

Prevalence of Major Behavioral Risk Factors in Walton County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Walton County, 506 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Walton County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
				Lower	Upper		Lower	Upper
All	40,601	15,982,378	20.9	16.9	25.0	54.1	46.2	62.1
Sex								
Men	51.3%	48.8%	18.0	12.5	23.6	51.4	39.8	63.0
Women	48.7%	51.2%	24.1	18.3	29.9	57.9	47.2	68.5
Race/ethnicity								
NH White	87.3%	65.4%	20.1	15.9	24.2	53.9	45.8	62.0
NH Black	6.9%	14.2%
Hispanic	2.2%	16.8%
Race/ethnicity-Sex								
NH White men	44.0%	31.9%	17.8	12.0	23.7	50.0	38.3	61.7
NH White women	43.2%	33.6%	22.3	16.4	28.2	58.8	47.6	69.9
NH Black men	4.1%	6.8%
NH Black women	2.8%	7.4%
Hispanic men	1.3%	8.4%
Hispanic women	0.9%	8.4%
Age								
18-44	35.6%	36.9%	10.6	5.9	15.3	51.6	40.2	63.1
45-64	26.9%	22.7%	27.8	20.4	35.2	58.5	47.5	69.5
65 and older	15.8%	17.6%	31.8	22.1	41.5	.	.	.
Marital Status								
Never married	17.7%	22.5%	13.9	2.5	25.2	65.4	45.4	85.4
Married/ living together as a couple	57.6%	53.7%	18.2	13.3	23.1	55.5	45.3	65.8
Divorced/ widowed/separated	24.7%	23.8%	31.0	22.9	39.1	41.4	28.9	54.0
Education								
0-11 years	24.0%	20.1%	37.7	24.1	51.4	.	.	.
HS Grad/GED	32.3%	28.7%	29.9	22.1	37.6	47.2	33.3	61.1
1 or more years of college	43.6%	51.1%	12.1	7.6	16.6	57.7	47.4	67.9
Employment								
Employed for wages	52.4%	54.9%	11.8	7.3	16.2	54.1	46.2	62.1
Household Income								
\$24,999 or less	38.3%	30.8%	39.7	30.4	49.0	47.1	31.2	63.0
\$25,000 – 49,999	33.0%	31.6%	18.1	11.6	24.7	45.8	31.5	60.1
\$50,000 or more	28.7%	37.6%	6.3	1.3	11.3	62.2	48.8	75.6

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	32.5	27.1	38.0	55.1	49.6	60.7	75.6	70.7	80.6
Sex									
Men	30.1	21.7	38.5	51.6	43.0	60.2	70.2	62.5	77.9
Women	35.1	28.3	42.0	58.9	51.7	66.1	81.5	75.4	87.7
Race/ethnicity									
NH White	30.5	25.2	35.8	54.2	48.4	59.9	73.9	68.5	79.3
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	27.2	19.5	34.9	49.9	41.1	58.6	67.7	59.3	76.1
NH White women	33.8	26.7	41.0	58.5	50.9	66.1	80.2	73.5	86.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	30.1	20.9	39.4	51.5	42.0	61.0	70.3	61.4	79.2
45-64	31.7	23.7	39.7	52.7	44.3	61.2	77.3	70.2	84.5
65 and older	39.4	28.3	50.5	66.7	56.9	76.5	84.3	76.6	92.0
Marital Status									
Never married	31.6	11.5	51.8	59.0	40.0	77.9	73.7	56.7	90.8
Married/ living together as a couple	31.7	24.7	38.7	54.0	46.7	61.3	77.6	71.5	83.7
Divorced/ widowed/separated	35.0	26.8	43.2	55.9	46.9	64.9	73.1	64.2	82.1
Education									
0-11 years	50.9	36.1	65.6	56.6	41.9	71.2	83.0	72.2	93.9
HS Grad/GED	37.3	28.6	46.1	54.0	45.1	62.9	83.0	76.6	89.4
1 or more years of college	25.7	18.0	33.4	55.5	47.5	63.5	69.6	62.0	77.3
Employment									
Employed for wages	27.2	19.7	34.8	48.9	41.0	56.9	69.5	61.9	77.0
Household Income									
\$24,999 or less	41.6	32.2	51.0	65.7	56.7	74.6	84.9	78.3	91.4
\$25,000 – 49,999	33.3	21.9	44.7	50.3	39.7	60.9	74.9	65.9	83.9
\$50,000 or more	17.8	9.1	26.5	45.7	34.3	57.0	65.1	53.8	76.4

Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	36.4	31.1	41.8	23.4	19.0	27.8	73.5	68.6	78.3
Sex									
Men	42.9	34.6	51.2	21.7	15.1	28.3	77.1	70.2	84.0
Women	29.5	22.8	36.3	25.2	19.4	31.0	69.6	62.8	76.3
Race/ethnicity									
NH White	36.1	30.5	41.6	23.1	18.5	27.7	72.1	66.9	77.3
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	43.5	34.9	52.1	22.1	15.1	29.2	75.0	67.4	82.6
NH White women	28.6	21.5	35.8	24.1	18.2	30.0	69.2	62.0	76.5
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	30.6	22.1	39.1	20.5	13.9	27.2	79.0	72.1	85.9
45-64	45.1	36.7	53.5	25.2	18.3	32.0	73.7	65.8	81.5
65 and older	34.8	24.5	45.1	26.9	16.3	37.6	61.5	50.0	72.9
Marital Status									
Never married	28.1	13.0	43.3	15.9	4.5	27.3	90.5	82.6	98.3
Married/ living together as a couple	40.1	32.8	47.3	26.6	20.4	32.8	70.3	63.4	77.2
Divorced/ widowed/separated	32.7	24.5	40.8	21.0	14.2	27.7	70.6	62.3	78.9
Education									
0-11 years	29.5	14.4	44.6	32.3	18.8	45.7	75.3	61.1	89.5
HS Grad/GED	37.5	28.8	46.3	22.1	15.2	29.0	76.2	68.1	84.3
1 or more years of college	37.2	29.6	44.8	22.2	16.0	28.5	71.6	64.7	78.5
Employment									
Employed for wages	39.7	32.0	47.3	18.7	13.4	24.0	78.2	71.9	84.5
Household Income									
\$24,999 or less	28.4	19.4	37.5	31.0	22.3	39.8	78.8	70.3	87.2
\$25,000 – 49,999	34.5	25.4	43.6	22.2	13.9	30.6	71.0	61.8	80.1
\$50,000 or more	45.2	33.7	56.7	16.0	8.9	23.1	71.9	61.8	81.9

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	31.5	26.2	36.8	46.0	35.8	56.3	16.5	12.1	20.9
Sex									
Men	36.4	28.0	44.8	37.5	23.8	51.2	19.6	12.7	26.5
Women	26.3	20.0	32.5	58.7	44.7	72.6	13.2	7.9	18.5
Race/ethnicity									
NH White	32.8	27.2	38.4	42.9	32.3	53.4	17.4	12.7	22.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	38.2	29.3	47.1	31.6	18.0	45.2	20.2	12.8	27.7
NH White women	27.4	20.7	34.1	58.6	44.1	73.1	14.5	8.7	20.4
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	37.8	28.5	47.0	41.6	26.7	56.5	20.4	13.0	27.7
45-64	30.7	22.9	38.4	50.5	35.0	66.1	15.0	8.0	21.9
65 and older	19.5	9.6	29.4	.	.	.	10.7	2.6	18.8
Marital Status									
Never married	46.9	27.9	66.0	.	.	.	37.3	19.0	55.5
Married/ living together as a couple	23.0	16.6	29.4	43.3	27.0	59.7	12.0	6.9	17.1
Divorced/ widowed/separated	41.4	32.4	50.4	45.8	30.8	60.9	14.8	9.0	20.5
Education									
0-11 years	42.1	27.3	56.9	.	.	.	7.6	0.4	14.7
HS Grad/GED	27.1	19.4	34.7	57.3	41.2	73.4	15.4	7.7	23.0
1 or more years of college	31.8	24.0	39.7	39.2	25.0	53.4	19.2	12.9	25.5
Employment									
Employed for wages	35.6	28.0	43.3	41.0	28.1	53.9	21.4	14.7	28.1
Household Income									
\$24,999 or less	34.8	25.7	43.9	48.8	32.1	65.6	11.1	5.2	16.9
\$25,000 – 49,999	33.9	23.8	43.9	48.9	30.2	67.6	16.5	9.6	23.4
\$50,000 or more	32.0	20.8	43.3	35.3	14.3	56.3	24.4	13.5	35.3
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	21.3	16.8	25.8	25.7	20.4	31.0	9.3	6.5	12.0
Sex									
Men	25.2	17.9	32.5	34.6	25.8	43.3	6.5	2.9	10.1
Women	17.2	12.2	22.3	16.2	11.3	21.2	12.2	8.0	16.4
Race/ethnicity									
NH White	20.0	15.4	24.6	23.7	18.6	28.7	9.4	6.5	12.4
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	24.0	16.3	31.7	31.2	22.9	39.6	6.5	2.7	10.2
NH White women	16.0	11.0	21.0	16.1	10.9	21.3	12.5	8.0	16.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	33.6	25.0	42.3	36.6	26.8	46.3	6.2	2.8	9.6
45-64	17.0	11.3	22.6	22.3	15.6	29.0	16.3	10.2	22.3
65 and older	1.8	0.0	4.0	7.7	3.3	12.1	4.2	0.4	8.0
Marital Status									
Never married	34.3	17.7	50.9	39.1	19.0	59.2	6.6	0.0	14.2
Married/ living together as a couple	16.4	11.2	21.7	19.4	13.3	25.6	8.3	4.8	11.8
Divorced/ widowed/separated	24.8	16.3	33.3	32.0	23.2	40.7	12.9	7.3	18.4
Education									
0-11 years	35.8	21.6	49.9	36.2	21.5	50.9	15.4	5.2	25.6
HS Grad/GED	27.4	19.4	35.4	27.0	19.3	34.8	11.3	6.2	16.4
1 or more years of college	14.4	8.7	20.1	22.5	14.5	30.5	6.7	3.4	10.0
Employment									
Employed for wages	22.8	16.5	29.1	28.4	20.4	36.3	7.3	3.9	10.7
Household Income									
\$24,999 or less	38.5	29.2	47.8	28.9	20.3	37.6	13.8	8.1	19.5
\$25,000 – 49,999	21.4	12.2	30.6	28.5	17.4	39.6	6.1	2.1	10.0
\$50,000 or more	7.1	1.9	12.4	19.0	9.3	28.8	6.8	1.8	11.7

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	64.0	58.6	69.3	46.1	40.4	51.8	64.0	58.2	69.8
Sex									
Men	59.4	51.0	67.7	47.8	39.1	56.5	58.6	49.2	68.0
Women	68.9	62.4	75.4	44.3	37.0	51.5	69.4	62.7	76.0
Race/ethnicity									
NH White	65.4	60.2	70.6	44.6	38.8	50.4	65.5	59.9	71.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	62.3	54.3	70.2	43.7	34.9	52.5	59.9	50.9	69.0
NH White women	68.6	61.7	75.5	45.5	37.9	53.2	70.5	63.7	77.4
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	59.7	50.3	69.1	69.3	60.9	77.6	61.5	51.9	71.1
45-64	68.6	61.1	76.0	33.2	24.9	41.5	64.2	55.9	72.5
65 and older	65.3	55.4	75.1	16.3	8.9	23.7	70.6	58.2	83.0
Marital Status									
Never married	57.6	37.9	77.4	74.4	60.0	88.8	58.7	38.6	78.9
Married/ living together as a couple	68.9	62.5	75.3	45.1	37.8	52.5	69.0	62.2	75.9
Divorced/ widowed/separated	56.7	48.0	65.4	31.4	23.4	39.4	55.6	46.3	64.9
Education									
0-11 years	36.6	22.7	50.5	15.7	3.7	27.7	31.8	15.0	48.6
HS Grad/GED	55.9	47.2	64.6	45.9	36.8	55.0	59.0	49.6	68.4
1 or more years of college	74.7	67.4	82.0	53.1	45.1	61.1	71.8	63.9	79.8
Employment									
Employed for wages	69.0	61.6	76.4	61.7	54.2	69.1	66.8	58.9	74.7
Household Income									
\$24,999 or less	36.7	27.6	45.8	31.7	22.7	40.8	37.9	27.4	48.5
\$25,000 – 49,999	62.7	51.8	73.7	47.6	36.8	58.4	62.1	50.0	74.1
\$50,000 or more	86.0	79.7	92.3	58.8	48.0	69.6	80.7	72.4	89.0
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	31.2	26.0	36.4	70.4	59.9	81.0	18.4	14.3	22.6
Sex									
Men	31.2	23.0	39.4	64.9	47.2	82.6	17.3	11.1	23.5
Women	31.2	25.0	37.5	76.4	66.6	86.3	19.6	14.3	25.0
Race/ethnicity									
NH White	29.0	24.1	33.9	77.4	69.6	85.2	19.7	15.2	24.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	29.1	21.5	36.6	73.3	60.8	85.8	20.3	13.3	27.4
NH White women	28.9	22.6	35.2	81.6	72.0	91.1	19.0	13.5	24.4
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	15.1	7.0	23.2	.	.	.	15.3	9.7	21.0
45-64	36.4	28.6	44.2	74.8	63.1	86.5	21.9	15.0	28.8
65 and older	58.2	47.4	69.0	88.1	79.9	96.4	19.5	8.9	30.1
Marital Status									
Never married	22.6	2.3	42.9	.	.	.	18.2	5.8	30.5
Married/ living together as a couple	31.7	25.2	38.3	76.8	67.0	86.5	21.1	15.3	27.0
Divorced/ widowed/separated	35.2	27.2	43.3	81.2	71.0	91.4	12.9	7.3	18.6
Education									
0-11 years	41.7	27.5	55.8	77.0	58.6	95.4	10.8	2.0	19.6
HS Grad/GED	29.0	21.4	36.6	69.7	55.7	83.8	19.7	13.0	26.4
1 or more years of college	30.1	22.4	37.8	68.6	51.2	86.0	19.4	13.4	25.5
Employment									
Employed for wages	20.6	13.7	27.4	48.6	29.5	67.7	16.2	11.1	21.3
Household Income									
\$24,999 or less	36.7	27.7	45.8	66.0	50.9	81.1	22.7	14.3	31.1
\$25,000 – 49,999	31.4	20.4	42.4	65.6	39.5	91.7	17.7	9.7	25.6
\$50,000 or more	22.9	14.5	31.4	70.1	51.9	88.4	18.2	10.6	25.8

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
	All	78.2	73.2	83.1	88.6	84.8	92.5	35.9	30.0
Sex									
Men	75.7	67.6	83.8	90.7	86.0	95.4	35.1	26.2	44.0
Women	80.8	75.3	86.3	86.5	80.4	92.6	36.6	29.0	44.2
Race/ethnicity									
NH White	80.3	75.9	84.6	87.3	83.1	91.6	37.4	31.1	43.6
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	80.6	74.2	87.1	89.7	84.5	94.8	38.2	28.6	47.8
NH White women	79.9	74.0	85.8	84.9	78.2	91.7	36.6	28.5	44.6
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	63.8	54.4	73.3	84.2	75.6	92.7	20.2	11.2	29.3
45-64	87.5	82.4	92.7	89.1	83.9	94.2	45.8	36.9	54.7
65 and older	92.8	85.8	99.8	94.7	90.5	98.8	42.7	30.9	54.5
Marital Status									
Never married	51.4	31.5	71.4
Married/ living together as a couple	83.7	78.5	89.0	89.5	84.4	94.7	37.9	30.1	45.7
Divorced/ widowed/separated	80.4	73.7	87.2	87.1	81.2	93.1	36.7	27.3	46.2
Education									
0-11 years	71.6	57.6	85.6	93.7	86.4	100.0	37.4	21.6	53.3
HS Grad/GED	75.2	67.2	83.2	90.3	85.1	95.6	30.9	22.0	39.7
1 or more years of college	81.3	74.1	88.4	86.7	80.8	92.6	38.3	29.9	46.6
Employment									
Employed for wages	72.2	64.7	79.8	85.8	79.5	92.2	30.2	22.2	38.2
Household Income									
\$24,999 or less	79.1	71.2	87.1	85.2	78.6	91.8	42.4	31.8	53.0
\$25,000 – 49,999	72.1	61.2	83.1	92.4	87.5	97.3	36.4	25.3	47.4
\$50,000 or more	84.4	76.5	92.2	86.6	77.4	95.8	35.1	23.4	46.7

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
	All	12.5	8.1	16.8	61.0	39.7	82.3	9.5	6.4
Sex									
Men	12.8	5.8	19.8	.	.	.	9.7	4.8	14.6
Women	12.1	7.2	17.1	68.6	46.0	91.2	9.3	5.4	13.1
Race/ethnicity									
NH White	10.8	7.4	14.3	70.9	55.0	86.8	9.0	5.8	12.2
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	9.9	5.5	14.3	.	.	.	10.5	5.1	15.9
NH White women	11.8	6.5	17.0	.	.	.	7.4	4.0	10.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	14.0	5.8	22.2	.	.	.	1.9	0.0	3.9
45-64	13.1	7.2	19.0	.	.	.	10.1	5.2	15.1
65 and older	8.1	3.1	13.1	.	.	.	24.4	13.8	35.0
Marital Status									
Never married	15.0	0.0	35.3
Married/ living together as a couple	12.4	7.5	17.3
Divorced/ widowed/separated	11.4	6.6	16.2
Education									
0-11 years	23.5	9.1	37.9	.	.	.	12.9	4.4	21.5
HS Grad/GED	12.5	7.4	17.6	.	.	.	13.0	7.4	18.6
1 or more years of college	10.0	3.5	16.5	.	.	.	6.7	2.5	10.9
Employment									
Employed for wages	11.9	5.4	18.5	.	.	.	4.1	1.6	6.6
Household Income									
\$24,999 or less	17.3	9.6	24.9	.	.	.	11.4	6.4	16.4
\$25,000 – 49,999	16.5	6.2	26.8	.	.	.	11.9	4.5	19.2
\$50,000 or more	7.0	1.2	12.8	.	.	.	5.9	1.6	10.1

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	15.0	11.6	18.4	17.6	13.9	21.2	22.3	17.9	26.7
Sex									
Men	12.4	7.9	16.9	13.1	8.5	17.8	19.9	13.3	26.4
Women	17.8	12.7	22.9	22.4	16.9	27.9	25.0	19.2	30.8
Race/ethnicity									
NH White	15.0	11.4	18.6	16.9	13.1	20.6	21.5	17.0	26.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	14.6	9.4	19.8	14.2	9.1	19.3	20.0	13.0	27.0
NH White women	15.5	10.5	20.4	19.5	14.1	25.0	23.0	17.2	28.8
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	13.1	7.9	18.4	16.9	11.0	22.9	16.1	10.3	22.0
45-64	18.8	12.6	25.1	18.2	12.3	24.0	25.8	18.8	32.9
65 and older	12.6	6.9	18.4	17.5	10.2	24.7	30.0	18.5	41.4
Marital Status									
Never married	11.1	2.6	19.6	16.1	5.3	27.0	16.0	5.2	26.8
Married/ living together as a couple	16.6	11.8	21.3	17.6	12.8	22.4	25.6	19.3	31.9
Divorced/ widowed/separated	13.8	8.0	19.6	18.5	12.0	25.0	17.9	11.3	24.5
Education									
0-11 years	17.0	7.0	26.9	24.7	13.2	36.2	23.2	12.2	34.2
HS Grad/GED	18.0	11.7	24.3	20.6	13.8	27.3	24.9	17.4	32.4
1 or more years of college	12.9	8.5	17.3	14.3	9.7	18.9	20.7	14.5	26.9
Employment									
Employed for wages	12.7	8.4	17.1	12.9	8.5	17.2	15.2	10.4	20.0
Household Income									
\$24,999 or less	18.8	11.3	26.2	26.4	17.9	34.9	28.9	20.3	37.5
\$25,000 – 49,999	14.9	9.1	20.6	16.7	10.5	23.0	19.4	11.4	27.3
\$50,000 or more	14.6	7.9	21.4	11.1	5.6	16.6	20.0	11.7	28.4
Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	24.9	20.4	29.4	2.7	1.4	4.0	24.4	19.8	29.0
Sex									
Men	20.1	14.3	26.0	1.6	0.3	2.8	21.2	14.6	27.9
Women	30.0	23.4	36.6	3.9	1.7	6.2	27.8	21.5	34.0
Race/ethnicity									
NH White	25.6	20.8	30.4	2.9	1.5	4.3	25.2	20.3	30.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	21.4	15.1	27.7	1.8	0.4	3.3	22.5	15.3	29.7
NH White women	29.8	22.7	36.8	4.0	1.6	6.4	27.9	21.3	34.5
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	7.1	2.1	12.1	0.5	0.0	1.6	8.3	3.8	12.9
45-64	24.9	17.8	32.0	1.7	0.1	3.4	23.1	16.1	30.1
65 and older	62.6	51.4	73.9	9.0	4.0	14.0	61.8	51.3	72.3
Marital Status									
Never married	8.0	0.6	15.4	.	.	.	11.3	1.7	20.9
Married/ living together as a couple	25.0	18.8	31.2	.	.	.	24.2	17.9	30.5
Divorced/ widowed/separated	33.1	25.1	41.1	.	.	.	32.1	24.0	40.1
Education									
0-11 years	21.4	11.4	31.5	2.7	0.0	5.8	32.3	18.3	46.2
HS Grad/GED	21.6	14.8	28.4	1.1	0.0	2.4	25.4	17.9	32.8
1 or more years of college	27.5	20.7	34.3	3.6	1.6	5.7	22.1	15.8	28.5
Employment									
Employed for wages	15.2	9.7	20.6	1.7	0.3	3.0	10.6	6.6	14.7
Household Income									
\$24,999 or less	26.3	18.4	34.1	1.9	0.2	3.7	30.9	22.0	39.9
\$25,000 – 49,999	20.6	13.9	27.2	1.9	0.0	3.9	22.4	14.1	30.8
\$50,000 or more	22.5	12.7	32.4	3.7	0.9	6.6	15.5	7.8	23.2

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	73.3	65.9	80.6	94.4	90.2	98.7	73.4	65.4	81.5
Sex									
Men
Women	73.3	65.9	80.6	94.4	90.2	98.7	73.4	65.4	81.5
Race/ethnicity									
NH White	74.3	66.8	81.7	94.3	89.6	98.9	73.7	65.2	82.2
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	74.3	66.8	81.7	94.3	89.6	98.9	73.7	65.2	82.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	.	.	.	91.3	83.5	99.1	81.2	71.0	91.4
45-64	68.1	56.9	79.3	98.3	95.0	100.0	65.5	49.5	81.4
65 and older	84.5	76.6	92.5	97.5	92.4	100.0	64.5	45.1	83.9
Marital Status									
Never married
Married/ living together as a couple	77.4	67.5	87.2	96.2	92.1	100.0	77.5	66.6	88.4
Divorced/ widowed/separated	65.7	54.4	76.9	93.6	86.3	100.0	61.7	47.5	76.0
Education									
0-11 years
HS Grad/GED	75.8	65.2	86.3	93.3	85.0	100.0	69.5	56.5	82.5
1 or more years of college	74.5	62.9	86.0	96.0	91.7	100.0	77.7	66.6	88.9
Employment									
Employed for wages	70.1	57.3	82.9	95.2	90.5	100.0	75.2	64.5	86.0
Household Income									
\$24,999 or less	66.2	52.4	80.0	89.3	76.5	100.0	60.7	44.5	76.8
\$25,000 – 49,999	68.6	54.4	82.9	94.9	87.9	100.0	79.2	66.5	91.9
\$50,000 or more	80.3	65.3	95.3	98.3	94.9	100.0	79.5	63.0	96.1

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	31.8	24.8	38.8	16.6	11.5	21.7	48.3	41.0	55.6
Sex									
Men	36.7	25.5	48.0	20.2	11.4	29.0	47.1	35.9	58.3
Women	27.0	19.0	35.1	13.1	7.8	18.4	49.4	39.7	59.1
Race/ethnicity									
NH White	32.4	25.0	39.8	16.5	11.1	21.8	49.4	41.7	57.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	36.9	25.1	48.7	19.9	10.7	29.0	46.0	34.3	57.7
NH White women	27.9	19.3	36.5	13.1	7.5	18.7	52.6	42.5	62.7
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	26.7	18.6	34.8	14.2	8.3	20.0	36.8	27.1	46.4
65 and older	38.3	26.7	50.0	19.7	10.7	28.6	62.7	52.3	73.2
Marital Status									
Never married
Married/ living together as a couple	31.1	21.5	40.7	15.0	8.0	22.0	54.5	44.5	64.4
Divorced/ widowed/separated	26.5	17.3	35.6	18.0	10.6	25.4	37.0	26.7	47.4
Education									
0-11 years	18.6	6.5	30.6	13.2	2.9	23.6	26.5	11.1	41.9
HS Grad/GED	23.9	14.0	33.9	9.7	3.1	16.3	49.8	37.6	62.0
1 or more years of college	40.8	30.2	51.5	22.4	13.9	30.8	52.0	41.5	62.6
Employment									
Employed for wages	30.0	18.6	41.4	17.7	8.1	27.4	31.2	19.1	43.3
Household Income									
\$24,999 or less	21.4	11.0	31.8	8.8	3.1	14.4	37.2	25.0	49.4
\$25,000 – 49,999	41.4	26.1	56.6	17.4	8.0	26.8	47.8	32.8	62.7
\$50,000 or more	33.0	18.8	47.3	25.4	12.1	38.7	52.3	36.5	68.1

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		46.5	39.9	53.1	64.0	54.4	73.7	12.4	8.3	16.5
Sex	Men	42.2	32.2	52.2	56.7	40.0	73.4	10.5	4.8	16.3
	Women	51.3	42.9	59.8	70.1	58.5	81.7	14.6	8.8	20.3
Race/ethnicity	NH White	45.1	38.4	51.8	61.5	51.2	71.9	9.6	6.1	13.2
	NH Black
	Hispanic
Race/ethnicity-Sex	NH White men	40.9	31.0	50.8	53.1	35.2	70.9	6.0	1.9	10.0
	NH White women	49.3	40.4	58.1	68.5	56.1	80.9	13.5	7.6	19.4
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	54.8	45.0	64.5	68.5	57.0	80.1	18.0	11.3	24.7
	45-64	35.9	27.7	44.1	55.4	37.8	73.1	5.2	1.6	8.8
	65 and older
Marital Status	Never married	47.4	27.0	67.8	.	.	.	30.3	13.9	46.7
	Married/ living together as a couple	43.1	34.8	51.3	59.0	45.0	73.1	5.4	1.8	8.9
	Divorced/ widowed/A80separated	54.6	43.7	65.6	64.5	47.5	81.5	16.0	7.5	24.5
Education	0-11 years	34.9	18.3	51.5	.	.	.	12.3	0.0	26.3
	HS Grad/GED	46.2	35.2	57.2	68.6	51.5	85.7	18.0	9.1	26.9
	1 or more years of college	49.3	40.1	58.5	58.3	44.9	71.7	9.7	5.2	14.2
Employment	Employed for wages	48.6	40.2	57.0	66.1	54.4	77.7	12.4	7.4	17.4
Household Income	\$24,999 or less	47.5	35.6	59.3	61.9	44.0	79.8	20.0	10.2	29.8
	\$25,000 – 49,999	48.5	36.3	60.7	81.6	69.1	94.1	13.6	6.0	21.1
	\$50,000 or more	44.9	32.4	57.4	42.9	22.0	63.9	4.0	0.2	7.8

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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