

Prevalence of Major Behavioral Risk Factors in Gadsden County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Gadsden County, 524 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Gadsden County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
All	45,087	15,982,378	24.4	18.9	30.0	57.8	50.8	64.7
Sex								
Men	47.6%	48.8%	24.8	17.7	31.9	48.9	37.9	59.9
Women	52.4%	51.2%	24.2	16.5	31.9	64.3	55.1	73.6
Race/ethnicity								
NH White	35.9%	65.4%	19.8	14.7	25.0	62.5	51.8	73.2
NH Black	56.9%	14.2%	29.3	19.6	39.0	59.9	50.1	69.7
Hispanic	6.2%	16.8%
Race/ethnicity-Sex								
NH White men	17.5%	31.9%	21.1	12.9	29.3	59.2	45.0	73.3
NH White women	18.4%	33.6%	18.7	12.1	25.3	66.1	49.0	83.2
NH Black men	26.1%	6.8%	33.6	20.2	47.0	43.1	23.9	62.3
NH Black women	30.8%	7.4%	27.5	14.9	40.1	68.2	57.1	79.2
Hispanic men	3.5%	8.4%
Hispanic women	2.6%	8.4%
Age								
18-44	38.4%	36.9%	12.3	7.0	17.6	53.3	43.6	63.0
45-64	23.0%	22.7%	24.6	14.3	34.9	65.5	55.7	75.4
65 and older	12.2%	17.6%	52.2	39.9	64.6	.	.	.
Marital Status								
Never married	27.1%	22.5%	17.3	7.7	26.9	54.5	37.9	71.0
Married/ living together as a couple	47.7%	53.7%	20.5	13.1	27.9	59.6	50.3	69.0
Divorced/ widowed/separated	25.2%	23.8%	38.0	26.9	49.1	56.5	44.3	68.7
Education								
0-11 years	29.3%	20.1%	42.3	26.6	58.1	32.9	12.5	53.4
HS Grad/GED	35.9%	28.7%	20.7	11.1	30.3	54.5	43.9	65.1
1 or more years of college	34.8%	51.1%	15.2	9.8	20.6	68.1	57.4	78.9
Employment								
Employed for wages	52.3%	54.9%	11.1	6.9	15.4	57.8	50.8	64.7
Household Income								
\$24,999 or less	39.9%	30.8%	26.9	19.3	34.5	36.6	24.5	48.7
\$25,000 – 49,999	33.0%	31.6%	18.1	11.0	25.2	58.7	46.7	70.6
\$50,000 or more	27.1%	37.6%	11.3	3.0	19.7	82.2	70.4	94.0

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	38.1	31.5	44.8	65.4	59.8	71.1	85.3	81.7	89.0
Sex									
Men	27.0	19.8	34.1	58.7	50.4	66.9	74.1	66.6	81.5
Women	44.4	35.3	53.5	69.3	61.9	76.7	91.7	88.4	95.1
Race/ethnicity									
NH White	29.5	22.4	36.7	61.1	54.0	68.3	84.2	79.1	89.3
NH Black	48.6	38.1	59.2	69.4	61.4	77.5	86.3	81.0	91.7
Hispanic
Race/ethnicity-Sex									
NH White men	21.2	12.8	29.6	58.9	48.0	69.7	78.0	69.0	87.1
NH White women	37.2	26.6	47.8	63.3	53.8	72.7	89.9	85.1	94.8
NH Black men	38.2	24.9	51.5	54.4	40.5	68.3	67.1	53.7	80.5
NH Black women	52.9	39.7	66.1	75.7	67.0	84.4	94.2	90.5	97.8
Hispanic men
Hispanic women
Age									
18-44	30.4	22.3	38.5	58.6	49.6	67.6	79.4	72.8	86.0
45-64	44.5	31.3	57.7	66.3	56.4	76.1	86.7	80.7	92.6
65 and older	43.8	32.1	55.6	78.4	70.2	86.7	95.4	91.9	99.0
Marital Status									
Never married	42.8	29.3	56.2	58.3	45.6	71.1	75.2	64.5	86.0
Married/ living together as a couple	33.2	23.1	43.3	66.4	58.0	74.8	86.9	82.0	91.9
Divorced/ widowed/separated	45.5	35.0	56.1	68.4	59.8	77.1	88.8	83.8	93.9
Education									
0-11 years	57.3	42.5	72.1	75.9	65.2	86.6	89.0	82.3	95.8
HS Grad/GED	37.4	28.8	45.9	63.0	54.4	71.6	84.1	77.8	90.4
1 or more years of college	25.1	17.3	32.9	60.5	51.4	69.5	83.8	77.8	89.8
Employment									
Employed for wages	32.2	25.6	38.8	61.6	55.0	68.1	81.8	76.6	86.9
Household Income									
\$24,999 or less	42.6	33.5	51.8	59.3	49.7	69.0	83.9	77.6	90.2
\$25,000 – 49,999	32.2	23.0	41.3	58.4	48.8	68.0	80.5	72.6	88.3
\$50,000 or more	19.4	9.3	29.5	65.0	52.9	77.1	88.5	79.5	97.4
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	31.2	25.8	36.6	33.0	26.2	39.8	76.8	71.7	81.9
Sex									
Men	37.2	29.3	45.2	27.1	19.5	34.7	83.5	77.7	89.3
Women	27.9	20.8	34.9	36.4	26.9	45.9	73.1	65.8	80.4
Race/ethnicity									
NH White	38.3	31.2	45.3	21.2	14.3	28.2	75.1	68.1	82.1
NH Black	25.7	17.4	33.9	43.5	32.8	54.2	77.0	68.9	85.1
Hispanic
Race/ethnicity-Sex									
NH White men	48.4	37.3	59.4	18.6	10.1	27.1	81.7	73.6	89.8
NH White women	29.0	20.7	37.3	23.7	13.0	34.4	69.0	58.4	79.7
NH Black men	23.7	13.0	34.3	39.4	25.6	53.2	87.6	79.2	95.9
NH Black women	26.5	15.6	37.3	45.1	31.3	59.0	72.7	61.7	83.7
Hispanic men
Hispanic women
Age									
18-44	27.4	20.2	34.7	33.2	24.0	42.5	76.7	69.2	84.1
45-64	37.0	25.8	48.1	36.1	22.3	49.9	74.9	64.8	85.0
65 and older	29.3	20.0	38.6	27.3	17.7	36.9	80.6	73.0	88.2
Marital Status									
Never married	25.6	15.2	35.9	34.0	20.6	47.3	73.8	60.5	87.1
Married/ living together as a couple	29.8	22.6	36.9	34.5	23.9	45.1	80.2	74.5	85.9
Divorced/ widowed/separated	38.3	27.4	49.2	29.3	21.0	37.6	71.4	60.1	82.7
Education									
0-11 years	27.6	14.1	41.0	36.5	18.4	54.7	77.3	64.5	90.0
HS Grad/GED	31.9	23.9	40.0	31.4	23.2	39.6	81.4	75.0	87.9
1 or more years of college	32.7	25.2	40.2	32.3	22.7	41.8	72.2	64.2	80.1
Employment									
Employed for wages	34.3	28.0	40.5	30.0	23.5	36.6	78.2	72.3	84.2
Household Income									
\$24,999 or less	34.6	26.3	42.8	36.7	26.7	46.7	76.3	68.4	84.2
\$25,000 – 49,999	36.1	26.9	45.3	24.8	16.5	33.1	82.4	75.6	89.3
\$50,000 or more	28.1	17.5	38.7	23.0	12.7	33.3	70.3	59.1	81.6

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	17.2	13.4	21.0	53.4	42.1	64.7	10.9	7.5	14.3
Sex									
Men	23.5	16.4	30.5	60.1	43.7	76.5	20.4	13.2	27.6
Women	13.7	9.4	18.0	47.1	31.4	62.7	5.6	2.5	8.7
Race/ethnicity									
NH White	24.1	17.9	30.3	47.5	32.4	62.6	12.5	7.5	17.5
NH Black	11.9	7.2	16.6	62.5	43.6	81.4	10.1	5.2	15.1
Hispanic
Race/ethnicity-Sex									
NH White men	23.1	13.5	32.6	.	.	.	18.5	9.3	27.8
NH White women	25.1	16.9	33.3	39.5	20.7	58.3	6.9	2.8	11.1
NH Black men	22.4	10.9	33.8	.	.	.	24.5	11.8	37.2
NH Black women	7.7	3.5	11.9	.	.	.	4.3	0.5	8.2
Hispanic men
Hispanic women
Age									
18-44	20.3	13.7	26.8	55.3	37.9	72.7	16.2	9.7	22.8
45-64	19.8	12.9	26.6	50.5	34.3	66.7	8.7	4.1	13.2
65 and older	5.9	1.9	9.9	.	.	.	3.2	0.1	6.3
Marital Status									
Never married	20.1	9.8	30.5	.	.	.	20.1	8.7	31.5
Married/ living together as a couple	14.3	9.3	19.4	55.9	38.3	73.5	9.6	5.3	14.0
Divorced/ widowed/separated	21.4	14.5	28.2	43.7	26.8	60.5	7.1	3.4	10.8
Education									
0-11 years	19.7	10.4	29.1	.	.	.	5.6	0.0	11.2
HS Grad/GED	19.5	13.0	25.9	64.2	48.0	80.3	11.3	5.6	17.0
1 or more years of college	13.5	8.2	18.8	32.1	9.9	54.3	14.3	8.3	20.3
Employment									
Employed for wages	20.5	15.2	25.9	54.2	39.7	68.6	15.6	10.5	20.8
Household Income									
\$24,999 or less	18.2	12.0	24.4	55.7	37.9	73.6	6.9	2.5	11.4
\$25,000 – 49,999	18.9	11.6	26.1	.	.	.	12.0	6.4	17.7
\$50,000 or more	20.3	9.2	31.5	.	.	.	26.2	13.3	39.2
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	21.1	16.4	25.8	20.4	14.7	26.1	9.4	5.4	13.5
Sex									
Men	24.1	16.6	31.5	24.2	16.8	31.6	6.4	2.8	10.0
Women	19.5	13.4	25.5	18.3	10.4	26.1	11.1	5.2	17.1
Race/ethnicity									
NH White	20.3	12.9	27.7	18.1	10.8	25.3	8.2	4.5	11.9
NH Black	16.4	10.9	21.8	16.8	9.2	24.3	10.1	2.9	17.3
Hispanic
Race/ethnicity-Sex									
NH White men	20.4	10.6	30.2	24.0	13.8	34.3	9.5	4.0	15.0
NH White women	20.2	8.9	31.4	12.6	2.1	23.1	7.1	2.0	12.1
NH Black men	23.7	12.5	34.8	20.7	10.4	31.1	3.3	0.0	8.5
NH Black women	13.4	7.5	19.3	15.2	5.4	25.0	12.8	3.0	22.6
Hispanic men
Hispanic women
Age									
18-44	27.5	19.2	35.8	28.1	18.7	37.5	8.3	3.9	12.8
45-64	19.3	12.3	26.4	15.5	6.1	24.9	13.9	4.5	23.4
65 and older	9.9	3.8	16.1	11.9	5.2	18.6	3.8	0.7	6.8
Marital Status									
Never married	30.9	17.0	44.9	32.7	18.9	46.5	7.1	0.3	13.9
Married/ living together as a couple	18.1	12.1	24.1	15.0	8.0	22.0	5.7	2.4	9.0
Divorced/ widowed/separated	20.8	13.8	27.7	23.5	11.8	35.2	19.3	7.4	31.2
Education									
0-11 years	36.4	22.8	50.0	32.2	17.9	46.5	19.3	6.4	32.2
HS Grad/GED	19.6	12.8	26.5	13.3	7.5	19.1	6.0	1.7	10.3
1 or more years of college	11.4	4.5	18.3	18.5	8.7	28.3	5.6	2.7	8.5
Employment									
Employed for wages	25.0	18.4	31.6	20.4	14.2	26.6	7.9	4.3	11.4
Household Income									
\$24,999 or less	33.1	24.2	41.9	28.0	17.9	38.2	12.2	6.6	17.7
\$25,000 – 49,999	15.0	7.5	22.5	10.1	3.6	16.7	2.0	0.0	4.0
\$50,000 or more	12.3	1.4	23.2	11.2	1.7	20.7	9.5	1.4	17.6

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	66.9	61.4	72.4	39.2	33.1	45.3	61.8	56.2	67.4
Sex									
Men	66.8	59.1	74.4	45.0	36.4	53.5	64.6	56.1	73.1
Women	67.0	59.6	74.4	36.0	27.9	44.1	60.1	52.6	67.6
Race/ethnicity									
NH White	71.1	63.9	78.3	47.8	40.2	55.4	67.8	59.8	75.8
NH Black	63.7	55.0	72.4	27.3	19.6	35.0	53.6	44.8	62.4
Hispanic
Race/ethnicity-Sex									
NH White men	73.8	64.8	82.9	49.9	38.7	61.1	73.2	62.8	83.6
NH White women	68.6	57.6	79.5	45.9	35.4	56.4	62.8	51.2	74.5
NH Black men	57.9	44.2	71.7	34.9	21.3	48.5	53.4	38.4	68.3
NH Black women	66.0	55.3	76.6	24.3	15.3	33.2	53.7	42.8	64.7
Hispanic men
Hispanic women
Age									
18-44	67.1	58.8	75.3	61.3	53.2	69.5	60.2	51.4	69.0
45-64	67.0	57.3	76.6	19.3	12.4	26.1	62.1	52.7	71.5
65 and older	66.1	55.3	76.9	26.2	16.9	35.4	65.9	55.0	76.8
Marital Status									
Never married	67.4	54.1	80.7	56.8	44.2	69.4	56.8	42.7	71.0
Married/ living together as a couple	72.4	65.2	79.5	40.7	31.7	49.7	67.5	60.3	74.6
Divorced/ widowed/separated	54.5	44.5	64.5	22.9	15.7	30.1	53.4	42.0	64.8
Education									
0-11 years	53.2	36.9	69.4	27.5	15.7	39.3	40.7	25.5	55.8
HS Grad/GED	69.5	61.7	77.3	33.0	24.6	41.4	61.8	53.1	70.5
1 or more years of college	74.4	66.4	82.4	53.5	44.7	62.2	73.6	65.4	81.9
Employment									
Employed for wages	67.8	61.2	74.4	46.5	39.6	53.4	63.0	56.0	70.0
Household Income									
\$24,999 or less	51.7	42.3	61.0	36.5	26.4	46.6	46.5	35.9	57.0
\$25,000 – 49,999	78.5	71.1	85.8	47.4	37.5	57.2	69.1	60.0	78.3
\$50,000 or more	77.1	66.1	88.2	51.0	38.4	63.6	81.0	70.9	91.0
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	41.3	34.6	48.0	87.1	81.5	92.6	21.9	17.2	26.6
Sex									
Men	34.7	26.9	42.5	83.7	73.3	94.1	18.1	11.5	24.7
Women	45.0	35.9	54.1	88.5	82.1	95.0	24.1	17.6	30.6
Race/ethnicity									
NH White	31.3	24.9	37.6	79.8	69.6	90.0	23.8	16.4	31.2
NH Black	56.3	46.6	65.9	90.4	84.2	96.7	23.3	16.3	30.3
Hispanic
Race/ethnicity-Sex									
NH White men	28.7	19.3	38.1	84.9	67.8	100.0	21.5	11.8	31.1
NH White women	33.6	24.9	42.4	75.8	62.8	88.9	25.9	14.9	36.9
NH Black men	47.3	33.4	61.2	84.2	70.8	97.6	16.6	6.4	26.8
NH Black women	59.9	48.1	71.7	92.4	85.5	99.3	26.0	16.7	35.4
Hispanic men
Hispanic women
Age									
18-44	14.2	8.7	19.7	50.9	29.5	72.3	24.8	16.7	32.9
45-64	55.8	44.4	67.2	90.2	83.5	97.0	17.4	10.7	24.0
65 and older	74.6	65.7	83.6	97.9	95.4	100.0	24.2	15.1	33.4
Marital Status									
Never married	26.8	16.4	37.2	.	.	.	30.8	16.7	44.9
Married/ living together as a couple	40.6	30.4	50.7	85.8	76.8	94.8	19.5	13.5	25.4
Divorced/ widowed/separated	53.2	43.3	63.2	94.1	89.6	98.5	21.3	14.0	28.6
Education									
0-11 years	56.1	40.9	71.2	91.5	83.5	99.5	18.8	9.0	28.6
HS Grad/GED	39.2	29.6	48.8	86.7	77.2	96.2	21.4	14.5	28.2
1 or more years of college	32.3	24.7	39.8	83.0	72.5	93.6	24.8	16.8	32.7
Employment									
Employed for wages	25.5	19.9	31.1	80.5	70.2	90.8	27.3	20.6	34.0
Household Income									
\$24,999 or less	37.3	28.8	45.7	86.7	79.3	94.0	22.8	14.6	31.1
\$25,000 – 49,999	31.1	22.4	39.7	91.0	80.7	100.0	21.9	14.2	29.7
\$50,000 or more	33.6	21.8	45.3	71.7	50.7	92.8	27.7	15.8	39.6

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	78.9	73.6	84.2	94.6	91.9	97.3	38.0	30.3	45.6
Sex									
Men	76.9	69.6	84.3	92.6	87.9	97.4	33.3	24.6	42.0
Women	79.9	72.7	87.1	95.6	92.3	98.8	40.5	29.9	51.1
Race/ethnicity									
NH White	80.1	72.7	87.5	90.5	85.6	95.4	38.4	31.3	45.5
NH Black	80.1	72.0	88.1	98.8	97.3	100.0	41.2	28.2	54.2
Hispanic
Race/ethnicity-Sex									
NH White men	77.5	67.4	87.5	89.8	82.1	97.5	37.4	26.1	48.6
NH White women	82.5	71.6	93.4	91.1	84.7	97.5	39.3	30.1	48.4
NH Black men	82.6	73.0	92.1	96.9	92.1	100.0	30.7	15.9	45.4
NH Black women	79.0	68.4	89.7	99.6	98.7	100.0	45.7	29.2	62.2
Hispanic men
Hispanic women
Age									
18-44	65.3	56.8	73.7	92.6	86.7	98.6	14.6	7.9	21.2
45-64	91.3	86.4	96.2	94.0	90.2	97.8	51.5	38.4	64.5
65 and older	85.8	70.3	100.0	99.5	98.6	100.0	51.2	41.0	61.4
Marital Status									
Never married	67.6	54.0	81.3	93.4	86.2	100.0	25.0	12.8	37.1
Married/ living together as a couple	79.7	72.1	87.2	94.3	90.2	98.4	38.3	26.8	49.8
Divorced/ widowed/separated	85.1	78.5	91.7	95.7	92.7	98.7	44.7	32.7	56.6
Education									
0-11 years	74.0	62.6	85.4	94.9	89.7	100.0	53.3	33.3	73.2
HS Grad/GED	73.5	63.5	83.4	95.2	90.8	99.5	38.2	29.1	47.3
1 or more years of college	87.0	79.9	94.1	93.9	89.3	98.4	28.8	21.6	36.1
Employment									
Employed for wages	74.2	67.6	80.8	92.8	88.4	97.1	27.7	21.3	34.1
Household Income									
\$24,999 or less	75.5	66.9	84.0	94.4	90.2	98.5	34.7	25.3	44.2
\$25,000 – 49,999	79.5	71.1	87.8	91.4	84.8	97.9	35.8	25.9	45.6
\$50,000 or more	85.2	74.6	95.7	93.5	84.9	100.0	26.9	16.4	37.4

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	11.5	5.1	17.8	49.4	18.0	80.7	14.1	10.5	17.7
Sex									
Men	9.0	4.8	13.2	.	.	.	20.3	13.2	27.4
Women	12.8	3.3	22.4	42.7	4.5	80.9	10.6	6.9	14.3
Race/ethnicity									
NH White	8.6	5.2	12.0	.	.	.	10.7	6.1	15.3
NH Black	14.7	2.7	26.7	.	.	.	18.0	11.9	24.1
Hispanic
Race/ethnicity-Sex									
NH White men	9.3	3.8	14.8	.	.	.	15.9	7.4	24.3
NH White women	7.9	3.8	12.1	.	.	.	6.0	2.0	9.9
NH Black men	9.2	1.8	16.6	.	.	.	28.6	15.4	41.8
NH Black women	16.9	0.6	33.1	.	.	.	13.6	7.6	19.7
Hispanic men
Hispanic women
Age									
18-44	7.3	3.8	10.8	.	.	.	7.6	2.8	12.3
45-64	16.2	0.4	32.0	.	.	.	15.4	9.2	21.7
65 and older	12.1	5.2	19.0	.	.	.	26.0	16.4	35.6
Marital Status									
Never married	7.2	2.1	12.2	.	.	.	11.1	3.0	19.2
Married/ living together as a couple	13.2	2.4	24.0	.	.	.	13.9	8.8	18.9
Divorced/ widowed/separated	10.9	5.4	16.4	.	.	.	16.8	10.2	23.3
Education									
0-11 years	23.3	3.2	43.5	.	.	.	16.5	8.5	24.6
HS Grad/GED	5.1	1.8	8.4	.	.	.	16.0	9.3	22.7
1 or more years of college	8.9	5.1	12.8	.	.	.	10.4	5.7	15.0
Employment									
Employed for wages	7.0	3.8	10.1	.	.	.	10.5	6.2	14.8
Household Income									
\$24,999 or less	10.9	6.2	15.5	.	.	.	15.9	9.6	22.1
\$25,000 – 49,999	6.8	2.9	10.7	.	.	.	16.4	8.3	24.6
\$50,000 or more	6.8	0.8	12.8	.	.	.	6.3	0.7	11.8

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	26.7	19.6	33.8	41.3	34.4	48.2	39.2	32.3	46.2
Sex									
Men	16.9	10.9	22.9	30.8	22.7	38.8	26.7	19.1	34.4
Women	32.2	22.2	42.2	47.2	38.0	56.4	46.2	37.0	55.5
Race/ethnicity									
NH White	19.6	12.8	26.4	27.0	19.7	34.3	24.5	17.5	31.5
NH Black	34.5	22.7	46.3	56.7	46.9	66.5	55.9	46.0	65.8
Hispanic
Race/ethnicity-Sex									
NH White men	16.9	9.3	24.5	25.9	16.0	35.8	16.5	9.1	23.9
NH White women	22.0	11.2	32.9	28.1	17.3	38.8	31.8	21.0	42.7
NH Black men	18.3	7.4	29.2	41.7	27.5	55.9	44.3	30.0	58.5
NH Black women	41.0	26.1	56.0	62.8	51.4	74.2	60.6	48.7	72.5
Hispanic men
Hispanic women
Age									
18-44	23.4	15.5	31.2	37.7	28.9	46.5	32.5	24.0	40.9
45-64	32.9	17.8	48.0	47.7	34.9	60.6	49.0	36.4	61.7
65 and older	22.7	13.8	31.6	37.4	23.5	51.2	36.2	22.3	50.0
Marital Status									
Never married	29.6	15.7	43.5	50.8	37.5	64.2	47.0	33.4	60.6
Married/ living together as a couple	24.6	14.1	35.1	39.1	28.8	49.5	37.4	27.0	47.9
Divorced/ widowed/separated	29.5	17.6	41.3	39.5	28.2	50.8	37.9	26.6	49.1
Education									
0-11 years	35.5	15.5	55.5	53.6	37.5	69.8	45.7	28.0	63.5
HS Grad/GED	24.1	16.5	31.7	45.0	35.2	54.7	43.8	34.0	53.6
1 or more years of college	23.1	15.3	30.9	29.9	21.7	38.2	31.0	22.6	39.4
Employment									
Employed for wages	25.5	19.0	32.0	39.8	32.8	46.8	37.5	30.7	44.4
Household Income									
\$24,999 or less	24.9	16.3	33.6	41.9	32.5	51.3	39.8	30.5	49.2
\$25,000 – 49,999	24.0	15.7	32.2	38.3	28.7	47.8	28.4	19.8	37.1
\$50,000 or more	19.0	9.6	28.3	27.0	15.1	39.0	35.9	23.8	48.0

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
	All	30.6	25.1	36.1	2.2	1.0	3.4	24.3	17.6
Sex									
Men	32.0	24.4	39.5	2.4	0.5	4.3	23.8	16.7	31.0
Women	29.8	22.4	37.3	2.1	0.6	3.6	24.5	15.0	34.1
Race/ethnicity									
NH White	36.3	29.1	43.6	3.0	1.0	4.9	27.9	21.6	34.3
NH Black	28.7	19.9	37.4	1.3	0.0	2.7	21.5	9.5	33.5
Hispanic
Race/ethnicity-Sex									
NH White men	35.7	25.5	45.8	3.5	0.5	6.6	30.6	20.1	41.0
NH White women	36.9	26.5	47.3	2.5	0.0	5.0	25.6	17.9	33.3
NH Black men	30.8	17.8	43.8	1.3	0.0	3.8	16.9	7.1	26.6
NH Black women	27.8	16.7	38.9	1.4	0.0	3.0	23.4	7.3	39.5
Hispanic men
Hispanic women
Age									
18-44	20.0	12.6	27.5	0.3	0.0	0.8	11.1	5.5	16.7
45-64	28.6	18.2	38.9	2.1	0.1	4.1	26.4	11.4	41.5
65 and older	57.3	44.2	70.5	6.7	2.2	11.2	46.3	34.3	58.4
Marital Status									
Never married	31.8	18.2	45.3	3.2	0.0	6.6	16.9	7.1	26.7
Married/ living together as a couple	25.7	19.2	32.2	2.0	0.4	3.5	26.9	15.9	37.9
Divorced/ widowed/separated	40.7	29.9	51.6	2.1	0.1	4.0	24.3	16.9	31.7
Education									
0-11 years	31.7	17.8	45.7	3.4	0.4	6.5	30.8	10.9	50.8
HS Grad/GED	27.4	19.8	35.1	1.7	0.0	3.4	21.5	14.7	28.2
1 or more years of college	32.9	24.8	41.0	1.9	0.2	3.6	21.9	15.9	27.9
Employment									
Employed for wages	23.7	17.6	29.8	0.8	0.0	1.7	14.2	9.4	19.0
Household Income									
\$24,999 or less	33.6	24.9	42.4	2.3	0.3	4.4	24.1	17.2	31.0
\$25,000 – 49,999	30.4	21.5	39.4	2.0	0.0	4.6	20.1	12.8	27.4
\$50,000 or more	23.3	14.0	32.5	3.3	0.0	6.8	18.0	7.7	28.4

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	82.7	76.5	89.0	90.9	83.3	98.6	85.4	77.1	93.6
Sex									
Men
Women	82.7	76.5	89.0	90.9	83.3	98.6	85.4	77.1	93.6
Race/ethnicity									
NH White	82.7	74.9	90.4	95.3	91.0	99.7	86.9	78.9	95.0
NH Black	86.2	78.6	93.9	96.0	92.8	99.3	92.0	86.2	97.8
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	82.7	74.9	90.4	95.3	91.0	99.7	86.9	78.9	95.0
NH Black men
NH Black women	86.2	78.6	93.9	96.0	92.8	99.3	92.0	86.2	97.8
Hispanic men
Hispanic women
Age									
18-44	56.0	32.7	79.3	86.9	74.0	99.7	80.4	67.1	93.7
45-64	82.9	74.3	91.5	95.7	90.9	100.0	91.2	84.0	98.5
65 and older	92.4	86.8	98.1	96.7	91.8	100.0	92.7	84.9	100.0
Marital Status									
Never married	.	.	.	92.4	85.9	99.0	92.0	85.2	98.9
Married/ living together as a couple	81.9	72.3	91.6	87.6	74.4	100.0	80.8	66.9	94.7
Divorced/ widowed/separated	86.3	78.6	94.0	98.0	95.0	100.0	91.1	84.0	98.2
Education									
0-11 years	87.7	77.4	98.0	92.2	82.7	100.0	87.8	75.0	100.0
HS Grad/GED	81.1	71.4	90.8	94.0	89.5	98.6	85.8	77.2	94.4
1 or more years of college	78.8	67.4	90.1	87.1	69.2	100.0	84.1	66.3	100.0
Employment									
Employed for wages	76.4	66.5	86.3	93.7	88.8	98.5	89.9	83.7	96.1
Household Income									
\$24,999 or less	78.5	69.0	87.9	80.6	63.3	97.9	76.0	58.6	93.3
\$25,000 – 49,999	89.4	79.5	99.2	98.0	93.9	100.0	96.5	91.5	100.0
\$50,000 or more	72.6	53.4	91.8	100.0	100.0	100.0	82.2	64.0	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	48.9	38.6	59.3	40.4	30.9	49.9	50.5	40.0	61.1
Sex									
Men	45.1	33.9	56.2	36.8	26.0	47.6	52.4	41.0	63.7
Women	50.8	36.2	65.4	42.2	28.7	55.6	49.7	35.0	64.3
Race/ethnicity									
NH White	59.0	50.7	67.4	49.4	40.9	57.9	61.9	53.7	70.1
NH Black	41.3	24.3	58.3	32.9	17.3	48.5	41.6	24.2	58.9
Hispanic
Race/ethnicity-Sex									
NH White men	49.6	36.8	62.4	42.6	29.9	55.3	62.4	50.4	74.5
NH White women	67.6	56.8	78.3	55.6	44.0	67.3	61.4	49.9	72.9
NH Black men
NH Black women	41.3	20.6	62.0	33.7	14.5	52.9	43.2	21.6	64.9
Hispanic men
Hispanic women
Age									
18-44
45-64	47.6	32.5	62.8	40.1	25.9	54.3	46.8	31.8	61.9
65 and older	50.8	38.1	63.5	40.8	29.4	52.2	56.0	42.4	69.6
Marital Status									
Never married
Married/ living together as a couple	45.2	30.8	59.5	37.7	25.0	50.3	44.0	29.9	58.1
Divorced/ widowed/separated	56.5	43.8	69.2	46.0	31.9	60.0	62.3	50.3	74.3
Education									
0-11 years	41.8	19.8	63.7	36.2	15.3	57.1	39.7	17.7	61.7
HS Grad/GED	49.8	32.8	66.8	41.1	25.7	56.4	51.7	34.3	69.1
1 or more years of college	55.7	45.4	66.0	45.0	34.8	55.2	60.1	49.9	70.4
Employment									
Employed for wages	48.3	37.2	59.5	37.7	27.1	48.3	52.9	41.7	64.2
Household Income									
\$24,999 or less	54.4	42.5	66.3	44.5	32.7	56.3	53.9	42.0	65.8
\$25,000 – 49,999	53.6	40.1	67.1	45.7	32.3	59.2	70.4	58.0	82.7
\$50,000 or more	52.5	35.5	69.5	38.6	22.6	54.6	49.6	32.6	66.6

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		52.8	45.0	60.5	72.7	62.7	82.8	28.6	22.1	35.0
Sex	Men	49.6	39.7	59.5	78.9	65.5	92.3	21.3	12.8	29.8
	Women	54.7	43.6	65.7	69.3	55.7	82.9	33.2	24.3	42.2
Race/ethnicity	NH White	47.7	38.4	57.0	54.8	33.3	76.3	13.9	5.2	22.6
	NH Black	56.8	44.0	69.7	78.8	68.1	89.5	36.5	27.7	45.2
	Hispanic
Race/ethnicity-Sex	NH White men	50.2	36.6	63.9	.	.	.	13.6	3.1	24.0
	NH White women	45.3	32.2	58.4	.	.	.	14.2	0.1	28.3
	NH Black men	53.3	37.4	69.1	.	.	.	30.2	15.5	44.8
	NH Black women	58.4	40.9	76.0	76.7	62.8	90.6	39.7	28.5	50.9
	Hispanic men
	Hispanic women
Age	18-44	68.1	59.0	77.1	73.7	61.5	86.0	40.2	30.7	49.7
	45-64	34.2	22.7	45.7	69.7	51.9	87.4	13.6	7.6	19.6
	65 and older
Marital Status	Never married	63.6	50.8	76.3	85.7	63.9	100.0	55.3	41.8	68.8
	Married/ living together as a couple	44.8	34.5	55.2	64.1	50.3	77.9	19.2	10.6	27.8
	Divorced/ widowed/A80separated	65.6	52.6	78.6	.	.	.	25.1	13.8	36.4
Education	0-11 years	46.7	25.2	68.1	.	.	.	26.8	13.2	40.3
	HS Grad/GED	52.8	43.3	62.4	78.4	64.8	92.1	33.7	24.5	42.9
	1 or more years of college	56.6	46.0	67.2	63.3	46.5	80.1	25.1	13.7	36.5
Employment	Employed for wages	57.0	50.0	64.0	70.8	58.6	83.0	29.2	22.2	36.2
Household Income	\$24,999 or less	55.9	44.3	67.4	68.4	51.0	85.8	43.0	30.9	55.0
	\$25,000 – 49,999	53.6	42.4	64.8	83.3	69.4	97.1	23.6	14.3	32.9
	\$50,000 or more	49.5	35.9	63.1	.	.	.	13.0	2.3	23.6

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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