

# Prevalence of Major Behavioral Risk Factors in Wakulla County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Wakulla County, 500 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Wakulla County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
<b>All</b>	22,863	15,982,378	22.9	15.8	30.1	62.7	56.5	68.9
<b>Sex</b>								
Men	51.8%	48.8%	27.3	14.4	40.2	46.2	37.1	55.2
Women	48.2%	51.2%	18.6	13.5	23.7	81.3	74.6	87.9
<b>Race/ethnicity</b>								
NH White	84.8%	65.4%	23.2	14.9	31.4	62.6	55.9	69.3
NH Black	11.3%	14.2%	30.4	12.4	48.5	.	.	.
Hispanic	1.9%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	43.2%	31.9%	27.7	13.0	42.5	44.4	34.8	54.0
NH White women	41.7%	33.6%	18.6	13.0	24.3	81.9	75.0	88.8
NH Black men	6.4%	6.8%	.	.	.	.	.	.
NH Black women	4.9%	7.4%	.	.	.	.	.	.
Hispanic men	1.1%	8.4%	.	.	.	.	.	.
Hispanic women	0.8%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	39.3%	36.9%	19.4	5.7	33.2	58.9	50.4	67.5
45-64	24.7%	22.7%	22.8	16.3	29.4	65.9	56.9	75.0
65 and older	10.3%	17.6%	37.8	27.1	48.5	.	.	.
<b>Marital Status</b>								
Never married	19.5%	22.5%	15.2	4.2	26.2	45.3	25.6	64.9
Married/ living together as a couple	55.5%	53.7%	18.3	13.6	23.0	66.2	58.9	73.5
Divorced/ widowed/separated	25.0%	23.8%	40.3	17.5	63.0	61.0	47.6	74.5
<b>Education</b>								
0-11 years	21.6%	20.1%	46.8	33.2	60.3	.	.	.
HS Grad/GED	34.9%	28.7%	28.0	12.6	43.3	50.6	40.0	61.2
1 or more years of college	43.4%	51.1%	11.3	7.3	15.4	76.1	68.7	83.6
<b>Employment</b>								
Employed for wages	60.0%	54.9%	17.0	5.8	28.2	62.7	56.5	68.9
<b>Household Income</b>								
\$24,999 or less	30.2%	30.8%	43.2	25.2	61.1	42.4	28.4	56.5
\$25,000 – 49,999	35.2%	31.6%	18.3	11.3	25.4	59.2	48.0	70.5
\$50,000 or more	34.6%	37.6%	7.7	3.0	12.4	70.7	61.1	80.3

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	32.2	25.3	39.2	56.2	51.2	61.1	78.0	73.5	82.4
<b>Sex</b>									
Men	31.8	19.4	44.2	48.3	40.9	55.6	69.1	60.9	77.3
Women	32.6	26.1	39.2	63.2	56.7	69.8	86.6	82.1	91.1
<b>Race/ethnicity</b>									
NH White	30.9	23.0	38.8	55.6	50.2	60.9	78.1	73.3	83.0
NH Black	45.2	25.6	64.8	57.7	38.4	76.9	77.5	61.0	94.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	32.4	18.3	46.5	47.8	39.9	55.7	70.1	61.1	79.1
NH White women	29.4	22.6	36.2	62.5	55.3	69.6	86.1	81.2	91.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	29.7	16.8	42.5	45.2	37.6	52.8	74.0	66.3	81.7
45-64	32.4	24.9	39.8	65.5	58.0	73.0	79.4	73.1	85.6
65 and older	39.0	28.1	49.9	65.1	54.8	75.5	86.6	79.6	93.6
<b>Marital Status</b>									
Never married	36.3	21.0	51.7	53.7	37.4	70.1	66.6	50.4	82.7
Married/ living together as a couple	26.8	21.3	32.3	54.9	48.9	60.9	77.2	72.1	82.2
Divorced/ widowed/separated	46.1	24.9	67.2	62.1	52.1	72.2	85.6	77.6	93.7
<b>Education</b>									
0-11 years	51.8	38.2	65.4	73.2	60.8	85.6	87.2	77.1	97.3
HS Grad/GED	41.2	27.6	54.9	57.9	49.5	66.2	82.0	75.1	88.9
1 or more years of college	18.3	12.9	23.8	49.8	42.7	56.8	71.6	65.2	78.1
<b>Employment</b>									
Employed for wages	29.7	19.4	40.1	51.5	45.1	57.8	74.2	67.9	80.5
<b>Household Income</b>									
\$24,999 or less	51.9	36.0	67.8	55.7	45.9	65.5	79.6	69.9	89.4
\$25,000 – 49,999	28.3	19.7	36.8	59.0	49.9	68.2	83.7	77.3	90.0
\$50,000 or more	13.1	7.3	19.0	48.1	39.0	57.2	68.8	60.2	77.4
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	30.8	25.8	35.8	28.1	23.2	33.0	76.6	72.1	81.1
<b>Sex</b>									
Men	34.8	26.3	43.3	27.5	20.0	35.1	79.9	73.4	86.4
Women	26.9	21.0	32.7	28.7	22.5	35.0	73.3	67.3	79.2
<b>Race/ethnicity</b>									
NH White	31.5	25.9	37.2	24.8	19.8	29.9	77.3	72.6	82.0
NH Black	33.0	15.5	50.6	54.8	35.7	73.9	84.3	69.5	99.2
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	35.1	25.5	44.6	25.8	17.8	33.8	82.6	76.2	89.0
NH White women	28.0	21.5	34.5	23.8	17.5	30.1	72.0	65.5	78.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	32.9	24.4	41.4	20.9	14.0	27.7	76.6	69.5	83.7
45-64	27.1	20.3	33.9	38.1	30.1	46.0	79.3	72.9	85.7
65 and older	34.4	24.0	44.8	31.8	20.9	42.6	72.0	62.2	81.7
<b>Marital Status</b>									
Never married	27.9	13.8	42.1	21.8	8.4	35.1	83.4	71.4	95.5
Married/ living together as a couple	33.1	27.4	38.7	32.1	26.4	37.8	72.8	67.4	78.2
Divorced/ widowed/separated	25.7	14.1	37.3	19.7	9.9	29.6	84.2	76.2	92.2
<b>Education</b>									
0-11 years	30.7	18.0	43.5	48.0	34.4	61.5	87.9	79.7	96.2
HS Grad/GED	23.9	16.1	31.7	25.7	17.2	34.2	80.4	73.4	87.5
1 or more years of college	37.4	30.6	44.1	24.4	18.4	30.5	69.7	63.1	76.3
<b>Employment</b>									
Employed for wages	34.6	27.4	41.8	22.9	17.0	28.8	77.7	71.8	83.6
<b>Household Income</b>									
\$24,999 or less	25.3	15.1	35.6	26.0	15.3	36.6	82.4	73.8	90.9
\$25,000 – 49,999	30.2	21.8	38.6	36.3	27.2	45.4	79.8	72.9	86.7
\$50,000 or more	37.6	28.7	46.4	22.2	14.6	29.7	70.1	61.6	78.5

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	31.7	24.7	38.7	53.5	39.0	67.9	16.1	12.3	19.9
<b>Sex</b>									
Men	36.8	24.8	48.8	60.9	40.4	81.4	24.1	16.9	31.3
Women	26.7	20.6	32.7	43.3	30.4	56.1	8.3	4.9	11.7
<b>Race/ethnicity</b>									
NH White	32.1	24.2	40.0	54.7	38.6	70.7	16.6	12.4	20.7
NH Black	28.7	10.8	46.6	.	.	.	9.6	0.0	21.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	37.7	24.1	51.2	60.8	37.7	83.9	25.0	17.0	33.1
NH White women	26.5	20.1	32.9	45.9	31.9	59.8	8.1	4.5	11.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	40.4	28.6	52.1	60.5	41.1	79.8	17.8	11.5	24.2
45-64	27.1	20.1	34.1	44.6	29.8	59.3	16.2	10.7	21.8
65 and older	12.2	5.3	19.2	.	.	.	9.7	3.2	16.2
<b>Marital Status</b>									
Never married	30.9	15.7	46.2	.	.	.	42.0	25.7	58.4
Married/ living together as a couple	28.5	22.9	34.1	46.2	34.3	58.2	12.9	8.9	16.9
Divorced/ widowed/separated	41.3	19.0	63.6	69.9	41.5	98.4	12.9	5.8	19.9
<b>Education</b>									
0-11 years	30.3	17.8	42.7	.	.	.	10.9	2.6	19.3
HS Grad/GED	43.2	29.8	56.5	56.7	34.0	79.4	17.3	10.5	24.1
1 or more years of college	21.9	16.1	27.7	43.5	28.4	58.7	16.7	11.5	22.0
<b>Employment</b>									
Employed for wages	36.6	26.8	46.4	52.0	32.7	71.3	18.8	13.4	24.3
<b>Household Income</b>									
\$24,999 or less	49.3	32.7	66.0	74.8	57.1	92.5	14.5	6.7	22.3
\$25,000 – 49,999	30.9	21.9	39.8	27.4	12.2	42.7	20.7	13.4	28.0
\$50,000 or more	19.7	12.4	26.9	.	.	.	15.2	8.8	21.6

  

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	15.2	11.4	19.0	13.7	10.1	17.2	10.6	3.1	18.1
<b>Sex</b>									
Men	15.8	9.9	21.8	16.5	10.8	22.3	12.4	0.0	26.7
Women	14.5	9.7	19.4	10.8	6.3	15.4	8.9	4.9	13.0
<b>Race/ethnicity</b>									
NH White	13.7	9.8	17.6	12.7	9.1	16.4	10.6	1.9	19.3
NH Black	34.5	14.0	55.1	19.1	3.2	35.0	7.0	0.0	16.7
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	15.6	9.1	22.0	16.7	10.3	23.0	12.8	0.0	29.4
NH White women	11.8	7.1	16.4	8.8	4.6	13.0	8.4	4.4	12.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	19.7	12.9	26.4	16.5	10.3	22.7	16.0	1.9	30.0
45-64	14.5	9.0	20.1	11.5	6.8	16.2	5.6	2.6	8.7
65 and older	1.2	0.0	3.5	9.6	3.4	15.9	4.3	0.1	8.4
<b>Marital Status</b>									
Never married	21.9	6.8	37.0	16.9	4.7	29.2	4.4	0.0	11.2
Married/ living together as a couple	14.6	10.2	19.0	13.6	9.2	18.0	6.5	3.4	9.7
Divorced/ widowed/separated	13.7	5.9	21.6	12.3	5.5	19.2	25.6	0.0	52.5
<b>Education</b>									
0-11 years	23.8	11.8	35.7	23.0	11.4	34.7	12.1	3.4	20.7
HS Grad/GED	21.1	13.2	28.9	17.7	10.7	24.7	16.3	0.0	33.1
1 or more years of college	7.5	4.1	11.0	7.5	3.9	11.1	5.2	2.5	8.0
<b>Employment</b>									
Employed for wages	14.0	9.3	18.8	11.8	7.5	16.1	11.0	0.0	22.5
<b>Household Income</b>									
\$24,999 or less	30.7	18.6	42.8	18.7	9.8	27.7	25.9	4.2	47.6
\$25,000 – 49,999	12.3	6.8	17.8	10.9	5.0	16.9	5.0	0.4	9.5
\$50,000 or more	2.8	0.0	6.1	10.0	4.6	15.4	2.5	0.1	4.8

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
<b>All</b>	67.4	62.2	72.7	45.2	39.1	51.3	66.8	61.2	72.4
<b>Sex</b>									
Men	69.6	61.6	77.6	45.0	35.0	55.0	68.8	60.4	77.3
Women	65.3	58.7	71.9	45.5	38.5	52.5	64.6	57.5	71.8
<b>Race/ethnicity</b>									
NH White	69.5	63.9	75.1	45.4	38.7	52.2	68.0	62.0	74.0
NH Black	40.9	22.2	59.6	41.0	20.5	61.4	39.6	19.2	60.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	70.7	62.0	79.4	44.2	33.1	55.3	69.1	59.8	78.4
NH White women	68.3	61.4	75.1	46.6	39.1	54.2	66.8	59.4	74.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	66.7	57.9	75.4	58.9	47.1	70.6	65.7	56.8	74.7
45-64	70.6	63.3	77.8	36.0	28.2	43.8	69.2	61.3	77.1
65 and older	61.0	50.3	71.7	15.7	7.8	23.5	62.7	49.8	75.5
<b>Marital Status</b>									
Never married	67.2	52.0	82.4	56.1	39.8	72.4	62.2	46.0	78.3
Married/ living together as a couple	68.6	62.8	74.3	49.9	43.8	56.0	67.5	61.5	73.5
Divorced/ widowed/separated	64.3	49.0	79.6	26.0	13.6	38.4	67.2	50.4	83.9
<b>Education</b>									
0-11 years	25.8	13.3	38.3	23.9	11.0	36.7	21.8	9.1	34.5
HS Grad/GED	66.6	56.8	76.4	37.1	26.5	47.7	65.2	54.7	75.7
1 or more years of college	80.1	74.4	85.7	58.7	51.8	65.7	77.8	71.8	83.7
<b>Employment</b>									
Employed for wages	74.1	67.8	80.4	53.1	44.0	62.1	71.8	65.1	78.5
<b>Household Income</b>									
\$24,999 or less	51.3	35.0	67.6	29.7	17.6	41.7	50.5	31.6	69.4
\$25,000 – 49,999	65.8	56.9	74.7	44.3	34.8	53.7	65.0	55.7	74.4
\$50,000 or more	86.8	80.7	92.9	64.8	56.1	73.6	83.2	76.3	90.1
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
<b>All</b>	26.5	21.9	31.1	76.2	68.9	83.4	18.7	14.6	22.7
<b>Sex</b>									
Men	25.7	18.7	32.8	70.7	59.4	82.1	15.2	9.6	20.8
Women	27.3	21.5	33.1	81.2	72.1	90.3	22.2	16.5	27.8
<b>Race/ethnicity</b>									
NH White	24.5	19.7	29.3	74.1	65.7	82.6	16.3	12.2	20.5
NH Black	40.9	22.2	59.5	.	.	.	37.4	19.4	55.4
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	24.4	16.8	31.9	67.2	54.0	80.5	13.4	7.6	19.2
NH White women	24.7	18.7	30.7	81.0	70.4	91.6	19.3	13.6	25.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	10.7	6.0	15.3	.	.	.	15.5	9.6	21.3
45-64	35.7	28.0	43.3	73.2	62.1	84.3	23.3	16.5	30.1
65 and older	60.9	50.0	71.9	92.4	85.5	99.3	20.1	11.0	29.3
<b>Marital Status</b>									
Never married	7.7	1.9	13.5	.	.	.	18.8	5.6	32.0
Married/ living together as a couple	28.5	23.2	33.9	79.0	70.1	87.9	19.6	14.7	24.4
Divorced/ widowed/separated	29.8	16.7	42.9	70.9	58.1	83.6	16.0	7.8	24.1
<b>Education</b>									
0-11 years	47.9	34.3	61.5	74.4	57.9	91.0	29.5	16.4	42.6
HS Grad/GED	23.3	15.7	31.0	77.5	65.3	89.7	17.9	11.1	24.7
1 or more years of college	23.1	17.6	28.7	75.5	64.4	86.7	16.6	11.4	21.8
<b>Employment</b>									
Employed for wages	18.5	13.4	23.5	66.4	53.8	79.0	15.9	11.0	20.8
<b>Household Income</b>									
\$24,999 or less	30.1	18.7	41.4	77.9	65.6	90.1	22.6	12.9	32.3
\$25,000 – 49,999	26.6	18.6	34.6	78.3	64.6	91.9	19.8	12.4	27.1
\$50,000 or more	20.2	13.2	27.3	72.2	54.8	89.6	15.1	8.2	21.9

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
<b>All</b>	84.7	80.9	88.5	91.6	88.6	94.6	39.1	31.3	46.9
<b>Sex</b>									
Men	84.6	78.9	90.4	91.4	86.8	96.0	44.2	31.0	57.5
Women	84.8	79.8	89.9	91.8	87.9	95.8	34.2	26.7	41.7
<b>Race/ethnicity</b>									
NH White	84.8	80.7	89.0	90.7	87.2	94.1	39.7	30.9	48.5
NH Black	83.5	70.4	96.6	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	84.5	78.0	90.9	89.9	84.5	95.4	45.1	30.3	59.9
NH White women	85.2	80.0	90.4	91.3	86.9	95.7	34.5	26.2	42.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	75.4	67.8	82.9	85.5	78.8	92.1	31.3	14.7	47.9
45-64	93.3	89.7	96.9	95.4	92.5	98.4	44.3	35.4	53.2
65 and older	94.9	90.6	99.2	98.5	96.3	100.0	48.5	37.0	60.1
<b>Marital Status</b>									
Never married	72.4	57.6	87.2	89.2	77.0	100.0	14.4	0.9	27.8
Married/ living together as a couple	86.1	81.8	90.5	91.6	88.0	95.3	34.7	28.5	40.9
Divorced/ widowed/separated	86.4	78.7	94.2	92.5	86.8	98.2	61.4	42.7	80.1
<b>Education</b>									
0-11 years	78.7	67.1	90.4	88.1	77.9	98.4	56.4	40.4	72.4
HS Grad/GED	84.0	77.4	90.7	91.3	86.2	96.4	44.3	28.6	59.9
1 or more years of college	86.9	82.0	91.8	92.6	88.8	96.5	30.7	23.9	37.5
<b>Employment</b>									
Employed for wages	83.5	78.5	88.5	92.1	88.4	95.9	33.0	21.0	44.9
<b>Household Income</b>									
\$24,999 or less	83.1	74.7	91.5	89.9	83.0	96.7	48.9	28.6	69.1
\$25,000 – 49,999	86.1	79.6	92.5	91.5	86.0	97.0	37.9	27.0	48.8
\$50,000 or more	87.2	80.6	93.8	90.8	85.1	96.6	29.6	20.9	38.3

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
<b>All</b>	12.9	9.6	16.1	82.6	72.7	92.5	7.0	4.8	9.2
<b>Sex</b>									
Men	11.2	6.6	15.7	.	.	.	7.5	4.0	10.9
Women	14.6	10.1	19.1	90.6	81.4	99.8	6.6	3.9	9.3
<b>Race/ethnicity</b>									
NH White	12.8	9.3	16.3	81.0	69.7	92.3	5.7	3.7	7.8
NH Black	15.0	0.7	29.3	.	.	.	26.1	9.0	43.2
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	10.4	5.6	15.2	.	.	.	6.8	3.5	10.1
NH White women	15.2	10.2	20.2	89.3	78.7	99.8	4.7	2.2	7.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	13.4	8.1	18.7	79.5	62.8	96.2	0.7	0.0	1.7
45-64	12.0	7.4	16.5	82.7	68.3	97.0	10.2	5.8	14.7
65 and older	13.4	5.9	21.0	.	.	.	22.5	13.6	31.4
<b>Marital Status</b>									
Never married	15.7	3.7	27.7	.	.	.	2.8	0.0	6.8
Married/ living together as a couple	12.7	8.9	16.5	81.8	68.8	94.8	7.2	4.4	10.0
Divorced/ widowed/separated	12.1	5.3	18.8	.	.	.	8.7	3.7	13.6
<b>Education</b>									
0-11 years	16.9	6.8	27.0	.	.	.	12.1	5.2	19.0
HS Grad/GED	10.6	5.9	15.4	.	.	.	5.3	2.0	8.7
1 or more years of college	13.9	9.1	18.6	82.4	67.2	97.6	7.2	4.1	10.3
<b>Employment</b>									
Employed for wages	11.6	7.6	15.6	73.6	57.9	89.3	3.3	1.4	5.1
<b>Household Income</b>									
\$24,999 or less	16.9	8.9	24.9	.	.	.	9.5	4.0	15.0
\$25,000 – 49,999	10.4	5.4	15.4	.	.	.	7.4	3.4	11.3
\$50,000 or more	14.1	7.8	20.5	.	.	.	4.4	1.2	7.5

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	20.3	15.8	24.8	24.6	20.0	29.2	22.3	17.9	26.8
<b>Sex</b>									
Men	14.6	9.3	19.9	19.5	13.2	25.7	18.5	12.2	24.7
Women	26.0	19.3	32.8	29.8	23.5	36.2	26.2	20.2	32.2
<b>Race/ethnicity</b>									
NH White	18.9	14.1	23.8	21.9	17.1	26.6	19.2	14.7	23.6
NH Black	22.0	7.2	36.8	43.5	24.6	62.4	53.0	33.7	72.4
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	13.8	8.1	19.5	17.3	10.8	23.7	15.6	9.4	21.8
NH White women	24.1	16.8	31.4	26.5	20.0	33.1	22.8	16.7	28.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	14.4	8.9	19.9	22.9	15.8	30.0	18.5	12.0	25.0
45-64	27.2	18.8	35.5	25.9	18.8	32.9	27.3	20.1	34.5
65 and older	26.2	15.9	36.6	29.1	19.3	39.0	25.8	15.9	35.6
<b>Marital Status</b>									
Never married	8.3	1.9	14.8	18.4	7.3	29.4	19.6	7.5	31.7
Married/ living together as a couple	21.9	16.9	26.9	27.1	21.6	32.6	24.0	18.6	29.3
Divorced/ widowed/separated	21.5	8.3	34.7	20.4	10.5	30.3	19.0	9.8	28.2
<b>Education</b>									
0-11 years	21.5	9.8	33.1	30.6	18.3	42.8	31.2	18.6	43.8
HS Grad/GED	24.5	15.5	33.4	26.8	18.1	35.5	21.9	14.1	29.7
1 or more years of college	16.5	11.3	21.6	21.3	15.5	27.0	20.4	14.7	26.1
<b>Employment</b>									
Employed for wages	16.9	12.1	21.7	20.0	14.6	25.4	19.0	13.7	24.3
<b>Household Income</b>									
\$24,999 or less	16.3	8.7	23.9	23.6	13.7	33.5	21.8	12.3	31.4
\$25,000 – 49,999	24.7	14.9	34.5	29.4	20.6	38.2	22.7	14.7	30.7
\$50,000 or more	17.9	11.1	24.7	20.2	13.0	27.5	19.0	11.6	26.3

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
<b>All</b>	23.3	19.0	27.6	2.0	0.9	3.2	26.3	19.1	33.5
<b>Sex</b>									
Men	19.2	13.3	25.2	1.4	0.0	2.8	29.5	16.4	42.5
Women	27.4	21.6	33.2	2.7	0.9	4.4	23.2	17.8	28.7
<b>Race/ethnicity</b>									
NH White	23.0	18.3	27.7	1.4	0.4	2.4	27.9	19.7	36.1
NH Black	27.0	11.6	42.3	5.2	0.0	11.4	20.9	7.3	34.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	18.0	11.7	24.4	0.8	0.0	2.0	30.1	15.1	45.2
NH White women	28.1	21.6	34.5	2.0	0.3	3.7	25.7	19.5	31.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	14.1	8.6	19.7	1.7	0.1	3.2	16.8	2.1	31.5
45-64	22.9	16.6	29.2	1.5	0.0	3.3	20.9	14.8	27.0
65 and older	58.8	47.8	69.9	4.9	0.9	9.0	74.2	64.1	84.3
<b>Marital Status</b>									
Never married	22.4	10.0	34.8	2.1	0.0	5.2	11.1	2.7	19.5
Married/ living together as a couple	23.4	18.5	28.4	1.4	0.2	2.7	24.3	19.3	29.3
Divorced/ widowed/separated	23.4	12.6	34.2	3.8	0.5	7.1	38.4	15.2	61.6
<b>Education</b>									
0-11 years	25.3	13.9	36.7	2.1	0.0	5.2	29.2	17.6	40.7
HS Grad/GED	20.6	13.6	27.7	2.3	0.3	4.2	28.9	13.5	44.3
1 or more years of college	25.0	19.2	30.9	1.9	0.3	3.4	23.0	17.3	28.7
<b>Employment</b>									
Employed for wages	16.8	11.9	21.7	1.2	0.1	2.3	19.0	7.7	30.3
<b>Household Income</b>									
\$24,999 or less	22.0	13.1	31.0	3.9	0.7	7.1	35.2	15.3	55.2
\$25,000 – 49,999	26.8	18.8	34.8	2.5	0.2	4.8	23.4	16.1	30.6
\$50,000 or more	19.8	12.9	26.8	.	.	.	17.9	10.9	25.0

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	83.5	77.3	89.7	94.7	91.0	98.4	84.2	78.0	90.3
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	83.5	77.3	89.7	94.7	91.0	98.4	84.2	78.0	90.3
<b>Race/ethnicity</b>									
NH White	84.4	78.1	90.7	96.5	93.4	99.5	85.6	79.5	91.7
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	84.4	78.1	90.7	96.5	93.4	99.5	85.6	79.5	91.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	71.0	54.0	88.1	93.9	88.6	99.2	86.9	79.8	94.0
45-64	88.8	81.4	96.2	96.3	90.6	100.0	84.1	71.6	96.5
65 and older	85.0	74.8	95.2	.	.	.	.	.	.
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	84.4	76.4	92.3	97.6	94.7	100.0	89.6	83.4	95.8
Divorced/ widowed/separated	78.5	66.4	90.7	97.2	93.1	100.0	72.2	55.9	88.5
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	81.9	71.5	92.3	89.4	80.8	98.1	77.3	65.6	89.1
1 or more years of college	86.5	78.3	94.8	98.6	95.8	100.0	91.7	85.7	97.8
<b>Employment</b>									
Employed for wages	86.7	78.5	94.9	94.6	89.7	99.6	86.9	79.8	94.0
<b>Household Income</b>									
\$24,999 or less	65.7	49.3	82.0	97.9	94.9	100.0	79.3	66.4	92.2
\$25,000 – 49,999	90.3	82.6	98.0	93.9	86.6	100.0	86.1	75.9	96.4
\$50,000 or more	90.4	80.9	100.0	95.0	88.0	100.0	91.1	82.2	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	56.3	48.5	64.1	47.0	38.9	55.1	54.4	46.3	62.6
<b>Sex</b>									
Men	55.3	44.4	66.1	45.3	34.4	56.1	62.1	51.6	72.6
Women	57.1	46.0	68.2	48.4	36.7	60.1	48.5	37.1	60.0
<b>Race/ethnicity</b>									
NH White	59.9	51.7	68.1	50.8	42.1	59.5	54.8	46.0	63.7
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	56.9	45.4	68.5	47.2	35.6	58.9	60.2	48.8	71.6
NH White women	62.2	50.7	73.8	53.6	41.1	66.1	50.5	37.8	63.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	52.9	42.0	63.8	45.6	34.3	56.9	51.1	39.9	62.3
65 and older	61.5	50.2	72.7	49.2	37.8	60.6	59.4	48.3	70.6
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	57.9	48.8	66.9	50.7	41.6	59.8	61.1	52.2	70.1
Divorced/ widowed/separated	54.8	38.1	71.4	39.5	20.3	58.8	43.0	27.0	59.0
<b>Education</b>									
0-11 years	55.5	38.4	72.7	41.6	25.1	58.1	49.2	32.5	66.0
HS Grad/GED	54.3	39.4	69.2	44.5	28.3	60.6	48.5	33.1	63.9
1 or more years of college	58.5	47.4	69.7	51.4	40.1	62.6	60.1	49.1	71.1
<b>Employment</b>									
Employed for wages	54.8	42.1	67.5	42.5	30.0	55.0	46.9	34.3	59.5
<b>Household Income</b>									
\$24,999 or less	52.9	38.7	67.2	36.3	22.6	50.1	53.7	38.9	68.4
\$25,000 – 49,999	61.4	46.9	75.9	56.6	41.4	71.9	44.7	29.4	60.0
\$50,000 or more	63.3	48.1	78.6	57.7	42.2	73.3	75.0	61.7	88.3

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		45.8	38.9	52.7	59.6	50.1	69.0	14.7	10.7	18.7
<b>Sex</b>	Men	42.0	31.2	52.7	54.6	39.7	69.5	9.0	4.5	13.5
	Women	49.7	41.8	57.6	64.1	51.8	76.4	20.6	14.3	26.9
<b>Race/ethnicity</b>	NH White	43.3	35.8	50.8	58.1	47.5	68.8	9.8	6.3	13.3
	NH Black	53.4	32.4	74.4	.	.	.	46.6	25.6	67.6
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	40.4	28.5	52.3	54.5	37.3	71.7	5.8	1.8	9.8
	NH White women	46.4	37.9	54.9	61.3	47.7	75.0	14.0	8.5	19.5
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	55.1	43.9	66.3	60.8	50.0	71.5	18.7	12.3	25.1
	45-64	33.2	25.6	40.9	53.8	33.3	74.3	8.7	4.5	12.9
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	64.0	48.4	79.5	.	.	.	37.8	22.0	53.5
	Married/ living together as a couple	46.1	39.4	52.8	52.4	40.2	64.6	11.3	6.9	15.6
	Divorced/ widowed/A80separated	33.3	15.1	51.6	68.1	50.6	85.6	11.6	3.5	19.7
<b>Education</b>	0-11 years	52.3	35.6	69.1	.	.	.	19.4	5.6	33.2
	HS Grad/GED	44.3	31.3	57.3	66.1	50.2	82.0	16.7	9.4	23.9
	1 or more years of college	45.5	37.8	53.2	51.4	38.2	64.7	11.8	6.9	16.6
<b>Employment</b>	Employed for wages	43.4	35.1	51.7	52.7	41.1	64.3	10.8	7.0	14.7
<b>Household Income</b>	\$24,999 or less	52.2	32.6	71.9	70.9	56.6	85.1	21.3	10.7	31.9
	\$25,000 – 49,999	52.9	41.9	63.9	55.4	37.8	73.0	11.3	4.6	18.1
	\$50,000 or more	35.1	25.8	44.3	47.2	26.6	67.8	11.3	5.0	17.7

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:  
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