



Florida Department of Health in Suwannee County
COMMUNITY HEALTH IMPROVEMENT PLAN
ANNUAL PROGRESS REPORT

2019

Ron DeSantis
Governor

Scott A. Rivkees, MD
State Surgeon General

Kerry S. Waldron
Health Officer/Administrator
Florida Department of Health in Suwannee County

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Produced by:
Florida Department of Health
Suwannee County

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Introduction

This annual review report summarizes the work, progress, and accomplishments for the 2018-2023 Suwannee County Community Health Improvement Plan. The 2018-2023 Suwannee County Community Health Improvement Plan (CHIP) resulted from primary and secondary data collected and analyzed through the Community Health Assessment (CHA) conducted by WellFlorida Council using the MAPP process in 2018. The activities and collaborative efforts of the Florida Department of Health in Suwannee County and community partners will be reflected within the annual report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, the Florida Department of Health in Suwannee County is charged with providing administrative support, tracking and collecting data, identifying existing evidence-based and evidence-informed programs that may be appropriate, and preparing the annual review report.

The group of community partners involved in the implementation and revision of the CHIP are known as “Healthy Suwannee”, which was re-branded in February 2019 from Suwannee Health Advisory Group. This is a multi-disciplinary group representing state, county, and local government, private industry, faith-based organizations, education, and the public at large. This group met on a bi-monthly basis (every other month) to discuss and work to implement the CHIP and workplan. The “Healthy Suwannee” community partners are committed to improving the health and wellness of their community and have continued to contribute their valuable time, skills, and resources to improving the quality of life in Suwannee County.

The CHIP is a community-driven plan; however, The Florida Department of Health in Suwannee County provides a leadership support role to include: leading and scheduling meetings, identifying evidence-based initiatives or best practices available, collection of data, tracking progress, administrative support, and development and publication of the annual review report.

Trend and Status Descriptions

*Trend Descriptions:

-  = Data trend is upward and in the desired direction for progress
-  = Data trend is downward and in the desired direction for progress
-  = Data trend is upward and in the undesired direction for progress
-  = Data trend is downward and in the undesired direction for progress

**Status Descriptions:

- **On Track** = Objective progress is exceeding expectations or is performing as expected at this point in time
- **Not on Track** = Objective progress is below expectations at this point in time
- **Decision Required** = Objective is at risk of not completing/meeting goal. Management decision is required on mitigation/next steps.
- **Completed** = Objective has been completed or has been met and the target date has passed
- **Not Completed** = Objective has not been completed or has not been met and the target date has passed

Overview of CHIP and Annual Review Meeting

The Department of Health in Suwannee County contracted with WellFlorida Council to conduct a Community Health Assessment. The Community Health Assessment process was launched in August of 2017, continuing a strong commitment to better understanding the health status and health needs of the community. This assessment was complete in February 2018.

Led by the Florida Department of Health in Suwannee County and members of the Suwannee Health Advisory Group (SHAG), the strong commitment to better understand the health status and health needs of the community followed by impactful action and accountability are the hallmarks of the Suwannee CHIP process which was completed in July 2018. Enhancements to the 2019 CHIP include an emphasis on the social determinants of health and health equity with concerted efforts to involve, include and understand diverse perspectives; inclusion of policy and environmental change strategies; and direct involvement of key community partners and citizens in identifying, formulating and implementing solutions.

As part of the CHIP process we recognized the new dynamic's affecting our County. Our community partners felt a name change from Suwannee Health Advisory Group (SHAG) to Healthy Suwannee would better reflect our missions, our goals, and our objectives.

This report is based on the 2018-2023 CHIP, revised in June 2019.

STRATEGIC ISSUE AREA	GOAL
<i>Reproductive Sexual Health</i>	<i>1. Improve the Health of Women and Babies</i>
	<i>2. Promote Healthy Relationships</i>
<i>Healthy Behaviors</i>	<i>1. Reduce Substance Use</i>
	<i>2. Prevent injuries</i>
<i>Chronic Health Conditions</i>	<i>1. Promote Healthy Lifestyles and Life Choices</i>
<i>Access to Health Care Services</i>	<i>1. Improve Access to Health Care Services</i>
<i>Community Engagement</i>	<i>1. Mobilize the Community to Address Health Issues</i>

2019 Progress and 2020 Revisions

Strategic Issue Area #1: Reproductive and Sexual Health

Being a rural community, sometimes services are limited. What poses an additional barrier is where citizens do not know what services exist. Using the data in the 2018 Community Health Assessment, the community identified Reproductive and Sexual Health to be a strategic priority area. Health behaviors contribute to poor health outcomes. The behaviors identified by the community as priority behaviors to change to improve health outcomes are breastfeeding, preventative care, early entry into prenatal care, infant immunization, increasing sexual health education, and reducing teen pregnancy.

Goal 1.1: Improve the Health of Women and Babies

Strategy 1.1.1: *Improve access to health care services, resources, and education.*

Objective: Prevention is a primary focus of Public Health. Part of prevention is routine care, as well as access to care in the case of an unexpected event. If the population is unaware of the prevention and routine care services, the population may be experiencing barriers that are unnecessary to receiving care. Educating the population about what services are available enable the population to have more power and autonomy in their health decision making process.

Key Partners:

<i>Shands Live Oak Regional Medical Center</i>	<i>Vivid Visions</i>	<i>Suwannee County School Board</i>
<i>Healthy Start</i>	<i>Meridian Behavior Health</i>	<i>Pregnancy Care Center</i>
<i>Suwannee County Fire and Rescue</i>	<i>Suwannee County Parks and Recreation</i>	<i>Youth Partnership Council</i>
<i>Department of Corrections</i>	<i>Department of Children and Families</i>	<i>Another Way</i>
<i>Suwannee River AHEC</i>	<i>UF IFAS</i>	

2019 Performance							
	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
1	Launch an informational campaign to make the community aware of available local obstetrics and gynecology services.	Campaign	Campaign Completed	Campaign Completed	January 31, 2019		Completed
2	Increase breast feeding initiation rates from 74% to 77%.	73.4% 2018 Community HealthWIC Sharepoint	Mothers who initiate breast feeding Community HealthWIC Sharepoint	74.7% 2018 Community HealthWIC Sharepoint	December 31, 2019		Not Completed
3	Increase the percentage of babies receiving immunizations in their first 2 years by 5%.	Data not available for Suwannee County	Number of 2-year old's fully immunized	Identify Baseline	December 31, 2019		Not Completed
4	Increase the percentage of women who receive prenatal care in their first trimester by 5%	74% 2018 Increase by 5% Community HealthWIC-Sharepoint	Births to mothers with first trimester prenatal care FLHealth CHARTS	76% 2019 Community HealthWIC-Sharepoint	December 31, 2019		Not Completed
5	Reduce the teen birth rate by 3%	42 births 2017 FLHealth CHARTS	Births by mothers Age 13-19 indicated by FLHealth CHARTS	41 births 2018 FLHealth CHARTS	December 31, 2020		On Track

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Our progress in 2019 on enhancing access to health care services, resources, and education is listed below:

- ✓ **Objective 1-** DOH-Suwannee created educational material on the services offered locally. These materials were distributed at a breast cancer awareness luncheon to over 100 participants and will be an ongoing initiative.
 - Target was monitored and tracked in an excel spreadsheet.
- ✓ **Objective 2-** DOH-Suwannee implemented a Mom2Mom support group. A community initiative has yet to be established. DOH-Suwannee also established billboards promoting breastfeeding.
 - Target was monitored on mothers who initiate breastfeeding on CommunityHealthWIC-Sharepoint.
- ✓ **Objective 3 -**Working to identify data source for baseline. Possibly utilize FLSHOTS on the number of 2-year old's that have had immunizations.
 - Target was monitored on the number of 2-year old fully immunized on FLSHOTS.
- ✓ **Objective 4 -** Community initiative has yet to be established on first trimester prenatal care.
 - Target was monitored on births to mothers with first trimester prenatal care on CommunityHealthWIC-Sharepoint.
- ✓ **Objective 5 -** DOH-Suwannee has established a Teen Walk-In Clinic. DOH-Suwannee has signage addressing access to birth control. A community initiative has yet to be established.
 - Target was monitored on births by mothers Age 13-19 on FLHealthCHARTS.

HEALTHY START



HEALTHY START BILLBOARDS



Goal 1.2: Promote Healthy Relationships

Strategy 1.2.1: *Provide education, engage teens and community in change, institute policy change.*

Objective: The rate of births to teen mothers in Suwannee County is statistically significantly higher than that of the state rate. To increase graduation rate, workforce, and decrease births to teen mothers, an assessment of the current reproductive and sexual health education may need to be conducted to identify gaps as well as areas of success.

Key Partners:

<i>Shands Live Oak Regional Medical Center</i>	<i>Vivid Visions</i>	<i>Suwannee County School Board</i>
<i>Healthy Start</i>	<i>Meridian Behavior Health</i>	<i>Pregnancy Care Center</i>
<i>Suwannee County Fire and Rescue</i>	<i>Suwannee County Parks and Recreation</i>	<i>Youth Partnership Council</i>
<i>Department of Corrections</i>	<i>Department of Children and Families</i>	<i>Another Way</i>
<i>Suwannee River AHEC</i>	<i>UF IFAS</i>	

	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
1	A task force on reproductive and sexual health education will be formed and hold its first meeting	Form a task force	Task Force formed, and meeting held	Task Force formed	December 31, 2018		Completed ✓ First meeting held January 2019
2	The task force will recommend adoption of school policy on a comprehensive health education program	No recommended program currently	Comprehensive health education program recommended to school board	Recommended to school board	December 31, 2019 (Revise to 07/2023)		On Track
3	Comprehensive health education will be implemented in the Suwannee County School system and in community and faith-based schools	Form a task force	Implementation of comprehensive health education program	Establish Program	July 31, 2023		On Track ✓ A Teen Heathy Behaviors Task Force was formed to discuss deficiencies identified by student surveys
2020 Revisions							
	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
2	The task force will recommend adoption	No recommended program at this time	Comprehensive health education program	Recommended to school board	Revised Date July 31,		On Track

	of school policy on a comprehensive health education program		recommended to school board		2023		
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¹Refer to the trend and status descriptions on the following page

Progress in 2019

Our progress in 2019 on providing education, engaging teens and community's in change, and instituting policy change is listed below.

- ✓ Objective 1- Task force has been formed on reproductive and sexual health education and will hold its first meeting in January of 2019.
 - Target was to form a Task force on reproductive and sexual health education and that was formed, and meetings are being held.

- ✓ Objective 2- Task force met in January 2019 and discussed data on a comprehensive health education program.
 - Target was to recommend a health education program to the school board, and this was done.

- ✓ Objective 3- Task force has met and collected data on a comprehensive health education program.
 - Target was to form a comprehensive health education program in the Suwannee County School system, community and faith-based schools which was completed and implemented. This task force is called the "Teen Healthy Behaviors Task Force" and was formed to discuss deficiencies identified by student surveys.

Strategic Issue Area #2: Healthy Behaviors

Encouraging healthy behaviors is an important part of public health. Supporting behavior change to individuals helps improve individual health, but it also works to begin to change what society sees as normal. If the healthier behaviors become the more desired, publicized more people will begin making healthy choices. Simply: make the healthy choice the easy choice.

Goal 2.1: Reduce Substance Abuse

Strategy 2.1.1: *Improve access to services and resources, provided health education, institute policy change for funding to support expanded services, focus efforts on tobacco cessation.*

Objective: Having access to mental health can assist in reducing children, teens, and adults in turmoil. Mental health care assists in identifying available coping skills and reduces the incidence of substance abuse. Mental health includes our emotional, psychological, and social wellbeing. It affects how we think, feel and cope with everyday life. It also helps determine how we handle stress, relate to others, and make choices that affect us physically. Simply put, mental health is essential to overall health.

Key Partners:

<i>Shands Live Oak Regional Medical Center</i>	<i>Vivid Visions</i>	<i>Suwannee County School Board</i>
<i>Healthy Start</i>	<i>Meridian Behavior Health</i>	<i>Pregnancy Care Center</i>
<i>Suwannee County Fire and Rescue</i>	<i>Suwannee County Parks and Recreation</i>	<i>Youth Partnership Council</i>
<i>Department of Corrections</i>	<i>Department of Children and Families</i>	<i>Another Way</i>
<i>Suwannee River AHEC</i>	<i>UF IFAS</i>	

	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
1	Increase the availability of mental health services	Meridian	Number of available mental health services	Better access to mental health services	December 31, 2019		Completed ✓ Mental Health Counselor in every Suwannee County School ✓ Community Action Team (CAT) implemented
2	Increase the availability of trained mental health professionals in Suwannee County Schools	Need to obtain source and baseline in 2019	Number of mental health professionals In Suwannee County Schools in 2018	At least one additional trained mental health professional at each school	December 31, 2021		On Track ✓ Mental Health First Aid training provided to all school personnel
3	Locate one funding source for mental health services in Suwannee County	None found or obtained	Funding source located and obtained	Funding obtained	December 31, 2021		On Track
4	Decrease the percentage of adult tobacco use by 3%	19.4% 2016	Adults who are current smokers FLHealth CHARTS	16.4%	December 31, 2021		On Track

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Our progress in 2019 on improving access to services and resources, providing health education, instituting policy changes for funding to support expanded services, and focusing our efforts on tobacco cessation are listed below.

- ✓ Objective 1- We have increased the availability of mental health services in Suwannee County. Meridian Behavioral Health has a (CAT) Community Action Team in place to access the mental health needs of the county.
 - Target was to increase mental health staff in Suwannee County, and this was implemented.

- ✓ Objective 2- We have increased the availability of mental health services by having a Mental Health Counselor in every Suwannee County School. Meridian Behavioral Health has a (CAT) Community Action Team in place to access the mental health needs of the county.
 - Target was to increase mental health staff at the Suwannee County Schools and this was implemented.

- ✓ Objective 3- We have located and obtained a funding source for mental health services in Suwannee County.
 - Target was to locate and obtain funding for mental health in Suwannee County and that has been obtained.

- ✓ Objective 4- We have partnered with Suwannee River AHEC (Area Health Education Center) and Youth Advocacy. They are holding tobacco free classes which has helped to decrease the percentage of adult tobacco users.
 - Target was monitored on FLHealthCHARTS with adults who are current smokers.

FREE TEEN CLINIC

FREE Teen Only Walk-In Clinic

Confidential and Private!!
No Parental Consent Required

NOW clinic beginning February 26th, 2019 for ages 13-19
Every Fourth Tuesday 3:00-6:00pm, **NO APPOINTMENT NEEDED**

Free Sexually Transmitted Disease Testing and Treatment
Free Birth Control Services
Free Health Education and Screening

Florida Department of Health
In Suwannee County
815 Holmes Perry Rd.
Live Oak, FL 32066
Phone (386) 362-2708





FAIRWAY



THERE IS HELP.

Talk to your
parents, teachers,
doctor or counselor.

1-800-273-TALK

For more information call 386-362-2708



Goal 2.2: Prevent Injuries

Strategy 2.2.1: *Provide education, support enforcement activities, institute policy change, and focus on passenger safety.*

Objective: Injuries and accidents can be very costly, not only to an individual, but a community. Vehicle accident rates determine insurance rates, which affects everyone. Accidents are also avoidable. With community efforts to increase safety not only individually, but within in the community, citizens will be able to enjoy a longer, healthier, more affordable life.

Key Partners:

<i>Department of Transportation</i>	<i>Suwannee County Sheriff's Office</i>
<i>Safe Kids Florida</i>	<i>WellFlorida Council</i>

	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
1	Increase seatbelt usage 25% among all drivers	90.5% 2016 FLHealth CHARTS	Adults who always or nearly always use seat belt in car per FLHealth CHARTS	95.5% 2016 FLHealth CHARTS	June 30, 2020		Not on Track ✓ Community campaign implemented for use of portable message boards
2	Decrease the number of accidental injury deaths by 5%	88 Deaths 2015-2018 59.69 rate FLHealth CHARTS	FLHealth CHARTS	83 Deaths	December 31, 2021		Not on Track ✓ Community campaign implemented for use of portable message boards
3	Reduce drownings by 30%	1 drownings in 2016-2018	FLHealth CHARTS	2 or less drownings	December 31, 2021		On Track ✓ Continue with Summer Safety

		3 drowning in 2013-2015					Outreach program
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¹Refer to the trend and status descriptions on the following page

Progress in 2019

Our progress in 2019 on improving and providing education, support enforcement activities, institute policy change, and focusing on passenger safety are listed below.

- ✓ Objective 1- We have implemented a community campaign to use our portable message boards to increase seatbelt usage.
 - Target was monitored on FLHealthCHARTS.
- ✓ Objective 2- We have implemented a community campaign to use our portable message boards to decrease the number of accidental injury deaths.
 - Target was monitored on FLHealthCHARTS.
- ✓ Objective 3- We have reduced drownings by doing a summer safety outreach program.
 - Target was monitored on FLHealthCHARTS.

Strategic Issue Area #3: Chronic Health Conditions

Chronic diseases are the most common and costly of all health problems, but they are also the most preventable. Through tackling one of the main contributors to chronic disease, unhealthy weight through evidence-based strategies that improve high-risk behaviors and environmental factors. Unhealthy weight can lead to chronic conditions such as diabetes, high blood pressure, and morbid obesity.

Goal 3.1: Promote Healthy Lifestyles and Life Choices

Strategy 3.1.1: *Primary prevention approaches to reduce impact of chronic diseases through education and access to services/resources for healthy lifestyles.*

Objective: In Suwannee County, as in Florida and the rest of the United States, premature disease and death are primarily attributable to chronic health issues. That is, medical conditions that develop throughout the life course and typically require careful management for prolonged periods of time.

Key Partners:

Florida Trails Association	Suwannee County Schools
UF/IFAS	Suwannee County Parks and Recreation
The United Way	

	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
1	Implement Healthy Hikes program with a minimum of 3 hikes per year	3	Number of Hikes	3	December 31, 2019		<p>Completed</p> <ul style="list-style-type: none"> ✓ On-Going Activity ✓ Walking Off the Holidays <p>Session 1 Session 2</p>

							Session 3
2	Increase the percent of diabetics that received self-management education by 2% points from 54.3% to 56.3%	54.3% 2013	FLHealth CHARTS	56.3%	December 31, 2019		Not on Track ✓ IFAS provides a diabetic program
3	Increase physical activity in children by 20% from 150 minutes to 180 minutes per week	150	Minutes school allows for physical activity per week	180	September 30, 2020		On Track ✓ Increasing after school program participation
4	Increase the percent of adults who engage in regular physical activity by 15% points from 42.5% to 57.5%	42.5% 2016	Adults who meet aerobic recommendation per FLHealth CHARTS	57.5%	September 30, 2020		On Track
5	Decrease adult obesity by 3% points from 40% to 37%	40% 2016	Obesity percentage FLHealth CHARTS	37%	December 31, 2021		On Track

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Our progress in 2019 on reducing the impact of chronic diseases through education and access to services/resources for healthy lifestyles is listed below.

- ✓ Objective 1- We had “Walk Off the Holidays” hikes that were very successful. This was done 3 times this year and is an ongoing event that continues to grow.
 - Target was monitored on a spreadsheet to keep track of our events and progress.

- ✓ Objective 2- Our Community partner IFAS (Institute of Food and Agricultural Science Extension Outreach) is having a diabetic program to teach people more about diabetes and self-management.
 - Target was monitored on FLHealthCHARTS.

- ✓ Objective 3- Our Community partner Suwannee County Schools is offering after school programs to increase physical activity.
 - Target was monitored through local School District data.

- ✓ Objective 4- DOH-Suwannee has a Health Educator for outreach and healthiest weight initiatives to schedule educational and healthy activities.
 - Target was monitored through DOH-Suwannee tracking platforms/events/data.

- ✓ Objective 5- DOH-Suwannee has Health Educator for outreach and Healthiest Weight initiatives to schedule educational and healthy activities for the community.
 - Target was monitored through DOH-Suwannee tracking platforms/events/data.

Strategic Issue Area #4: Access to Health Care Services

Limited access to health care services has negative consequences on an entire community. Poor health outcomes and higher health care costs create an economic burden on society and drive down the quality of life. The changing face of the Health Insurance Marketplace has left gaps in coverage for many Suwannee County residents.

Goal 4.1: Improve Access to Health Care Services

Strategy 4.1.1: *Eliminate barriers to health care services-including dental and mental health care, to include the use of technology to bring enhanced services to the area, understand healthcare seeking behaviors.*

Objective: Although health insurance and access to health care do not necessarily prevent illness, early intervention and long-term management resources can help to maintain quality of life and minimize premature death and disability. Rural communities like Suwannee County face many barriers in accessing health care services.

Key Partners:

Suwannee County Fire and Rescue	Shepherd's Hands of Suwannee Valley, Inc.
Shands Live Oak Regional Medical Center	The United Way

	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
1	Reduce avoidable ER visits for COPD, hypertension, diabetes, asthma by Suwannee County Residents by 2%	2,757 visits 2018	Number of avoidable ER visits on COPD, hypertension, diabetes, asthma for Suwannee County per FLHealth CHARTS	2,700 visits	December 31, 2020		<p>On Track</p> <ul style="list-style-type: none"> ✓ IFAS is having a diabetic program to help teach people more about diabetes ✓ Blood pressure cuffs were distributed through a combined effort of the

							United Way and Fire and Rescue to support self-monitoring efforts.
2	Increase the percent of adults who have seen a primary care provider in the past 12 months by 6% points from 75.6% to 81.6%	75.6% 2016	Adults who received medical check-up in the past year FLHealth CHARTS	81.6%	June 30, 2021		<p>On Track</p> <p>✓ Community initiative has yet to be established.</p> <p>✓ No current data on FLHealth CHARTS</p>
3	Provide a health literacy program to Suwannee County residents	No	Health Literacy Program	Yes	June 30, 2022		<p>Not on Track</p> <p>✓ Community initiative has yet to be established.</p>
4	Implement adult dental services at DOH-Suwannee	No	Adult services are not available	No target	December 31, 2023		<p>Not on Track</p> <p>✓ Community initiative has yet to be established.</p>

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Our progress in 2019 on eliminating barriers to health care services-including dental and mental health care, to include the use of technology to bring enhanced services to the area, understanding healthcare seeking behaviors is listed below.

- ✓ Objective 1- Our Community partner IFAS (Institute of Food and Agricultural Science Extension Outreach) offers a diabetic program to teach people more about diabetes and self-monitoring.
 - Target was monitored on the number of avoidable ER visits on COPD, hypertension, diabetes, asthma for Suwannee County per FLHealthCHARTS.

- ✓ Objective 2- We are looking for a community initiative to increase the number of adults who received medical check-ups in the past year.
 - Target was monitored on FLHealthCHARTS.

- ✓ Objective 3- We are researching a way to provide a health literacy program to our Suwannee County residents
 - Target has not been established at this time.

- ✓ Objective 4- DOH-Suwannee does not currently offer adult dental services.
 - Target to offer adult dental services has not been reached.

Strategic Issue Area #5: Community Engagement

Throughout the 2019 MAPP process to produce the CHA, there emerged a theme that many of the community members did not fully understand the sense of urgency and need for community engagement in addressing local health issues. Though DOH-Suwannee and Healthy Suwannee work diligently to educate the community, the change in public health issues will be slow if the community does not support and understand the process.

Goal 5.1: Mobilize the Community to Address Health Issues

Strategy 5.1.1: *Policy change, community engagement, youth engagement in addressing health issues.*

Objective: Change is difficult. True change and progress succeed when the motivation is intrinsic. This means that to make changes towards a healthier Suwannee County, the citizens of Suwannee have to want to make those changes. These are changes in thoughts, behavior, and addressing the difficult issues through data and evidence-based interventions.

Key Partners:

<i>Do Good Media</i>	<i>Suwannee County Parks and Recreation</i>
<i>Youth Advocacy</i>	<i>Suwannee River AHEC</i>
<i>Healthy Start</i>	<i>The United Way</i>
<i>Suwannee County School Board</i>	<i>Another Way</i>
<i>Vivid Vision</i>	

	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
1	Increase the number of resource providers/vendors at each community health-related event by 10% each year	TBD	Baseline to be determined in the first half of 2019	TBD	June 30, 2019		Not Completed ✓ Health Educator working to expand community partners, resource providers/vendors at community health-related events.
2	Increase the number of Healthy Suwannee members by 4	TBD	Baseline to be established early 2019	+4	June 30, 2019		Not Completed
3	Develop, coordinate and host one community health summit	No	Adult services offered	Yes	December 31, 2020		Not on Track
4	Identify grant/funding sources to link Live Oak trails with Branford trails to form an extensive scenic route for bicyclers	No	Funding source/trails connected	Yes	December 31, 2022		On Track ✓ Suwannee Parks and Recreation is lead agency
5	Increase community participation in community health related events by 30	TBD	Baseline to be determined in the first half of 2019	TBD	December 31, 2022		On Track

2020 Revisions						
Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ¹
Develop, coordinate and host one community health summit	No	Adult services offered	Yes	December 31, 2019		Not Completed

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Our progress in 2019 on policy changes, community engagement, youth engagement in addressing health issues is listed below.

- ✓ Objective 1- We are working on increasing the number of resource providers/vendors at each community health-related event by talking to our community partners about prospective resource providers/vendors.
 - Target was monitored by spreadsheet maintained by DOH-Suwannee Health Educator.

- ✓ Objective 2- We are working to increase the number of Healthy Suwannee members by talking to our community partners about recruiting prospective resource providers/vendors.
 - Target was monitored by spreadsheet maintained by DOH-Suwannee Health Educator.

- ✓ Objective 3- We have not yet established a plan to develop, coordinate and host one community health summit.
 - Target and timeline have been established at this time.

- ✓ Objective 4- Our Community partner, Suwannee Parks and Recreation is the lead agency for grant/funding sources to link Live Oak trails with Branford trails to form an extensive scenic route for bicyclers.
 - Target was located. Suwannee Parks and Recreation is the lead agency and pursues grant/funding sources to link Live Oak trails with Branford trails and this is being implemented.

Revisions

Minor revisions were made to the 2018-2023 Community Health Improvement Plan in June 2019. Some revisions that were made were to “target dates” in order to allow adequate time to address goals and objectives.

For example, in strategic area issue 5: Community Engagement, goal 5.1.1.3 was to develop, coordinate and host one community health summit by December 31, 2019. Due to the input from Healthy Suwannee, the scope of the Health Summit has expanded, requiring additional partner involvement thus, additional time for planning is required.

Accomplishments

Goal	Objective	Accomplishment
Promote Teen Healthy Behavior	Engage teens and community in change, institute education and policy change	Teen Healthy Behaviors Task Force established
Why This Accomplishment is Important for Our Community		
DOH-Suwannee established a Teen Health Clinic that is a designated free monthly clinic for teens ages 13-19. Services are provided for sexually transmitted disease testing and/or treatment, free birth control, and free health education and screening.		

Goal	Objective	Accomplishment
Improve the Health of Women and Babies	Enhance access to health care services, resources and education	Education opportunities, billboards established.
Why This Accomplishment is Important for Our Community		
DOH-Suwannee has a Healthy Start/Florida Healthy Babies program which provides free services to pregnant women and new mothers to include educational opportunities to help women have a healthy pregnancy and a healthy baby. This program provided 635 services to 42 families in the 2018-2019 fiscal year.		

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document. Healthy Suwannee will evaluate progress on an ongoing basis with quarterly updates presented to the DOH-Suwannee Performance Management Council. Annual reviews and revisions are based on input from partners after which an annual report will be created by DOH-Suwannee and approved by community partners.

The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels. By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Suwannee County.

Appendices

Appendix A



Florida Department of Health in Suwannee County
 915 Nobles Ferry Road, Live Oak, FL
 Conference Room
 December 10, 2019 - 3:30 - 5:00pm

AGENDA

Purpose: Solicit input from the community on community health needs through open two-way dialogue.

Topic	Lead
Welcome/Call to Order	Kerry Waldron
<ul style="list-style-type: none"> • Introductions • Sign-In Sheet 	
Review Previous Minutes/Action Items	Kerry Waldron
<ul style="list-style-type: none"> • October 8, 2019 	
Action Item Updates	
<ul style="list-style-type: none"> • Work Plan/Timeline 	Kerry Waldron
<ul style="list-style-type: none"> ○ Strategic Priority 1: Reproductive and Sexual Health 	
<ul style="list-style-type: none"> ➤ Goal 1.1: Provide access to health care services, resources, and education 	
<ul style="list-style-type: none"> • Increase breastfeeding initiation rates • Increase 2-year-olds fully immunized • Increase women who receive prenatal care in first trimester 	DOH-Staff
<ul style="list-style-type: none"> ➤ Goal 1.2: Promote Healthy Relationships 	
<ul style="list-style-type: none"> • Teen Healthy Behavior Task Force update • Adoption of school policy on a comprehensive health education program 	Jessica Hadden
<ul style="list-style-type: none"> ○ Strategic Priority 2: Healthy Behaviors 	
<ul style="list-style-type: none"> ➤ Goal 2.1: Reduce Substance Abuse 	
<ul style="list-style-type: none"> • Increase availability of mental health services 	K. Waldron
<ul style="list-style-type: none"> ○ How to market Mental Health First Aid certification? 	





- Goal 2.2: Prevent Injuries R. Perea
 - Increase seatbelt usage 25% by June 2020
- Strategic Priority 3: Chronic Health Conditions
 - Goal 3.1: Promote Healthy Lifestyles and Life Choices B. Fountain
 - Increase Healthy Activities UF/IFAS
 - Increase diabetics that receive self-management education
- Strategic Priority 5: Community Engagement
 - Goal 5.1: Mobilize Community to address health issues B. Fountain
 - Update Healthy Hikes Program K. Waldron
 - Develop community health summit
 - Who, What, When, Where....

Partner/Agency Updates

Community Members

Next Meeting:
February 11, 2020 @ 3:30pm



Appendix B



Florida Department of Health in Suwannee County
 915 Nobles Ferry Rd., Live Oak, FL 32064
 Conference Room
 December 10, 2019
COMMUNITY MEETING MINUTES



Purpose:

Solicit input from the community on community health needs through open two-way dialogue.

Attendees:

Name	Agency	Name	Agency
Colleen Cody	DOH-Lafayette/Suwannee	Greg Scott	Suwannee Parks & Recreation
Beverley Fountain	DOH-Lafayette/Suwannee	Melinda Scott	DOH-Lafayette/Suwannee
Jessica Hadden	DOH-Lafayette/Suwannee	Kerry Waldron	DOH-Lafayette Suwannee
Heidi Hofer	Tobacco Free Suwannee	Michelle Sellers	Another Way
Lauren Pierson	AHEC		

Topic	Lead	Discussion
Welcome/Call to Order <ul style="list-style-type: none"> • Introductions • Sign-in Sheet 	Kerry Waldron	<ul style="list-style-type: none"> - Meeting was called to order at 3:34 p.m. - Introductions were made - Sign-in sheet was completed
Review Previous Minutes <ul style="list-style-type: none"> • October 8, 2019 	Kerry Waldron	<ul style="list-style-type: none"> - Minutes from the October 8, 2019 meeting were approved as written.
Action Item Updates: <ul style="list-style-type: none"> • Workplan/Timeline 	Kerry Waldron Colleen Cody Kerry Waldron	<ul style="list-style-type: none"> - Strategic Priority 1: Reproductive and Sexual Health <ul style="list-style-type: none"> o Goal 1.1: Provide access to health care services, resources, and education <ul style="list-style-type: none"> • Increase breastfeeding initiation rates <ul style="list-style-type: none"> ➢ Ms. Cody reported breastfeeding initiation rates have risen from 74.7% (FL Charts) 78.06% (FL WISE) in 2018 to 79.25% in 2019 • Increase 2-year-olds fully immunized

**Healthy Suwannee
COMMUNITY MEETING MINUTES**

- Project Elephant in the Room provides students with open and honest discussion about suicide.
- Goal 2.2: Prevent Injuries
 - Increase seatbelt usage 25% by June 2020
 - Unintentional injuries rated highly on our Community Health Assessment. We will reach out to law enforcement for suggestions on increasing seatbelt usage.
 - Greg Scott mentioned the Live Oak Rotary Club has written a grant for swimming lessons for community children and is looking for partners; Colleen Cody stated United Way is also doing this. Mr. Waldron would like for DOH to partner.
- Strategic Priority 3: Chronic Health Conditions
 - Goal 3.1: Promote Healthy Lifestyles and Life Choices:
 - Increase Healthy Activities
 - DOH-Suwannee is promoting "Walking off the Holidays", a three-part session happening January 7th, 14th and 21st at the First Federal Sportsplex. We are partnering with Another Way and UF/IFAS. February is dental health month and we have several dates scheduled to present to daycares.
 - Mr. Waldron updated that Suwannee County now has 7 cases of Hepatitis A.
 - Increase diabetics that receive self-management education
 - UF/IFAS offers classes for diabetes self-management education.
- Strategic Priority 5: Community Engagement
 - Goal 5.1: Mobilize Community to Address Health Issues

Kerry Waldron

Beverly Fountain

**Healthy Suwannee
COMMUNITY MEETING MINUTES**

Kerry Waldron

- **Develop Community Health Summit**
 - Who, What, When, Where?
 - We are always looking for partners; we are in search of a location to hold the community health summit. Would like to partner more with the schools and Economic Development.

Partner/Agency Updates

Community Partners

Greg Scott, Suwannee Parks & Recreation – Heritage Trail has been more active now that the trail is complete from Helvenston Street South; They have acquired grants for a ball field, pavilion, turf fields; they are currently installing two additional turf fields at First Federal Sportsplex along with updates to the playground. The county has purchased an additional 80 acres to the south of the Sportsplex; they are working on lighting for the tennis courts; received 3 million for the Branford trail (Suwannee River Greenway). This addition will connect Suwannee and Columbia County. They are working on a boat ramp at Peacock Lake, arena at the Coliseum.

Heidi Hofer, Tobacco Free Florida – There are a scary number of teens vaping in our community; she also runs the Melody Thrift Store – They maintain a small food pantry which will help those in need for a couple of days. She has had several students come to her to complete community service hours. Her clientele may be good outreach for Hepatitis A vaccines.

Michelle Sellers, Another Way – January 21st is wear blue day in support of Human Trafficking Awareness; they are partnering with DCH-Suwannee and will hold a candlelight vigil at 5:45 p.m. First Federal Bank is supporting their program with the rewards program. Each time you use your debit card and sign for your transaction .50 per transaction is donated to Another Way. She also works the Branford area where the Rotary Club is working hard to educate the community about Human Trafficking.

Lauren Pierson, Suwannee River AHEC – There will be a health education class in Branford on Monday. Tobacco Free Florida will be offering 2-hour tools to quit group on December 12, 2019 6:00 p.m. – 8:00 p.m. and January 9, 2020 from 6:00 p.m. – 8:00 p.m. at Shands Live Oak Regional Medical Center. Wal-Mart provides Chantix free of charge.

**Healthy Suwannee
COMMUNITY MEETING MINUTES**

Colleen Cody, DOH-Lafayette/Suwannee – The Healthy Start calendars are complete; new billboard will be up in February. We will be getting a second billboard on Hwy. 90 that will be in Spanish. The Community Baby Shower is scheduled for February 1, 2020 at the Suwannee County Coliseum from 10:00 a.m. – 12:00 p.m.

Kerry Waldron, DOH-Lafayette/Suwannee – DOH was made aware of a sewer spill that could affect our rivers as far south as Dowling Park. Hepatitis A shots are available for at risk individuals; flu shots are free for kids and \$25 for adults.

Meeting adjourned at 4:37 p.m.

Next meeting:

February 11, 2020 - 3:30 p.m. - 5:00 p.m., Department of Health in Suwannee County, Conference Room

Appendix C



Florida Department of Health in Suwannee County
 915 Nobles Ferry Rd, Live Oak
 Conference Room
 December 10, 2019

Name	Signature	Agency	Phone #	E-Mail
Cody, Colleen	<i>Colleen Cody</i>	DOH- Lafayette/Suwannee	(386) 362-2708	Colleen.cody@flhealth.gov
Fountain, Beverley	<i>Beverley Fountain</i>	DOH- Lafayette/Suwannee	(386) 339-2708	Beverley.fountain@flhealth.gov
Griffin, Kim		UF/IFAS Suwannee Extension	(386) 362-2771	griffinK@ufl.edu
Hadden, Jessica	<i>Jessica Hadden</i>	DOH-Suwannee	(386) 249-1395	Jessica.hadden@flhealth.gov
Howard, Michele		Suwannee County School District	(386) 647-4636	Michele.howard@suwannee.k12.fl.us
Kastor, Rachel		Suwannee Valley 4-C's	(386) 364-4498	
McAfee, Melanie		UF/IFAS	(850) 838-3508	melmcafee@ufl.edu
Morgan, Cindy		DOH- Lafayette/Suwannee	(386) 339-6103	Cindy.morgan@flhealth.gov
Morgan, Tasha		Suwannee Valley 4-C's		
Nestic, Leslie		Guardian Ad Litem	(386) 758-1170	Leslie.nestic@gal.fl.gov
Perea, Rel		DOH-Suwannee		Aurelio.perea@flhealth.gov
Pierson, Lauren	<i>Lauren Pierson</i>	SRAHEC	(386) 462-1551 x109	lpierson@srahec.org



Florida Department of Health in Suwannee County
 915 Nobles Ferry Rd, Live Oak
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 December 10, 2019

Name	Signature	Agency	Phone #	E-Mail
Redfern, Gabrielle		CRA		gredfern@cityofliveoak.org
Scott, Greg		Suwannee Parks	(386) 962-3004	wgscott@suwanneeparks.com
Scott, Melinda		DOH- Lafayette/Suwannee	386-362-2708	Melinda.Scott@flhealth.gov
Taylor, Mary		Tobacco Free Suwannee	(386) 362-2272	mary@youthadvocacy.net
Waldron, Kerry		DOH- Lafayette/Suwannee	(386) 362-2708	Kerry.waldron@flhealth.gov
Michelle Sellers		Anchorway	386-208-0552	Michellesellers@anchorwayinc.net



Florida Department of Health in Suwannee County
915 Nobles Ferry Rd, Live Oak
Conference Room
December 10, 2019

Name	Signature	Agency	Phone #	E-Mail
Heidi Hofer		Tobacco Free FL	386 249 3782	hhofer@melodychurch.com

Appendix D

Comprehensive List of All Community Partners

- Another Way, Inc.
- Career Source North Florida
- Cheek & Scott Drugs
- Christ Central Ministry
- City of Live Oak
- Daniels Funeral Home
- DoGood Media
- Elder Options
- First Federal Bank of Florida
- Florida Department of Children and Families
- Florida Department of Corrections
- Love, Inc.
- Lutheran Services of Florida Health Systems
- Melody Church
- Meridian Behavioral Health Care
- Palms Medical Group
- Pregnancy Care Center
- Shands Live Oak Regional Medical Center
- Shepherd's Hands of Suwannee Valley, Inc.
- St. Luke's Episcopal Church
- Suwannee Chamber of Commerce
- Suwannee Coalition

- Suwannee County Administration
- Suwannee County Board of County Commission
- Suwannee County Fire Rescue
- Suwannee County Parks and Recreation
- Suwannee County Schools
- Suwannee County Youth Advocacy
- Suwannee River Economic Council
- Suwannee River Regional Library
- Suwannee Valley Electrical Cooperative
- Suwannee Valley Transit Authority
- Tobacco Free Suwannee
- Town of Branford
- UF/IFAS Suwannee County Extension
- United Way
- Vivid Visions