



Community Health Improvement Plan 2018-2019 Annual Progress Report

Florida Department of Health in Polk County

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Introduction

This is the 2018-2019 Annual Progress Report for the 2016-2020 Polk County Community Health Improvement Plan (CHIP). Polk's 2016-2020 CHIP runs from August 1, 2016 through July 31, 2020. This report reflects the progress made in the third year of CHIP implementation, from August 1, 2018 through July 31, 2019.

The activities and collaborative efforts of the Florida Department of Health in Polk County and community partners are reflected within this report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community-driven and collectively owned health improvement plan, the Florida Department of Health in Polk County is charged with providing administrative support, tracking and collecting data, and preparing the Annual Progress Report.

Rather than hold a single Annual CHIP Review Meeting, FDOH-Polk staff meet regularly with community partners and community-based teams to evaluate and discuss our plans. Over the course of the year, changes were made to the respective plan as needed or, in the case of the Infant Mortality Strategic Issue Area, as new direction was provided by the State Office. This has allowed for timely response as each team identifies necessary changes.

Listed below is each strategic issue addressed in the CHIP, the community teams working to address specific objectives, and a summary of when they met to **revise, review, and/or make additions** to their respective objectives and workplans. Additionally, some strategies were **removed** from the CHIP.

Strategic Priority 1: Healthy Weight

Strategy 1: Create continuity of messaging across pediatric settings. **(Revised)**

Key Partners: Polk Vision Building a Healthier Polk Primary Care Team

The Primary Care Team met monthly to ensure progress on their tactical plan. In March of 2019, the team met to review their tactical plan and make revisions for the new year. The agenda, minutes, and sign-in from the Primary Care Team's March Meeting can be found in **Appendix A**.

Strategy 2.1 & 2.2: Support the development and enhancement of worksite wellness programs in local businesses & Continue to support the development of worksite wellness programs in local businesses. **(Removed from CHIP)**

Key Partners: Polk Vision Building a Healthier Polk Worksite Wellness Team

These strategies were removed from the CHIP because the group was unable to make progress towards achieving outcomes.

Strategy 3: Engage local government leaders to prioritize money for sidewalks and in turn ensure the location and placement are on collector roads within a one-mile radius of schools. **(Reviewed)**

Key Partners: Polk Vision Infrastructure Team

In 2016-17, the Polk Vision Infrastructure Team determined they would organize stakeholders around the issue of gaps in sidewalks surrounding Polk County Schools and began considering how to take action. In March of 2017, the team developed a strategy and set of objectives to address this issue. The team's strategy is to prioritize the placement of sidewalks within a 1-mile radius of schools in Polk County. This strategy was written in as an addition to our 2016-2020 CHIP last year, under the Healthy Weight Strategic Issue Area. In October of 2018, the team reviewed progress on their tactical plan. The agenda and minutes from the Infrastructure Team's October 2018 meeting can be found in **Appendix B**.

Strategic Priority 2: Child Health

Strategy 1: Increase healthy weight in school-aged children through increased physical activity and nutrition. **(Revised)**

Key Partners: Polk Vision Building a Healthier Polk School Health Team

The School Health Team met monthly to ensure progress on their tactical plan. In March of 2019, the team reviewed their current tactical plan and made small revision to the language in order to more accurately reflect the Team's work. The agenda, minutes, and sign-in from the School Health Team's March 2019 meeting can be found in **Appendix C**.

Strategy 2: Establish a fully integrated, working Whole School, Whole Community, Whole Child (WSCC) Model within the School Health Advisory Council (SHAC). **(Removed from CHIP)**

Key Partners: Polk County School District School Health Advisory Council (SHAC)

No further progress was made on this strategy. This strategy has been concluded and removed from the CHIP.

Strategic Priority 3: Infant Mortality

Key Partners: Florida Healthy Babies Polk Team **(Revised)**

In June 2016, a community meeting was held identifying that the common root causes of infant mortality in the high-risk zip codes were issues with access to care, cultural differences, and stress. In January 2017, the group revised their original plan to include more specific community-based interventions with 4 new strategies: increasing participation in and collaboration between Healthy Start and WIC, promoting safe sleep practices, promoting breastfeeding, and reducing tobacco use among women of child-bearing age. The team met monthly to ensure progress toward these goals. In June 2018, the group reviewed their action plan to determine whether the proposed strategies were appropriate for the intended population and discovered that tobacco use does not significantly affect Black mothers in Polk. Therefore, the tobacco strategy was removed from the plan. The strategies pertaining to Healthy Start and WIC collaboration, the promotion of safe sleep practices, and the promotion of breastfeeding were revised to reflect new target values. The team was then informed that we received funding to support a tobacco strategy and, subsequently, revised the action plan to again include tobacco cessation education. The community strategy hosted an event in March 2019 and discovered that a deeper dive into the issues faced by the Black communities in Polk should be taken. This resulted in the strategy evolving into a community-based team housed at Healthy Start Coalition and a revision of this strategy in the Florida Healthy Babies Workplan. In July 2019, all these revisions were reviewed.

Further revisions to the Florida Healthy Babies action plan will be discussed at the October 2019 team meeting. The agenda, meeting minutes, and sign-in sheet associated with the review of this revised plan can be found in **Appendix D**.

Strategic Priority 4: Injury Prevention

Key Partners: Coalition on Injury Prevention of Polk County (Revised)

The Coalition on Injury Prevention of Polk County was an existing community coalition formed in 2002 to provide injury prevention resources and education throughout the county. In January 2016, Lakeland Regional Health reached out to the Florida Department of Health in Polk County requesting assistance in giving the group a more action-oriented approach. The group focuses on providing educational programs and resources in the areas of child drowning prevention, adult bicycle and pedestrian safety, and senior falls prevention. The coalition has aligned their goals to the FDOH State Health Improvement Plan as well as the results from the Community Health Needs Assessment performed by Lakeland Regional Health. In May 2018, the group expressed interest in becoming a participating team of FDOH-Polk's Community Health Improvement Plan (CHIP) and agreed to provide trackable goals to be monitored during the next CHIP cycle. In January 2019, all three subcommittees reviewed their action plans and revised the data in their objectives to be reflective of the most updated data for the county. The agenda, meeting minutes, and sign-in sheet associated with the review of these revised plans can be found in **Appendix E**.

Overview of the Community Health Improvement Plan (CHIP)

Upon completion of the Polk County 2015 Community Health Assessment, meetings with community partners were held from July 2015 through June 2016 to review the Community Health Assessment, select strategic priorities, and create objectives and measures for the 2016-2020 Community Health Improvement Plan (CHIP).

Committees that worked on the 2012-2015 CHIP reviewed the assessment first. These teams were the Polk Vision Building a Healthier Polk Initiative's Primary Care, School Health, and Worksite Wellness Teams. Their efforts between 2012 and 2015 were focused on reducing the obesity rate in Polk County. Upon review of the 2015 Community Health Assessment, since obesity is a contributing risk factor to many chronic diseases and because Polk's adult obesity rate is still higher than the state, the Polk Vision Building a Healthier Polk Teams decided to continue working on obesity as a strategic priority. As teams reviewed successes of the first three-year plan, they realized continued collaboration would yield additional progress. In addition, DOH-Polk staff have worked with Polk Vision Teams to incorporate Healthiest Weight Florida deliverables into workplans where efforts are aligned.

Then, the Building a Healthier Polk Initiative's School Health Team chose to build strategies around the Whole School, Whole Community, Whole Child (WSCC) Model. DOH-Polk staff presented the Community Health Assessment to the Polk County School District School Health Advisory Council (SHAC). The leadership of both groups met and determined Child Health would be a strategic priority and agreed to build capacity to address additional child health measures.

During the July 2015-June 2016 timeframe, the Florida Healthy Babies Initiative was introduced throughout all counties in the state of Florida. Community partners, including the Healthy Start Coalition of Hardee, Highlands, and Polk County and the birthing hospitals in Polk County, as well as community members agreed to work on strategies that would decrease the growing Black-White infant mortality gap.

The Coalition on Injury Prevention of Polk County was an existing community coalition formed in 2002 to provide injury prevention resources and education throughout the county. In January 2016, Lakeland Regional Health reached out to the Florida Department of Health in Polk County requesting assistance in giving the group a more action-oriented approach. The group focuses on providing educational programs and resources in the areas of child drowning prevention, adult bicycle and pedestrian safety, and senior falls prevention. The coalition has aligned their goals to the FDOH State Health Improvement Plan as well as the results from the Community Health Needs Assessment performed by Lakeland Regional Health. In May 2018, the group expressed interest in becoming a participating team of FDOH-Polk's Community Health Improvement Plan (CHIP) and agreed to provide trackable goals to be monitored during the next CHIP cycle.

Polk County 2016-2020 CHIP Strategic Priorities

STRATEGIC PRIORITY	GOAL
Healthy Weight	<i>Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%, State 26.4%).</i>
Child Health	<i>Leverage the school setting and support for local schools to improve child health in Polk County.</i>
Infant Mortality	<i>By December 31, 2018, reduce the three-year rolling average of black infant mortality rate from 10.9 (2012-2014) to 8.3 per 1,000 live births.</i>
Injury Prevention	<i>Prevent and reduce unintentional deaths in Polk County in the areas of child drowning prevention, adult bicycle/pedestrian safety, and senior falls prevention.</i>

CHIP Annual Review

Strategic Priority 1: Healthy Weight

Obesity is a contributing factor to preventable chronic diseases, including diabetes, hypertension, high cholesterol, cardiovascular disease, stroke, and certain cancers. Obesity also contributes to higher health care costs, including preventable hospital stays, decreased productivity, and increased absence from work or school. In 2011, Lakeland-Winter Haven was ranked the 7th most obese metropolitan service area (MSA) in the country (Gallup-Healthways Well-Being Index, 2011). The 2015 Polk County community health assessment (CHA) revealed that obesity is a major health concern in Polk County, where the adult obesity rate (BMI ≥ 30) is 36.9% (FLHealth CHARTS, 2013). In addition, 32% of 3rd graders in Polk County are overweight or obese (BMI ≥ 85th percentile) (FDOH-Polk, 2016).

Goal: Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%, State 26.4%) by 2030.

Strategy 1.1: Create continuity of messaging across pediatric settings.

Key Partners: Polk Vision Building a Healthier Polk Primary Care Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase the number of conversations about reducing risk factors for unhealthy BMI between pediatric providers and families.	Increase participation in 5-2-1-0 prescription program by 2 new practices	4	5		There are currently 4 pediatric practices participating in the 5-2-1-0 prescription program. The goal is to increase by at least 2 practices (from 3 to 5) by July 31, 2020.
	Collect at least 3,000 5-2-1-0 goals in 2018	3,841	3,000		As of December 31, 2018, 3,841 goals were selected by pediatric patients and their families. The goal was to collect at least 3,000 goals by December 31, 2018. A new goal was set for 2019 (see <i>Revisions</i> section).
	Disseminate at least 2,000 5-2-1-0 prescriptions in 2018	1,587	2,000		As of December 31, 2018, 1,587 prescriptions were disseminated by pediatric providers. The goal was to disseminate at least 2,000 prescriptions by December 31, 2018. Although this goal was not fully met, progress was made and a new goal was set for 2019 (see <i>Revisions</i> section).

Provide/increase/promote preventative health education through community partnerships.	Track the number and type of communication methods, including number of institutions and individuals reached.	5	4		Currently, 5 institutions (4 pediatric practices and 1 ARNP program) are participating in the 5-2-1-0 prescription program. The goal to reach at least 1 new institution was met in 2018.
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Strategy 2.1: Support the development and enhancement of worksite wellness programs in local businesses.

Key Partners: Polk Vision Building a Healthier Polk Worksite Wellness Team

Objective	Indicator (Data Source)	Current Level	Target	Status	Explanation of Status
Number of businesses that have completed the CDC Worksite Health ScoreCard	CDC Worksite Health ScoreCard	6 CDC ScoreCards	10 CDC ScoreCards		A total of 6 businesses in Polk County have completed the CDC ScoreCard and reported their results to the Worksite Wellness Team.
Baseline CDC Worksite Health ScoreCard scores	CDC Worksite Health ScoreCard	Baseline scores established for 6 businesses	Baseline scores for 10 businesses		A total of 6 businesses in Polk County have completed the CDC ScoreCard and reported their results to the Worksite Wellness Team.
Number of presentations to local businesses and community organizations	Number of presentations to local businesses and community organizations	3 presentations per year	3 presentations per year		This indicator was added to show the breadth of outreach conducted by the Worksite Wellness Team through presentations on worksite wellness and the CDC Worksite Health ScoreCard.
Number of in-person consultations with local businesses	Number of in-person consultations with local businesses	4 consultations with 3 new businesses	5 consultations with 5 new businesses		This indicator was added because the Worksite Wellness Team decided to replace phone calls and emails with in-person consultations.
Number of phone calls and email correspondence with local businesses	Correspondence with local businesses (records of phone calls, emails)	Phone calls/emails with 11 businesses	Follow-up at least once per business		This indicator was added to show the number of businesses with whom the Worksite Wellness Team is corresponding via phone calls and emails.

Strategy 2.2: Continue to support the development of worksite wellness programs in local businesses.

Key Partners: Polk Vision Building a Healthier Polk Worksite Wellness Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Develop timeline for cohort of 5 businesses to engage in wellness programming and establish comparative data.	Number of businesses committed to cohort	0	5		This strategy has been placed on hold until the strategy 2.1 has been further developed.
	Number of CDC Worksite Health Assessments completed	0	5		This strategy has been placed on hold until the strategy 2.1 has been further developed.

Strategy 3.1: Engage local government leaders to prioritize money for sidewalks and in turn ensure the location and placement are on collector roads within a one-mile radius of schools.

In January of 2017, an article published by NPR ranked the Lakeland-Winter Haven metropolitan area the 6th most dangerous metro area for pedestrians in the country. Between the years of 2006-2015, there were 142 pedestrian and 33 bicyclist fatalities due to traffic crashes in Polk County (Polk TPO, 2017). Sidewalks and lighting improvements will help to make walking and biking safer for pedestrians and bicyclists. In addition, the ability to walk or bike safely in the community provides an additional opportunity for physical activity, which will help to promote healthy weight among children and adults.

Key Partners: Polk Vision Infrastructure Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
City/county planners utilize GIS maps of existing sidewalks within one-mile of schools for proactive planning.	Create baseline and single database of GIS at BoCC	Baseline established and database created	Baseline established and database created		A full GIS map is complete and maintained by Florida TPO.
City/county planners utilize Safe Routes to Schools and other funding opportunities to fund sidewalk gaps.	Complete clearinghouse and provide open access to all appropriate contacts	Clearinghouse has not been established	Clearinghouse created and shared		There is awareness of a need to “share” resource information but a central clearinghouse has not been established. It is unclear who would take responsibility for creating and/or maintaining this system.

Strategic Priority 2: Child Health

Schools are the best setting to influence healthy behaviors and habits in children. This strategic area is focused on implementing evidence-based practices and policies in both individual schools and at the district level in Polk County. The Building a Healthier Polk Initiative’s School Health Team continues to focus primarily on strategies to combat childhood obesity and chose to craft those strategies based on the Whole School, Whole Community, Whole Child (WSCC) Model and work to implement them within 5 pilot schools. The Polk County School District School Health Advisory Council (SHAC) committed to strengthening efforts and aligning resources at the district level through SHAC committees comprised of subject matter experts for the 10 components of the WSCC model. Strategies at the district level will include more robust implementation of components within the model in order to ensure Polk Schools provide an environment that supports the health of all children.

Goal: Leverage the school setting and support for local schools to improve child health in Polk County.

Strategy 1: Increase healthy weight in school-age children through increased physical activity and nutrition.

Key Partners: Polk Vision Building a Healthier Polk School Health Team and Polk County School District School Health Advisory Council (SHAC)

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Develop and implement pilot program in 5 schools to improve best practices based on the Whole School, Whole Community, Whole Child (WSCC) Model.	Establish baseline School Health Index Scores for each school and develop workplan for improvement.	SHI scores established for all 5 schools	SHI scores established for all 5 schools		Baseline School Health Index scores have been established for the <i>physical education/activity and nutrition services</i> modules for each of the 5 elementary schools participating in the pilot program.
	Establish baseline for WSCC measurements.	All baseline and most year-2 data collected from all 5 schools	All WSCC measurements established for each school		Baseline and 1-year WSCC measurements (based on BMI, <i>FitnessGram</i> , fruit and vegetable selection, and community partnership) have been established for each of the 5 elementary schools participating in the

					pilot program. There are currently a few pieces of missing year-2 data that the team is working with the schools to establish.
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Strategy 2: Establish a fully integrated, working Whole School, Whole Community, Whole Child (WSCC) Model within the School Health Advisory Council (SHAC).

Key Partners: Polk Vision Building a Healthier Polk School Health Team and Polk County School District School Health Advisory Council (SHAC)

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By 2018, increase Polk County Schools Healthy District score by 5%.	Healthy District Award score	Silver (increased from 72% to 74% in 2018)	Increase by 5%		The 5 established SHAC committees developed workplans to increase Polk County's Healthy District Score. As of the spring of 2018, Polk County Schools are a Silver District, with a score of 74% (increased from 72%).
By 2018, create SHAC committees representing 5 out of the 10 components of the WSCC model.	Established committee workplans	5 established SHAC committees; in the process of developing workplans	SHAC committees established representing 5 out of 10 components of WSCC model		There are currently 5 established SHAC committees: <ul style="list-style-type: none"> 1. family and community engagement 2. health education & physical education 3. health services 4. counseling, psychological, & social services, social & emotional climate, physical environment 5. employee wellness and nutrition environment & services

Strategic Priority 3: Healthy Babies

Infant mortality is often called the “pulse of a community” as it can be used as an indicator to deduce the current health status of a community and can help predict the future health status of a community. Infant mortality rates are often linked to other Social Determinants of Health such as lack of prenatal education, lack of access to affordable prenatal care, lack of transportation, etc. A facilitated community discussion was held in June 2016 to determine possible root causes for the high rates of infant mortality within high risk zip codes in Polk County, with a special emphasis on the social determinants of health. The participants in this meeting identified that the common root causes found were issues with access to care, cultural differences, and stress. The Florida Healthy Babies Team, made up of members from FDOH- Polk, Healthy Start, Women, Infants, and Children (WIC), and members of the community created a Community Action Plan to address these root causes. This Community Action Plan has been revised and reviewed annually to accurately represent the needs of these communities. The 2018-2019 Plan was revised and approved by the group for implementation in June 2018. This plan is currently in the monitoring phase and will be revised again in October 2019.

Goal: By June 30, 2020, reduce the three-year rolling average of black infant mortality rate from 17.3 (2014-2016) to 16.0 per 1,000 live births.

Strategy 1: *Promote and increase participation in and collaboration between Healthy Start and WIC programs.*

Key Partners: *Healthy Start Coalition of Hardee, Highlands, and Polk County and WIC*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By June 30, 2020, increase the percentage of women participating in Healthy Start and WIC programs by 5%.	WIC participation rates	18,911	6,174		This objective will be continued and revised for the next Phase of the initiative.
	Healthy Start participation rates	224	820		This objective will be discontinued during the next phase of the initiative. Participation rates have severely dropped after implementation of new Coordinated Intake and Referral System.
	Number of shared clients.	116	182		This objective will be discontinued during the next phase of the initiative. Shared client rates have severely dropped after implementation of new Coordinated Intake and Referral System.

By June 30, 2020, increase referrals between the Healthy Start and WIC programs by 5%.	Referral rates between programs	78	395		This objective will be discontinued and revised for the next Phase of the initiative. Referral rates have been severely dropped after implementation of new Coordinated Intake and Referral System.
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Strategy 2: Promote safe sleep practices.

Key Partners: Child Abuse Death Review Committee, Children’s Home Society, Fetal Infant Mortality Review Team, Healthy Start, Heartland for Children, Safe Kids Suncoast Coalition, and WIC.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By June 30, 2020, reduce the number of sleep-related deaths from 16.7% to 13.0%.	Polk Maternal and Child Health Death Certificate Review	23.3	13.0		Healthy Start Coalition monitors the percentage of infant deaths related to safe sleep. They have been unable to complete a death certificate review for 2018. In 2017, 23.3% of infant death was caused by unsafe sleeping conditions; this is the most updated data the group has received. The status and work of the community group continues to move forward with all birthing hospitals now equipped with a safe sleep display and educational information for parents and family among discharge. This objective will be continued for the next phase of the plan.

Strategy 3: Promote breastfeeding initiation among all women.

Key Partners: Lakeside Pediatrics, Polk County Breastfeeding Network, and WIC.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By June 30, 2020, increase the number of mothers who are breastfeeding from 84.1% to 85.0%.	Percentage of WIC infants and children <24 months who were ever breastfed in Polk County.	87.12	85.0		This objective will be continued and revised for the next Phase of the initiative.
	Percentage of non-Hispanic Black WIC infants and children <24 months who were ever breastfed in Polk County.	81.99	79.5		This objective will be continued and revised for the next Phase of the initiative.

Strategy 4: Promote community advocacy within Polk zip codes with the highest risk of infant mortality.

Key Partners: Healthy Start and community gatekeepers.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By June 30, 2020, work with community members to create an intervention plan targeting communities with a high rate of infant mortality.	Finalized Community Work Plan	1	1		A community-based strategy was formed around of team of community gatekeepers passionate about diving deeper into Polk communities affected by high rates of infant mortality. The group created a work plan and planned a Kick-Off event (Melanin Families Matter) where they had panels of medical providers speak to parents. The group plans to expand to collecting information about SDOH by utilizing focus groups, surveys, and interviews. This will be revised and continues in our next phase of the plan.

Strategic Priority 4: Injury Prevention

Unintentional Injuries such as falls, distracted driving, and drownings are the fifth major cause of death in Polk County despite the fact that most of these injuries are 100% preventable. The Coalition on Injury Prevention of Polk County was an existing community coalition formed in 2002 to provide injury prevention resources and education throughout the county. In January 2016, Lakeland Regional Health reached out to the Florida Department of Health in Polk County requesting assistance in giving the group a more action-oriented approach. The group focuses on providing educational programs and resources in the areas of child drowning prevention, adult bicycle and pedestrian safety, and senior falls prevention. The coalition has aligned their goals to the FDOH State Health Improvement Plan as well as the results from the Community Health Needs Assessment performed by Lakeland Regional Health. In May 2018, the group expressed interested in becoming a participating team of FDOH-Polk’s Community Health Improvement Plan (CHIP) and agreed to provide trackable goals to be monitored during the next CHIP cycle.

Goal: Prevent and reduce unintentional deaths in Polk County in the areas of child drowning prevention, adult bicycle/pedestrian safety, and senior falls prevention.

Strategy 1: Reduce the rate of drowning fatalities in children <5.

Key Partners: Abby Grace’s Hope, Inc., Children’s Home Society, Citizen CPR, Inc., City of Lakeland Parks & Rec, Department of Children and Families, FDOH-Polk, Healthy Start Coalition of Polk, Highlands, and Hardee, Lakeland Regional Health, Johns Hopkins All Children’s Hospital, Polk County Fire Rescue, and Safe Kids Suncoast.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By December 31, 2018, decrease the rate of all drowning death among children <5 from 7.6 (2012-2014) to 6.0.	Rate of fatal drowning incidents in children ages 0-5 (FL CHARTS)	3.0	6.0		This group is a highly active community-based group educating community members and linking parents to swim lessons for children. The group hosts many water safety events, received proclamations from the cities and the county, and teaches water safety classes to community groups. This year, a DOSE-education inspired infographic was provided to Polk County Fire Rescue (PCFR) which they have started giving to all families with children during non-emergent calls. This strategy was revised in January with an updated deliverable to reflect a continuation of the group’s work.

Strategy 2: Reduce the rate of pedestrian and bicycle fatalities.

Key Partners: Bartow Police Department, FDOH – Polk, FDOT, Florida Southern College, Lakeland Police Department, Lakeland Regional Health, Polk County School Board, and Polk Transportation Planning Organization.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By December 31, 2018, decrease the amount Pedestrian and Bicycle Fatalities and Serious Injuries from an average of 67.4 (2016) to an average of 60.0	Reduction in Annual Pedestrian and Bicycle Fatalities and Serious Injuries – FDOT Reporting	77.0	60.0		This group is a highly active community-based group educating community members on bicycle and pedestrian safety. The group hosts workshops, bike rodeos, helmet fittings, and safety trainings. This strategy was revised in January with an updated deliverable to reflect a continuation of the group's work.

Strategy 3: Reduce the rate of falls-related deaths among adults aged 65+.

Key Partners: CATT-Rath Center, FDOH – Polk, FDOT, Florida Presbyterian Homes, Lakeland Regional Health, Senior Connection Center, and Senior Helpers.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By December 31, 2018, decrease the rate of all falls-related deaths among adults 65+ from 47.3 (2012-2014) to 44.0.	Rate of fatal falls in adults ages 65+ (FL CHARTS)	48.0	44.0		This group is a highly active community-based group educating community members and providing both Tai Chi and Matter of Balance classes. The group hosts workshops for those at risk of a fall, those recovering from a fall, and family members supporting a fall victim. This strategy was revised in January with an updated deliverable to reflect a continuation of the group's work.

CHIP Revisions

Revisions to the CHIP were made after careful review of the goals, objectives, strategies, and measures of the 2016-2020 CHIP. Revisions were made to the following goals, strategies, and indicators:

- **Strategic Priority 1: Healthy Weight**
 - **Strategy 1:** *This goal has been revised.*
- **Strategic Priority 3: Healthy Babies**
 - **Strategy 1:** *This goal has been revised.*
- **Strategic Priority 4: Injury Prevention**
 - **Strategy 1:** *This goal has been revised.*
 - **Strategy 2:** *This goal has been revised.*
 - **Strategy 3:** *This goal has been revised.*

Strategic Priority 1: Healthy Weight

Goal: Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%; State 26.4%).

Strategy 1: Create continuity of messaging across pediatric settings.

Key Partners: Polk Vision Building a Healthier Polk Primary Care Team

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Increase participation in 5-2-1-0 prescription program by 2 new practices by December 31, 2020.	Increase participation in 5-2-1-0 prescription program by 2 new practices by December 31, 2020.	5-2-1-0 prescriptions data tracking	4	5	There are currently 3 pediatric practices participating in the 5-2-1-0 prescription program. The goal is to increase by at least 2 practices (from 3 to 5) by December 31, 2020. This goal has not changed.
Collect at least 3,000 5-2-1-0 goals in 2018	Collect at least 3,000 5-2-1-0 goals in 2019	5-2-1-0 prescriptions data tracking	1,648	3,000	As of July 31, 2019, 1,648 goals have been selected by pediatric patients and their families. The goal is to collect at least 3,000 goals by December 31, 2019. This goal has been reset for 2019.
Disseminate at least 2,000 5-2-1-0 prescriptions in 2018	Disseminate at least 2,000 5-2-1-0 prescriptions in 2019	5-2-1-0 prescriptions data tracking	746	2,000	As of July 31, 2019, 746 prescriptions have been disseminated by pediatric providers. The goal is to disseminate at least 2,000 prescriptions by December 31, 2019. This goal has been reset for 2019.

Track the number and type of communication methods, including number of institutions and individuals reached.	Track the number and type of communication methods, including number of institutions and individuals reached.	Primary Care Team tracking document	3	4	Currently, 3 institutions (pediatric practices) are participating in the 5-2-1-0 prescription program. The goal is to reach at least 1 new institution per year. This goal has not changed.
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Strategic Priority 3: Infant Mortality

Goal: By June 30, 2020, reduce the three-year rolling average of black infant mortality rate from 17.3 (2014-2016) to 16.0 per 1,000 live births.

Strategy 1: *Promote and increase participation in and collaboration between Healthy Start and WIC programs.*

Key Partners: *Healthy Start and WIC.*

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By June 30, 2020, increase the percentage of women participating in Healthy Start and WIC programs by 5%.	By June 30, 2020, increase the percentage of women participating in Healthy Start and WIC programs by 5%.	WIC participation rates	5,880	6,174	Healthy Start participation rates have severely dropped after implementation of new Coordinated Intake and Referral System. They have asked to remove this goal from our plan.
		Healthy Start participation rates	781	820	
		Number of shared clients	173	182	
By June 30, 2020, increase referrals between the Healthy Start and WIC programs by 5%.	By June 30, 2020, increase referrals between the Healthy Start and WIC programs by 5%.	Referral rates between programs	376	395	Healthy Start participation rates have severely dropped after implementation of new Coordinated Intake and Referral System. They have asked to remove this goal from our plan.

Strategic Issue Area #4: Injury Prevention

Goal: Prevent and reduce unintentional deaths in Polk County in the areas of child drowning prevention, adult bicycle/pedestrian safety, and senior falls prevention.

Strategy 1: Reduce the rate of drowning fatalities in children <5.

Key Partners: Abby Grace’s Hope, Inc., Children’s Home Society, Citizen CPR, Inc., City of Lakeland Parks & Rec, Department of Children and Families, FDOH-Polk, Healthy Start Coalition of Polk, Highlands, and Hardee, Lakeland Regional Health, Johns Hopkins All Children’s Hospital, Polk County Fire Rescue, and Safe Kids Suncoast.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2020, decrease the instances (count) of all drowning deaths among children <5 from 5.0 (2017) to 3.0.	By December 31, 2018, decrease the rate of all drowning death among children <5 from 7.6 (2012-2014) to 6.0.	Rate of Instances (count) of fatal drowning deaths in children ages 0-5 (FL CHARTS)	3.0	3.0	Last year’s objective was changed to reflect more updated data. The group also decided to look at the instances of deaths as opposed to the rate because the community prefers to discuss the instances of drowning death.

Strategy 2: Reduce the rate of pedestrian and bicycle fatalities.

Key Partners: Bartow Police Department, FDOH – Polk, FDOT, Florida Southern College, Lakeland Police Department, Lakeland Regional Health, Polk County School Board, and Polk Transportation Planning Organization.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2020, decrease the amount Pedestrian and Bicycle Fatalities and Serious Injuries from an average of 77.0 (2018) to an average of 67.0.	By December 31, 2018, decrease the amount Pedestrian and Bicycle Fatalities and Serious Injuries from an average of 67.4 (2016) to an average of 60.0	Reduction in Annual Pedestrian and Bicycle Fatalities and Serious Injuries – FDOT Reporting	77.0	67.0	Last year’s objective was changed to reflect more updated data.

Strategy 3: Reduce the rate of falls-related deaths among adults aged 65+.

Key Partners: CATT-Rath Center, FDOH – Polk, FDOT, Florida Presbyterian Homes, Lakeland Regional Health, Senior Connection Center, and Senior Helpers.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2020, decrease the rate of all falls-related deaths among adults 65+ from 48.0 (2016-2018) to 44.0.	By December 31, 2018, decrease the rate of all falls-related deaths among adults 65+ from 47.3 (2012-2014) to 44.0.	Rate of fatal falls in adults ages 65+ (FL CHARTS)	48.0	44.0	Last year’s objective was changed to reflect more updated data.

CHIP Additions

Additions are made to the CHIP after careful review of the goals, objectives, strategies, and measures of the 2016-2020 CHIP. One addition was made to the CHIP this year.

- **Strategic Priority 3: Healthy Babies**
 - **Strategy 5:** *This goal has been added.*

Strategic Priority 3: Healthy Babies

The 2018-2019 Plan was revised and approved by the group for implementation in June 2018 at which time it was found that issues with smoking while pregnant were not a struggle for our target demographic. Subsequently, the tobacco cessation strategy was removed. However, the Bureau of Tobacco Free Florida graciously provided funding to support tobacco cessation initiatives for pregnant women and Polk was a recipient of these funds. Due to the unexpected funding opportunity, the group chose to revise the plan and add the tobacco cessation strategy back into the CHIP. This plan is currently in the monitoring phase and will be revised again in October 2019.

Goal: By June 30, 2020, reduce the three-year rolling average of black infant mortality rate from 17.3 (2014-2016) to 16.0 per 1,000 live births.

Strategy 5: *Reduce tobacco use among pregnant women.*

Key Partners: *Tobacco Free Florida, Tobacco Free Polk, and WIC.*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By June 30, 2020, create and have approved a workplan promoting tobacco cessation in pregnant women.	Creation and approval of a workplan	1	1		The group decided to provide tobacco cessation information in Discharge Bags that will be given to all Polk birthing hospitals for exclusively breastfeeding moms. In October, the strategy's goal will be revised to reflect this action item.

CHIP Accomplishments

Strategic Priority 1: Healthy Weight 5-2-1-0 Prescription Program

Goal 1: Reduce the obesity (BMI \geq 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%; State 26.4%) by 2030.

Strategy 1: Create continuity of messaging across pediatric settings.

Accomplishment: The 5-2-1-0 prescription program has continued in Polk County, with a new data collection cycle starting January 2019. Participating this year are 3 local pediatric practices, with a total of 27 providers using the 5-2-1-0 prescription tool with patients. In addition, the team developed a new partnership with the Florida Southern College School of Nursing and Health Sciences. Leadership at the School has developed a plan to introduce nurse practitioner students to the 5-2-1-0 prescription tool, with the goals that students will utilize the tool with pediatric patients during practicum rotations and talk with their primary care preceptors about the 5-2-1-0 tool. This will provide nurse practitioner students with the opportunity to learn about 5-2-1-0 and also the opportunity for the tool to be shared with and adopted by the pediatric providers with whom they do their clinical rotations. The 5-2-1-0 prescription program was introduced into the curriculum for all nurse practitioner students starting in the fall semester of 2018. Members from the Primary Care Team have attended nurse practitioner classes at Florida Southern College each semester to provide information on the 5-2-1-0 campaign as well as prescription pads for the students to use in their clinical rotations. In the spring of 2019, a Florida Southern College nurse practitioner student introduced the 5-2-1-0 tool to the providers at her clinical rotation site. The providers at this site had not previously been introduced to this tool, and because of the connection made by the student, the Primary Care Team was able to come present on the tool and provide materials. This practice will now be included in data collection for the 5-2-1-0 prescription program. Through the partnership with Florida Southern College, we hope to expand the 5-2-1-0 program to even more providers throughout Polk County.

How it's important for our community: The 5-2-1-0 prescription program creates an opportunity for pediatric providers to discuss healthy lifestyle habits with their patients and help families decide on healthy goals they would like to work towards together. Doctors may find it difficult to discuss weight with their patients, and providing a standardized, evidence-based tool has helped them to initiate and guide these conversations. This is important for our county because adults in Polk County are on average more obese than other Floridians, and 32% of third graders in Polk County are overweight or obese (2016).

Strategic Priority 2: Child Health

Healthy Schools Initiative Pilot Program

Goal 2: Leverage the school setting and support for local schools to improve child health in Polk County.

Strategy 1: Increase Healthy Weight in school-aged children through increased physical activity and nutrition.

Accomplishment: Polk Vision's School Health Team, comprised of school district staff and community partners including DOH-Polk, have been working with Polk County Public Schools on a pilot program called the Healthy Schools Initiative. The team first identified the Whole School, Whole Community, Whole Child (WSCC) model in 2016 and decided to use it as the basis for a pilot program aimed at improving student health and academic achievement. By the end of the 2016-2017 school year, the team had identified 5 elementary schools across Polk County and with approval from administration, began laying the framework for the pilot program within each school. Each school was asked to form a team of staff that represented the 10 components of the WSCC model, review their school's health data, and develop goals and action plans to implement positive changes. For the 2017-2018 school year, each school was asked to focus on building their team and implementing physical activity and/or nutrition related goals in an effort to improve healthy weight rates. Each school successfully developed a Healthy School Team which met regularly with an assisting community partner to assess their progress. Each school raised their School Health Index score during this school year as they completed or made progress towards their goals. During the 2018-2019 school year, the schools were asked to continue working on physical activity and nutrition goals, while also considering a social-emotional learning goal. Each of the schools maintained their physical activity and nutrition goals, with all participating in Walk to School Day, What's That Wednesday (taste-testing in the cafeteria), and 5-2-1-0 lessons taught by FDOH-Polk school health nurses. Several of the pilot schools worked on strengthening community partnerships, with some having a community partner attending their Healthy School Team meetings, which has helped increase access to programs within the schools. One of the pilot schools was able to successfully implement the Sanford Harmony social-emotional learning curriculum across the school. This school was recognized at a Polk County School Board Meeting for their dedication to their Healthy School Team.

How it's important for our community: This is important for our county because adults in Polk County are on average more obese than other Floridians, and 32% of 3rd graders in Polk County are overweight or obese.

Strategic Priority 3: Infant Mortality

Baby Steps to Baby Friendly

Goal 3: Reduce infant mortality

Strategy 2: Engage local hospitals to pursue Baby Friendly Status, per the Healthiest Weight Florida and Florida Healthy Babies workplans.

Accomplishment: In Polk County, DOH staff have been working with local birthing facilities, one of the “Healthy Places” designated by Healthiest Weight Florida, to increase the number of birthing facilities implementing the 10 Steps to Successful Breastfeeding. In order for birthing facilities to obtain Baby-Friendly designation, these 10 Steps must be fulfilled, meaning the facility implements best-practices to support breastfeeding among new mothers and their infants.

Beginning in September 2015, DOH staff began reaching out to relevant stakeholders, including lactation specialists and physicians, at local birthing hospitals in Polk County. DOH staff also began reaching out to other birthing hospitals in the state that had recently completed the four phases and attained Baby Friendly Status. These contacts were crucial in answering logistical questions and provided helpful information for DOH staff to prepare a PowerPoint presentation, which they then presented to local hospital administration and staff. Two local birthing hospitals, Winter Haven Women’s Hospital and Heart of Florida Hospital committed to attaining Baby Friendly status and registered with Baby-Friendly USA. Since March of 2016, DOH staff have been a continuing resource for these hospitals as they navigate the Baby Friendly Process. Recently, through sustained efforts by DOH staff, Lakeland Regional Health has begun the Baby Friendly process as well.

Currently, Heart of Florida Hospital is in the third phase of the Baby-Friendly process. In this phase, the birthing facility has committed to the process of implementing plans, collecting and analyzing data, and continuing with quality improvement measures.

With the addition of Lakeland Regional Health who is currently in the second phase of the process, 100% of birthing facilities in Polk County are currently in the process of going Baby Friendly.

Winter Haven Women’s Hospital has completed all four phases towards receiving Baby Friendly designation and were recently notified that they have received the Baby Friendly Status designation. They will celebrate with a community event in the coming year.

How it’s important for our community: Baby Friendly hospitals support breastfeeding, which has been shown to reduce infant mortality and help prevent the onset of chronic diseases, including obesity, among both mothers and babies.

Appendices

Appendices	28-85
Appendix A: Primary Care Team Meeting Materials (3.1.19)	
Appendix B: Infrastructure Team Meeting Materials (10.26.18)	
Appendix C: School Health Team Meeting Materials (3.19.19)	
Appendix D: Florida Healthy Babies Team Meeting Materials (7.10.19)	
Appendix E: CIP Meeting Materials (1.15.19)	
Appendix F: Comprehensive List of Community Partners	

Appendix A:
Primary Care Team
Meeting Materials
March 1, 2019

**Primary Care Team
 United Way of Central Florida
 5605 US Highway 98 S, Lakeland
 Pines Board Room
 March 1, 2019 3:00-4:30 PM**

Agenda

Strategies: Create continuity of messaging across pediatric settings and engage primary care providers to promote healthy weight in children.

Topic	Lead
Welcome	Holly & Suzanne
Community Health Assessment Update <ul style="list-style-type: none"> • Community Themes and Strengths Assessment – survey live through 4/21 	Jenna
Polk Vision/Building a Healthier Polk Teams Update <ul style="list-style-type: none"> • School Health Team – new team members in behavioral/mental health; revising Healthy Schools toolkit • Worksite Wellness – planning quarterly/biannual Wellness Exchange Events 	Jenna
5210 Tactical Plan <ul style="list-style-type: none"> • Review updated tactical plan • 2018 Data Collection – Review final data <ul style="list-style-type: none"> ○ Did we reach our 2018 goals? (3,000 goals / 2,000 prescriptions) • 2019 Data Collection – review 2019 data so far • Presentation at Happy Kidz Pediatrics 3/7 – FSC student doing clinical rotation there and introduced 5-2-1-0 	Holly
Action Items and Next Steps <ul style="list-style-type: none"> • Bring forum information to other community partners? • Next meeting - What do you see as our future tactical plan or direction? • Next Meeting: April 5, 2019 	Holly/Suzanne
Adjourn	Holly

Important Dates:

- **Operating Board Meeting:** March 4, 2018 8:30-10:00 AM @ Lake Myrtle Sports Complex, Auburndale
- **Primary Care Team Meeting:** April 5, 2019 3:00-4:30 PM @ United Way of Central Florida, Lakeland

Background / Talking Points:

- Building a Healthier Polk is a group of community partners brought together by Polk Vision in 2012 with a goal to increase healthy weight rates in the county.
- Chronic diseases such as heart disease, stroke and diabetes are major causes of death and preventable hospitable stays for the residents of Polk and obesity is a contributing risk factor to these chronic diseases.
- Originally built on 6 strategic areas, the group now works as three Polk Vision Alignment Teams: BHP School Health Team, BHP Primary Care Team and BHP Worksite Wellness Team

**Primary Care Team
United Way of Central Florida
March 1, 2019 3:00-4:30 PM**

MEETING MINUTES

Attendees: Holly Vida, Jenna Levine, Dr. Deb Cantero, Dr. Melanie Michael, Dr. Sairah Chachad

TOPIC	SPEAKER	DISCUSSION
Welcome / Introductions	Holly	
POLK VISION UPDATES		
Community Health Assessment	Jenna	<ul style="list-style-type: none"> • Survey has been launched!
Polk Vision	Jenna	<ul style="list-style-type: none"> • Next Operating Board meeting 3/4
Building a Healthier Polk Teams	Jenna	<ul style="list-style-type: none"> • School Health: new team members include experts behavioral/mental health • Worksite Wellness: looking at next steps for tactical plan
TACTICAL PLAN UPDATES		
5210 Tactical Plan	Holly, Suzanne, Jenna	<ul style="list-style-type: none"> • 2018 Tracking Spreadsheet: 2018 data collection almost complete (missing Nov. & Dec. from CFHC)  5-2-1-0 Data Collection .xlsx • Jenna to start new 2019 tracking spreadsheet – will include data from FSC students <ul style="list-style-type: none"> ○ FSC students will complete the 5-2-1-0 Rx, listing the providers name and patient's age on the script (will track adults and Rx issues out-of-county separately) ○ They will turn their yellow copies in to Deb and will be counted as a subset of the total for the practice ○ FSC students at practices already participating (for example CFHC) – communicate to providers that students are tracking their data separately through FSC and need to turn in their yellow copies to Deb; providers continue writing and tracking Rx through Ermelinda • Florida Southern incorporating 5-2-1-0 into at least 3 classes; will have a way of tracking how many students participate <ul style="list-style-type: none"> ○ 4/6 – FSC provided plan of how they will incorporate 5-2-1-0 into nursing curriculum • 5/7 – team brainstormed language for new tactical plan (incorporating FSC plan metrics and tracking) • 6/8 – team reviewed tactical plan and made further revisions

		<ul style="list-style-type: none"> • 8/3 – team reviewed tactical plan and made further revisions  <p>8.3.18 DRAFT of 2018 BHP Primary Ca</p> <ul style="list-style-type: none"> ○ Florida Southern NP students to track if they've given a 5-2-1-0 prescription to a patient during clinical rotations – will add 4 individual checkboxes so they can also track which goal(s) were selected; they will also be tracking the age of the patient (all in electronic records) and we could use this data <ul style="list-style-type: none"> • 8/3 – team reviewed 2017/2018 5-2-1-0 data comparison graphs <div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;">  CFHC 2017 vs 2018.docx </div> <div style="text-align: center;">  DOH 2017 vs 2018.docx </div> <div style="text-align: center;">  Lakeside Peds 2017 vs 2018.docx </div> </div> <ul style="list-style-type: none"> • 9/4 – presentation to FSC NUR 6655 • 9/17 – presentation to FSC NUR 6110 • 11/1 – forum at FSC • 12/7 – reviewed 2018 goals in tactical plan • 1/11/19 – reviewed progress on 2018 goals <ul style="list-style-type: none"> ○ Goal: 3,000 goals (reached 3,719) – met goal ○ Goal: 2,000 Rx (reached 1,556) – goal not met (still missing Nov/Dec data from CFHC) ○ Decided to keep the same goals for 2019 ○ Edit short-term outcome to include primary care (adult) and registered dietitians • 3/1/19 – reviewed final draft of 2019 tactical plan – to be presented at Operating Board  <p>1.11.19 REVISED 2019 BHP Primary Ca</p>
<p>Childhood Obesity Forum</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>11.1.18 Polk Vision Student Evaluation I 11.1.18 Program Evaluation Data.doc</p>	<p>Dr. Cantero, Dr. Michael</p>	<ul style="list-style-type: none"> • Reviewed student evaluations & feedback (embedded left) <ul style="list-style-type: none"> ○ Positive responses ○ 80% of attendees intend to use the information presented at the forum in clinical practice in all or most cases • Next steps for this information – where else can we bring it? – other nursing programs (Polk State College, Southeastern University, Kaiser University – nursing & dietician programs), provider offices (CFHC, Lakeside Pediatrics, Winter Haven Hospital) <ul style="list-style-type: none"> ○ Lakeside Peds upcoming provider meetings – 3/19 or 4/24 for a 10-25 minute presentation • Possibly make a video of information if not able to do presentations everywhere?

 11.1.18 Polk Vision Meeting Evaluation		
ACTION ITEMS & NEXT STEPS		
		<ul style="list-style-type: none"> • Next steps for forum information – Jenna to contact School Health Chairs about creating video of presentation content • Dr. Michael & students to look at existing literature on 5-2-1-0 interventions to see what data is available • Thank you letter with final 2018 data for all participants once final data (CFHC Nov/Dec) is received • Provider meetings at Lakeside Pediatrics south location – April 24 and May 28 at 11:30 am – could provide about 30 min for presentation (including Q&A) • Present updated 2019 tactical plan to Operating Board • Looking at the role ACEs (adverse childhood experiences) play in chronic disease – how providers can use trauma-informed care to better connect with/provide for patients
IMPORTANT DATES		
Next Meeting		<ul style="list-style-type: none"> • April 5, 2019

Background / Talking Points:

- Building a Healthier Polk (BHP) is a group of community partners brought together by Polk Vision in 2012 with a goal to increase healthy weight rates in the county.
- Chronic diseases such as heart disease, stroke, and diabetes are major causes of death and preventable hospitable stays for the residents of Polk and obesity is a contributing risk factor to these chronic diseases.
- Originally build on 6 strategic areas, the group now works as three Polk Vision Alignment Teams: BHP School Health Team, BHP Primary Care Team, and BHP Worksite Wellness Team



Polk Vision Building a Healthier Polk
Primary Care Team Sign In Sheet
March 1, 2019

Name	Agency/Organization	In Attendance
Holly Vida (Chair)	Bartow Regional Medical Center (Chair)	<i>HV</i>
Suzanne Wright (Co-Chair)	FDOH Polk WIC (Co-Chair)	
Dr. Sapna Amin	Central Florida Health Care	
Penny Borgia	United Way of Central Florida	
Dr. Beverley Brown	Florida Southern College	
Dr. Deborah Cantero	Florida Southern College	<i>DC</i>
Ermelinda Centeno	Central Florida Health Care	
Dr. Sairah Chachad	Lakeside Pediatrics	<i>SC</i>
Dr. Linda Comer	Florida Southern College	
Dr. Joy Jackson	FDOH Polk	
Jenna Levine	FDOH Polk	<i>JDL</i>
Paula McGhee	Polk County Indigent Health Care	
Dr. Melanie Michael	Florida Southern College	<i>Melanie</i>
Xiomara Rivera	Simply HealthCare	
Dr. Nora Smith	Pediatric Partners of Winter Haven	

Appendix B:

**Infrastructure Team
Meeting Materials
October 26,2018**

**Polk Vision Infrastructure Team meeting, 8:30 or so, 10/26/2018
The BB&T Bank building**

NOTES OF THE MEETING

Those Present:

Julia Davis	Polk TPO
Steven Shealey	Pennonni
Kim Warren	RK&K
Lauren Hinton	FDOH
Eric Labbe	City of Winter Haven
Angela Usher	Polk County Public Schools
Pam Luce	PCSP
Ryan Kordek	Polk TPO
Sarah Case	Next Level
Xiomara Meeks	Polk TPO
Marisa Barmby	CFRPC
Chuck Barmby	City of Lakeland
Nelson Vega	City of Haines City

Julia arrived at 8:45 and began taking **notes**.¹

1. Introductions

2. Tactical Plan Discussion

There was a discussion going on about TPO developing a map, to include “the growth going on,” and the Committee wants this to be taken out on a Road Show, starting with Mayor’s Group (Or Polk Vision Governance Team?)

Chuck suggested this happen soon, since the Cities engage in the CIP cycle early in the new year.

Sarah mentioned she is compiling a list of municipal meeting dates – maybe we can reach them all over the next three months. – A canned presentation. -- Who-all’s involved, build awareness, and get on budget for Sidewalks.”

Marisa, clarifying, recommending that it be a somewhat canned presentation, but with “call outs” for each municipality; point out the 59 segments, but ‘these are yours’

Ryan, we are getting used to this process. We have good data now about each school. We could share info about each of those schools in each local government

Ryan noted, Eric was saying City of WH passed taxes for Sidewalks, that’s good timing; they’ve allocated general revenue for Sidewalks, new, part of the 1 mil tax increase. Very good.

¹ These are not minutes. They are notes

Angela, is there a map of the missing links?

Ryan, yes, we have a “10,000 foot map, but the needs are more fine-tuned, more nuanced.

Marisa, when you did the complete streets road show (to garner local government buy-in, through companion proclamations) that road show and the Resolutions was a good tool to get everyone on board.

Ryan, agreement, -- wasn't much “teeth,” in it, but Polk was one of the first counties to do it, to get folks to endorse the concept.

... Thinking about the language for the Resolution... Safe Routes To School (SRTS) language...

Angela noted that where she came from, there was some controversy about Complete Streets due to the eventual lane reductions. Will that be a problem here? Ryan indicated it could be.

Chuck, we fell back on road designations, use it as a guide, ‘here’s what we want,’ and we set out a flexible approach. Here’s our vision. This may take us 50 years. With new roads, we say, “here’s our desired cross-sections,”

Ryan noted there are a lot of ‘where-as” resolution type statements in the Tactical Plan; he can take a look at it.

Steve Shealey – if you do road shows, please copy in the Infrastructure Team

Eric, notes we did similar resolution for the Smart Cities, and the Governance Team helped take it around

Eric mentioned the multi-modal workshops with two websites and sidewalk applications,
MJ – Public works director City of Winter Haven

Ryan mentioned the stat that there are 60 people per year getting killed – Dangerous by Design- Julia noted, we should take that map of the location of the fatalities out on the road., too.

3. Funding Opportunity – Transportation Priorities Workshop

Ryan mentioned the TPO’s Priorities Workshop will be conducted November 2nd in Winer Haven. This is an opportunity for low-match grants from FDOT. The TPO does this annually, we collect grant requests. There are \$4 million to \$7 million, annually in requests.

City of Winter Haven has done a great job getting money for Trails. In addition, it is hard to drive around City of Lakeland, and not come across one of their projects.

Many cities look for design help. Ryan noted those become “LAP” projects.

Marisa asked if attendance at the training is mandatory. Ryan stated it was not. He reminded potential applicants of the need to be thorough. He mentioned we would have a walking tour of City of Winter Haven, after the workshop.

Nelson asked when the applications due are. Julia stated they are due February 1st. She sent out the

memo about the Priorities workshop, to the Polk Vision Infrastructure team, through Brenda, after the meeting.

Nelson noted, they have to present their applications to their City, first.

4. 2019 Safe Routes to School Applications

Ryan mentioned that Inwood – the TPO’s SRTS application for Inwood was funded. This was one of the top priority projects and Xi – who has been doing a good job corralling all the SRTS projects, will fill us in on the next application.

Xiomara stated that we looked at the database of missing sidewalks, and then we go to the site, and think about what will make sense for schoolchildren,² is that a safe walk. Staff has held meetings with the planners and the Road and Drainage department to discuss what are good feasible projects as far as right-of-way is concerned. Staff has met with the consultant, AECOM, and representatives of several schools (Kathleen High, Combee , another school, Jessee Kene, Oscar Pope) and returned to the Neighborhood Mobility Audit (NMA) – and through all of that, Combee rose to the top. Combee is in an underserved/ low income area. Through public involvement (in the Neighborhood Mobility Audit time), the need percolated.

We’ve met with the assistant principal. We will attend the November 1st PTA meeting to get their commitment, then get them their surveys and attend other events at the school, including the Festival of Trees event. To meet the requirements of the SRTS application. We’ve met with crossing guards. We are checking on the right-of-way, since we can’t use SRTS funds for that.

Xi mentioned to Pam that she would be requesting the school district provide signatures by December 30th.

Xi mentioned that Inwood was one of the three projects funded this year, it got \$500k, over two funding years. She mentioned that City of Bradenton only asked for construction funds – the City puts in funds for Design. Ryan asked if Xi had spoken to Jay Jarvis of Road & Drainage about that. Xi mentioned the County likes to receive design funds. Xi noted the other recipient was Lee County, again!

Xi went on to mention that John Kubiki (a consultant for FDOT,) said if you can show, # of cars going by the school, #/% of kids who walk, #/% of families with no cars – all these data are considered during the SRTS application. She mentioned to Pam that Larry H couldn’t make it to her meeting, so another person came out, and he talked about the number of buses which coordinate their drop offs – 500 kids attend the school, but it is a transportation hub for 1,000 kids.

Ryan recalling schools that have previously received funding, Crystal Lake, Lake Alfred.

² The TPO’s School sidewalk coverage study focuses on sidewalk gaps on the arterials, as well as the collectors and local roads. The emphasis on Safe Routes to Schools is on local and collector roads. Thus, some sidewalk segments recommended in the TPO’s Phases I and II of the Sidewalk Studies, show segments where most people don’t want children walking, for example, along really busy arterials, or along industrial park areas. When TPO staff begin an application for the SRTS program, they look at the proposed segments from the TPO’s Sidewalk study, but also go out to the school and figure out, what will make sense for the children.

Julia affirmed SRTS is a very detailed grant application. She mentioned that she used to manage a grant program at FDOT (FTA 5310 and FTA 5311) for vehicles and operating assistance for transit systems. She noted, this application is much more complicated – for a sidewalk! Xi laughed and said it is easy!

5. Future Topics of Discussion/Presentations

Ryan noted we have a lot of good talent here and a tactical plan, may be good idea to hear what your city/agency is doing.

Nelson stated that Haines City is completing the interview process for Public Works Director.

Steven inquired about receiving briefings about projects.

Eric noted that the Polk Vision’s Smart Communities Team is trying to go through the CIPs for “dig-once” projects to put fiber/conduit in and the Infrastructure Team could help. Chuck agreed, particularly as we discuss street cross sections.

Ryan inquired, how many people here attend other Polk Vision Team meetings? Several of us do. Marisa suggested we compile information at the Infrastructure Team meetings, which could be reported out at the following Operating Board.

Angela – new schools, CIP, locations

Julia inquired about the meeting location. The Team requested returning to the CFRPC. The Team expressed a strong preference for more timely meeting notices. Ryan mentioned we would develop a calendar.

Lauren asked if a municipality shows up to the Priorities workshop on November 2nd, will they receive the application there?

Ryan briefed the Team on the changes to the content of Polk County’s website. Due to recent changes in the laws for the Americans with Disabilities ACT (ADA), documents that are in “PDF” form, have been removed from the Polk County website (and thus, from the TPO’s website, too.) He noted that this affects EVERYTHING we do. He indicated we would get the applications out to municipalities, one way or another.

Eric inquired, how do we make PDFs accessible?³ Ryan stated that we need training!

Meeting adjourned at 4:33 pm.

³ This is accomplished through special software

Appendix C:
School Health Team
Meeting Materials
March 19, 2019

**School Health Team
 United Way of Central Florida, Executive Board Room
 5605 US-98, Lakeland
 March 19, 2019 8:30 – 10:00 AM**

Agenda

Strategy: Increase healthy weight in school-aged children through increased physical activity and nutrition.

Topic	Lead
Welcome and Introductions	Kathleen & Jenna K.
Department of Health – Community Needs Assessment	Jenna L.
Polk Vision/Building a Healthier Polk Update <ul style="list-style-type: none"> • Quality of Life Team • Attendance Team Collaboration 	Jenna K. Kathleen
Tactical Plan Review <ul style="list-style-type: none"> • Update our ‘strategy” 	Jenna L.
Healthy School Team Updates	Jenna L. Jenna K. Kathleen Audrey Pauline
Healthy School Team Toolkit <ul style="list-style-type: none"> • Review Draft 	
Every Kid Healthy Week <ul style="list-style-type: none"> • School Board Recognition for Wahnetta 	
On-going Action Items <ul style="list-style-type: none"> • Future Meeting Locations - @ Schools, Pick Dates • Conference Call for Administrators and Prevention Contacts • Grant Opportunities (Fuel Up to Play 60 and Action for Healthy Kids) 	
Adjourn	

IMPORTANT DATES

Next Team Meeting: April 16, 2019

Background / Talking Points:

- Building a Healthier Polk is a group of community partners brought together by Polk Vision in 2012 with a goal to increase healthy weight rates in the county.
- Chronic diseases such as heart disease, stroke, and diabetes are major causes of death and preventable hospitable stays for the residents of Polk and obesity is a contributing risk factor to these chronic diseases.
- Originally built on 6 strategic areas, the group now works as 3 Polk Vision Alignment Teams: BHP School Health Team, BHP Primary Care Team, and BHP Worksite Wellness Team.

BHP School Health Team Action Register and Timeline 3/19/19

Attendees: Kathleen Wright, Jenna Levine, Pauline Simmonds-Brown, Audrey Kelley-Fritz, Ileana Kniss, Karen Bessinger, Deanna Kirkland, Colette Okeeffe-Boggs, Mendi McDowell, Rachelle Webb

Strategy Selected from Polk Vision Quality of Life Strategic Priorities: Improve the quality of life through utilization of accessible, high-quality, comprehensive, prevention-based community health services designed to promote total well-being.

Alignment Team Vision: Reduce the obesity (BMI > 30) rate in Polk County to < the state average (Polk 36.9%, State 26.4%).

Strategy 1: Increase Healthy Weight in School Age Children through increased physical activity and nutrition

Short Term Outcome: Develop and implement pilot program for 5 schools to improve best practices based on the Whole School, Whole Community, Whole Child Model (WSCC).

Short Term Measurement:

- Establish baseline School Health Index Score for each school and develop workplan for improvement
- Establish baseline for WSCC Measurements

Mid Term Outcome: Fully integrated WSCC model with all components operational within pilot schools. Potential to expand to additional schools.

Mid Term Measurement:

- Annual comparison of the School Health Index Score to baseline for each school and develop workplan for improvement.
- Annual comparison of WSCC Measurements

Tasks/Action Steps	Responsible	Status	Due Date	Progress
Develop timeline for team actions and pilot school steps	ALL	DONE	8/16	
June Team Meeting– Select Criteria and Review Module 4	ALL	DONE	6/7/16	Moved to July team Meeting
Establish criteria for school selection and participation	ALL	DONE	6/16 Approval 8/16	Choose schools during Dec-Feb 1. Elementary School with Healthy School Team 2. Data and Need – Fitness and Economic – BMI, fitnessgram, Title I, % on free/reduced lunch 3. Geographic location 4. Willingness
July Team Meeting – Review Module 3	ALL	DONE	7/12/16	Module 3 review moved to August Team Meeting. Module 4 Nutrition Review - Jenna covered what schools would score high due to district food service polices. Ideas for support on potential lower scoring items surfaced; Nutrition managers/staff deliver

				nutrition curriculum to students, Virtual Farm Field Trip, Introduce Smart Lunchroom ideas.
Establish Team Infrastructure Rules	Chairs prep, review with team	DONE		Worked on presentation of WSWCWC model. Logistics of SHAC meeting.
August Team Meeting — Assist team in utilizing the Polk Vision Portal for planning, Module 3 SHI	ALL	DONE	8/16/16	Module 3 Review of SHI – Kathleen estimated scores for schools. Clarified which components would vary do to building based strategies (Administrator discretion). Review of WSWCWC presentation. Discussed additions and changes and creating specific “next steps” slide for target audiences.
Create template for Shortened version of School Health Index for Healthy School Teams	Chairs prep	DONE	9/13/16	Adopted Alliance for a Healthier Generation School Health Index Assessment for template for schools. Will debrief Healthy School team on Florida Healthy School District criteria.
September Team Meeting Review template for condensed SHI for all Health School Teams, Prepare for SHAC luncheon, Approve Presentation	ALL	DONE	9/20/16	Review and feedback given for WSWCWC model video. Review of Alliance for a Healthier Generation assessment of models of CSH. Review of Healthy District Award. Overview of goals for SHAC committee.
September 28 th School Health Advisory Council Luncheon – Present BHP Plan	SHAC Members	DONE	9/28/16	Introduction of WSWCWC model. Identify members of subgroups of SHAC. Introduction of Polk Vision.
October Team Meeting – Review Timeline	Colleen	DONE	10/18/16	Review of Timeline for Pilot. Look at what needs to be accomplished before/after selection of schools. Tasks that need to be completed.
Review School Criteria for Pilot Program	Kathleen	DONE		Review criteria for selected schools. Review data collection needed for criteria.
Mapping the Pilot	ALL	DONE		Create a template and or roadmap for the schools that will participate in the pilot. Create tasks and timeline for the schools.
November Team Meeting –	ALL	DONE	11/15/16	
Nov Tasks – Continue Mapping the pilot. Month by Month	Jenna	DONE	3/1/17	A month by month task list will be produced from December 2015 to June of 2017 based on strategies. Noticed a need for Tool kit for schools to be assembled before March

Nominations of Schools – review categories for submission before December team meeting	Jenna/Kathleen	DONE		Team members review list of viable schools and will submit up to 10 schools based on criteria and data. Chair and co-chair will create a compiled list of 10 to be approved by SHT.
December Team Meeting – Use criteria to select schools	ALL	DONE	12/13/16	Meeting with Regionals to review nomination list. Choose 5 schools to approach about pilot and 5 more for contingent schools. Continue work on SY 17-18 timeline for pilot.
January Team Meeting – Use criteria to select schools	ALL	DONE	1/17/17	Mapping out presentation to school administration for pilot program. FAQ Set Dates for meetings.
January Tasks – hold meetings with regionals and set-up/hold meetings with principals	ALL	DONE		Finalize Pilot timeline for School Meeting. Toolkits for March Orientation – WSCC model, SHI, FitnessGram, Develop criteria for HST. Template to create a workplan. Important Dates recorded.
February Team Meeting – Review Healthy School Team presentations and toolkits	ALL	DONE	2/21/17	Review Healthy School Team presentations. Make sure toolkit is finalized and ready for printing.
February Tasks – Meet with principals and get agreements signed	ALL	DONE	3/1/17	Finalize PowerPoint presentations, toolkit documents. Print toolkits and create binders for each school. Practice presentations and prepare for March meetings with Healthy School Teams at each school.
March Team Meeting	ALL	DONE	3/13/17	Debrief on presentations that have taken place so far – reviewed summary document; discussed remaining presentations; discussed next steps for teams
March Tasks	ALL Kathleen	In progress	4/1/17	Stay in touch with 5 Healthy School Teams; get dates for each school's next HST meeting; make sure that members of our team get invited to meetings at schools they've signed up for Get more binders to the schools: Medulla – 2 Padgett – 6 Highland City – 1 Inwood – 4 (also, they need a copy of our team roster, as this was not included in original set of binders)
April Team Meeting		DONE	4/18/17	Update on Inwood's 1 st HST meeting – Audrey.

				<p>Reviewed summaries of presentations and what was discussed at each school.</p> <p>Discussion about what to address and how to format 1st HST meetings</p>
April Tasks	<p>Kim Jenna L.</p> <p>ALL ALL</p>	<p>DONE</p> <p>DONE In progress</p>		<p>Kim sending out Every Kid Healthy Week Press Release.</p> <p>Send out email of documents needed for 1st HST meeting at each school: WSCC handout, sign-in, agenda, timeline/action register, SHI scores.</p> <p>Attend School Board Proclamation (4/25 at 5:00 pm).</p> <p>Attend HST meetings: bring WSCC handout, sign-in, agenda, timeline/action register, SHI scores. Prepare to report back to School Health Team on members of HST and possible goals.</p> <ul style="list-style-type: none"> • Inwood: 4/11, 5/9 at 3:15 pm • Medulla: 4/27 at 9:00 am • Highland City: 4/28 at 1:20 pm • Wahneta: 5/11 at 8:30 am • Padgett: 5/17 at 1:00 pm
May Team Meeting	<p>Jenna K., Jenna L., Audrey</p> <p>ALL ALL</p> <p>Jenna K., Jenna L., Kathleen</p>	<p>DONE</p>	<p>5/16/17</p>	<p>Reports given on HST meetings at Wahneta, Medulla, Highland City, Inwood</p> <ul style="list-style-type: none"> • Jenna K. looking into grant opportunities for Wahneta, Medulla, Highland City <p>Reviewed SHT timeline and made updates</p> <p>Reviewed WSCC model: who do we have/who is missing</p> <ul style="list-style-type: none"> • <i>Missing Counseling, Psychological, & Social Services, and Social & Emotional Climate</i> – someone from Jim Maxwell’s office – guidance counselor/social worker/school psychologist... <p>Discussed importance of connecting SHAC and SHT</p> <ul style="list-style-type: none"> • SHT is an action-oriented subcommittee of SHAC • Breakout team chairs for SHAC should be people represented on SHT for each WSCC component area

				<ul style="list-style-type: none"> In the future, months where SHAC meets, no SHT team meeting (combine the 2)
May Tasks	ALL ALL ALL	DONE In progress To do: Aug		Attend remaining HST meetings Finalize action plans for each school – start filling out action registers for each school Finalize baseline data for each school
June Team Meeting			6/20/17	Reports given on each school's action register Discussed idea of using ITP through Polk Vision to get materials and help establish partnerships
June/July Tasks	Kathleen, Jenna ² , Audrey, Colleen, Kim			<ul style="list-style-type: none"> Chair meeting to discuss ITP & needs of each school Discuss schools' readiness for community partners Partner with Primary Care Team to create infographic on school nutrition and physical activity – pediatricians wanting more information about what goes on in the schools; potential to hold a forum in the future where pediatricians can hear from school staff on these topics and ask questions
August Team Meeting  School Health Team SWOT.docx	ALL		8/15/17	<ul style="list-style-type: none"> Community Schools Update: Crystal Lake Elementary School <ul style="list-style-type: none"> We may want to orient the prevention contact and other key staff members to our pilot program and the WSCC model Infrastructure Team Update: comprehensive GIS maps created of sidewalks and lighting (or lack of) within 1-mile walking radius of 5 pilot schools; a list of suggested priority projects has been developed for these 5 schools based on the GIS maps Reviewed SWOT analysis from BHP Chairs Meeting (embedded to the left)
August Tasks	Audrey, Jenna ² , Kathleen, Deanna			<ul style="list-style-type: none"> Finalizing baseline scores: attempt to login to Alliance for a Healthier Generation and update scores ourselves/ask schools to do it; update on our tracking document FitnessGram scores at Inwood: still missing this data – Kathleen and Audrey working on it Share DOH nurse 5-2-1-0 curriculum with 5 schools – Deanna

				<ul style="list-style-type: none"> • Plan to discuss having DOH nurses do the 5-2-1-0 curriculum in all 5 schools – put on agenda for each school’s next team meeting to discuss with principal and DOH nurses – ALL • Curriculum would be taught 30 minutes per month Oct-Apr (either in 2 15-min sessions or 1 30-min session per month) <ul style="list-style-type: none"> ○ Highland City – Licia Parr ○ Inwood – Peggy McNally ○ Medulla – Christy Woelk ○ Padgett – Beth Myers ○ Wahneta – Susan Gatto • Jenna L looking into getting 5-2-1-0 posters for all 5 schools (ask DOH/Primary Care Team)
October Tasks	ALL Deanna Kathleen			<ul style="list-style-type: none"> • Distribute 5210 posters and Pledge to Slow Down Signs to all schools. Have teams take the pledge • Invite DOH nurses to participate on HST at 5 pilot schools • All PE teachers have taken Safe Routes to School Bike Ped training. Encourage all schools to host the bike bus and promote walking and biking to school. • Upcoming SHT meetings Wahneta October 25th Inwood November 8th 3:15 Padgett November 15 3:30 Highland City October 25th • Medulla
November Team Meeting			11/14/17	<p>Healthy School Team Updates:</p> <ul style="list-style-type: none"> • Highland City: scheduled to meet 10/25 but had to cancel; Jenna L to follow-up • Wahneta: met 10/25; see action register <p> 10.25.17 Wahneta HST Action Register.</p>

<p>Fall Tasks</p>	<p>All Jenna L. Kathleen All</p>			<ul style="list-style-type: none"> • All WSCC Healthy School Teams meet before Winter Break <ul style="list-style-type: none"> ◦ Continue to work on goals • Planning for Primary Care Forum with Pediatricians <ul style="list-style-type: none"> ◦ April 3 @ Polk Museum of Art (tentative) • Invite HST to Fuel Up to Play Summit, Dec. 2 @ Davenport School of the Arts <ul style="list-style-type: none"> ◦ Should help with schools that want to apply for FUTP grant. • Select a champion from HST schools to recognize at school board meeting for Every Kid Healthy Week (March)
<p>December Team Meeting</p>  <p>12.5.17 Highland City HST Action Regi</p>  <p>10.25.17 Wahneta HST Action Register.</p>  <p>Inwood HST Action Register 12.20.17.doc</p>  <p>Medulla HST Action Register December 2</p>	<p>Taylor Freeman & Colleen Mangan</p>		<p>12/19/17</p>	<ul style="list-style-type: none"> • Welcome new team member Karen Bessinger – pediatric physical therapist from LRH • Guest Speakers: Health Equity and Polk Vision – how our team is addressing health equity through our plans <ul style="list-style-type: none"> ◦ Pilot program in Title I schools (low SES students) with high obesity rates ◦ Gave freedom for each school to tailor culturally sensitive interventions to best fit their student population • America’s Promise Grant opportunity – Polk Vision will be taking the lead on application • Primary Care Team Forum Update – tentative date of April 3 at Polk Museum of Art; more details to come • Reporting on pilot schools – team has decided to embed each school’s action register within our action register
<p>December Tasks</p>				<ul style="list-style-type: none"> • Make sure prevention contacts are completing School Health Index in the spring • Make sure PE coach is completing FitnessGram in the spring

<p>January Team Meeting</p>  <p>1.17.18 Wahnetta HST Action Register.</p>			1/30/18	<ul style="list-style-type: none"> • All schools except Padgett getting 5-2-1-0 from school nurse – Deanna looking into having another nurse teach at Padgett • Data entry: <ul style="list-style-type: none"> ○ BMI data – Deanna will get when complete ○ F&V data – Jenna K will pull for all schools, same time as last year ○ FitnessGram data – site almost ready, Kathleen gather data in March ○ SHI – Audrey to follow-up, should already be completing it <ul style="list-style-type: none"> ▪ We will review each school’s SHI sections on nutrition & physical activity and score them as we did with baseline results • Pull mental health-related SHI data for next year • DOE Healthy Schools Summer Academy June 13 & 14 at George Jenkins HS in Lakeland • Gather all 5 HST together to celebrate and share success? • Report on final results to executive staff meeting? • Looking at our team composition – expand into the next 2 components of the wheel – Social & Emotional Climate and Counseling, Psychological, and Social Services <ul style="list-style-type: none"> ○ Audrey contacting Sherry Scott and Christy Olsen to see if they are interested in serving on our team ○ For year 2 of pilot – ask schools to continue with physical activity/nutrition goal and add in a social/emotional/mental health goal as well • Ideally, our team will have 2 people for each component (one school board and one community member)
February Team Meeting	Team		2/20/18	<ul style="list-style-type: none"> • Updated 2016 Polk County weight data (see embedded)

 Weight Data 2013 vs. 2016.docx				<ul style="list-style-type: none"> • Every Kid Healthy Week April 23-27 – Kathleen working with PCSB Director of PR to create a video highlighting 5 Healthy Schools <ul style="list-style-type: none"> ○ Plan to play video and recognize 5 school teams (maybe 1 champion per school) at April 24 5:00 pm School Board Meeting ○ Team to compile list of highlights to create one-pagers/highlights posters for each school ○ Recognize each team member with a certificate for participation? ○ Announce that we will continue with this project and add in social/emotional components next year • Onboarding new team members – PCSB staff and community partners – recruit from Polk Vision Quality of Life Team <ul style="list-style-type: none"> ○ Julia Davis from Polk TPO joining team as physical environment representative from community • Padgett will be doing walking audit with TPO Feb. 26 • Next team meeting: changing date to March 13, 9AM
February Tasks	Kathleen			<ul style="list-style-type: none"> • Kathleen to work with school PR director on video • Kathleen to reach out to school/sheriff liaison about getting team member to represent physical environment • Kathleen to send wheel with description of new areas to team to share with all 5 schools • Jenna to talk to Kim about onboarding behavioral health team members from Quality of Life team – invite to March team meeting • Jenna to ask Brenda to update calendar invite for March team meeting • Jenna to send Audrey SHI scoring tool
	Jenna L			

	Audrey			<ul style="list-style-type: none"> • Jenna to look up info from symposium on behavioral health curriculums and sent to team – Dr. Shannon Suldo (USF) <ul style="list-style-type: none"> ○ www.casel.org – guide for selecting social/emotional learning curriculum ○ Some examples mentioned: Strong Kids, Mind UP, RULER, Second Step, Paths • Audrey to contact Sherry Scott and Christy Olsen about participating on our team • Audrey to pull SHI scores for nutrition and physical activity for each school
March Team Meeting			3/13/18	<ul style="list-style-type: none"> • Welcome 2 new team members: <ul style="list-style-type: none"> ○ Jennifer Rouse (PCSB) – social & emotional climate ○ Deidre Skaggs (PCSB) – counseling, psychological, social services • Update: new social-emotional learning curriculum to be in all elementary schools (K-5) in Polk starting next school year – Sanford Harmony (free!) <ul style="list-style-type: none"> ○ All school counselors trained in curriculum ○ Next steps: train principals, have them buy-in and request training for all teachers
Tasks & Follow-Up	Team			<ul style="list-style-type: none"> • Data collection <ul style="list-style-type: none"> ○ BMI in progress – Highland City complete, others? ○ SHI in progress – <ul style="list-style-type: none"> ▪ pull physical activity & nutrition scores (year 1 data) ▪ pull social/emotional climate & counseling, psychological, social services scores (baseline data for year 2) ○ FitnessGram ○ F/V consumption ○ Deidre has other data sources that we can use for these new areas of the wheel

April Team Meeting			4/17/18	<ul style="list-style-type: none"> • Showed draft of video made by school PR dept. highlighting 5 pilot schools – to be shown at school board meeting 4/24 • Discussed wrapping up data collection with schools and booking final Healthy School Team meetings • Reviewed data that is entered – BMI & F/V selection – team members to review each school’s data with Healthy School Teams at final meeting • Discussed adding a new team member – Christy Olson (school board psychological services) • Looking at what data to look at for the two new areas of the wheel we’re adding – data that already exists (ex. Psych referrals, info from medical information form data, Baker acts, climate surveys)
Tasks & Follow-Up				<ul style="list-style-type: none"> • Kathleen to follow up with Deidre & Richard Marshall to see if they have any county/district-specific data to share • School Board meeting April 24th, 5pm • Prepare for final Healthy School Team meetings – share year 1 data that’s been collected; discuss plans for year 2
May Team Meeting			5/15/18	<ul style="list-style-type: none"> • Discussed possibility of collaborating with Worksite Wellness Team to do a Healthiest School Challenge for employees at schools across the county – Jenna to share idea with Worksite Wellness Team • Potential to continue to spread 5-2-1-0 prescription program through partnerships with new pediatric offices – LRH? Watson Clinic? • Jenna K shared update on Medulla’s final meeting; other 4 schools have final meetings scheduled <ul style="list-style-type: none"> ○ Encourage schools to continue with goals and add in social/emotional component to what they’re already doing (ex. Yoga, add a

				<p>mindfulness minute after a brain break, etc.)</p> <ul style="list-style-type: none"> • Deidre shared idea for potential data for social & emotional climate: <ul style="list-style-type: none"> ○ District-wide climate surveys already conducted with parents and staff ○ Pre- and post-climate assessments will be done with teachers, students, parents, for the new SEL curriculum in grades K-8 • Team will not meet in June; will meet next in July to discuss year 2 plans
Tasks & Follow-Up				<ul style="list-style-type: none"> • Ask Deanna – did Padgett get 5-2-1-0 lessons? • Ask Deanna for 2 more 5-2-1-0 curriculum binders • Follow-up on district-wide climate survey data • Follow-up on pre- and post-climate survey data for SEL curriculum
July Team Meeting			7/31	<ul style="list-style-type: none"> • Kathleen & Jenna L. met with & onboarded Dr. Richard Marshall, psychologist with resources to offer • Discussed suggestions for how to spend HUSSC:SL award money (\$500 – Bronze Award) <ul style="list-style-type: none"> ○ Compiled list of suggestions (anything supporting/promoting 5-2-1-0 messages & behaviors) for Jenna K. to share with awarded schools ○ Kathleen to send Jenna K. examples of PE equipment to purchase • Reviewed year 1 data – all schools' SHI scores improved <ul style="list-style-type: none"> ○ Still waiting for FitnessGram data • Tom (Ped/Bike Safety Team) recommended 2 new metrics to track for healthy schools: <ul style="list-style-type: none"> ○ # students walking/biking to school ○ % sidewalk coverage
Tasks & Follow-Up	Deidre		8/21	<ul style="list-style-type: none"> • Next steps: Gather data for 2 new components (by next meeting)

	<p>Audrey & team</p> <p>Jenna L.</p>			<ul style="list-style-type: none"> ○ School climate surveys (teachers, parents, students) – from Deidre ○ Inventory of PBIS interventions district-wide & what each school is doing – Audrey to ask PBIS coordinator and team members to ask schools at first meeting ○ School Health Index module for each school – Jenna L. to print question detail for each school for the counseling, psychological, & social services module ● Develop standardized agenda for each schools' first meeting <ul style="list-style-type: none"> ○ Ask schools what they are doing for PBIS ● Develop standardized activities for each school: <ul style="list-style-type: none"> ○ 5-2-1-0 curriculum ○ Harvest of the Month ○ Pledge to Slow Down ○ International Walk & Bike to School Day (Oct. 10) <ul style="list-style-type: none"> ▪ Use as an opportunity to highlight Healthy Schools Initiative ▪ Promote school breakfast ▪ Partner with Ped/Bike Safety Team – have a list of intersections by 5 pilot schools that they will be asking for increased attention by law enforcement ▪ Involve law enforcement & school guardians
<p>August Team Meeting</p>  <p>1st Meeting 2018 HST Meeting Agend</p>				<ul style="list-style-type: none"> ● Preparing for Nov. 1 forum on childhood obesity and local resources for FSC NP students – Jenna K (school nutrition), Kathleen (PE & recess), Tammy/Deanna (school health, 5-2-1-0) ● Developed draft agenda for first Healthy School Team meetings <ul style="list-style-type: none"> ○ Review Healthy School Team member roles

				<ul style="list-style-type: none"> ○ Review last year's data and goals (physical activity & nutrition) ○ Review counseling, psychological, social services SHI scores ○ Activities that all pilot schools will participate in: 5-2-1-0, International Walk to School Day (Oct. 10), Harvest of the Month ● Deidre presented about Sanford Harmony (SEL curriculum that will be in all elementary schools) – all guidance counselors have been trained, teachers being trained <ul style="list-style-type: none"> ○ This curriculum could be integrated into the Healthy School Team as an additional goal ● Team members to schedule 1st HST meetings with each school, prepare for Walk to School day with members of the Ped/Bike Safety Team <ul style="list-style-type: none"> ○ Highland City – Jenna L. & Tom Deardorff ○ Inwood – Audrey ○ Medulla – Jenna K. & Mary Crowe ○ Padgett – Pauline & Julia Davis ○ Wahneta – Kathleen ○ Will volunteers need to be pre-screened to be on school campus? ○ Mary Crowe has access to reflective vests from Bicycling in Lakeland for all volunteers ● Starting in September, team meetings will be start at 8:30am
<p>September Team Meeting</p>  <p>2018 International Walk to School Day</p>				<ul style="list-style-type: none"> ● Guest speaker – Deborah Badertscher, PBIS Coordinator for Polk County Public Schools – gave presentation on PBIS – all 5 pilot schools using PBIS to some degree – possibility of overlapping PBIS team and Healthy School Team? ● Planning for Walk to School Day – see embedded doc. for each school's plans; divided up materials to provide to schools

September Follow-Up				<ul style="list-style-type: none"> • Prepare for International Walk to School Day – Oct. 10 – get all materials to schools, sign-up schools on website
October Team Meeting			10/16	<ul style="list-style-type: none"> • Potential for alignment between Attendance & Primary Care Teams – have providers encourage parents to schedule routine visits around the school schedule – share school schedule with Primary Care Team providers & LRH providers • Highland City, Wahneta, Padgett, Medulla had successful Walk to School Days – Inwood to celebrate Walking & Wheeling Wednesday on 10/17 • Several Safe Kids members interested in staying involved with schools (David Acevedo @ Padgett, Kadian Parchment @ Highland City, Xiomara Rivera @ Wahneta) • Several schools have started discussing Sanford Harmony – we can encourage the schools to train all Healthy School Team members on Sanford Harmony
Action Items & Follow-Up	Pauline Kathleen Team			<ul style="list-style-type: none"> • Pauline to forward Attendance Team’s school year calendar to Jenna L (for Primary Care Team) and Karen (for LRH) • Kathleen to develop toolkit to help schools apply for Fuel Up to Play 60 & Action for Healthy Kids grants – will upload to OneDrive to be shared with all Healthy School Teams • Plan for Bike to School Day in the spring (Wednesday, May 8) – align with Safe Kids & Ped/Bike Safety Team; do a bicycle helmet fitting event with the schools?
December Team Meeting			12/11	<ul style="list-style-type: none"> • Community Health Assessment Update • Reflection on participation in Florida Southern College nursing forum – create a video of Kathleen & Jenna K’s content to be shared with other nursing programs and providers?

				<ul style="list-style-type: none"> • Kathleen and Jenna K presenting at Operating Board in January – highlighting team’s alignment with schools and other Polk Vision teams • Sanford Harmony kits coming in this week – there is a pre- and post-test evaluation for teachers – will use data • School Updates: <ul style="list-style-type: none"> ○ Wahneta meeting 12/17 ○ Inwood meeting 12/12 – hosting regular “Walk to School Wednesdays,” consider Morning Mile program?; working on implementing breakfast in the classroom school-wide ○ Highland City meeting 1/16 – guidance counselor/prevention contact is retiring end of Dec. ○ Padgett – well-attended parent night 10/23; RNs have started 5-2-1-0 lessons
Action Items & Follow-Up				<ul style="list-style-type: none"> • Alliance for a Healthier Generation SHI site has changed – no longer has same assessment • Audrey to share questions from 2 modules of full SHI – team will decide which to use (next meeting) • Will continue to use previous modules for physical activity and nutrition so we don’t disrupt baselines – will be done on paper • Jenna L to follow up on bike helmet fitting for School Health Team members – Safe Routes to Schools • Kathleen developing grant toolkit for Fuel Up to Play 60 and Action for Healthy Kids grants – for springtime applications • Kathleen to contact regional superintendents to set up a conference call for administrators and prevention contacts at 5 Healthy Schools – possibly in February • 5-2-1-0 School Health RN curriculum being taught to all 3rd grades at each 5 schools – reaching out

				<p>to BayCare/LRH for promotional items for RNs to distribute during classes?</p> <ul style="list-style-type: none"> • Consider having team meetings at the schools – ask if schools would host us (provide space)
January Team Meeting			1/15/19	<ul style="list-style-type: none"> • Welcomed new team members with resources and knowledge from the social/emotional climate and counseling/psychological/social services components – Ileana Kniss and Tiffani Fritzsche with Peace River Center, Sherry Scott with Polk County Public Schools, Director <ul style="list-style-type: none"> ○ Learned about resources/services available through Polk County Public Schools and Peace River Center ○ Peace River Center does case management for Medicaid-eligible kids/families at our 5 pilot schools ○ This may be a good resource for students at the 5 pilot schools, and maybe a Peace River Center case manager could sit on schools' Healthy School Teams? ○ Polk County Public Schools – new Behavior and Mental Health Support department under Jim Maxwell – 21 mental health facilitators • What data do we use for these components? <ul style="list-style-type: none"> ○ Are schools tracking tier 2 and 3 interventions? Office referrals? • Wahneta had team meeting and is using Sanford Harmony school-wide everyday • Inwood is meeting 1/23 and postponing Sanford Harmony until next year due to changes in staff positions • Highland City is meeting 1/16 – rescheduled to 2/6 • 5-2-1-0 Update: DOH School Health RNs are teaching 5-2-1-0 at all schools, have experienced some resistance at Padgett – Pauline to help troubleshoot with Deanna

				<ul style="list-style-type: none"> • Every Kid Healthy Week (EKHW) coming up April 22-26, can be celebrated anytime during April or May <ul style="list-style-type: none"> ○ Encourage pilot schools to celebrate EKHW – register their events on the website (http://www.everykidhealthyweek.org/) ○ Do we celebrate/recognize pilot school(s) at School Board Meeting? • Ideas on how to incorporate social/emotional climate strategies into physical activity/nutrition strategies – encourage schools to do Sanford Harmony buddy-up activities during breakfast in the classroom
Action Items & Next Steps				<ul style="list-style-type: none"> • Collaboration with Attendance Team – schedule meeting with School Health and Attendance Team chairs • Develop video of content from Florida Southern College presentation • Kathleen developing grant toolkit for Fuel Up to Play 60 and Action for Healthy Kids grants – for springtime applications • Kathleen to contact regional superintendents to set up a conference call for administrators and prevention contacts at 5 Healthy Schools – possibly in February • Consider having team meetings at the schools – ask if schools would host us (provide space) • Jenna L to follow up on bike helmet fitting for School Health Team members – Safe Routes to Schools
February Team Meeting			2/19/19	<ul style="list-style-type: none"> • Safe Routes to Schools provided helmet fitter training to 24 individuals in Polk County (DOH staff, community partners) • Highland City & Inwood have had meetings <ul style="list-style-type: none"> ○ Highland City has not replaced guidance counselor or prevention contact – not doing

				<p>Sanford Harmony; still working on physical activity/nutrition goals</p> <ul style="list-style-type: none"> ○ Inwood having regular Walking and Biking Wednesdays – connect with Mary Crowe (Ped/Bike Safety Team) about possibility of helmets and reflective gear for Inwood ● Update to Healthy School Team Toolkit – uploading all content to OneDrive, Kathleen and Jenna K to make available to all schools district-wide via the Hub <ul style="list-style-type: none"> ○ Include new resources from new partnerships (ex. info on Tri-County Human Services prevention programs, like Strengthening Families, etc.)
Action Items				<ul style="list-style-type: none"> ● Upload toolkit content to OneDrive – all team members submit content to Kathleen/Jenna K/Jenna L ● Healthy Schools pilot program recognition at April 23 School Board Meeting (5pm) – highlight Wahneta – invite them to send representatives from their team ● Heartland for Children hosting events at Bartow Civic Center <ul style="list-style-type: none"> ○ April 23 – community resource fair ○ May 14 – mental health resources (targeted to parents) ● Healthy Schools Summer Academy – June 12-13 at George Jenkins High School, Lakeland
<p>March Team Meeting</p>  <p>School Health Team Tactical Plan Revised</p>				<ul style="list-style-type: none"> ● Attendance Team collaboration – working on how our 2 pilot programs can align ● Reviewed our team tactical plan – made an edit to our strategy – see embedded document left – to present at Operating Board soon ● Updates on Healthy School Teams – <ul style="list-style-type: none"> ○ Highland City: Colette & staff did “I Can Eat a Rainbow” for all kindergarten classes (over 80 children) – very successful;

				<p>hosting bike helmet fitting in May, Jenna ordered 60 helmets</p> <ul style="list-style-type: none"> ○ Inwood having a Walking & Biking Wednesday on April 3 at 7am, Colette to provide giveaways/incentives
Action Items				<ul style="list-style-type: none"> • Continue working on Toolkit – introduction, WSCC Team document, other basic materials will be ready to go out soon; resources section to go out separately so we don't overwhelm schools <ul style="list-style-type: none"> ○ Work on timeline – get prevention contact deadlines from Audrey – Jenna to finalize once dates are given • Grant toolkit in progress – Kathleen • Scheduling School Board Recognition for Wahneteta – April 23 5pm – Polk Vision School Health Team & partners to present the recognition; BayCare (Colette) to buy plaque? – press release and other media to be informed

Appendix D:

**Florida Healthy Babies Team
Meeting Materials
July 10, 2019**



**Florida Healthy Babies Polk Team Meeting
7/10/2019
Agenda**

- | | |
|---|--|
| 1. Welcome | Suzanne |
| 2. Updated Infant Mortality Data | Suzanne |
| 3. FHB Quarter 4 Report Due | Taylor |
| <ul style="list-style-type: none"> • HS/WIC Participation • Safe Sleep Team • Breastfeeding | <ul style="list-style-type: none"> Sylvie Tonya Suzanne |
| 4. Melanin Families Matter Update | Dr. Marshall |
| 5. Annual Action Plan Review – October meeting | Taylor/Suzanne |
| 6. Proposed Quarterly Meeting Dates | Taylor |
| <ul style="list-style-type: none"> • October 9th at 2:00 pm • January 8th at 2:00 pm • April 8th at 2:00 pm • July 8th at 2:00 pm | |

Important Dates/Meetings

- | | |
|----------------|--|
| 7/11/19 | Safe Sleep Committee 3:00 pm at Healthy Start |
| 7/15/19 | FHB Quarter 4 Report Due to State |
| 7/15/19 | Safe Kids Polk 9:00 am at Family Fundamentals |
| 8/08/19 | FIMR Case Review Team 4:00 pm at Winter Haven Hospital |
| 8/21/19 | CADR Meeting 1:00 pm at Medical Examiner’s Office, Winter Haven |



Florida Department of Health in Polk County
 Florida Healthy Babies (FHB) Internal Team Meeting
 CHS Conference Room, 4th Floor, Bartow Admin Building
 July 10, 2019, 2:00 pm – 3:30 pm

SIGN-IN SHEET

Name	Email Address	Signature
Beverly Dodson	Beverly.Dodson@flhealth.gov	
Charlene Edwards	cedwards@healthystarthhp.org	
Dr. Joy Jackson	Joy.Jackson@flhealth.gov	
Lynn Marshall	lmmarshall@healthystarthhp.org	<i>Dr. Lynn J. Marshall</i>
Roselyn Smith	Roselyn.Smith@flhealth.gov	
Suzanne Wright	Suzanne.Wright@flhealth.gov	<i>Suzanne Wright</i>
Sylvie Grimes	Sylvie.Grimes@flhealth.gov	
Tammy Durden	Tammy.Durden@flhealth.gov	
Taylor Freeman	Taylor.Freeman@flhealth.gov	<i>Taylor Freeman</i>
Tonya Akwetey	takwetey@healthystarthhp.org	<i>Tonya akwetey</i>



Florida Healthy Babies Polk Team Meeting
7/10/19

Meeting Minutes

Team Members Present: Taylor Freeman, Suzanne Wright, Dr. Lynn Marshall, and Tonya Akwetey.

Updated Infant Mortality Data

Suzanne presented the updated single year rates for infant mortality. Our black-white mortality gap has improved! The current disparity ratio for a single year gap is 1.8. Polk's Black infant mortality rate decreased, the White infant mortality rate increased, and the Hispanic infant mortality rate is steadily increasing.

FHB Quarterly Report

Taylor reported that the 4th Quarter FHB Report has been submitted.

FHB Budget

Purchase requisitions have been submitted for 1,000 breastfeeding friendly discharge bags for the three birthing hospitals in Polk County and two birthing centers. The discharge bags will include a refrigerated bag with breastfeeding coupons, Safe Sleep book, nightlights, safety plugs, and educational sheets about breastfeeding and safe sleep. Tobacco cessation funding is also being included and more bags have been ordered. A letter is being drafted to send to the hospitals and birthing centers prior to distribution.

WIC/Healthy Start Referrals

Referrals from WIC to HS and HS to WIC are down. The number will be reported to Tallahassee.

Beds4Babies

No report from Healthy Start.

Safe Sleep Displays

All 3 birthing hospitals have a Safe Sleep display.

WIC/Breastfeeding Update

Winter Haven Women's Hospital received Baby Friendly Hospital Designation. They are the first hospital in Polk County to receive this prestigious designation! Congratulations! WIC has a number of breastfeeding support groups including Lakeland Midwifery Center, Black Mothers, and Special Needs Babies.

FHB Community Committee Report

Dr. Marshall reported that Melanin Families Matter group are purchasing outreach branding items. They plan to attend the Back to School Bash at Carver Rec August 3. They are surveying the Azalea Gardens apartments in Bartow, contacting both women and men.

Next meeting scheduled for October 9th, 2019 from 2:00 – 3:30 pm in the 4th floor CHS conference room

Important Dates/Meetings

10/10/19	Safe Sleep Committee 3:00 pm LRH
10/10/19	FIMR Case Review Team, 4:00 pm LRH
10/15/19	FHB Quarterly Report Due to State
10/16/19	CADR Meeting 1:00 pm Medical Examiner's Office, Winter Haven
10/21/19	Safe Kids Polk 9:00 am at JHACH Outpatient Center

Appendix E:

**Coalition on Injury Prevention of Polk County
Meeting Materials
January 15, 2019**



Coalition on Injury Prevention of Polk County

Mission: Networking to provide injury prevention resources to positively impact communities through partnerships, communication, and support of community events.

Injury Prevention ~ It's Everyone's Business

Agenda for January 15, 2019

- ◆ **Introductions**
- ◆ **Attendance**
 - ◆ Everyone, please be sure to sign in
 - ◆ New attendees and guests ~ please provide complete agency & contact information
- ◆ **Approval of minutes**
- ◆ **Agency Spotlight**
 - ◆ Coleen Pizzuti, United Way of Central Florida/Family Fundamentals
 - ◆ Please sign up on the 2019 sign up sheet if you would like to present
- ◆ **CIP/Safe Kids Safety Fair**
- ◆ **CIP Booklet**
- ◆ **Recruitment**
- ◆ **Community Task Force Updates**
 - Falls Team
 - Adult Bicycle Safety Team
 - Drowning Team
- ◆ **Round table agency programs, services or events**

◆ Subcommittee Break Outs

- ◆ Subcommittees must have completed 2018 action registers, proposed 2019 action registers, highlights posters, and revised charter by the March 2019 meeting

◆ Next meeting's agenda items:

- ◆ Agency Spotlight: If you would like to sign up for the Agency Spotlight in March, let Diana or Taylor know

◆ 2019 Meeting Schedule:

- ◆ All meetings will be held 0900-1030
Learning Room 1 (2nd floor) at Family Fundamentals 1021 Lakeland Hills Blvd., Lakeland
- ◆ Meetings:
 - Task Force meetings should occur in between CIP meetings
 - **Next CIP Meeting: March 19th, 2019 from 9:00 – 10:30 am**



Coalition on Injury Prevention of Polk County

Mission: Networking to provide injury prevention resources to positively impact communities, through partnerships, communication and support of community events.

Injury Prevention ~ It's Everyone's Business

Sign-in Roster for 1-15-2019 Meeting at Family Fundamentals

Initials	Name / Title	Agency	Address	Phone	E-mail
Y excused	Acevedo, David	Children's Home Society	1260 Golfview Avenue Bartow, FL 33830	863-519-3900	david.acevedo@chsfl.org
	Aguilar, Christina	Home to Stay		863-398-8160	caguilar@peacrivercenter.org
	Akwetey, Tonya	Healthy Start Coalition	650 E Davidson Bartow, 33830	863-534-9224	takwetey@healthystarthhp.org
	Barr, Matt	Lakeland Fire Department	701 E. Main Street Lakeland	863-834-8219 863-834-8212	Matt.Barr@lakelandgov.net
AB	Bautz, Alexis	Florida Presbyterian Homes	16 Lake Hunter Lakeland 33803	863-577-6035	abautz@fphi.org
	Blevins, Anne	Pediatric Trauma Program Coordinator Tampa General Hospital		813-844-8012 P. 813-844-5164 F. 813-844-8045	eablevins@tgh.org
	Burdette, Charles	Multiple Agency Volunteer	330 W. Wellington Dr. Lakeland, FL 33813	863-619-8127	charlieburdette@verizon.net
	Campion, Breanna	Polk County Fire Rescue	2470 E. Clower Lane Bartow 33830	863-344-2035	breannacampion@polk-county.net
	Cipriano, Jennifer	Lakeland Regional Care of Continuum Coordinator	1324 Lakeland Hills Blvd. Lakeland 33805	863-284-1882	jennifer.cipriano@mylrh.org

Initials	Name / Title	Agency	Address	Phone	E-mail
	Crews, Annette	Polk TPO	330 w. Church Street Bartow, FL 33831		
	Davis, Julia B Deardoff, Tom	Polk TPO	330 w. Church Street Bartow, FL 33831	P:863-534-6529 F:863-534-6471	juliadavis@polk-county.net
DD	Degroot, Diana	LRH Trauma Program Manager	1324 Lakeland Hills Blvd. Lakeland 33805	863-284-1853	Diana.DeGroot@myLRH.org
X excused	Desir, Jemima D., MD	Healthcare Education Specialist	Florida Poison Information Center – Tampa	P:813-844-7982 F:813-844-4443	jdesir@tgh.org
	DeyArmin, Kathi	Hometown Homecare	811 East Main Street Lakeland 33801	863-937-9013	kdeyarmin@gmail.com
	Donnette, Yoishica	Valencia Hills Health & Rehab Center	1350 Sleepy Hill Rd. Lakeland 33810	863-858-4402 ext. 3504	shicalundy76@yahoo.com
	Dooley Simpson, Linda			H:863-646-0180 C:517-256-3861	simpsonld@aim.com
TA	Freeman, Taylor	Florida Department of Health – Polk	1290 Golfview Ave. Bartow	863-578-2141	Taylor.Freeman@flhealth.gov
DJ	Gay, Daniel	Semper Fish Aquatics	4940 Maple Dr. Lakeland, FL 33810	863-272-8304	D.Gay@infantswim.com
WG	Geary, Wynton	Senior Connection Center	8928 Brittany Way Tampa 33619	813-676-5566	wynton.geary@sccmail.org
GAN	Goodson, Georgiana	Senior Helpers	2515 Troy Ave. Lakeland, FL 33803	863-686-7333 C: 863-670-8658	ggoodson@seniorhelpers.com
	Haight, Dan, MD	LRH VP Wellness	1324 Lakeland Hills Blvd. Lakeland 33085		daniel.haight@myLRH.org
	Hehn, John	Florida Presbyterian Homes	16 Lake Hunter Lakeland 33803	863-577-6033	jhehn@fphi.org

Initials	Name / Title	Agency	Address	Phone	E-mail
	Kennedy, Alison	Florida Presbyterian Homes	16 Lake Hunter Lakeland 33803	863-577-6022	akennedy@phi.org
	Kistler, Susan	Volunteer	1828 Woodpointe Dr. Winter Haven, FL 33884	863-324-1873	skist51@aol.com
	Lamm, Rosemarie	RATH Center	5602 Lake Pt. Drive Lakeland	863-738-2941	rslamm1@tampabay.rr.com
	Parkes, Lauren	LRH			Lauren.Parkes@myLRH.org
CP	Pizzuti, Coleen	UWCF – Family Fundamentals	1021 Lakeland Hills Blvd. Lakeland 33805	863-686-1221	coleen.pizzuti@uwcf.org
	Lamm, Rosemarie	Lakeland Vision		863-682-9660	lrodriguez@lakelandvision.org
CS	Sharp, Cynthia	Lakeland Police Department	219 N. Massachusetts Lakeland 33801	863-834-6912	Cynthia.Sharp@lakelandgov.net
	Smith, Dorothy	Polk County Fire Rescue	1295 Brice Blvd. Bartow 33830	863-398-4180	dorothysmith@polk-county.net
	Talbot, Phyllis	Tri-County Human Services, Inc.	1811 Crystal Lake Drive Lakeland	863-701-1919	ptalbot@tchsonline.com
	Thompson, Stefanie	Alzheimer's Association- Florida Gulf Coast Chapter	520 S. Florida Ave. Lakeland	863-292-9210 F: 688-6461	thompsons@alzflgulf.org
	Warren, Rachel	Abby Grace's Hope, Inc.	319 Delon Ct Auburndale, FL	863-412-1389	abbygraceshope@gmail.com
	Westdorp, James	Senior Helpers	2515 Troy Ave. Lakeland, FL 33803	863-686-7333	jwestdorp@seniorhelpers
	Williams, Petula	Peace River Center	1239 E. Main Street Bartow, FL 33830	863-512-3610	pwilliams@peacrivercenter.org
	Walker, Janet	Tri-County Human Services, Inc.		C: 863-712-0804 F: 863-701-0404	jdaywalker@tchsonline.com

Initials	Name / Title	Agency	Address	Phone	E-mail
GUESTS	NAME	AGENCY	ADDRESS	PHONE	E-MAIL (Please indicate Y/N if you want to receive e-mails from CIP)
AS	Amy JACKSON	CITY OF LAKELAND	404 IMPERIAL BLVD	863-834-3157	amy.jackson@lakeland.gov.net Y/N
	Eddie Tapanes	City of Lakeland	404 imperial Blvd	863 834-3157	Eddie.Tapanes@lakeland.gov.net Y/N
	Tasha Saca	Reliance Medical Centers	3655 Innovation Drive	803-866-8020	tsaca@reliancemedicalcenters.com Y/N
					Y/N



Coalition on Injury Prevention of Polk County

Mission: *Networking to provide injury prevention resources to positively impact communities, through partnerships, communication and support of community events.*

January 15, 2019 ~ Meeting Minutes



Members in Attendance:

- Better Living for Seniors – Tasha Saca
- City of Lakeland Parks & Rec – Amy Jackson
- City of Lakeland – Eddie Tapanes
- Florida Department of Health Polk County – Taylor Freeman
- Florida Presbyterian Homes – Alexis Bautz
- Lakeland Police Department – Cynthia Sharp
- Lakeland Regional Health – Diana Degroot
- Lakeland Regional Health – Jennifer Cipriano
- Reliance Medical Centers – Tasha Saca
- Safe Kids Polk – Taylor Freeman
- Senior Connection Center – Wynton Geary
- Senior Helpers – Georgiana Goodson
- UWCF/Family Fundamentals – Coleen Pizzuti
- Semper Fish Aquatics – Daniel Gay

TOPIC	DISCUSSION
Welcome & Introductions	Completed.
Previous Meeting Minutes	The minutes were approved without changes.
Agency Spotlight	Coleen Pizzuti, United Way of Central Florida/Family Fundamentals, reviewed some of the external and internal programs offered by United Way. The internal programs fall under <i>Success by 6</i> , which are different programs offered to children to be more successful by 6-years old. Family fundamentals offers daily classes for children that encourage the participation of parents. Family fundamentals also refers parents to other agencies, such

	<p>as Early Learning Coalition, offering free resources and classes. Family Fundamentals is moving to a new location around February 25th and programming will be shut down for about 2 months. There will be a grand opening once the move is complete. CIP participated at Family Fundamentals <i>Santa's Workshop</i> and handed out helmets with a free helmet fitting.</p>
CIP/Safe Kids Safety Fair	<p>There was discussion about coming together as a general coalition. Safe Kids has an annual <i>Safe Kids Day</i> and once every 4 years it is held in Polk county. The suggestion is in the years that it is not in Polk, CIP could partner with Safe Kids and have a safety fair (biannual). Taylor asked for everyone's opinions on this idea. 2019 would be a planning year for the general coalition and the CIP Safe Kids Fair would be held in 2020.</p> <p>2019: Planning 2020: CIP/Safe Kids Fair 2021: Planning 2022: Safe Kids Day</p> <p>The team would work on getting partnerships and donations for the fairs. It was suggested to reach out to Florida Kid Care and Health Kids Polk for potential sponsorship or donation. Vendor fees could potentially be collected through Safe Kids for the event. Taylor has a Nutrition Counselor who is willing to speak at any events in the community. A motion was made and passed to start the planning for the CIP Safe Kids Safety Fair for June of 2020. Planning will become a standing agenda item.</p>
CIP Booklet	<p>Diana sent out an email asking for participants to confirm their interest in remaining on the Coalition. Please review the booklet and ensure that your agency info is up to date.</p>
Recruitment	<p>Taylor asked the group if the time and date of the meeting is appropriate and for recruitment ideas. CIP would like to see more community members in the Coalition. Cindy and Coleen are joining the bicycle safety task force. The bicycle group also partners with Polk Vision. Better Living for Seniors will make an announcement about CIP and offered to have CIP as a guest speaker.</p>
Department of Health/Required Documents	<p>Taylor shared fatality data from the Department of Health with the group and hospitalizations data as well as an update on the Community Health Assessment. The health department requires the following:</p> <ul style="list-style-type: none"> • Agenda, sign in sheet and minutes from each TASK FORCE meeting • 2018 finalized action plans • Annual review of team charters
Community Task Force Updates	<p>Falls Prevention:</p>

	<p>Alexis reviewed the 2018 accomplishments, which included increasing the number of instructors and participants, and the goals for 2019, which will focus on building a base of instructors, dedicated locations and ongoing classes.</p> <p>Bicycle Safety:</p> <p>Diana spoke on the Florida State Health Improvement plan. Two main things achieved last year were providing helmets to adults and children, at events like Santa's Workshop, were the tea, reached 297 people. The team participated in the distracted driving forum. The group partnered with Polk Vision though little was able to be done there. Plans for 2019 include identifying the number of helmet fitters in Polk County and the availability of helmet fitting courses. There are 13 certified helmet fitters through the Police Department. Ped Bike Resource offers helmet fitters and bicycle safety trainings. There are various opportunities with community partnerships. Another goal is to provide bike shops with educational materials. The team would like to find or train a train-the-trainer for helmets. Cindy suggested a FDOT partnership for bike safety materials. Another goal is to hand out 50 helmets. Cindy suggested considering restarting Cycle-Mania event in 2020. There was a suggestion of holding a historic walking/biking tour in Lakeland with a focus on safety. Florida Southern hosts a Light up the Night event around Lake Hollingsworth and CIP usually participates.</p> <p>Drowning Prevention:</p> <p>In 2018, the task force partnered with Polk Fire Rescue and created a 1-page infographic that is kept on the fire trucks for DOSE education. The team did a lot of community events including Safe Kids Day and LRH's Mother and Baby Open House. Taylor taught a water safety course for parents. The group partnered with Tiger Town for Kids Camp Day. The team did a water safety proclamation in 3 cities. Taylor was a guest speaker for Citizen CPR. The team also participated with the new PGTV news segments, provided an article for Central Florida Health news and a did a promo segment on the radio. The team is working on updating their swim lessons list. The team continues to review the annual reports of drownings and PCFR calls. There was a suggestion to find out if PCFR combines their numbers with Lakeland FR.</p>
Social Media	<p>A goal for each task force is to improve the CIP Facebook group and be responsible for 4 posts per year.</p> <p><u>Facebook Participation</u></p> <p>Bikes: Jan-Apr</p> <p>Drowning: May-Aug</p>

	Falls: Sept-Dec
Round table agency programs, services or events	<p>Senior Connection Center, Health and Wellness</p> <p>The Senior Connection Center has two upcoming trainings:</p> <ul style="list-style-type: none"> •Chronic Disease Management, Tampa, Senior Connection Center, February 18-19th & 25-26th •Tai Chi for Fall Prevention, Lakeland, Florida Presbyterian Homes, March 9-10th <p>There are opportunities for Senior Connection Center to offer free instructor courses. Georgiana will promote the events on the CIP Facebook pages.</p> <p>Better Living for Seniors/Reliance Medical Centers</p> <p>Tasha suggested having the Retired Seniors and Volunteering as a spotlight speaker.</p> <p>Relias medical center is building a wellness center. Caregiver college is a new program that will help train care givers.</p> <p>Lakeland Police Department</p> <p>Florida Elderly Services Practitioners refers older adults to different agencies for assistance.</p> <p>City of Lakeland – Parks and Recreation</p> <p>Classes for all ages are offered at Kelly Rec. Center as well as water classes around Lakeland.</p> <p>Department of Health</p> <p>The Melansin Families Matter Event will be held on March 9th, at the LRH Mother and Baby Pavilion from 9 am-1 pm.</p> <p>Florida Department of Health partnered with Florida Healthy Babies to reduce infant mortalities in the 33805-zip code. This event will have multiple educational resources, a class directed at fathers, nutritional information, yoga, etc. Taylor will send out the promotional card to the group.</p> <p>United Way/Family Fundamentals</p> <p>United Way is hiring a new president. MyFloridaTaxes offers free tax services to families with an income under \$60,000. 2-1-1 is still a good resource.</p>

	<p>LRH Trauma Program</p> <p>The Stop the Bleed, Bleeding Control course, is a 1-hour course that teaches hands-on skills to control bleeding to community members. The Bleeding Control event is advertised on EventBrite. Please let Diana or Jennifer know if you are interested in a training.</p> <p>Florida Presbyterian Homes</p> <p>FPH's new CEO/Executive Director started last week.</p> <p>Senior Helpers</p> <p>Senior Helpers may have some additions for the CIP Booklet/booklet inserts, such as Parkinson's and dementia training.</p>
2019 Action Plans	The task forces met to review their 2019 action plans.
Next Meeting Agenda Items	Please send any promotional materials to Diana or Taylor to attach with the meeting minutes. If you have a recommendation for a spotlight speaker, please let Diana know.
Next Meeting Time and Location	<p style="text-align: center;">Happy New Year from CIP!</p> <p>Tuesday, March 19, 9:00-10:30 a.m., location TBD.</p> <p><i>---Please continue Task Force meetings in between CIP meetings---</i></p>

Appendix F:
Comprehensive List of Community Partners¹

Name	Agency	Name	Agency
Addie Javed	City of Haines City	Brenda Torres	Polk Vision
Aisha Alayande	Drug Free Highlands	Brent Lacy	VHB
Aleda Johnson	Polk County Schools	C.L. Boyd	Polk County Schools
Alexis Bautz	Florida Presbyterian Homes	Carol Fox	Lakeland Regional Health
Alison Kennedy	Florida Presbyterian Homes	Carole Saavedra	Polk Vision
Andrea Nikolai	UF/IFAS Extension Polk County	Carolyn Espina	New Life Center
Andreina Aguirre	Polk County Sheriff's Office	Catalina Mondragon	Florida Department of Health in Polk County – HIV Outreach
Andy Palmer	City of Winter Haven	Cathy Boeck	Polk County Schools
Angela Cox	Florida Department of Health in Polk County – School Health	Charlene Edwards	Healthy Start Coalition of Hardee, Highlands, and Polk
Ann Brice	Florida Department of Health in Polk County	Chase Webber	Heartland for Children
Anne Yasalonis	UF/IFAS Extension Polk County	Cheryl Marino	Polk County Schools
Audrey Kelly-Fritz	Polk County Schools	Christine Smith	Florida Department of Health in Polk County – WIC
Belinda Rieger	Heart of Florida Regional Medical Center	Christy Olson	Polk County Schools
Bethany Brown	Lakeland Regional Health	Chuck Barmby	City of Lakeland
Beverly Dodson	Florida Department of Health in Polk County – Quality Improvement	Cindy Jantomaso	Haines City Economic Development Council

Participating Community Partners Continued

Name	Agency	Name	Agency
Cindy Thomas	Heart of Florida Regional Medical Center	DeeDree Zerfas	Florida Department of Health in Polk County – Healthy Start
Coleen Pizzuti	United Way of Central Florida/Family Fundamentals	Denise Atwell	Polk County Schools
Colleen Mangan	Florida Department of Health in Polk County – Community Health Planning	Denise Marini	Florida Department of Health in Polk County – Dental
Corlis Johnson	My Nature’s Delight	Denise Sepulveda	Polk County Schools
Courtney Kaylor	Florida Department of Health in Polk County – School Health	Diana Degroot	Lakeland Regional Health
Crystal Williams	Florida Department of Health in Polk County – School Health	Donna Harvard	Polk County Schools
Cynthia Zorn-Shaw	Lakeland Housing Authority	Donna Swygert	InnerAct Alliance/StandUP Polk
Daniel Haight, MD	Lakeland Regional Health	Dora Sanders	East Coast Migrant Head Start
Danielle Drummond	Lakeland Regional Health	Elaine Pachal	Nurse Family Partnership
David Acevedo	Children’s Home Society	Eric Labbe	City of Winter Haven
Deanna Kirkland	Florida Department of Health in Polk County – School Health	Ermelinda Centeno	Central Florida Health Care
Debbie Zimmerman	Polk County Schools	Esperanza de Jesus	Polk County Schools
Deborah Reyes	Polk County Schools	Gabi Knight	Lakeland Regional Health
DeeDee Wright	Polk County Schools	Gayle Hernandez	Redlands Christian Migrant Assoc.

Participating Community Partners Continued

Name	Agency	Name	Agency
Georgiana Goodson	Senior Helpers	Jenna Levine	Florida Department of Health in Polk County – Community Health Planning
Gordon Green	Patel, Greene, & Associates	Jennifer Codo-Salisburg	Central Florida Regional Planning Council
Gretchen Cabranes	Polk County Schools	Jennifer Harris	Polk County Sheriff's Office
Gwen Parish	Florida Department of Health in Polk County – School Health, Head Start	Jim Maxwell	Polk County Schools
Gwendolyn Winkfield	Florida Department of Health in Osceola County	John Bohde	Polk County Board of County Commissioners
Hal Coffman	Madrid Engineering Group	Joy Jackson, MD	Florida Department of Health in Polk County – Director
Heather Riley	Heart of Florida Regional Medical Center	Juli Davis	Florida Department of Health in Polk County – Tobacco Prevention
Holly Parker	Healthy Start Coalition of Hardee, Highlands, & Polk	Julia Davis	Polk Transportation Planning Organization
Jacquelyn Rawlings	Tri-County Human Services	Julia Hermelbracht	Florida Department of Children & Families
Jason Lewis	Kimley-Horn	Julie Foster	Heart of Florida Regional Medical Center
Jeff Kincart	A-C-T Environmental & Infrastructure	Karen Kopp	Polk County School
Jeff Schmucker	Central Florida Regional Planning Council	Karen Moore	Peace River Center
Jenna Kaczmariski	Polk County Schools	Kathleen Wright	Polk County Schools

Participating Community Partners Continued

Name	Agency	Name	Agency
Katie Taylor	Polk County Schools	Lauren Shinholster	All Children's Hospital
Kellie Beckett	Florida Department of Health in Polk County – School Health	Leah Millette	Baycare
Kelly Andrews	Florida Southern College	Lesli Ahonkhai	Florida Department of Health in Orange County
Kezia Elfils	Central Florida Health Care	Linda Hawbaker	Florida Department of Health in Polk County – Community Health Planning
Kim Eubanks	Polk Health Care Plan	Lisa Butchee	Polk County Schools
Kim Long	Polk Vision	Liz Antaya	Stahl & Associate Insurance
Kimberly Warren	Atkins	Luz Husereau	Florida Department of Health in Polk County – Healthy Start
Kylia Carswell	United Way of Central Florida/Family Fundamentals	Lynne Martin	Florida Department of Health in Polk County – School Health
Larry Madrid	Madrid Engineering Group	Mahmud Osmani	Head Start Parent
Laura Pellegrini	Winter Haven Women's Hospital	Marisol Padilla	Florida Department of Health in Polk County – Healthy Start
Laurel Smith	Polk State College	Matt Mouncey	Southeast Environmental Solutions, Inc.
Lauren Hinton	Florida Department of Health in Polk County – Finance & Accounting	Megan Leary	City of Winter Haven Parks & Recreation
Lauren Nederveld	LifeChoice Pregnancy Center	Melanie Peter	Polk County Schools

Participating Community Partners Continued

Name	Agency	Name	Agency
Melinda Thomas	Florida Department of Health in Polk County – Community Health Outreach	Paula McGhee	Polk Health Care Plan
Melvin Jenkins	New Beginnings High School	Penny Borgia	United Way of Central Florida
Mia Branch	Heart of Florida Regional Medical Center	Pat Steed	Central Florida Regional Planning Council
Michael Smith	Healthy Families	Pete Padron	Lakeland Regional Health
Michelle Drawdy	Nurse Family Partnership	Petula Williams	Home To Stay
Michelle Shiver	Citizen CPR, Inc.	Philip D. Wegman	Furr & Wegmen Architects, PA
Mike Britt	City of Winter Haven	Richard Perez	City of Lakeland
Mindi Fitch	City of Lakeland Parks & Recreation	Robbin Chapman	Polk County Schools
Myrna Martinez	Florida Department of Health in Polk County – School Health	Roselyn Smith	Florida Department of Health in Polk County – Healthy Start
Nancy Zachary	Redlands Christian Migrant Assoc.	Ruth Livingston	LifeChoice Pregnancy Center
Nick Nicholas	DSM	Ryan Kordek	Polk Transportation Planning Organization
Nicole Riley	Florida Department of Health in Polk County – Communications	Sairah Chachad, MD	Lakeside Pediatrics
Nora Smith, MD	Pediatric Partners of Winter Haven	Sapna Amin, MD	Central Florida Health Care
Oleda Johnson	Polk County Schools	Sara Roberts	Polk Vision
Pam Luce	Polk County Schools	Sarah Cheney	Student Intern

Participating Community Partners Continued

Name	Agency	Name	Agency
Schatzie Haines	Lanier Upshaw Insurance	Teah Butler	Head Start Parent
Shandi Rock	Healthy Families	Tequila Harris	Florida Department of Health in Hillsborough County
Sherry Scott	Polk County Schools	Timothy Starnes	Florida Department of Children & Families
Sheryl Cooper	Florida Department of Health in Polk County – Health Promotions & Preparedness	Tom Deardorff	Polk County Board of County Commissioners
Steven Shealey	Envisors	Tom Phillips	Citrus Connection
Susan Larson	Learning Resource Center	Tonya Akwetey	Healthy Start Coalition of Hardee, Highlands, & Polk
Susan Rexroat	Polk County Schools	Tracy Garcia	Central Florida Development Council
Suzanne Wright	Florida Department of Health in Polk County – WIC	Tracy Mouncey	Tracy Mouncey & Associates
Sylvia Holmes	Head Start	Tracy Mullins	Polk County Parks & Recreation
Sylvie Grimes	Florida Department of Health in Polk County – Quality Improvement	Virginia Robinson	Paul A. Diggs Neighborhood Association
Tammy Durden	Florida Department of Health in Polk County – Community Health Services	Yajaira Martinez-Gonzalez	Florida Department of Health in Polk County – Healthy Start
Taylor Freeman	Florida Department of Health in Polk County – Community Health Planning		

¹ Partners and the organizations with whom they were affiliated during their time of participation in the plan.