



# Community Health Improvement Plan 2016-2017 Annual Report

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*Florida Department of Health in Polk County*

*January 2018*

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# Introduction

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This is the 2016-2017 annual review report for the 2016-2020 Polk County Community Health Improvement Plan (CHIP). Polk's 2016-2020 CHIP runs from August 1, 2016 through July 31, 2020. This report reflects the progress made in the first year of CHIP implementation, from August 1, 2016 through July 31, 2017.

The activities and collaborative efforts of the Florida Department of Health in Polk County and community partners will be reflected within the report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community-driven and collectively owned health improvement plan, the Florida Department of Health in Polk County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

Rather than hold a single Annual CHIP Review Meeting, DOH staff meet regularly with community partners and community-based teams to evaluate and discuss our plans. Over the course of the year, changes were made to the respective plan as needed or, in the case of the Infant Mortality Strategic Issue Area, as new direction was provided by the State Office. This has allowed for timely response as each team identifies necessary changes.

Listed below is each strategic issue addressed in the CHIP, the community teams working to address specific objectives, and a summary of when they met to **revise, review, and/or make additions** to their respective objectives and workplans.

## **Strategic Issue Area 1: Healthy Weight**

### *Polk Vision Building a Healthier Polk Primary Care Team (Review and Addition)*

This team met monthly to ensure progress on their tactical plans. Shortly after finalizing the CHIP, this team created a second strategy to assist primary care providers in addressing healthy habits with children and families. This **addition** is listed as Strategy 1.2. Over the summer, leaders of the Building a Healthier Polk Initiative, which is focused on reducing the obesity rate in Polk County, met and conducted a SWOT Analyses on their work over the past year. The agenda, minutes, and sign-in sheet from the Building a Healthier Polk Chair meeting can be found in **Appendix A**.

### *Polk Vision Building a Healthier Polk Worksite Wellness Team (Revisions)*

This team met monthly to ensure progress on their tactical plans. In February 2017, the Worksite Wellness Team identified a new tool for tracking and measuring implementation of best practices in local businesses and made **revisions** to more clearly articulate efforts to develop and enhance worksite wellness programming in Polk County. The agenda, minutes, and sign-in sheet from the Worksite Wellness Team's February meeting can be found in **Appendix B**. This team also participated in the Building a Healthier Polk Chair meeting and SWOT Analysis found in **Appendix A**.

### *Polk Vision Infrastructure Team (Additions)*

In 2016-17, the Polk Vision Infrastructure Team determined they would organize stakeholders around the issue of gaps in sidewalks surrounding Polk County Schools and began considering how to take action. In March of 2017, the team developed a strategy and set of objectives to address this issue. The team's strategy is to prioritize the placement of sidewalks within a 1-mile radius of schools in Polk County. **This strategy has been written in as an addition to our 2016-2020 CHIP this year, under the Healthy Weight Strategic Issue Area.** The agenda, minutes, and sign-in sheet from the Infrastructure Team's March meeting can be found in **Appendix C**.

### **Strategic Issue Area 2: Child Health**

*Polk Vision Building a Healthier Polk School Health Team (Review)*

The School Health Team met monthly to ensure progress on their tactical plan. This team also participated in the Building a Healthier Polk Chair meeting and SWOT Analysis found in **Appendix A**.

*Polk County School District School Health Advisory Council (SHAC) (Review)*

This council meets four times within each school year to strengthen efforts and align resources at the district level through five SHAC sub-committees comprised of subject matter experts for the 10 components of the WSCC model. Strategies at the district level will include more robust implementation of components within the model in order to ensure Polk Schools provide an environment that supports the health of all children. In October of 2017, the Council chose to develop action plans for each of five sub-committees to aid them in attaining this goal. The agenda, minutes, sign-in sheet from the October SHAC Meeting can be found in **Appendix D**.

### **Strategic Issue Area 3: Infant Mortality**

*Florida Healthy Babies Polk Team (Revisions)*

In June 2016, a community meeting was held with 58 participants from 24 different agencies; these individuals were targeted because they served in either a professional or a personal capacity in the communities within the high-risk census tract zones. The participants in this meeting identified that the common root causes found were issues with access to care, cultural differences, and stress. In January 2017, the group **revised** their original plan to include more specific community-based interventions with 4 new strategies: increasing participation in and collaboration between Healthy Start and WIC, promoting safe sleep practices, promoting breastfeeding, and reducing tobacco use among women of child-bearing age. The agenda, meeting minutes, and sign-in sheet associated with this revision can be found in **Appendix E**.

## **Overview of the Community Health Improvement Plan (CHIP)**

Upon completion of the Polk County 2015 Community Health Assessment, meetings with community partners were held from July 2015 through June 2016 to review the Community Health Assessment, select strategic priorities, and create objectives and measures for the 2016-2020 Community Health Improvement Plan (CHIP).

Committees that worked on the 2012-2015 CHIP reviewed the assessment first. These teams were the Polk Vision Building a Healthier Polk Initiative's Primary Care, School Health, and Worksite Wellness Teams. Their efforts between 2012 and 2015 were focused on reducing the obesity rate in Polk County. Upon review of the 2015 Community Health Assessment, since obesity is a contributing risk factor to many chronic diseases and because Polk's adult obesity rate is still higher than the state, the Polk Vision Building a Healthier Polk Teams decided to continue working on obesity as a strategic priority. As teams reviewed successes of the first three-year plan, they realized continued collaboration would yield additional progress. In addition, DOH-Polk staff have worked with Polk Vision Teams to incorporate Healthiest Weight Florida deliverables into workplans where efforts are aligned.

Then, the Building a Healthier Polk Initiative's School Health Team chose to build strategies around the Whole School, Whole Community, Whole Child (WSCC) Model. DOH-Polk staff presented the Community Health Assessment to the Polk County School District School Health Advisory Council (SHAC). The leadership of both groups met and determined Child Health would be a strategic priority and agreed to build capacity to address additional child health measures.

During the July 2015-June 2016 timeframe, the Florida Healthy Babies Initiative was introduced throughout all counties in the state of Florida. Community partners including the Healthy Start Coalition of Hardee, Highlands, and Polk County and the birthing hospitals in Polk County agreed to work on strategies that would decrease infant mortality.

### **Polk County 2016-2020 CHIP Strategic Issue Areas**

<b>STRATEGIC ISSUE AREA</b>	<b>GOAL</b>
<b>Healthy Weight</b>	<i>Reduce the obesity (BMI <math>\geq</math> 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%, State 26.4%).</i>
<b>Child Health</b>	<i>Leverage the school setting and support for local schools to improve child health in Polk County.</i>
<b>Infant Mortality</b>	<i>Reduce infant mortality.</i>

# Summary of CHIP Annual Review

## Strategic Issue Area #1: Healthy Weight

Obesity is a contributing factor to preventable chronic diseases, including diabetes, hypertension, high cholesterol, cardiovascular disease, stroke, and certain cancers. Obesity also contributes to higher health care costs, including preventable hospital stays, decreased productivity, and increased absence from work or school. In 2011, Lakeland-Winter Haven was ranked the 7<sup>th</sup> most obese metropolitan service area (MSA) in the country (Gallup-Healthways Well-Being Index, 2011). The 2015 Polk County community health assessment (CHA) revealed that obesity is a major health concern in Polk County, where the adult obesity rate (BMI ≥ 30) is 36.9% (FLHealthCHARTS, 2013). In addition, 32% of 3<sup>rd</sup> graders in Polk County are overweight or obese (BMI ≥ 85<sup>th</sup> percentile) (FDOH-Polk, 2016).

**Goal: Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%, State 26.4%)<sup>1</sup> by 2030.**

**Strategy 1.1:** Engage primary care providers to promote healthy weight in children.

**Key Partners:** Polk Vision Building a Healthier Polk Primary Care Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By October 31, 2017, 75% of children who enroll in and complete the “Healthy Habits” program between April 1, 2016 - September 30, 2016 will decrease their BMI percentile by at least 2%.	BMI baseline to BMI 1 year later	<b>Baseline</b> Overweight 60% Obese 40%  <b>9 months</b> Overweight 10% Obese 70%	Decrease in BMI percentile by at least 2%		The WIC-Healthy Habits program was a pre-pilot to determine if communication with a child’s pediatrician would influence outcomes. The program enrolled 15 children in an experimental group and followed them for 6-12 months, providing progress updates to their pediatric provider. A control group also participated in WIC-Healthy Habits, but updates were not shared with their provider. Though overall BMI did not decrease among participants in either group, a smaller percentage of children in the experimental group increased their BMI, and a larger percentage met the goal of reducing BMI to >85%. The pre-pilot will conclude October 31, 2017, at which time final data will be reviewed and a decision will be made as to whether or not the program will continue.
	Number of providers participating as of April 1, 2016	6	Increase in participating providers		The number of participating providers remained constant throughout the course of the pre-pilot. This measure will be revisited if the program is expanded.

<sup>1</sup> **Please note:** There was an error in the state and county obesity rates that were written into this goal in our original 2016-2020 CHIP. The data points have been revised in this Annual Report and in our revised CHIP document to reflect the current accurate rates.

**Strategy 2.1:** Support the development and enhancement of worksite wellness programs in local businesses.

**Key Partners:** Polk Vision Building a Healthier Polk Worksite Wellness Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase in businesses creating and enhancing wellness programming.	Number of businesses responding to survey who have at least one program/component.	NA	NA		This objective has been revised to include different measures. The revisions section can be found on page 12.
	Total programs offered by all responding businesses.	NA	NA		This objective has been revised to include different measures. The revisions section can be found on page 12.

**Strategy 2.2:** Continue to support the development of worksite wellness programs in local businesses.

**Key Partners:** Polk Vision Building a Healthier Polk Worksite Wellness Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Develop timeline for cohort of 5 businesses to engage in wellness programming and establish comparative data.	Number of businesses committed to cohort	0	5		This strategy has been placed on hold until the strategy 2.1 has been further developed.
	Number of CDC Worksite Health Assessments completed	0	5		This strategy has been placed on hold until the strategy 2.1 has been further developed.

**Strategic Issue Area #2: Child Health**

Schools are the best setting to influence healthy behaviors and habits in children. This strategic area is focused on implementing evidence-based practices and policies in both individual schools and at the district level in Polk County. The Building a Healthier Polk Initiative’s School Health Team continues to focus primarily on strategies to combat childhood obesity and chose to craft those strategies based on the Whole School, Whole Community, Whole Child (WSCC) Model and work to implement them within 5 pilot schools. The Polk County School District School Health Advisory Council (SHAC) committed to strengthening efforts and aligning resources at the district level through SHAC committees comprised of subject matter experts for the 10 components of the WSCC model. Strategies at the district level will include more robust implementation of components within the model in order to ensure Polk Schools provide an environment that supports the health of all children.

**Goal: Leverage the school setting and support for local schools to improve child health in Polk County.**

**Strategy 1:** *Increase healthy weight in school-age children through increased physical activity and nutrition.*

**Key Partners:** *Polk Vision Building a Healthier Polk School Health Team and Polk County School District School Health Advisory Council (SHAC)*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Develop and implement pilot program in 5 schools to improve best practices based on the Whole School, Whole Community, Whole Child (WSCC) Model.	Establish baseline School Health Index Scores for each school and develop workplan for improvement.	SHI scores established for all 5 schools	SHI scores established for all 5 schools		Baseline School Health Index scores have been established for the <i>physical education/activity and nutrition services</i> modules for each of the 5 elementary schools participating in the pilot program.
	Establish baseline for WSCC measurements.	Most WSCC measurements established for each school	All WSCC measurements established for each school		Baseline WSCC measurements (based on BMI, <i>FitnessGram</i> , fruit and vegetable selection, and community partnership) have been established for each of the 5 elementary schools participating in the pilot program. There are currently a few pieces of missing data that the team is working with the schools to establish.

**Strategy 2:** Establish a fully integrated, working Whole School, Whole Community, Whole Child (WSCC) Model within the School Health Advisory Council (SHAC).

**Key Partners:** Polk Vision Building a Healthier Polk School Health Team and Polk County School District School Health Advisory Council (SHAC)

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By 2018, increase Polk County Schools Healthy District score by 5%.	Healthy District Award score	Silver	Increase by 5%		The 5 established SHAC committees are currently in the process of developing workplans that will increase Polk County's Healthy District Score. The next review period for the Award is in Spring 2018.
By 2018, create SHAC committees representing 5 out of the 10 components of the WSCC model.	Established committee workplans	5 established SHAC committees; in the process of developing workplans	SHAC committees established representing 5 out of 10 components of WSCC model		There are currently 5 established SHAC committees: 1.family and community engagement 2.health education & physical education 3.health services 4.counseling, psychological, & social services, social & emotional climate, physical environment 5.employee wellness and nutrition environment & services

**Strategic Issue Area #3: Infant Mortality**

The Florida Health Babies team used GIS mapping to determine specific census tract areas where infant mortality rates were the highest. In June 2016, a community meeting was held with 58 participants from 24 different agencies; these individuals were targeted because they served in either a professional or a personal capacity in the communities within the high-risk census tract zones. A facilitated discussion was held to determine possible root causes of the high rates of infant mortality of these areas, with a special emphasis on the social determinants of health. The participants in this meeting identified that the common root causes found were issues with access to care, cultural differences, and stress. The Florida Healthy Babies Team, made up of members from FDOH- Polk, Healthy Start, and Women, Infants, and Children (WIC), created a Community Action Plan to address these root causes.

**Goal: Reduce infant mortality.**

**Strategy 1:** *Eliminate racial disparities in infant mortality.*

**Key Partners:** *Healthy Start Coalition of Hardee, Highlands, and Polk County and Birthing Hospitals in Polk County*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By September 30, 2016, work with community partners to create a workplan to reduce the infant mortality rate and the black-white mortality gap.	Report from a community meeting	Community Meeting held on 6/23/16	Community meeting held		Community meeting was held on 6/23/17 where possible root causes of infant mortality were defined.
	Approved workplan	Work plan submitted and approved 9/29/16	Work plan submitted and approved 9/29/16		Work plan was submitted to the State on 9/29/16 and approved. Work plan was revised and resubmitted to the State on 1/14/17 when more direction was given for the initiative.

**Strategy 2:** Engage local hospitals to pursue Baby Friendly Status, per the Healthiest Weight Florida and Florida Healthy Babies workplans.

**Key Partners:** Birthing Hospitals in Polk County

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By September 30, 2016, offer funding and support to 3 area hospitals with 2 hospitals completing 2 action steps from their workplans.	Hospitals offered funding and support	3	2		All 3 birthing hospitals in Polk County (Lakeland Regional Health, Winter Haven Hospital, and Heart of Florida) have been offered funding and support.
	Number of steps completed by hospitals	3	2		<p>Winter Haven Hospital has completed 3 steps and is currently in Phase 4.</p> <p>Lakeland Regional has completed 2 steps and is currently in Phase 2.</p> <p>Heart of Florida has completed 3 steps and is in Phase 3.</p>

\* Status indicators are as follows:

-  = Little to no movement towards objective target
-  = some progress towards meeting the objective target
-  = reached or surpassed objective target

## Revisions

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Revisions to the CHIP were made after careful review of the goals, objectives, strategies, and measures of the 2016-2020 CHIP. Revisions were made to the following goals, strategies, and indicators:

- **Strategic Area #1: Healthy Weight**
  - **Strategy 2.1:** *The indicators for this strategy have been revised.*
- **Strategic Area #3: Infant Mortality:** *This goal has been revised.*
  - **Strategy 1:** *The former Strategy 1 has been completed and replaced with this new strategy.*
  - **Strategy 2:** *This is a new strategy. The former Strategy 2 has been revised and is now Strategy 5.*
  - **Strategy 3:** *This is a new strategy.*
  - **Strategy 4:** *This is a new strategy.*
  - **Strategy 5:** *This strategy (formerly Strategy 2) was revised.*

**Strategic Issue Area #1: Healthy Weight**

**Goal: Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%; State 26.4%).**

**Strategy 2.1:** Support the development and enhancement of worksite wellness programs in local businesses.<sup>2</sup>

**Key Partners:** Polk Vision Building a Healthier Polk Worksite Wellness Team

Revised Indicator	Current Indicator	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Number of businesses that have completed the CDC Worksite Health ScoreCard	Number of businesses responding to survey who have at least one program/ component	CDC Worksite Health ScoreCard	6 CDC ScoreCards	10 CDC ScoreCards	The CDC Worksite Health ScoreCard will be used as the indicator (rather than the previously used non-validated survey) because it is a validated tool that recommends evidence-based practices. Use of this standardized tool will also allow for better comparison of results.
Baseline CDC Worksite Health ScoreCard scores	Total programs offered by all responding businesses	CDC Worksite Health ScoreCard	Baseline scores established for 6 businesses	Baseline scores for 10 businesses	The CDC Worksite Health ScoreCard will be used as the indicator (rather than the previously used non-validated survey) because it is a validated tool that recommends evidence-based practices. Use of this standardized tool will also allow for better comparison of results.
Number of presentations to local businesses and community organizations	This is a new objective	Number of presentations to local businesses and community organizations	3 presentations per year	3 presentations per year	This indicator was added to show the breadth of outreach conducted by the Worksite Wellness Team through presentations on worksite wellness and the CDC Worksite Health ScoreCard.
Number of in-person consultations with local businesses	This is a new objective	Number of in-person consultations with local businesses	4 consultations with 3 new businesses	5 consultations with 5 new businesses	This indicator was added because the Worksite Wellness Team decided to replace phone calls and emails with in-person consultations.
Number of phone calls and email correspondence with local businesses	This is a new objective.	Correspondence with local businesses (records of phone calls, emails)	Phone calls/emails with 11 businesses	Follow-up at least once per business	This indicator was added to show the number of businesses with whom the Worksite Wellness Team is corresponding via phone calls and emails.

<sup>2</sup> **Please note:** While this strategy itself has not been revised, the indicators have been revised.

**Strategic Issue Area #3: Infant Mortality**

**Goal: By December 31, 2018, reduce the three-year rolling average of black infant mortality rate from 10.9 (2012-2014) to 8.3 per 1,000 live births.<sup>3</sup>**

**Strategy 1: Promote and increase participation in and collaboration between Healthy Start and WIC programs.**

**Key Partners: Healthy Start and WIC.**

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2018, increase the percentage of women participating in Healthy Start and WIC programs by 5%.	By September 30, 2016, work with community partners to create a workplan to reduce the infant mortality rate and the black-white mortality gap.	WIC participation rates	2,021	2,200	The previous objective was to complete a workplan and have the workplan approved. The new objectives are components of the revised work plan. It was found that increasing the frequency of preconception and interconception education will lower infant mortality rates. Both the Healthy Start and WIC programs offer this counseling and education to their clients.
		Healthy Start participation rates	1,521	1,597	
		Number of shared clients	123	129	
By December 31, 2018, increase referrals between the Healthy Start and WIC programs by 5%.	This is a new objective.	Referral rates between programs	0	120	This is a new objective for the revised and approved work plan.

<sup>3</sup> **Please note: This goal has been revised.**

**Strategy 2: Promote safe sleep practices.**

**Key Partners:** Child Abuse Death Review Committee, Children’s Home Society, Fetal Infant Mortality Review Team, Healthy Start, Heartland for Children, Safe Kids Suncoast Coalition, and WIC.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2018, reduce the number of sleep-related deaths from 14.3% to 12.0%.	This is a new objective.	Polk Maternal and Child Health Death Certificate Review	14.3	12.0	This is a new objective for the revised and approved work plan. Sleep-related deaths are 100% preventable and accounted for 14.3% of the infant deaths in Polk County in 2016.

**Strategy 3: Promote breastfeeding initiation among all women.**

**Key partners:** Lakeside Pediatrics, Polk County Breastfeeding Network, and WIC.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2018, increase the number of mothers who are breastfeeding from 83.8% to 84.5%.	This is a new objective.	Percentage of WIC infants and children <24 months who were ever breastfed in Polk County.	83.8	84.5	This is a new objective for the revised and approved work plan .Studies have shown that initiation and duration of breastfeeding can lower the risk of SUIDs deaths among infants.
		Percentage of non-Hispanic Black WIC infants and children <24 months who were ever breastfed in Polk County.	78.5	79.2	

**Strategy 4:** Promote tobacco cessation for women of child bearing age.

**Key Partners:** Healthy Start, Tobacco Free Florida, and Tobacco Free Polk

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2018, decrease smoking rates of women of child bearing age from 14.67% to 14.0%.	This is a new objective.	Healthy Start Prenatal Tobacco Data	14.67	14.0	This is a new objective for the revised and approved work plan. Research has shown that smoking during pregnancy contributes to low birth weight and premature birth. In addition, 60% of the mothers who have ceased smoking during pregnancy are likely to relapse within the first 3 months of the birth of their child. Secondhand smoke increases an infant's risk of SUIDs death, including sleep-related deaths, and can lead to health risks during childhood.

**Strategy 5:** Engage local hospitals to pursue Baby Friendly Status, per the Healthiest Weight Florida and Florida Healthy Babies workplans.

**Key Partners:** WIC, Winter Haven Hospital, Heart of Florida Regional Medical Center, and Lakeland Regional Health.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Provide quarterly support for all 3 local hospitals to attain Baby Friendly Status and celebrations of success once these hospitals have achieved this status.	Provide support for hospitals to attain Baby Friendly status.	Record of communication and support.	WHH: Phase 4 (3 steps completed) LRH: Phase 2 (2 steps completed) HOFRMC: Phase 3 (3 steps completed)	Complete all phases of Baby Steps to Baby Friendly.	The previous objective was refined to reflect a timeline for providing support and the celebrations that are soon to be achieved.
		Record of celebration for successful completion of status.	No celebrations as no hospital has achieved status.	1 celebration	

## Additions

The following strategy was added into the 2016-2020 CHIP as a Strategy 1.2 under *Strategic Area #1: Healthy Weight*. In the previous CHIP, the primary care team identified the 5-2-1-0 initiative and created a prescription program that was implemented in pediatric settings. This program encourages children to identify, along with their provider and family, the healthy habit goals that they would like to work towards. Local providers approached this team to re-initiate the program in 2017 as they found it was helpful in addressing obesity. Therefore, the team created and launched this second strategy in January 2017 to assist primary care providers with discussion on habits that support healthy weight through the utilization of the 5-2-1-0 prescription program.

**Strategy 1.2:** *Create continuity of messaging across pediatric settings.*

**Key Partners:** *Polk Vision Building a Healthier Polk Primary Care Team*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase the number of conversations about reducing risk factors for unhealthy BMI between pediatric providers and families.	Increase number of participating locations from previous plan from 4 to 8.	12	8		There are currently 12 pediatric provider locations participating in the 5-2-1-0 prescription program.
	Target of 25 providers disseminating prescriptions by December 31, 2016.	40	25		There are currently 40 pediatric providers (pediatricians and pediatric ARNPs) disseminating 5-2-1-0 prescriptions.
	Target of 700 prescription commitments collected between January 1, 2017 - December 31, 2017.	831	700		As of June 30 <sup>th</sup> , 831 5-2-1-0 prescriptions have been disseminated by the participating pediatric providers.
	Target of 700 habit goals collected from January 1, 2017 - December 31, 2017.	1389	700		As of June 30 <sup>th</sup> , 1389 5-2-1-0 goals have been selected by the patients of participating pediatric providers.

The following strategy was added into the 2016-2020 CHIP as a third strategy under *Strategic Area #1: Healthy Weight*. This strategy was added after Polk Vision’s Infrastructure Team developed an approved tactical plan in March of 2017. This strategy is important for our community because walking and biking to school provides students with physical activity that will help to prevent and reduce obesity. In addition, pedestrian/bicyclist safety is a concern within our community due to high crash rates.

**Strategy 3.1:** *Engage local government leaders to prioritize money for sidewalks and in turn ensure the location and placement are on collector roads within a one-mile radius of schools.*

In January of 2017, an article published by NPR ranked the Lakeland-Winter Haven metropolitan area the 6th most dangerous metro area for pedestrians in the country. Between the years of 2006-2015, there were 142 pedestrian and 33 bicyclist fatalities due to traffic crashes in Polk County (Polk TPO, 2017). Sidewalks and lighting improvements will help to make walking and biking safer for pedestrians and bicyclists. In addition, the ability to walk or bike safely in the community provides an additional opportunity for physical activity, which will help to promote healthy weight among children and adults.

**Key Partners:** *Polk Vision Infrastructure Team*

Strategic Objective	Indicator (Data Source)	Target
City/county planners utilize GIS maps of existing sidewalks within one-mile of schools for proactive planning.	Create baseline and single database of GIS at BoCC	Baseline established and database created
City/county planners utilize Safe Routes to Schools and other funding opportunities to fund sidewalk gaps.	Complete clearinghouse and provide open access to all appropriate contacts	Clearinghouse created and shared

# Accomplishments

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## Healthy Weight: 5-2-1-0 Prescription Program

**Goal 1:** Reduce the obesity (BMI  $\geq$  30) rate in Polk County to less than the state average (2013 data: Polk 36.9%; State 26.4%) by 2030.

**Strategy 1.2:** Create continuity of messaging across pediatric settings.

**Accomplishment:** The 5-2-1-0 prescription program has been successfully implemented among 5 pediatric practices at 12 locations across Polk County. All goals for participation have been met and exceeded. Over 800 prescriptions have been disseminated by the 40 participating pediatric providers, and over 1300 goals have been selected by patients.

**How it's important for our community:** The 5-2-1-0 prescription program creates an opportunity for pediatric providers to discuss healthy lifestyle habits with their patients and help families decide on healthy goals they would like to work towards together. Doctors may find it difficult to discuss weight with their patients, and providing a standardized, evidence-based tool has helped them to initiate and guide these conversations. This is important for our county because adults in Polk County are on average more obese than other Floridians, and 32% of 3<sup>rd</sup> graders in Polk County are overweight or obese.

## Healthy Weight: Infrastructure Team

**Goal 1:** Reduce the obesity (BMI  $\geq$  30) rate in Polk County to less than the state average (2013 data: Polk 36.9%; State 26.4%) by 2030.

**Strategy 3.1:** Engage local government leaders to prioritize money for sidewalks and in turn ensure the location and placement are on collector roads within a one-mile radius of schools.

**Accomplishment:** In 2012, all municipalities in Polk County signed a joint resolution for complete streets policies. Since 2013, FDOH-Polk has been working closely with local county and city governments through collaboration within our Community Health Improvement Planning process and the Healthiest Weight Florida initiative. Throughout this process these agencies have also partnered with Polk Vision, a community-based collective impact agency, which brings together teams of various professions to work towards improving quality of life in the community.

Together all entities have worked to promote implementation of complete street policies, to encourage inclusion of health measures and considerations when prioritizing project development and funding efforts or when drafting long-range planning efforts, and to strengthen parks and recreation offerings. Additionally, Polk County has five local governments that were recognized as Healthy Weight Community Champions in 2017. Three of the five have been recognized every year since the inception of this recognition program.

Due to growing concerns regarding safety and accessibility, the Polk County Board of County Commissioners added an additional \$1 million to the budget for sidewalks, which will increase the budget from \$1.25 million to \$2.25 million for the 2017-2018 fiscal year.

In 2016-17, Polk Vision's Infrastructure Team determined they would organize stakeholders around the issue of gaps in sidewalks surrounding Polk County Schools and began considering how to take action. In March of 2017, the team launched a tactical plan to address this issue. The team's strategy was to prioritize the placement of sidewalks within a 1-mile radius of schools in Polk County. One of the team's first tasks was to have a comprehensive assessment completed to analyze the presence and absence of sidewalks and streetlights within this 1-mile radius.

In April of 2017, the state Healthiest Weight Florida office approached DOH-Polk with \$20,000 to spend on a complete streets, or similar, project by June 30, 2017. Polk County was offered this funding because of the ongoing collaboration between DOH-Polk, the county and city governments, and Polk Vision, and the emphasis these entities place on health in all policies. This funding was used to conduct an assessment of sidewalks surrounding parks in low-income areas. The results of this assessment will be shared with local governments and decision-makers to inform the allocation of funding and subsequent placement of sidewalks around local parks.

The Polk County Transportation Planning Organization (TPO) contracted with a company called AECOM over the summer of 2017 to conduct the two sidewalk analyses; one focusing on sidewalks within a 1-mile radius of schools, and another focusing on sidewalks surrounding 22 community and regional parks. The list of 22 community and regional parks was compiled with input from Polk County Parks and Recreation, DOH-Polk, and TPO staff. The list of 22 parks was then narrowed to 10 priority parks based on data such as locations of bicycle and pedestrian crashes and the number of children and elderly residents living nearby. The result was a final technical memorandum containing GIS maps of current sidewalks and lighting, as well as suggested sidewalk and lighting improvements for each analysis. The list of priority projects AECOM developed for both school and park improvements will be used by the Infrastructure Team to advise local governments and decision-makers on funding and selection prioritization of local sidewalk projects.

**How it's important for our community:** Pedestrian and bicyclist safety is an issue of concern in Polk County. In January of 2017, an article published by NPR ranked the Lakeland-Winter Haven metropolitan area the 6<sup>th</sup> most dangerous metro area for pedestrians in the country. Between the years of 2006-2015, there were 142 pedestrian and 33 bicyclist fatalities due to traffic crashes in Polk County (Polk TPO, 2017). Sidewalks and lighting improvements will help to make walking and biking safer for pedestrians and bicyclists. In addition, the ability to walk or bike safely in the community provides an additional opportunity for physical activity, which will help to promote healthy weight among children and adults.

## Infant Mortality: Baby Steps to Baby Friendly

**Goal 3:** Reduce infant mortality

**Strategy 2:** Engage local hospitals to pursue Baby Friendly Status, per the Healthiest Weight Florida and Florida Healthy Babies workplans.

**Accomplishment:** In Polk County, DOH staff have been working with local birthing facilities, one of the “Healthy Places” designated by Healthiest Weight Florida, to increase the number of birthing facilities implementing the 10 Steps to Successful Breastfeeding. In order for birthing facilities to obtain Baby-Friendly designation, these 10 Steps must be fulfilled, meaning the facility implements best-practices to support breastfeeding among new mothers and their infants.

Beginning in September 2015, DOH staff began reaching out to relevant stakeholders, including lactation specialists and physicians, at local birthing hospitals in Polk County. DOH staff also began reaching out to other birthing hospitals in the state that had recently completed the four phases and attained Baby Friendly Status. These contacts were crucial in answering logistical questions and provided helpful information for DOH staff to prepare a PowerPoint presentation, which they then presented to local hospital administration and staff. Two local birthing hospitals, Winter Haven Women’s Hospital and Heart of Florida Hospital committed to attaining Baby Friendly status and registered with Baby-Friendly USA. Since March of 2016, DOH staff have been a continuing resource for these hospitals as they navigate the Baby Friendly Process. Recently, through sustained efforts by DOH staff, Lakeland Regional Health has begun the Baby Friendly process as well.

Currently, Heart of Florida Hospital remains in the second phase of the Baby-Friendly process. In this phase, the birthing facility has committed to the process and received tools and technical assistance with developing plans to implement Baby-Friendly guidelines.

Winter Haven Women’s Hospital has entered the third of four phases towards receiving Baby Friendly designation, meaning the facility is implementing plans, collecting and analyzing data, and continuing with quality improvement measures. The Baby-Friendly Initiative allows up to one year be spent reaching each phase, however Winter Haven Women’s Hospital has successfully completed the first two phases in just five months. They are continuing to make progress and will likely complete the four phases and attain Baby Friendly Status within the next year.

With the addition of Lakeland Regional Health, 100% of birthing facilities in Polk County are currently in the process of going Baby Friendly.

**How it’s important for our community:** Baby Friendly hospitals support breastfeeding, which has been shown to reduce infant mortality and help prevent the onset of chronic diseases, including obesity, among both mothers and babies.

# Appendices

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***Appendix A:***  
***Building a Healthier Polk Meeting Agenda, Minutes, Sign-In***



**Building a Healthier Polk Chair Meeting**  
**Polk Vision Offices**  
 600 N Broadway Ave, Suite 201, Bartow FL 33830  
 July 19, 2017 – 2:00-4:00 PM

**Agenda**

**Purpose:** To share progress, brainstorm solutions, and celebrate the work of the *Building a Healthier Polk Initiative*.

Topic	Lead
<b>Welcome</b>	Kim & Colleen
<b>Team Reporting</b> <ul style="list-style-type: none"> <li>• SWOT Analysis</li> <li>• Highlights</li> </ul>	Jenna
<b>Initiative Reflection</b> <ul style="list-style-type: none"> <li>• SWOT Analysis for BHP</li> <li>• Highlights</li> </ul>	Colleen
<b>Annual Meeting</b> <ul style="list-style-type: none"> <li>• Annual Report</li> <li>• BHP Team Outcomes</li> </ul>	Kim
<b>Team Development</b> <ul style="list-style-type: none"> <li>• Succession planning</li> <li>• Team size and diversity</li> </ul>	Kim & Colleen
<b>What's next for our teams?</b>	Chairs
<b>Directors' Comments</b>	Kim & Dr. Jackson
<b>Adjourn</b>	Kim & Colleen

**IMPORTANT DATES**

**Polk Vision Annual Meeting**

Wednesday, August 23, 5:30pm-7:30pm  
 Theatre Winter Haven – 210 Cypress Gardens Blvd, Winter Haven

**BHP TEAM MEETINGS**

**Primary Care Team**

First Friday (bimonthly) @ United Way of Central Florida – August 4, 3:00 PM

**School Health Team**

Third Tuesday (monthly) @ Jim Miles Professional Development Center – August 15, 9:00 AM

**Worksite Wellness Team**

Second Friday (monthly) @ Lanier Upshaw – August 11, 8:30 AM



**Building a Healthier Polk Chair Meeting Minutes**  
**Polk Vision Offices**

600 N Broadway Ave, Suite 201, Bartow FL 33830  
 July 19, 2017 – 2:00-4:00 PM

**Minutes**

**Attendees:** Kim Long, Colleen Mangan, Jenna Levine, Jenna Kaczmarski, Kathleen Wright, Dr. Joy Jackson, Suzanne Wright, Holly Vida, Schatzie Haines, and Kelly Andrews

**Purpose:** To share progress, brainstorm solutions, and celebrate the work of the *Building a Healthier Polk* Initiative.

Topic	Lead
<b>Welcome</b>	Colleen
<b>Team Reporting</b> BHP Chairs discussed SWOT Analysis of their respective teams and brainstormed solutions as needed.	Jenna
<b>School Health Team</b> Strengths <ul style="list-style-type: none"> <li>• Great buy in from school teams</li> <li>• Tactical plan and team goals are realistic/achievable</li> <li>• Pilot program in 5 schools</li> <li>• Use of an evidence-based model (Whole School, Whole Community, Whole Child model)</li> <li>• Used timeline and action register to stay on track</li> <li>• Used a matrix to do smart selection of pilot schools – spent time on this process – picked ready-to-go schools</li> <li>• Worked collaboratively with district leadership to gain support for pilot</li> </ul> Weaknesses <ul style="list-style-type: none"> <li>• Do our measurements tell the story?</li> <li>• How will we know/show that we have changed the culture</li> <li>• Missing representation for WSCC model components on our team</li> </ul> Opportunities <ul style="list-style-type: none"> <li>• Community School initiative and Schools of Hope grants may provide opportunity to expand the pilot</li> <li>• Helping schools find community partners</li> <li>• New Safe Routes to Schools liaison</li> </ul> Threats/Barriers <ul style="list-style-type: none"> <li>• Time and resources restraints – hard to gather staff for team meetings, can't take away from instructional time, lack of money for projects</li> <li>• Accuracy of data</li> <li>• Ensuring sustainability and scalability</li> <li>• Mobility of administrators, students, and staff</li> <li>• Trying to scale up to the whole district</li> </ul>	Jenna Kaczmarski and Kathleen Wright
<b>Primary Care Team</b>  <b>5210 Strategy</b>	Holly Vida and

<p><b>Strengths</b></p> <ul style="list-style-type: none"> <li>• Broad reaching themed message – well received in the community</li> <li>• Easy message to remember both adult and children</li> <li>• Easy collaboration w/continuity of messaging across providers and community partners i.e. schools, WIC, pediatrician offices</li> <li>• Initial provider interest and participation</li> <li>• Exceeded all goals (# of locations, providers, prescriptions, goals)</li> </ul> <p><b>Weaknesses</b></p> <ul style="list-style-type: none"> <li>• Response of communication with offices</li> <li>• Each current practice is not represented</li> <li>• Committee member lack of communication from pediatrician offices</li> <li>• Difficulty with dissemination of information within offices</li> <li>• Committee member participation</li> </ul> <p><b>Opportunities</b></p> <ul style="list-style-type: none"> <li>• Need additional members from offices on the committee</li> <li>• New provider and consistent participation on committee</li> </ul> <p><b>Threats</b></p> <ul style="list-style-type: none"> <li>• Ever changing office employees <ul style="list-style-type: none"> <li>◦ Contact with person in offices changes</li> </ul> </li> <li>• Lack of involvement from the east side of the county</li> </ul> <p><b>WIC Healthy Habits Strategy</b></p> <p><b>Strengths</b></p> <ul style="list-style-type: none"> <li>• Expands on 5-2-1-0</li> <li>• Collaboration between pediatricians and WIC - continuity of care, using same message and updating providers with patient Healthy Habits goals and BMI</li> </ul> <p><b>Weaknesses</b></p> <ul style="list-style-type: none"> <li>• Small sample size and short data-gathering period</li> <li>• Lacking any feedback from participating provider</li> <li>• Age-out at 5 years old</li> <li>• Most BMIs increased</li> </ul> <p><b>Opportunities</b></p> <ul style="list-style-type: none"> <li>• Expand the WIC Healthy Habits program – try another pilot with more providers and participants (other locations)</li> <li>• Determine if BMIs increased less than other WIC children increased</li> </ul> <p><b>Threats/Barriers</b></p> <ul style="list-style-type: none"> <li>• Voluntary program</li> <li>• Had to be seen by a pediatrician at one specific practice</li> <li>• Participants had to be over 85th percentile BMI (overweight or obese)</li> </ul>	<p>Suzanne Wright</p>
<p><b>Worksite Wellness Team</b></p> <p><b>Strengths</b></p> <ul style="list-style-type: none"> <li>• Positive attitudes, Community Connections, Team Players, Diverse Knowledge &amp; Expertise</li> <li>• Diverse Backgrounds, Community Engagement with a variety of organizations/businesses</li> <li>• Scorecard as a measurement tool, Grant Funds, Events/presentation schedule (CPS, SHRM, Chamber)</li> <li>• Presentations, CDC Scorecards, Increases visibility in the community, Health Fair (FSC &amp; Chamber)</li> </ul> <p><b>Weaknesses</b></p>	<p>Schatzie Haines and Kelly Andrews</p>

<ul style="list-style-type: none"> <li>• Need more volunteers and more member engagement follow through on calls/emails to businesses</li> <li>• Core members but lack of new consistent members</li> <li>• Need more visibility</li> <li>• Committee members could use their contacts to help spread the word</li> <li>• Have not fulfilled 10 CDC yet, Cohort Plans put on hold- we need to define what that looks like</li> <li>• Increased visibility through Facebook by liking pages, posting events, etc.</li> </ul> <p>Opportunities</p> <ul style="list-style-type: none"> <li>• Start fresh with new businesses</li> <li>• Next steps with #2 strategy - pilot program</li> <li>• Health lifestyles/Quality of Life is a huge TREND right now - ride the wave</li> <li>• Behavioral Health Forum - Worksite EAP, etc.</li> <li>• Continue to find community connections (Lakeland Chamber, Citizen CPR, etc. to collaborate with)</li> <li>• Table at community health fairs (City, County, etc.)</li> </ul> <p>Threats</p> <ul style="list-style-type: none"> <li>• We are volunteers! Time!</li> <li>• Grant renewal</li> <li>• Healthcare uncertainty - can be threat or opportunity</li> <li>• Clarity of pilot program</li> <li>• Businesses not responding to emails, calls, etc.- weed out those not engaged and focus on new businesses that might want more connection</li> <li>• Set aside a "planning date" to solidify the Pilot Program Goals &amp; Objectives</li> <li>• Create a strategy to actively select and recruit businesses we identify as good partners</li> </ul> <p><b>Discussion:</b> SHRM has been identified as a great resource to build connections with HR professionals that will result in increased worksite wellness programming in the businesses which they represent. This year it has been difficult to get time in front of this group, however, the team is hopeful that the coming year will provide more opportunities due to new leadership.</p>	
<p><b>Initiative Reflection</b> SWOT Analysis for BHP – Due to time constraints, the group centered discussion on what we learned over the last year and a half, highlights, and challenges related to the work of the overall initiative.</p> <p><b>We Learned</b></p> <ul style="list-style-type: none"> <li>• Where the need is and how it affects our community</li> <li>• This is tough stuff! Not everyone is as excited about this as we are.</li> <li>• We must celebrate small successes</li> <li>• How our work overlaps with other Polk Vision teams – we are aligning!</li> </ul> <p><b>Our Highlights</b></p> <ul style="list-style-type: none"> <li>• Our new logo! (please save logo attached to this email vs. the copy inserted here)</li> <li>• Elevating the conversation</li> <li>• Collaboration between BHP teams and other Polk Vision teams – We are aligning!</li> <li>• We are all working on the same goal – powerful, consistent messaging</li> </ul> <p><b>Our Challenges</b></p> <ul style="list-style-type: none"> <li>• Building ownership and enthusiasm</li> <li>• How to keep moving the effort forward?</li> </ul>	 <p>ALL</p>

<ul style="list-style-type: none"> <li>• Broaden reach of our tactical plans</li> <li>• Facilitating communication between community partners</li> <li>• Lack of awareness (need strong marketing)</li> <li>• Mission fatigue – continuing to move forward</li> <li>• Poverty</li> <li>• Access</li> <li>• Sensitive subjects</li> <li>• Personal accountability and behavior change</li> </ul> <p><b>Specific challenges for teams were also discussed</b>  Holly Vida, Primary Care Team, brought up the concern that they identify a more broad and inclusive approach to team efforts. This led to a discussion on marketing to providers to promote the good work of school district nutrition and physical education programs. The team determined a series of methods to employ as a means of promotions. This will include:</p> <ul style="list-style-type: none"> <li>• a joint press release between Polk Vision, DOH-Polk and PCSB</li> <li>• one page info sheets for providers</li> <li>• email blasts through the DOH Polk Epi program</li> <li>• an article(s) in Central Florida Health News</li> </ul> <p>The group also discussed the need for a yearly marketing push to keep obesity as a health issue and the work of BHP fresh in the minds of our community.</p>	
<p><b>Annual Meeting</b></p> <ul style="list-style-type: none"> <li>• Annual Report &amp; BHP Team Outcomes – All BHP team portions of the annual report have been drafted. Jenna compiled these based on team efforts and successes over the last year.</li> <li>• All Chairs are encouraged to attend the Annual Meeting on August 23<sup>rd</sup>, 5:30 pm at Theatre Winter Haven</li> </ul>	Colleen
<p><b>Team Development</b></p> <ul style="list-style-type: none"> <li>• Succession planning and team size and diversity – Colleen shared that the Operating Board will be assessing board diversity this year and continuing to focus on succession planning. Chairs are encouraged to do the same for individual teams this year.</li> </ul>	Colleen
<p><b>What's next for our teams?</b> – Due to time constraints, this was not covered during the meeting</p>	
<p><b>Directors' Comments</b></p> <p>Dr. Jackson shared the American Cancer Society's 2017-18 Cancer Prevention and Early Detection report (<a href="https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-prevention-and-early-detection-facts-and-figures/cancer-prevention-and-early-detection-facts-and-figures-2017.pdf">https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-prevention-and-early-detection-facts-and-figures/cancer-prevention-and-early-detection-facts-and-figures-2017.pdf</a> pages 17-32). It indicates 20% of all cancers in the US can be attributed to a combination of overweight and obesity, poor nutrition, excess alcohol consumption, and insufficient physical activity. Recommended community level interventions include: “educating the public about healthy behaviors as well as creating environments that make it easier for people to make healthy choices... <b>Schools and child care facilities, workplaces, and health care facilities</b> are important settings for the implementation of policies and programs.” <i>The work of this Initiative continues to align with recommended, evidence-based focus areas.</i></p> <p>Both Directors' acknowledged the difficulty and breadth of the work at hand, expressed thanks for the great work of the teams and the passion of the leadership.</p>	Kim & Dr. Jackson
<p><b>Adjourn</b></p>	Kim & Colleen

## **IMPORTANT DATES**

### **Polk Vision Annual Meeting**

Wednesday, August 23, 5:30pm-7:30pm

Theatre Winter Haven – 210 Cypress Gardens Blvd, Winter Haven

## **BHP TEAM MEETINGS**

### **Primary Care Team**

First Friday (bimonthly) @ United Way of Central Florida – August 4, 3:00 PM

### **School Health Team**

Third Tuesday (monthly) @ Jim Miles Professional Development Center – August 15, 9:00 AM

### **Worksite Wellness Team**

Second Friday (monthly) @ Lanier Upshaw – August 11, 8:30 AM

# BHD Chairs Meeting 7/19/17

## Polk Vision Office

- |                      |                                     |
|----------------------|-------------------------------------|
| 1. Colleen Mangan    | Colleen Mangan - FDoH Polk          |
| 2. Kelly Andrews     | Kelly Andrews - Worker's Wellness   |
| 3. Schatzie Haines   | Schatzie Haines - Worker's Wellness |
| 4. Suzanne Wright    | Suzanne Wright - Primary Care       |
| 5. Holly Vida        | Holly Vida - Primary Care           |
| 6. Joy Jackson       | Dr. Joy Jackson - FDoH Polk         |
| 7. Kathleen Wright   | Kathleen Wright - School Health     |
| 8. Jenna Kaczmariski | Jenna Kaczmariski - School Health   |
| 9. Jenna Loune       | Jenna Loune - FDoH Polk             |
| 10. Kim Long         | Kim Long - Polk Vision              |

***Appendix B:***  
***Worksite Wellness Team Agenda, Minutes, Sign-In***



**Worksite Wellness Team  
Lanier Upshaw  
February 10, 2017 8:30-10:00 AM**

**Agenda**

**Purpose: To support the development of new worksite wellness programs in local businesses.**

<b>Topic</b>	<b>Lead</b>
<b>Welcome and Introductions</b> <ul style="list-style-type: none"> <li>Welcome Kelly Andrews as Schatzie's new co-chair!</li> </ul>	Schatzie & Kelly
<b>Polk Vision Update</b> <ul style="list-style-type: none"> <li>Operating Board Update – Next meeting Monday 3/6</li> <li>Building a Healthier Polk Teams Update</li> <li>Upcoming Community Reengagement Forum – update on dates/who will be part of host committee to recruit attendees for each municipality</li> </ul>	Jenna
<b>Strategic Plan Update</b> <ul style="list-style-type: none"> <li>Strategy 2: Tabled (for now)</li> <li>Strategy 1: Working to rewrite measures based on CDC Worksite Health ScoreCard – update coming</li> </ul>	Schatzie & Jenna
<b>Grant Update</b> <ul style="list-style-type: none"> <li>PWP promotional materials</li> <li>3 presentations (Polk Round Table/SHRM, CPS, Lakeland Chamber Friday Forum)</li> </ul>	Schatzie & Kelly
<b>Previous Action Items</b> <ul style="list-style-type: none"> <li>2<sup>nd</sup> quarterly calls – progress updates?               <ul style="list-style-type: none"> <li>Has anyone been able to set up meetings with businesses to go over ScoreCard results/create wellness plan?</li> </ul> </li> <li>Schatzie contact Polk Round Table about presenting?</li> </ul>	Schatzie & Kelly
<b>Action Items and Next Steps</b> <ul style="list-style-type: none"> <li>Keep working on 2<sup>nd</sup> quarterly calls – progress?</li> <li>Next email – topic? date?</li> <li>Planning for Lakeland Chamber Friday Forum (June 9)</li> </ul>	Schatzie & Kelly
<b>Adjourn</b>	

**Important Dates:**

- Next **Polk Wellness Professionals General Meeting** – Friday, March 3 (8:00-9:30AM) – Polk State College, LLC Building, Room 2194/2195
- Next **Worksite Wellness Team Meeting** – Friday, March 10 (8:30-10:00AM) – Lanier Upshaw

**Background / Talking Points:**

- Building a Healthier Polk is a group of community partners brought together by Polk Vision in 2012 with a goal to increase healthy weight rates in the county.
- Chronic diseases such as heart disease, stroke and diabetes are major causes of death and preventable hospitable stays for the residents of Polk and obesity is a contributing risk factor to these chronic diseases.
- Originally built on 6 strategic areas, the group now works as three Polk Vision Alignment Teams: BHP School Age Team, BHP Primary Care Team, and BHP Worksite Wellness Team



## Worksite Wellness Team

Lanier Upshaw

February 10, 2017

### Welcome and Introductions

- Welcome Kelly Andrews as Schatzie's co-chair

### Polk Vision Update

- Operating Board Update
  - Operating Board consists of all team chairs – opportunities to connect across teams
  - Anyone is welcome to come observe the meetings
  - Met this week on Monday 2/6
  - Next meeting Monday 3/6
- Building a Healthier Polk School Health Team
  - Working on implementing the Whole School, Whole Child, Whole Community (WSCC) model in 5 elementary schools across the county (Inwood, Highland City, Padgett, Wahneta, Medulla)
  - Passed out WSCC model
    - Noted that the model includes employee wellness (schools are not just places of learning for children, they're also worksites for teachers, etc.)
    - Keep this in mind, there may be opportunities in the future to connect with this team to work on worksite wellness within schools
- Building a Healthier Polk Primary Care Team
  - Working on 5-2-1-0 prescription program
  - Primary care pediatricians prescribing healthy habits to patients and their families
  - Currently in the implementation/data collection phase
- Engage Polk 2017 – upcoming community engagement forums hosted by Polk Vision to get input from citizens on the work Polk Vision is doing
  - 3/2 Fort Meade (8-9:30AM)
  - 3/9 Auburndale/Polk City (8-9:30AM)
  - 3/22 Mulberry (8-9:30AM)
  - 3/28 Lake Wales (8-9:30AM)
  - 3/29 Frostproof (8-9:30AM)
  - 4/4 Bartow (8-9:30AM)
  - 4/6 Northeast Polk (8-9:30AM)
  - 4/10 South Lakeland (6:30-8PM)
  - 4/11 North Lakeland (6:30-8PM)
  - 4/13 Winter Haven (12-1:30PM)

### Strategic Plan Update

- Strategy 2: Tabled (for now)
- Strategy 1: Working to rewrite measures/action items based on CDC Worksite Health ScoreCard
  - Passed out workplan with proposed updates to measures and action items written in blue text – team welcome to make any suggestions

- Jenna, Schatzie, and Kelly will be working to finalize these changes, then present to Operating Board for approval

### Grant Update

- Working to get presentations set up:
  - Schatzie getting in touch with Polk Round Table/SHRM to set up presentation
  - CPS (1<sup>st</sup> Wednesday monthly at Florida Southern College) – Dr. Haight volunteered for June (topic TBD), Jenna volunteered for July or August (topic Polk Vision/Building a Healthier Polk)
  - Lakeland Chamber Friday Forum (June 9)
    - Meeting today after this meeting to discuss agenda and planning for this event

### Previous Action Items

- 2<sup>nd</sup> quarterly calls – progress update
  - make sure we're talking to the right person at each business
  - might be a good idea to send an email asking to schedule a call, rather than just calling
  - make a few attempts
  - promote CDC ScoreCard and upcoming Lakeland Chamber Friday Forum event
  - if business sounds reluctant, offer to come in and help them get started on the CDC ScoreCard, in addition to coming after they have completed it to review scores and create a wellness plan
  - when/if businesses do complete the ScoreCard, ask them to send their summary page with the breakdown of their scores to Jenna, Kelly, Schatzie (or they can send it to you and you forward on to chairs)
- Emails
  - Kelly asking for help with these as she is now the co-chair with more responsibilities
  - Group decided to switch to quarterly emails, rather than monthly
  - Emails should have a more detailed subject line of the topic/content of the email (for example: rather than "Free PWP Resources", try "Resources for Diabetes Prevention and Management")
    - This may make it more enticing for the reader, they will know from the subject line if it is of interest to them or not
  - Will be basing email topics on national health observances
    - May – Employee Health & Fitness Month
  - Provide links to more information
  - Provide calendar of upcoming events, classes, presentations, health fairs, etc.

### Action Items and Next Steps

- New ideas to get businesses involved:
  - Look for national/state recognitions related to worksite wellness to encourage businesses to apply for
  - Examples:
    - fit friendly – worksite health solutions – American Heart Association
    - Florida Tobacco Cessation Alliance (American Lung Association) – silver and gold award based on policy and cessation tools offered through company
    - Career Source Polk – recognizes businesses for different topics – we could try to have an award at their event given by PWP – possibly base recognition on completion of CDC ScoreCard?

- Host a mixer and invite different businesses, host a brief presentation, connect people to different resources and get them talking

**Planning for Lakeland Chamber Friday Forum**

- **June 9, 7-9AM at Polk State College (Lakeland Campus) LTB auditorium**
  - Breakfast served 7-7:30
  - Presentation 7:30-8:30
  - Q&A and Networking 8:30-9
- Juli invited Sarah Breed with the Lakeland Chamber of Commerce to meet with us today to plan for the upcoming event
- Title: “Friday Forum: Worksite Health & Wellness”
- Went over agenda draft that Juli and Jenna had created
  - Made edits based on input from Sarah
  - Juli will edit agenda and re-send
- Create packets to handout
  - Welcoa packets – 7 steps
  - CDC ScoreCards
- Have a PWP table and a Tobacco Free Florida table
  - Develop a PWP postcard/brochure to hand out?
- Have a drawing to give away prizes
  - Looking to get donations (gym memberships, yoga mats, t-shirts, fitbit, other health/wellness related prizes)

**ACTION ITEMS**

<b>Responsible Person(s)</b>	<b>Task</b>	<b>Deadline</b>
ALL	Make second quarterly call	3/10/17
ALL	Go over updates (in blue) to workplan	3/10/17
ALL	Do some research on local/state/national worksite wellness recognitions that businesses could apply for	3/10/17
Kelly & Jenna	Plan out emails based on health observances for the rest of the year	3/10/17
Schatzie	Call Polk Round Table about presenting at one of their meetings	ASAP
PWP Executive Team	Go through PowerPoint presentation, make updates, add in CDC ScoreCard info, make a 15-min version	5/30/17
Schatzie, Kelly, Jenna, Juli	Continue planning for Friday Forum	6/9/17

**Items for Next Meeting:**

- Discuss our role in Engage Polk 2017 meetings
- Continue discussing Friday Forum (June 9)
- Update from Schatzie on Polk Round Table

**Next PWP General Meeting:** Friday March 3, 8-9:30AM at Polk State College (Lakeland) Room 2194 LLC Building

**Next Worksite Wellness Team Meeting:** Friday March 10, 8:30-10:00AM at Lanier Upshaw



**Polk Vision and Polk Wellness Professionals  
Worksite Wellness Team Meeting  
February 10, 2017**



Name	Organization	Email	Initials
Alison Kennedy	Florida Presbyterian Homes	On File	AK
Bellnda Rieger	Heart of Florida	On File	
Bethany Brown	Lakeland Regional Health	On File	
Colleen Mangan	DOH Polk / Polk Vision Representative	On File	
Daniel Haight	Lakeland Regional Health	On File	DH
Debbie Zimmerman	Polk County Schools	On File	
Juli Davis	DOH Polk - Tobacco Free Florida	On File	Jhd
Karen Moore	Peace River Center	On File	KM
Kelly Andrews	Florida Southern College	On File	KA
Laurel Smith	Polk State College	On File	LS
Leah Millette	Baycare	On File	LM
Liz Antaya	Stahl & Association Insurance	On File	
Michelle Bass		On File	
Schatzie Haines	Lanier Upshaw	On File	
Jenna Levine	DOH Polk	On File	JDL
Kim Long	Polk Vision	On File	
Andrea Nikolai	UF/IFAS Polk	On File	
Katherine Porter	Peace River Center	On File	
Keri Kozicki	Baycare	On File	

***Appendix C:***  
***Infrastructure Team Agenda, Minutes, Sign-In***

## AGENDA

### Infrastructure February 24, 2017

Welcome/ Introductions

John Bohde /Jason Lewis

Operating Board Feedback

Review Tactical Plan

Engage Polk 2017

Adjourn

#### **UPCOMING MEETING DATES:**

Fri, March 24, 2017, 8:30am – 10:00am

#### **To access meeting documents in portal:**

portal.polkvision.com

Click on **Sign In** in upper right corner of web page

Enter email and sign on (contact Brenda for password reset)

Click on My Sites drop down menu and select Infrastructure

Click on Resources icon



Resources

Click on meeting date in the Virtual Binder

**Mission** . . . Polk Vision actively facilitates a process through which Polk County realizes its full potential. Polk Vision identifies and builds awareness of community priorities, promotes partnerships and encourages accountability.

**Polk Vision Infrastructure**  
**February 24, 2017**

**Welcome/Introductions**

Lauren Hinton welcomed everyone and member began with introductions.

**Operating Board Feedback**

Lauren – the Operating Board had some feedback and edits for our tactical plan. John highlighted and crossed out where edits should be on our plan.

**Comments from Operating Board**

Members asked if there had been any discussion on mapping bus stops and identifying any challenges to getting to the bus stops

- John answered – there hasn't because our main focus is schools and eliminating those gaps.

Has there been any discussion on speaking with developers and contractors and how we can get them to pay for sidewalks

- Jason answered – at this point any new construction is going to require for them to install sidewalks. However they often don't connect to other sidewalks.

Members suggested partnering with the BHP team to raise awareness of sidewalk conditions. Identify the gaps and bring awareness that there are students who walk to school and there are gaps in their route which is dangerous. Also, partner with the Government team to get the elected officials on board.

- John answered – yes we have thought about this and we may need to develop a resolution to have the municipalities put sidewalks in their budget.
- Naomi – where do the officials stand right now?
  - John answered - They know sidewalks are an issue but they do not put money aside for sidewalk projects. Lakeland is the only city that does.

**Edits**

- Members suggested changing buy-in to awareness on the tactical plan so they may commit to making a budget line item for sidewalks
- Naomi – your measurement should align to the outcome? You need to include your baseline measurement.

## Final Tactical Plan

The Team agreed to make the edits listed below and to present to the Operating Board in March as long as John and Jason agree.

Changes to the Tactical Plan highlighted in yellow.

Short-term measurements:

- 100% commitment from all governments on sidewalk priority with an emphasis on high crash areas.
  - o Additional focus on areas requiring right-of-way purchase or easement.
- Create baseline & single database of GIS at BoCC (TPO)
- Complete clearinghouse and provide open access to all appropriate contacts.
- Establish mid-term measurement (to decrease sidewalk gaps) based upon the results of the TPO study by 9/30/17.

Mid-term measurements:

- GIS data
- School Board Data
- Annual survey to calculate funding utilized for sidewalk improvements or additions. Compare grant-funded versus locally allocated.
- Decrease sidewalk gaps by XX%. (The goal will be established during the short-term phase)

## Next Meeting

March 24, 2017



Date of creation: 2/24/2017				
Team name: Infrastructure				
First Name	Last Name	Initial	Organization	E-mail
✓	Chuck	Barmby	City of Lakeland	charles.barmby@lakelandgov.net
✓	John	Bohde	Polk County Board of County Commissioners	johnbohde@polk-county.net
	Mike	Britt	City of Winter Haven	mbritt@mywinterhaven.com
✓	Jennifer	Codo-Salisbury	Central Florida Regional Planning Council	jcodosalisbury@cfrpc.org
✓	Hal	Coffman	Madrid Engineering Group	hcoffman@madrideengineering.com
	Tom	Deardroff	Polk County Board of County Commissioners	tomdeardorff@polk-county.net
	Danielle	Drummond	Lakeland Regional Health	danielle.drummond@mylrh.org
	Tracy	Garcia	Central Florida Development Council	tracy@visitcentralflorida.org
✓	Gordon	Green	Patel, Greene, & Associates	gordon@patelgreene.com
✓	Lauren	Hinton	Florida Department Of Health in Polk County	lauren.hinton@flhealth.gov
	Cyndi	Jantomaso	Haines City Economic Development Council	cyndi@hainescitydc.com
	Addie	Javed	City of Haines City	ajaved@hainescity.com
	Jeff	Kincart	A-C-T Environmental & Infrastructure	jkincart@a-c-t.com
	Ryan	Kordek	Polk Transportation Planning Organization	ryankordek@polk-county.net
	Eric	Labbe	City of Winter Haven	elabbe@mywinterhaven.com
	Brent	Lacy	VHB	blacy@vhb.com

First Name	Last Name	Initial	Organization	E-mail
Jason	Lewis		Kimley - Horn	jason.lewis@kimley-horn.com
Pam	Luce	<i>PL</i>	Polk County Public Schools	pam.luce@polk-fl.net
Larry	Madrid		Madrid Engineering Group	larrymadrid@madridengineering.com
Matt	Mouncey		Southeast Environmental solutions, INC	mmouncey@gmail.com
Tracy	Mouncey		Tracy Mounney & Associates	tracynbryant@gmail.com
Nick	Nicholas	<i>N2</i>	DSM	nnicholas@dsm.net
Pete	Padron		Lakeland Regional Health	pete.padron@stantec.com
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Tom	Phillips		Citrus Connection, Polk Transportation Planning Organization	tphillips@ridecitrus.com
Jeff	Schmucker	<i>[Signature]</i>	Central Florida Planning Council	jschmucker@cfrpc.org
Steven	Shealey		Envisors	sshealey@envisors.com
Pat	Steed		Central Florida Regional Planning Council	psteed@cfrpc.org
Kimberly	Warren		Atkins	kimberly.warren@atkinsglobal.com
Phil	Wegman		Furr & Wegman Architects P.A.	pwegman@furrandwegman.com
Anne	Yasalonis		UF/IFAS Extension Polk County	anneanne@ufl.edu
<i>CHISTER</i>	<i>Sanson</i>	<i>[Signature]</i>	<i>LAKELAND REGIONAL HEALTH</i>	
<i>Kim</i>	<i>Long</i>	<i>Staff</i>		
<i>MARGIE M. BAUMBY,</i>	<i>CFRPC</i>	<i>FOR</i>	<i>JEFF SCHMUCKER</i>	

***Appendix D:***  
***School Health Advisory Council Agenda, Minutes, Sign-In***

**School Health Advisory Committee**  
 Polk County School Board Employee Health Clinic  
 3215 Winter Lake Road  
 Lakeland, Florida

October 18, 2017  
 11:30 A.M. – 1:00 P.M.

**MEETING OBJECTIVES:**

- Provide required updates from School Health Services
- Pledge to Slow Down Presentation
- Goal Setting
- Chair to Share

**MEETING AGENDA**

What	How	Who	Time
Lunch Commencement Welcome, Meeting Agenda	Present	Audrey Kelley-Fritz	5 Minutes
School Health Services Updates/Head Start Update	Present	Tammy Durden	10 Minutes
Pledge to Slow Down	Present	Julia Davis, Sr. Transportation Planner	20 Minutes
Group Work: Planning for this Year	Present/ Discuss	Everyone	30 Minutes
Chair to Share	Present	Group Leaders—5 minutes each	25 Minutes

NEXT MEETING DATE: 1/24/18

11:30 A.M. – 1:00 P.M.

**School Health Advisory Committee**  
 LOCATION TBA

*Jan.*  
*March.*  
*May*

**MISSION STATEMENT:** The School Health Advisory Committee is to promote and enhance health education, physical and mental health of students, and a safe environment in which to grow, learn and achieve.

# School Health Advisory Council Meeting Minutes

October 18, 2017

## Audrey Kelley-Fritz: Welcome

- Introduced speaker: Julia Davis, Sr. Transportation Planner

## Julia Davis:

- Gave a presentation titled “Pledge to slow down”. Demonstrations were performed by volunteers in the meeting to show how long it would take to stop a vehicle when traveling at a specific speed. For example, if driving at just 30 MPH it would take 75 feet to come to a complete stop and at 50 MPH it would require 175 feet to come to a complete stop.
- Julia handed out Pledges to sign *taking the pledge* to slow down. The other half of the Pledge forms were turned in with names and you could note on the form if you wished further presentations, signage, etc. She also picked from the submitted pledges one person who won a T-shirt.
- Group discussion on how to help students walking to schools to be seen more easily – especially in the mornings when it is still dark outside. One suggestion was to put some type of reflective tape, paint, etc., on their backpacks.
- There is a website to get more information under [www.pledgetoslowdown.com](http://www.pledgetoslowdown.com).

## Tammy Durden:

- The supervisor of Pre-k, Gwen Parish, R.N., has left to work for the school board and we are presently interviewing for her position.
- The 45-day deadline for Pre-k screenings was met.
- Screenings are back on track in School Health – although 10+ elementary schools (vision/BMI) and 4 middle schools (scoliosis) were rescheduled due to the hurricane.
- The 5-2-1-0 program is being done again this year for certain 3<sup>rd</sup> grade classrooms.
- The School Health Program will be getting its school site visit (from Tallahassee). It is scheduled for 10/23-25 next week and takes place every 2 years. Four schools (Basic, Full Service, Comprehensive, and one of our choice) were chosen to be audited and the schools selected are Bartow Elementary Academy, Spessard Holland Elem., Sandhill Elem. and Dundee Ridge MS.
- School Health has hired 3 new nurses (RNs) due to resignations.

## Activity:

The attendees were divided into their discussion groups - that were first created last year to continue their work on meeting their objectives in order to gain Gold status for the District Award. Application is due in January, 2018. The School District has been at silver status since 2008. The five group categories are:

1. Health Education and physical education
2. Physical Environment, social emotional climate, psycho-social services

3. Community and family involvement
4. Nutrition services/employee wellness
5. Health Services

### **After Activity Discussion/ Reporting Workplan Progress**

#### **Community and Family Involvement:**

- There is a parent outreach bus that travels to various Title I schools during the school day that has books for students as well as computers that parents may access.
- It was recommended that the Resource Guide should also contain a list where all libraries are located and community centers that have computers a parent can use as well.

#### **Employee Wellness and Nutrition Services (HUSCC:SL Update):**

- One of our goals for Nutrition Environment and Services is to improve our score on one item from 0 to 1 by having between 1-25% of schools in the district apply for HUSCC: SL. Erica Rodriguez from the Florida Department of Agriculture and Consumer Sciences (FDACS) has been working on submitting HUSCC:SL applications for the 5 schools involved in Polk Vision's Healthy Schools pilot program. These (and possibly a few other applications) will be submitted soon. This should complete our goal of having between 1-25% of schools in the district apply for HUSCC:SL, and will increase our district score by 1 point.
- Include physical activity for employees
- Healthier vending machine choices

#### **Health Services:**

- A suggestion was made there be a list of all services that parents/students can access through the school website and possibly other places in the community. Discussed putting together a resource list and have it available for parents/students on the school website and possibly in other places in the community for them to access. It was discussed that perhaps School Health employees could start this project over the Christmas break. Other ideas brought up that can be listed so they can be easily accessible:
- Colt program where students can ride a bus for free.
- Bus schedules.
- Will also check with United Way, Safe Haven and Peace River to see what they have to offer so we can post this information for students/parents.
- What Medicaid has to offer.

#### **Social Services:**

- Working on Bullying prevention

#### **Health Education:**

- Suggested doing an in-service day for their Classroom Health Teachers/Nurses for CEUs. Possibly invite DOH nurses. Various topics were discussed. Tammy Durden offered to be the provider for the CEUs.

**Meeting Adjourned**

Next meeting date: 1/24/2018

11:30 A.M. – 1:00 P.M.

**SCHOOL HEALTH ADVISORY COMMITTEE**

Sign-In Sheet  
October 18, 2017

NAME	SIGNATURE	ORGANIZATION	EMAIL
Kobbie Chapman	Kobbie Chapman	PCSB	
Audrey Kelley	Audrey Kelley	PCSB	
Anna Kaczyn	[Signature]	PCSB	
Lisa Butcher	Lisa Butcher	FDaH	
Jenna Levine	Jenna Levine	FDON	
Donna Harvart	Donna Harvart	PCSB	
Melanie Peter	Melanie Peter	PCSB	
Cathy Boek	Cathy Boek	PCSB	
Lynne Marts	Lynne Marts	FDaH	
Pauline Simmonds-Bow	[Signature]	Polk Vision	
Jalia Davis	[Signature]	Polk TPO	
Deb DeWright	Deb DeWright	Hearth	
Jodi Miller	Jodi Miller	UWCF Success 136	Jodi.miller@uwcf.org
Taylor Freeman	Taylor Freeman	FDON-Polk	on file
Gloria Rathe	[Signature]	Polk TPO	

NAME	SIGNATURE	ORGANIZATION	EMAIL
Wileen Mangano	Wileen Mangano	DDH Polk	on file
Juli Davis	Juli Davis	DDH Polk - Tobacco Program	on file
Tommy Dresden	Tommy Dresden	DDH-Polk	on file

***Appendix E:***  
***Florida Healthy Babies Agenda, Minutes, Sign-In***

**Florida Healthy Babies Polk Team Meeting  
March 16, 2017**

**Agenda**

- |                                      |                    |
|--------------------------------------|--------------------|
| 1. Welcome                           | Taylor             |
| 2. Beds 4 Babies Update              | Ros                |
| 3. Baby Friendly Hospitals           | Suzanne            |
| 4. Finalize FHB Action Plan          | Taylor             |
| 5. Data Monitoring Tool Initial Pull | Sylvie/Ros/Suzanne |
| 6. Next Meeting Date/Time            | Taylor             |

**Important Dates**

- 3/8 – Polk County Breastfeeding Network Meeting
- 3/22 – PMAC/SPIL meeting
- 4/6 – Tobacco Free Polk Meeting
- 4/15 – Revised Action Plan due to State
- 4/15 – Quarterly Report Due
- 4/20 – CHIP meeting

**Florida Healthy Babies Polk Team Meeting**  
**March 16, 2017**  
**Meeting Minutes**

**Attendees:** Beverly Dodson, Dee Zervas, Sheryl Cooper, Suzanne Wright, Sylvie Grimes, Taylor Freeman, and Tonya Akwetey.

1. Welcome Taylor
  - Taylor welcomed those in attendance
  
2. Beds 4 Babies Update Dee
  - 36 crib sets have been purchased to date.
  - We would like to begin referring to the crib sets purchased with our FHB money as “FHB crib sets” to keep from internal confusion with funding sources.
  
3. Baby Steps to Baby Friendly Update Suzanne
  - All 3 hospitals have signed on to fulfill the program; they have all already sent their acceptance of funding to Tallahassee.
  - Christine is working closely to assist Heart of Florida hospital.
  - Lakeland Regional Health needs to get paperwork from their CEO, but they have confirmed that they would like to participate.
  - Purchase orders will be going out next week.
  
4. Revise FHB Action Plan Taylor
  - Team went through the action plan together and made suggested revisions
  - Strategy 1 – Promote and increase participation and collaboration in Healthy Start and WIC
    - Change attendance to WIC staff meetings from quarterly to annually as they only hold an annual staff meeting
    - Change the participation from a rate of the population to a percentage. We can track the percentage of increase this way.
    - “Monitor” patient satisfaction instead of “increase” as the rate is currently so high.
  - Strategy 2 – Promote safe sleep practices
    - Rate is a 3-year rolling rate where all of our other data pulls are only from a single year
    - Meet with Tonya to look at specific sleep-related death cases to get an accurate number from 2016. Use this number as the baseline data number.
  - Strategy 3 – Promote breastfeeding initiation among all women in Polk
    - CHARTS data is a 3-year rolling rate
    - Suzanne can get the WIC Quarterly report and pull a more accurate number for a single year.
      - Do not use the CHARTS rate as the baseline. Use the WIC data as the baseline.

- Define that the population we will be monitoring are the women enrolled in the WIC program.
- Strategy 4 – Promote tobacco cessation for women of child bearing age.
  - CHARTS data is a 3-year rolling rate and is old.
  - Get with Juli Davis to see what is the most accurate form of data to collect: the AHEC registration numbers or the QuitLine participation numbers?
  - Dee will attend some of the TFP meetings.

5. Action Items

Group

- Suzanne will gather WIC breastfeeding data and send to Taylor.
- Taylor will meet with Juli Davis re tobacco cessation baseline data.
- Taylor and Tonya will meet to compile 2016 sleep-related death data.
- Taylor will make the suggested revisions to the action plan and bring to the next meeting for finalizations.

6. Next Meeting: **March 31, 2017 from 9:00 – 10:30 am in the Director’s Conference Room, 4<sup>th</sup> floor, Bartow Administration Building**



Florida Department of Health in Polk County  
 Florida Healthy Babies (FHB) Team Meeting  
 Director's Conference Room, 4<sup>th</sup> Floor, Bartow Admin Building  
 March 16, 2017, 3:00 – 4:30 pm

**SIGN-IN SHEET**

Name	Signature
Beverly Dodson	
Colleen Mangan	
Deedee Zerfas	
Dr. Joy Jackson	
Roselyn Smith	
Sheryl Cooper	
Suzanne Wright	
Sylvie Grimes	
Taylor Freeman	
Tonya Akwezey (Healthy Start Coalition of Polk, Hardee, and Highlands)	

