

# Prevalence of Major Behavioral Risk Factors in Washington County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Washington County, 525 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Washington County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
<b>All</b>	20,973	15,982,378	29.5	24.4	34.6	55.9	48.6	63.1
<b>Sex</b>								
Men	51.4%	48.8%	26.3	19.7	33.0	49.7	39.3	60.1
Women	48.6%	51.2%	32.5	25.0	40.0	64.4	54.5	74.3
<b>Race/ethnicity</b>								
NH White	80.5%	65.4%	27.6	22.2	33.1	55.7	47.9	63.5
NH Black	13.5%	14.2%	45.2	26.3	64.1	.	.	.
Hispanic	2.3%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	40.4%	31.9%	26.1	18.9	33.3	48.7	37.4	59.9
NH White women	40.0%	33.6%	29.2	21.0	37.4	65.5	55.3	75.7
NH Black men	7.6%	6.8%	.	.	.	.	.	.
NH Black women	5.8%	7.4%	.	.	.	.	.	.
Hispanic men	1.5%	8.4%	.	.	.	.	.	.
Hispanic women	0.8%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	36.3%	36.9%	16.8	10.9	22.7	51.5	41.8	61.2
45-64	24.7%	22.7%	36.8	26.9	46.7	65.4	54.2	76.7
65 and older	15.7%	17.6%	44.0	33.7	54.4	.	.	.
<b>Marital Status</b>								
Never married	18.3%	22.5%	5.5	0.0	11.5	.	.	.
Married/ living together as a couple	57.4%	53.7%	24.7	19.3	30.1	56.8	47.9	65.7
Divorced/ widowed/separated	24.3%	23.8%	49.5	38.6	60.4	50.5	36.1	65.0
<b>Education</b>								
0-11 years	28.8%	20.1%	49.2	38.3	60.1	42.0	22.6	61.4
HS Grad/GED	38.8%	28.7%	24.9	18.6	31.2	50.7	38.8	62.5
1 or more years of college	32.4%	51.1%	22.6	12.7	32.4	65.4	55.3	75.4
<b>Employment</b>								
Employed for wages	48.7%	54.9%	11.0	6.5	15.4	55.9	48.6	63.1
<b>Household Income</b>								
\$24,999 or less	45.2%	30.8%	43.5	34.6	52.5	61.4	47.5	75.4
\$25,000 – 49,999	30.5%	31.6%	19.6	11.7	27.4	44.7	33.0	56.4
\$50,000 or more	24.3%	37.6%	9.1	2.1	16.1	67.1	53.4	80.7

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	32.4	27.3	37.6	56.7	51.6	61.8	78.6	74.4	82.9
<b>Sex</b>									
Men	30.8	23.7	37.9	49.4	41.7	57.1	73.2	66.4	80.0
Women	34.0	26.5	41.5	63.3	56.7	70.0	83.6	78.3	88.8
<b>Race/ethnicity</b>									
NH White	30.0	24.4	35.6	54.5	48.9	60.1	77.7	73.0	82.4
NH Black	44.1	25.3	63.0	70.0	52.8	87.2	85.1	70.8	99.4
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	28.7	21.1	36.2	48.2	39.9	56.5	71.6	64.2	79.1
NH White women	31.3	23.1	39.5	60.6	53.3	68.0	83.6	78.0	89.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	26.3	19.1	33.4	49.7	41.6	57.8	71.4	63.8	79.0
45-64	33.5	23.5	43.5	57.8	48.8	66.8	81.1	74.5	87.6
65 and older	43.5	33.2	53.8	67.6	58.4	76.9	87.7	81.2	94.2
<b>Marital Status</b>									
Never married	19.1	5.6	32.6	35.0	16.3	53.7	55.4	34.0	76.7
Married/ living together as a couple	28.8	23.0	34.5	54.7	48.5	60.9	77.4	72.3	82.6
Divorced/ widowed/separated	46.0	34.8	57.1	68.6	59.7	77.5	88.5	82.9	94.1
<b>Education</b>									
0-11 years	42.9	31.8	54.0	57.7	47.0	68.4	82.0	73.9	90.2
HS Grad/GED	34.7	27.4	42.0	57.1	49.4	64.9	80.0	73.2	86.9
1 or more years of college	23.4	13.7	33.1	55.5	46.5	64.5	75.0	67.6	82.3
<b>Employment</b>									
Employed for wages	22.6	16.4	28.8	52.7	45.4	60.0	73.1	66.6	79.7
<b>Household Income</b>									
\$24,999 or less	42.4	33.4	51.5	58.5	50.1	66.9	83.0	76.8	89.3
\$25,000 – 49,999	25.1	16.8	33.4	54.9	45.4	64.3	75.0	66.6	83.4
\$50,000 or more	10.5	3.2	17.8	46.1	34.3	57.9	72.0	61.2	82.7
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	33.0	28.3	37.7	32.2	27.4	37.0	77.7	73.5	81.9
<b>Sex</b>									
Men	40.7	33.4	48.1	30.4	23.4	37.4	78.4	71.9	85.0
Women	25.8	20.3	31.3	33.9	27.2	40.5	77.0	71.5	82.4
<b>Race/ethnicity</b>									
NH White	33.2	28.1	38.2	30.5	25.4	35.5	75.4	70.6	80.3
NH Black	26.4	11.5	41.3	45.2	26.4	64.0	91.7	83.7	99.6
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	40.4	32.5	48.3	29.7	22.1	37.3	76.0	68.6	83.3
NH White women	26.0	20.1	32.0	31.2	24.5	37.9	74.9	68.6	81.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	31.2	23.8	38.5	30.7	23.3	38.2	77.0	69.8	84.1
45-64	38.1	29.6	46.6	31.5	23.4	39.6	81.1	74.8	87.5
65 and older	28.6	19.9	37.4	36.2	26.0	46.5	74.3	65.9	82.7
<b>Marital Status</b>									
Never married	26.7	9.6	43.7	23.8	4.5	43.1	75.7	55.7	95.8
Married/ living together as a couple	34.6	28.8	40.5	34.1	28.2	39.9	77.8	72.5	83.0
Divorced/ widowed/separated	31.1	22.5	39.8	30.3	20.9	39.7	77.9	70.7	85.1
<b>Education</b>									
0-11 years	33.4	23.2	43.7	34.8	24.1	45.5	88.3	82.4	94.2
HS Grad/GED	33.6	26.4	40.8	32.9	25.6	40.2	77.7	70.7	84.7
1 or more years of college	32.0	24.3	39.8	29.8	21.9	37.7	71.1	63.5	78.7
<b>Employment</b>									
Employed for wages	39.0	32.1	46.0	25.5	19.3	31.8	77.0	70.6	83.3
<b>Household Income</b>									
\$24,999 or less	29.5	22.0	37.0	33.8	26.2	41.4	80.0	73.5	86.4
\$25,000 – 49,999	32.1	23.6	40.7	35.4	26.3	44.5	79.7	72.2	87.2
\$50,000 or more	39.6	28.1	51.1	17.8	8.3	27.3	71.4	60.7	82.1

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	29.6	24.5	34.6	55.6	45.5	65.8	9.6	6.7	12.5
<b>Sex</b>									
Men	27.8	21.1	34.5	46.8	32.5	61.2	12.0	7.1	16.8
Women	31.2	23.8	38.6	62.9	49.4	76.5	7.4	4.0	10.9
<b>Race/ethnicity</b>									
NH White	30.5	24.9	36.1	56.9	45.9	67.9	9.0	6.1	12.0
NH Black	22.2	6.8	37.6	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	26.8	19.7	33.9	46.7	30.9	62.4	10.6	5.9	15.2
NH White women	34.2	25.9	42.6	65.0	50.7	79.2	7.5	3.8	11.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	41.8	34.0	49.6	56.4	44.4	68.3	14.8	9.1	20.4
45-64	27.6	17.5	37.6	55.2	32.7	77.7	8.3	3.9	12.8
65 and older	10.2	4.9	15.5	.	.	.	2.2	0.0	4.4
<b>Marital Status</b>									
Never married	41.0	21.3	60.8	.	.	.	15.1	2.3	27.9
Married/ living together as a couple	24.4	19.0	29.7	50.5	37.7	63.4	6.6	3.3	9.9
Divorced/ widowed/separated	39.1	27.7	50.6	59.9	41.0	78.7	15.5	8.9	22.0
<b>Education</b>									
0-11 years	40.1	29.5	50.6	54.6	37.9	71.4	16.2	7.8	24.7
HS Grad/GED	30.9	23.9	38.0	51.8	37.9	65.6	9.4	5.1	13.8
1 or more years of college	21.4	11.8	31.1	63.1	39.6	86.6	5.8	2.2	9.3
<b>Employment</b>									
Employed for wages	28.7	22.2	35.2	47.1	33.4	60.7	9.9	5.8	14.1
<b>Household Income</b>									
\$24,999 or less	43.6	34.6	52.6	66.4	53.7	79.2	11.6	6.3	16.9
\$25,000 – 49,999	24.6	16.5	32.7	37.2	18.1	56.3	5.9	1.7	10.1
\$50,000 or more	13.8	5.1	22.4	.	.	.	11.1	3.5	18.8

  

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	23.6	19.2	27.9	19.1	15.1	23.0	10.5	7.4	13.5
<b>Sex</b>									
Men	28.3	21.2	35.4	25.5	18.9	32.1	8.5	4.1	12.9
Women	19.2	14.2	24.2	13.0	8.7	17.3	12.3	8.1	16.5
<b>Race/ethnicity</b>									
NH White	23.7	19.0	28.5	18.2	14.1	22.3	10.5	7.2	13.9
NH Black	17.3	3.9	30.8	19.4	5.6	33.2	6.5	0.0	14.9
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	27.3	19.6	35.0	23.7	16.9	30.5	7.8	3.1	12.5
NH White women	20.2	14.6	25.8	12.7	8.1	17.4	13.2	8.4	18.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	33.9	26.2	41.7	26.3	19.2	33.4	15.9	10.0	21.8
45-64	25.3	17.9	32.6	18.2	11.8	24.5	7.2	3.2	11.3
65 and older	2.2	0.1	4.4	6.6	2.3	10.9	5.4	1.5	9.2
<b>Marital Status</b>									
Never married	41.2	20.6	61.9	36.9	17.5	56.3	26.0	7.9	44.0
Married/ living together as a couple	20.8	15.6	26.0	17.6	12.8	22.5	7.2	3.9	10.4
Divorced/ widowed/separated	25.1	16.9	33.3	16.5	10.0	23.1	13.9	7.7	20.1
<b>Education</b>									
0-11 years	34.8	24.5	45.1	26.2	16.3	36.1	21.9	12.9	30.9
HS Grad/GED	29.5	22.1	36.9	21.0	14.6	27.4	9.4	5.0	13.8
1 or more years of college	9.9	5.2	14.7	12.5	7.5	17.5	4.6	1.1	8.2
<b>Employment</b>									
Employed for wages	30.5	23.6	37.3	24.0	18.0	30.1	8.9	4.7	13.1
<b>Household Income</b>									
\$24,999 or less	40.3	31.8	48.9	24.1	16.9	31.3	18.0	11.7	24.3
\$25,000 – 49,999	16.9	10.1	23.8	17.9	10.8	25.1	5.6	0.8	10.3
\$50,000 or more	1.4	0.0	4.1	10.1	2.9	17.2	0.8	0.0	2.4

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
<b>All</b>	59.5	54.5	64.5	29.3	24.4	34.2	60.3	54.8	65.9
<b>Sex</b>									
Men	56.8	49.3	64.3	32.5	25.2	39.9	57.8	49.6	65.9
Women	62.2	55.6	68.7	26.3	19.8	32.8	62.8	55.2	70.5
<b>Race/ethnicity</b>									
NH White	60.7	55.4	66.1	31.3	26.0	36.6	63.5	57.7	69.3
NH Black	57.7	39.8	75.5	10.8	0.0	28.6	38.3	19.0	57.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	56.8	48.7	64.8	34.6	26.5	42.7	59.5	50.8	68.2
NH White women	64.8	58.0	71.7	28.1	21.2	35.0	67.7	60.1	75.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	56.1	48.2	64.1	47.6	39.5	55.7	54.1	46.0	62.3
45-64	63.2	54.7	71.6	18.8	12.3	25.4	66.0	56.9	75.1
65 and older	59.7	50.0	69.5	10.0	0.9	19.1	64.7	50.3	79.2
<b>Marital Status</b>									
Never married	62.1	43.2	81.1	66.4	47.4	85.5	52.7	32.4	73.1
Married/ living together as a couple	62.4	56.3	68.5	29.9	24.1	35.7	62.5	56.0	69.0
Divorced/ widowed/separated	51.8	41.0	62.5	16.9	8.3	25.5	56.8	43.9	69.8
<b>Education</b>									
0-11 years	38.0	26.7	49.3	23.0	11.8	34.1	32.0	19.5	44.4
HS Grad/GED	58.1	50.4	65.7	27.3	19.7	34.9	60.8	52.7	68.8
1 or more years of college	74.2	66.9	81.5	35.3	27.1	43.6	73.6	65.7	81.5
<b>Employment</b>									
Employed for wages	62.3	55.2	69.4	38.7	31.5	45.9	62.4	55.2	69.7
<b>Household Income</b>									
\$24,999 or less	47.8	38.9	56.7	26.3	18.4	34.2	50.4	40.1	60.8
\$25,000 – 49,999	64.7	55.7	73.7	26.4	18.2	34.6	64.2	54.7	73.6
\$50,000 or more	79.6	69.8	89.3	49.2	37.5	60.9	79.8	69.9	89.6
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
<b>All</b>	37.5	32.4	42.6	72.5	65.1	79.9	16.6	13.1	20.2
<b>Sex</b>									
Men	37.0	29.8	44.3	65.0	53.2	76.7	15.3	9.5	21.0
Women	37.9	30.7	45.1	79.4	70.4	88.3	17.9	13.4	22.4
<b>Race/ethnicity</b>									
NH White	37.5	31.9	43.1	75.3	67.5	83.2	16.5	12.6	20.5
NH Black	41.3	23.7	58.8	.	.	.	11.4	1.5	21.3
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	37.2	29.3	45.2	69.0	56.6	81.4	14.1	7.9	20.3
NH White women	37.8	29.7	45.8	81.5	72.2	90.8	18.9	13.9	23.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	20.6	13.9	27.3	40.1	20.6	59.5	12.8	7.3	18.4
45-64	47.7	38.2	57.1	72.6	60.5	84.7	21.0	14.4	27.6
65 and older	54.4	44.1	64.8	95.3	90.5	100.0	17.9	11.0	24.8
<b>Marital Status</b>									
Never married	17.4	3.8	31.0	.	.	.	6.3	0.0	13.3
Married/ living together as a couple	35.1	29.1	41.0	71.3	61.6	80.9	17.2	12.5	21.9
Divorced/ widowed/separated	49.8	39.1	60.6	76.4	64.7	88.0	18.5	12.0	25.0
<b>Education</b>									
0-11 years	34.9	25.2	44.6	74.7	59.7	89.8	12.3	6.0	18.6
HS Grad/GED	35.3	28.1	42.6	72.1	60.8	83.4	18.3	12.4	24.2
1 or more years of college	41.5	32.0	51.0	71.7	58.5	85.0	17.5	11.4	23.6
<b>Employment</b>									
Employed for wages	28.5	21.9	35.2	49.1	34.9	63.3	13.4	8.1	18.7
<b>Household Income</b>									
\$24,999 or less	45.7	36.8	54.6	77.8	67.7	87.9	20.1	13.7	26.6
\$25,000 – 49,999	30.8	22.3	39.4	68.7	53.2	84.1	16.9	10.6	23.3
\$50,000 or more	31.9	20.7	43.1	.	.	.	16.2	6.9	25.4

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
	<b>All</b>	77.3	72.9	81.7	89.1	85.8	92.5	33.3	28.0
<b>Sex</b>									
Men	72.8	65.7	79.9	91.2	86.4	96.0	35.6	27.2	44.0
Women	81.5	76.1	86.8	87.5	82.8	92.2	31.3	24.6	38.0
<b>Race/ethnicity</b>									
NH White	75.8	70.8	80.7	89.5	85.9	93.1	35.6	29.6	41.5
NH Black	94.4	87.4	100.0	89.6	78.9	100.0	20.9	6.8	35.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	72.6	64.9	80.3	90.8	85.3	96.2	39.7	30.2	49.1
NH White women	78.9	72.6	85.1	88.5	83.6	93.3	31.9	24.6	39.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	58.7	50.6	66.9	86.5	79.8	93.1	20.8	12.5	29.0
45-64	89.6	84.8	94.4	89.3	84.1	94.6	34.0	25.3	42.7
65 and older	94.8	90.7	98.9	91.7	86.0	97.5	46.8	36.2	57.4
<b>Marital Status</b>									
Never married	56.5	35.5	77.5	.	.	.	.	.	.
Married/ living together as a couple	79.6	74.4	84.9	88.8	84.5	93.1	37.1	30.5	43.7
Divorced/ widowed/separated	78.6	70.8	86.3	90.6	85.3	95.8	29.3	19.7	38.9
<b>Education</b>									
0-11 years	68.5	58.2	78.8	90.9	84.1	97.7	36.8	24.7	48.9
HS Grad/GED	76.2	69.0	83.5	91.1	86.2	96.0	34.6	26.5	42.6
1 or more years of college	84.0	77.9	90.1	86.2	80.2	92.3	30.1	21.4	38.7
<b>Employment</b>									
Employed for wages	69.5	62.6	76.4	86.4	80.8	92.1	29.0	21.3	36.7
<b>Household Income</b>									
\$24,999 or less	72.6	64.8	80.5	91.0	86.2	95.9	31.2	22.7	39.7
\$25,000 – 49,999	79.5	72.2	86.8	87.2	80.2	94.3	33.4	23.5	43.3
\$50,000 or more	83.9	75.3	92.6	83.7	73.8	93.6	34.7	22.2	47.2

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
	<b>All</b>	11.2	8.2	14.1	70.3	57.1	83.6	13.1	10.0
<b>Sex</b>									
Men	10.3	5.7	14.9	.	.	.	13.5	8.4	18.6
Women	12.0	8.2	15.8	81.5	68.4	94.6	12.7	8.9	16.6
<b>Race/ethnicity</b>									
NH White	12.4	9.0	15.7	71.7	58.7	84.7	13.0	9.6	16.3
NH Black	4.2	0.0	12.5	.	.	.	15.2	2.7	27.7
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	11.1	6.0	16.1	.	.	.	12.4	7.2	17.6
NH White women	13.6	9.3	18.0	79.6	65.4	93.7	13.5	9.3	17.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	10.9	6.2	15.7	.	.	.	5.4	1.9	8.9
45-64	10.9	6.1	15.8	.	.	.	17.3	11.0	23.6
65 and older	12.4	6.2	18.5	.	.	.	21.4	13.8	29.0
<b>Marital Status</b>									
Never married	11.2	1.1	21.3	.	.	.	3.3	0.0	10.1
Married/ living together as a couple	10.1	6.4	13.8	69.1	49.3	89.0	14.9	10.7	19.1
Divorced/ widowed/separated	13.9	8.1	19.7	.	.	.	11.8	6.7	16.9
<b>Education</b>									
0-11 years	12.8	6.1	19.5	.	.	.	12.7	6.2	19.3
HS Grad/GED	12.2	7.5	16.9	65.7	45.7	85.7	14.5	9.4	19.6
1 or more years of college	8.9	4.4	13.5	.	.	.	11.7	6.6	16.8
<b>Employment</b>									
Employed for wages	7.3	3.6	11.0	.	.	.	6.9	3.3	10.6
<b>Household Income</b>									
\$24,999 or less	13.4	8.2	18.5	70.9	51.6	90.2	13.6	8.4	18.9
\$25,000 – 49,999	8.6	3.7	13.5	.	.	.	12.2	6.4	17.9
\$50,000 or more	8.1	1.0	15.1	.	.	.	11.5	3.5	19.5

Disease Prevention: Cardiovascular Disease Prevention										
	Being advised by a health professional to...									
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active			
	%	CI		%	CI		%	CI		
<b>All</b>		18.1	14.3	22.0	26.9	22.4	31.4	26.4	21.8	31.1
<b>Sex</b>	Men	17.4	11.5	23.3	27.1	20.0	34.2	23.9	16.9	30.8
	Women	18.8	13.7	23.9	26.7	21.0	32.5	28.7	22.4	35.1
<b>Race/ethnicity</b>	NH White	17.4	13.4	21.4	24.9	20.1	29.6	24.0	19.3	28.7
	NH Black	25.4	8.4	42.3	35.8	17.8	53.8	44.5	24.4	64.6
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	17.5	11.0	23.9	26.2	18.5	33.9	23.7	16.2	31.3
	NH White women	17.3	12.4	22.2	23.6	18.0	29.2	24.2	18.6	29.9
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	10.6	5.6	15.7	21.1	14.2	28.0	22.3	15.3	29.4
	45-64	25.4	17.7	33.0	32.1	23.8	40.4	29.7	21.7	37.6
	65 and older	20.7	12.6	28.8	29.6	20.6	38.6	28.7	18.3	39.1
<b>Marital Status</b>	Never married	14.1	0.2	28.0	20.0	5.0	35.1	20.9	4.0	37.8
	Married/ living together as a couple	20.3	15.2	25.3	28.2	22.4	34.0	27.7	22.0	33.5
	Divorced/ widowed/separated	14.2	8.0	20.5	25.9	17.8	34.0	25.0	15.7	34.3
<b>Education</b>	0-11 years	17.3	9.3	25.4	27.9	18.6	37.1	33.8	22.7	44.8
	HS Grad/GED	18.2	12.1	24.2	29.2	21.8	36.6	25.2	18.1	32.2
	1 or more years of college	18.6	12.1	25.1	23.7	16.6	30.8	23.1	15.9	30.2
<b>Employment</b>	Employed for wages	14.5	9.0	19.9	21.3	14.8	27.9	21.8	15.4	28.2
<b>Household Income</b>	\$24,999 or less	14.7	9.3	20.1	29.0	21.5	36.5	25.8	18.5	33.1
	\$25,000 – 49,999	21.0	12.8	29.3	24.8	16.4	33.2	23.9	15.7	32.1
	\$50,000 or more	18.4	9.1	27.8	23.5	13.0	34.0	24.5	14.1	35.0

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots										
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot			
	%	CI		%	CI		%	CI		
<b>All</b>		23.3	19.3	27.3	2.8	1.3	4.3	23.6	18.8	28.4
<b>Sex</b>	Men	23.3	17.1	29.6	1.9	0.0	3.9	22.3	15.9	28.7
	Women	23.2	18.1	28.3	3.6	1.3	5.8	24.7	17.7	31.7
<b>Race/ethnicity</b>	NH White	24.1	19.7	28.6	2.4	1.0	3.9	25.8	20.3	31.3
	NH Black	18.0	5.7	30.4	.	.	.	4.3	0.0	9.5
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	24.2	17.2	31.1	2.3	0.0	4.6	23.6	16.5	30.8
	NH White women	24.1	18.6	29.6	2.6	0.8	4.4	27.7	19.5	35.9
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	9.5	4.9	14.1	0.7	0.0	2.1	8.5	3.8	13.2
	45-64	21.2	14.6	27.8	2.9	0.3	5.6	20.3	10.1	30.5
	65 and older	52.3	41.9	62.6	5.8	1.5	10.2	53.9	43.6	64.2
<b>Marital Status</b>	Never married	32.0	13.9	50.0	.	.	.	15.0	0.0	30.4
	Married/ living together as a couple	21.3	16.4	26.2	.	.	.	21.0	16.0	26.0
	Divorced/ widowed/separated	25.5	18.2	32.9	.	.	.	32.3	20.6	43.9
<b>Education</b>	0-11 years	26.2	17.7	34.7	0.3	0.0	0.9	24.7	16.2	33.2
	HS Grad/GED	23.1	16.8	29.5	2.5	0.3	4.7	19.1	13.3	24.9
	1 or more years of college	21.7	15.1	28.2	4.7	1.4	7.9	28.0	18.0	38.1
<b>Employment</b>	Employed for wages	12.4	7.9	17.0	0.8	0.0	2.0	11.3	6.6	15.9
<b>Household Income</b>	\$24,999 or less	24.6	18.0	31.1	3.0	0.5	5.5	30.5	21.1	39.9
	\$25,000 – 49,999	22.9	15.2	30.5	2.2	0.0	5.2	20.0	12.9	27.2
	\$50,000 or more	15.0	6.3	23.8	2.8	0.0	6.1	9.6	2.9	16.2

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	67.6	60.1	75.0	92.8	86.7	98.9	77.0	69.3	84.8
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	67.6	60.1	75.0	92.8	86.7	98.9	77.0	69.3	84.8
<b>Race/ethnicity</b>									
NH White	67.3	59.0	75.5	93.7	86.9	100.0	75.4	66.8	84.0
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	67.3	59.0	75.5	93.7	86.9	100.0	75.4	66.8	84.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	35.2	17.5	52.9	94.9	86.8	100.0	84.1	74.4	93.7
45-64	80.3	71.3	89.3	97.5	93.8	100.0	80.3	65.7	95.0
65 and older	68.8	58.1	79.6	81.8	64.0	99.6	46.0	27.2	64.8
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	67.8	58.6	77.0	97.6	94.2	100.0	83.0	75.3	90.8
Divorced/ widowed/separated	66.5	53.1	79.9	88.8	76.4	100.0	62.1	45.9	78.4
<b>Education</b>									
0-11 years	52.0	37.0	67.1	80.1	63.9	96.4	48.1	29.1	67.1
HS Grad/GED	69.8	59.3	80.3	94.0	82.6	100.0	85.1	72.6	97.5
1 or more years of college	75.0	62.3	87.6	100.0	100.0	100.0	84.3	74.3	94.2
<b>Employment</b>									
Employed for wages	59.1	46.1	72.1	100.0	100.0	100.0	90.5	83.0	98.0
<b>Household Income</b>									
\$24,999 or less	64.0	50.8	77.3	96.6	92.0	100.0	78.3	67.9	88.8
\$25,000 – 49,999	77.9	66.0	89.7	94.5	83.7	100.0	80.1	65.6	94.5
\$50,000 or more	.	.	.	100.0	100.0	100.0	89.0	76.4	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	34.9	27.2	42.6	19.1	14.0	24.2	47.1	39.6	54.6
<b>Sex</b>									
Men	33.8	23.6	43.9	17.3	9.5	25.1	47.5	37.1	58.0
Women	35.8	24.4	47.2	20.7	13.9	27.6	46.7	35.8	57.6
<b>Race/ethnicity</b>									
NH White	37.3	28.6	45.9	19.9	14.3	25.5	47.1	38.9	55.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	33.8	22.6	45.0	16.8	8.5	25.0	43.6	32.3	55.0
NH White women	40.4	27.6	53.2	22.7	14.8	30.6	50.2	38.7	61.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	38.0	26.5	49.6	20.3	12.9	27.7	41.4	30.0	52.8
65 and older	30.9	21.9	39.9	17.6	10.8	24.5	54.0	43.7	64.3
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	34.2	26.1	42.4	20.7	14.0	27.4	48.3	39.8	56.9
Divorced/ widowed/separated	35.5	19.1	51.9	15.2	8.1	22.2	45.0	29.8	60.2
<b>Education</b>									
0-11 years	26.1	14.6	37.6	17.1	7.5	26.7	37.9	24.0	51.7
HS Grad/GED	33.2	23.2	43.2	23.4	14.7	32.1	47.5	37.2	57.9
1 or more years of college	42.6	27.4	57.8	16.1	8.1	24.1	52.8	38.8	66.7
<b>Employment</b>									
Employed for wages	22.5	11.9	33.0	16.3	7.0	25.7	33.5	21.6	45.4
<b>Household Income</b>									
\$24,999 or less	38.0	23.4	52.6	20.3	11.8	28.8	48.4	35.0	61.9
\$25,000 – 49,999	36.2	23.1	49.3	17.3	7.8	26.9	47.3	33.9	60.6
\$50,000 or more	34.2	16.3	52.0	19.0	4.6	33.4	49.9	31.5	68.2

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		44.8	38.6	51.1	67.9	57.6	78.3	9.8	6.4	13.2
<b>Sex</b>	Men	39.7	31.1	48.2	64.8	48.5	81.1	5.8	1.8	9.8
	Women	50.0	41.2	58.9	70.0	56.5	83.5	13.8	8.4	19.2
<b>Race/ethnicity</b>	NH White	42.2	35.4	49.1	63.7	51.2	76.2	6.5	3.7	9.4
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	37.2	28.0	46.5	58.4	38.7	78.2	4.1	0.3	7.9
	NH White women	47.4	37.5	57.2	67.1	51.1	83.0	9.0	4.7	13.3
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	52.7	44.5	60.9	67.3	55.9	78.8	13.9	8.4	19.4
	45-64	35.9	25.5	46.4	69.4	46.7	92.2	5.0	1.9	8.1
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	40.0	19.5	60.4	.	.	.	15.5	1.6	29.4
	Married/ living together as a couple	41.1	34.1	48.1	62.4	49.2	75.6	7.3	3.6	11.0
	Divorced/ widowed/A80separated	59.3	45.9	72.8	72.0	51.8	92.2	15.4	6.7	24.1
<b>Education</b>	0-11 years	46.2	33.0	59.4	.	.	.	16.4	6.9	25.9
	HS Grad/GED	45.6	36.3	54.9	69.9	55.4	84.5	11.5	5.6	17.3
	1 or more years of college	43.3	32.3	54.4	65.7	45.1	86.3	4.6	1.3	7.9
<b>Employment</b>	Employed for wages	40.6	33.3	47.9	60.8	47.7	73.9	7.8	3.9	11.8
<b>Household Income</b>	\$24,999 or less	53.2	42.4	64.0	75.9	62.5	89.2	13.0	6.6	19.3
	\$25,000 – 49,999	44.4	33.5	55.2	56.5	35.5	77.5	10.0	3.8	16.3
	\$50,000 or more	34.5	22.3	46.7	.	.	.	2.5	0.0	5.9

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:  
 Marie A. Bailey, MA, MSW  
 Bureau of Epidemiology  
 Department of Health  
 4052 Bald Cypress Way, Bin #A-12  
 Tallahassee, FL 32399-1720  
 850-245-4444 Ext. 2434  
[marie\\_bailey@doh.state.fl.us](mailto:marie_bailey@doh.state.fl.us)

