Suicides in Florida

SURVEILLANCE DATA: 2013

In 2013, there were 2,892 suicides & another 9,559 hospitalizations for non-fatal self-inflicted injuries.

Non-fatal suicide attempts are more common. Not all self-inflicted injuries are suicide attempts.

Certain characteristics are shared:
- Depression, other mental disorders or substance abuse.
- A family history that includes suicide, mental illness, violence substance, physical or sexual abuse.

All People Can Be at Risk for Suicide.

CONTRIBUTING FACTORS
- Prior suicide attempt.
- Having firearms in the home.
- Incarceration.
- Being exposed to others’ suicidal behavior.

Know the warning signs—protect family & friends.
- Threats or comments about killing themselves.
- Increased alcohol and drug use.
- Aggressive behavior or rage.
- Withdrawal from friends, family and community.
- Dramatic mood swings.
- Preoccupation with death.
- Impulsive or reckless behavior.

45% of people who die by suicide have seen a health provider in the month before their death.

20% of suicide victims have had contact with mental health services before their death.

POSSIBLE SOLUTION
- Train health care providers to recognize signs of suicide.

LEARN MORE:
- www.suicidepreventionlifeline.org—1-800-273-TALK (8255)
- www.thetrevorproject.org—1-866-488-7386
- www.floridasuicideprevention.org
Men are more likely to die by suicide. Women are more likely to attempt suicide.

**Suicide Rates:**

**MALES**
- Increased from age 15–64.
- Decreased from age 55–74.
- Increased after age 74.

**FEMALES**
- Increased from age 15–54.
- Decreased through age 84.
- Increased slightly for ages 85+.

**Who is Injured?**

<table>
<thead>
<tr>
<th>DEATHS</th>
<th>NON-FATAL HOSPITALIZATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>2,206</td>
</tr>
<tr>
<td>Females</td>
<td>686</td>
</tr>
<tr>
<td>Whites</td>
<td>2,648</td>
</tr>
<tr>
<td>Blacks</td>
<td>156</td>
</tr>
<tr>
<td>Other &amp; Non-Whites</td>
<td>80</td>
</tr>
<tr>
<td>Both Sexes, All Races</td>
<td>2,892</td>
</tr>
</tbody>
</table>

Males 85+ had the highest rate of suicide.

Females, 45–54, had the highest non-fatal hospitalization rates.

**Suicide & Self Harm Rates per 100,000**

<table>
<thead>
<tr>
<th>Hospitalizations</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>52.6</td>
</tr>
<tr>
<td>2010</td>
<td>52.4</td>
</tr>
<tr>
<td>2011</td>
<td>53.3</td>
</tr>
<tr>
<td>2012</td>
<td>52.2</td>
</tr>
<tr>
<td>2013</td>
<td>49.5</td>
</tr>
</tbody>
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<tr>
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</thead>
<tbody>
<tr>
<td>2009</td>
<td>15.3</td>
</tr>
<tr>
<td>2010</td>
<td>14.6</td>
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<tr>
<td>2012</td>
<td>15.6</td>
</tr>
<tr>
<td>2013</td>
<td>15.0</td>
</tr>
</tbody>
</table>

$20,587
Median admission charge for non-fatal assault injury hospitalizations.

$346 MILLION
Total charges exceeded this amount.

2 DAYS
Median length of stay.

Who is Injured?

Self-paid or Underinsured, 26%
Commercial Insurance, 24%
Medicare, 23%
Medicaid, 23%

Florida Injury Prevention
floridahealth.gov/injury
850-245-4440
Injury@flhealth.gov