

# Prevalence of Major Behavioral Risk Factors in Columbia County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Columbia County, 518 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Columbia County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
<b>All</b>	56,513	15,982,378	21.1	16.4	25.9	56.5	48.9	64.0
<b>Sex</b>								
Men	50.7%	48.8%	20.9	13.7	28.1	46.2	34.8	57.7
Women	49.3%	51.2%	21.4	15.0	27.7	67.2	58.3	76.0
<b>Race/ethnicity</b>								
NH White	78.0%	65.4%	18.1	13.4	22.8	54.2	45.9	62.4
NH Black	16.8%	14.2%	40.4	20.3	60.5	.	.	.
Hispanic	2.7%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	39.0%	31.9%	18.2	10.2	26.1	45.4	32.9	57.9
NH White women	38.9%	33.6%	18.0	12.9	23.2	64.8	55.1	74.6
NH Black men	8.9%	6.8%	.	.	.	.	.	.
NH Black women	7.9%	7.4%	36.5	7.0	65.9	.	.	.
Hispanic men	1.6%	8.4%	.	.	.	.	.	.
Hispanic women	1.2%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	36.7%	36.9%	10.0	5.3	14.8	45.9	35.8	55.9
45-64	24.0%	22.7%	26.5	16.9	36.1	68.0	57.4	78.5
65 and older	14.0%	17.6%	36.2	26.1	46.4	.	.	.
<b>Marital Status</b>								
Never married	21.1%	22.5%	13.3	3.3	23.4	.	.	.
Married/ living together as a couple	53.9%	53.7%	16.8	11.4	22.1	56.9	47.2	66.5
Divorced/ widowed/separated	25.0%	23.8%	33.0	22.4	43.6	68.1	56.1	80.1
<b>Education</b>								
0-11 years	25.3%	20.1%	29.4	16.8	42.0	.	.	.
HS Grad/GED	34.9%	28.7%	29.4	19.7	39.1	49.2	36.2	62.1
1 or more years of college	39.8%	51.1%	12.5	8.2	16.7	64.5	54.5	74.5
<b>Employment</b>								
Employed for wages	52.2%	54.9%	11.7	6.6	16.8	56.5	48.9	64.0
<b>Household Income</b>								
\$24,999 or less	40.0%	30.8%	33.6	23.9	43.4	51.4	37.1	65.7
\$25,000 – 49,999	33.2%	31.6%	18.7	10.5	26.9	51.3	39.0	63.6
\$50,000 or more	26.8%	37.6%	3.4	0.2	6.6	70.5	57.1	83.9

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	32.4	27.3	37.4	56.4	50.7	62.1	78.7	73.8	83.7
<b>Sex</b>									
Men	31.7	23.8	39.6	49.9	41.2	58.6	72.4	64.7	80.1
Women	32.9	26.5	39.4	62.1	54.7	69.5	84.3	77.8	90.7
<b>Race/ethnicity</b>									
NH White	32.3	26.6	37.9	55.4	49.1	61.6	79.2	74.1	84.2
NH Black	24.9	11.6	38.1	64.0	47.6	80.3	79.4	66.8	92.1
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	30.3	21.4	39.1	48.1	38.2	58.0	71.3	62.4	80.2
NH White women	34.2	27.1	41.3	62.4	54.8	69.9	86.7	82.0	91.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	23.2	6.1	40.3	74.9	57.3	92.4	86.3	72.6	99.9
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	33.3	25.1	41.5	55.5	46.6	64.3	71.2	63.1	79.2
45-64	32.1	23.5	40.6	54.8	44.8	64.9	82.3	73.6	91.0
65 and older	31.6	22.2	41.0	60.4	49.8	70.9	87.3	79.7	94.8
<b>Marital Status</b>									
Never married	22.0	8.6	35.3	52.8	32.6	72.9	66.5	48.3	84.7
Married/ living together as a couple	31.9	25.4	38.5	53.8	46.4	61.2	78.0	71.3	84.7
Divorced/ widowed/separated	35.3	25.9	44.6	63.2	53.8	72.6	84.4	77.4	91.3
<b>Education</b>									
0-11 years	55.2	40.9	69.4	74.8	62.9	86.7	91.6	83.7	99.5
HS Grad/GED	34.8	26.4	43.3	49.9	40.4	59.4	75.3	67.4	83.3
1 or more years of college	23.9	17.4	30.5	55.7	47.3	64.0	77.5	69.7	85.2
<b>Employment</b>									
Employed for wages	28.4	21.9	34.8	53.0	45.3	60.8	74.0	66.7	81.2
<b>Household Income</b>									
\$24,999 or less	42.0	32.7	51.4	60.7	51.3	70.1	82.4	75.1	89.6
\$25,000 – 49,999	27.9	19.6	36.2	53.1	43.3	62.9	81.3	74.5	88.2
\$50,000 or more	22.0	11.3	32.7	52.7	38.9	66.6	70.6	56.2	85.0
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	38.4	32.9	43.9	25.3	20.6	29.9	77.1	72.9	81.4
<b>Sex</b>									
Men	50.6	42.0	59.2	23.2	15.6	30.7	81.1	74.7	87.5
Women	27.8	21.0	34.6	27.1	21.2	33.0	73.7	68.0	79.4
<b>Race/ethnicity</b>									
NH White	40.9	34.8	46.9	25.0	19.7	30.4	75.8	70.9	80.7
NH Black	31.9	11.0	52.7	35.1	19.3	50.8	81.4	70.6	92.2
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	54.3	44.5	64.1	23.4	14.6	32.1	80.3	72.8	87.8
NH White women	28.0	21.3	34.7	26.6	20.2	33.0	71.5	65.0	77.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	27.3	0.0	58.2	39.4	17.0	61.8	82.4	68.4	96.4
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	36.6	28.0	45.3	25.3	17.8	32.7	78.3	71.3	85.4
45-64	41.1	31.3	50.9	25.5	17.5	33.4	80.9	74.8	87.0
65 and older	39.4	29.3	49.5	23.9	14.8	32.9	69.1	59.7	78.4
<b>Marital Status</b>									
Never married	40.3	20.6	60.0	25.3	10.1	40.5	82.6	67.4	97.8
Married/ living together as a couple	40.5	33.4	47.5	24.0	17.9	30.1	76.8	71.3	82.3
Divorced/ widowed/separated	34.1	23.7	44.6	28.9	20.4	37.4	76.8	69.3	84.4
<b>Education</b>									
0-11 years	34.1	20.1	48.1	34.6	21.2	48.0	82.1	72.3	92.0
HS Grad/GED	40.4	30.9	49.9	24.1	16.1	32.1	79.5	72.6	86.4
1 or more years of college	38.4	30.7	46.2	23.5	17.1	29.9	73.6	67.1	80.0
<b>Employment</b>									
Employed for wages	38.3	31.0	45.5	22.4	16.2	28.6	78.7	73.0	84.4
<b>Household Income</b>									
\$24,999 or less	34.8	24.7	44.8	28.6	20.4	36.8	76.7	69.1	84.3
\$25,000 – 49,999	43.7	34.0	53.4	25.9	17.1	34.6	78.3	70.9	85.6
\$50,000 or more	40.1	27.4	52.8	18.2	8.8	27.6	75.3	65.2	85.4

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	29.6	24.7	34.6	62.2	52.5	71.9	16.1	11.8	20.4
<b>Sex</b>									
Men	35.1	26.8	43.5	61.1	46.1	76.1	21.3	13.6	29.1
Women	24.8	19.2	30.4	63.6	51.8	75.3	11.6	7.6	15.6
<b>Race/ethnicity</b>									
NH White	29.9	24.2	35.5	61.5	50.2	72.8	18.4	13.2	23.6
NH Black	30.2	14.8	45.6	.	.	.	6.4	0.8	12.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	34.6	25.1	44.0	60.3	42.8	77.8	23.2	14.2	32.3
NH White women	25.3	19.1	31.6	63.1	49.5	76.6	13.8	8.8	18.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	23.2	6.0	40.4	.	.	.	5.6	0.0	11.8
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	40.4	31.7	49.1	60.4	46.0	74.8	27.2	18.8	35.6
45-64	26.5	19.0	34.1	64.3	50.2	78.5	10.4	5.9	14.9
65 and older	13.6	7.1	20.1	.	.	.	3.3	0.0	6.9
<b>Marital Status</b>									
Never married	35.4	17.3	53.6	.	.	.	28.7	8.7	48.8
Married/ living together as a couple	26.3	20.1	32.4	62.8	49.7	75.9	13.1	8.4	17.8
Divorced/ widowed/separated	36.0	26.4	45.7	58.5	41.1	75.8	18.1	9.4	26.7
<b>Education</b>									
0-11 years	49.1	34.6	63.6	55.9	33.2	78.6	8.5	1.6	15.5
HS Grad/GED	30.9	22.5	39.2	64.8	49.6	80.0	12.1	6.5	17.7
1 or more years of college	23.8	17.2	30.5	63.2	47.4	79.0	20.8	13.6	28.0
<b>Employment</b>									
Employed for wages	29.5	22.9	36.1	60.6	47.7	73.5	20.8	14.7	27.0
<b>Household Income</b>									
\$24,999 or less	41.2	31.9	50.5	72.7	61.1	84.3	10.6	5.6	15.7
\$25,000 – 49,999	26.9	18.3	35.4	52.3	33.3	71.3	20.5	12.2	28.8
\$50,000 or more	19.0	8.7	29.3	.	.	.	17.1	6.4	27.8

  

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	21.0	16.5	25.6	22.9	18.1	27.8	9.1	6.3	11.8
<b>Sex</b>									
Men	24.7	17.1	32.3	34.4	26.1	42.7	6.2	2.5	9.9
Women	17.9	12.6	23.3	12.8	8.0	17.7	11.6	7.6	15.5
<b>Race/ethnicity</b>									
NH White	21.3	16.1	26.6	24.5	18.9	30.2	9.1	5.9	12.3
NH Black	19.4	7.8	31.0	13.5	4.0	22.9	9.2	1.7	16.6
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	22.7	14.3	31.2	36.0	26.5	45.6	5.3	1.4	9.2
NH White women	20.0	13.5	26.4	13.6	7.8	19.3	12.7	7.8	17.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	11.3	0.8	21.7	11.3	0.0	22.9	9.8	1.4	18.3
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	30.4	22.3	38.5	36.9	28.3	45.6	11.5	6.4	16.5
45-64	19.7	12.4	27.1	14.1	7.5	20.7	7.9	4.2	11.6
65 and older	3.9	0.9	7.0	10.8	4.6	16.9	6.5	1.5	11.5
<b>Marital Status</b>									
Never married	27.2	9.8	44.6	37.5	17.3	57.8	10.2	1.4	19.0
Married/ living together as a couple	19.6	13.8	25.4	21.5	15.3	27.6	7.7	4.3	11.1
Divorced/ widowed/separated	23.1	14.8	31.4	22.5	14.2	30.8	11.7	6.3	17.1
<b>Education</b>									
0-11 years	42.0	27.4	56.7	40.5	25.5	55.5	18.4	7.7	29.2
HS Grad/GED	23.9	15.8	32.0	22.8	15.0	30.6	9.4	4.9	14.0
1 or more years of college	13.4	8.2	18.6	18.6	12.0	25.2	6.4	3.1	9.6
<b>Employment</b>									
Employed for wages	22.1	16.0	28.2	28.3	21.4	35.3	6.0	3.1	9.0
<b>Household Income</b>									
\$24,999 or less	35.1	25.8	44.3	25.9	17.5	34.3	18.3	11.6	24.9
\$25,000 – 49,999	15.7	8.7	22.6	27.8	18.5	37.0	5.3	1.6	9.1
\$50,000 or more	8.8	1.4	16.3	14.1	5.2	23.0	2.2	0.0	5.8

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	All	64.5	59.1	69.8	35.4	29.9	40.9	65.2	59.6
<b>Sex</b>									
Men	65.0	57.0	73.1	39.0	30.4	47.7	62.0	53.0	70.9
Women	64.0	56.7	71.2	32.2	25.2	39.3	68.2	61.4	75.0
<b>Race/ethnicity</b>									
NH White	67.9	62.2	73.6	37.5	31.5	43.5	65.8	59.6	72.1
NH Black	44.8	27.0	62.5	10.5	1.9	19.2	60.3	41.9	78.7
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	69.4	60.5	78.3	40.8	31.0	50.6	64.1	53.9	74.3
NH White women	66.5	59.3	73.7	34.4	27.4	41.3	67.5	60.3	74.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	44.8	20.6	68.9	8.8	0.0	18.3	66.2	42.3	90.0
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	64.2	55.9	72.5	55.7	47.1	64.3	60.8	51.9	69.7
45-64	64.7	55.1	74.3	25.5	16.4	34.6	67.9	59.1	76.8
65 and older	65.1	55.2	75.1	8.0	2.3	13.6	70.4	59.1	81.7
<b>Marital Status</b>									
Never married	65.6	49.3	82.0	60.1	42.6	77.6	57.5	37.0	78.1
Married/ living together as a couple	69.8	63.2	76.3	36.2	29.1	43.4	69.2	62.4	76.1
Divorced/ widowed/separated	52.9	42.5	63.2	24.4	15.7	33.1	59.3	48.4	70.2
<b>Education</b>									
0-11 years	40.4	26.4	54.5	26.2	12.5	39.9	28.3	14.1	42.5
HS Grad/GED	56.0	46.5	65.5	25.5	17.8	33.2	66.0	56.9	75.1
1 or more years of college	78.3	72.1	84.4	45.0	36.8	53.3	73.3	65.8	80.7
<b>Employment</b>									
Employed for wages	72.0	65.4	78.5	45.4	37.7	53.0	67.9	60.5	75.2
<b>Household Income</b>									
\$24,999 or less	45.0	35.5	54.5	22.1	14.3	30.0	49.9	38.7	61.2
\$25,000 – 49,999	69.3	60.6	78.0	36.0	26.6	45.3	65.8	55.6	75.9
\$50,000 or more	86.7	78.5	94.9	53.5	40.3	66.6	90.1	82.8	97.4
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	All	32.0	26.6	37.4	79.9	72.6	87.2	23.3	18.7
<b>Sex</b>									
Men	29.8	22.2	37.4	75.6	63.1	88.1	24.1	16.4	31.8
Women	33.9	26.4	41.5	83.2	74.9	91.6	22.6	17.1	28.1
<b>Race/ethnicity</b>									
NH White	28.2	22.9	33.5	80.3	71.7	88.9	22.9	17.6	28.2
NH Black	48.6	30.0	67.2	.	.	.	24.8	11.0	38.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	28.7	20.0	37.3	76.2	61.3	91.0	24.4	15.6	33.3
NH White women	27.8	21.4	34.1	84.5	75.4	93.5	21.4	15.5	27.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	60.6	38.5	82.6	.	.	.	29.7	10.4	49.1
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	8.2	4.0	12.5	.	.	.	18.0	11.4	24.7
45-64	46.5	36.5	56.6	80.1	69.8	90.5	31.2	22.5	40.0
65 and older	57.3	47.0	67.5	93.6	86.8	100.0	19.6	10.8	28.4
<b>Marital Status</b>									
Never married	11.0	1.9	20.0	.	.	.	23.9	9.7	38.2
Married/ living together as a couple	30.0	23.1	37.0	83.7	74.0	93.3	23.5	17.4	29.7
Divorced/ widowed/separated	42.9	32.6	53.1	75.8	63.9	87.7	23.2	15.2	31.1
<b>Education</b>									
0-11 years	43.4	29.2	57.7	77.8	60.1	95.6	26.5	13.8	39.3
HS Grad/GED	38.4	28.8	47.9	78.9	67.0	90.9	23.8	15.5	32.1
1 or more years of college	24.2	16.9	31.4	81.8	71.0	92.7	22.4	16.2	28.6
<b>Employment</b>									
Employed for wages	21.4	14.5	28.4	81.0	68.6	93.3	20.9	14.8	27.0
<b>Household Income</b>									
\$24,999 or less	37.5	27.5	47.4	71.9	57.4	86.5	25.7	17.6	33.7
\$25,000 – 49,999	27.0	18.5	35.5	83.2	71.7	94.7	22.5	13.9	31.1
\$50,000 or more	23.6	10.5	36.7	.	.	.	17.9	8.6	27.3

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
	<b>All</b>	80.5	75.9	85.1	91.9	88.7	95.0	37.6	31.5
<b>Sex</b>									
Men	75.2	67.0	83.3	88.9	82.7	95.1	37.9	28.2	47.6
Women	85.1	80.3	89.8	94.1	91.2	96.9	37.4	29.5	45.3
<b>Race/ethnicity</b>									
NH White	79.4	74.0	84.9	90.6	86.7	94.5	38.5	32.0	45.0
NH Black	88.0	79.0	97.0	96.9	93.0	100.0	41.3	18.5	64.0
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	73.6	64.3	82.9	87.1	79.6	94.6	38.9	27.7	50.0
NH White women	85.0	79.6	90.5	93.6	90.1	97.0	38.2	30.5	45.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	87.2	74.8	99.5	98.4	94.9	100.0	48.1	18.0	78.2
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	63.6	54.8	72.4	85.9	78.2	93.5	17.0	9.5	24.5
45-64	91.7	86.9	96.6	94.8	91.6	97.9	44.6	34.1	55.2
65 and older	96.1	92.3	99.8	94.9	90.0	99.8	54.2	43.5	64.9
<b>Marital Status</b>									
Never married	47.7	27.9	67.6	.	.	.	.	.	.
Married/ living together as a couple	83.1	77.8	88.5	91.6	87.3	95.8	36.2	28.7	43.8
Divorced/ widowed/separated	84.3	76.1	92.6	92.4	88.1	96.8	42.6	31.3	54.0
<b>Education</b>									
0-11 years	68.4	53.9	82.9	93.2	83.3	100.0	47.8	30.8	64.8
HS Grad/GED	82.0	75.1	88.9	93.8	89.7	97.8	45.8	34.8	56.7
1 or more years of college	82.4	75.7	89.2	90.0	85.0	95.0	28.5	21.3	35.7
<b>Employment</b>									
Employed for wages	76.6	69.9	83.2	91.2	86.6	95.8	26.9	19.2	34.6
<b>Household Income</b>									
\$24,999 or less	79.3	71.8	86.8	91.6	86.3	96.9	43.8	32.3	55.4
\$25,000 – 49,999	78.3	69.2	87.4	92.0	87.2	96.9	35.0	24.3	45.6
\$50,000 or more	83.5	73.6	93.4	89.4	80.5	98.3	28.1	16.4	39.9

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
	<b>All</b>	16.2	11.6	20.8	72.8	60.4	85.2	10.3	7.0
<b>Sex</b>									
Men	13.9	7.5	20.3	.	.	.	12.1	6.0	18.1
Women	18.2	11.7	24.7	80.2	67.8	92.7	8.8	5.5	12.1
<b>Race/ethnicity</b>									
NH White	14.3	9.8	18.8	67.0	51.4	82.7	9.6	5.8	13.5
NH Black	34.5	13.9	55.1	.	.	.	11.2	3.0	19.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	12.6	5.6	19.6	.	.	.	10.2	3.4	17.0
NH White women	15.9	10.0	21.7	77.9	62.8	93.1	9.1	5.3	12.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	38.5	10.3	66.8	.	.	.	9.1	0.3	17.9
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	17.1	10.3	23.8	.	.	.	2.2	0.0	4.4
45-64	18.2	9.3	27.2	73.5	53.9	93.2	17.3	9.7	24.8
65 and older	8.7	3.0	14.5	.	.	.	15.4	8.6	22.2
<b>Marital Status</b>									
Never married	20.9	7.2	34.5	.	.	.	1.2	0.0	3.6
Married/ living together as a couple	11.8	7.1	16.5	76.3	60.1	92.4	10.6	5.9	15.4
Divorced/ widowed/separated	24.0	12.8	35.1	72.5	49.5	95.4	12.3	7.1	17.4
<b>Education</b>									
0-11 years	13.5	5.2	21.8	.	.	.	12.2	4.7	19.7
HS Grad/GED	17.3	8.8	25.9	.	.	.	11.8	4.9	18.7
1 or more years of college	15.0	8.7	21.2	69.0	48.2	89.8	8.8	5.0	12.6
<b>Employment</b>									
Employed for wages	12.1	7.4	16.9	66.1	46.0	86.3	8.0	3.5	12.6
<b>Household Income</b>									
\$24,999 or less	18.3	8.9	27.7	.	.	.	10.5	5.4	15.6
\$25,000 – 49,999	12.9	6.6	19.2	.	.	.	11.3	3.9	18.6
\$50,000 or more	14.8	3.8	25.7	.	.	.	5.9	0.8	11.0

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	22.4	17.4	27.4	27.8	22.9	32.8	27.2	22.4	32.1
<b>Sex</b>									
Men	21.0	13.5	28.5	28.5	20.3	36.7	26.4	18.3	34.4
Women	23.6	16.8	30.3	27.3	21.4	33.1	28.0	22.0	34.0
<b>Race/ethnicity</b>									
NH White	19.1	14.2	24.1	26.0	20.6	31.5	27.3	21.8	32.9
NH Black	39.3	18.2	60.3	31.1	15.2	47.0	25.0	10.8	39.1
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	16.8	8.8	24.9	24.2	15.1	33.3	26.0	16.8	35.2
NH White women	21.3	15.2	27.3	27.8	21.3	34.2	28.6	22.0	35.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	43.8	15.2	72.3	24.8	6.9	42.6	34.9	12.4	57.3
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	11.9	6.3	17.5	21.6	14.3	28.9	24.6	16.9	32.3
45-64	32.6	22.6	42.6	32.9	23.9	41.8	32.5	23.7	41.4
65 and older	26.2	16.5	35.9	33.2	23.3	43.1	24.3	15.5	33.0
<b>Marital Status</b>									
Never married	6.7	0.0	13.8	16.8	5.8	27.8	19.0	6.6	31.5
Married/ living together as a couple	21.4	15.4	27.4	26.4	20.0	32.8	27.0	20.6	33.4
Divorced/ widowed/separated	29.7	18.9	40.6	34.9	25.3	44.4	30.6	21.4	39.9
<b>Education</b>									
0-11 years	27.0	14.2	39.9	38.0	23.9	52.0	33.0	19.1	46.9
HS Grad/GED	30.8	20.7	40.8	29.4	20.7	38.2	26.6	18.2	35.0
1 or more years of college	14.9	9.9	19.9	24.1	17.6	30.6	26.7	19.9	33.5
<b>Employment</b>									
Employed for wages	19.9	13.8	26.1	23.8	17.4	30.2	29.4	22.5	36.2
<b>Household Income</b>									
\$24,999 or less	30.5	20.4	40.7	32.1	23.7	40.5	27.9	19.8	36.1
\$25,000 – 49,999	22.2	13.2	31.1	27.3	18.1	36.5	28.9	19.7	38.0
\$50,000 or more	15.5	7.4	23.7	27.1	15.6	38.7	27.9	16.3	39.4

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
	<b>All</b>	25.8	21.5	30.1	1.4	0.3	2.4	23.8	18.8
<b>Sex</b>									
Men	22.1	15.7	28.4	0.4	0.0	1.3	27.7	19.8	35.6
Women	29.1	23.2	35.0	2.2	0.3	4.0	20.4	14.0	26.8
<b>Race/ethnicity</b>									
NH White	24.7	20.0	29.4	1.5	0.2	2.7	22.6	17.5	27.8
NH Black	20.7	8.1	33.3	.	.	.	33.2	12.2	54.1
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	19.7	12.8	26.5	.	.	.	26.9	17.9	35.9
NH White women	29.5	23.1	35.9	.	.	.	18.6	13.3	24.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	23.9	6.2	41.6	.	.	.	31.7	1.5	62.0
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	13.3	7.9	18.7	0.6	0.0	1.9	11.4	5.7	17.1
45-64	25.8	18.5	33.0	0.8	0.0	2.0	21.1	11.3	30.8
65 and older	51.1	40.7	61.5	2.8	0.0	6.0	55.9	45.3	66.4
<b>Marital Status</b>									
Never married	6.4	0.0	13.3	.	.	.	21.9	7.8	36.0
Married/ living together as a couple	28.1	22.3	34.0	.	.	.	21.8	15.8	27.7
Divorced/ widowed/separated	25.8	18.4	33.3	.	.	.	29.2	18.5	39.9
<b>Education</b>									
0-11 years	26.4	14.7	38.1	1.3	0.0	4.0	18.4	8.3	28.5
HS Grad/GED	22.9	16.1	29.6	2.0	0.0	4.0	35.1	25.3	44.9
1 or more years of college	27.6	21.1	34.0	0.4	0.0	1.1	16.3	10.9	21.6
<b>Employment</b>									
Employed for wages	19.5	14.3	24.8	0.5	0.0	1.3	12.5	7.0	18.0
<b>Household Income</b>									
\$24,999 or less	26.2	18.5	33.8	1.8	0.0	4.0	28.5	18.7	38.2
\$25,000 – 49,999	19.5	12.9	26.0	.	.	.	18.9	10.4	27.4
\$50,000 or more	30.0	19.3	40.8	0.8	0.0	2.4	15.9	7.0	24.8



Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	73.3	63.9	82.6	92.9	88.3	97.6	83.4	76.6	90.2
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	73.3	63.9	82.6	92.9	88.3	97.6	83.4	76.6	90.2
<b>Race/ethnicity</b>									
NH White	73.2	64.3	82.0	95.2	90.8	99.6	84.2	76.5	91.9
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	73.2	64.3	82.0	95.2	90.8	99.6	84.2	76.5	91.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	40.6	19.4	61.8	92.6	86.1	99.2	83.5	75.2	91.9
45-64	77.2	62.3	92.0	99.0	97.1	100.0	86.6	72.1	100.0
65 and older	85.1	77.3	92.9	81.8	63.7	99.9	75.2	56.5	93.8
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	72.0	57.2	86.7	94.7	89.4	100.0	86.3	77.0	95.7
Divorced/ widowed/separated	74.8	64.9	84.6	94.9	87.9	100.0	83.3	73.2	93.4
<b>Education</b>									
0-11 years	.	.	.	.	.	.	.	.	.
HS Grad/GED	75.5	62.8	88.3	97.2	93.7	100.0	81.6	68.7	94.5
1 or more years of college	71.6	56.1	87.0	94.0	88.0	100.0	87.2	79.7	94.7
<b>Employment</b>									
Employed for wages	67.4	52.2	82.7	94.1	88.5	99.7	86.3	78.9	93.6
<b>Household Income</b>									
\$24,999 or less	70.3	57.0	83.6	91.4	83.5	99.3	75.8	62.7	88.9
\$25,000 – 49,999	70.9	57.2	84.6	93.3	84.3	100.0	89.7	79.9	99.5
\$50,000 or more	74.6	40.2	100.0	96.3	89.0	100.0	92.7	82.5	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	52.8	44.8	60.7	43.8	35.5	52.0	55.8	47.8	63.9
<b>Sex</b>									
Men	55.7	43.6	67.8	51.0	38.5	63.4	51.8	39.6	64.1
Women	50.3	39.6	61.1	37.8	26.6	49.1	59.1	48.2	70.1
<b>Race/ethnicity</b>									
NH White	51.5	42.8	60.2	43.3	34.6	52.1	60.1	51.9	68.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	53.6	39.8	67.4	48.4	34.3	62.6	53.9	40.1	67.6
NH White women	49.7	38.7	60.7	38.7	28.2	49.2	65.8	56.1	75.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	46.3	34.5	58.1	40.1	28.0	52.2	47.0	35.3	58.6
65 and older	62.0	51.8	72.2	49.1	38.4	59.9	68.5	59.2	77.9
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	53.7	43.5	63.9	47.0	36.6	57.3	62.7	53.1	72.2
Divorced/ widowed/separated	51.9	38.0	65.7	37.8	22.2	53.3	43.9	30.5	57.4
<b>Education</b>									
0-11 years	55.0	35.1	74.8	43.6	23.1	64.0	57.4	37.7	77.1
HS Grad/GED	55.6	42.4	68.9	44.8	30.5	59.2	58.5	44.6	72.3
1 or more years of college	49.0	38.1	59.9	42.7	31.8	53.5	52.5	41.5	63.5
<b>Employment</b>									
Employed for wages	41.2	27.2	55.1	33.5	19.7	47.3	46.3	32.1	60.6
<b>Household Income</b>									
\$24,999 or less	53.9	39.4	68.3	42.1	26.7	57.5	50.2	35.4	65.0
\$25,000 – 49,999	54.5	40.6	68.4	46.2	31.7	60.7	52.0	37.8	66.2
\$50,000 or more	49.5	27.4	71.6	46.9	24.7	69.1	70.4	50.9	89.9

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		39.1	32.7	45.5	60.4	47.5	73.3	13.3	9.3	17.4
<b>Sex</b>	Men	34.8	25.3	44.4	67.6	47.9	87.4	10.0	3.6	16.3
	Women	42.9	34.2	51.6	55.8	39.1	72.4	16.3	11.0	21.6
<b>Race/ethnicity</b>	NH White	36.9	29.9	43.8	61.0	47.0	75.0	11.5	6.9	16.1
	NH Black	62.4	42.2	82.7	.	.	.	28.8	12.2	45.3
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	34.5	23.5	45.6	.	.	.	9.1	1.9	16.3
	NH White women	39.2	30.6	47.9	61.3	44.6	78.0	14.0	8.2	19.8
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	75.3	53.1	97.4	.	.	.	30.6	7.6	53.5
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	51.5	42.6	60.4	65.1	51.7	78.5	20.9	14.0	27.8
	45-64	25.0	16.1	33.9	47.3	19.7	75.0	4.9	2.1	7.8
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	40.2	20.7	59.7	.	.	.	38.4	19.2	57.7
	Married/ living together as a couple	34.4	26.9	42.0	54.1	38.7	69.5	7.1	3.5	10.6
	Divorced/ widowed/A80separated	51.9	38.7	65.1	59.5	31.6	87.4	19.7	9.5	29.9
<b>Education</b>	0-11 years	34.8	17.8	51.9	.	.	.	17.8	5.3	30.3
	HS Grad/GED	44.7	33.3	56.2	50.9	26.9	74.8	12.6	6.1	19.2
	1 or more years of college	35.9	27.3	44.5	67.4	51.7	83.1	12.9	7.1	18.7
<b>Employment</b>	Employed for wages	36.0	28.7	43.4	60.8	47.0	74.6	12.1	7.6	16.6
<b>Household Income</b>	\$24,999 or less	47.9	35.8	60.0	55.7	30.7	80.7	24.9	15.7	34.2
	\$25,000 – 49,999	35.5	25.4	45.5	59.1	38.7	79.4	6.3	2.4	10.2
	\$50,000 or more	34.4	21.2	47.7	.	.	.	8.4	0.0	17.2

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:  
 Marie A. Bailey, MA, MSW  
 Bureau of Epidemiology  
 Department of Health  
 4052 Bald Cypress Way, Bin #A-12  
 Tallahassee, FL 32399-1720  
 850-245-4444 Ext. 2434  
[marie\\_bailey@doh.state.fl.us](mailto:marie_bailey@doh.state.fl.us)

