

# Prevalence of Major Behavioral Risk Factors in St. Johns County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In St. Johns County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the St. Johns County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
<b>All</b>	123,135	15,982,378	12.9	9.8	16.0	59.4	51.3	67.5
<b>Sex</b>								
Men	48.6%	48.8%	11.5	6.8	16.2	56.6	45.6	67.6
Women	51.4%	51.2%	14.2	10.0	18.4	62.6	50.2	75.1
<b>Race/ethnicity</b>								
NH White	89.0%	65.4%	10.8	7.7	13.8	58.6	50.0	67.2
NH Black	6.2%	14.2%	.	.	.	.	.	.
Hispanic	2.6%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	43.4%	31.9%	10.9	5.9	15.8	56.8	45.1	68.4
NH White women	45.7%	33.6%	10.7	7.0	14.4	60.6	47.5	73.8
NH Black men	2.9%	6.8%	.	.	.	.	.	.
NH Black women	3.4%	7.4%	.	.	.	.	.	.
Hispanic men	1.3%	8.4%	.	.	.	.	.	.
Hispanic women	1.3%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	34.6%	36.9%	4.8	1.3	8.3	52.3	41.9	62.7
45-64	26.4%	22.7%	15.8	9.9	21.7	69.1	54.4	83.9
65 and older	15.9%	17.6%	23.6	15.8	31.4	.	.	.
<b>Marital Status</b>								
Never married	19.5%	22.5%	5.7	0.4	11.1	59.3	37.6	81.0
Married/ living together as a couple	59.4%	53.7%	12.9	8.9	17.0	61.0	51.9	70.2
Divorced/ widowed/separated	21.0%	23.8%	16.3	9.6	23.0	57.6	36.6	78.6
<b>Education</b>								
0-11 years	12.8%	20.1%	.	.	.	.	.	.
HS Grad/GED	24.5%	28.7%	21.6	14.4	28.8	47.1	33.5	60.7
1 or more years of college	62.7%	51.1%	8.0	4.8	11.2	66.6	56.3	76.9
<b>Employment</b>								
Employed for wages	60.5%	54.9%	4.0	1.5	6.5	59.4	51.3	67.5
<b>Household Income</b>								
\$24,999 or less	23.0%	30.8%	24.8	15.3	34.4	45.3	23.1	67.5
\$25,000 – 49,999	26.9%	31.6%	11.6	5.9	17.4	47.1	30.7	63.5
\$50,000 or more	50.1%	37.6%	7.3	3.1	11.5	71.8	62.1	81.5

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	18.0	14.2	21.9	46.6	41.1	52.1	71.4	66.1	76.8
<b>Sex</b>									
Men	15.4	9.7	21.1	46.7	38.4	55.0	70.1	62.7	77.5
Women	20.4	15.2	25.6	46.5	39.3	53.8	72.6	64.8	80.4
<b>Race/ethnicity</b>									
NH White	16.1	12.2	19.9	45.7	39.9	51.5	71.2	65.5	77.0
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	14.7	8.7	20.7	46.9	38.0	55.7	71.6	63.8	79.4
NH White women	17.3	12.3	22.4	44.6	36.9	52.3	70.9	62.4	79.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	13.5	7.7	19.3	48.0	39.0	57.0	66.4	58.2	74.6
45-64	18.2	11.6	24.8	43.6	34.2	53.1	70.6	59.8	81.5
65 and older	26.3	18.3	34.4	49.1	39.7	58.4	83.8	76.8	90.8
<b>Marital Status</b>									
Never married	15.1	4.3	26.0	48.2	29.8	66.6	64.7	48.0	81.5
Married/ living together as a couple	17.9	13.0	22.8	44.0	37.6	50.3	71.1	65.4	76.9
Divorced/ widowed/separated	20.2	12.5	27.9	52.1	38.8	65.4	74.5	59.2	89.7
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	28.9	20.1	37.7	58.3	48.7	67.9	85.2	78.4	92.0
1 or more years of college	11.5	7.9	15.1	39.4	32.9	45.9	64.0	57.0	71.0
<b>Employment</b>									
Employed for wages	12.8	8.1	17.4	46.1	38.5	53.7	67.0	59.2	74.8
<b>Household Income</b>									
\$24,999 or less	37.6	25.8	49.4	53.5	40.7	66.2	84.6	76.1	93.1
\$25,000 – 49,999	13.1	6.2	20.0	45.8	33.8	57.9	69.9	56.2	83.6
\$50,000 or more	11.7	6.7	16.6	42.2	34.2	50.2	63.9	56.2	71.6
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	33.9	28.9	38.9	16.4	12.6	20.1	70.9	66.2	75.5
<b>Sex</b>									
Men	46.2	37.9	54.5	16.3	10.1	22.6	75.3	68.3	82.3
Women	22.8	17.6	28.1	16.4	11.9	20.9	67.0	60.6	73.3
<b>Race/ethnicity</b>									
NH White	34.5	29.1	39.9	15.5	11.6	19.5	71.5	66.5	76.5
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	45.7	36.9	54.6	16.2	9.6	22.8	76.0	68.6	83.5
NH White women	24.1	18.3	29.9	15.0	10.4	19.5	67.3	60.6	74.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	29.5	21.1	38.0	12.9	7.1	18.7	76.9	69.4	84.4
45-64	40.9	31.8	50.1	18.4	11.7	25.2	69.8	61.8	77.8
65 and older	33.6	24.8	42.3	21.1	13.6	28.5	60.4	51.5	69.4
<b>Marital Status</b>									
Never married	32.2	15.0	49.4	9.4	0.8	17.9	82.1	69.6	94.6
Married/ living together as a couple	37.2	31.0	43.4	14.6	10.6	18.7	68.6	62.9	74.4
Divorced/ widowed/separated	26.1	17.2	35.0	24.7	14.3	35.2	71.6	61.3	81.8
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	31.6	22.9	40.3	14.1	8.3	19.9	74.3	66.4	82.1
1 or more years of college	35.0	28.7	41.3	15.4	11.0	19.8	69.7	63.9	75.5
<b>Employment</b>									
Employed for wages	39.1	31.8	46.4	13.9	8.9	18.9	75.1	69.0	81.1
<b>Household Income</b>									
\$24,999 or less	24.8	15.1	34.5	30.5	18.8	42.2	64.1	53.0	75.2
\$25,000 – 49,999	32.7	21.8	43.5	12.0	5.9	18.1	73.5	64.3	82.7
\$50,000 or more	41.3	33.3	49.3	11.7	7.1	16.3	75.7	69.0	82.4

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	22.2	17.6	26.7	45.1	33.4	56.7	22.3	17.7	26.8
<b>Sex</b>									
Men	26.7	19.0	34.3	41.4	24.5	58.2	27.4	19.8	35.1
Women	18.1	12.9	23.2	50.0	34.2	65.7	17.6	12.5	22.7
<b>Race/ethnicity</b>									
NH White	22.9	17.9	27.8	45.4	33.2	57.7	22.9	17.9	27.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	26.3	18.2	34.5	41.3	23.2	59.5	27.6	19.4	35.8
NH White women	19.7	13.9	25.4	50.5	34.3	66.7	18.5	12.9	24.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	30.9	22.5	39.3	45.9	29.2	62.7	29.6	21.1	38.0
45-64	21.7	14.5	29.0	37.6	20.5	54.6	17.2	11.0	23.3
65 and older	7.1	2.6	11.7	.	.	.	17.1	9.9	24.3
<b>Marital Status</b>									
Never married	34.1	16.6	51.6	.	.	.	42.2	23.8	60.6
Married/ living together as a couple	19.7	14.4	25.0	47.3	31.7	62.9	19.8	14.6	25.0
Divorced/ widowed/separated	22.0	12.6	31.4	43.4	21.2	65.7	20.9	11.6	30.3
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	27.9	18.8	37.1	47.6	27.1	68.1	21.7	13.2	30.2
1 or more years of college	18.0	13.0	23.0	47.5	32.2	62.9	22.0	16.5	27.4
<b>Employment</b>									
Employed for wages	23.5	17.1	29.9	37.9	23.2	52.5	26.8	20.1	33.4
<b>Household Income</b>									
\$24,999 or less	31.7	20.0	43.5	.	.	.	15.9	6.8	25.0
\$25,000 – 49,999	25.3	15.8	34.9	51.3	30.5	72.2	30.6	19.7	41.4
\$50,000 or more	15.0	8.9	21.1	.	.	.	21.2	14.8	27.7
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	17.9	12.6	23.3	18.5	14.3	22.7	6.9	2.5	11.4
<b>Sex</b>									
Men	19.5	12.4	26.7	21.6	14.6	28.7	3.5	0.4	6.6
Women	16.5	8.6	24.4	15.8	10.8	20.7	10.0	2.2	17.8
<b>Race/ethnicity</b>									
NH White	17.3	11.5	23.1	17.6	13.1	22.0	6.7	1.8	11.6
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	18.8	11.1	26.4	20.1	12.6	27.5	3.4	0.1	6.7
NH White women	15.9	7.2	24.7	15.3	10.2	20.5	9.7	1.1	18.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	26.8	18.5	35.0	29.8	21.5	38.1	7.5	3.1	11.9
45-64	16.4	5.2	27.6	12.6	7.4	17.7	9.8	0.0	21.4
65 and older	2.9	0.2	5.7	7.1	2.8	11.5	1.4	0.0	3.5
<b>Marital Status</b>									
Never married	24.7	8.4	41.0	36.4	18.8	54.0	6.3	0.0	13.3
Married/ living together as a couple	12.5	7.9	17.0	14.5	9.9	19.0	4.6	1.8	7.4
Divorced/ widowed/separated	28.4	13.0	43.7	22.4	12.6	32.3	14.0	0.0	30.0
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	23.3	14.5	32.1	26.9	18.0	35.8	5.5	1.5	9.5
1 or more years of college	12.2	5.6	18.7	13.3	8.9	17.6	6.7	0.5	12.9
<b>Employment</b>									
Employed for wages	21.6	13.6	29.6	20.0	14.2	25.9	7.5	0.4	14.6
<b>Household Income</b>									
\$24,999 or less	35.9	24.0	47.9	27.1	16.7	37.5	16.9	6.9	26.8
\$25,000 – 49,999	25.4	10.9	40.0	15.8	8.4	23.3	10.8	0.0	25.3
\$50,000 or more	5.5	2.0	8.9	15.6	9.1	22.1	0.8	0.0	1.9

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	75.8	71.2	80.4	54.3	48.8	59.8	73.8	68.8
<b>Sex</b>									
Men	74.3	66.9	81.7	52.3	43.9	60.7	68.3	60.4	76.3
Women	77.1	71.5	82.7	56.1	49.0	63.2	78.9	73.1	84.7
<b>Race/ethnicity</b>									
NH White	76.7	71.9	81.6	55.2	49.4	61.0	74.6	69.3	79.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	74.5	66.7	82.4	51.1	42.2	60.0	69.4	60.9	77.8
NH White women	78.8	73.0	84.6	59.1	51.6	66.5	79.5	73.4	85.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	69.3	60.9	77.7	67.8	59.2	76.4	67.9	59.3	76.6
45-64	78.5	71.8	85.3	50.9	41.0	60.9	75.8	68.3	83.4
65 and older	84.2	77.8	90.6	33.2	24.2	42.2	83.5	76.0	90.9
<b>Marital Status</b>									
Never married	60.8	42.6	78.9	63.9	45.9	81.9	54.1	35.6	72.6
Married/ living together as a couple	79.6	74.3	84.8	57.2	50.8	63.5	77.4	71.9	83.0
Divorced/ widowed/separated	71.0	60.7	81.3	43.5	30.0	57.0	71.5	60.2	82.8
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	66.6	57.3	75.9	40.5	30.9	50.1	66.3	56.4	76.3
1 or more years of college	81.6	76.7	86.5	62.6	56.2	69.0	79.0	73.6	84.4
<b>Employment</b>									
Employed for wages	73.4	66.9	79.9	62.4	55.1	69.7	70.9	64.0	77.9
<b>Household Income</b>									
\$24,999 or less	54.2	42.0	66.4	35.4	23.8	47.0	54.8	41.1	68.5
\$25,000 – 49,999	81.4	73.4	89.4	54.2	42.3	66.2	74.0	64.0	84.0
\$50,000 or more	80.6	74.1	87.2	64.3	56.5	72.0	79.3	72.4	86.2
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	28.7	23.5	34.0	75.5	66.0	84.9	15.9	12.4
<b>Sex</b>									
Men	29.1	21.8	36.4	67.2	51.8	82.6	16.1	10.8	21.3
Women	28.4	20.8	36.0	83.1	73.8	92.4	15.7	11.1	20.2
<b>Race/ethnicity</b>									
NH White	26.9	21.2	32.5	73.9	63.0	84.8	15.1	11.6	18.7
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	28.2	20.5	35.9	68.1	51.1	85.1	15.4	9.9	20.9
NH White women	25.6	17.3	33.9	79.8	67.9	91.7	14.9	10.2	19.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	12.1	5.9	18.4	.	.	.	10.9	6.1	15.8
45-64	34.9	24.2	45.6	84.3	73.8	94.9	20.5	13.9	27.2
65 and older	52.4	43.1	61.6	95.6	91.5	99.6	17.0	10.2	23.8
<b>Marital Status</b>									
Never married	7.1	0.0	14.3	.	.	.	12.0	1.2	22.9
Married/ living together as a couple	29.4	23.9	35.0	73.9	63.5	84.3	15.3	11.1	19.5
Divorced/ widowed/separated	36.9	22.6	51.2	81.8	61.8	100.0	19.4	11.7	27.1
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	27.0	19.0	35.0	87.7	76.9	98.5	19.4	12.0	26.7
1 or more years of college	28.0	21.3	34.8	73.1	61.2	85.0	15.1	11.0	19.2
<b>Employment</b>									
Employed for wages	21.2	13.6	28.8	58.2	37.7	78.6	13.4	9.2	17.6
<b>Household Income</b>									
\$24,999 or less	33.0	22.4	43.6	81.9	68.2	95.7	17.0	8.9	25.2
\$25,000 – 49,999	33.4	20.0	46.8	76.5	57.4	95.6	13.9	7.4	20.3
\$50,000 or more	20.6	14.4	26.8	71.3	55.1	87.6	16.4	10.9	21.9

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
	<b>All</b>	86.1	81.0	91.2	88.2	84.3	92.0	30.0	25.2
<b>Sex</b>									
Men	88.0	82.0	94.1	90.1	83.9	96.3	32.0	24.2	39.8
Women	84.3	76.3	92.3	86.4	81.6	91.1	28.1	22.4	33.9
<b>Race/ethnicity</b>									
NH White	86.2	80.7	91.8	87.0	82.7	91.2	30.1	25.0	35.2
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	88.6	82.1	95.1	89.3	82.6	96.0	32.1	23.7	40.4
NH White women	84.1	75.3	92.8	84.7	79.4	90.0	28.1	22.0	34.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	79.7	72.2	87.2	77.3	68.6	86.1	14.3	7.5	21.0
45-64	85.8	74.3	97.2	92.4	88.9	96.0	39.8	31.4	48.2
65 and older	98.8	97.3	100.0	99.0	97.5	100.0	41.9	32.6	51.2
<b>Marital Status</b>									
Never married	71.1	53.8	88.4	94.1	84.9	100.0	10.4	0.0	21.0
Married/ living together as a couple	91.5	87.7	95.2	87.9	82.9	93.0	30.9	24.8	36.9
Divorced/ widowed/separated	77.0	60.9	93.1	86.2	79.9	92.6	35.8	26.5	45.1
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	86.0	78.7	93.2	91.2	86.0	96.3	31.0	21.9	40.1
1 or more years of college	88.3	81.7	94.8	87.8	82.9	92.6	29.2	23.4	35.0
<b>Employment</b>									
Employed for wages	82.3	74.5	90.1	84.4	78.5	90.4	23.2	17.1	29.3
<b>Household Income</b>									
\$24,999 or less	82.1	73.1	91.1	85.3	74.4	96.2	28.8	17.4	40.3
\$25,000 – 49,999	80.8	66.3	95.4	87.2	79.9	94.6	25.2	16.4	34.0
\$50,000 or more	92.4	88.0	96.9	88.3	82.3	94.3	31.9	24.1	39.7

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
	<b>All</b>	9.2	6.1	12.2	69.8	52.4	87.1	7.8	5.1
<b>Sex</b>									
Men	6.5	2.0	11.0	.	.	.	8.6	4.1	13.2
Women	11.6	7.4	15.7	76.9	61.3	92.5	7.1	3.8	10.5
<b>Race/ethnicity</b>									
NH White	8.7	5.5	11.8	68.6	48.9	88.3	6.0	3.3	8.7
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	6.4	1.5	11.2	.	.	.	7.8	3.0	12.5
NH White women	10.8	6.6	15.0	.	.	.	4.3	1.6	7.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	9.9	4.5	15.2	.	.	.	2.0	0.0	4.2
45-64	9.0	3.9	14.0	.	.	.	10.4	4.3	16.5
65 and older	8.2	3.3	13.1	.	.	.	14.9	8.1	21.7
<b>Marital Status</b>									
Never married	16.9	2.8	31.1	.	.	.	1.2	0.0	3.8
Married/ living together as a couple	7.6	4.0	11.1	.	.	.	7.1	4.0	10.1
Divorced/ widowed/separated	10.5	4.8	16.2	.	.	.	13.1	4.9	21.3
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	14.3	7.1	21.5	.	.	.	10.3	4.4	16.2
1 or more years of college	6.9	3.6	10.2	.	.	.	6.2	3.1	9.4
<b>Employment</b>									
Employed for wages	7.6	3.6	11.7	.	.	.	3.8	0.7	7.0
<b>Household Income</b>									
\$24,999 or less	21.3	11.7	30.8	.	.	.	26.3	14.3	38.4
\$25,000 – 49,999	6.8	1.3	12.4	.	.	.	5.9	1.6	10.2
\$50,000 or more	6.6	2.1	11.1	.	.	.	2.5	0.5	4.5

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	17.2	13.6	20.8	22.7	18.4	27.1	21.5	17.3	25.6
<b>Sex</b>									
Men	18.0	12.4	23.6	22.7	15.9	29.5	20.7	14.3	27.1
Women	16.5	11.9	21.0	22.8	17.1	28.4	22.2	16.8	27.6
<b>Race/ethnicity</b>									
NH White	16.4	12.7	20.1	22.0	17.4	26.6	19.4	15.2	23.7
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	17.8	11.8	23.7	22.9	15.7	30.1	19.2	12.5	25.9
NH White women	15.1	10.5	19.7	21.3	15.4	27.1	19.7	14.3	25.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	7.1	3.2	10.9	14.6	8.4	20.7	9.3	4.6	13.9
45-64	24.7	17.3	32.1	30.3	21.7	38.9	34.0	25.1	42.8
65 and older	26.0	17.6	34.4	27.7	19.3	36.1	25.4	17.1	33.6
<b>Marital Status</b>									
Never married	7.2	0.0	14.4	15.7	4.1	27.3	9.4	0.4	18.4
Married/ living together as a couple	19.4	14.7	24.2	23.7	18.4	29.1	22.5	17.4	27.5
Divorced/ widowed/separated	15.8	9.1	22.4	23.6	13.7	33.5	24.6	14.6	34.5
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	14.9	8.6	21.2	18.3	11.3	25.4	19.2	12.0	26.4
1 or more years of college	17.5	13.0	21.9	24.5	18.9	30.2	22.3	17.0	27.5
<b>Employment</b>									
Employed for wages	12.5	8.5	16.6	20.8	15.0	26.7	19.6	14.1	25.1
<b>Household Income</b>									
\$24,999 or less	23.3	13.3	33.4	28.6	16.4	40.7	28.9	17.0	40.8
\$25,000 – 49,999	14.6	7.9	21.2	20.7	12.1	29.3	18.0	9.8	26.2
\$50,000 or more	18.4	12.6	24.2	21.6	15.2	28.1	22.4	16.2	28.5

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
	<b>All</b>	28.6	24.1	33.0	2.2	0.8	3.6	24.1	19.9
<b>Sex</b>									
Men	28.6	21.5	35.6	2.9	0.5	5.3	24.8	18.1	31.5
Women	28.6	22.8	34.3	1.7	0.1	3.2	23.5	18.1	28.9
<b>Race/ethnicity</b>									
NH White	28.3	23.5	33.0	1.7	0.4	3.0	23.3	18.8	27.7
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	28.4	20.9	35.9	2.2	0.0	4.5	23.9	16.8	30.9
NH White women	28.1	22.1	34.1	1.2	0.0	2.5	22.7	17.1	28.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	12.8	6.8	18.8	1.3	0.0	3.2	8.6	3.3	14.0
45-64	23.0	16.2	29.8	0.7	0.0	1.8	10.9	5.9	15.9
65 and older	67.4	58.8	76.1	6.5	1.6	11.4	73.6	65.6	81.7
<b>Marital Status</b>									
Never married	20.8	6.4	35.2	2.8	0.0	8.4	18.5	2.7	34.3
Married/ living together as a couple	29.6	24.0	35.1	2.5	0.6	4.3	23.6	18.4	28.8
Divorced/ widowed/separated	29.9	20.5	39.3	1.4	0.0	3.0	28.6	19.4	37.8
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	24.2	16.6	31.8	1.9	0.0	4.2	27.1	18.9	35.3
1 or more years of college	30.9	25.1	36.6	2.1	0.4	3.7	22.4	17.2	27.5
<b>Employment</b>									
Employed for wages	16.7	11.7	21.7	0.9	0.0	2.0	9.1	5.2	13.0
<b>Household Income</b>									
\$24,999 or less	33.4	22.7	44.1	6.3	0.3	12.3	30.9	20.3	41.5
\$25,000 – 49,999	23.7	14.9	32.5	2.4	0.0	5.3	21.0	12.4	29.6
\$50,000 or more	26.8	19.9	33.6	0.8	0.0	1.9	18.7	12.4	25.0

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	89.5	85.2	93.8	98.6	97.4	99.9	89.4	84.6	94.2
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	89.5	85.2	93.8	98.6	97.4	99.9	89.4	84.6	94.2
<b>Race/ethnicity</b>									
NH White	89.1	84.5	93.8	98.8	97.6	100.0	88.6	83.3	93.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	89.1	84.5	93.8	98.8	97.6	100.0	88.6	83.3	93.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	72.8	57.7	87.9	99.3	98.0	100.0	89.2	81.7	96.7
45-64	92.9	87.6	98.2	99.2	97.6	100.0	93.1	86.9	99.3
65 and older	95.3	91.3	99.2	98.1	94.3	100.0	89.7	81.0	98.4
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	92.5	87.6	97.5	100.0	100.0	100.0	94.6	90.4	98.9
Divorced/ widowed/separated	83.0	73.2	92.7	94.8	89.6	100.0	80.3	69.4	91.2
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	87.3	79.3	95.3	100.0	100.0	100.0	79.8	66.9	92.7
1 or more years of college	91.6	86.6	96.6	98.3	96.6	100.0	94.0	90.0	97.9
<b>Employment</b>									
Employed for wages	85.0	77.2	92.7	99.5	98.5	100.0	91.3	85.9	96.8
<b>Household Income</b>									
\$24,999 or less	83.9	72.7	95.1	97.0	92.7	100.0	77.4	61.5	93.3
\$25,000 – 49,999	91.1	83.1	99.0	100.0	100.0	100.0	94.2	86.3	100.0
\$50,000 or more	87.2	78.5	95.9	99.4	98.3	100.0	94.3	89.1	99.6

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	50.0	43.2	56.9	36.5	29.9	43.0	64.8	58.2	71.3
<b>Sex</b>									
Men	44.3	33.7	54.8	32.9	23.1	42.7	66.2	56.0	76.4
Women	55.5	46.7	64.4	40.0	31.2	48.7	63.4	55.0	71.9
<b>Race/ethnicity</b>									
NH White	51.9	44.7	59.2	36.7	29.8	43.7	65.1	58.1	72.0
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	46.0	34.8	57.3	33.5	23.0	44.1	66.5	55.6	77.4
NH White women	57.8	48.6	67.0	40.0	30.8	49.1	63.7	54.8	72.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	42.3	32.6	52.0	31.4	22.3	40.6	54.4	44.5	64.4
65 and older	58.4	49.1	67.8	42.0	32.6	51.3	75.8	68.0	83.5
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	50.3	41.9	58.7	37.1	28.9	45.3	69.6	62.0	77.2
Divorced/ widowed/separated	49.9	37.5	62.3	35.8	24.4	47.1	55.1	42.8	67.3
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	42.5	29.9	55.1	35.4	23.2	47.7	63.6	51.6	75.6
1 or more years of college	53.2	44.7	61.7	37.5	29.3	45.6	66.1	58.0	74.2
<b>Employment</b>									
Employed for wages	41.9	30.1	53.7	33.4	22.1	44.6	51.9	39.7	64.1
<b>Household Income</b>									
\$24,999 or less	47.1	30.2	64.1	37.3	21.4	53.2	57.7	40.2	75.2
\$25,000 – 49,999	44.7	30.7	58.7	32.7	19.2	46.2	63.5	50.4	76.5
\$50,000 or more	54.7	43.0	66.5	37.6	26.4	48.9	73.9	64.1	83.8

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		45.5	38.7	52.3	53.9	40.8	67.0	7.3	3.9	10.6
<b>Sex</b>	Men	52.5	42.6	62.4	42.3	25.4	59.2	5.1	0.5	9.6
	Women	38.9	29.2	48.5	66.9	50.0	83.7	9.4	4.5	14.3
<b>Race/ethnicity</b>	NH White	44.5	37.3	51.8	52.8	38.6	67.1	5.7	2.4	9.0
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	52.6	42.1	63.1	41.0	23.3	58.8	3.7	0.0	8.4
	NH White women	36.8	26.3	47.3	67.2	48.4	86.1	7.6	2.8	12.4
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	53.7	44.6	62.8	53.0	39.0	66.9	11.5	5.9	17.2
	45-64	36.1	24.8	47.4	57.9	29.0	86.8	2.3	0.0	4.9
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	57.0	37.8	76.2	.	.	.	28.2	10.5	46.0
	Married/ living together as a couple	43.1	35.4	50.7	47.9	32.9	62.9	2.6	0.0	5.2
	Divorced/ widowed/A80separated	47.8	29.6	66.1	.	.	.	9.8	2.5	17.1
<b>Education</b>	0-11 years	.	.	.	.	.	.	.	.	.
	HS Grad/GED	44.1	32.2	56.1	.	.	.	12.9	4.4	21.3
	1 or more years of college	45.2	36.7	53.7	57.8	41.4	74.2	5.4	1.9	8.9
<b>Employment</b>	Employed for wages	46.7	38.5	54.9	55.7	40.0	71.4	5.4	2.2	8.7
<b>Household Income</b>	\$24,999 or less	64.5	50.2	78.8	.	.	.	7.9	1.3	14.4
	\$25,000 – 49,999	56.1	42.0	70.2	72.2	53.1	91.4	7.0	0.7	13.3
	\$50,000 or more	40.9	31.8	49.9	37.6	20.2	55.1	5.5	0.9	10.2

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

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