

Prevalence of Major Behavioral Risk Factors in Polk County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Polk County, 513 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Polk County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
All	483,924	15,982,378	21.7	17.8	25.6	57.3	50.4	64.3
Sex								
Men	49.1%	48.8%	20.3	14.5	26.1	47.2	36.9	57.4
Women	50.9%	51.2%	22.8	17.6	28.1	69.0	60.3	77.7
Race/ethnicity								
NH White	74.7%	65.4%	20.3	16.1	24.5	58.7	50.7	66.6
NH Black	13.3%	14.2%	12.9	3.3	22.6	.	.	.
Hispanic	9.5%	16.8%	37.1	17.1	57.2	.	.	.
Race/ethnicity-Sex								
NH White men	36.1%	31.9%	21.0	14.5	27.5	50.1	38.4	61.8
NH White women	38.6%	33.6%	19.6	14.2	25.0	69.4	59.5	79.3
NH Black men	6.5%	6.8%
NH Black women	6.8%	7.4%
Hispanic men	5.2%	8.4%
Hispanic women	4.3%	8.4%
Age								
18-44	34.7%	36.9%	15.7	10.2	21.3	50.7	41.8	59.6
45-64	22.5%	22.7%	24.2	16.8	31.6	70.5	59.4	81.7
65 and older	18.3%	17.6%	29.4	21.2	37.7	.	.	.
Marital Status								
Never married	19.9%	22.5%	14.3	4.9	23.7	41.5	22.9	60.1
Married/ living together as a couple	56.7%	53.7%	19.4	14.6	24.3	59.8	51.1	68.5
Divorced/ widowed/separated	23.4%	23.8%	31.9	23.3	40.6	62.5	48.1	76.9
Education								
0-11 years	25.2%	20.1%	51.0	39.3	62.8	42.9	23.2	62.6
HS Grad/GED	33.7%	28.7%	16.9	10.8	23.0	42.8	30.5	55.1
1 or more years of college	41.1%	51.1%	13.1	8.5	17.7	69.8	61.2	78.4
Employment								
Employed for wages	54.4%	54.9%	13.2	8.6	17.7	57.3	50.4	64.3
Household Income								
\$24,999 or less	32.6%	30.8%	31.4	23.3	39.4	40.8	25.4	56.3
\$25,000 – 49,999	34.5%	31.6%	15.9	9.8	22.0	64.1	53.8	74.4
\$50,000 or more	32.9%	37.6%	9.7	3.8	15.5	60.1	48.0	72.1

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	31.5	27.0	36.1	54.5	49.6	59.4	75.1	70.7	79.6
Sex									
Men	27.2	20.4	34.0	53.6	45.8	61.4	68.2	60.6	75.8
Women	35.2	29.2	41.3	55.2	49.0	61.5	81.1	76.4	85.9
Race/ethnicity									
NH White	29.9	25.0	34.8	52.3	46.9	57.7	73.6	68.5	78.6
NH Black	23.0	9.9	36.1	70.5	54.2	86.8	86.1	72.6	99.6
Hispanic	50.6	30.1	71.1	54.8	34.3	75.2	72.9	54.8	90.9
Race/ethnicity-Sex									
NH White men	26.3	18.8	33.8	51.8	43.1	60.4	67.7	59.2	76.3
NH White women	33.2	26.7	39.7	52.8	46.0	59.6	78.9	73.5	84.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	29.6	22.4	36.8	44.5	36.9	52.1	67.7	60.1	75.3
45-64	27.7	20.1	35.3	61.7	53.1	70.3	80.6	73.6	87.6
65 and older	39.7	30.9	48.5	64.6	56.0	73.3	82.6	75.8	89.3
Marital Status									
Never married	25.1	12.8	37.4	38.1	23.9	52.2	64.6	49.0	80.2
Married/ living together as a couple	25.5	20.0	31.0	55.4	49.2	61.6	76.0	70.6	81.5
Divorced/ widowed/separated	51.2	42.0	60.4	62.3	53.3	71.3	78.9	71.6	86.2
Education									
0-11 years	58.8	47.3	70.4	66.8	55.7	77.9	84.9	76.5	93.3
HS Grad/GED	30.8	23.2	38.5	61.8	53.5	70.1	79.6	72.3	86.8
1 or more years of college	21.2	15.2	27.2	43.7	36.6	50.8	67.8	60.8	74.8
Employment									
Employed for wages	25.2	19.0	31.4	49.2	42.3	56.2	68.6	61.8	75.4
Household Income									
\$24,999 or less	41.3	32.5	50.1	58.5	49.3	67.7	77.9	69.4	86.5
\$25,000 – 49,999	27.8	20.3	35.3	55.9	47.8	64.0	73.7	66.6	80.8
\$50,000 or more	15.0	6.6	23.5	42.1	31.8	52.5	67.5	57.1	77.9
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	35.6	30.9	40.3	27.0	22.7	31.3	77.7	73.7	81.7
Sex									
Men	47.9	40.2	55.7	21.5	15.3	27.6	81.6	75.4	87.8
Women	25.1	19.7	30.4	31.7	25.8	37.7	74.3	69.0	79.6
Race/ethnicity									
NH White	36.3	31.1	41.6	24.8	20.3	29.4	76.6	72.0	81.2
NH Black	21.6	8.1	35.1	51.1	33.2	69.0	83.5	71.6	95.3
Hispanic	47.2	26.8	67.7	23.8	6.4	41.1	81.4	65.6	97.3
Race/ethnicity-Sex									
NH White men	49.7	41.1	58.2	20.3	13.6	27.0	80.2	73.1	87.3
NH White women	24.2	18.5	29.8	29.0	22.8	35.1	73.3	67.4	79.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	29.9	22.8	37.0	28.2	21.4	35.1	77.7	71.2	84.3
45-64	46.9	37.9	55.9	29.9	21.8	38.1	83.0	76.9	89.1
65 and older	33.8	25.4	42.1	20.8	13.5	28.1	70.7	62.6	78.9
Marital Status									
Never married	37.6	22.2	52.9	19.5	8.5	30.4	76.4	63.2	89.6
Married/ living together as a couple	36.2	30.2	42.1	27.2	21.6	32.8	75.9	70.7	81.1
Divorced/ widowed/separated	32.8	24.2	41.4	31.1	22.6	39.7	83.4	76.6	90.2
Education									
0-11 years	28.4	17.6	39.1	35.2	24.2	46.2	86.8	78.5	95.0
HS Grad/GED	36.5	28.4	44.6	29.3	21.7	36.9	77.4	70.2	84.6
1 or more years of college	38.4	31.4	45.4	22.0	16.0	28.0	74.3	68.3	80.3
Employment									
Employed for wages	36.0	29.3	42.8	27.9	21.8	34.0	77.2	71.4	83.0
Household Income									
\$24,999 or less	33.5	24.8	42.2	30.3	22.1	38.6	80.3	73.0	87.6
\$25,000 – 49,999	36.9	28.9	44.8	27.0	19.6	34.4	74.7	67.6	81.8
\$50,000 or more	38.2	27.9	48.6	26.4	17.1	35.7	74.9	66.0	83.8

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	28.8	24.3	33.4	54.6	44.9	64.2	13.6	10.1	17.0
Sex									
Men	34.4	26.9	41.8	48.9	34.9	62.9	19.7	13.4	26.0
Women	24.1	18.6	29.5	61.5	48.4	74.6	8.3	5.1	11.6
Race/ethnicity									
NH White	27.8	22.7	32.8	51.6	40.5	62.8	15.0	11.0	19.1
NH Black	17.3	4.9	29.6	.	.	.	2.9	0.0	8.9
Hispanic	45.6	25.2	65.9	.	.	.	7.2	0.0	17.0
Race/ethnicity-Sex									
NH White men	34.0	25.6	42.4	47.0	30.9	63.1	21.3	14.0	28.6
NH White women	22.1	16.3	27.9	58.1	42.8	73.5	9.4	5.5	13.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	37.6	30.1	45.1	52.9	39.8	65.9	16.8	10.9	22.8
45-64	27.8	19.6	36.0	58.6	40.3	76.9	12.2	6.6	17.9
65 and older	12.6	6.7	18.6	.	.	.	9.1	3.9	14.3
Marital Status									
Never married	43.2	28.1	58.3	.	.	.	16.7	3.6	29.7
Married/ living together as a couple	21.6	16.4	26.8	52.3	38.4	66.3	13.8	9.6	18.1
Divorced/ widowed/separated	40.0	30.6	49.5	54.9	38.0	71.7	11.1	5.5	16.7
Education									
0-11 years	44.6	33.0	56.3	49.8	31.4	68.2	10.3	2.9	17.8
HS Grad/GED	32.8	24.7	40.9	48.6	33.0	64.3	17.3	10.5	24.1
1 or more years of college	19.4	13.4	25.4	67.3	49.7	84.9	12.2	7.6	16.7
Employment									
Employed for wages	32.5	25.8	39.2	53.6	40.6	66.6	17.3	11.9	22.7
Household Income									
\$24,999 or less	41.7	32.6	50.9	61.5	47.0	76.0	14.6	7.6	21.6
\$25,000 – 49,999	22.9	16.1	29.8	53.8	36.2	71.4	16.5	10.3	22.7
\$50,000 or more	24.0	14.7	33.3	.	.	.	13.8	6.9	20.7
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	17.7	13.7	21.7	24.4	20.0	28.7	8.3	5.6	11.1
Sex									
Men	15.7	9.8	21.6	23.3	16.4	30.2	5.4	1.9	8.9
Women	19.4	14.0	24.7	25.3	19.7	30.9	10.9	6.8	14.9
Race/ethnicity									
NH White	14.4	10.3	18.4	21.9	17.2	26.6	5.9	3.5	8.3
NH Black	30.2	13.5	46.9	24.5	9.2	39.7	2.9	0.0	7.0
Hispanic	37.4	17.7	57.2	47.5	26.6	68.3	34.1	14.1	54.0
Race/ethnicity-Sex									
NH White men	13.1	6.8	19.4	21.6	14.0	29.2	4.0	0.8	7.3
NH White women	15.5	10.3	20.8	22.2	16.4	27.9	7.6	4.2	11.1
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	24.4	17.6	31.2	35.1	27.6	42.6	13.4	8.2	18.6
45-64	19.8	12.4	27.1	19.7	12.6	26.8	6.0	2.2	9.8
65 and older	2.0	0.0	4.4	9.2	4.4	14.0	1.4	0.0	3.4
Marital Status									
Never married	30.8	16.3	45.2	49.8	34.5	65.0	5.2	0.0	10.7
Married/ living together as a couple	10.9	6.8	15.0	17.8	13.0	22.6	7.7	4.4	11.1
Divorced/ widowed/separated	28.5	19.6	37.4	27.5	19.0	35.9	11.9	5.1	18.7
Education									
0-11 years	18.4	9.0	27.8	29.6	19.0	40.3	13.6	4.9	22.3
HS Grad/GED	28.8	20.6	37.1	34.4	25.9	42.9	8.0	3.3	12.7
1 or more years of college	9.2	5.3	13.2	14.2	9.4	19.0	6.5	3.4	9.7
Employment									
Employed for wages	18.8	13.1	24.4	25.0	18.8	31.3	6.7	3.2	10.2
Household Income									
\$24,999 or less	31.0	22.2	39.9	38.0	28.8	47.2	17.7	10.7	24.6
\$25,000 – 49,999	15.2	9.2	21.2	22.2	15.2	29.1	4.6	1.2	7.9
\$50,000 or more	1.8	0.0	4.4	6.5	2.1	10.9	3.8	0.0	7.6

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	65.9	61.3	70.6	40.3	35.5	45.2	64.8	59.7	69.8
Sex									
Men	70.9	63.9	77.9	40.2	32.4	48.0	69.9	62.4	77.4
Women	61.6	55.5	67.8	40.4	34.3	46.6	60.2	53.5	66.9
Race/ethnicity									
NH White	68.8	63.8	73.8	39.9	34.5	45.2	69.0	63.7	74.4
NH Black	62.6	45.5	79.7	29.0	11.7	46.4	43.3	24.4	62.2
Hispanic	51.1	30.6	71.6	49.1	28.6	69.5	.	.	.
Race/ethnicity-Sex									
NH White men	71.4	63.7	79.1	39.9	31.3	48.5	72.0	63.8	80.2
NH White women	66.4	59.9	72.9	39.9	33.2	46.6	66.2	59.1	73.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	64.6	57.2	72.0	58.7	51.1	66.2	63.0	55.4	70.5
45-64	66.2	57.8	74.6	31.1	23.0	39.2	63.1	53.5	72.7
65 and older	68.5	60.2	76.7	15.3	8.8	21.9	71.2	61.8	80.5
Marital Status									
Never married	68.0	54.6	81.5	66.0	51.7	80.2	62.2	47.7	76.7
Married/ living together as a couple	70.1	64.3	75.9	41.6	35.5	47.7	69.0	62.8	75.2
Divorced/ widowed/separated	52.8	43.4	62.3	21.5	13.3	29.7	52.4	41.7	63.1
Education									
0-11 years	47.0	35.2	58.8	26.2	15.4	36.9	33.2	20.0	46.4
HS Grad/GED	60.7	52.3	69.0	41.6	33.1	50.1	62.3	53.3	71.3
1 or more years of college	78.4	72.5	84.4	45.2	38.1	52.4	77.0	70.7	83.3
Employment									
Employed for wages	69.1	62.6	75.6	48.4	41.5	55.4	67.2	60.4	73.9
Household Income									
\$24,999 or less	54.7	45.6	63.7	32.3	23.2	41.5	46.9	36.2	57.5
\$25,000 – 49,999	69.6	61.8	77.4	42.6	34.5	50.8	71.7	63.8	79.6
\$50,000 or more	85.1	77.3	92.8	52.0	41.5	62.6	80.7	72.1	89.2
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	33.8	29.2	38.3	74.6	66.9	82.2	18.8	15.1	22.5
Sex									
Men	33.8	26.7	40.8	75.7	64.6	86.9	13.0	8.3	17.8
Women	33.8	27.8	39.7	73.6	62.9	84.2	23.8	18.4	29.2
Race/ethnicity									
NH White	32.9	28.0	37.8	81.3	74.1	88.5	17.1	13.4	20.9
NH Black	46.8	28.8	64.7	.	.	.	29.5	12.1	46.8
Hispanic	23.6	5.9	41.3	.	.	.	20.0	4.3	35.8
Race/ethnicity-Sex									
NH White men	36.6	28.7	44.6	77.4	66.0	88.7	13.2	8.0	18.4
NH White women	29.5	23.4	35.6	85.7	77.1	94.3	20.8	15.5	26.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	18.7	12.7	24.6	47.5	29.3	65.7	17.1	11.5	22.7
45-64	39.6	30.8	48.4	75.6	61.7	89.5	20.8	13.7	28.0
65 and older	56.9	48.1	65.8	91.0	84.2	97.9	20.0	13.0	26.9
Marital Status									
Never married	19.5	9.1	29.8	.	.	.	13.8	5.2	22.4
Married/ living together as a couple	34.9	29.0	40.9	74.8	64.9	84.7	19.6	14.6	24.5
Divorced/ widowed/separated	38.7	29.9	47.6	78.2	64.4	92.0	19.8	12.8	26.8
Education									
0-11 years	47.3	35.6	58.9	67.8	50.7	84.9	18.5	10.2	26.8
HS Grad/GED	31.7	24.1	39.4	67.5	53.1	82.0	22.4	15.6	29.2
1 or more years of college	30.1	23.6	36.5	84.3	75.0	93.6	16.3	11.1	21.5
Employment									
Employed for wages	23.4	17.7	29.0	69.0	55.9	82.0	17.6	12.6	22.7
Household Income									
\$24,999 or less	38.3	29.7	46.9	58.9	44.8	73.0	21.7	14.6	28.7
\$25,000 – 49,999	35.3	27.3	43.2	89.5	80.4	98.6	18.9	12.3	25.4
\$50,000 or more	24.0	15.1	32.9	.	.	.	15.5	8.3	22.8

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	84.2	80.5	88.0	92.4	89.5	95.3	36.2	31.2	41.3
Sex									
Men	87.9	82.6	93.2	91.8	87.1	96.5	37.5	29.6	45.4
Women	81.0	75.7	86.3	92.9	89.5	96.4	35.0	28.4	41.6
Race/ethnicity									
NH White	86.5	82.6	90.4	92.3	89.1	95.4	39.7	34.0	45.3
NH Black	78.4	62.5	94.3	92.7	81.2	100.0	15.5	3.2	27.9
Hispanic
Race/ethnicity-Sex									
NH White men	90.6	85.1	96.1	91.8	86.7	96.9	42.4	33.6	51.2
NH White women	82.7	77.3	88.1	92.8	89.1	96.4	37.0	29.8	44.1
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	74.3	67.4	81.3	88.8	82.9	94.6	21.4	14.0	28.8
45-64	89.5	84.1	94.9	91.9	87.1	96.8	42.6	33.1	52.1
65 and older	96.6	93.6	99.6	98.5	96.3	100.0	50.8	41.6	60.1
Marital Status									
Never married	77.1	64.8	89.4	82.6	69.1	96.1	27.1	10.9	43.3
Married/ living together as a couple	87.0	82.6	91.4	94.2	91.0	97.3	35.9	29.5	42.3
Divorced/ widowed/separated	80.9	72.6	89.2	92.9	88.2	97.6	43.0	33.1	52.9
Education									
0-11 years	81.6	72.4	90.8	94.2	87.1	100.0	36.5	23.6	49.5
HS Grad/GED	79.7	72.7	86.8	91.4	85.6	97.3	39.2	30.1	48.3
1 or more years of college	88.5	83.4	93.5	92.3	88.6	96.0	34.6	27.5	41.8
Employment									
Employed for wages	80.7	74.9	86.4	89.2	84.4	94.0	26.3	19.6	32.9
Household Income									
\$24,999 or less	80.3	72.6	88.0	88.9	82.0	95.9	40.9	31.0	50.8
\$25,000 – 49,999	84.3	78.0	90.7	95.3	91.9	98.7	36.2	27.7	44.8
\$50,000 or more	91.7	86.1	97.4	92.0	86.2	97.8	28.7	18.7	38.8

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	13.2	9.8	16.5	75.5	63.7	87.3	7.3	4.9	9.6
Sex									
Men	9.2	4.8	13.7	.	.	.	7.8	3.9	11.6
Women	16.5	11.7	21.3	79.1	65.6	92.6	6.9	4.0	9.7
Race/ethnicity									
NH White	13.1	9.4	16.8	82.6	71.8	93.4	7.6	4.9	10.2
NH Black	7.9	0.0	17.0	.	.	.	4.3	0.0	9.4
Hispanic	10.1	0.0	22.5	.	.	.	3.4	0.0	10.3
Race/ethnicity-Sex									
NH White men	8.5	3.8	13.2	.	.	.	7.4	3.2	11.6
NH White women	17.3	11.8	22.8	82.4	69.6	95.3	7.8	4.4	11.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	15.4	10.0	20.9	70.5	52.3	88.8	3.9	1.0	6.7
45-64	11.3	5.8	16.8	.	.	.	10.7	5.4	16.0
65 and older	11.3	5.1	17.5	.	.	.	9.5	4.7	14.3
Marital Status									
Never married	12.0	3.2	20.7
Married/ living together as a couple	12.7	8.7	16.7	76.2	61.6	90.7	.	.	.
Divorced/ widowed/separated	15.3	7.3	23.2
Education									
0-11 years	18.5	9.3	27.8	.	.	.	13.6	6.0	21.2
HS Grad/GED	10.0	5.0	15.1	.	.	.	8.0	4.1	12.0
1 or more years of college	13.5	8.6	18.4	67.8	48.3	87.2	4.2	1.5	6.9
Employment									
Employed for wages	12.1	7.5	16.6	62.8	42.8	82.9	4.3	1.7	7.0
Household Income									
\$24,999 or less	14.5	8.1	20.9	.	.	.	9.1	4.5	13.7
\$25,000 – 49,999	12.6	7.1	18.1	.	.	.	7.7	3.5	11.9
\$50,000 or more	14.9	7.6	22.2	.	.	.	2.5	0.0	5.4

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	22.3	18.3	26.3	30.4	25.9	35.0	29.0	24.5	33.4
Sex									
Men	23.5	17.0	30.0	32.0	24.7	39.3	31.6	24.4	38.8
Women	21.2	16.3	26.1	29.1	23.4	34.7	26.7	21.2	32.1
Race/ethnicity									
NH White	23.1	18.5	27.6	29.0	24.1	34.0	29.0	24.1	33.9
NH Black	14.6	3.8	25.4	35.0	18.5	51.6	27.0	11.7	42.3
Hispanic	19.9	3.1	36.7	43.6	23.0	64.2	38.1	18.0	58.3
Race/ethnicity-Sex									
NH White men	22.0	15.0	29.1	30.3	22.3	38.4	29.5	21.7	37.3
NH White women	24.0	18.2	29.8	27.8	21.7	33.9	28.6	22.5	34.7
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	16.0	10.7	21.3	27.4	20.5	34.3	27.3	20.7	33.9
45-64	27.1	19.0	35.3	31.1	22.7	39.6	34.2	25.5	43.0
65 and older	28.5	20.2	36.9	35.8	27.0	44.6	26.5	18.5	34.4
Marital Status									
Never married	18.3	6.8	29.9	36.3	21.1	51.5	26.5	12.7	40.3
Married/ living together as a couple	22.0	17.0	27.0	27.9	22.4	33.5	31.8	26.0	37.5
Divorced/ widowed/separated	25.3	17.0	33.6	33.9	24.9	42.8	23.2	15.7	30.7
Education									
0-11 years	21.6	12.1	31.2	40.7	29.1	52.2	28.3	17.7	38.9
HS Grad/GED	23.3	16.5	30.1	27.4	20.0	34.9	28.0	20.6	35.4
1 or more years of college	22.0	16.1	28.0	28.8	22.3	35.4	30.4	23.8	37.0
Employment									
Employed for wages	20.9	15.4	26.4	27.2	20.9	33.4	28.6	22.5	34.8
Household Income									
\$24,999 or less	21.8	14.7	28.9	40.3	31.3	49.3	28.9	20.9	36.9
\$25,000 – 49,999	21.3	14.6	28.0	27.9	20.4	35.3	33.1	25.4	40.9
\$50,000 or more	25.3	16.0	34.6	29.4	19.6	39.1	31.7	21.7	41.7

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	28.4	24.0	32.7	1.4	0.3	2.5	26.6	22.3	30.8
Sex									
Men	29.8	22.8	36.7	0.9	0.0	2.1	27.7	20.9	34.5
Women	27.2	21.6	32.8	1.9	0.1	3.7	25.7	20.2	31.1
Race/ethnicity									
NH White	30.1	25.2	35.0	0.7	0.0	1.6	28.1	23.4	32.9
NH Black	26.6	10.8	42.4	5.8	0.0	14.1	22.2	6.9	37.5
Hispanic	13.6	0.0	29.3	3.4	0.0	10.3	.	.	.
Race/ethnicity-Sex									
NH White men	31.3	23.5	39.1	0.3	0.0	0.9	29.5	21.8	37.2
NH White women	29.1	22.9	35.2	1.1	0.0	2.6	27.0	21.0	32.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	12.0	6.7	17.4	2.0	0.0	4.1	9.9	4.9	15.0
45-64	31.7	23.3	40.1	1.2	0.0	3.2	24.4	16.7	32.1
65 and older	56.4	47.5	65.2	0.5	0.0	1.5	59.8	51.0	68.5
Marital Status									
Never married	23.1	9.8	36.4	2.8	0.0	7.1	18.4	6.3	30.5
Married/ living together as a couple	28.3	22.7	33.8	1.5	0.0	3.0	24.6	19.2	29.9
Divorced/ widowed/separated	32.1	23.6	40.5	0.4	0.0	1.2	36.5	27.8	45.3
Education									
0-11 years	34.6	23.5	45.7	2.5	0.0	5.7	29.2	18.5	39.9
HS Grad/GED	26.2	19.0	33.5	1.6	0.0	3.7	22.3	15.9	28.8
1 or more years of college	27.5	21.1	33.8	0.9	0.0	2.2	28.6	22.0	35.1
Employment									
Employed for wages	18.5	13.1	23.8	1.7	0.0	3.5	14.5	9.5	19.4
Household Income									
\$24,999 or less	32.9	24.4	41.5	3.6	0.4	6.7	31.6	23.2	40.0
\$25,000 – 49,999	28.2	20.8	35.6	0.8	0.0	2.5	25.1	18.0	32.3
\$50,000 or more	19.5	11.2	27.7	.	.	.	16.0	8.5	23.4

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	77.9	71.4	84.4	92.1	88.0	96.2	72.4	65.8	79.0
Sex									
Men
Women	77.9	71.4	84.4	92.1	88.0	96.2	72.4	65.8	79.0
Race/ethnicity									
NH White	78.0	70.9	85.0	93.9	90.1	97.8	72.0	64.6	79.3
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	78.0	70.9	85.0	93.9	90.1	97.8	72.0	64.6	79.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	.	.	.	88.4	81.6	95.1	75.8	67.0	84.6
45-64	79.1	69.3	88.9	100.0	100.0	100.0	73.5	60.0	87.0
65 and older	83.4	74.7	92.1	92.7	84.0	100.0	59.7	42.9	76.5
Marital Status									
Never married	.	.	.	85.0	70.8	99.1	75.0	58.5	91.4
Married/ living together as a couple	83.9	76.1	91.7	93.7	89.1	98.3	76.8	68.5	85.1
Divorced/ widowed/separated	61.8	49.1	74.5	92.1	82.4	100.0	58.8	43.7	73.9
Education									
0-11 years	67.1	50.0	84.1	87.7	74.7	100.0	42.7	25.1	60.3
HS Grad/GED	75.5	64.0	87.1	90.5	82.8	98.2	71.8	60.3	83.3
1 or more years of college	87.0	79.1	95.0	95.1	90.6	99.6	84.1	76.4	91.8
Employment									
Employed for wages	76.6	64.8	88.3	92.6	87.3	97.8	77.3	69.0	85.7
Household Income									
\$24,999 or less	71.7	59.0	84.3	88.4	79.7	97.1	64.5	52.2	76.8
\$25,000 – 49,999	78.6	66.9	90.2	93.3	87.2	99.4	76.0	65.1	86.9
\$50,000 or more	90.1	78.0	100.0	100.0	100.0	100.0	93.6	84.5	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	38.4	31.9	45.0	28.6	22.5	34.6	51.1	44.3	57.9
Sex									
Men	33.3	23.5	43.1	27.3	18.1	36.6	56.0	45.4	66.7
Women	42.9	34.1	51.6	29.6	21.7	37.6	46.8	37.9	55.7
Race/ethnicity									
NH White	40.9	33.9	47.9	30.5	24.0	37.0	52.7	45.5	59.9
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	34.8	24.4	45.2	28.2	18.3	38.0	59.4	48.4	70.5
NH White women	46.3	36.9	55.7	32.5	23.8	41.3	46.8	37.4	56.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	33.5	23.9	43.0	24.6	16.0	33.2	45.3	34.6	55.9
65 and older	42.6	33.7	51.5	31.9	23.5	40.3	55.9	47.1	64.8
Marital Status									
Never married
Married/ living together as a couple	39.0	30.6	47.4	27.7	20.0	35.3	53.6	44.9	62.3
Divorced/ widowed/separated	38.1	27.6	48.7	33.1	22.7	43.5	45.3	34.1	56.5
Education									
0-11 years	25.3	11.2	39.3	16.1	4.1	28.2	46.0	29.4	62.6
HS Grad/GED	36.1	25.2	47.1	31.1	20.7	41.5	48.1	36.5	59.8
1 or more years of college	46.8	36.7	56.9	32.8	23.3	42.2	55.8	45.8	65.8
Employment									
Employed for wages	35.1	22.5	47.7	23.9	13.0	34.8	46.5	33.0	60.0
Household Income									
\$24,999 or less	33.7	22.7	44.6	28.1	17.7	38.5	43.2	31.3	55.1
\$25,000 – 49,999	49.0	36.8	61.1	35.8	24.2	47.3	56.7	44.6	68.7
\$50,000 or more	35.6	18.8	52.3	26.4	11.0	41.8	56.8	39.9	73.7

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		40.6	34.8	46.4	62.6	52.2	73.0	12.7	8.5	16.9
Sex	Men	38.1	29.0	47.3	63.5	46.3	80.8	9.0	2.7	15.2
	Women	42.8	35.3	50.2	61.8	48.8	74.8	16.0	10.3	21.7
Race/ethnicity	NH White	39.6	33.1	46.2	54.2	41.2	67.2	7.3	3.4	11.3
	NH Black	41.6	21.0	62.1	.	.	.	25.6	9.1	42.2
	Hispanic	54.4	33.8	75.0	.	.	.	40.1	19.5	60.8
Race/ethnicity-Sex	NH White men	38.4	27.9	48.9	54.4	33.1	75.7	7.0	0.2	13.8
	NH White women	40.8	32.7	49.0	54.0	38.1	69.9	7.7	3.4	12.0
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	50.7	42.9	58.5	67.5	56.2	78.8	17.3	11.1	23.6
	45-64	24.8	17.0	32.6	.	.	.	5.2	1.2	9.3
	65 and older
Marital Status	Never married	49.3	33.0	65.5	.	.	.	31.4	15.7	47.0
	Married/ living together as a couple	33.4	26.5	40.3	64.4	49.7	79.0	6.4	2.7	10.1
	Divorced/ widowed/A80separated	55.5	43.4	67.6	69.4	49.7	89.1	16.6	6.8	26.4
Education	0-11 years	36.6	22.7	50.5	.	.	.	19.6	7.8	31.3
	HS Grad/GED	40.8	30.8	50.8	71.3	54.3	88.3	14.7	6.1	23.2
	1 or more years of college	42.3	33.8	50.7	58.8	43.6	74.0	8.6	4.3	12.9
Employment	Employed for wages	43.1	36.0	50.3	67.0	54.7	79.3	12.6	7.4	17.8
Household Income	\$24,999 or less	48.4	36.8	60.0	64.5	47.0	82.0	23.2	12.9	33.6
	\$25,000 – 49,999	43.0	33.3	52.6	74.1	60.3	87.8	13.2	6.3	20.1
	\$50,000 or more	39.6	28.3	51.0	.	.	.	1.7	0.0	4.1

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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