of data</li> <li>• Summary of decisions for priority areas</li> </ul>	Betsy Wood, Outreach & Workforce Development Coordinator  Edda Rodriguez, Intern Public Health Program Florida State University
2:00 PM Development of Community Health Improvement Plan/Priority Areas <ul style="list-style-type: none"> <li>• Substance Abuse and Mental Health</li> <li>• Access to Care</li> <li>• Obesity</li> </ul>	All participants
3:00 PM Break Out Session Report Out with Group Feedback	All participants
3:45 PM Next Steps/Meeting	
Meeting Evaluation	Susan Chafin
Adjourn	Rachel Manspeaker



## COMMUNITY MEETING MINUTES

**Purpose:** Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

**Attendees:** See Attached Sign-In Sheet

Speaker	Topic	Discussion
Susan Chafin, DOH Calhoun/Liberty	Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Brief review of agenda</li> <li>• Prompt attendees to sign-in</li> </ul>	Introductions  Icebreaker-Toss beach ball with questions and topics to discuss.  Moving to Step 2 of CHA process.  Vision: Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community.
	Review Community Health Assessment (CHA) Process <ul style="list-style-type: none"> <li>• Summary of process</li> <li>• Review of data</li> <li>• Summary of decisions for priority areas</li> </ul>	Discussion on the four assessments utilized: <ul style="list-style-type: none"> <li>• community themes and strengths</li> <li>• local public health system assessment</li> <li>• community health status assessment</li> <li>• forces of change assessment</li> </ul> Conversations on three key areas <ul style="list-style-type: none"> <li>• Mental health/substance</li> <li>• Obesity</li> <li>• Access</li> </ul> Discussion brought up questions such as, <ul style="list-style-type: none"> <li>• How to encourage citizens to live a healthier lifestyle?</li> <li>• How to increase the citizen's knowledge about health services available?</li> <li>• How to empower citizens to utilize appropriate services?</li> </ul>
Betsy Wood, FSU Public Health		
Edda Rodriguez, FSU Public Health		
Group	Development of CHA <ul style="list-style-type: none"> <li>• Substance abuse &amp; mental health</li> <li>• Access to care</li> <li>• Obesity</li> </ul>	Mental health/substance abuse <ul style="list-style-type: none"> <li>• No treatment beds</li> <li>• Citizens are not aware of where to get assistance.</li> <li>• Calhoun and Liberty have substance abuse rates higher than state averages on many categories.</li> </ul> Access <ul style="list-style-type: none"> <li>• Calhoun-performed worse than state in many areas such as premature death, cancer related deaths,</li> </ul>

## COMMUNITY MEETING MINUTES

diabetes death, HD death, infant mortality, chronic lower respiratory disease.

- Liberty-performed worse than state in many areas such as premature death, diabetes death, HD death, infant mortality, lung related deaths, stroke, chicken pox.

### Obesity

- Both counties performed worse than state average.

Many uninsured patients use local ER as primary care. C/L Hospital tracks uninsured patients.

Penalty fines are lower than many ACA fees and co-pays.

For each topic, develop the following:

Goal-within next 3-5 years for each,

Objective-following SMART,

Strategy-steps needed

Work plan-how to achieve, with a timeline,

Partner Agencies-Who can assist

### ACCESS TO CARE

- GOAL-Education & Continuing Ed.
- OBJECTIVE- (measurement-patients and new patients by calendar year)
- RESOURCES-Chambers of Comm., CL Ministry Center,
- STRATEGIES, Website links (schools, health dept.), Monthly club meeting, CL Ministry Center education.
- Educate community
- Partner together to distribute health messages at events such as wildflower festival, catfish crawl, women's health seminar, Bristol train, goat day.
- Joint messaging (in binder)- universal health messages from all partners to share in churches,

Group

Group Feedback

**COMMUNITY MEETING MINUTES**

schools, community coalitions and meetings, etc.

**MENTAL HEALTH/SUBSTANCE ABUSE**

- Resources- Apalachee Center, Life Management Center, CARE, AA, Big Bend CBC (needed at table). Discussion on lack of resources available.
- Strategy- Increase Substance Abuse in C/L by: Educate County Commissioners on issues and need of resources and ownership. Consider including Senator Montford.

**OBESITY**

- Goals-focus on youth
- Resources-Discussion on the limited available resources.
- Strategy-backpack program with healthy recipes, coupons. Possibly establish park activities to increase outdoor time/physical activity.

CL Hospital Community Health Forum on May 8, 11:30-1:30 CT at RCC, invites sent out to County Commissioners, health departments, clinicians, providers, etc.

Women's Seminar June 1 at Bristol Civic Center.

Betsy Wood will compile all notes and email to Susan, who will share with the group and ask for input or changes.

Group

Round table

**Susan Chafin,**  
DOH Calhoun/Liberty

Next Steps/Next Meeting

**Susan Chafin,**  
DOH Calhoun/Liberty

Meeting Evaluation/Adjourn

Adjourn at 4:00.

**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee**  
**Initial Community Health Improvement Plan Meeting**  
**Veteran’s Memorial Civic Center**  
**Bristol, Fl.**  
**May 23, 2018 at 2-4. EST**



**AGENDA**

**Purpose:** Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

**Vision:** *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Prompt attendees to sign-in</li> <li>• Brief review of agenda</li> </ul>	Rachel Bryant
2:10 PM Review of Community Health Meeting One <ul style="list-style-type: none"> <li>• Summary of access action plan</li> <li>• Review obesity &amp; mental health/substance abuse priorities</li> </ul>	Betsy Wood, Outreach & Workforce Development Coordinator  Edda Rodriguez, Intern Public Health Program Florida State University
2:30 PM Development of Community Health Improvement Plan/Priority Areas <ul style="list-style-type: none"> <li>• Substance Abuse and Mental Health</li> <li>• Obesity</li> </ul>	All participants
3:15 PM Report to Group <ul style="list-style-type: none"> <li>• Subgroups will present their plans and obtain group feedback</li> </ul>	All participants
3:50 PM Next Steps/Meeting	
Meeting Evaluation	Susan Chafin
Adjourn	Rachel Bryant



**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee**  
**Initial Community Health Improvement Plan Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Fl.**  
**May 23, 2018 at 2:00 - 4:00 p.m. EST**

**Sign In Sheet**

**Purpose:**

Engage community in discussion of health issues in Calhoun and Liberty Counties, through open two-way dialogue.

**Vision: Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.**

**Attendees** (e.g. community partners, additional CHD staff)

Name	Organization or Community Re. representative	Email	Phone
Edda Rodriguez	FSU MPH	e1r13t@my.fsu.edu	392 470-9361
M. Stikaway	DOH		
Jana Nix	New Visions	tnix@specialcarecorp.com	800-547-8072
Rachel Bryant	DOH - Calhoun-Liberty	Rachel.bryant@flhealth.gov	
James Lewis	BB AHEC	jlewis@bigbendahec.org	718-18
Betsy Wood	FSU MPH	betsywood@fsu.edu	
Summer Reed	Twin Oaks Inc	Sreed@bgectr.org	643-7657
Jodi Spziale	DOH Calhoun/Liberty	jodi.spziale@flhealth.gov	6245645
April Handrum	Appalachee Center	aprill@apalacheecenter.org	643-2232
Monica Brinkley	UF/IFAs, Liberty Co Extension	brinkley@ufl.edu	850-643-2229
Cierra Brown	CCSO Victim's Advocate	cbrown@calhounsheriff.com	643-
Janna Matawica	CLH	jannamatawica@calhounlibertyhospital.com	
Ladonna Kelley	Calhoun County School District	ladonna.kelley@calhounschools.org	850-6745111
Allison Wiman	Big Bend AHEC / RHN	awiman@bigbendahec.org	850-221-1111
Lisa Taylor	DOH - Calhoun/Liberty	lisa.taylor@flhealth.gov	850-674-5645
Debi Harris	FND - POPIN	debi@fndfl.org	603-957-1872
Dustin Mulph	RCC	dustin@riverbendahc.com	850-643-8578
Clara Leonard	FNP - EMT office		



**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee Meeting**  
**Liberty County-Veterans Memorial Civic Center**  
**May 23, 2018 1:00 EST**

**COMMUNITY MEETING MINUTES**

**Purpose:**

*Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.*

**Attendees** (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
<b>Rachel Bryant,</b> DOH Calhoun/Liberty	Welcome/Call to Order • Introductions	Welcomed and Introductions
<b>Susan Chafin,</b> DOH Calhoun/Liberty	Brief review of agenda  Prompt attendees to sign-in	
<b>Betsy Wood</b>	Priority Areas	<p>Info graphics provided that summarize the data that was found on the three priority areas. Notes from last time were reviewed; Priority area Access: Goal was to increase the number of adults and children who have access to care. Date needs to be set for each objective. 2<sup>nd</sup> strategy was to increase health messaging at community events. 3<sup>rd</sup> strategy to create a core collaborative health information binder to insure uniform health messaging. The binder is still in progress, if anyone has information they would like added please let them know. First draft of binder is targeted for the end of June. Summary of Strategies is working together collaboratively to know what events are coming up, need to collaborate and put out there to one another. Binders will be distributed to schools, health care, and faith based. Issues: most churches do not have full time pastors; ministry center would be a good contact. Two of the state priority areas are behavioral health which includes mental health and substance abuse and healthy weight, nutrition, and physical activity. Possibly align with the states views, strategies, ideas etc. Two goals that came from our conversation last time. 1: Increase awareness and education about substance use in youth 2: Dealing with substance abuse resources in Calhoun and Liberty County. Do you want to consider including alcohol and/or</p>

## COMMUNITY MEETING MINUTES

tobacco? Focus agreed to be on Substance Abuse.

CARE has been coming into Calhoun for several years to educate youth in Calhoun county. Focus has been on 6<sup>th</sup>-8<sup>th</sup> next year they are shifting down to 4<sup>th</sup>-6<sup>th</sup> grades. Care provides education on: Drug prevention, all forms of drugs. CARE does not service Liberty County. One of the draw backs is parents do not what certain topics are discussed with their elementary aged students. How can parents hear the same thing the students are hearing? Buy in for adults is have a drawing for a gift card. Needs: to Increase awareness of availability of resources out there. Conduct ongoing training??? This information will be provided in the binder that will be distributed. School district has started a Facebook page to offer resources available within the community and to share resources. From a Church standpoint RCC-Dustin churches try to partner with parents. At most they have 40 hours in a year with them, so understandably parents have the most influence. Parents have 3000 hours verses the church who only has 40 hours of the student's time per year, goal is making students and parents aware of the decisions they make can be. One of the greatest assets is providing people to help. Emphasis keeps coming back to the resource directory. Parents currently getting their information from social media, word of mouth and youth are getting their information from other students and social media. Last time we talked about educating county commissioners to encourage local ownership of substance abuse resources. New resource available at Doctors Memorial hospital, for detoxing clients. They accept Medicaid, Medicare, and self-pay. They arrange after care for clients who desire to continue with treatment after the 2-5 day detox period. Transportation is a major hurdle for both counties. One of the things available is a community guide best practice compendium, look at the best practices, then make a decision about the path to take. Objective is developing informational materials. Ladona needs a drug curriculum which she is in search of in order to teach substance abuse.

Florida Department of Health in Calhoun/Liberty Counties  
Riverbend Health Advisory Committee Meeting  
Liberty County-Veterans Memorial Civic Center  
May 23, 2018 1:00 EST

## COMMUNITY MEETING MINUTES

3yr goal: Obesity Improve youths outlook and understanding on living a healthy life. Objective: Improve youth's nutrition and access to healthy foods. Focus will be on youth.

Look at the BMI data that is in charts from 2011/2012. We can gather the info from charts currently with 1<sup>st</sup>, 3<sup>rd</sup> and 6<sup>th</sup> grades listed in charts. Backpack program: Ladona visited Jackson county back pack program, currently they partner with second harvest. Chief of police has offered to partners with the back-pack program. He has agreed to ordering from second harvest as well as help with manpower. Current needs a place to store the food. Hospital has said they have an employee's club that may/would help with this program. Suggestions: Getting farm share involved, asking Mayhaw center if they have storage for the food. A lot of evidence based strategies dealing with obesity within the schools. Do we want to stay with this idea or expanded upon the back-pack idea? Currently the schools in Liberty has a grant program that supplies fruits and vegetables. Idea: Increase water intake one school gave out water bottles, which has child's name on it. The bottle stays at school, youth can fill up with water throughout the day (elementary students). Fat letters from school. Where do parents take the youth, who need to lose weight. Park activities? Objectives: Encourage youth to spend time outside partaking in physical activities? Contact gyms to see if they would be offering a free class for youth, another idea is to share school playgrounds with the community on the weekends? "shared use playground" Another idea was getting youth during school to getting youth to stand, sit, or sit on balls during school once an hour they stop 5-10 minutes from studies in order to facilitate exercise. School gardens is another idea a garden was put at Tolar, nice school garden at Carr just planted sweet potatoes. Carrs garden will be refunded next year. A taste test will at the beginning of the year for the sweet potatoes in the lunch rooms. Blountstown elementary had a garden, we will be looking at refunding that as well. Betsy says we have talked about a couple of different options for obesity, we can do evidence based research for this. They will compile the information and we will be building out your

Florida Department of Health in Calhoun/Liberty Counties  
Riverbend Health Advisory Committee Meeting  
Liberty County-Veterans Memorial Civic Center  
May 23, 2018 1:00 EST

COMMUNITY MEETING MINUTES

actions places over the next few months at the next few meetings. Focus on a single priority at each meeting once every quarter.

**Betsy Wood**  
**Angela Peralta**

**Susan Chafin,**  
DOH Calhoun/Liberty      Set next meeting date

Betsy will provide information for the next meeting to review, they will update the chart and columns by the end of June and first draft of binder If you know of someone who is an expert in any of these areas please invite to the next meeting. Next meeting TBA.

**Susan Chafin,**  
DOH Calhoun/Liberty      Meeting Evaluation

Community engagement surveys passed out, please complete and return.

**Rachel Bryant**  
DOH Calhoun/Liberty      Adjourn

**Appendix E**

**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee**  
**Initial Community Health Improvement Plan Meeting**  
**Veteran’s Memorial Civic Center**  
**Bristol, Fl.**  
**July 12, 2018 at 2-3. EST**



**AGENDA**

**Purpose:** Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

**Vision:** *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Prompt attendees to sign-in</li> <li>• Brief review of agenda</li> </ul>	Rachel Bryant
2:05 PM Presentation of CHIP & Resource Binder <ul style="list-style-type: none"> <li>• Review obesity components of the CHIP and Binder</li> </ul>	Betsy Wood, Outreach & Workforce Development Coordinator  Edda Rodriguez, Intern Public Health Program Florida State University
2:35 PM Group feedback	All participants
2:50 PM Next Steps/Meeting	All participants
Meeting Evaluation	Susan Chafin
Adjourn	Rachel Bryant





**Florida Department of Health in Calhoun/Liberty County**  
**Health Advisory Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Florida**  
**July 12, 2018 at 2:00 EST**

## COMMUNITY MEETING MINUTES

**Purpose:**

*Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.*

**Attendees** (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
<b>Susan Chafin</b>	Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Brief review of agenda</li> <li>• Prompt attendees to sign-in</li> </ul>	Introductions were made.
	Review Previous Minutes	Copies of the previous minutes were distributed to the group for review.
	Status Update of Previous Actions <ul style="list-style-type: none"> <li>• Item 1:</li> <li>• Item 2:</li> <li>• Item 3:</li> </ul>	
<b>Edda Rodriguez, Intern Public Health Program Florida State University</b>	Introduce Topic	Obesity is the focus area topic of today's meeting. Each focus area within the CHIP will have its own meeting.
<b>Edda Rodriguez, Intern Public Health Program Florida State University</b>	Discuss Supporting Information	Powerpoint was presented to the group. This presentation focused on local data that correlates with obesity rates and trends. Both Calhoun and Liberty Counties are above the state average with obesity rates. The Backpack Program was discussed. Ladonna Kelley with Calhoun County Schools is the lead of the Backpack Program. The workplan proposed was discussed. The proposed three-year goal is: "By December 2021, the increase in the average

**Florida Department of Health in Calhoun/Liberty County**  
**Health Advisory Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Florida**  
**July 12, 2018 at 2:00 EST**

**COMMUNITY MEETING MINUTES**

		<p>BMI of 1,3 and 6 grade students will plateau. The objectives are: "By December 2018, establish a backpack program for youth in Calhoun County. By December 2019, implement a backpack program for youth in Liberty county." The second proposed objective is "By December 2019, increase by 10% the number of opportunities for youth to participate in physical activity over the 2018 baseline". Edda Rodriguez discussed the local resource binder that she has created using feedback from this group. The resource binder will continue to grow as new information is provided.</p>
<p><b>Betsy Wood</b></p>	<p>Open Floor for Community Input</p>	<p>Betsy asked the group how agencies will be able to assist Ms. Kelley with the backpack program. Marissa Barfield reported on her understanding of the current progress of the Backpack Program. She relayed that Ms. Kelley is still working to secure an air-conditioned building to keep food and backpack supplies in. She is looking to utilize a portable building at a Calhoun County school. Ms. Kelley was unable to attend today's meeting. James Lewis offered information on a contact that he knows who would be able to offer assistance with repairing an air conditioner if needed. He will share this information with Ms. Kelley. The group looked at target dates for the backpack program in the CHIP and discussed what dates would be best to place in the CHIP. Moving along to addressing how to measure youth BMI's was discussed. Jodi Speciale explained to the group that this is a difficult task at this point. This is a hard number to measure. At this</p>

**Florida Department of Health in Calhoun/Liberty County**  
**Health Advisory Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Florida**  
**July 12, 2018 at 2:00 EST**

**COMMUNITY MEETING MINUTES**

		<p>time, the best method of measuring is to utilize the 1<sup>st</sup>, 3<sup>rd</sup> and 6<sup>th</sup> grade student BMI's that at measured by the school nurses. The group agreed to set this goal as "Liberty county's BMI will not increase over 20%, and Calhoun county's BMI will not increase over 21%.</p>
	<p><b>Consider Possible Directions</b>  <i>Consider and introduce possible strategies or potential policy needs. This discussion is to guide the group towards local needs.</i></p> <ul style="list-style-type: none"> <li>• Strategy/Policy Need 1</li> <li>• Strategy/Policy Need 2</li> <li>• Strategy/Policy Need 3</li> </ul>	<p>Betsy voiced the potential need at this time is to identify key messages decided upon by the group. One unanimous message that everyone agreed on to use is "Everybody has 1,440 minutes per day, make 30 minutes physical activity", "Make half your plate fruits and vegetables.", "8 is great! Drink 8 glasses of water each day", and "Power off and Play! to reduce screen time."          Spreading the key messages within the community will be added to the work plan. The measurable goal is that key messages will be disseminated at a minimum of one event each month. The group discussed different opportunities to spread the key messages.</p>
	<p><b>Actions</b></p>	<p>As changes have been made to the resource binder and CHIP, it will be sent to the group for review and changes will be made as needed.</p>
	<p><b>Meeting Evaluation</b>  <i>Request community members and partners to complete the Community Engagement Survey.</i></p>	

Florida Department of Health in Calhoun/Liberty Counties  
 Riverbend Health Advisory Committee  
 Access to Care Priority Meeting  
 Veteran's Memorial Civic Center  
 Bristol, Fl.  
 August 23, 2018 at 2-3. EST



## AGENDA

**Purpose:** Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

**Vision:** *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Prompt attendees to sign-in</li> <li>• Brief review of agenda</li> </ul>	Rachel Bryant
2:05 PM Obesity Status Update <ul style="list-style-type: none"> <li>• Brief review of Obesity meeting/status</li> </ul>	Betsy Wood, Outreach & Workforce Development Coordinator  Edda Rodriguez, Intern Public Health Program Florida State University
2:15 PM Presentation of CHIP & Resource Binder <ul style="list-style-type: none"> <li>• Review Access components of the CHIP and Binder</li> </ul>	Betsy Wood, Outreach & Workforce Development Coordinator  Edda Rodriguez, Intern Public Health Program Florida State University
2:40 PM Key Messages	All participants
2:50 PM Next Steps/Meeting	All participants
Meeting Evaluation	Susan Chafin
Adjourn	Rachel Bryant



**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee Meeting**  
**Access to Care Meeting**  
**August 23, 2018 at 2:00 – 3:00 EST**  
**Liberty County- Veteran's Memorial Civic Center**

### Sign In Sheet

**Purpose:**

Engage community in discussion of health issues in Calhoun and Liberty Counties, through open two-way dialogue.

**Attendees** (e.g. community partners, additional CHD staff)

Name	Organization or Community Representative	Email	Phone
Donna Brown	CCSO	cbrown@calhounsheriff.com	674-56
Kelly King	DOH - Calhoun/Liberty	Kelly.King@flhealth.gov	674-5645
Edna Rodriguez	FSU MPH	er136@my.fsu.edu	352-470-9301
Regina Young	Refuge <sup>sr</sup> House Frank/Liberty	ryoung@refugehouse.org	478-397-1057
Michelle Roberts	Refuge House	mroberts@refugehouse.com	508-2193
Marissa Barfield	DOH Calhoun/Liberty HS	marissa.barfield@flhealth.gov	643-8600
Dug Solomon	Community Outreach	bestgetbetter@msalea	643-6754
Shawn Layne	DOH Calhoun/Liberty	shawn.layne@flhealth.gov	674-5645
Betsy Wood	FSU	betsywood100@gmail.com	
Rachael Conrad	CAKE Chemical/ Addiction Recovery effort	rachaelconrad@care4000.com	
James Lewis	BB AHEC	jlewis@bistorlake.org	918-7193
Dana Read	Turn Oaks Juvenile Development	dread@turnoaksfl.org	643-7698
Susan Chafin	DOH - Calhoun/Liberty	Susan.chafin@flhealth.gov	645-2415
Melissa Johnson	DOH - Liberty		
Heather Elmer	DOH - Calhoun		



**Florida Department of Health in Calhoun/Liberty County**  
**Health Advisory Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Florida**  
**August 23, 2018 at 2:00 EST**

## COMMUNITY MEETING MINUTES

**Purpose:**

*Engage community in improving the health of Calhoun and Liberty Counties through open two-way dialogue.*

**Attendees** (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
<b>Susan Chafin</b>	Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Brief review of agenda</li> <li>• Prompt attendees to sign-in</li> </ul>	Introductions were made. Susan mentioned that she has sent out the current status of the CHIP and the current resource binder for review.
	Review Previous Minutes	Copies of the previous minutes were distributed to the group for review.
	Status Update of Previous Actions <ul style="list-style-type: none"> <li>• Item 1:</li> <li>• Item 2:</li> <li>• Item 3:</li> </ul>	
<b>Edda Rodriguez, Intern Public Health Program Florida State University</b>	Introduce Topic	Access to Care  Each focus area within the CHIP will have its own meeting.  Edda gave a brief overview of the underlying reasons why Access to Care was chosen as a CHIP focus topic. She shared alarming statistics and risk factors to support the need for improvements in this area for Calhoun and Liberty Counties.
<b>Edda Rodriguez, Intern Public Health Program</b>	Discuss Supporting Information	Edda discussed the current status of the CHIP workplan. At this time, the three-year goal is – Increase the number of adults and children in Calhoun and Liberty Counties who access primary care services. The objective is By December 2018, the number of patients seen at PanCare

**Florida Department of Health in Calhoun/Liberty County**  
**Health Advisory Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Florida**  
 August 23, 2018 at 2:00 EST

**COMMUNITY MEETING MINUTES**

<p><b>Florida State University</b></p>		<p>Health and the Calhoun Liberty Hospital Primary Care clinic will increase by 10% over the 2017 baseline.</p>
<p><b>Betsy Wood</b></p>	<p>Open Floor for Community Input</p>	<p>The group discussed the listed clinics currently in objective. There are locations missing in this objective. Additions will be Calhoun County and Liberty County Health Departments, the TMH primary care clinic and the Medical Center of Blountstown. Susan Chafin will reach out to each organization to access the baseline numbers that we need from 2017. The data she will request is the number of patients served in 2017 from Calhoun and Liberty Counties. Betsy discussed how uniform health messages disseminated throughout the community will hopefully break some barriers between the local population and health care providers. The local resource binder that is being created will be a tool used to spread uniform health care access messaging. Edda briefly reviewed the binder in its current state. She encouraged feedback from meeting participants. Marissa Barfield will follow up with the WIC portion and will provide the missing information to Edda to add to the binder. The name of the "binder" was discussed by the group. At this time, the name is misleading. The group agreed to change the name to state more clearly what the binder actually is. Another topic that was discussed was who the permanent "keeper" of this resource will be. The binder/resource guide will be reviewed at each CHIP meeting for updating and review. Adding hyperlinks to websites and phone</p>

**Florida Department of Health in Calhoun/Liberty County**  
**Health Advisory Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Florida**  
 August 23, 2018 at 2:00 EST

**COMMUNITY MEETING MINUTES**

		<p>numbers was also suggested. The electronic, current version of the binder will be housed on the Calhoun/Liberty County website. Key messages were identified at the obesity meeting. Edda encouraged open discussion to establish a few key messages that relate to access to care. The key messages for Access to Care will be xxx. Edda will create an infographic that includes the key messages for access to care. The group discussed that the current 10% seems like a large jump of improvement for a one year time. It was agreed to change the overall goal to be 10% increase over the next three years. Once the baseline numbers are accessed, we will further discuss what an achievable goal will be.</p>
		<p>The next CHIP meeting was set for September 19, 2018 at 2:00 est. will be the meeting for the mental health/substance abuse portion.</p>
	<p><b>Actions</b></p>	<p>As changes have been made to the resource binder and CHIP, it will be sent to the group for review and changes will be made as needed.</p>
	<p><b>Meeting Evaluation</b>  <i>Request community members and partners to complete the Community Engagement Survey.</i></p>	<p>Community engagement surveys were distributed and were completed by meeting participants.</p>

**Florida Department of Health in Calhoun/Liberty County**  
**Health Advisory Meeting**  
**Veteran's Memorial Civic Center**  
**Bristol, Florida**  
 August 23, 2018 at 2:00 EST

## COMMUNITY MEETING MINUTES

### Action Items

Action Step (use action verb)	Person Responsible	Deliverable Date
1. Reach out to the health care providers in Calhoun and Liberty Counties to establish baseline numbers for the objective.	<i>Susan Chafin</i>	
2. Create an infographic with the key messages established in relation to access to care.	<i>Edda Rodriguez</i>	
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**Florida Department of Health in Calhoun/Liberty Counties  
Riverbend Health Advisory Committee  
Initial Community Health Improvement Plan Meeting  
Veteran’s Memorial Civic Center  
Bristol, Fl.  
September 19, 2018 at 2-3. EST**



**AGENDA**

**Purpose:** Solicit input from the community on the health of Calhoun and Liberty Counties through open two-way dialogue.

**Vision:** *Develop a culture with opportunities that will engage citizens and organizations in becoming a healthier community through collaboration of all community stakeholders.*

Topic	Lead
Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Prompt attendees to sign-in</li> <li>• Brief review of agenda</li> </ul>	Rachel Bryant
2:05 PM <ul style="list-style-type: none"> <li>• Review of Obesity and Access Status</li> </ul>	Betsy Wood, Outreach & Workforce Development Coordinator  Edda Rodriguez, Intern Public Health Program Florida State University
2:15 Presentation of CHIP & Resource Binder <ul style="list-style-type: none"> <li>• Review mental health &amp; substance abuse components of the CHIP and Binder</li> </ul>	Edda Rodriguez, Intern Public Health Program Florida State University
2:40 PM Key Messages	All participants
2:50 PM Next Steps	All participants
Meeting Evaluation.	Susan Chafin
Adjourn	Rachel Bryant



**Florida Department of Health in Calhoun/Liberty Counties**  
**Riverbend Health Advisory Committee Meeting**  
**Mental Health/Substance Abuse Meeting**  
**September 19, 2018 at 2:00 – 3:00 EST**  
**Liberty County- Veteran's Memorial Civic Center**

### Sign In Sheet

**Purpose:**

Engage community in discussion of health issues in Calhoun and Liberty Counties, through open two-way dialogue.

**Attendees** (e.g. community partners, additional CHD staff)

Name	Organization or Community Representative	Email	Phone
Edda Rodriguez	FSU MPH	elr13b@my.fsu.edu	362-470-9361
Sarah Ketron	FDOH	sarah.ketron@flhealth.gov	674-5654
Rachel Bryant	FDOH	Rachel.Bryant@flhealth.gov	674-2415
Betsy Wood	FSU MPH	betsywood100@gmail.com	850-321-6792
Jodi Speciale	DOH - Calhoun/Liberty	j.speciale@flhealth.gov	674-5645
Susan Chafin	DOH Calhoun/Liberty	susan.chafin@flhealth.gov	674-2415
Sean Golden	PanCare Health	sgolden@pancarefl.org	850-210-2586
Kelly King	DOH - Calhoun - Liberty	kelly.king@flhealth.gov	850-674-5645
Ciana Brown	CCSO	cbrown@calhounspenit.com	674-5049
James Lewis	BIB ATTC	jlewis@bigbendatc.org	776-7935
Amy Johnson	DOH Liberty	amy.johnson@flhealth.gov	674-6044
Marissa Barfield	DOH Calhoun/Liberty	marissa.barfield@flhealth.gov	674-5645
Heather Ellerbee	DOH Calhoun	heather.ellerbee@flhealth.gov	674-5645
Cindy BARD	Gulf Coast Sexual Assault Program	Cindy.Bard@gulfcoastcap.org	630-0560
Winter Collins	Community Wellness/Counseling	wcollins.cw@flhealth.gov	674-7724
Amy Riley	CHSC	A.Riley@chip@flhealth.gov	Start on
Rachael Carad	CARE	rachael.carad@care400.com	
Melissa Leveaux	DOH - Liberty		



**Florida Department of Health in Calhoun/Liberty County**  
**Riverbend Health Advisory Meeting**  
**Community Health Improvement Planning**  
**Veteran’s Memorial Civic Center**  
**September 19, 2018 at 2:00 e.t.**

## COMMUNITY MEETING MINUTES

**Purpose:**

Engage community in <designated topic> through open two-way dialogue.

**Attendees** (e.g. community partners, additional CHD staff) See Attached Sign-In Sheet

Speaker	Topic	Discussion
<b>Rachel Bryant</b>	Welcome/Call to Order <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Brief review of agenda</li> <li>• Prompt attendees to sign-in</li> </ul>	Welcome and introductions.
	Review Previous Minutes	Copies of the previous minutes were distributed to the group for review.
<b>Betsy Wood</b>  <b>Edda Rodriguez</b>	Status Update of Previous Actions <ul style="list-style-type: none"> <li>• Item 1: Access to Care</li> <li>• Item 2: Obesity</li> </ul>	Focus group per topic, please invite community members.  Three-year journey, initial survey conducted in summer 2016. FSU students allowed to participate, has been great experience.  Updated objectives for Access to Care, and Obesity including the Backpack program. Susan Chafin spoke on behalf of the Backpack program stating that there was a meeting scheduled and would have more to report after the meeting.  Baseline numbers  Dr Faruqui-not reported  PanCare- 2017 Bristol- 1100 Blountstown-726  2018 Bristol 700 Blountstown 600  TMH family Practice 4,117  Calhoun/Liberty Primary Care 2017 – 2,218

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**COMMUNITY MEETING MINUTES**

		<p>DOH Calhoun – number of services 01/17 – 06/18 – 49,395</p> <p>DOH Liberty – number of services 01/17 – 06/18 – 26,875</p> <p>May be some crossover in duplication. Will remain at 3%</p>
<p><b>Group</b></p>	<p>Mental health</p>	<p>Review past noteworthy points.</p> <p>Edda discussed the current status of the CHIP workplan.</p> <p>Current workplan:</p> <p>Current Goal 1: Increase awareness and education about substance use in youth.</p> <p>Current Objective 1: By 2021 the percent of the general population who are aware of the signs and symptoms of substance abuse will increase by 10% over the 2018 baseline.</p> <p>The group also discussed and decided to increase by 10% number of activities for youth.</p> <p>Review of resources: Some programs currently in both county schools at varying degrees, mostly middle school.</p> <ul style="list-style-type: none"> <li>- Committee wants additional resources that address elementary and high school age students.</li> <li>- Different programs at 4-6 grades and revisit at 8-10 grades.</li> </ul> <p>Committee Concerns:</p> <ul style="list-style-type: none"> <li>- No resource for adults.</li> <li>- Large % of substance abuser links to mental health.</li> <li>- Increased number of Baker Acts, with no after care.</li> </ul>

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**COMMUNITY MEETING MINUTES**

		<ul style="list-style-type: none"> <li>- Sherriff office, uses Marchment Act and Baker Act.</li> <li>- Calhoun SO partnering with Life Management Skills to begin youth interventions. These services will begin soon, intended to decrease number of youth being Baker Acted.</li> </ul> <p>Newly developed goal 2- Increase awareness and effectiveness of mental health and substance abuse resources.</p> <p>Objective for the new goal 2: By 2021, the percent of the general population that accesses available mental health resources will increase by ____% over the 2018 baseline.</p> <p>Community Wellness Services, community behavioral services has 4 therapist serving Calhoun &amp; Liberty. These therapists are able to go in homes and schools. Referral forms and brochures passed out to group. Access Florida site.</p> <p>Resource Binder:</p> <ul style="list-style-type: none"> <li>- Officially named: Calhoun &amp; Liberty Health Care and Community Resources 2018-2019</li> <li>- Reviewed current mental health substance abuse resources.</li> <li>- Will add Community Health Wellness and CARE.</li> </ul>
	<p>Discuss Supporting Information</p>	<p>Infographics in development. Suggested the use of hashtags. Key messages developed:</p> <p>Think before you drink  Skills not pills  To be healthy as a whole  Mental health plays a role</p>

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**COMMUNITY MEETING MINUTES**

	Open Floor for Community Input	Goat Day-Pancare offered to handout any flyers group has.  Colors of Health 5K-all invited, need colors of health champions, booths/table are available
	<ul style="list-style-type: none"> <li>• Strategy/Policy Need 1</li> <li>• Strategy/Policy Need 2</li> <li>• Strategy/Policy Need 3</li> </ul>	<p>Current strategies goal 1:</p> <ul style="list-style-type: none"> <li>- Create and distribute short survey</li> <li>- Increase community awareness about the Wednesday afternoon drug/alcohol youth classes.</li> <li>- Implement substance abuse curriculum in grades 4-6.</li> <li>- Provide consistent educational material.</li> <li>- Conduct ongoing trainings.</li> <li>- Provide substance abuse and mental health education for 4-6<sup>th</sup> and 8-10<sup>th</sup>.</li> </ul> <p>Current strategies goal 2:</p> <ul style="list-style-type: none"> <li>- Need to be developed</li> </ul>
	Actions	<p>Goal 1 Work Plan</p> <ul style="list-style-type: none"> <li>- For full details see meeting summary.</li> </ul> <p>Goal 2 Work Plan</p> <ul style="list-style-type: none"> <li>- Needs to be developed.</li> </ul>
	Meeting Evaluation	Community engagement surveys were distributed and were completed by meeting participants.

**Florida Department of Health in Calhoun/Liberty County**  
**Riverbend Health Advisory Meeting**  
**Community Health Improvement Planning**  
**Veteran's Memorial Civic Center**  
 September 19, 2018 at 2:00 e.t.

**COMMUNITY MEETING MINUTES**

**Action Items**

Action Step (use action verb)	Person Responsible	Deliverable Date
<i>1. Summary of meeting &amp; infographics email</i>	<i>Betsy Wood</i>	
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