

# Prevalence of Major Behavioral Risk Factors in Gulf County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Gulf County, 508 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Gulf County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
<b>All</b>	13,332	15,982,378	23.0	17.3	28.6	59.5	50.4	68.6
<b>Sex</b>								
Men	53.4%	48.8%	16.9	11.7	22.2	56.2	43.4	69.0
Women	46.6%	51.2%	29.2	19.5	38.8	64.2	52.7	75.8
<b>Race/ethnicity</b>								
NH White	78.7%	65.4%	22.2	15.5	28.9	61.2	52.3	70.0
NH Black	16.9%	14.2%	28.2	14.3	42.2	.	.	.
Hispanic	2.0%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	40.1%	31.9%	15.4	10.0	20.9	59.0	47.4	70.7
NH White women	38.6%	33.6%	29.1	17.4	40.7	64.6	51.5	77.6
NH Black men	10.4%	6.8%	.	.	.	.	.	.
NH Black women	6.4%	7.4%	37.6	17.9	57.4	.	.	.
Hispanic men	1.6%	8.4%	.	.	.	.	.	.
Hispanic women	0.4%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	36.1%	36.9%	15.8	4.0	27.7	50.6	38.2	63.0
45-64	26.0%	22.7%	23.7	16.8	30.5	71.1	59.8	82.3
65 and older	16.2%	17.6%	35.7	27.2	44.2	.	.	.
<b>Marital Status</b>								
Never married	19.3%	22.5%	7.2	0.0	15.9	.	.	.
Married/ living together as a couple	54.3%	53.7%	22.7	14.7	30.6	62.1	52.0	72.1
Divorced/ widowed/separated	26.3%	23.8%	30.7	21.9	39.5	46.7	24.7	68.6
<b>Education</b>								
0-11 years	27.4%	20.1%	46.6	33.7	59.6	.	.	.
HS Grad/GED	37.1%	28.7%	26.7	15.5	37.8	54.1	38.9	69.3
1 or more years of college	35.4%	51.1%	10.9	6.8	15.0	66.5	55.8	77.2
<b>Employment</b>								
Employed for wages	43.3%	54.9%	7.5	4.1	11.0	59.5	50.4	68.6
<b>Household Income</b>								
\$24,999 or less	40.8%	30.8%	38.9	26.6	51.3	37.6	20.7	54.5
\$25,000 – 49,999	33.4%	31.6%	17.8	10.6	25.0	62.1	47.1	77.0
\$50,000 or more	25.9%	37.6%	6.9	1.7	12.0	70.6	55.1	86.0

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	30.5	24.1	36.8	60.4	54.2	66.6	79.5	73.8	85.2
<b>Sex</b>									
Men	23.8	17.1	30.5	56.7	47.9	65.5	73.3	65.1	81.6
Women	37.2	27.1	47.4	64.2	55.3	73.0	85.8	77.8	93.8
<b>Race/ethnicity</b>									
NH White	29.3	21.9	36.7	58.9	52.1	65.7	79.3	73.2	85.5
NH Black	38.4	22.1	54.8	66.5	46.6	86.4	77.5	56.7	98.3
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	22.6	15.6	29.6	54.7	46.1	63.3	74.4	66.7	82.0
NH White women	36.2	23.9	48.5	63.2	52.8	73.7	84.4	74.7	94.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	45.9	26.0	65.8	76.5	58.7	94.2	95.3	85.8	100.0
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	30.0	16.9	43.1	61.8	50.4	73.2	74.3	64.1	84.5
45-64	31.5	23.4	39.5	51.7	42.0	61.4	79.8	69.0	90.6
65 and older	30.9	22.4	39.3	70.6	62.4	78.7	88.3	82.0	94.5
<b>Marital Status</b>									
Never married	8.8	0.0	18.2	45.5	21.8	69.3	59.6	33.0	86.2
Married/ living together as a couple	34.0	25.4	42.6	57.6	49.7	65.5	79.7	72.7	86.7
Divorced/ widowed/separated	30.1	20.8	39.5	73.5	65.3	81.8	86.7	80.6	92.9
<b>Education</b>									
0-11 years	46.7	33.6	59.7	69.7	57.5	81.8	86.9	77.3	96.4
HS Grad/GED	38.6	26.8	50.5	67.8	58.9	76.8	84.8	78.2	91.3
1 or more years of college	16.5	10.9	22.2	49.7	40.7	58.8	71.6	61.3	82.0
<b>Employment</b>									
Employed for wages	19.5	13.6	25.5	57.2	48.2	66.3	75.3	66.4	84.2
<b>Household Income</b>									
\$24,999 or less	39.2	26.8	51.6	69.3	60.1	78.5	85.7	79.1	92.2
\$25,000 – 49,999	22.1	14.0	30.1	52.1	40.2	64.0	73.0	59.7	86.2
\$50,000 or more	23.9	7.5	40.4	55.1	40.8	69.4	76.0	64.0	88.1

  

Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	30.7	25.6	35.8	33.5	26.8	40.3	78.0	73.6	82.3
<b>Sex</b>									
Men	35.6	27.8	43.4	30.7	23.1	38.2	79.0	72.6	85.3
Women	25.7	19.3	32.2	36.5	25.6	47.4	76.9	71.0	82.8
<b>Race/ethnicity</b>									
NH White	32.2	26.5	37.9	33.7	25.8	41.6	78.0	73.3	82.7
NH Black	28.2	13.6	42.9	35.9	20.2	51.5	71.2	56.4	85.9
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	40.0	31.7	48.2	30.2	22.2	38.2	78.3	71.5	85.1
NH White women	24.3	17.4	31.2	37.3	24.2	50.5	77.6	71.1	84.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	35.3	16.0	54.6	34.1	15.3	53.0	68.2	49.6	86.9
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	23.2	15.0	31.5	34.5	21.5	47.4	85.6	79.4	91.7
45-64	38.2	29.4	46.9	35.8	25.5	46.1	77.9	71.1	84.6
65 and older	34.7	26.2	43.2	29.7	21.4	38.0	64.2	55.3	73.0
<b>Marital Status</b>									
Never married	14.2	1.5	26.9	32.8	13.7	52.0	83.8	69.5	98.1
Married/ living together as a couple	34.3	27.4	41.1	37.4	28.4	46.5	77.9	72.5	83.3
Divorced/ widowed/separated	28.5	19.5	37.4	23.1	15.3	30.9	75.5	67.2	83.8
<b>Education</b>									
0-11 years	30.6	18.6	42.5	42.0	29.0	55.1	77.5	66.6	88.4
HS Grad/GED	25.4	17.6	33.1	39.1	27.4	50.9	81.7	75.2	88.2
1 or more years of college	36.3	28.3	44.3	24.8	15.5	34.0	74.3	67.6	81.0
<b>Employment</b>									
Employed for wages	28.9	21.6	36.1	33.6	24.7	42.5	81.9	76.2	87.6
<b>Household Income</b>									
\$24,999 or less	30.6	21.4	39.8	34.2	21.5	46.8	78.5	70.9	86.2
\$25,000 – 49,999	36.4	26.2	46.6	34.0	21.1	47.0	76.1	68.0	84.2
\$50,000 or more	28.7	17.5	39.9	40.3	24.6	55.9	81.3	72.1	90.5

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	23.8	17.9	29.7	44.2	29.2	59.3	12.6	8.8	16.3
<b>Sex</b>									
Men	22.6	14.1	31.0	27.3	9.7	44.8	18.1	11.7	24.5
Women	25.1	16.6	33.5	60.0	42.2	77.8	6.9	3.5	10.2
<b>Race/ethnicity</b>									
NH White	22.8	16.7	28.8	47.0	31.0	62.9	14.2	9.8	18.6
NH Black	9.5	0.7	18.4	.	.	.	3.6	0.0	9.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	21.4	14.3	28.5	31.0	12.4	49.6	22.5	14.8	30.1
NH White women	24.2	14.3	34.1	61.4	41.1	81.8	5.7	2.8	8.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	16.9	0.6	33.1	.	.	.	7.4	0.0	18.4
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	25.3	14.8	35.9	38.9	16.9	61.0	16.3	8.8	23.9
45-64	29.7	19.2	40.3	55.2	32.6	77.7	12.1	7.1	17.1
65 and older	11.6	6.0	17.3	.	.	.	6.3	1.3	11.2
<b>Marital Status</b>									
Never married	28.7	10.0	47.3	.	.	.	29.2	9.1	49.3
Married/ living together as a couple	19.4	12.7	26.2	52.0	32.2	71.7	9.8	5.8	13.7
Divorced/ widowed/separated	33.6	20.3	46.9	32.5	10.4	54.7	12.9	6.3	19.5
<b>Education</b>									
0-11 years	30.2	17.6	42.9	.	.	.	10.0	1.3	18.7
HS Grad/GED	26.2	16.3	36.0	38.7	19.0	58.4	10.7	4.9	16.5
1 or more years of college	19.1	10.1	28.2	53.1	25.2	80.9	15.4	9.5	21.3
<b>Employment</b>									
Employed for wages	28.5	18.5	38.5	45.1	21.4	68.8	16.5	10.1	22.9
<b>Household Income</b>									
\$24,999 or less	28.3	17.2	39.5	33.0	14.6	51.4	9.9	4.8	15.1
\$25,000 – 49,999	31.0	18.1	44.0	50.7	21.7	79.7	13.7	6.5	20.9
\$50,000 or more	17.8	7.5	28.1	.	.	.	19.4	7.7	31.1
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	26.0	19.7	32.4	20.5	14.6	26.4	10.8	5.4	16.3
<b>Sex</b>									
Men	27.1	17.7	36.6	25.0	16.3	33.6	6.6	3.0	10.2
Women	24.9	16.5	33.3	16.0	8.0	24.0	15.2	5.2	25.2
<b>Race/ethnicity</b>									
NH White	22.7	16.5	28.8	19.8	13.8	25.8	10.8	4.1	17.5
NH Black	33.5	14.1	52.9	8.8	0.0	17.8	14.7	3.9	25.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	22.1	14.7	29.5	22.4	15.1	29.7	7.6	3.2	12.0
NH White women	23.2	13.3	33.1	17.2	7.5	26.9	14.0	1.6	26.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	28.2	9.4	47.1	1.2	0.0	3.6	24.7	6.2	43.2
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	33.1	21.4	44.9	27.3	16.5	38.1	11.8	0.0	23.7
45-64	31.9	21.2	42.5	20.5	9.7	31.4	14.6	8.5	20.6
65 and older	5.1	1.8	8.5	8.9	4.0	13.8	4.3	0.7	7.9
<b>Marital Status</b>									
Never married	41.2	17.2	65.2	28.8	9.4	48.3	6.2	0.0	12.5
Married/ living together as a couple	22.1	14.9	29.2	17.9	11.1	24.8	12.6	4.6	20.7
Divorced/ widowed/separated	30.1	16.8	43.5	23.9	10.3	37.5	8.1	3.9	12.4
<b>Education</b>									
0-11 years	28.9	16.7	41.1	7.5	1.2	13.9	10.2	2.9	17.6
HS Grad/GED	23.9	14.1	33.7	22.9	13.1	32.8	15.0	3.4	26.6
1 or more years of college	27.2	16.8	37.6	22.6	13.3	31.9	6.8	3.3	10.3
<b>Employment</b>									
Employed for wages	33.4	23.7	43.1	29.0	18.9	39.1	6.6	3.3	9.9
<b>Household Income</b>									
\$24,999 or less	34.5	23.2	45.8	25.3	13.9	36.7	21.8	8.4	35.1
\$25,000 – 49,999	23.1	9.5	36.8	23.4	10.3	36.6	5.2	1.0	9.4
\$50,000 or more	13.3	4.8	21.7	20.6	9.2	32.1	1.2	0.0	3.5

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
<b>All</b>	62.9	56.8	69.0	35.3	28.8	41.8	58.6	51.1	66.2
<b>Sex</b>									
Men	58.5	49.4	67.6	36.1	27.2	44.9	61.5	51.5	71.4
Women	67.4	59.9	74.8	34.6	24.9	44.2	55.8	44.5	67.0
<b>Race/ethnicity</b>									
NH White	68.6	62.9	74.2	37.2	30.0	44.4	60.4	52.3	68.6
NH Black	45.9	28.3	63.4	35.7	15.8	55.6	60.0	38.9	81.1
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	64.2	56.1	72.3	35.9	27.1	44.7	62.3	53.1	71.4
NH White women	73.0	65.6	80.4	38.5	27.1	50.0	58.6	45.3	71.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	44.6	24.4	64.8	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	64.1	52.3	76.0	50.4	38.0	62.8	56.5	43.5	69.5
45-64	64.9	56.4	73.3	29.0	18.1	39.8	58.8	47.6	70.1
65 and older	56.9	47.9	65.9	15.6	8.7	22.6	61.6	50.6	72.5
<b>Marital Status</b>									
Never married	58.4	34.2	82.6	61.7	40.5	82.9	73.7	56.2	91.3
Married/ living together as a couple	67.8	61.1	74.5	36.2	27.9	44.6	59.6	50.1	69.2
Divorced/ widowed/separated	51.3	39.6	63.0	21.6	13.3	29.9	46.3	32.3	60.4
<b>Education</b>									
0-11 years	40.3	27.4	53.1	21.2	9.5	33.0	31.3	16.1	46.6
HS Grad/GED	62.3	51.8	72.8	29.1	18.9	39.4	55.7	42.5	68.8
1 or more years of college	71.3	62.9	79.7	46.7	37.2	56.2	68.5	58.4	78.6
<b>Employment</b>									
Employed for wages	65.0	56.1	73.8	45.7	36.6	54.9	59.9	50.0	69.8
<b>Household Income</b>									
\$24,999 or less	48.6	36.4	60.7	20.4	12.6	28.1	34.3	22.7	45.9
\$25,000 – 49,999	68.0	58.2	77.9	37.4	24.8	50.0	59.5	45.7	73.3
\$50,000 or more	85.2	76.8	93.6	61.1	47.9	74.4	83.3	74.1	92.5
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
<b>All</b>	39.4	33.0	45.8	74.6	64.2	85.0	20.7	14.9	26.5
<b>Sex</b>									
Men	37.7	29.6	45.7	72.2	60.7	83.8	17.4	11.5	23.4
Women	41.2	31.2	51.1	76.9	59.5	94.3	24.1	14.4	33.9
<b>Race/ethnicity</b>									
NH White	37.6	30.3	45.0	74.6	61.4	87.7	20.6	13.7	27.4
NH Black	56.5	37.9	75.0	75.0	57.6	92.4	26.0	12.0	40.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	36.0	27.9	44.1	72.3	59.0	85.6	18.0	11.5	24.5
NH White women	39.3	27.1	51.5	76.7	54.1	99.3	23.2	11.2	35.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	56.5	36.2	76.7	.	.	.	32.5	14.0	51.1
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	26.0	13.7	38.4	68.6	45.1	92.2	20.8	8.5	33.1
45-64	43.6	33.6	53.5	66.3	45.9	86.7	19.2	13.0	25.4
65 and older	58.3	49.5	67.1	88.0	80.4	95.7	23.6	15.9	31.2
<b>Marital Status</b>									
Never married	24.8	8.1	41.5	.	.	.	25.7	6.9	44.4
Married/ living together as a couple	40.3	31.8	48.9	70.3	55.5	85.2	19.8	11.8	27.9
Divorced/ widowed/separated	43.4	32.6	54.3	84.4	74.4	94.3	21.3	13.9	28.6
<b>Education</b>									
0-11 years	52.9	39.7	66.1	77.7	62.4	92.9	20.1	10.2	30.0
HS Grad/GED	40.3	29.1	51.5	75.5	62.2	88.8	28.2	16.7	39.8
1 or more years of college	33.8	24.6	43.0	71.8	49.6	94.0	13.4	8.7	18.1
<b>Employment</b>									
Employed for wages	33.7	24.8	42.6	54.1	36.2	72.1	16.9	11.1	22.7
<b>Household Income</b>									
\$24,999 or less	46.6	34.6	58.7	81.5	70.5	92.5	29.9	16.9	42.8
\$25,000 – 49,999	37.2	24.7	49.8	59.8	31.6	88.0	17.3	10.0	24.6
\$50,000 or more	27.4	16.2	38.7	.	.	.	20.0	9.8	30.2

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
<b>All</b>	80.8	75.6	86.1	85.6	79.8	91.4	41.3	34.0	48.6
<b>Sex</b>									
Men	76.9	68.2	85.6	83.1	75.9	90.2	34.8	26.4	43.2
Women	84.9	79.7	90.2	87.9	78.8	97.1	47.5	36.4	58.6
<b>Race/ethnicity</b>									
NH White	82.5	77.8	87.1	83.5	76.5	90.5	41.4	33.1	49.8
NH Black	80.0	66.7	93.3	97.0	91.0	100.0	35.1	17.1	53.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	77.8	70.4	85.3	81.2	72.9	89.5	35.1	26.2	44.0
NH White women	87.3	82.5	92.2	85.6	74.5	96.7	47.3	34.3	60.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	74.1	54.8	93.4	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	68.1	57.0	79.3	83.7	74.5	92.9	23.2	6.4	40.0
45-64	88.4	82.6	94.3	81.7	69.4	94.1	51.7	41.4	61.9
65 and older	92.5	87.6	97.3	93.1	88.2	97.9	51.3	41.9	60.7
<b>Marital Status</b>									
Never married	62.0	40.6	83.4	.	.	.	.	.	.
Married/ living together as a couple	84.1	79.1	89.1	82.9	74.9	91.0	44.1	34.5	53.6
Divorced/ widowed/separated	79.9	65.7	94.1	93.4	89.5	97.3	41.3	31.9	50.8
<b>Education</b>									
0-11 years	85.9	77.0	94.7	99.4	98.3	100.0	39.6	25.8	53.4
HS Grad/GED	76.0	65.8	86.2	88.6	82.1	95.2	47.5	34.8	60.3
1 or more years of college	84.0	78.2	89.8	77.8	66.7	88.8	36.1	25.6	46.6
<b>Employment</b>									
Employed for wages	71.7	62.8	80.6	76.7	65.6	87.7	32.5	21.9	43.2
<b>Household Income</b>									
\$24,999 or less	73.9	62.5	85.3	84.6	77.0	92.3	53.5	40.6	66.4
\$25,000 – 49,999	83.0	75.6	90.3	79.5	63.3	95.7	40.4	26.1	54.8
\$50,000 or more	80.8	69.3	92.3	89.1	79.6	98.5	30.1	17.1	43.1

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
<b>All</b>	10.3	7.4	13.3	61.5	46.6	76.3	11.1	5.7	16.5
<b>Sex</b>									
Men	8.7	4.5	12.9	.	.	.	8.6	4.6	12.7
Women	12.1	7.9	16.2	66.8	49.6	84.0	13.7	3.7	23.6
<b>Race/ethnicity</b>									
NH White	9.8	6.7	12.9	62.3	45.8	78.9	9.5	3.0	16.1
NH Black	8.8	0.9	16.7	.	.	.	18.2	6.1	30.4
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	9.1	4.2	14.0	.	.	.	6.2	2.8	9.6
NH White women	10.5	6.4	14.5	74.3	58.3	90.3	12.9	0.5	25.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	15.3	0.9	29.7	.	.	.	15.3	2.1	28.5
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	11.1	5.8	16.4	.	.	.	9.1	0.0	21.1
45-64	10.5	5.8	15.2	.	.	.	9.0	4.9	13.1
65 and older	9.2	4.4	14.0	.	.	.	18.2	10.9	25.5
<b>Marital Status</b>									
Never married	5.6	0.0	11.7	.	.	.	8.3	0.0	18.6
Married/ living together as a couple	10.5	6.6	14.4	55.2	35.0	75.4	10.9	3.0	18.7
Divorced/ widowed/separated	12.0	6.6	17.5	.	.	.	13.0	6.6	19.4
<b>Education</b>									
0-11 years	15.5	6.3	24.7	.	.	.	14.8	6.5	23.1
HS Grad/GED	8.7	4.5	13.0	.	.	.	15.6	4.2	27.0
1 or more years of college	10.2	5.9	14.5	.	.	.	5.2	2.3	8.1
<b>Employment</b>									
Employed for wages	11.6	6.9	16.2	.	.	.	3.6	0.9	6.2
<b>Household Income</b>									
\$24,999 or less	9.4	5.0	13.7	.	.	.	17.9	4.4	31.5
\$25,000 – 49,999	9.7	3.9	15.4	.	.	.	6.0	1.7	10.3
\$50,000 or more	10.6	3.7	17.6	.	.	.	6.9	1.6	12.3

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	22.8	17.0	28.7	28.7	22.6	34.7	27.0	21.0	33.1
<b>Sex</b>									
Men	19.9	13.6	26.1	24.1	17.2	30.9	24.5	17.3	31.7
Women	25.9	16.1	35.6	33.3	23.7	42.9	29.5	19.9	39.2
<b>Race/ethnicity</b>									
NH White	22.6	15.7	29.5	27.4	20.5	34.4	27.6	20.6	34.7
NH Black	28.2	13.7	42.7	41.3	24.1	58.4	29.4	14.1	44.6
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	19.3	12.7	26.0	24.0	16.7	31.2	25.9	18.2	33.7
NH White women	25.9	14.0	37.8	31.0	19.3	42.6	29.3	17.7	41.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	37.0	17.8	56.3	49.4	29.4	69.5	31.8	13.6	49.9
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	17.4	5.3	29.6	24.0	11.7	36.2	23.2	10.8	35.5
45-64	26.0	18.6	33.5	26.3	18.9	33.7	28.9	21.0	36.9
65 and older	28.1	19.6	36.7	41.6	32.6	50.7	32.2	23.5	40.9
<b>Marital Status</b>									
Never married	21.5	4.7	38.3	21.0	4.4	37.6	20.6	4.5	36.6
Married/ living together as a couple	23.5	15.4	31.6	28.6	20.4	36.7	26.6	18.3	34.8
Divorced/ widowed/separated	21.4	13.4	29.3	31.7	22.0	41.3	30.5	20.9	40.1
<b>Education</b>									
0-11 years	24.2	13.2	35.3	43.8	30.7	56.9	33.5	20.5	46.6
HS Grad/GED	27.5	16.0	39.1	31.8	20.3	43.3	30.6	19.0	42.2
1 or more years of college	17.7	11.8	23.5	20.3	14.2	26.4	21.1	14.8	27.4
<b>Employment</b>									
Employed for wages	17.1	11.5	22.7	22.3	15.8	28.9	22.3	15.6	28.9
<b>Household Income</b>									
\$24,999 or less	27.6	14.3	40.9	38.7	26.2	51.3	30.8	17.8	43.9
\$25,000 – 49,999	17.2	10.4	24.1	27.8	18.3	37.2	26.9	17.6	36.2
\$50,000 or more	24.7	13.3	36.0	24.1	12.9	35.3	24.0	12.9	35.1

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
<b>All</b>	34.2	27.9	40.6	7.3	3.1	11.4	25.0	19.0	30.9
<b>Sex</b>									
Men	34.0	25.3	42.7	10.4	2.6	18.2	22.1	15.4	28.9
Women	34.5	25.0	44.0	4.1	2.0	6.1	27.8	18.1	37.4
<b>Race/ethnicity</b>									
NH White	33.3	26.5	40.2	6.2	3.6	8.7	28.4	21.4	35.4
NH Black	30.0	14.7	45.3	3.5	0.0	8.8	11.9	1.7	22.1
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	29.7	22.2	37.2	7.5	3.1	12.0	25.0	17.4	32.5
NH White women	37.0	25.6	48.3	4.8	2.3	7.2	31.8	20.1	43.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	24.7	7.7	41.7	2.4	0.0	7.2	10.6	0.0	22.2
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	25.4	11.9	38.9	8.1	0.0	17.2	19.4	6.8	32.0
45-64	26.7	19.4	34.0	5.4	2.0	8.9	14.4	9.0	19.8
65 and older	60.3	51.6	69.0	8.8	3.8	13.8	49.8	40.7	58.9
<b>Marital Status</b>									
Never married	17.1	1.7	32.5	0.4	0.0	1.1	17.3	2.2	32.4
Married/ living together as a couple	36.4	28.3	44.5	6.8	3.6	10.0	24.9	16.6	33.1
Divorced/ widowed/separated	35.6	23.0	48.2	11.5	0.0	25.9	28.4	19.5	37.4
<b>Education</b>									
0-11 years	33.2	21.1	45.4	4.1	0.0	9.9	33.5	20.5	46.6
HS Grad/GED	38.6	26.7	50.5	9.8	1.0	18.6	23.5	12.0	34.9
1 or more years of college	30.1	22.9	37.3	5.8	2.5	9.1	23.6	17.0	30.2
<b>Employment</b>									
Employed for wages	26.0	17.5	34.6	9.7	1.8	17.5	13.5	7.9	19.1
<b>Household Income</b>									
\$24,999 or less	41.8	28.8	54.8	11.5	0.9	22.1	33.8	20.7	46.9
\$25,000 – 49,999	26.0	17.3	34.8	4.9	0.6	9.2	21.7	13.3	30.0
\$50,000 or more	32.0	19.9	44.1	6.6	0.9	12.2	12.0	4.6	19.5

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	80.7	73.9	87.4	94.7	90.4	99.1	83.3	76.7	89.8
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	80.7	73.9	87.4	94.7	90.4	99.1	83.3	76.7	89.8
<b>Race/ethnicity</b>									
NH White	81.7	74.6	88.8	96.6	93.6	99.5	82.7	75.5	89.9
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	81.7	74.6	88.8	96.6	93.6	99.5	82.7	75.5	89.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	93.0	84.8	100.0	85.3	74.8	95.7
45-64	78.1	67.6	88.6	98.2	94.6	100.0	87.3	77.9	96.7
65 and older	83.4	75.8	91.0	96.2	90.4	100.0	73.4	59.2	87.6
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	81.7	73.1	90.3	96.9	93.0	100.0	85.1	77.4	92.8
Divorced/ widowed/separated	79.5	69.0	90.0	96.7	91.8	100.0	81.0	70.4	91.6
<b>Education</b>									
0-11 years	78.6	60.0	97.2	.	.	.	.	.	.
HS Grad/GED	80.4	69.5	91.2	91.8	82.8	100.0	79.8	67.2	92.5
1 or more years of college	81.9	72.7	91.1	97.6	94.3	100.0	86.0	78.3	93.7
<b>Employment</b>									
Employed for wages	79.7	68.1	91.2	93.6	85.5	100.0	82.9	73.2	92.6
<b>Household Income</b>									
\$24,999 or less	78.4	67.2	89.6	97.2	93.5	100.0	85.1	74.3	96.0
\$25,000 – 49,999	79.2	65.0	93.4	96.4	91.4	100.0	89.7	81.5	97.8
\$50,000 or more	.	.	.	86.9	67.2	100.0	70.5	48.6	92.4

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	42.2	34.6	49.9	29.5	21.6	37.4	51.5	44.0	58.9
<b>Sex</b>									
Men	37.8	28.0	47.6	24.7	16.0	33.5	52.7	42.7	62.6
Women	46.1	34.9	57.3	33.7	21.4	46.0	50.4	39.5	61.3
<b>Race/ethnicity</b>									
NH White	46.7	38.3	55.1	31.8	22.7	40.9	54.0	45.6	62.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	41.5	30.7	52.2	25.8	16.1	35.5	52.5	41.8	63.2
NH White women	51.6	39.3	63.8	37.5	23.2	51.8	55.4	42.3	68.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	44.1	32.1	56.1	31.9	19.0	44.8	43.0	32.3	53.8
65 and older	40.1	31.3	48.9	26.7	18.8	34.6	61.0	52.3	69.6
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	44.9	34.9	54.9	30.8	20.2	41.4	52.3	42.5	62.2
Divorced/ widowed/separated	36.6	26.5	46.8	26.3	16.7	35.9	48.8	37.9	59.7
<b>Education</b>									
0-11 years	34.4	20.0	48.8	24.0	11.3	36.6	52.8	37.0	68.5
HS Grad/GED	38.2	28.1	48.3	25.2	16.6	33.8	52.5	41.8	63.1
1 or more years of college	48.6	35.9	61.2	35.1	20.8	49.4	50.1	37.5	62.7
<b>Employment</b>									
Employed for wages	45.9	27.6	64.2	38.4	18.8	58.0	35.7	21.1	50.3
<b>Household Income</b>									
\$24,999 or less	32.0	22.9	41.2	21.7	13.9	29.5	56.3	46.0	66.5
\$25,000 – 49,999	51.3	34.0	68.7	36.7	16.4	56.9	38.6	23.5	53.7
\$50,000 or more	46.6	30.0	63.1	30.2	14.9	45.5	54.3	38.0	70.6

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		47.9	39.9	55.9	65.8	54.4	77.3	11.7	3.7	19.7
<b>Sex</b>	Men	46.4	35.4	57.4	68.8	50.7	86.8	9.5	1.0	18.0
	Women	49.4	37.7	61.2	62.2	49.5	74.9	14.3	0.4	28.2
<b>Race/ethnicity</b>	NH White	44.1	35.5	52.7	58.1	45.8	70.3	7.9	0.0	16.6
	NH Black	56.8	29.6	83.9	.	.	.	46.2	19.9	72.5
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	41.1	30.9	51.3	.	.	.	3.1	0.0	6.6
	NH White women	47.3	33.2	61.4	55.3	41.1	69.5	13.4	0.0	30.8
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	63.2	51.7	74.7	68.5	55.0	82.0	19.3	5.5	33.2
	45-64	30.6	22.4	38.9	55.6	35.2	76.0	2.7	0.1	5.2
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	39.1	17.3	61.0	.	.	.	37.7	11.0	64.5
	Married/ living together as a couple	47.0	37.2	56.8	58.6	44.5	72.7	9.0	0.0	19.2
	Divorced/ widowed/A80separated	56.7	40.5	72.9	71.7	46.8	96.5	4.1	0.1	8.0
<b>Education</b>	0-11 years	50.8	31.6	70.0	.	.	.	2.1	0.0	6.3
	HS Grad/GED	52.0	39.0	65.0	72.2	54.7	89.7	17.6	3.0	32.3
	1 or more years of college	42.9	32.3	53.4	53.1	36.9	69.4	8.1	0.0	17.5
<b>Employment</b>	Employed for wages	48.7	39.2	58.2	68.0	53.9	82.0	7.3	2.9	11.6
<b>Household Income</b>	\$24,999 or less	63.1	49.6	76.5	70.0	51.3	88.8	18.8	0.0	37.8
	\$25,000 – 49,999	33.3	21.5	45.1	.	.	.	3.9	0.0	8.0
	\$50,000 or more	42.1	28.7	55.5	.	.	.	4.9	0.0	11.7

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:  
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