# Traumatic Brain Injury (TBI) in Florida

**SURVEILLANCE DATA: 2013** 

## FLORIDA INJURY PREVENTION

#### www.floridahealth.gov/injury

A traumatic brain injury (TBI) is caused by a blow or jolt to the head or a penetrating head injury that disrupts the normal brain function. The severity of traumatic brain injuries can range from mild to severe.



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**In 2013, TBIs were related to 3,731 deaths.** There were another 19,170 hospitalizations for non-fatal TBIs.

#### **In Your Car**

Never drive under the influence of alcohol or drugs.

All passengers should wear seat belts at all times.

Infants under 3 should ride in a rear-facing car seat, in the back seat, buckled & harnessed.

### TBI Prevention & Recovery

#### If You Have a TBI:

Rest and do not go back to work or school too soon.

Ask your health care provider when you can start driving and working.

Take only prescribed medications and do not drink alcohol.<sup>2</sup>

Avoid risky physical activity that may cause further injury.

#### TBI Rates per 100,000

Deaths	
YEAR	RATE
2009	94.8
2010	93.9
2011	<b>95.1</b>
2012	99.4
2013	99.2



#### At Play & At Work

Adults & children should wear helmets when riding a bike or any moving aparatus.<sup>1</sup>

LEARN MORE: www.cdc.gov/traumaticbraininjury/prevention.html www.cdc.gov/TraumaticBrainInjury/outcomes.html www.biausa.orq and www.biaf.orq

www.floridahealth.gov/diseases-and-conditions/brain-and-spinal-cord-injuries/index.html

www.cdc.gov/headsup/resources/index.html

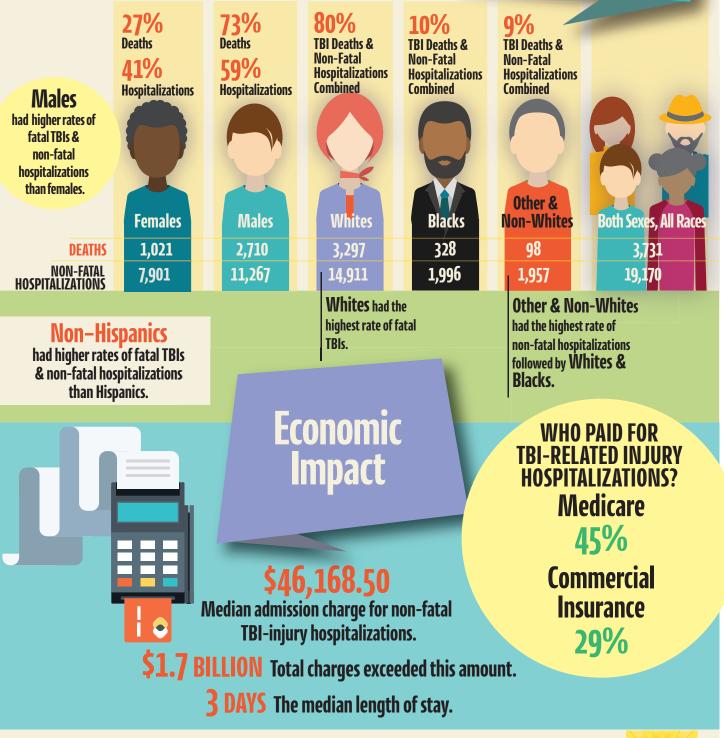
Hospitalizations		
YEAR	RATE	
2009	19.2	
2010	18.7	
2011	18.8	
2012	19.9	
2013	19.3	

The median length of hospital stay was 3 days for traumatic brain related injuries.

#### **Fatal TBIs** Adults ages 55+ had the highest rates. The 45–54 age group was next.

## Who is Injured?

**Highest rates of hospitalizations for non-fatal injuries?** Babies younger than 1 year • Younger adults 15–24 & older • Adults 65+



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