

# Prevalence of Major Behavioral Risk Factors in Dixie County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Dixie County, 509 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Dixie County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
	<b>All</b>	13,827	15,982,378	26.2	14.3	38.1	40.7	23.6
<b>Sex</b>								
Men	53.3%	48.8%	22.8	9.8	35.8	30.7	19.0	42.4
Women	46.7%	51.2%	29.7	10.1	49.3	51.1	18.7	83.4
<b>Race/ethnicity</b>								
NH White	87.7%	65.4%	19.1	13.4	24.7	49.6	34.7	64.4
NH Black	8.9%	14.2%	.	.	.	.	.	.
Hispanic	1.8%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	45.4%	31.9%	19.1	10.5	27.6	35.1	24.4	45.7
NH White women	42.4%	33.6%	19.0	11.6	26.5	66.9	46.0	87.8
NH Black men	5.9%	6.8%	.	.	.	.	.	.
NH Black women	3.0%	7.4%	.	.	.	.	.	.
Hispanic men	1.3%	8.4%	.	.	.	.	.	.
Hispanic women	0.5%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	34.6%	36.9%	20.8	6.4	35.2	32.5	20.4	44.6
45-64	26.2%	22.7%	34.9	10.6	59.3	47.9	16.6	79.2
65 and older	17.1%	17.6%	20.5	5.8	35.3	.	.	.
<b>Marital Status</b>								
Never married	18.3%	22.5%	41.0	0.0	83.9	.	.	.
Married/ living together as a couple	54.7%	53.7%	22.9	8.2	37.5	43.7	22.0	65.4
Divorced/ widowed/separated	26.9%	23.8%	32.7	23.3	42.0	41.4	26.3	56.5
<b>Education</b>								
0-11 years	34.1%	20.1%	46.2	33.9	58.6	.	.	.
HS Grad/GED	39.4%	28.7%	30.6	8.8	52.4	30.2	13.3	47.0
1 or more years of college	26.5%	51.1%	14.9	0.3	29.4	51.9	23.5	80.3
<b>Employment</b>								
Employed for wages	41.3%	54.9%	26.1	6.4	45.8	40.7	23.6	57.8
<b>Household Income</b>								
\$24,999 or less	48.4%	30.8%	53.9	36.1	71.7	27.1	5.8	48.4
\$25,000 – 49,999	31.4%	31.6%	10.0	3.0	16.9	46.9	34.0	59.8
\$50,000 or more	20.2%	37.6%	2.9	0.0	8.3	26.9	11.1	42.7

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	24.4	17.5	31.3	45.9	33.3	58.4	63.4	49.4	77.5
<b>Sex</b>									
Men	24.0	14.4	33.6	47.3	29.8	64.7	64.1	47.1	81.2
Women	24.9	14.8	35.0	44.4	26.7	62.1	62.7	40.3	85.1
<b>Race/ethnicity</b>									
NH White	28.3	20.9	35.8	53.1	41.4	64.8	73.2	61.5	85.0
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	28.3	17.4	39.1	55.4	40.0	70.7	75.0	64.8	85.3
NH White women	28.4	18.1	38.7	50.8	33.9	67.8	71.5	51.0	92.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	22.9	14.1	31.7	30.9	20.2	41.5	54.6	38.8	70.5
45-64	25.4	12.6	38.1	41.4	21.7	61.0	56.5	30.4	82.6
65 and older	26.1	7.8	44.5	82.3	69.4	95.2	92.4	86.2	98.5
<b>Marital Status</b>									
Never married	20.6	2.5	38.6	17.2	1.5	33.0	39.6	8.3	71.0
Married/ living together as a couple	20.9	13.1	28.7	46.9	30.7	63.1	63.7	45.8	81.7
Divorced/ widowed/separated	42.7	33.0	52.3	58.3	48.4	68.2	76.4	66.7	86.0
<b>Education</b>									
0-11 years	53.3	41.0	65.6	49.9	37.4	62.3	77.8	66.8	88.9
HS Grad/GED	24.6	14.4	34.8	45.5	28.0	63.0	63.6	42.8	84.3
1 or more years of college	13.9	6.3	21.4	44.7	21.5	68.0	58.2	33.5	82.9
<b>Employment</b>									
Employed for wages	19.3	11.3	27.3	37.1	23.7	50.6	55.2	36.4	74.0
<b>Household Income</b>									
\$24,999 or less	36.8	22.0	51.5	37.9	22.8	53.1	55.7	34.5	76.9
\$25,000 – 49,999	18.0	9.3	26.8	43.9	26.9	60.8	64.8	42.3	87.2
\$50,000 or more	13.0	0.0	27.1	71.9	44.7	99.0	91.6	82.2	100.0
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	21.3	15.0	27.6	26.5	17.7	35.3	70.3	57.7	83.0
<b>Sex</b>									
Men	22.7	13.5	31.9	24.2	14.3	34.0	66.9	49.9	83.9
Women	19.9	11.4	28.3	29.0	14.3	43.6	73.8	54.9	92.8
<b>Race/ethnicity</b>									
NH White	24.5	17.8	31.2	30.7	21.3	40.1	74.1	62.4	85.7
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	26.4	16.1	36.8	28.5	17.4	39.6	78.6	69.4	87.7
NH White women	22.5	13.9	31.2	32.8	17.8	47.9	69.6	49.7	89.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	17.8	10.3	25.4	24.8	15.4	34.2	66.3	48.2	84.3
45-64	23.7	11.5	35.9	24.7	12.1	37.3	65.7	42.0	89.5
65 and older	22.6	6.6	38.7	33.3	3.7	62.9	85.7	75.1	96.4
<b>Marital Status</b>									
Never married	12.2	0.0	25.7	18.3	0.3	36.3	39.4	8.2	70.6
Married/ living together as a couple	21.0	13.1	29.0	27.9	16.2	39.5	72.2	56.3	88.1
Divorced/ widowed/separated	27.8	19.9	35.6	25.3	17.1	33.4	80.0	73.0	87.1
<b>Education</b>									
0-11 years	25.9	16.1	35.6	34.9	22.9	46.9	79.2	69.9	88.5
HS Grad/GED	23.9	13.9	33.9	30.7	14.9	46.5	82.9	75.0	90.8
1 or more years of college	17.1	7.8	26.4	19.6	9.1	30.1	55.3	31.1	79.4
<b>Employment</b>									
Employed for wages	21.3	12.6	30.0	25.7	15.5	35.8	68.3	49.9	86.7
<b>Household Income</b>									
\$24,999 or less	21.6	12.0	31.2	22.5	12.7	32.2	73.8	57.9	89.8
\$25,000 – 49,999	27.6	15.7	39.6	30.9	17.4	44.5	71.2	47.3	95.1
\$50,000 or more	14.3	0.0	30.1	17.9	0.0	36.6	84.1	67.1	100.0

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	27.4	18.0	36.8	40.7	25.8	55.5	14.6	7.5	21.7
<b>Sex</b>									
Men	33.2	17.8	48.5	27.2	9.4	45.0	24.0	10.8	37.1
Women	21.5	12.4	30.5	62.0	49.6	74.4	5.2	2.3	8.0
<b>Race/ethnicity</b>									
NH White	26.8	19.5	34.1	47.8	37.7	57.9	12.9	8.5	17.3
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	29.0	17.9	40.2	35.7	20.3	51.0	20.2	11.6	28.8
NH White women	24.6	15.2	33.9	62.0	49.4	74.7	5.7	2.6	8.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	40.4	25.0	55.8	40.7	16.6	64.7	20.5	6.0	35.0
45-64	24.0	12.0	36.1	42.2	29.1	55.3	13.0	5.6	20.4
65 and older	8.2	1.7	14.6	.	.	.	5.2	0.7	9.6
<b>Marital Status</b>									
Never married	26.5	2.4	50.7	.	.	.	42.4	0.3	84.5
Married/ living together as a couple	23.8	12.1	35.5	36.9	16.7	57.0	9.9	5.4	14.4
Divorced/ widowed/separated	43.9	34.2	53.6	39.5	24.3	54.6	19.3	10.5	28.0
<b>Education</b>									
0-11 years	37.4	25.1	49.6	61.4	39.0	83.9	17.2	7.1	27.3
HS Grad/GED	28.1	16.6	39.5	47.2	33.0	61.4	13.9	7.1	20.6
1 or more years of college	23.2	5.2	41.2	21.3	0.4	42.3	14.4	0.0	29.0
<b>Employment</b>									
Employed for wages	23.6	14.2	33.0	43.8	29.9	57.7	18.2	6.3	30.0
<b>Household Income</b>									
\$24,999 or less	30.7	17.9	43.4	42.6	29.3	55.9	25.6	9.6	41.6
\$25,000 – 49,999	40.9	20.1	61.7	31.4	2.3	60.5	9.9	4.1	15.8
\$50,000 or more	11.0	0.0	23.2	.	.	.	6.3	0.0	14.5

  

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	31.5	19.0	43.9	39.7	26.9	52.4	8.6	5.2	11.9
<b>Sex</b>									
Men	32.6	17.0	48.1	49.9	32.6	67.2	6.3	2.1	10.6
Women	30.3	10.5	50.1	29.2	9.5	49.0	10.8	5.4	16.2
<b>Race/ethnicity</b>									
NH White	24.1	17.2	31.0	29.7	21.8	37.7	9.6	6.0	13.3
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	28.3	17.1	39.4	40.8	26.5	55.2	6.8	1.9	11.6
NH White women	19.9	11.7	28.1	18.8	11.1	26.4	12.5	6.7	18.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	38.6	22.6	54.6	49.9	35.0	64.8	11.5	5.5	17.5
45-64	40.4	16.6	64.1	44.8	21.2	68.4	8.7	3.3	14.1
65 and older	2.2	0.0	4.5	11.0	2.6	19.3	2.6	0.0	5.3
<b>Marital Status</b>									
Never married	32.8	4.0	61.5	64.2	34.8	93.7	4.5	0.0	10.1
Married/ living together as a couple	32.2	15.8	48.5	37.6	21.4	53.8	7.1	3.5	10.8
Divorced/ widowed/separated	27.5	18.0	37.1	34.6	25.4	43.7	17.5	9.1	26.0
<b>Education</b>									
0-11 years	40.9	28.2	53.5	33.7	22.0	45.3	12.4	3.2	21.6
HS Grad/GED	39.6	19.3	59.9	49.7	31.5	67.9	9.9	4.4	15.4
1 or more years of college	20.5	2.6	38.4	32.1	10.7	53.5	5.9	1.9	9.9
<b>Employment</b>									
Employed for wages	34.1	16.5	51.8	48.4	31.1	65.8	6.3	2.6	9.9
<b>Household Income</b>									
\$24,999 or less	44.1	23.8	64.5	54.8	37.2	72.5	15.1	7.5	22.7
\$25,000 – 49,999	36.6	14.6	58.7	43.8	23.7	63.9	5.9	0.9	10.8
\$50,000 or more	8.2	0.0	17.8	12.9	0.0	27.8	1.6	0.0	4.2

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
<b>All</b>	61.3	48.9	73.6	35.5	22.8	48.2	59.5	45.7	73.4
<b>Sex</b>									
Men	62.3	46.4	78.2	39.0	21.8	56.1	59.6	41.9	77.3
Women	60.2	41.2	79.2	32.0	13.1	50.9	59.5	38.0	81.0
<b>Race/ethnicity</b>									
NH White	67.6	59.3	76.0	32.7	21.1	44.4	66.5	56.9	76.2
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	65.8	53.2	78.4	28.0	16.9	39.2	63.0	48.2	77.8
NH White women	69.4	58.4	80.5	37.4	18.4	56.3	70.1	57.6	82.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	61.7	46.1	77.2	55.7	42.1	69.3	57.1	41.2	73.0
45-64	53.3	29.7	76.8	29.5	5.0	54.0	52.1	25.5	78.7
65 and older	73.8	55.2	92.4	7.0	1.1	12.9	78.8	60.1	97.5
<b>Marital Status</b>									
Never married	84.2	67.9	100.0	79.7	61.0	98.4	81.9	63.3	100.0
Married/ living together as a couple	60.4	44.2	76.7	33.8	17.8	49.8	57.8	40.0	75.6
Divorced/ widowed/separated	51.4	41.7	61.1	17.1	10.0	24.2	52.8	41.8	63.7
<b>Education</b>									
0-11 years	49.8	37.4	62.2	16.6	7.7	25.5	40.9	25.6	56.2
HS Grad/GED	53.0	34.1	71.9	28.2	16.5	40.0	51.0	31.1	71.0
1 or more years of college	73.2	54.7	91.7	49.5	25.3	73.6	72.5	52.6	92.5
<b>Employment</b>									
Employed for wages	64.6	47.0	82.2	44.2	26.6	61.8	60.5	42.3	78.6
<b>Household Income</b>									
\$24,999 or less	45.8	27.3	64.2	28.3	12.2	44.4	44.3	22.6	65.9
\$25,000 – 49,999	53.0	33.6	72.5	43.2	22.7	63.7	47.7	28.6	66.7
\$50,000 or more	91.0	79.6	100.0	17.4	0.0	35.8	87.4	73.0	100.0
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
<b>All</b>	26.0	14.9	37.2	76.9	63.6	90.1	17.2	9.5	24.9
<b>Sex</b>									
Men	33.9	15.3	52.5	78.6	60.0	97.2	13.5	6.9	20.1
Women	18.0	10.4	25.5	73.6	63.3	83.9	21.0	7.1	34.8
<b>Race/ethnicity</b>									
NH White	29.5	17.5	41.6	77.5	64.0	91.1	19.8	11.2	28.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	39.3	20.0	58.6	79.6	60.9	98.3	15.6	8.1	23.1
NH White women	19.8	12.2	27.4	73.4	62.5	84.3	24.1	9.1	39.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	9.7	4.2	15.1	.	.	.	11.8	5.4	18.2
45-64	24.8	12.2	37.5	69.8	55.0	84.6	15.6	6.9	24.3
65 and older	60.3	29.1	91.5	92.2	82.9	100.0	29.8	0.6	59.0
<b>Marital Status</b>									
Never married	10.6	0.0	23.0	.	.	.	4.3	0.0	10.2
Married/ living together as a couple	26.0	11.2	40.7	77.3	60.0	94.7	17.3	7.3	27.4
Divorced/ widowed/separated	35.2	26.7	43.6	73.8	61.4	86.3	23.7	15.9	31.6
<b>Education</b>									
0-11 years	35.5	24.1	46.8	70.9	52.8	89.0	19.5	8.8	30.2
HS Grad/GED	16.9	9.4	24.3	53.8	37.9	69.7	18.3	2.9	33.6
1 or more years of college	31.4	8.1	54.6	91.1	80.3	100.0	15.2	6.6	23.8
<b>Employment</b>									
Employed for wages	14.3	7.5	21.0	51.6	31.9	71.2	12.0	5.9	18.0
<b>Household Income</b>									
\$24,999 or less	24.8	14.4	35.1	70.7	59.4	82.1	12.6	6.5	18.8
\$25,000 – 49,999	21.0	10.5	31.5	64.5	41.8	87.2	16.9	7.7	26.1
\$50,000 or more	53.8	11.4	96.1	.	.	.	11.3	0.0	24.2

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
<b>All</b>	76.3	64.1	88.4	86.0	75.5	96.4	33.2	19.6	46.9
<b>Sex</b>									
Men	77.0	63.8	90.2	79.7	60.6	98.9	41.9	19.9	63.9
Women	75.6	55.1	96.0	92.4	87.8	96.9	24.2	14.1	34.2
<b>Race/ethnicity</b>									
NH White	83.3	78.0	88.6	91.5	87.5	95.4	35.1	20.8	49.3
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	80.1	71.4	88.8	90.4	83.8	97.1	47.5	26.1	69.0
NH White women	86.5	80.3	92.7	92.4	87.7	97.0	23.6	13.5	33.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	63.4	48.8	78.0	73.6	48.1	99.1	17.2	7.4	27.0
45-64	78.5	51.7	100.0	89.8	83.2	96.4	29.6	16.1	43.0
65 and older	97.1	94.3	99.9	96.1	92.3	99.8	58.6	25.4	91.8
<b>Marital Status</b>									
Never married	44.0	9.2	78.7	.	.	.	.	.	.
Married/ living together as a couple	79.2	64.3	94.1	85.0	71.6	98.4	33.2	15.6	50.8
Divorced/ widowed/separated	82.1	74.0	90.3	90.5	84.8	96.3	36.8	27.2	46.4
<b>Education</b>									
0-11 years	76.0	65.2	86.8	82.7	72.4	93.0	39.9	26.1	53.7
HS Grad/GED	67.2	45.6	88.8	89.3	82.9	95.7	22.5	14.0	31.1
1 or more years of college	85.2	70.3	100.0	84.4	63.4	100.0	39.3	12.9	65.8
<b>Employment</b>									
Employed for wages	66.3	47.3	85.2	89.7	83.6	95.9	20.8	11.4	30.1
<b>Household Income</b>									
\$24,999 or less	60.5	37.7	83.3	89.2	83.7	94.7	32.4	24.5	40.3
\$25,000 – 49,999	82.2	72.7	91.7	69.9	40.2	99.5	27.9	13.3	42.5
\$50,000 or more	90.7	79.7	100.0	93.7	84.1	100.0	62.3	23.6	100.0

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
<b>All</b>	9.3	5.8	12.7	67.7	52.6	82.8	13.0	1.7	24.3
<b>Sex</b>									
Men	7.0	2.8	11.2	.	.	.	18.6	0.0	39.2
Women	11.6	5.9	17.2	83.1	68.7	97.4	7.3	3.5	11.1
<b>Race/ethnicity</b>									
NH White	10.4	6.7	14.2	68.3	52.5	84.0	14.9	2.0	27.9
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	7.5	2.8	12.3	.	.	.	21.8	0.0	45.4
NH White women	13.3	7.3	19.4	82.8	68.2	97.3	8.1	4.0	12.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	13.5	7.3	19.8	.	.	.	4.2	0.4	8.0
45-64	7.6	2.7	12.6	.	.	.	6.8	2.2	11.5
65 and older	4.1	0.4	7.8	.	.	.	40.7	3.3	78.2
<b>Marital Status</b>									
Never married	1.9	0.0	5.2	.	.	.	9.1	0.0	20.3
Married/ living together as a couple	9.4	5.0	13.8	.	.	.	12.7	0.0	27.8
Divorced/ widowed/separated	12.7	6.9	18.6	.	.	.	16.6	8.6	24.7
<b>Education</b>									
0-11 years	13.5	5.9	21.1	.	.	.	14.7	5.9	23.5
HS Grad/GED	9.0	3.8	14.2	.	.	.	4.6	1.8	7.3
1 or more years of college	8.0	2.9	13.2	.	.	.	20.4	0.0	44.7
<b>Employment</b>									
Employed for wages	7.9	3.5	12.2	.	.	.	3.6	0.7	6.4
<b>Household Income</b>									
\$24,999 or less	10.2	4.6	15.8	78.5	57.8	99.3	9.1	4.0	14.3
\$25,000 – 49,999	9.9	3.4	16.5	.	.	.	4.6	1.3	7.8
\$50,000 or more	8.1	0.0	17.8	.	.	.	49.6	3.7	95.4

Disease Prevention: Cardiovascular Disease Prevention										
	Being advised by a health professional to...									
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active			
	%	CI		%	CI		%	CI		
<b>All</b>		24.1	11.9	36.4	20.6	12.6	28.6	25.5	13.3	37.7
<b>Sex</b>	Men	25.8	6.0	45.6	17.1	9.4	24.8	25.4	5.6	45.2
	Women	22.4	8.5	36.3	24.2	10.2	38.3	25.7	11.4	40.0
<b>Race/ethnicity</b>	NH White	28.3	15.0	41.7	23.6	14.7	32.4	29.5	16.3	42.8
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	31.0	9.4	52.7	19.7	11.0	28.5	30.1	8.3	51.9
	NH White women	25.6	10.7	40.5	27.3	12.5	42.2	29.0	14.0	44.0
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	12.3	5.9	18.8	15.3	8.0	22.5	12.5	6.1	18.9
	45-64	16.7	7.3	26.0	17.9	8.3	27.4	18.8	8.8	28.9
	65 and older	59.5	31.7	87.4	35.0	4.8	65.1	62.0	35.9	88.1
<b>Marital Status</b>	Never married	4.3	0.0	9.8	13.6	0.0	29.7	9.6	0.0	21.0
	Married/ living together as a couple	27.4	11.3	43.5	20.6	10.1	31.1	28.1	12.1	44.2
	Divorced/ widowed/separated	20.9	13.5	28.4	24.9	17.5	32.3	22.9	15.5	30.4
<b>Education</b>	0-11 years	24.9	13.7	36.0	33.5	22.1	44.9	22.3	12.0	32.7
	HS Grad/GED	18.8	3.5	34.2	22.6	7.1	38.1	21.9	6.5	37.3
	1 or more years of college	28.9	5.2	52.6	14.0	6.1	21.9	30.2	6.6	53.7
<b>Employment</b>	Employed for wages	13.1	6.7	19.4	14.3	7.6	21.0	13.3	7.0	19.7
<b>Household Income</b>	\$24,999 or less	11.9	5.9	17.9	14.5	7.7	21.4	14.1	7.5	20.6
	\$25,000 – 49,999	15.8	6.8	24.8	24.3	12.7	35.8	22.5	11.5	33.6
	\$50,000 or more	59.5	22.1	97.0	10.0	0.0	20.8	56.4	16.2	96.6

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots										
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot			
	%	CI		%	CI		%	CI		
<b>All</b>		32.8	19.1	46.5	7.1	0.3	13.9	29.5	16.9	42.1
<b>Sex</b>	Men	27.9	8.6	47.3	1.4	0.0	2.9	32.2	12.1	52.3
	Women	37.8	18.1	57.4	12.8	0.0	26.0	26.9	12.2	41.7
<b>Race/ethnicity</b>	NH White	38.4	24.5	52.4	8.3	0.4	16.2	33.2	20.0	46.3
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	33.2	12.3	54.1	1.7	0.0	3.5	35.2	14.3	56.1
	NH White women	43.6	25.1	62.1	14.8	0.0	29.6	31.2	15.8	46.6
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	16.5	9.0	24.1	3.1	0.2	6.1	14.3	7.2	21.3
	45-64	25.7	1.1	50.4	1.3	0.2	2.4	14.6	6.2	23.0
	65 and older	76.3	59.6	93.0	24.9	0.0	53.8	81.3	67.7	94.9
<b>Marital Status</b>	Never married	27.4	2.5	52.3	1.9	0.0	5.1	30.7	9.2	52.2
	Married/ living together as a couple	36.0	18.2	53.7	8.7	0.0	17.9	29.8	13.6	46.1
	Divorced/ widowed/separated	21.9	15.1	28.6	2.8	0.9	4.7	27.6	19.6	35.5
<b>Education</b>	0-11 years	27.3	17.0	37.6	6.4	0.3	12.5	26.6	16.6	36.5
	HS Grad/GED	24.6	9.1	40.1	11.3	0.0	26.7	27.1	10.9	43.2
	1 or more years of college	42.5	17.4	67.6	3.2	0.9	5.6	33.1	8.2	58.0
<b>Employment</b>	Employed for wages	23.3	5.8	40.9	1.6	0.0	3.2	13.2	6.7	19.7
<b>Household Income</b>	\$24,999 or less	18.1	9.9	26.2	4.4	1.5	7.3	29.6	17.2	42.1
	\$25,000 – 49,999	15.8	7.3	24.3	4.6	0.4	8.9	16.2	7.5	24.9
	\$50,000 or more	56.1	15.7	96.6	1.8	0.0	4.4	53.3	10.3	96.3

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	63.7	38.1	89.3	95.4	91.7	99.2	84.7	76.8	92.6
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	63.7	38.1	89.3	95.4	91.7	99.2	84.7	76.8	92.6
<b>Race/ethnicity</b>									
NH White	77.0	65.1	89.0	95.5	91.7	99.2	84.9	77.0	92.9
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	77.0	65.1	89.0	95.5	91.7	99.2	84.9	77.0	92.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	94.3	88.3	100.0	83.0	73.8	92.3
45-64	58.3	17.7	98.8	98.5	96.2	100.0	90.0	78.8	100.0
65 and older	88.3	78.7	98.0	89.0	77.6	100.0	71.3	54.4	88.1
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	61.9	30.4	93.4	96.8	93.5	100.0	85.9	76.6	95.2
Divorced/ widowed/separated	69.7	58.2	81.1	89.1	76.0	100.0	75.0	59.4	90.7
<b>Education</b>									
0-11 years	60.5	44.9	76.2	97.7	94.3	100.0	82.7	69.8	95.7
HS Grad/GED	47.2	10.0	84.4	99.3	98.4	100.0	81.0	70.9	91.1
1 or more years of college	90.5	79.8	100.0	91.5	81.5	100.0	88.4	76.3	100.0
<b>Employment</b>									
Employed for wages	51.8	6.9	96.7	94.8	88.6	100.0	86.5	75.1	97.8
<b>Household Income</b>									
\$24,999 or less	41.5	9.1	74.0	96.2	92.4	100.0	78.7	68.6	88.8
\$25,000 – 49,999	59.1	42.1	76.2	94.5	87.1	100.0	87.2	77.7	96.7
\$50,000 or more	.	.	.	.	.	.	.	.	.

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	54.6	33.5	75.7	47.1	25.2	69.1	53.8	32.5	75.0
<b>Sex</b>									
Men	60.9	38.4	83.4	53.3	27.0	79.6	58.8	35.1	82.5
Women	48.9	16.1	81.6	41.5	8.7	74.3	49.2	16.3	82.1
<b>Race/ethnicity</b>									
NH White	62.6	46.7	78.6	54.1	34.9	73.2	61.7	45.4	78.1
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	61.3	38.7	84.0	53.9	27.4	80.3	59.3	35.5	83.1
NH White women	64.2	41.7	86.7	54.3	26.1	82.5	64.8	42.5	87.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	46.5	19.2	73.7	39.0	11.5	66.5	44.7	17.6	71.9
65 and older	69.2	46.7	91.7	61.7	34.0	89.4	70.2	48.0	92.4
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	58.2	32.4	83.9	51.0	24.4	77.5	53.6	27.3	79.9
Divorced/ widowed/separated	41.3	31.0	51.5	32.4	22.7	42.1	52.6	42.0	63.2
<b>Education</b>									
0-11 years	43.2	29.2	57.2	33.4	19.8	47.0	38.3	24.4	52.3
HS Grad/GED	27.4	6.6	48.1	23.1	5.1	41.0	28.6	6.9	50.2
1 or more years of college	76.7	59.5	94.0	67.6	44.4	90.7	75.1	56.8	93.4
<b>Employment</b>									
Employed for wages	44.7	8.0	81.4	37.9	0.8	75.0	42.5	5.8	79.3
<b>Household Income</b>									
\$24,999 or less	35.5	13.6	57.4	30.0	11.0	49.0	32.4	12.2	52.6
\$25,000 – 49,999	40.6	26.4	54.7	27.8	15.4	40.2	45.3	30.7	60.0
\$50,000 or more	.	.	.	.	.	.	.	.	.

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		42.8	30.1	55.4	67.5	52.9	82.0	11.5	7.1	16.0
<b>Sex</b>	Men	43.5	27.6	59.4	70.6	47.1	94.0	9.7	4.3	15.1
	Women	42.0	22.3	61.6	63.9	50.3	77.4	13.5	5.8	21.1
<b>Race/ethnicity</b>	NH White	45.3	35.0	55.7	60.6	49.5	71.6	13.7	8.8	18.5
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	40.3	30.6	49.9	56.3	37.4	75.1	11.4	5.4	17.5
	NH White women	50.4	30.5	70.3	63.8	50.1	77.5	15.9	7.7	24.1
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	62.7	47.9	77.4	69.3	52.1	86.5	17.4	10.1	24.7
	45-64	21.3	10.1	32.5	59.3	38.9	79.7	5.3	1.1	9.5
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	32.1	3.7	60.6	.	.	.	26.2	2.3	50.1
	Married/ living together as a couple	40.9	24.9	56.9	66.3	46.6	86.0	9.1	4.3	14.0
	Divorced/ widowed/A80separated	60.1	48.0	72.1	.	.	.	12.0	4.9	19.1
<b>Education</b>	0-11 years	52.8	37.1	68.5	.	.	.	23.6	11.3	35.9
	HS Grad/GED	40.1	23.0	57.2	58.1	40.9	75.2	11.4	4.8	18.0
	1 or more years of college	42.0	18.8	65.2	71.9	46.8	96.9	7.4	1.7	13.1
<b>Employment</b>	Employed for wages	34.4	21.5	47.4	59.3	44.9	73.6	10.0	4.8	15.2
<b>Household Income</b>	\$24,999 or less	40.6	20.9	60.3	60.3	43.8	76.8	10.5	3.9	17.1
	\$25,000 – 49,999	52.1	32.1	72.1	78.5	55.9	100.0	9.5	2.8	16.3
	\$50,000 or more	55.8	37.7	74.0	.	.	.	20.5	4.1	36.9

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

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