

# Prevalence of Major Behavioral Risk Factors in Holmes County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Holmes County, 518 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Holmes County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
<b>All</b>	18,564	15,982,378	24.6	20.0	29.3	55.1	47.4	62.8
<b>Sex</b>								
Men	53.0%	48.8%	26.9	19.0	34.8	45.0	33.7	56.2
Women	47.0%	51.2%	22.3	17.1	27.5	67.2	57.8	76.6
<b>Race/ethnicity</b>								
NH White	88.9%	65.4%	22.2	17.6	26.8	56.3	48.3	64.4
NH Black	6.4%	14.2%	.	.	.	.	.	.
Hispanic	1.9%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	44.9%	31.9%	23.1	15.6	30.7	45.1	33.2	57.0
NH White women	43.9%	33.6%	21.2	15.7	26.7	70.0	60.9	79.2
NH Black men	5.2%	6.8%	.	.	.	.	.	.
NH Black women	1.2%	7.4%	.	.	.	.	.	.
Hispanic men	1.3%	8.4%	.	.	.	.	.	.
Hispanic women	0.6%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	38.1%	36.9%	12.2	6.5	17.9	49.8	38.8	60.7
45-64	24.0%	22.7%	31.6	24.3	39.0	61.3	50.5	72.2
65 and older	14.8%	17.6%	39.5	28.0	50.9	.	.	.
<b>Marital Status</b>								
Never married	19.6%	22.5%	19.0	4.3	33.7	.	.	.
Married/ living together as a couple	55.2%	53.7%	24.6	18.4	30.8	59.8	50.3	69.2
Divorced/ widowed/separated	25.3%	23.8%	26.8	19.4	34.2	53.7	39.8	67.7
<b>Education</b>								
0-11 years	34.8%	20.1%	48.5	36.7	60.4	50.3	30.0	70.6
HS Grad/GED	37.8%	28.7%	20.4	14.2	26.6	47.9	35.9	59.9
1 or more years of college	27.4%	51.1%	15.5	9.3	21.7	65.6	55.0	76.2
<b>Employment</b>								
Employed for wages	46.8%	54.9%	12.3	7.5	17.1	55.1	47.4	62.8
<b>Household Income</b>								
\$24,999 or less	45.8%	30.8%	36.2	28.0	44.4	50.6	37.5	63.6
\$25,000 – 49,999	32.1%	31.6%	15.0	8.4	21.6	50.2	37.8	62.6
\$50,000 or more	22.0%	37.6%	11.0	2.7	19.3	69.2	50.9	87.5

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	32.5	27.2	37.8	57.0	51.2	62.8	79.9	75.3	84.5
<b>Sex</b>									
Men	28.9	20.6	37.2	51.4	41.3	61.5	73.7	65.5	81.8
Women	36.1	29.8	42.4	62.7	56.3	69.1	86.3	81.7	90.9
<b>Race/ethnicity</b>									
NH White	29.4	24.2	34.7	57.4	51.1	63.6	79.7	74.7	84.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	24.7	16.8	32.6	51.5	40.6	62.5	72.9	63.9	81.9
NH White women	34.2	27.7	40.6	63.3	56.6	70.1	86.7	82.1	91.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	22.8	15.2	30.3	51.9	41.1	62.7	70.7	61.4	79.9
45-64	39.6	31.6	47.6	59.8	51.6	68.0	83.8	78.0	89.5
65 and older	40.9	29.3	52.5	63.0	52.3	73.8	92.8	87.8	97.9
<b>Marital Status</b>									
Never married	30.6	9.7	51.6	51.1	27.6	74.6	80.4	62.2	98.6
Married/ living together as a couple	30.1	23.3	36.8	58.5	51.0	66.0	81.2	75.6	86.9
Divorced/ widowed/separated	39.2	30.8	47.5	54.6	45.6	63.5	76.1	67.2	85.1
<b>Education</b>									
0-11 years	45.5	33.8	57.3	63.9	53.1	74.6	81.6	72.8	90.4
HS Grad/GED	36.1	28.3	43.9	52.2	43.8	60.6	79.5	72.0	87.1
1 or more years of college	20.3	13.2	27.4	60.0	49.0	70.9	80.1	72.4	87.7
<b>Employment</b>									
Employed for wages	23.7	17.3	30.2	51.5	42.3	60.8	74.0	66.5	81.5
<b>Household Income</b>									
\$24,999 or less	40.1	31.8	48.4	53.3	45.0	61.6	83.1	76.7	89.6
\$25,000 – 49,999	27.2	18.9	35.4	53.9	44.2	63.5	73.9	65.0	82.8
\$50,000 or more	21.0	9.9	32.2	53.6	36.7	70.4	75.7	60.1	91.3
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	34.0	28.6	39.4	33.2	26.9	39.6	76.5	70.2	82.9
<b>Sex</b>									
Men	40.5	31.1	50.0	35.4	24.4	46.4	78.7	67.1	90.4
Women	27.5	21.8	33.2	31.1	24.8	37.3	74.3	68.5	80.2
<b>Race/ethnicity</b>									
NH White	33.6	28.0	39.3	32.5	25.5	39.4	75.8	68.8	82.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	38.1	28.2	48.0	38.2	26.2	50.1	75.9	63.1	88.7
NH White women	29.2	23.1	35.4	26.8	20.7	33.0	75.7	69.7	81.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	26.0	17.5	34.4	37.7	25.9	49.5	72.7	60.1	85.2
45-64	35.3	27.6	42.9	30.8	23.2	38.4	81.0	74.4	87.6
65 and older	48.4	36.9	59.9	28.4	17.9	39.0	77.7	69.1	86.3
<b>Marital Status</b>									
Never married	31.2	8.4	53.9	30.5	10.5	50.5	53.5	29.9	77.2
Married/ living together as a couple	33.9	26.9	40.9	37.2	28.7	45.8	77.5	68.8	86.2
Divorced/ widowed/separated	35.5	27.2	43.9	22.4	15.6	29.2	81.1	74.7	87.5
<b>Education</b>									
0-11 years	38.9	27.3	50.6	41.4	29.9	52.8	78.8	68.8	88.7
HS Grad/GED	32.1	24.3	40.0	24.5	17.3	31.7	79.7	73.1	86.3
1 or more years of college	33.1	23.4	42.8	39.9	26.4	53.4	70.4	55.8	85.1
<b>Employment</b>									
Employed for wages	31.9	24.0	39.9	35.9	25.7	46.2	72.7	61.9	83.5
<b>Household Income</b>									
\$24,999 or less	36.1	28.1	44.1	25.7	18.5	32.9	81.8	76.0	87.6
\$25,000 – 49,999	40.9	31.3	50.6	34.1	24.9	43.2	75.9	66.9	84.8
\$50,000 or more	23.9	9.9	37.9	40.9	24.5	57.3	71.5	56.2	86.9

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
	<b>All</b>	25.6	20.8	30.3	54.1	43.7	64.5	11.9	8.0
<b>Sex</b>									
Men	27.0	18.9	35.1	43.6	27.5	59.7	19.3	11.9	26.7
Women	24.2	18.9	29.4	65.9	54.9	76.8	4.4	2.1	6.7
<b>Race/ethnicity</b>									
NH White	23.9	19.0	28.9	54.5	43.2	65.8	11.3	7.1	15.6
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	24.8	16.4	33.3	47.1	28.4	65.7	18.2	10.2	26.2
NH White women	23.0	17.8	28.2	62.6	50.9	74.4	4.5	2.0	7.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	29.5	20.7	38.3	50.4	34.1	66.7	15.7	8.1	23.3
45-64	30.1	22.7	37.4	51.7	37.1	66.4	12.7	7.1	18.3
65 and older	10.5	4.6	16.3	.	.	.	2.3	0.0	5.0
<b>Marital Status</b>									
Never married	34.6	11.4	57.8	.	.	.	6.3	0.0	14.7
Married/ living together as a couple	21.5	15.9	27.0	58.6	44.7	72.4	10.3	5.5	15.1
Divorced/ widowed/separated	34.0	25.4	42.7	47.5	31.2	63.8	17.9	9.9	26.0
<b>Education</b>									
0-11 years	33.5	22.6	44.4	66.6	46.5	86.8	12.1	5.0	19.2
HS Grad/GED	28.3	20.8	35.8	51.0	35.1	67.0	11.5	4.8	18.2
1 or more years of college	16.5	10.2	22.7	48.0	29.9	66.2	12.4	6.1	18.8
<b>Employment</b>									
Employed for wages	28.6	21.2	36.0	51.4	37.4	65.4	14.9	8.6	21.1
<b>Household Income</b>									
\$24,999 or less	30.9	23.4	38.4	57.7	43.1	72.3	14.5	8.1	21.0
\$25,000 – 49,999	25.7	17.1	34.4	47.1	27.1	67.1	11.1	3.8	18.4
\$50,000 or more	20.4	7.7	33.2	.	.	.	16.1	1.8	30.3
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
	<b>All</b>	29.3	24.1	34.6	27.7	21.2	34.3	10.1	7.2
<b>Sex</b>									
Men	30.6	21.8	39.4	35.5	24.4	46.6	6.1	2.5	9.6
Women	28.1	22.2	34.0	20.0	14.3	25.6	14.2	9.7	18.6
<b>Race/ethnicity</b>									
NH White	28.8	23.4	34.3	28.0	20.9	35.1	9.7	6.6	12.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	28.8	19.9	37.7	36.6	24.4	48.7	6.3	2.3	10.2
NH White women	28.9	22.6	35.2	19.5	13.7	25.3	13.1	8.5	17.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	34.8	25.4	44.1	37.5	25.6	49.5	8.7	4.1	13.2
45-64	34.8	26.7	42.8	25.4	18.1	32.7	13.1	8.2	18.0
65 and older	9.9	0.0	19.7	11.8	3.1	20.4	8.4	2.4	14.4
<b>Marital Status</b>									
Never married	39.0	15.5	62.5	49.5	25.6	73.3	0.8	0.0	2.6
Married/ living together as a couple	26.2	19.8	32.6	24.5	15.7	33.3	11.0	7.0	14.9
Divorced/ widowed/separated	35.2	26.2	44.2	30.1	21.1	39.1	10.8	6.0	15.6
<b>Education</b>									
0-11 years	48.7	36.9	60.5	30.4	19.3	41.6	21.8	12.5	31.0
HS Grad/GED	28.1	20.6	35.5	25.5	18.1	32.9	7.0	3.5	10.5
1 or more years of college	18.4	11.1	25.6	28.5	13.5	43.5	6.8	2.9	10.6
<b>Employment</b>									
Employed for wages	31.8	24.1	39.5	34.1	23.7	44.4	4.8	2.2	7.4
<b>Household Income</b>									
\$24,999 or less	38.0	29.5	46.4	23.4	16.1	30.7	15.4	10.2	20.7
\$25,000 – 49,999	24.3	16.1	32.5	26.7	17.7	35.7	5.9	1.7	10.0
\$50,000 or more	24.7	9.0	40.4	26.1	10.9	41.4	.	.	.

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	60.9	55.3	66.6	33.9	27.6	40.3	59.8	53.3
<b>Sex</b>									
Men	61.5	52.2	70.7	31.8	20.6	42.9	56.6	45.3	67.8
Women	60.4	53.9	66.9	36.1	29.7	42.6	62.9	56.0	69.8
<b>Race/ethnicity</b>									
NH White	62.9	57.0	68.7	35.6	28.7	42.4	61.9	55.3	68.5
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	63.2	53.5	72.8	34.2	22.0	46.4	59.7	48.3	71.2
NH White women	62.5	55.8	69.3	36.9	30.1	43.7	64.1	56.9	71.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	74.3	66.2	82.4	59.8	49.7	70.0	67.7	58.4	77.1
45-64	52.6	44.5	60.8	17.6	11.7	23.5	50.3	41.2	59.4
65 and older	46.6	35.3	58.0	7.7	1.8	13.6	55.4	39.0	71.8
<b>Marital Status</b>									
Never married	80.0	64.5	95.5	70.6	52.3	88.8	.	.	.
Married/ living together as a couple	62.4	55.1	69.8	33.3	24.9	41.7	61.9	53.7	70.0
Divorced/ widowed/separated	50.5	41.6	59.3	23.8	16.3	31.4	45.4	35.0	55.7
<b>Education</b>									
0-11 years	40.2	29.0	51.5	22.1	11.7	32.5	39.1	24.6	53.6
HS Grad/GED	61.8	53.7	69.8	29.8	22.2	37.4	56.7	47.5	65.9
1 or more years of college	73.4	64.6	82.2	47.7	35.2	60.2	73.6	64.9	82.4
<b>Employment</b>									
Employed for wages	70.9	63.8	78.1	44.6	34.9	54.3	66.4	58.2	74.6
<b>Household Income</b>									
\$24,999 or less	45.3	37.1	53.5	23.9	17.0	30.8	38.2	28.9	47.5
\$25,000 – 49,999	72.5	63.8	81.2	34.6	25.6	43.5	67.2	58.0	76.5
\$50,000 or more	85.3	74.5	96.1	49.5	32.8	66.1	88.9	78.9	98.8
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	36.8	30.4	43.1	77.7	63.3	92.1	16.7	12.8
<b>Sex</b>									
Men	44.5	33.9	55.0	70.3	48.3	92.2	13.2	7.9	18.6
Women	29.1	23.1	35.1	89.0	82.4	95.6	20.1	14.8	25.4
<b>Race/ethnicity</b>									
NH White	34.9	28.0	41.8	74.8	58.2	91.4	15.3	11.4	19.2
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	43.4	31.8	54.9	67.8	43.1	92.4	12.5	6.8	18.2
NH White women	26.4	20.5	32.3	86.2	78.2	94.3	18.1	13.0	23.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	20.9	8.0	33.8	.	.	.	15.7	9.5	21.8
45-64	44.4	36.2	52.6	82.8	73.1	92.4	20.9	14.1	27.8
65 and older	56.4	45.2	67.6	93.0	87.3	98.6	12.1	6.3	17.9
<b>Marital Status</b>									
Never married	27.5	6.9	48.1	.	.	.	14.8	0.0	30.7
Married/ living together as a couple	37.8	29.2	46.3	74.7	54.8	94.6	17.7	12.6	22.8
Divorced/ widowed/separated	36.8	28.5	45.2	83.4	71.9	94.9	13.7	8.3	19.1
<b>Education</b>									
0-11 years	52.1	40.5	63.6	81.8	70.6	93.1	25.3	15.4	35.3
HS Grad/GED	26.7	19.4	33.9	91.9	83.9	99.9	14.7	9.4	20.1
1 or more years of college	39.7	26.1	53.3	61.3	30.1	92.5	13.8	7.7	19.8
<b>Employment</b>									
Employed for wages	28.9	18.2	39.5	65.5	35.6	95.4	14.1	9.0	19.2
<b>Household Income</b>									
\$24,999 or less	37.6	29.5	45.7	81.1	70.7	91.5	13.5	8.5	18.5
\$25,000 – 49,999	35.3	25.8	44.7	82.4	71.3	93.5	14.7	8.9	20.5
\$50,000 or more	28.2	12.2	44.2	.	.	.	25.4	10.4	40.5

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
<b>All</b>	72.8	66.3	79.4	90.2	87.2	93.2	39.5	33.6	45.5
<b>Sex</b>									
Men	66.3	55.0	77.6	94.6	91.4	97.8	41.7	31.8	51.6
Women	79.5	74.4	84.6	86.3	81.5	91.2	37.7	30.5	44.9
<b>Race/ethnicity</b>									
NH White	71.9	64.8	79.1	90.6	87.4	93.8	37.9	31.8	44.0
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	64.5	52.2	76.8	94.9	91.5	98.4	37.4	27.3	47.4
NH White women	79.4	73.9	84.9	86.9	81.9	92.0	38.4	30.7	46.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	54.9	43.5	66.2	90.5	85.1	95.8	25.5	15.6	35.5
45-64	82.7	76.1	89.3	86.2	80.5	92.0	43.5	34.7	52.2
65 and older	94.2	89.8	98.6	95.4	91.9	99.0	51.1	38.9	63.2
<b>Marital Status</b>									
Never married	55.1	31.1	79.1	.	.	.	.	.	.
Married/ living together as a couple	77.0	68.1	85.8	90.9	87.3	94.6	41.3	33.7	48.9
Divorced/ widowed/separated	67.2	58.0	76.5	87.1	80.8	93.3	42.1	32.7	51.5
<b>Education</b>									
0-11 years	82.6	73.1	92.0	91.5	85.8	97.2	51.8	38.9	64.6
HS Grad/GED	71.5	63.7	79.3	88.9	83.9	94.0	34.6	25.6	43.5
1 or more years of college	68.7	54.1	83.3	90.6	85.3	95.9	36.0	26.5	45.5
<b>Employment</b>									
Employed for wages	67.3	56.9	77.6	87.6	82.6	92.6	30.1	22.2	38.0
<b>Household Income</b>									
\$24,999 or less	71.9	64.1	79.7	89.9	85.0	94.8	46.4	36.7	56.1
\$25,000 – 49,999	77.2	68.9	85.5	90.0	84.6	95.4	35.4	25.3	45.5
\$50,000 or more	79.1	65.4	92.8	93.5	86.2	100.0	22.6	6.3	38.9

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
<b>All</b>	13.6	7.4	19.8	47.2	21.0	73.3	13.4	9.6	17.2
<b>Sex</b>									
Men	13.9	2.4	25.4	.	.	.	14.5	8.6	20.5
Women	13.3	8.8	17.9	72.8	56.9	88.8	12.3	7.6	17.1
<b>Race/ethnicity</b>									
NH White	13.6	6.6	20.6	40.9	14.0	67.8	12.1	8.3	15.9
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	14.1	1.1	27.1	.	.	.	14.3	7.9	20.7
NH White women	13.1	8.1	18.1	71.3	52.7	89.8	9.9	5.5	14.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	17.3	4.6	30.1	.	.	.	5.0	1.3	8.7
45-64	9.4	5.3	13.5	.	.	.	18.7	11.6	25.9
65 and older	13.0	4.9	21.0	.	.	.	22.3	12.7	31.9
<b>Marital Status</b>									
Never married	10.5	0.0	21.1	.	.	.	1.9	0.0	4.9
Married/ living together as a couple	12.7	3.9	21.6	.	.	.	15.3	10.1	20.5
Divorced/ widowed/separated	16.9	10.3	23.5	49.6	27.2	71.9	11.6	6.2	16.9
<b>Education</b>									
0-11 years	15.0	7.7	22.3	.	.	.	16.0	7.4	24.7
HS Grad/GED	8.7	3.7	13.6	.	.	.	14.6	8.5	20.6
1 or more years of college	19.5	3.9	35.1	.	.	.	10.4	4.9	16.0
<b>Employment</b>									
Employed for wages	14.4	3.4	25.5	.	.	.	7.9	3.8	12.0
<b>Household Income</b>									
\$24,999 or less	12.9	7.3	18.5	64.0	41.6	86.5	13.8	8.0	19.6
\$25,000 – 49,999	8.1	3.3	12.9	.	.	.	15.3	8.1	22.4
\$50,000 or more	8.0	1.0	15.0	.	.	.	10.1	0.8	19.5

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	21.5	15.2	27.9	27.6	21.2	33.9	28.2	21.8	34.6
<b>Sex</b>									
Men	25.8	14.5	37.1	31.7	20.6	42.9	31.0	19.9	42.2
Women	17.2	12.4	22.0	23.4	18.1	28.6	25.3	19.7	30.9
<b>Race/ethnicity</b>									
NH White	21.7	14.7	28.8	28.2	21.2	35.2	27.5	20.6	34.5
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	26.2	13.6	38.8	33.4	21.1	45.6	28.6	16.1	41.0
NH White women	17.3	12.2	22.4	23.0	17.5	28.6	26.5	20.5	32.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	17.9	5.0	30.9	27.9	15.4	40.5	26.7	14.2	39.2
45-64	27.3	19.8	34.7	26.3	19.3	33.4	32.1	24.2	40.0
65 and older	20.0	10.9	29.0	29.3	19.2	39.3	25.3	15.6	35.0
<b>Marital Status</b>									
Never married	16.1	0.0	32.7	17.5	3.1	31.8	18.7	0.4	37.0
Married/ living together as a couple	25.8	17.1	34.4	32.5	23.9	41.1	32.7	24.1	41.3
Divorced/ widowed/separated	11.2	5.8	16.6	16.7	10.8	22.6	18.3	12.0	24.7
<b>Education</b>									
0-11 years	25.1	15.8	34.5	34.1	23.6	44.6	28.8	18.5	39.2
HS Grad/GED	13.8	8.7	19.0	22.1	15.5	28.6	24.0	17.2	30.8
1 or more years of college	29.4	14.4	44.3	30.9	16.1	45.7	33.7	19.3	48.0
<b>Employment</b>									
Employed for wages	21.2	10.3	32.1	28.9	18.3	39.6	29.7	19.2	40.2
<b>Household Income</b>									
\$24,999 or less	17.2	11.4	22.9	28.3	21.2	35.5	19.5	13.3	25.6
\$25,000 – 49,999	15.0	8.4	21.6	20.5	12.4	28.5	27.1	18.4	35.8
\$50,000 or more	30.6	13.7	47.5	26.9	11.3	42.6	39.2	22.7	55.7

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
	<b>All</b>	23.9	19.3	28.4	4.5	2.5	6.6	27.2	20.8
<b>Sex</b>									
Men	21.2	14.3	28.2	4.1	1.5	6.7	26.8	15.4	38.2
Women	26.5	20.7	32.2	5.0	1.9	8.0	27.7	21.6	33.9
<b>Race/ethnicity</b>									
NH White	23.1	18.3	27.9	3.8	2.1	5.6	26.3	19.2	33.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	21.4	13.9	29.0	4.1	1.2	7.0	26.8	14.1	39.5
NH White women	24.8	19.0	30.7	3.5	1.4	5.7	25.8	19.4	32.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	9.1	4.1	14.2	2.4	0.0	5.2	18.0	4.2	31.7
45-64	21.1	14.8	27.5	4.0	1.0	7.0	20.1	14.2	26.0
65 and older	58.9	47.4	70.3	10.0	4.4	15.6	57.3	45.7	68.8
<b>Marital Status</b>									
Never married	23.2	4.9	41.5	10.9	0.0	26.1	.	.	.
Married/ living together as a couple	22.2	16.4	28.0	3.2	1.2	5.1	25.6	16.8	34.4
Divorced/ widowed/separated	28.9	21.4	36.3	6.4	2.2	10.5	30.4	22.8	38.0
<b>Education</b>									
0-11 years	24.3	15.4	33.3	5.6	0.0	11.6	24.3	15.1	33.5
HS Grad/GED	23.1	16.6	29.7	4.7	1.7	7.6	23.2	16.2	30.2
1 or more years of college	23.8	15.1	32.5	3.8	1.2	6.4	33.5	18.8	48.2
<b>Employment</b>									
Employed for wages	15.4	9.9	21.0	4.3	1.3	7.4	16.6	5.3	27.9
<b>Household Income</b>									
\$24,999 or less	26.8	19.9	33.8	5.3	2.2	8.4	24.7	17.8	31.6
\$25,000 – 49,999	24.3	15.8	32.7	5.7	1.1	10.3	23.1	14.6	31.5
\$50,000 or more	20.2	6.6	33.9	1.1	0.0	3.2	21.2	9.2	33.3

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	69.0	61.5	76.4	92.7	87.3	98.1	71.7	63.4	80.1
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	69.0	61.5	76.4	92.7	87.3	98.1	71.7	63.4	80.1
<b>Race/ethnicity</b>									
NH White	68.3	60.3	76.3	92.6	86.7	98.5	73.2	64.6	81.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	68.3	60.3	76.3	92.6	86.7	98.5	73.2	64.6	81.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	94.7	87.0	100.0	86.2	76.7	95.7
45-64	70.5	60.3	80.6	97.8	93.4	100.0	59.2	43.6	74.7
65 and older	76.4	65.1	87.8	75.4	54.7	96.2	45.9	22.8	69.0
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	70.0	59.9	80.0	95.2	89.9	100.0	76.1	65.7	86.4
Divorced/ widowed/separated	65.1	54.1	76.1	94.2	88.2	100.0	62.4	48.4	76.4
<b>Education</b>									
0-11 years	65.6	51.5	79.7	94.7	86.1	100.0	59.9	37.0	82.8
HS Grad/GED	69.0	57.4	80.5	88.8	78.0	99.6	64.6	51.0	78.3
1 or more years of college	70.2	55.7	84.7	96.5	92.3	100.0	85.7	77.7	93.7
<b>Employment</b>									
Employed for wages	61.1	48.1	74.0	99.0	96.9	100.0	82.0	73.1	91.0
<b>Household Income</b>									
\$24,999 or less	67.4	56.7	78.1	94.0	87.8	100.0	65.7	50.8	80.5
\$25,000 – 49,999	67.1	53.0	81.2	97.0	92.9	100.0	82.5	72.3	92.7
\$50,000 or more	.	.	.	.	.	.	.	.	.

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	29.2	22.5	35.9	20.7	14.4	27.0	44.0	36.6	51.3
<b>Sex</b>									
Men	33.5	22.8	44.2	27.6	17.0	38.1	42.3	31.1	53.4
Women	25.2	17.0	33.4	14.6	7.5	21.6	45.6	35.9	55.3
<b>Race/ethnicity</b>									
NH White	29.2	22.0	36.4	21.7	14.9	28.6	43.6	35.8	51.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	32.6	21.1	44.1	27.1	15.7	38.4	42.9	31.1	54.8
NH White women	26.0	17.1	35.0	16.9	8.8	24.9	44.3	33.9	54.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	26.8	18.0	35.7	19.4	11.2	27.6	39.5	30.0	49.0
65 and older	32.1	21.8	42.5	22.5	12.5	32.4	49.2	37.7	60.7
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	29.5	20.7	38.3	21.9	13.6	30.1	45.0	35.1	54.9
Divorced/ widowed/separated	24.7	15.1	34.4	15.5	7.0	23.9	39.0	28.7	49.3
<b>Education</b>									
0-11 years	26.6	14.9	38.4	16.3	6.2	26.4	37.4	24.1	50.7
HS Grad/GED	21.2	12.7	29.8	12.6	5.7	19.5	42.0	30.8	53.1
1 or more years of college	40.8	26.7	54.9	34.1	19.6	48.6	54.0	40.6	67.5
<b>Employment</b>									
Employed for wages	23.6	12.2	35.0	16.9	6.4	27.4	38.5	26.2	50.9
<b>Household Income</b>									
\$24,999 or less	25.6	16.0	35.1	15.5	7.4	23.6	42.6	31.3	53.8
\$25,000 – 49,999	30.0	16.6	43.4	19.7	6.9	32.6	45.6	31.4	59.9
\$50,000 or more	.	.	.	.	.	.	.	.	.

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		38.2	31.7	44.7	63.2	52.7	73.8	13.4	9.0	17.8
<b>Sex</b>	Men	30.5	20.7	40.3	.	.	.	10.0	3.7	16.3
	Women	46.5	38.9	54.2	66.1	55.0	77.1	17.1	11.2	23.0
<b>Race/ethnicity</b>	NH White	36.8	29.9	43.7	59.2	47.6	70.7	12.3	7.8	16.8
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	30.0	19.4	40.6	.	.	.	9.4	2.6	16.3
	NH White women	44.3	36.5	52.0	63.9	52.2	75.7	15.4	9.7	21.0
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	50.6	39.5	61.7	66.4	54.7	78.2	20.8	13.2	28.5
	45-64	21.5	14.9	28.1	.	.	.	4.1	1.4	6.8
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	.	.	.	.	.	.	.	.	.
	Married/ living together as a couple	36.7	28.6	44.8	58.5	44.8	72.2	10.2	5.3	15.0
	Divorced/ widowed/A80separated	40.6	29.3	51.8	68.4	48.8	88.0	14.7	7.5	22.0
<b>Education</b>	0-11 years	36.6	22.6	50.6	.	.	.	16.0	5.6	26.4
	HS Grad/GED	37.3	28.2	46.5	46.2	29.3	63.1	14.7	7.9	21.5
	1 or more years of college	40.6	28.0	53.2	66.5	51.5	81.5	10.5	3.8	17.3
<b>Employment</b>	Employed for wages	40.2	31.3	49.1	65.6	52.3	78.9	12.8	7.2	18.5
<b>Household Income</b>	\$24,999 or less	45.6	35.7	55.5	58.8	41.5	76.1	18.8	10.9	26.7
	\$25,000 – 49,999	37.6	27.5	47.8	67.3	49.1	85.5	14.9	6.9	22.9
	\$50,000 or more	42.7	25.8	59.7	.	.	.	0.9	0.0	2.7

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

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