

Community Health Improvement Plan Annual Progress Report, 2018

Florida Department of Health in Walton County

Ron DeSantis Governor

Vacant
Surgeon General and Secretary of Health

Vacant
Deputy Secretary of County Health Systems

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Revised March 30, 2019

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Introduction

This is the annual review report for the 2017–2019 Walton County Community Health Improvement Plan (CHIP). The activities and collaborative efforts of the Florida Department of Health in Walton County (DOH-Walton) and the Walton Community Health Improvement Partnership (WCHIP), a community collaborate focused on bettering the health of Walton County residents, will be reflected within the report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community driven and collectively owned health improvement plan, DOH-Walton is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

On November 27, 2018, 22 agencies and organization in Walton County met for the CHIP Annual Review Meeting to discuss progress, accomplishments, and updates to the strategic issue areas. Community partners present represented all community sectors. At the meeting, new or updated data was presented for each of the strategic issue areas. Major outcomes of the meeting included:

- The strategic issue area entitled "Provider Availability and Access to Care" transitioned to "Health Equity."
- The Substance Use and Mental Health added activities pertaining to community engagement and education.
- The Healthy Behaviors workgroup added initiatives for rabies prevention and worksite wellness.
- The Health Equity workgroup changed focuses to HIV prevention through increasing the availability of testing within the community and by promoting PrEP to individuals that are considered at-risk for contracting HIV.

WCHIP also highlighted the work being done by community partners by awarding the Outstanding Partner Award to three community agencies and organization: Walton Okaloosa Council on Aging, Walton County UF IFAS Extension Office, and the Walton County Prevention Coalition. WCHIP launched a rebranding to better convey the partnership's mission to improve the community.

Overview of the Community Health Improvement Plan (CHIP)

In 2016, DOH-Walton convened the CHIP Planning Team. The Planning Team facilitated the CHIP process through using the National Association of City and County Health Official's Mobilizing for Action through Planning and Partnership (MAPP) strategic planning model. Subject matter experts from across a diverse group of partners conducted the four assessments suggested by the MAPP process. Individually, the assessment yielded in-depth analyses of factors and forces that impact population health. Taken together, the assessment findings contribute to a comprehensive view of health and quality of life in Walton County.

The Planning Team developed findings and presented these findings to the WCHIP Steering Committee. The Steering Committee comprised a diverse leadership group representing seven agencies and organizations in Walton County. The Steering Committee set priorities through a facilitated consensus process by looking for cross-cutting strategic issues that emerged from the four assessments. The Steering Committee reached consensus on three strategic issue areas: Substance Use and Mental Health, Healthy Behaviors, and Health Equity. See Table below for Strategic Issue Areas with their goals, developed by a workgroup of subject matter experts.

WCHIP hosts community meetings every other month for partners to develop implementation plan and track activities for the three strategic issue areas. Every November, WCHIP partners representing all community sectors attend the CHIP Annual Review Meeting to discuss successes, review new or updated data, and plan activities for the upcoming year. The plan is updated annually based on the outcomes of the annual meeting. The updated plan is then presented to the WCHIP Steering Committee and the DOH-Walton Performance Management Council.

| STRATEGIC PRIORITY | GOAL | | |
|-------------------------------|---|--|--|
| Substance Use & Mental Health | 1. Reduce substance use | | |
| Healthy Dehaviore | Promote healthy environments | | |
| Healthy Behaviors | 2. Reduce incidence of chronic diseases | | |
| Health Equity | Increase HIV testing and prevention efforts | | |

Summary of CHIP Annual Review Meeting

On November 27, 2018, WCHIP held the Annual CHIP Review Meeting to review current community health improvement activities and review new relevant data for each of the strategic issue areas. 40 individuals representing 22 agencies and organizations in Walton County were in attendance. Data profiles from FLHealthCHARTS and other relevant sources were presented for each of the strategic issue areas. Workgroups for each of the strategic issue areas provided a synopsis of successes, lessons learned, and potential activities for the upcoming year.

The following are the most current updates and progress for goals, strategies, and objectives for each of the strategic issue areas.

Strategic Issue Area #1: Substance Use and Mental Health

Mental health is integral to overall health and well-being and should be treated with the same urgency as physical health. Mental illness can influence the onset, progression, and outcome of other illnesses and often correlates with health risk behaviors such as substance abuse, tobacco use, and physical inactivity. Depression has emerged as a risk factor for such chronic illnesses as hypertension, cardiovascular disease, and diabetes and can adversely affect the course and management of these conditions.

Goal: Reduce substance use

Strategy 1: Increase the capacity for Walton County to more effectively address the Opioid Crisis by increasing and supporting local substance use training.

Key Partners: Walton Community Health Center, Chautauqua Healthcare Services, BeGenerous, DOH-Walton, Big Bend Community Based Care, Walton County Prevention Coalition, Emerald Coast Children's Advocacy Center, Walton County Sheriff's Office, Walton County School District, Sacred Heart on the Emerald Coast, Freeport High School, Medical Examiner's Office

| Objective | Indicator | Current Level | Target | Status | Explanation of Status* |
|--|-------------------------------------|------------------|--------|--------|---------------------------|
| NEW: By June 30, 2018, attempt to increase community engagement in the Opioid Crisis by holding a public town hall in Freeport, Florida. | Number of public town hall meetings | 1 | 1 | | Target was achieved. |

Strategy 2: Increase the capacity for Walton County to more effectively address the Opioid Crisis by increasing community educational opportunities with the collaboration of partners.

Key Partners: Walton Community Health Center, Chautauqua Healthcare Services, BeGenerous, DOH-Walton, Big Bend Community Based Care, Walton County Prevention Coalition, Walton County Sheriff's Office,

| Objective | Indicator | Current Level | Target | Status | Explanation of Status* |
|---|--|------------------|--------|--------|---------------------------------------|
| NEW: By June 30, 2019, participate in five community events or meetings to educate public about the science of addiction and local impact of the misuse of controlled substances. | Number of community events or meetings attended with an educational focus on addiction, opioid use, or other relevant topic. | 2 | 5 | 0 | Three more events or meetings needed. |

Strategic Issue Area #2: Healthy Behaviors

Daily habits like the foods you eat and the amount of daily physical activity have a significant influence on health. Each of these behaviors positively or negatively affects and dictates the overall state of an individual's health.

Goal: Promote healthy environments

Strategy 1: Increase access to healthy foods

Key Partners: DOH-Walton, UF/IFAS Extension Office - Walton County

| Objective | Indicator | Current Level | Target | Status | Explanation of Status |
|--|--|------------------|--------|--------|--------------------------|
| UPDATED: By December 31, 2018, establish three community or container gardens in the communities with limited food access. | New community or container gardens created | 3 | 3 | | Target was achieved. |

Strategy 2: Increase number of pets vaccinated for the rabies virus

Key Partners: DOH-Walton; Walton County Sheriff's Office; Walton County Animal Control; City of Freeport; Alaqua Animal Refuge

| Objective | Indicator | Current Level | Target | Status | Explanation of Status |
|--|--|------------------|--------|--------|---|
| NEW: By September 30,2019, host two low-cost rabies clinics in the community. | Number of pets vaccinated at community low-cost rabies clinic | 194 | 300 | 0 | Another low-cost rabies clinic is scheduled in Fall 2019 to achieve target. |

Strategy 3: Develop and implement a worksite wellness award system for local employers

Key Partners: DOH-Walton; United Way of Okaloosa and Walton Counties; Walton Area Chamber of Commerce; West Florida AHEC; Catholic Charities of Northwest Florida.

| Objective | Indicator | Current Level | Target | Status | Explanation of Status |
|--|--|------------------|--------|--------|--|
| NEW: By December 31, 2019, establish the Healthy Walton | Development of the Healthy Walton Worksites Criteria and Toolkit with sample policies, environmental supports and health promotion activities. | 1 | 2 | 0 | Still in the progress of creating a toolkit that is expected to be complete Spring 2019. |
| Worksites initiative and award three local employers. | Award three local employers with any level of the Healthy Walton Worksite designation. | 0 | 3 | 0 | Awaiting for toolkit to be available before awarding local employers. |

Goal: Reduce incidence of chronic diseases

Strategy 1: Promote 5210 campaign among youth

Key Partners: DOH-Walton; Walton County Sheriff's Office; Pt. Washington UMC Preschool; Tree House Episcopal Montessori School; Beginnings Preschool at Good News UMC; His Kids Preschool at First UMC; Discovery Time Preschool; Santa Rosa Beach Community Church Preschool; Childcare Network; West Florida AHEC; Catholic Charities; WIC

| Objective | Indicator | Current Level | Target | Status | Explanation of Status* |
|---|---|------------------|--------|--------|---------------------------|
| UPDATED: By December 31, 2018, establish 10 early childhood education centers and other community partners who share 5210 messaging with children and families. | Establishment of new partners who share 5210 within the community | 10 | 10 | | Target was achieved. |

Strategy 2: Implement community-based diabetes prevention education

Key Partners: DOH-Walton

| Objective | Indicator | Current Level | Target | Status | Explanation of Status* |
|---|---|------------------|--------|--------|------------------------|
| UPDATED: By December 31, 2018, conduct 30 diabetes prevention program classes with community participation. | Diabetes prevention classes provided in Walton County and average phase one course completion attendance | 44 | 30 | | Target was achieved. |

Strategic Issue Area #3: Health Equity

Addressing inequities affecting vulnerable populations by focusing efforts on HIV prevention through increasing the capability and availability of testing and by promoting PrEP to individuals that are considered at-risk for contracting HIV.

Goal: Increase HIV testing and prevention efforts

Strategy 1: Prevent new HIV infections through increased public awareness of current HIV Prevention strategies and HIV testing through a county-wide marketing campaign, increased offering of routine HIV testing in all health care settings, and increased provider awareness of prescribing prophylaxis (PrEP) for priority populations.

Key Partners: PanCare of Florida, Walton Okaloosa Council on Aging, Shelter House, OASIS Florida

| Objective | Indicator | Current Level | Target | Status | Explanation of Status* |
|--|--|------------------|---------------|--------|---|
| NEW: By December 31, 2019, increase the percentage of adults less than 65 | Percentage of adults less than 65 years of age who had an HIV test in the past 12 months | 11.10% (2016) | 13% (2019) | 0 | Making steps in making testing more available, which will potentially affect this indictor. |
| years of age who had an HIV test in the past 12 months from 11.1% in 2016 to 13%. (Data Source: BRFSS) | Number of DOH- Walton clients who initiate PrEP medications | 4 | 7 | 0 | On target for completion in 2019. |

^{*} Status indicators are as follows:



= some progress towards meeting the objective target

= reached or surpassed objective target

Revisions

Revisions to the CHIP were made after careful review of the goals, objectives, strategies and measures of the 2017-2019 CHIP. Recommended changes were made based on the following parameters:

- Availability of data to monitor progress performance measures that had county-level data available were preferred, etc.
- Change in level of resources and community assets
- Change in priorities
- Change in health status indicators
- Newly developing or newly identified health issues

All new or updated objectives were identified in the previous section. All objectives with limited collaboration was evaluated and determined if they are sustainable. New objective was decided upon with input from each community partner within a workgroup. Objectives were also concluded if the goal was already achieved in 2018.

Accomplishments

| Goal | Objective | Accomplishment | | | | |
|---|--|---|--|--|--|--|
| Reduce substance use | 1.1.1a By June 30, 2018, attempt to increase community engagement in the Opioid Crisis by holding a public town hall in Freeport, Florida. | The objective was achieved and valuable insight was gained through participants of the town hall. The town hall was presented as a research poster at the Florida Public Health Association Annual Education Conference in July 2018. | | | | |
| Florida. Partners are key to the success of the Consortium. By aligning and coordinating efforts across various partners and sectors, efforts and improvements in health are amplified. With this objective, new partners were gained to help combat the opioid crisis and reduce substance use. Partners include: Walton Community Health Center, Chautauqua Healthcare Services, BeGenerous, DOH-Walton, Big Bend Community Based Care, Walton County Prevention Coalition, Emerald Coast Children's Advocacy Center, Walton County Sheriff's Office, Walton County School District, Sacred Heart on the Emerald Coast, Freeport High School, Medical Examiner's Office. | | | | | | |
| | 2.1.2a By September | This objective was achieved and helped document a new process of establishing a | | | | |

2. Promote healthy environments

2.1.2a By September 30, 2018, host a low-cost rabies clinic in the community.

This objective was achieved and helped document a new process of establishing a community-based low-cost rabies clinic with partners for a quality improvement project. The event received great turnout and insight was gained for a community rabies education plan.

By increasing the number of pets with a current rabies vaccine, this decreases the public risk of contracting the deadly rabies virus. It increases the public's awareness of potential rabies vectors, how to report animal bites or suspicious animals, and what to do if there is contact with an animal that are either wild or have an unknown rabies vaccine status.

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document. We will evaluate progress on an ongoing basis through quarterly CHIP implementation reports and quarterly discussion by community partners. We will conduct annual reviews and revisions based on input from partners and create CHIP annual reports each year by Month, Year. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Walton County.

Appendices

- 1. Annual CHIP Review Community Meeting Agenda
- 2. Annual CHIP Review Community Meeting Minutes
- 3. Annual CHIP Review Community Meeting Sign-in Sheet
- 4. Comprehensive List of Community Partners



Annual Update Meeting Freeport Community Center November 28, 2018 9:00 a.m. – 12:00 p.m.

Meeting Purpose: To engage the community by providing an annual update to the Community Health Improvement Plan following the Mobilizing for Action through Planning and Partnerships (MAPP) framework.

| | Topic | Leader | Time |
|-------|--|---|------|
| 9:00 | 1.0 Introductions and Housekeeping Meeting Purpose & Roles New Branding Launch | Ryan Mims, Community Health Improvement Planner | 10 |
| 9:10 | 2.0 Department of Health Updates | Holly Holt, Health Officer | 5 |
| 9:45 | 3.0 Partner Updates & Announcements | All | 20 |
| 10:00 | BREAK/NETWORKING | All | 15 |
| 10:15 | 4.0 Annual Review of Walton Community Health Improvement Plan (CHIP) & Workgroup Presentations, Outstanding Partner Awards | Ryan Mims, Priority Area Workgroups | 60 |
| 11:05 | 5.0 Priority Area Workgroup Breakouts – Updates for 2019 Substance Abuse and Mental Health – Leads: Bryan Callahan & Holly Holt Healthy Behaviors – Leads: Jena Gilmore & Brandi Gill Provider Availability and Access – Leads: Kay Brady & Kathryn Barley | All | 35 |
| 11:25 | 6.0 Workgroup Report | All | 20 |
| 11:45 | 7.0 Community Health Needs Assessment Focus Groups on November 29, 2018 | All | 10 |
| 11:55 | 8.0 Wrap Up, Next Steps, Meeting Evaluations | All | 5 |

Next WCHIP Meeting:

Wednesday, January 16, 2019

Location: DOH-Walton (362 State Highway 83, DeFuniak Springs, Florida 32433)



Annual Update Meeting Freeport Community Center November 28, 2018 9:00 a.m. – 12:00 p.m.

Meeting Purpose: To engage the community by providing an annual update to the Community Health Improvement Plan following the Mobilizing for Action through Planning and Partnerships (MAPP) framework.

Introductions and Housekeeping

- Ryan Mims called the meeting to order and discussed the meeting purpose and roles.
- Thanks to Sacred Heart Hospital and Walton Community Health Center for providing food, and the City of Freeport for offering the community center for the meeting location.
- New branding launch with new logo and upcoming marketing materials.

Department of Health Updates

Holly Holt provided an update regarding DOH-Walton operations and upcoming changes.

Partner Updates & Announcements

- Kimberly Simpson with Walton County HUD discussed the upcoming guarterly newsletter.
- Stephanie McMinn with BeGenerous updated that the "Yellow House Project" fundraiser is continuing.
- Miriam Lavandier with West Florida AHEC will start the next tobacco cessation class December 4 in DeFuniak Springs
- Brenda West with Hope Medical Clinic in Freeport stated that they are now accepting patients.
- Brandi Gill with DOH-Walton stated that the Breakfast with Santa will be December 5 in DeFuniak Springs.
- Jenn Jordan with DOH-Walton stated that the next Diabetes Prevention Program class is starting in January.
- Jill Breslawski with UF/IFAS stated that December 3 will be Dine-In Day.
- Venita Morell with the Emerald Coast Music Alliance stated that the organization will be coming to Boys & Girls
 Club of the Emerald Coast.
- Jane Davis with DOH-Walton announced that there is now behavioral health services in DeFuniak Springs location.
- Harriet Simmons with DOH-Walton stated that there is now an ACCESS on-site representative in the DeFuniak Springs location.
- Tina Odom with Chautauqua Healthcare Services provided updates to 211.

BREAK/NETWORKING

Annual Review of Walton Community Health Improvement Plan (CHIP) & Workgroup Presentations, Outstanding Partner Awards

- Each workgroup presented on accomplishments and new focuses for 2019 (see attached PowerPoint).
- Workgroup 1: Substance Use and Mental Health piloted a new community educational presentation with attendees and solicited feedback for improvements.
- Three partners were recognized for their outstanding contributions to WCHIP: Chautauqua Healthcare Services;
 Walton Okaloosa Council on Aging; and UF/IFAS Extension Office Walton County



Annual Update Meeting Freeport Community Center November 28, 2018 9:00 a.m. – 12:00 p.m.

Priority Area Workgroup Breakouts - Updates for 2019

Substance Use and Mental Health – Leads: Bryan Callahan & Holly Holt

- Reviewed new and updated relevant data.
- Reviewed results from evaluation surveys from the Addiction: A Community Concern educational presentation.
- Discussed possible avenues and location to launch the presentation into the community.

Healthy Behaviors - Leads: Jena Gilmore & Brandi Gill

- Reviewed new and updated relevant data.
- Discussed the new Healthy Walton Worksites initiative and possible policies and environmental supports needed to highlight and promote among local employers.

Provider Availability and Access – Leads: Kay Brady & Kathryn Barley

- Decided that the title and goal of their workgroup will change to Health Equity.
- Decided to include the Age-Friendly Walton initiative into their workgroup action plan for 2019.
- Discussed potential strategies to include HIV testing within the community.

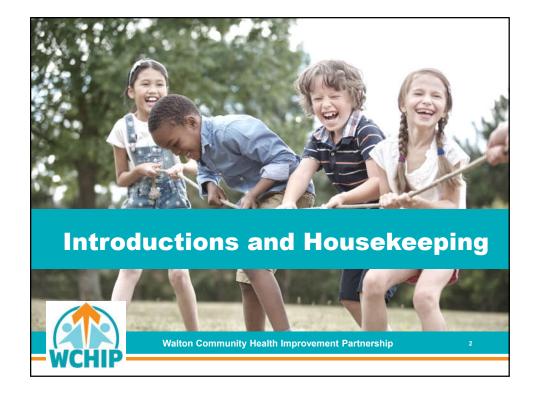
Community Health Needs Assessment Focus Groups on November 29, 2018

Verite and Sacred Heart Hospital will be leading community health focus groups for community partners. If you can attend, please do so.

Wrap Up, Next Steps, Meeting Evaluations

• Meeting adjourned at 11:58 a.m.

















2018 Accomplishments

- In Spring 2018, hosted the North Florida Regional Opioid Drug Summit.
- May 1, 2018, hosted a Opioid Town Hall in Freeport.
- Submitted and presented the Opioid Town Hall as a research poster at two conferences, Florida Public Health Association and Florida Conference for Association Health Centers
- Fall 2018, developed a draft of a community presentation with the topic of addiction.







Topics of Discussion:

Personal Testimony

Science of Addiction

Dr. Venita Morell
Medical Director
Florida Department of Health in Walton County
Walton Community Health Center

Community Resources

Tia Guidry
VP of Clinical Services
Chautauqua Healthcare Services, Inc.





Objectives:

At the conclusion of this presentation, you will be able to

- recognize addiction as a disease and not specifically a lifestyle or choice.
- list local community substance use and mental health resources available.



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Personal Testimony

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Science of Addiction

Adapted from a presentation by Amy Lasek, Ph.D. and Christopher Holden, MD to the Chicago Council on Science and Technology (C2ST)

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Addiction Definition

Addiction is a chronically relapsing disorder characterized by:

- Compulsion to seek and take the drug
- Loss of Control in limiting intake
- Continuing to take the drug despite negative consequences
- Emergence of negative emotional state when access to the drug is prevented







Models of Addiction

Many Different Models, but two most common are:

- Moral Model
- Disease Model



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Moral Model

- · Basis of addiction is a moral failing or lack of willpower
- "makes sense"
- Leads to lack of treatment and to punishment
- Leads to stigmatization of those suffering the problem





Disease Model

- Addiction is not a moral failing but rather a disease state
- Concept has been around for decades but acceptance has been partial
- Scientific underpinnings were lacking until research done
- Addiction medicine is still an undersubscribed field



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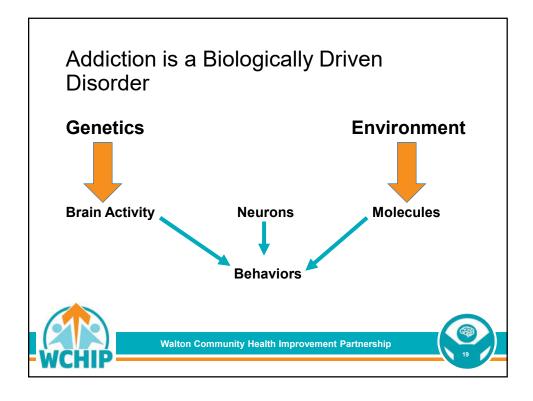


Current Science: Addiction is a Brain Disease

- · Drive- pleasure pathways are damaged
- Drug "hijacks" these pathways
- Usual pleasurable stimuli such as food, sex, and so forth do not create the same pleasurable response
- · Self-control and Decision -making circuitry is damaged
- Poor planning (navigation is broken)
- Impulsivity (brakes are broken)
- · Anti-reward pathway turns on
- After too much reward, the brain activates the stress system
- · Irritability, distress, and chronic depression ensues







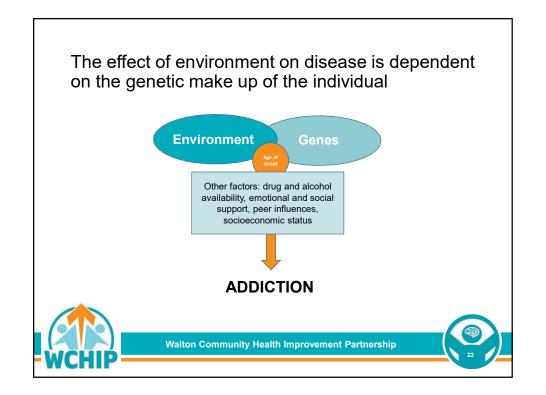
The Role of Genetics in Addiction

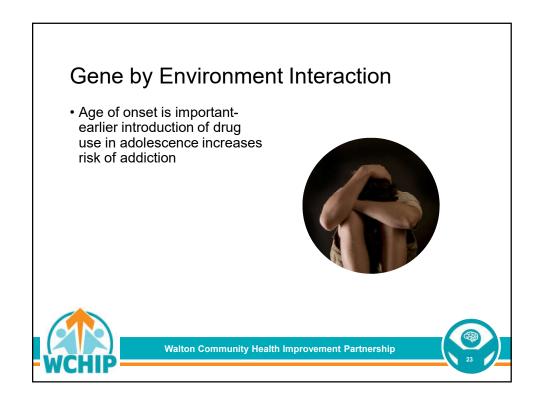
- Twin studies demonstrate a high heritability score for addiction (compare identical vs. fraternal twins)
- Examples of genes involved in alcoholism:
- ADH1B (alcohol dehydrogenase 1B) and ALDH2 (aldehyde dehydrogenase 2) cause an unpleasant flushing effect with alcohol intake and are protective for alcohol abuse- prevalent in Asian populations who have a lower incidence of alcohol abuse
- CRHR1 (corticotropin releasing hormone receptor 1) example of gene by environment interaction- with early life stress and this genetic mutation, a marked increase in alcohol abuse is seen

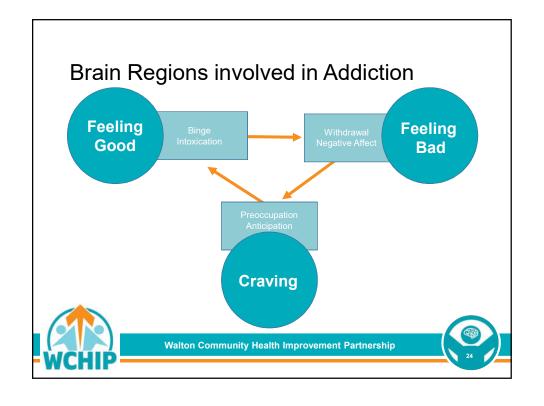










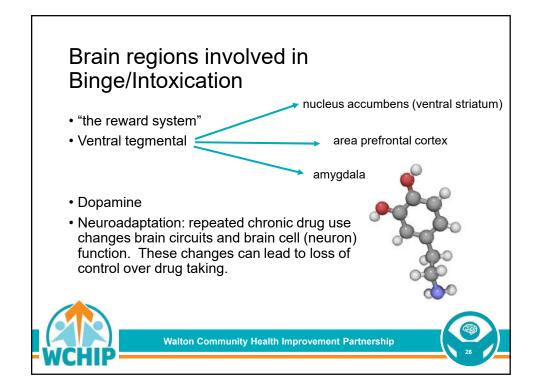


Brain Chemistry and Drugs of Abuse

- All drugs of abuse bind to receptors in the brain
- The drugs are chemical "keys" which bind to receptor "locks" and when binding occurs, a chemical effect is triggered
- Drugs of abuse are similar to normal brain chemicals and work to unlock pathways in the brain in abnormal ways by either blocking or activating transmissions
- All drugs of abuse lead to an increase of dopamine levels in the brain







Brain Regions involved in Withdrawal/Negative Effect

- Changes in the brain stress system occur after chronic drug use
- Hypersensitivity develops in the emotional center of the brain (amygdala)
- A negative emotional state develops when normal pleasurable stimuli like food, sex, and other such things fail to illicit normal pleasurable response, and only the drug can relieve the negative state. "I'm not an alcoholic- I'm a soberophobic".



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Brain Regions involved in Preoccupation/Anticipation (AKA Craving)

- Thought to be a major factor contributing to relapse
- Involves frontal cortex. This is also the brain region involved in important decision making.
- Addicts demonstrate impaired function in prefrontal cortex, orbitofrontal cortex, and hippocampus areas on functional brain imaging.







Addiction is a Chronic Disease

- The goal of addiction treatment is to reduce the frequency and severity of relapse
- Chronic disease care involves attention to medical and behavioral factors for successful treatment and addiction treatment is no different
- A study in JAMA (Journal of the American Medical Association) compared relapse rates of various chronic diseases:

o Type I Diabetes o Drug Addiction o Hypertension o Asthma

30-50% 40-60% 50-70% 50-70%



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The Science of Addiction as a Disease

- · Addiction is a biologically driven disorder.
- Better understanding of the science of addiction can lead to improved prevention and treatment strategies.
- Better understanding of the science of addiction can lead to less stigmatization of those suffering from the disease.









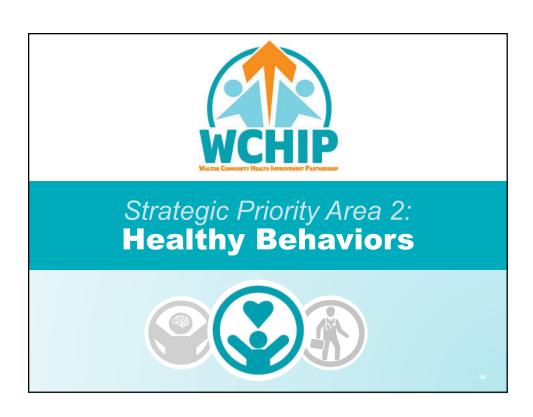
For More Information:



Holly Holt Florida Department of Health in Walton County Holly.Holt@flhealth.gov 850-401-6352

Bryan Callahan

Walton County Prevention Coalition Bryan.Callahan@chhealthcare.org (850) 892-8035 ext. 233



2018 Accomplishments

Tobacco Free Communities

- On October 24, 2018, the Mayor of Freeport signed a Tobacco Free Grounds Policy.
- · Recently, City of DeFuniak Springs was given a sample tobacco free grounds policy to review.

Rabies Prevention

- On September 29, 2018, WCHIP Partners held a low-cost rabies vaccination clinic in Freeport.
 - o 194 rabies vaccinations
 - o 58 microchips
 - o 43 rabies vouchers
 - o 8 microchip vouchers
- · Established new process for notifying and educating at-risk public utilizing reverse-911 when an animal tests positive in a community.



Tobacco Free





Walton Community Health Improvement Partnership



2018 Accomplishments, Part 2

Chronic Disease Prevention

- Provided 5210 education to seven early learning
- Presented seasonal health education to six meetings/classes reaching over 200 people.
- Attended five health fairs or events with health messaging.
- Completing Class #3 of the Diabetes Prevention Program on December 13.







Healthy Walton Worksites

• New initiative launching January 2019 to promote healthy behaviors in the workplace.

Goals

- Increase the adoption and implementation of policy, system, and environmental change to create health-promoting worksites.
- Educate and raise awareness of the benefits of healthy lifestyles and health-promoting environments in the workplace.
- Increase local business/organizational access to relevant worksite wellness resources and best practice programs.









Strategic Priority Area 3: Provider Availability & Access to Care



2018 Accomplishments

- Increased PrEP clients at DOH-Walton.
- Started Family Planning and STD outreach at the Walton County Jail.
- In June, provided free testing at DOH-Walton/Walton Community Health Center in observance of National HIV Testing Day.
- DOH-Walton/Walton Community Health Center will provide free HIV testing for World AIDS Day on December 3, 2018.











Age-Friendly Communities

- This Fall, Walton County was selected to participate in a new initiative to make Florida Department of Health an Age-Friendly Public Health System.
- · Focuses on "Domains of Livability"
 - o Civic Participation & Employment
 - o Communication & Information
 - o Community Support & Health Services
 - o Housing
 - o Outdoor Spaces & Building
 - o Respect & Social Inclusion
 - o Social Participation
 - o Transportation



Did You Know?

Almost 20% of Walton County's population is age 65 or older. (U.S. Census, 2018)









Annual Update Meeting Freeport Community Center November 28, 2018 9:00 a.m. – 12:00 p.m.



Sign In Sheet

Purpose:

To engage the community by providing an annual update to the Community Health Improvement Plan following the Mobilizing for Action through Planning and Partnerships (MAPP) framework.

| | Organization or | | w l |
|-------------------|----------------------------|-------------------------------------|--------------------|
| Name | Community | Email | Phone |
| | Representative | | · ···o···o |
| RygnMins | Dott-Walten | ryan monse fihealth gov | 850-76-3292 |
| Moneca Buckell | Hope Clinic | monica hopedinica gmail | |
| PATRICK MIC MAYOU | VERITE HEALTHCARE CONSULTE | patrick. McMahon@veriteconsolly, co | 4 703 549 9001 |
| Tina Odom | Chartan zua Healthope | tra.odon@chipalthcore.org | 850 892 50 5 |
| Linsey Hall | Sacred Heart Hospital | linseyuy (agmail. com | 850-278-3683 |
| George Risons | Pan Gre | grarsons a pancare fl.org | 850-814-6995 |
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| Care fol Fale | DOH-walk | Cystel Steele @ flheath ger | 850-401-6365 |
| Chuna Oliver | CH-S/ Heavy Familie | s Shana. oliver Ochsflorg | 850-324-5784 |
| Holly Holt | DOH-Walton | Holly Holl@ I health, gov | |



Annual Update Meeting
Freeport Community Center
November 28, 2018
9:00 a.m. – 12:00 p.m.



Sign In Sheet

Purpose:

To engage the community by providing an annual update to the Community Health Improvement Plan following the Mobilizing for Action through Planning and Partnerships (MAPP) framework.

| Name | Organization or Community Representative | Email | Phone |
|------------------|--|--|----------------------|
| Menty Lollie | WCSO | monty. Idlie Qyahos | 978-0533 |
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| VENITA MORELL | BOH-WALTON | venita, merella flealth. | Sev |
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| Jennifordan | Flore. | | |
| Jill Breslewski | 45 1575 | breslauski Queledu | 8506129700 |
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| hathen Back | FDOH-Walton | | |
| Jane Davis | FDOH-Waldon | | |



Annual Update Meeting
Freeport Community Center
November 28, 2018
9:00 a.m. – 12:00 p.m.



Sign In Sheet

Purpose:

To engage the community by providing an annual update to the Community Health Improvement Plan following the Mobilizing for Action through Planning and Partnerships (MAPP) framework.

| Name | Organization or Community Representative | Email | Phone |
|-----------------|--|----------------------------------|--------------|
| Amariles Rosado | United Way | | 484-516-9454 |
| Laura Ekstrom | D5 Commissionary of | fice exslaura@co.waltur. | • |
| Amanda Colwell | DOH-OKALOOSA | amander colver la fine ofliger | 850 240 2020 |
| MirianLavardier | WFAHEC | mlawardiero wfahec.org | 8503986965 |
| Emily Procter | Solval Community Chopa | in eproctor @ soval chargein org | 850 783037 |
| Wary Glem | Point washington Mille | in hillarya egnail con | 850.803.8778 |
| Lisa Morca | Be Generous press | Limorgan 30 yeho.com | 850-259-1902 |
| Patti Roberts | DOH-Walter | Patricia, Roberto fineat | |
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Walton Community Health Improvement Partnership List of Participating Community Partners

Steering Committee:

Chautauqua Healthcare Services
Florida Department of Health in Walton County
Sacred Heart on the Emerald Coast
Walton County Sheriff's Office
UF/IFAS Extension Office – Walton County
Walton Community Health Center
Walton County Prevention Coalition
Walton Okaloosa Council on Aging

Participating Community Partners:

BeGenerous

Big Bend Community Based Care

Boys and Girls Clubs of Northwest Florida

Caring and Sharing of South Walton

Catholic Charities of Northwest Florida

Chautaugua Healthcare Services

Chautauqua Rehabilitation and Nursing

Center

City of DeFuniak Springs

Community Chaplain of South Walton

Early Learning Coalition of the Emerald Coast

Emerald Coast Children's Advocacy Center

Florida Department of Children and Families

Florida Department of Health in

Okaloosa County

Florida Department of Health in

Walton County

Healthy Start Coalition of Okaloosa and

Walton Counties

Homelessness and Housing Alliance

Hope Medical Clinic

Lighthouse Health Plan

Northwest Florida Agency on Aging

OASIS Florida

Pancare of Florida

Sacred Heart on the Emerald Coast

Shelter House of Northwest Florida

SoWal Community Chaplain

UF/IFAS Extension Office – Walton County

United Way of Okaloosa and Walton Counties

Walton Community Health Center

Walton County Board of County

Commissioners

Walton County Habitat for Humanity

Walton County Prevention Coalition

Walton County School District

Walton County Sheriff's Office

Walton County Tax Collector

Walton County Housing and Urban

Development (HUD)

Walton County Council on Aging

West Florida Area Health Education Center