

Older Adult Falls in Florida

65 & Older

SURVEILLANCE DATA: 2014

FLORIDA VIOLENCE AND INJURY PREVENTION

Falls are the leading cause of fatal and non-fatal injuries among Florida's older adult population. Falls are major physical, personal, social and economic burdens for older adults.



2,445 older adults were fatally injured by an unintentional fall. There were another 50,730 hospitalizations for non-fatal injuries.

FACTS ABOUT FALLS



Falls occurred most often near the stairs or a bed, or as a result of a slip, trip or stumble.

The average length of stay in the hospital for a fall was **four** days.

In 2014, the median admission charge for fall-related, non-fatal unintentional injury hospitalizations was **\$53,517**—total costs exceeded **\$3.3 billion**.



LESSEN YOUR RISK

Exercise regularly.

Have your vision checked annually.

Eliminate fall hazards in your home.

Review your medication with your health care provider frequently.



Older Adult Fall Rates per 100,000

Hospitalizations	
YEAR	RATE
2009	1,321
2010	1,335
2011	1,342
2012	1,344
2013	1,328
2014	1,412

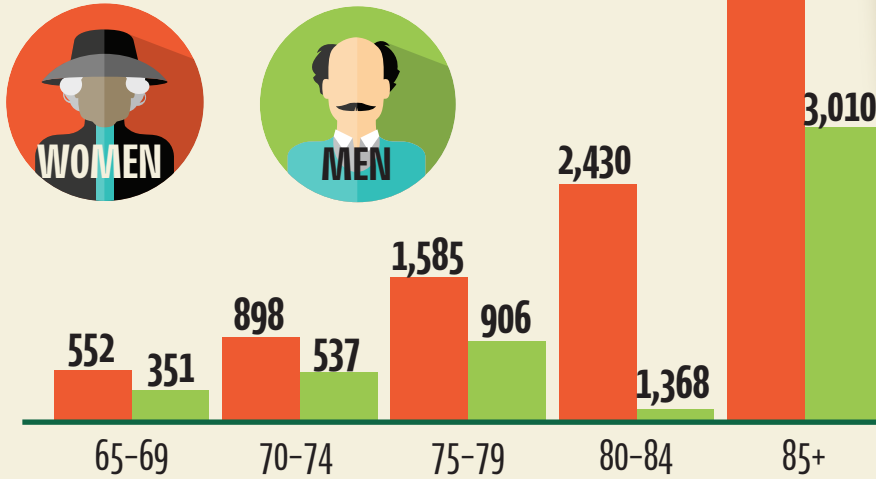
Deaths	
YEAR	RATE
2009	53.0
2010	57.0
2011	59.7
2012	63.8
2013	66.0
2014	68.1



LEARN MORE:
www.cdc.gov/stedi
www.ncoa.org/healthy-aging/falls-prevention/

Medicare paid for 96% of fall-related hospitalization for Floridians 65+.

Older Adult Hospitalization Rates by Age & Sex, per 100,000



Who is Injured?

Fall rates increase with age.

Women are more likely to fall and sustain injuries, but men are more likely to die from a fall.

RAW DATA	FEMALE	MALE	WHITE	BLACK	OTHER/ NON-WHITE	BOTH SEXES/ ALL RACES
DEATHS	1,275	1,170	2,320	77	47	2,445
NON-FATAL HOSPITALIZATIONS	35,269	15,864	46,554	1,816	2,025	50,730

Most Common Injuries from Falls:

RESULTING IN Hospitalization



Hip fractures were related to **28%** of fall-related deaths and responsible for **38%** of fall-related injury hospitalizations.

Traumatic brain injuries were related to **55%** of fall-related deaths and responsible for **13%** of non-fatal fall-related injury hospitalizations.

RESULTING IN Death

TRAUMATIC BRAIN INJURY	55%	1,346
HIP FRACTURE	28%	682
LOWER EXTREMITY (NOT HIP) FRACTURE	8%	185
UNSPECIFIED NECK FRACTURE	5%	134
UPPER EXTREMITY FRACTURE	4%	98



LOWER EXTREMITY (NOT HIP) FRACTURE	48%	24,474
HIP	38%	19,354
TRAUMATIC BRAIN INJURY	13%	6,423
UPPER EXTREMITY FRACTURE	11%	5,350
SPINE OR BACK FRACTURE	10%	5,064
TORSO FRACTURE	8%	4,300
HEAD, FACE OR NECK FRACTURE	1%	614
ALL OTHERS	9%	4,505