

# Prevalence of Major Behavioral Risk Factors in Indian River County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Indian River County, 505 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Indian River County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
<b>All</b>	112,947	15,982,378	19.0	14.7	23.3	66.3	56.1	76.5
<b>Sex</b>								
Men	48.4%	48.8%	20.7	12.7	28.7	66.7	48.7	84.6
Women	51.6%	51.2%	17.5	13.0	22.0	65.9	56.6	75.1
<b>Race/ethnicity</b>								
NH White	83.4%	65.4%	17.4	13.0	21.9	68.0	57.1	79.0
NH Black	8.1%	14.2%	29.5	12.6	46.4	.	.	.
Hispanic	6.5%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	39.8%	31.9%	18.9	10.7	27.1	70.8	52.2	89.4
NH White women	43.6%	33.6%	16.1	11.5	20.7	65.3	55.4	75.2
NH Black men	3.9%	6.8%	.	.	.	.	.	.
NH Black women	4.2%	7.4%	.	.	.	.	.	.
Hispanic men	3.7%	8.4%	.	.	.	.	.	.
Hispanic women	2.8%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	28.3%	36.9%	11.1	4.9	17.4	64.5	46.5	82.4
45-64	23.3%	22.7%	19.3	11.7	26.9	67.5	55.4	79.7
65 and older	29.2%	17.6%	26.3	19.4	33.3	68.1	49.0	87.2
<b>Marital Status</b>								
Never married	15.9%	22.5%	10.5	2.1	19.0	57.1	36.8	77.4
Married/ living together as a couple	59.6%	53.7%	19.2	13.2	25.1	70.0	56.3	83.6
Divorced/ widowed/separated	24.5%	23.8%	22.0	14.8	29.2	60.8	48.2	73.4
<b>Education</b>								
0-11 years	18.4%	20.1%	33.9	18.6	49.3	.	.	.
HS Grad/GED	29.1%	28.7%	19.9	13.2	26.6	64.7	52.3	77.2
1 or more years of college	52.5%	51.1%	15.8	10.2	21.3	70.6	57.0	84.1
<b>Employment</b>								
Employed for wages	48.4%	54.9%	12.1	6.7	17.5	66.3	56.1	76.5
<b>Household Income</b>								
\$24,999 or less	29.9%	30.8%	29.4	20.1	38.6	50.7	34.3	67.1
\$25,000 – 49,999	31.8%	31.6%	18.4	10.6	26.2	62.0	49.4	74.6
\$50,000 or more	38.4%	37.6%	9.3	3.3	15.3	75.8	58.5	93.2

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity										
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3		No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
		%	CI		%	CI		%	CI	
<b>All</b>		20.7	16.1	25.3	49.3	42.1	56.5	74.5	65.4	83.6
<b>Sex</b>	Men	19.0	11.4	26.6	42.5	30.0	54.9	67.0	49.9	84.2
	Women	22.3	17.0	27.5	55.3	49.2	61.4	81.1	76.4	85.8
<b>Race/ethnicity</b>	NH White	20.7	15.7	25.6	47.8	39.9	55.6	73.7	63.5	84.0
	NH Black	19.6	3.4	35.8	71.1	54.6	87.5	82.9	69.2	96.6
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	18.6	10.4	26.7	40.7	27.3	54.1	65.8	46.8	84.7
	NH White women	22.6	17.1	28.1	54.2	47.7	60.7	81.0	76.0	86.0
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	16.5	8.4	24.7	44.5	27.5	61.5	59.9	38.3	81.4
	45-64	19.0	11.4	26.5	50.4	41.0	59.8	78.8	71.1	86.4
	65 and older	26.5	19.2	33.8	52.9	45.1	60.7	84.7	79.0	90.4
<b>Marital Status</b>	Never married	27.5	14.4	40.7	54.0	38.2	69.8	71.7	57.8	85.6
	Married/ living together as a couple	18.9	12.8	25.0	47.5	37.3	57.8	70.7	57.5	84.0
	Divorced/ widowed/separated	22.8	15.5	30.0	52.1	43.7	60.4	85.4	79.3	91.5
<b>Education</b>	0-11 years	43.0	26.6	59.3	72.4	57.1	87.7	92.6	82.5	100.0
	HS Grad/GED	27.4	19.5	35.2	56.9	48.3	65.5	83.0	76.6	89.5
	1 or more years of college	13.4	8.4	18.5	41.4	31.6	51.1	66.9	53.3	80.5
<b>Employment</b>	Employed for wages	14.8	9.0	20.6	46.9	34.4	59.3	66.6	50.5	82.7
<b>Household Income</b>	\$24,999 or less	24.4	16.0	32.8	52.8	42.6	63.0	83.5	75.9	91.2
	\$25,000 – 49,999	21.2	13.4	28.9	53.2	43.9	62.6	80.1	72.9	87.4
	\$50,000 or more	9.5	3.0	15.9	33.1	18.8	47.4	55.2	34.1	76.3

Risk Factors: Overweight and Nutrition										
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6		Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
		%	CI		%	CI		%	CI	
<b>All</b>		32.5	26.8	38.2	26.4	17.4	35.5	70.7	65.3	76.0
<b>Sex</b>	Men	40.2	28.3	52.2	30.8	13.3	48.4	75.5	66.9	84.2
	Women	25.7	20.6	30.9	22.6	17.3	27.8	66.4	60.6	72.2
<b>Race/ethnicity</b>	NH White	33.2	26.9	39.5	26.8	16.6	37.0	70.2	64.3	76.1
	NH Black	25.1	9.2	41.1	27.9	12.1	43.7	70.0	52.7	87.3
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	40.7	27.3	54.0	33.3	14.0	52.5	74.5	64.8	84.3
	NH White women	26.5	21.0	32.0	21.0	15.5	26.5	66.4	60.3	72.4
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	19.1	10.0	28.3	37.3	14.9	59.6	80.1	70.6	89.6
	45-64	35.8	26.9	44.8	24.0	15.8	32.2	69.8	61.6	77.9
	65 and older	41.8	34.1	49.4	19.0	12.6	25.5	63.3	55.7	70.8
<b>Marital Status</b>	Never married	24.5	10.9	38.0	23.8	10.9	36.6	73.2	59.1	87.2
	Married/ living together as a couple	34.1	25.8	42.3	29.5	16.3	42.7	68.9	61.1	76.8
	Divorced/ widowed/separated	31.8	24.1	39.6	19.9	13.1	26.6	74.4	67.8	81.0
<b>Education</b>	0-11 years	32.6	17.0	48.2	20.2	8.0	32.5	78.3	64.8	91.8
	HS Grad/GED	30.7	22.9	38.6	26.7	18.5	34.9	72.8	64.9	80.6
	1 or more years of college	33.5	25.0	42.0	27.5	13.1	41.8	68.4	60.3	76.5
<b>Employment</b>	Employed for wages	28.4	19.6	37.1	32.4	16.3	48.4	77.2	69.7	84.7
<b>Household Income</b>	\$24,999 or less	36.8	27.0	46.6	23.5	14.9	32.0	72.9	63.9	81.8
	\$25,000 – 49,999	35.6	26.7	44.4	23.9	15.3	32.6	68.6	59.9	77.2
	\$50,000 or more	29.4	16.3	42.4	29.1	3.2	54.9	77.4	66.8	88.0

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	18.9	14.6	23.2	54.8	43.6	66.1	16.9	12.8	21.1
<b>Sex</b>									
Men	16.2	9.3	23.1	49.6	29.1	70.1	21.1	13.0	29.3
Women	21.2	16.3	26.1	58.4	45.0	71.8	13.3	9.3	17.2
<b>Race/ethnicity</b>									
NH White	17.8	13.3	22.2	56.2	44.0	68.4	15.5	11.4	19.7
NH Black	21.4	7.0	35.8	.	.	.	10.7	0.0	21.8
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	13.9	7.1	20.7	.	.	.	17.3	9.6	25.0
NH White women	21.2	15.9	26.4	59.0	44.7	73.3	13.9	9.6	18.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	27.5	15.6	39.5	55.7	39.3	72.1	22.4	11.9	32.9
45-64	27.1	19.0	35.2	49.3	31.2	67.4	19.3	11.8	26.8
65 and older	4.9	1.6	8.2	.	.	.	10.0	5.5	14.5
<b>Marital Status</b>									
Never married	38.4	22.7	54.0	.	.	.	28.0	13.4	42.5
Married/ living together as a couple	14.4	9.4	19.3	53.0	35.9	70.2	14.8	9.6	20.0
Divorced/ widowed/separated	23.3	16.0	30.7	55.2	36.5	73.9	18.1	11.3	24.9
<b>Education</b>									
0-11 years	26.0	12.1	39.9	.	.	.	15.9	3.5	28.3
HS Grad/GED	21.8	14.7	28.9	52.7	33.7	71.7	16.7	9.8	23.5
1 or more years of college	16.1	10.6	21.6	57.5	41.0	73.9	17.3	11.6	23.0
<b>Employment</b>									
Employed for wages	23.9	16.1	31.8	57.5	43.6	71.3	20.0	12.7	27.2
<b>Household Income</b>									
\$24,999 or less	24.7	16.1	33.3	67.2	47.6	86.8	16.3	7.9	24.6
\$25,000 – 49,999	18.5	11.4	25.6	.	.	.	19.9	12.5	27.4
\$50,000 or more	15.3	6.8	23.8	.	.	.	15.7	7.2	24.3

  

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	16.3	12.2	20.5	25.9	16.9	34.9	7.9	5.1	10.6
<b>Sex</b>									
Men	16.7	9.6	23.9	36.7	20.3	53.1	6.6	2.3	11.0
Women	16.0	11.2	20.8	16.4	12.1	20.7	8.9	5.5	12.3
<b>Race/ethnicity</b>									
NH White	11.5	7.9	15.1	24.6	14.3	34.9	6.4	3.9	8.9
NH Black	44.6	25.1	64.1	33.9	15.9	51.9	10.1	0.0	20.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	11.4	5.3	17.6	35.6	16.9	54.3	3.7	0.4	7.0
NH White women	11.5	7.5	15.5	14.8	10.7	19.0	8.8	5.2	12.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	31.7	18.5	44.8	50.2	31.6	68.8	12.5	5.4	19.6
45-64	14.7	8.0	21.5	18.7	12.1	25.3	8.3	3.4	13.2
65 and older	4.3	0.0	8.8	10.3	5.6	14.9	3.5	0.6	6.4
<b>Marital Status</b>									
Never married	51.3	35.7	66.9	54.0	38.6	69.4	12.6	1.1	24.1
Married/ living together as a couple	12.0	7.2	16.8	24.3	10.6	38.1	7.6	4.2	11.0
Divorced/ widowed/separated	13.7	6.9	20.4	19.1	13.0	25.1	6.7	2.0	11.4
<b>Education</b>									
0-11 years	40.3	23.7	57.0	21.4	9.6	33.3	20.4	7.3	33.5
HS Grad/GED	22.4	14.6	30.1	29.2	21.0	37.3	6.4	2.1	10.6
1 or more years of college	8.8	5.0	12.6	24.9	10.2	39.5	6.1	3.0	9.3
<b>Employment</b>									
Employed for wages	21.2	13.8	28.5	35.4	19.9	50.9	10.0	5.2	14.8
<b>Household Income</b>									
\$24,999 or less	33.6	23.7	43.5	30.3	21.0	39.6	13.7	6.5	20.9
\$25,000 – 49,999	16.1	9.2	23.1	25.8	17.7	33.9	7.3	2.2	12.4
\$50,000 or more	2.1	0.0	4.7	26.5	0.0	53.2	4.1	0.7	7.6

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	69.4	63.7	75.1	36.2	30.0	42.4	70.7	64.9
<b>Sex</b>									
Men	65.2	54.2	76.3	30.6	20.5	40.7	69.2	58.2	80.1
Women	73.0	67.4	78.6	41.3	35.0	47.5	72.0	66.0	78.0
<b>Race/ethnicity</b>									
NH White	73.2	67.4	78.9	36.7	29.9	43.5	73.2	67.1	79.2
NH Black	43.7	24.7	62.8	30.9	12.9	49.0	42.7	22.7	62.7
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	70.9	60.0	81.8	31.4	20.1	42.8	72.4	61.3	83.4
NH White women	75.2	69.5	80.9	41.5	35.0	48.1	73.9	67.6	80.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	68.9	56.0	81.8	51.9	32.7	71.2	66.4	52.5	80.2
45-64	69.0	59.9	78.1	39.6	30.2	48.9	71.2	61.9	80.5
65 and older	69.7	62.1	77.2	18.6	12.5	24.6	74.5	67.0	82.0
<b>Marital Status</b>									
Never married	70.2	56.8	83.6	66.1	50.8	81.3	64.7	50.4	79.1
Married/ living together as a couple	71.2	63.5	78.9	36.6	27.8	45.4	71.1	63.1	79.2
Divorced/ widowed/separated	64.4	55.9	72.9	23.1	16.0	30.2	71.9	63.8	80.1
<b>Education</b>									
0-11 years	33.3	19.1	47.5	22.0	9.4	34.5	45.3	27.0	63.5
HS Grad/GED	64.3	55.7	72.9	26.9	18.7	35.0	64.2	55.5	73.0
1 or more years of college	78.7	72.2	85.3	43.4	33.2	53.5	77.4	70.2	84.5
<b>Employment</b>									
Employed for wages	67.9	58.3	77.6	43.0	31.3	54.8	67.1	57.0	77.2
<b>Household Income</b>									
\$24,999 or less	49.5	39.5	59.6	34.4	24.5	44.2	51.1	40.3	61.8
\$25,000 – 49,999	64.3	55.1	73.5	37.4	28.3	46.6	65.7	56.3	75.1
\$50,000 or more	89.9	83.5	96.3	38.8	22.6	54.9	87.4	79.2	95.6
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	35.0	29.0	41.0	80.7	74.0	87.5	17.1	13.0
<b>Sex</b>									
Men	31.7	21.5	42.0	73.7	60.8	86.6	13.9	7.7	20.1
Women	37.9	31.8	44.0	85.9	79.4	92.4	19.9	14.9	24.9
<b>Race/ethnicity</b>									
NH White	35.4	28.8	41.9	83.1	76.7	89.6	16.6	12.3	21.0
NH Black	30.0	12.4	47.6	.	.	.	25.8	8.8	42.8
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	31.3	20.2	42.5	79.6	67.6	91.7	15.4	8.2	22.6
NH White women	38.9	32.5	45.4	85.7	78.6	92.7	17.8	12.8	22.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	12.4	5.4	19.4	.	.	.	8.2	3.3	13.1
45-64	33.7	24.7	42.6	83.5	72.5	94.6	20.2	12.6	27.7
65 and older	56.8	49.2	64.3	89.7	82.3	97.1	22.3	15.6	28.9
<b>Marital Status</b>									
Never married	23.5	10.6	36.4	.	.	.	8.9	2.2	15.6
Married/ living together as a couple	34.4	26.0	42.8	84.6	76.1	93.0	15.6	10.4	20.9
Divorced/ widowed/separated	41.1	32.9	49.4	85.6	76.4	94.8	24.1	16.3	31.8
<b>Education</b>									
0-11 years	57.8	41.8	73.7	.	.	.	22.6	8.3	36.8
HS Grad/GED	35.0	26.7	43.3	84.8	74.3	95.4	16.5	10.0	22.9
1 or more years of college	30.8	22.7	38.9	80.4	71.4	89.4	16.4	11.0	21.9
<b>Employment</b>									
Employed for wages	22.0	14.3	29.6	67.7	53.1	82.3	11.0	6.1	16.0
<b>Household Income</b>									
\$24,999 or less	37.8	27.9	47.6	76.7	61.3	92.1	21.4	13.3	29.4
\$25,000 – 49,999	31.3	22.5	40.1	81.4	67.0	95.8	18.7	11.1	26.4
\$50,000 or more	30.3	16.8	43.7	87.4	77.3	97.5	12.1	5.1	19.0

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
<b>All</b>	85.3	81.5	89.1	92.9	90.3	95.5	37.6	30.6	44.7
<b>Sex</b>									
Men	84.1	77.3	90.9	94.1	90.2	98.1	35.9	23.1	48.7
Women	86.3	82.1	90.5	91.8	88.6	95.1	39.2	32.6	45.7
<b>Race/ethnicity</b>									
NH White	87.0	83.3	90.7	93.0	90.2	95.7	38.6	30.8	46.3
NH Black	83.9	70.0	97.9	.	.	.	27.6	7.8	47.4
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	87.1	80.8	93.4	94.4	90.3	98.4	36.8	22.7	50.8
NH White women	86.9	82.7	91.2	91.7	88.1	95.2	40.2	33.3	47.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	70.1	57.3	82.8	87.3	78.4	96.1	8.1	1.9	14.2
45-64	88.8	82.8	94.7	94.8	90.7	98.9	34.8	25.3	44.3
65 and older	95.6	92.4	98.7	95.4	92.6	98.2	58.3	50.4	66.2
<b>Marital Status</b>									
Never married	57.1	41.1	73.0	90.2	78.7	100.0	18.0	5.6	30.5
Married/ living together as a couple	87.2	82.5	91.8	93.7	90.5	97.0	37.3	27.4	47.2
Divorced/ widowed/separated	91.4	86.8	96.0	91.5	87.1	95.8	43.4	34.7	52.2
<b>Education</b>									
0-11 years	78.9	66.6	91.1	98.7	96.0	100.0	54.2	34.9	73.6
HS Grad/GED	81.1	73.7	88.5	88.0	82.1	94.0	38.6	29.2	47.9
1 or more years of college	88.5	84.1	93.0	94.1	91.1	97.2	34.6	25.0	44.3
<b>Employment</b>									
Employed for wages	79.5	72.3	86.7	90.9	86.0	95.7	25.8	15.9	35.6
<b>Household Income</b>									
\$24,999 or less	76.9	68.1	85.7	93.3	88.6	98.1	42.7	31.3	54.2
\$25,000 – 49,999	84.0	77.3	90.8	88.8	82.8	94.8	38.3	28.2	48.3
\$50,000 or more	91.4	85.6	97.1	95.9	92.3	99.4	30.5	15.9	45.1

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
<b>All</b>	8.0	5.3	10.7	67.9	52.3	83.5	9.1	6.0	12.1
<b>Sex</b>									
Men	8.2	3.6	12.7	.	.	.	10.2	4.9	15.5
Women	7.9	4.6	11.1	.	.	.	8.1	4.7	11.5
<b>Race/ethnicity</b>									
NH White	9.1	5.9	12.2	67.3	51.4	83.2	8.7	5.6	11.9
NH Black	1.8	0.0	5.5	.	.	.	8.9	0.0	19.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	9.3	4.0	14.6	.	.	.	10.2	4.5	15.9
NH White women	8.8	5.2	12.5	.	.	.	7.4	3.9	10.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	7.4	2.0	12.7	.	.	.	1.6	0.0	4.3
45-64	8.2	3.8	12.6	.	.	.	9.8	4.4	15.2
65 and older	8.7	4.3	13.1	.	.	.	15.5	9.5	21.4
<b>Marital Status</b>									
Never married	5.6	0.5	10.7	.	.	.	.	.	.
Married/ living together as a couple	8.0	4.3	11.7	.	.	.	.	.	.
Divorced/ widowed/separated	9.0	4.4	13.7	.	.	.	.	.	.
<b>Education</b>									
0-11 years	4.8	0.0	12.2	.	.	.	12.4	1.2	23.6
HS Grad/GED	8.4	3.4	13.3	.	.	.	8.8	3.6	14.0
1 or more years of college	8.4	4.7	12.1	.	.	.	8.4	4.5	12.2
<b>Employment</b>									
Employed for wages	6.4	2.8	10.0	.	.	.	4.8	1.4	8.2
<b>Household Income</b>									
\$24,999 or less	9.2	3.0	15.3	.	.	.	12.4	5.1	19.6
\$25,000 – 49,999	11.5	5.5	17.5	.	.	.	12.4	6.0	18.8
\$50,000 or more	5.7	1.3	10.2	.	.	.	5.0	0.6	9.5

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	18.3	14.0	22.6	26.8	21.6	32.1	23.2	18.3	28.0
<b>Sex</b>									
Men	22.0	13.8	30.3	27.1	17.7	36.4	24.6	15.7	33.5
Women	15.0	10.7	19.3	26.6	21.1	32.1	21.9	16.8	26.9
<b>Race/ethnicity</b>									
NH White	17.2	12.8	21.7	24.8	19.4	30.2	22.1	17.0	27.3
NH Black	19.6	6.2	33.0	38.9	20.3	57.6	20.8	5.7	35.8
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	21.1	12.4	29.9	25.3	15.5	35.1	22.3	13.2	31.4
NH White women	13.7	9.3	18.1	24.3	18.7	29.8	22.0	16.6	27.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	10.0	3.6	16.3	19.2	9.5	29.0	14.0	6.3	21.7
45-64	16.5	9.4	23.6	27.7	19.2	36.1	23.3	14.9	31.6
65 and older	27.0	20.0	34.0	32.3	25.1	39.5	31.1	23.9	38.4
<b>Marital Status</b>									
Never married	14.4	3.4	25.4	32.4	16.5	48.2	18.8	5.8	31.8
Married/ living together as a couple	19.4	13.3	25.5	26.3	19.1	33.5	22.7	16.1	29.4
Divorced/ widowed/separated	17.1	11.3	22.9	26.3	19.1	33.4	26.0	18.6	33.4
<b>Education</b>									
0-11 years	17.6	5.5	29.8	31.3	16.4	46.2	22.8	8.9	36.7
HS Grad/GED	19.9	12.5	27.2	29.4	21.2	37.6	30.5	22.1	38.9
1 or more years of college	17.5	11.7	23.2	24.8	17.7	31.9	19.6	13.4	25.8
<b>Employment</b>									
Employed for wages	15.7	9.4	22.0	20.9	13.5	28.2	17.9	11.0	24.8
<b>Household Income</b>									
\$24,999 or less	24.8	15.4	34.2	33.5	23.6	43.4	33.4	23.3	43.6
\$25,000 – 49,999	23.3	15.3	31.3	32.2	23.3	41.1	27.6	18.9	36.2
\$50,000 or more	10.0	3.5	16.5	15.8	7.2	24.4	12.5	5.2	19.8
Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
<b>All</b>	34.0	28.1	39.8	2.2	1.0	3.5	38.3	31.9	44.7
<b>Sex</b>									
Men	32.8	22.3	43.3	0.9	0.0	2.3	36.7	24.8	48.7
Women	34.9	29.2	40.7	3.4	1.4	5.4	39.5	33.5	45.5
<b>Race/ethnicity</b>									
NH White	36.2	29.6	42.9	1.7	0.6	2.9	39.7	32.6	46.9
NH Black	12.4	0.7	24.1	3.6	0.0	8.9	28.3	8.7	47.9
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	35.5	23.3	47.7	1.1	0.0	2.6	38.8	25.2	52.5
NH White women	36.9	30.7	43.1	2.3	0.6	4.0	40.5	34.2	46.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	8.4	2.9	13.8	0.6	0.0	1.7	9.4	3.1	15.8
45-64	21.5	14.1	28.8	1.8	0.0	4.0	23.2	15.7	30.6
65 and older	66.2	58.9	73.5	4.2	1.4	6.9	74.5	67.9	81.1
<b>Marital Status</b>									
Never married	8.4	1.2	15.6	1.9	0.0	5.7	25.8	9.9	41.7
Married/ living together as a couple	37.7	28.9	46.6	1.2	0.0	2.7	37.8	28.8	46.8
Divorced/ widowed/separated	34.0	26.5	41.5	4.9	1.8	7.9	43.3	35.0	51.6
<b>Education</b>									
0-11 years	35.0	19.5	50.5	3.1	0.0	7.6	40.6	23.8	57.4
HS Grad/GED	31.8	23.8	39.8	1.4	0.0	2.9	39.7	31.1	48.3
1 or more years of college	34.9	26.2	43.6	2.5	0.7	4.3	37.2	27.9	46.5
<b>Employment</b>									
Employed for wages	17.3	10.9	23.6	1.7	0.0	3.3	16.5	10.2	22.9
<b>Household Income</b>									
\$24,999 or less	31.5	22.0	40.9	3.8	0.3	7.4	38.1	28.1	48.2
\$25,000 – 49,999	36.0	27.2	44.9	2.6	0.0	5.3	39.4	30.2	48.7
\$50,000 or more	31.8	18.0	45.5	1.1	0.0	2.7	27.4	14.7	40.0

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	74.5	68.3	80.6	94.2	90.4	98.0	78.6	72.8	84.4
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	74.5	68.3	80.6	94.2	90.4	98.0	78.6	72.8	84.4
<b>Race/ethnicity</b>									
NH White	74.8	68.7	80.9	94.9	91.9	97.9	78.1	72.2	84.0
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	74.8	68.7	80.9	94.9	91.9	97.9	78.1	72.2	84.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	50.6	30.5	70.7	96.9	93.2	100.0	90.9	84.7	97.0
45-64	78.4	69.2	87.7	97.3	93.3	100.0	78.3	67.2	89.4
65 and older	78.3	70.2	86.5	87.6	77.1	98.0	64.4	51.7	77.0
<b>Marital Status</b>									
Never married	.	.	.	100.0	100.0	100.0	82.3	66.7	97.9
Married/ living together as a couple	80.6	73.1	88.2	96.7	93.4	100.0	86.5	80.0	93.1
Divorced/ widowed/separated	66.8	56.7	76.9	87.0	76.8	97.2	62.1	50.4	73.8
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	63.9	52.1	75.6	95.1	90.0	100.0	70.0	58.8	81.1
1 or more years of college	82.3	75.6	89.0	97.6	95.1	100.0	86.5	80.5	92.5
<b>Employment</b>									
Employed for wages	68.7	58.5	79.0	96.1	92.5	99.7	79.8	72.3	87.2
<b>Household Income</b>									
\$24,999 or less	66.4	53.5	79.3	92.4	86.2	98.7	76.4	65.8	87.0
\$25,000 – 49,999	70.1	57.1	83.1	99.0	97.0	100.0	69.9	57.6	82.1
\$50,000 or more	79.6	67.8	91.3	96.3	91.0	100.0	88.7	79.8	97.6

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	45.5	39.3	51.6	32.5	26.7	38.3	51.4	45.2	57.6
<b>Sex</b>									
Men	46.6	36.6	56.5	36.6	27.1	46.1	60.2	50.3	70.0
Women	44.5	36.8	52.1	28.7	21.8	35.7	43.5	35.9	51.0
<b>Race/ethnicity</b>									
NH White	48.1	41.7	54.5	33.9	27.8	39.9	54.0	47.6	60.3
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	49.8	39.4	60.3	38.9	28.9	49.0	63.6	53.6	73.6
NH White women	46.5	38.6	54.4	29.2	22.0	36.4	45.2	37.4	53.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	34.1	24.3	44.0	22.3	13.6	31.1	40.8	30.5	51.0
65 and older	52.7	44.9	60.5	39.0	31.5	46.6	58.4	50.7	66.1
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	45.3	37.1	53.4	34.2	26.4	42.0	52.8	44.6	61.0
Divorced/ widowed/separated	47.5	37.9	57.1	30.4	22.0	38.8	47.8	38.1	57.4
<b>Education</b>									
0-11 years	29.3	12.8	45.8	24.6	9.1	40.1	49.7	28.7	70.6
HS Grad/GED	39.4	28.7	50.2	24.8	15.2	34.4	40.8	29.9	51.6
1 or more years of college	52.4	44.2	60.5	38.4	30.5	46.4	57.8	49.7	65.9
<b>Employment</b>									
Employed for wages	36.6	25.8	47.4	21.9	12.5	31.3	44.4	32.9	55.9
<b>Household Income</b>									
\$24,999 or less	42.4	29.1	55.6	33.0	20.4	45.7	41.1	28.1	54.2
\$25,000 – 49,999	46.9	34.9	58.9	33.3	22.1	44.5	55.4	43.4	67.3
\$50,000 or more	51.7	39.3	64.1	34.2	22.2	46.2	53.2	41.0	65.5

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		37.5	28.7	46.3	52.4	41.2	63.7	13.5	8.3	18.6
<b>Sex</b>	Men	26.4	13.8	39.1	.	.	.	12.0	3.8	20.1
	Women	47.9	39.8	55.9	55.1	41.6	68.6	14.9	8.8	20.9
<b>Race/ethnicity</b>	NH White	34.3	24.9	43.8	47.6	35.0	60.1	8.3	4.1	12.5
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	25.6	11.5	39.8	.	.	.	7.5	0.6	14.4
	NH White women	42.6	34.1	51.1	49.1	33.9	64.4	9.0	4.1	13.9
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	49.4	30.9	68.0	56.1	42.4	69.8	22.1	11.5	32.7
	45-64	24.8	17.2	32.5	43.9	23.2	64.6	4.2	0.1	8.2
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	55.1	38.6	71.5	.	.	.	53.2	36.7	69.7
	Married/ living together as a couple	30.7	19.9	41.6	38.7	23.0	54.3	7.0	2.2	11.8
	Divorced/ widowed/A80separated	46.4	34.0	58.8	.	.	.	5.6	0.0	12.1
<b>Education</b>	0-11 years	.	.	.	.	.	.	.	.	.
	HS Grad/GED	38.1	26.9	49.3	.	.	.	22.5	11.7	33.4
	1 or more years of college	36.7	24.0	49.5	45.8	31.4	60.2	8.9	3.7	14.1
<b>Employment</b>	Employed for wages	36.0	24.7	47.3	48.7	35.0	62.4	14.0	7.4	20.6
<b>Household Income</b>	\$24,999 or less	52.2	38.7	65.7	68.2	48.6	87.8	29.2	16.2	42.3
	\$25,000 – 49,999	44.7	32.3	57.0	.	.	.	15.1	4.9	25.4
	\$50,000 or more	24.9	10.5	39.4	.	.	.	2.5	0.0	5.3

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:  
 Marie A. Bailey, MA, MSW  
 Bureau of Epidemiology  
 Department of Health  
 4052 Bald Cypress Way, Bin #A-12  
 Tallahassee, FL 32399-1720  
 850-245-4444 Ext. 2434  
[marie\\_bailey@doh.state.fl.us](mailto:marie_bailey@doh.state.fl.us)

