

Prevalence of Major Behavioral Risk Factors in Hardee County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Hardee County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Hardee County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
				Lower	Upper		Lower	Upper
All	26,938	15,982,378	27.7	23.1	32.3	50.7	43.5	57.9
Sex								
Men	54.4%	48.8%	24.6	17.8	31.5	44.7	34.5	54.9
Women	45.6%	51.2%	30.2	24.0	36.3	58.4	48.3	68.4
Race/ethnicity								
NH White	54.6%	65.4%	24.0	19.0	29.0	56.2	47.3	65.0
NH Black	8.0%	14.2%
Hispanic	35.7%	16.8%	33.4	23.4	43.5	41.4	27.9	55.0
Race/ethnicity-Sex								
NH White men	27.6%	31.9%	21.1	13.8	28.4	47.2	35.0	59.4
NH White women	27.0%	33.6%	26.9	20.1	33.6	71.0	59.8	82.2
NH Black men	5.2%	6.8%
NH Black women	2.8%	7.4%
Hispanic men	20.6%	8.4%	31.9	14.2	49.7	.	.	.
Hispanic women	15.0%	8.4%	34.2	21.7	46.8	45.6	27.2	64.0
Age								
18-44	39.3%	36.9%	17.6	11.3	23.8	48.6	38.9	58.3
45-64	19.2%	22.7%	36.0	27.5	44.5	52.4	40.9	63.8
65 and older	13.9%	17.6%	44.8	35.0	54.5	.	.	.
Marital Status								
Never married	25.1%	22.5%	5.8	0.0	12.2	.	.	.
Married/ living together as a couple	53.1%	53.7%	28.6	22.9	34.2	53.4	44.9	61.9
Divorced/ widowed/separated	21.8%	23.8%	34.4	25.1	43.8	48.3	32.8	63.7
Education								
0-11 years	42.0%	20.1%	59.2	48.3	70.1	36.6	17.0	56.3
HS Grad/GED	31.5%	28.7%	18.3	12.3	24.3	42.7	31.9	53.4
1 or more years of college	26.5%	51.1%	16.5	10.5	22.5	64.5	53.5	75.4
Employment								
Employed for wages	48.6%	54.9%	16.0	10.9	21.1	50.7	43.5	57.9
Household Income								
\$24,999 or less	40.8%	30.8%	42.2	33.6	50.9	40.1	26.5	53.7
\$25,000 – 49,999	33.7%	31.6%	19.1	12.0	26.2	43.4	31.0	55.7
\$50,000 or more	25.5%	37.6%	9.7	2.7	16.8	70.7	57.6	83.7

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	40.2	35.0	45.3	64.1	59.1	69.2	82.0	77.6	86.3
Sex									
Men	37.5	29.4	45.7	59.2	51.0	67.5	78.5	71.4	85.6
Women	42.3	35.7	48.9	68.1	61.8	74.3	84.7	79.3	90.1
Race/ethnicity									
NH White	31.8	26.3	37.3	63.6	57.6	69.6	85.3	80.6	90.0
NH Black
Hispanic	53.1	42.4	63.7	63.7	53.2	74.2	74.1	64.4	83.8
Race/ethnicity-Sex									
NH White men	32.8	23.9	41.6	61.3	51.9	70.7	83.2	75.7	90.6
NH White women	30.8	24.1	37.5	65.9	58.6	73.3	87.5	81.6	93.3
NH Black men
NH Black women
Hispanic men	47.2	27.2	67.3	53.6	33.7	73.5	66.4	47.6	85.2
Hispanic women	56.1	43.2	68.9	69.0	56.8	81.3	78.1	66.8	89.4
Age									
18-44	37.7	29.8	45.7	62.6	54.8	70.5	76.9	69.8	83.9
45-64	39.9	31.3	48.4	62.6	54.1	71.1	84.2	77.1	91.3
65 and older	47.3	37.6	57.0	71.5	62.8	80.3	94.5	90.3	98.8
Marital Status									
Never married	38.0	15.6	60.5	52.6	29.7	75.5	69.9	48.3	91.5
Married/ living together as a couple	38.7	32.6	44.8	63.8	57.9	69.7	82.2	77.2	87.3
Divorced/ widowed/separated	46.1	36.1	56.0	70.5	61.0	80.0	86.3	78.8	93.8
Education									
0-11 years	61.6	51.0	72.2	71.9	62.0	81.9	84.7	75.9	93.4
HS Grad/GED	40.7	32.7	48.7	65.9	58.2	73.5	86.4	80.5	92.3
1 or more years of college	22.0	14.7	29.3	55.4	46.4	64.3	73.9	65.5	82.4
Employment									
Employed for wages	34.3	27.4	41.1	60.8	53.8	67.7	76.8	70.7	82.9
Household Income									
\$24,999 or less	52.3	43.6	61.1	77.3	70.1	84.5	91.2	85.9	96.4
\$25,000 – 49,999	36.8	27.4	46.2	59.1	49.6	68.7	79.1	70.9	87.4
\$50,000 or more	18.4	9.7	27.1	47.9	35.8	59.9	68.8	56.9	80.6
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	34.2	29.3	39.1	36.8	31.7	41.8	79.0	74.8	83.1
Sex									
Men	43.0	34.8	51.3	36.5	28.5	44.6	83.1	77.1	89.2
Women	27.2	21.6	32.9	36.9	30.5	43.4	75.6	69.9	81.4
Race/ethnicity									
NH White	39.6	33.6	45.5	33.2	27.4	39.1	75.9	70.8	80.9
NH Black
Hispanic	27.7	18.1	37.4	37.6	27.3	47.9	82.5	73.8	91.1
Race/ethnicity-Sex									
NH White men	45.0	35.5	54.6	35.6	26.1	45.1	81.0	73.9	88.1
NH White women	34.0	26.9	41.1	30.9	23.9	37.8	70.6	63.6	77.7
NH Black men
NH Black women
Hispanic men	44.7	24.8	64.6	31.0	13.0	49.0	86.8	72.1	100.0
Hispanic women	19.0	9.1	28.9	41.0	28.3	53.7	80.2	69.2	91.2
Age									
18-44	29.7	22.3	37.1	35.2	27.5	43.0	80.9	74.5	87.4
45-64	40.3	31.9	48.8	45.4	36.7	54.0	80.8	74.3	87.3
65 and older	37.1	27.8	46.4	30.3	21.0	39.5	70.0	61.2	78.8
Marital Status									
Never married	37.2	14.9	59.6	46.2	23.4	69.0	73.8	54.1	93.4
Married/ living together as a couple	35.0	29.2	40.8	35.3	29.4	41.3	79.7	74.8	84.6
Divorced/ widowed/separated	30.1	21.1	39.1	37.8	28.2	47.4	78.3	70.5	86.1
Education									
0-11 years	27.6	17.9	37.4	39.4	28.9	50.0	81.6	72.6	90.6
HS Grad/GED	32.0	24.5	39.4	41.6	33.6	49.6	81.7	75.6	87.7
1 or more years of college	41.9	33.2	50.6	28.5	20.2	36.7	73.1	65.5	80.7
Employment									
Employed for wages	36.4	29.6	43.1	38.2	31.3	45.1	80.2	74.7	85.6
Household Income									
\$24,999 or less	28.9	20.9	36.8	44.8	36.1	53.6	79.1	72.0	86.2
\$25,000 – 49,999	35.9	26.8	44.9	37.1	27.7	46.6	76.9	68.8	85.0
\$50,000 or more	43.6	31.7	55.4	24.3	13.5	35.0	80.6	72.2	88.9

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	20.7	16.4	24.9	49.1	37.4	60.7	10.6	7.2	14.1
Sex									
Men	25.1	17.6	32.5	36.2	19.7	52.6	18.1	11.4	24.8
Women	17.2	12.4	21.9	64.0	48.6	79.3	4.7	1.8	7.7
Race/ethnicity									
NH White	22.4	17.3	27.4	46.5	33.7	59.4	13.3	8.5	18.2
NH Black
Hispanic	17.0	8.4	25.7	.	.	.	7.8	2.2	13.4
Race/ethnicity-Sex									
NH White men	21.2	13.3	29.1	31.8	11.3	52.3	19.4	11.1	27.6
NH White women	23.5	17.3	29.8	60.1	45.0	75.3	7.1	2.4	11.9
NH Black men
NH Black women
Hispanic men	33.6	14.3	52.9	.	.	.	17.9	3.3	32.4
Hispanic women	8.5	0.5	16.5	.	.	.	2.6	0.0	6.7
Age									
18-44	23.4	16.5	30.2	44.1	27.6	60.7	14.0	8.2	19.8
45-64	22.4	15.7	29.2	50.9	33.9	68.0	5.9	1.4	10.4
65 and older	11.4	4.7	18.0	.	.	.	7.5	2.4	12.5
Marital Status									
Never married	32.5	11.6	53.4	.	.	.	22.3	2.9	41.7
Married/ living together as a couple	17.5	12.8	22.3	51.5	36.0	66.9	8.8	5.1	12.6
Divorced/ widowed/separated	27.9	18.7	37.1	48.1	27.7	68.4	12.6	5.1	20.0
Education									
0-11 years	21.0	11.9	30.0	.	.	.	6.6	1.6	11.7
HS Grad/GED	19.7	13.4	26.0	41.3	23.9	58.6	11.4	6.0	16.9
1 or more years of college	22.0	14.5	29.6	45.9	25.9	65.9	12.9	6.0	19.8
Employment									
Employed for wages	21.0	15.2	26.7	43.2	28.2	58.2	13.8	8.5	19.1
Household Income									
\$24,999 or less	16.6	10.8	22.4	68.5	51.9	85.1	9.4	4.3	14.5
\$25,000 – 49,999	24.7	15.8	33.6	38.0	18.0	58.1	11.2	4.6	17.9
\$50,000 or more	16.3	8.3	24.3	.	.	.	12.6	3.1	22.0

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	29.9	24.9	34.9	29.9	24.9	35.0	7.8	5.1	10.6
Sex									
Men	26.1	18.6	33.7	31.7	23.8	39.7	5.2	1.3	9.1
Women	32.9	26.3	39.5	28.5	21.9	35.1	9.9	6.1	13.7
Race/ethnicity									
NH White	19.3	14.3	24.2	20.1	15.1	25.1	7.8	4.3	11.2
NH Black
Hispanic	51.9	41.2	62.6	49.5	38.8	60.3	8.3	2.9	13.6
Race/ethnicity-Sex									
NH White men	19.0	11.4	26.6	22.0	14.1	29.9	5.0	0.3	9.7
NH White women	19.6	13.2	26.0	18.2	11.9	24.4	10.6	5.6	15.7
NH Black men
NH Black women
Hispanic men	45.1	25.2	64.9	60.4	41.1	79.7	3.8	0.0	11.6
Hispanic women	55.4	42.6	68.3	43.9	30.7	57.1	10.6	3.4	17.8
Age									
18-44	40.4	32.5	48.4	40.5	32.5	48.5	8.0	3.9	12.1
45-64	27.2	19.5	35.0	20.0	12.5	27.5	11.4	5.6	17.2
65 and older	3.9	0.5	7.4	13.9	7.4	20.4	1.9	0.0	4.4
Marital Status									
Never married	42.7	19.6	65.7	29.2	8.7	49.7	.	.	.
Married/ living together as a couple	27.2	21.5	32.9	31.5	25.4	37.6	.	.	.
Divorced/ widowed/separated	34.5	24.3	44.8	23.9	14.4	33.4	.	.	.
Education									
0-11 years	51.0	40.1	62.0	50.5	39.5	61.5	11.4	4.5	18.3
HS Grad/GED	26.6	19.2	34.0	28.9	21.3	36.5	7.0	2.9	11.0
1 or more years of college	18.2	10.7	25.7	16.0	9.1	22.8	5.7	1.7	9.7
Employment									
Employed for wages	28.4	21.9	34.9	31.5	24.7	38.4	6.8	3.1	10.5
Household Income									
\$24,999 or less	39.8	31.0	48.5	38.0	29.2	46.9	12.7	6.7	18.7
\$25,000 – 49,999	24.6	16.0	33.2	26.3	17.1	35.4	5.3	1.3	9.3
\$50,000 or more	8.9	2.0	15.7	13.1	5.4	20.7	3.7	0.0	8.7

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	56.8	51.6	62.0	41.3	36.0	46.6	56.1	50.5	61.7
Sex									
Men	57.6	49.4	65.9	38.3	29.8	46.8	56.7	47.8	65.6
Women	56.2	49.5	62.9	43.6	36.9	50.4	55.6	48.5	62.7
Race/ethnicity									
NH White	60.8	54.7	66.8	36.0	29.7	42.2	60.4	53.8	67.0
NH Black
Hispanic	50.9	40.0	61.7	50.5	39.8	61.2	50.6	39.3	61.8
Race/ethnicity-Sex									
NH White men	60.5	51.1	69.9	33.9	23.9	43.8	58.2	47.7	68.7
NH White women	61.1	53.5	68.6	38.2	30.4	45.9	62.7	54.8	70.7
NH Black men
NH Black women
Hispanic men	50.2	30.0	70.4	47.2	27.4	67.1	53.1	32.1	74.0
Hispanic women	51.2	38.1	64.2	52.1	39.2	65.1	49.3	35.7	62.9
Age									
18-44	60.6	52.7	68.5	60.1	52.2	68.0	58.6	50.5	66.7
45-64	55.3	46.6	64.1	21.9	14.7	29.1	56.0	46.5	65.4
65 and older	47.8	37.8	57.8	12.7	6.1	19.3	46.5	34.9	58.0
Marital Status									
Never married	61.5	39.1	84.0	70.3	48.5	92.2	.	.	.
Married/ living together as a couple	59.1	52.9	65.2	40.8	34.6	47.1	59.1	52.6	65.5
Divorced/ widowed/separated	45.4	35.3	55.5	28.8	18.7	39.0	39.2	27.9	50.5
Education									
0-11 years	39.3	28.4	50.3	37.8	26.9	48.7	33.2	21.0	45.3
HS Grad/GED	56.5	48.3	64.7	38.7	30.4	47.0	54.6	45.9	63.4
1 or more years of college	69.9	62.0	77.8	46.7	37.8	55.7	72.2	64.1	80.3
Employment									
Employed for wages	63.1	56.2	69.9	45.8	38.7	52.9	63.2	56.1	70.3
Household Income									
\$24,999 or less	40.5	31.9	49.1	31.0	22.5	39.5	39.2	29.6	48.7
\$25,000 – 49,999	63.2	54.1	72.2	47.2	37.4	57.0	62.7	53.0	72.4
\$50,000 or more	84.4	75.5	93.3	52.0	39.8	64.1	83.0	73.7	92.3
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	28.7	24.1	33.3	75.7	66.9	84.5	21.1	16.9	25.2
Sex									
Men	30.4	22.8	37.9	72.2	58.2	86.2	21.5	14.6	28.3
Women	27.4	21.7	33.1	78.9	67.6	90.1	20.7	15.7	25.8
Race/ethnicity									
NH White	34.2	28.4	40.0	85.0	77.2	92.7	23.6	18.2	28.9
NH Black
Hispanic	16.0	7.9	24.1	.	.	.	14.6	7.7	21.5
Race/ethnicity-Sex									
NH White men	35.0	25.9	44.2	84.3	73.1	95.5	24.6	15.8	33.4
NH White women	33.3	26.3	40.4	85.7	74.5	96.8	22.5	16.5	28.5
NH Black men
NH Black women
Hispanic men	18.3	2.4	34.1	.	.	.	12.8	1.9	23.7
Hispanic women	14.9	5.5	24.2	.	.	.	15.6	6.6	24.6
Age									
18-44	14.6	8.6	20.6	.	.	.	17.2	11.2	23.2
45-64	38.0	29.5	46.5	83.7	72.0	95.3	27.1	19.7	34.5
65 and older	56.0	46.4	65.6	89.0	81.5	96.5	21.0	12.8	29.2
Marital Status									
Never married	17.0	0.0	34.5	.	.	.	19.8	2.0	37.6
Married/ living together as a couple	29.3	23.8	34.9	75.7	65.6	85.8	21.2	16.3	26.1
Divorced/ widowed/separated	32.1	23.0	41.1	86.1	75.4	96.9	20.5	12.6	28.3
Education									
0-11 years	33.6	23.5	43.7	68.3	49.8	86.8	26.2	17.0	35.4
HS Grad/GED	26.9	19.8	34.0	82.3	70.7	93.8	19.5	13.0	26.0
1 or more years of college	27.2	19.5	34.9	73.8	56.9	90.8	18.4	12.0	24.8
Employment									
Employed for wages	22.6	16.6	28.7	62.8	47.4	78.1	17.6	12.2	23.0
Household Income									
\$24,999 or less	33.8	25.7	42.0	67.2	52.2	82.2	22.5	15.5	29.4
\$25,000 – 49,999	32.4	23.3	41.5	78.3	62.5	94.1	21.7	13.9	29.5
\$50,000 or more	16.6	8.5	24.7	.	.	.	18.7	8.9	28.6

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	80.6	76.2	85.0	87.6	83.5	91.6	36.0	30.7	41.2
Sex									
Men	82.9	76.1	89.8	87.8	81.7	93.9	38.1	29.7	46.6
Women	78.8	73.0	84.5	87.4	81.9	92.9	34.2	27.5	40.8
Race/ethnicity									
NH White	88.2	83.8	92.6	86.9	82.0	91.7	42.9	36.6	49.1
NH Black
Hispanic	66.2	56.2	76.3	87.3	78.1	96.6	16.8	7.7	25.9
Race/ethnicity-Sex									
NH White men	89.3	82.2	96.3	87.5	80.5	94.4	45.7	35.7	55.7
NH White women	87.1	81.7	92.5	86.3	79.4	93.1	40.0	32.2	47.7
NH Black men
NH Black women
Hispanic men	66.8	48.3	85.3
Hispanic women	65.9	53.7	78.1	86.7	74.9	98.4	20.6	8.1	33.1
Age									
18-44	71.2	63.8	78.5	83.6	76.5	90.8	18.1	11.1	25.0
45-64	87.9	81.7	94.1	88.6	81.8	95.4	44.5	35.4	53.6
65 and older	97.3	94.0	100.0	93.9	88.9	98.9	62.3	52.9	71.7
Marital Status									
Never married	66.0	43.5	88.6
Married/ living together as a couple	82.1	77.0	87.1	85.4	80.2	90.6	38.8	32.4	45.2
Divorced/ widowed/separated	82.7	75.1	90.2	93.9	88.9	98.9	31.8	22.3	41.3
Education									
0-11 years	76.6	67.4	85.8	84.7	74.4	95.0	34.7	22.9	46.6
HS Grad/GED	76.6	69.1	84.1	86.7	80.2	93.3	38.1	29.8	46.4
1 or more years of college	88.8	82.8	94.8	90.2	84.8	95.6	34.6	26.1	43.0
Employment									
Employed for wages	77.9	71.8	84.1	86.3	80.6	92.0	28.5	21.8	35.2
Household Income									
\$24,999 or less	72.6	64.1	81.1	82.9	74.7	91.1	41.1	31.7	50.6
\$25,000 – 49,999	82.8	75.5	90.1	90.0	83.9	96.1	33.0	23.5	42.4
\$50,000 or more	92.3	85.0	99.5	88.7	79.5	98.0	31.1	20.1	42.2

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	10.5	7.4	13.6	78.0	65.1	91.0	11.6	8.4	14.7
Sex									
Men	10.7	5.2	16.3	.	.	.	6.7	3.3	10.1
Women	10.3	6.8	13.8	86.7	74.1	99.3	15.4	10.6	20.2
Race/ethnicity									
NH White	13.7	9.2	18.1	76.7	61.6	91.9	10.9	7.4	14.4
NH Black
Hispanic	6.1	1.4	10.7	.	.	.	9.7	3.8	15.7
Race/ethnicity-Sex									
NH White men	14.0	6.4	21.5	.	.	.	7.1	3.0	11.2
NH White women	13.4	8.7	18.0	91.4	81.1	100.0	14.9	9.3	20.5
NH Black men
NH Black women
Hispanic men	2.6	0.0	7.8	.	.	.	3.8	0.0	9.7
Hispanic women	7.9	1.4	14.4	.	.	.	12.8	4.4	21.2
Age									
18-44	9.8	5.0	14.5	.	.	.	4.5	1.3	7.8
45-64	11.5	6.1	16.8	.	.	.	18.2	11.2	25.1
65 and older	11.6	5.3	17.9	.	.	.	22.2	13.8	30.6
Marital Status									
Never married	8.9	0.0	18.8	.	.	.	4.6	0.0	9.7
Married/ living together as a couple	10.8	6.9	14.7	73.2	56.3	90.1	11.5	7.6	15.4
Divorced/ widowed/separated	10.4	4.7	16.0	.	.	.	14.5	8.2	20.8
Education									
0-11 years	11.5	4.8	18.1	.	.	.	22.9	13.8	32.1
HS Grad/GED	12.1	6.5	17.8	.	.	.	8.5	4.6	12.4
1 or more years of college	7.9	4.1	11.6	.	.	.	6.8	3.1	10.5
Employment									
Employed for wages	8.8	4.7	12.9	.	.	.	5.9	2.7	9.1
Household Income									
\$24,999 or less	9.8	4.6	14.9	.	.	.	15.8	9.2	22.5
\$25,000 – 49,999	14.1	7.2	21.1	.	.	.	12.5	6.9	18.0
\$50,000 or more	9.4	3.9	14.8	.	.	.	4.6	0.4	8.7

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	25.4	20.9	29.9	34.5	29.5	39.5	26.5	21.9	31.1
Sex									
Men	22.1	15.5	28.8	31.6	23.7	39.5	22.3	15.7	28.9
Women	28.0	22.0	34.1	36.8	30.2	43.3	29.8	23.5	36.2
Race/ethnicity									
NH White	24.7	19.5	29.9	28.3	22.8	33.8	20.0	15.5	24.5
NH Black
Hispanic	26.1	16.8	35.5	45.9	35.1	56.6	36.7	26.2	47.1
Race/ethnicity-Sex									
NH White men	26.1	17.6	34.7	29.1	20.2	38.1	18.7	11.9	25.5
NH White women	23.3	17.3	29.3	27.5	21.0	34.0	21.3	15.4	27.3
NH Black men
NH Black women
Hispanic men	10.2	0.5	19.9	35.8	16.6	55.0	26.8	9.8	43.9
Hispanic women	34.4	21.8	47.1	51.2	38.0	64.3	41.8	28.7	54.9
Age									
18-44	19.8	13.1	26.4	35.3	27.4	43.2	27.1	20.0	34.3
45-64	30.4	22.5	38.2	32.2	24.1	40.2	27.2	19.5	34.9
65 and older	35.3	25.9	44.7	36.9	27.4	46.5	24.7	15.9	33.6
Marital Status									
Never married	13.6	1.8	25.4	40.1	17.5	62.7	26.2	5.3	47.0
Married/ living together as a couple	26.2	20.7	31.8	34.0	28.0	40.0	27.2	21.7	32.7
Divorced/ widowed/separated	27.4	18.8	36.1	33.6	24.2	43.0	23.5	15.0	32.1
Education									
0-11 years	32.8	22.1	43.6	44.0	33.0	55.0	31.6	21.1	42.1
HS Grad/GED	23.4	16.8	30.1	32.1	24.4	39.7	23.4	16.7	30.0
1 or more years of college	22.8	15.9	29.7	30.7	22.3	39.2	26.9	18.9	34.9
Employment									
Employed for wages	20.0	14.6	25.5	26.3	20.0	32.6	21.5	16.0	27.0
Household Income									
\$24,999 or less	26.1	18.4	33.7	35.3	26.9	43.6	27.2	19.2	35.2
\$25,000 – 49,999	23.3	15.5	31.1	36.1	26.8	45.5	26.9	18.7	35.0
\$50,000 or more	21.1	11.9	30.4	20.1	10.4	29.9	17.9	9.6	26.1

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	28.6	23.9	33.2	4.4	2.2	6.5	20.7	16.6	24.9
Sex									
Men	28.7	21.3	36.2	3.2	0.6	5.8	19.7	13.3	26.2
Women	28.5	22.5	34.4	5.3	2.1	8.5	21.5	16.2	26.9
Race/ethnicity									
NH White	32.4	26.7	38.0	2.6	0.9	4.3	25.1	20.1	30.1
NH Black
Hispanic	22.8	13.5	32.2	7.2	1.7	12.8	14.2	5.6	22.8
Race/ethnicity-Sex									
NH White men	33.3	24.3	42.3	2.1	0.0	4.5	24.4	16.6	32.2
NH White women	31.4	24.6	38.3	3.1	0.7	5.5	25.8	19.4	32.2
NH Black men
NH Black women
Hispanic men	22.7	5.8	39.6	5.2	0.0	12.8	.	.	.
Hispanic women	22.9	11.4	34.4	8.3	0.8	15.8	15.8	5.3	26.2
Age									
18-44	15.8	9.3	22.3	3.8	0.6	6.9	9.1	3.8	14.5
45-64	26.0	18.3	33.6	2.8	0.0	6.0	16.6	10.2	23.0
65 and older	67.5	58.6	76.3	8.4	3.0	13.8	58.4	48.6	68.2
Marital Status									
Never married	30.4	8.7	52.1	6.9	0.0	20.7	.	.	.
Married/ living together as a couple	26.6	21.2	32.0	3.4	1.3	5.4	19.8	14.9	24.8
Divorced/ widowed/separated	35.9	26.1	45.7	7.2	1.6	12.8	28.9	19.7	38.1
Education									
0-11 years	32.3	22.3	42.3	6.8	1.8	11.8	29.0	18.7	39.4
HS Grad/GED	26.9	19.8	34.0	4.2	1.2	7.2	19.0	12.8	25.1
1 or more years of college	28.4	20.4	36.4	2.9	0.0	6.7	17.3	11.4	23.1
Employment									
Employed for wages	19.5	13.9	25.2	2.6	0.6	4.6	10.3	6.2	14.5
Household Income									
\$24,999 or less	30.6	22.7	38.5	6.6	2.4	10.7	19.9	13.6	26.1
\$25,000 – 49,999	29.9	20.8	38.9	2.9	0.2	5.6	22.4	14.3	30.4
\$50,000 or more	20.0	11.3	28.6	.	.	.	11.5	4.7	18.3

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	67.3	59.5	75.0	95.7	92.6	98.9	82.3	76.6	88.0
Sex									
Men
Women	67.3	59.5	75.0	95.7	92.6	98.9	82.3	76.6	88.0
Race/ethnicity									
NH White	67.1	58.4	75.8	94.5	90.1	98.9	76.3	68.1	84.5
NH Black
Hispanic	.	.	.	96.4	91.4	100.0	88.3	79.9	96.6
Race/ethnicity-Sex									
NH White men
NH White women	67.1	58.4	75.8	94.5	90.1	98.9	76.3	68.1	84.5
NH Black men
NH Black women
Hispanic men
Hispanic women	.	.	.	96.4	91.4	100.0	88.3	79.9	96.6
Age									
18-44	46.1	26.2	66.1	95.7	91.4	100.0	86.1	79.4	92.8
45-64	70.9	60.4	81.4	97.8	94.6	100.0	71.3	57.0	85.7
65 and older	79.0	69.5	88.6	91.9	83.3	100.0	78.0	62.6	93.5
Marital Status									
Never married
Married/ living together as a couple	72.3	62.5	82.2	97.6	95.2	100.0	85.1	78.7	91.6
Divorced/ widowed/separated	56.7	43.7	69.7	96.0	91.8	100.0	77.9	67.0	88.7
Education									
0-11 years	63.0	46.6	79.4	97.3	93.9	100.0	84.0	71.4	96.6
HS Grad/GED	69.0	56.7	81.2	93.9	87.3	100.0	81.9	73.1	90.7
1 or more years of college	68.9	56.8	80.9	96.9	93.2	100.0	80.7	71.3	90.1
Employment									
Employed for wages	65.7	53.3	78.1	96.6	92.4	100.0	82.6	74.2	90.9
Household Income									
\$24,999 or less	69.5	57.5	81.4	92.4	85.6	99.3	73.7	61.9	85.5
\$25,000 – 49,999	62.4	46.9	77.9	100.0	100.0	100.0	83.9	75.3	92.6
\$50,000 or more	74.1	54.0	94.3	96.0	89.7	100.0	88.4	76.7	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	37.7	30.9	44.4	24.6	18.4	30.7	46.2	39.3	53.1
Sex									
Men	31.8	21.8	41.9	21.6	12.6	30.5	46.8	36.2	57.4
Women	42.9	33.8	52.0	27.3	18.7	35.9	45.6	36.5	54.7
Race/ethnicity									
NH White	38.3	31.1	45.5	24.1	17.6	30.5	47.0	39.6	54.4
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	34.0	23.2	44.9	23.1	13.3	32.9	44.9	33.7	56.2
NH White women	42.5	32.9	52.1	25.0	16.5	33.6	49.2	39.4	58.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	29.5	20.6	38.4	17.1	9.4	24.8	39.6	30.0	49.2
65 and older	46.2	36.3	56.1	32.6	23.0	42.2	53.1	43.2	62.9
Marital Status									
Never married
Married/ living together as a couple	34.5	26.3	42.8	24.2	16.5	31.9	50.1	41.5	58.7
Divorced/ widowed/separated	45.4	33.8	57.1	26.6	15.9	37.3	37.7	26.5	48.9
Education									
0-11 years	33.8	20.3	47.2	28.4	14.9	41.8	40.8	26.7	54.9
HS Grad/GED	34.9	24.2	45.7	19.6	11.0	28.2	50.2	39.2	61.3
1 or more years of college	43.8	32.3	55.3	26.8	16.0	37.5	47.2	35.7	58.7
Employment									
Employed for wages	31.6	21.3	41.9	16.8	8.0	25.6	33.1	22.8	43.3
Household Income									
\$24,999 or less	34.0	23.0	44.9	25.0	14.9	35.1	44.7	33.4	55.9
\$25,000 – 49,999	41.0	27.1	54.9	29.7	16.2	43.1	51.6	37.6	65.7
\$50,000 or more	34.9	19.1	50.7	16.4	4.2	28.6	43.9	27.3	60.6

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		47.9	41.7	54.0	74.6	65.9	83.3	20.7	15.6	25.7
Sex	Men	30.2	21.2	39.2	61.3	40.5	82.1	16.6	9.6	23.5
	Women	62.4	55.0	69.9	79.9	71.0	88.8	24.0	16.8	31.1
Race/ethnicity	NH White	41.4	33.7	49.1	60.6	46.9	74.2	10.2	5.5	14.9
	NH Black
	Hispanic	57.2	46.2	68.2	89.2	79.4	99.0	34.3	24.0	44.5
Race/ethnicity-Sex	NH White men	35.1	23.4	46.8	.	.	.	10.7	3.2	18.1
	NH White women	48.5	38.8	58.1	60.1	43.7	76.5	9.7	4.0	15.3
	NH Black men
	NH Black women
	Hispanic men	21.4	4.8	37.9	.	.	.	24.3	8.8	39.7
	Hispanic women	76.3	64.8	87.8	92.3	83.4	100.0	39.7	26.5	53.0
Age	18-44	56.5	48.5	64.6	78.8	69.5	88.1	26.1	19.1	33.2
	45-64	30.1	21.9	38.3	56.9	36.3	77.5	10.3	4.6	15.9
	65 and older
Marital Status	Never married	56.2	32.7	79.8	.	.	.	25.4	5.3	45.5
	Married/ living together as a couple	48.1	40.9	55.3	76.0	65.8	86.3	20.4	14.5	26.3
	Divorced/ widowed/A80separated	40.6	27.5	53.6	.	.	.	19.1	8.5	29.8
Education	0-11 years	53.3	39.9	66.7	.	.	.	36.1	23.0	49.1
	HS Grad/GED	46.2	36.7	55.8	83.9	73.0	94.7	18.7	11.3	26.1
	1 or more years of college	46.0	35.7	56.2	60.1	43.0	77.3	13.0	5.7	20.3
Employment	Employed for wages	43.0	35.5	50.5	68.4	55.9	80.8	17.6	12.1	23.2
Household Income	\$24,999 or less	46.8	35.9	57.8	77.7	62.0	93.4	28.4	18.4	38.3
	\$25,000 – 49,999	50.1	39.0	61.3	69.6	53.4	85.8	12.2	5.2	19.2
	\$50,000 or more	35.2	23.3	47.2	.	.	.	8.1	1.1	15.2

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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