

Prevalence of Major Behavioral Risk Factors in Highlands County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Highlands County, 514 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Highlands County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
All	87,366	15,982,378	24.4	20.1	28.7	52.7	44.2	61.3
Sex								
Men	48.8%	48.8%	23.8	16.9	30.8	42.5	29.8	55.3
Women	51.2%	51.2%	24.9	19.5	30.3	63.8	53.1	74.4
Race/ethnicity								
NH White	76.5%	65.4%	20.8	16.7	24.9	55.4	46.0	64.8
NH Black	9.1%	14.2%
Hispanic	12.1%	16.8%
Race/ethnicity-Sex								
NH White men	36.2%	31.9%	19.6	13.1	26.2	45.9	31.1	60.7
NH White women	40.3%	33.6%	21.8	16.6	26.9	65.3	54.0	76.5
NH Black men	4.4%	6.8%
NH Black women	4.7%	7.4%
Hispanic men	7.1%	8.4%
Hispanic women	5.0%	8.4%
Age								
18-44	25.6%	36.9%	12.2	5.7	18.6	48.4	36.1	60.6
45-64	22.2%	22.7%	25.6	17.2	34.1	56.1	43.4	68.8
65 and older	33.0%	17.6%	31.8	24.5	39.2	.	.	.
Marital Status								
Never married	14.8%	22.5%	14.4	4.0	24.8	.	.	.
Married/ living together as a couple	61.9%	53.7%	23.4	17.8	29.1	53.9	43.2	64.6
Divorced/ widowed/separated	23.3%	23.8%	30.9	23.1	38.6	49.4	31.0	67.9
Education								
0-11 years	25.5%	20.1%	40.1	26.2	54.1	.	.	.
HS Grad/GED	34.6%	28.7%	27.0	20.2	33.7	51.7	37.1	66.3
1 or more years of college	39.9%	51.1%	16.0	10.9	21.2	59.9	48.3	71.5
Employment								
Employed for wages	41.5%	54.9%	7.6	3.2	12.0	52.7	44.2	61.3
Household Income								
\$24,999 or less	40.8%	30.8%	34.7	25.9	43.4	36.2	18.5	54.0
\$25,000 – 49,999	35.4%	31.6%	20.0	13.0	27.0	51.1	36.4	65.8
\$50,000 or more	23.8%	37.6%	5.0	0.0	11.9	68.0	53.3	82.7

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	33.6	27.9	39.2	52.6	47.3	58.0	78.9	74.5	83.2
Sex									
Men	34.9	24.9	44.8	53.4	44.4	62.4	75.0	67.7	82.4
Women	32.4	26.5	38.4	52.0	45.8	58.1	82.3	77.4	87.3
Race/ethnicity									
NH White	30.8	24.6	37.0	51.2	45.3	57.0	79.3	74.7	83.9
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	32.5	21.0	43.9	51.7	41.5	62.0	75.5	67.3	83.6
NH White women	29.4	23.6	35.2	50.7	44.3	57.0	82.7	77.8	87.5
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	31.3	21.2	41.4	47.7	37.4	57.9	68.2	58.3	78.0
45-64	33.2	24.3	42.0	49.0	39.8	58.3	79.7	72.1	87.3
65 and older	36.1	26.4	45.9	58.6	50.4	66.8	86.1	80.9	91.4
Marital Status									
Never married	20.3	6.3	34.4	43.9	26.5	61.4	61.7	43.0	80.4
Married/ living together as a couple	32.5	24.9	40.2	50.7	43.6	57.8	78.9	73.4	84.4
Divorced/ widowed/separated	41.6	32.8	50.4	61.5	53.3	69.7	85.4	79.3	91.5
Education									
0-11 years	50.5	36.4	64.5	64.4	51.0	77.8	84.4	72.6	96.2
HS Grad/GED	33.4	25.9	40.9	51.0	43.1	58.8	80.0	73.2	86.7
1 or more years of college	28.8	19.2	38.5	50.2	41.5	58.8	75.7	69.0	82.4
Employment									
Employed for wages	30.4	22.4	38.3	50.8	42.5	59.2	71.7	64.0	79.4
Household Income									
\$24,999 or less	49.5	39.4	59.7	62.7	53.8	71.6	89.4	84.3	94.4
\$25,000 – 49,999	25.5	17.0	34.0	46.0	36.9	55.1	74.0	65.4	82.6
\$50,000 or more	22.4	11.5	33.3	45.2	32.6	57.8	67.4	55.3	79.5
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	33.9	29.0	38.7	24.7	19.3	30.1	64.9	59.5	70.4
Sex									
Men	38.5	30.2	46.8	26.3	16.4	36.3	69.2	59.4	79.0
Women	29.7	24.0	35.5	23.2	18.2	28.2	61.1	55.1	67.1
Race/ethnicity									
NH White	33.7	28.6	38.9	23.3	17.1	29.5	64.3	58.2	70.4
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	39.9	30.5	49.3	26.7	15.0	38.4	68.2	56.8	79.7
NH White women	28.4	22.8	34.0	20.4	15.4	25.4	60.9	54.7	67.1
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	26.4	17.2	35.5	25.7	17.1	34.3	73.2	64.3	82.1
45-64	39.7	30.6	48.7	25.5	17.8	33.2	68.4	59.9	77.0
65 and older	34.9	27.3	42.4	23.5	13.1	33.9	56.9	47.6	66.1
Marital Status									
Never married	23.3	10.0	36.6	18.6	4.7	32.5	81.3	67.2	95.4
Married/ living together as a couple	35.3	28.9	41.8	25.9	18.4	33.4	63.0	55.6	70.4
Divorced/ widowed/separated	33.8	25.9	41.8	23.8	16.7	30.9	65.0	56.9	73.2
Education									
0-11 years	34.9	21.8	48.0	19.6	9.9	29.4	67.4	55.0	79.8
HS Grad/GED	33.3	25.9	40.7	22.7	16.4	29.1	69.6	62.6	76.7
1 or more years of college	33.3	26.0	40.6	28.4	18.7	38.1	61.5	52.4	70.7
Employment									
Employed for wages	35.0	27.0	43.0	25.7	18.6	32.9	68.9	61.2	76.7
Household Income									
\$24,999 or less	33.3	24.9	41.7	24.4	12.8	36.0	60.6	49.8	71.4
\$25,000 – 49,999	33.6	24.9	42.3	29.8	21.4	38.1	69.6	61.5	77.6
\$50,000 or more	35.1	22.9	47.2	20.7	10.3	31.1	70.3	58.7	81.9

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	18.9	15.0	22.9	51.1	39.5	62.6	12.1	8.9	15.4
Sex									
Men	23.5	16.5	30.6	42.1	25.4	58.9	14.5	8.7	20.3
Women	14.9	10.7	19.1	63.7	48.7	78.7	10.1	6.5	13.6
Race/ethnicity									
NH White	19.5	15.2	23.9	47.1	34.6	59.5	12.9	9.3	16.5
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	25.0	16.9	33.0	39.5	21.3	57.6	15.1	8.6	21.5
NH White women	14.9	10.5	19.3	58.3	41.7	74.8	11.0	7.1	15.0
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	25.2	16.2	34.2	42.1	20.4	63.8	21.7	13.3	30.0
45-64	24.3	16.5	32.0	58.1	39.3	76.8	9.4	4.2	14.7
65 and older	10.5	6.3	14.8	.	.	.	7.2	3.6	10.8
Marital Status									
Never married	24.1	6.8	41.5	.	.	.	15.5	1.1	29.9
Married/ living together as a couple	14.9	10.3	19.4	43.0	26.4	59.7	11.4	7.4	15.5
Divorced/ widowed/separated	28.4	20.4	36.4	63.6	46.2	81.0	13.1	7.3	18.8
Education									
0-11 years	33.8	20.2	47.4	.	.	.	6.5	0.0	13.5
HS Grad/GED	18.4	12.2	24.5	41.0	21.5	60.4	11.8	6.8	16.7
1 or more years of college	14.9	9.9	20.0	52.0	33.9	70.1	14.5	9.1	19.9
Employment									
Employed for wages	28.7	21.0	36.4	43.9	27.4	60.4	21.6	14.6	28.7
Household Income									
\$24,999 or less	22.7	15.5	29.8	73.2	58.2	88.2	8.8	3.9	13.7
\$25,000 – 49,999	21.2	13.5	29.0	.	.	.	16.4	9.7	23.0
\$50,000 or more	11.6	4.4	18.8	.	.	.	16.1	6.8	25.3

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	16.0	11.9	20.2	24.9	20.3	29.6	7.5	4.7	10.4
Sex									
Men	14.4	8.0	20.8	31.0	23.0	38.9	4.8	1.5	8.1
Women	17.5	12.1	22.8	19.6	14.2	24.9	10.0	5.6	14.4
Race/ethnicity									
NH White	11.1	7.6	14.6	23.7	18.9	28.4	5.1	2.8	7.4
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	10.8	4.8	16.8	33.0	24.0	42.0	4.5	0.9	8.1
NH White women	11.3	7.2	15.4	15.6	10.9	20.2	5.5	2.5	8.5
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	33.8	23.4	44.1	44.8	34.3	55.3	12.0	4.9	19.1
45-64	20.7	13.2	28.3	25.9	17.8	34.1	12.1	5.8	18.3
65 and older	1.5	0.0	4.1	11.5	7.0	16.1	1.6	0.0	3.5
Marital Status									
Never married	26.8	9.4	44.2	40.7	22.1	59.4	13.5	2.5	24.5
Married/ living together as a couple	12.8	8.0	17.7	20.4	14.9	25.9	5.8	2.2	9.3
Divorced/ widowed/separated	21.1	12.8	29.5	31.4	22.8	40.1	10.3	4.9	15.8
Education									
0-11 years	34.4	19.9	48.9	37.5	23.4	51.7	12.5	4.5	20.5
HS Grad/GED	16.6	10.0	23.3	25.4	18.2	32.6	6.8	1.7	11.9
1 or more years of college	8.4	4.4	12.4	19.6	13.6	25.6	5.5	2.3	8.6
Employment									
Employed for wages	25.2	17.6	32.8	34.5	26.3	42.7	6.1	2.4	9.8
Household Income									
\$24,999 or less	21.0	13.6	28.3	22.3	14.8	29.7	9.0	4.5	13.5
\$25,000 – 49,999	16.7	8.7	24.7	28.8	20.1	37.6	10.4	3.5	17.2
\$50,000 or more	7.4	0.0	15.3	23.0	12.0	34.0	1.7	0.0	4.1

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	All	64.0	59.1	68.9	35.4	30.3	40.5	65.2	58.9
Sex									
Men	60.8	52.3	69.2	35.0	26.6	43.4	58.3	47.6	69.0
Women	66.9	61.1	72.6	35.8	29.8	41.8	71.4	65.5	77.4
Race/ethnicity									
NH White	63.7	58.4	69.0	36.0	30.5	41.5	65.0	58.1	72.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	59.6	50.0	69.1	34.5	25.2	43.8	58.2	46.0	70.5
NH White women	67.3	61.4	73.1	37.4	31.1	43.6	71.2	65.0	77.4
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	65.3	55.6	75.1	69.7	60.4	78.9	62.3	52.3	72.3
45-64	64.1	55.4	72.8	28.3	20.3	36.4	65.3	55.9	74.6
65 and older	62.6	54.8	70.5	17.6	12.1	23.2	67.4	54.8	80.0
Marital Status									
Never married	60.3	42.4	78.3	56.1	38.1	74.1	62.2	42.9	81.4
Married/ living together as a couple	66.7	60.4	73.0	35.8	29.2	42.3	68.3	59.8	76.7
Divorced/ widowed/separated	57.5	49.1	65.9	27.6	19.3	35.9	56.8	47.2	66.4
Education									
0-11 years	47.6	33.2	62.1	27.7	13.8	41.6	54.5	36.5	72.5
HS Grad/GED	58.5	50.8	66.2	29.4	21.8	37.0	63.8	55.5	72.1
1 or more years of college	74.3	67.9	80.8	42.6	34.4	50.9	69.5	59.4	79.7
Employment									
Employed for wages	66.2	58.5	74.0	48.8	40.4	57.3	65.6	57.5	73.7
Household Income									
\$24,999 or less	58.9	49.6	68.2	24.6	16.6	32.5	55.9	42.9	68.8
\$25,000 – 49,999	56.9	47.9	65.9	32.7	23.9	41.6	60.4	50.8	70.0
\$50,000 or more	84.8	76.3	93.2	57.9	45.2	70.6	82.5	72.6	92.5
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	All	32.2	27.5	36.9	84.8	78.0	91.6	15.2	11.7
Sex									
Men	28.3	21.0	35.6	85.5	76.2	94.8	12.9	7.9	17.9
Women	35.7	29.8	41.6	84.3	74.6	94.0	17.2	12.5	21.9
Race/ethnicity									
NH White	32.3	27.3	37.3	87.5	81.8	93.2	13.4	10.0	16.8
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	28.1	20.1	36.0	83.5	72.4	94.5	12.8	7.3	18.3
NH White women	36.0	29.9	42.0	90.3	84.3	96.3	13.9	9.6	18.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	8.5	1.9	15.1	.	.	.	10.3	5.0	15.6
45-64	33.9	25.0	42.9	78.2	63.9	92.6	17.5	10.7	24.4
65 and older	47.2	38.5	55.8	91.4	86.4	96.5	16.9	11.2	22.5
Marital Status									
Never married	12.8	3.4	22.2	.	.	.	9.5	1.5	17.4
Married/ living together as a couple	31.0	24.8	37.1	84.7	75.3	94.1	16.3	11.7	21.0
Divorced/ widowed/separated	43.0	34.4	51.5	84.9	74.9	94.8	14.3	8.5	20.1
Education									
0-11 years	42.8	28.9	56.7	92.2	80.9	100.0	8.3	2.1	14.6
HS Grad/GED	34.8	27.4	42.3	81.1	68.7	93.4	12.7	7.6	17.7
1 or more years of college	25.6	19.4	31.9	88.3	80.3	96.2	19.8	13.9	25.7
Employment									
Employed for wages	16.1	10.2	22.0	76.6	59.7	93.5	13.1	7.6	18.6
Household Income									
\$24,999 or less	36.5	27.7	45.3	85.0	75.9	94.1	12.4	7.3	17.4
\$25,000 – 49,999	31.9	23.4	40.3	81.6	66.1	97.1	15.7	9.3	22.2
\$50,000 or more	19.5	9.0	29.9	.	.	.	16.0	6.9	25.2

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	86.2	82.4	90.0	91.8	88.8	94.7	38.8	33.4	44.3
Sex									
Men	84.6	78.3	90.9	93.6	89.4	97.7	34.4	25.6	43.2
Women	87.6	83.0	92.2	90.3	86.2	94.5	42.7	36.3	49.0
Race/ethnicity									
NH White	88.7	85.3	92.2	91.8	88.8	94.8	40.2	34.3	46.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	87.4	81.3	93.6	92.1	87.0	97.2	33.0	23.8	42.3
NH White women	89.9	86.0	93.7	91.6	88.0	95.3	46.2	39.5	52.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	66.4	56.0	76.8	86.5	78.6	94.3	10.9	3.9	17.9
45-64	91.8	87.1	96.5	90.0	83.5	96.4	39.6	30.1	49.1
65 and older	95.4	92.5	98.2	95.7	93.0	98.4	51.1	41.8	60.5
Marital Status									
Never married	78.0	60.5	95.6	95.1	87.8	100.0	35.9	18.3	53.5
Married/ living together as a couple	87.4	82.9	91.9	91.3	87.4	95.2	40.1	32.9	47.3
Divorced/ widowed/separated	85.5	78.2	92.8	92.0	87.2	96.9	36.2	27.7	44.6
Education									
0-11 years	70.7	56.5	84.9	90.9	83.3	98.5	38.8	23.0	54.5
HS Grad/GED	82.2	75.6	88.8	90.9	85.9	95.9	47.1	38.8	55.5
1 or more years of college	94.2	91.1	97.3	93.8	90.2	97.3	32.6	25.2	40.0
Employment									
Employed for wages	78.3	71.0	85.6	87.9	82.2	93.7	17.5	11.0	23.9
Household Income									
\$24,999 or less	82.6	75.6	89.6	93.2	88.8	97.5	48.3	36.9	59.7
\$25,000 – 49,999	89.3	82.6	95.9	92.6	87.7	97.5	31.5	23.1	39.9
\$50,000 or more	84.8	76.0	93.6	91.3	83.3	99.4	26.9	14.7	39.1

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	10.1	7.1	13.1	72.2	57.1	87.2	13.9	8.6	19.2
Sex									
Men	10.4	5.5	15.3	.	.	.	16.0	6.1	25.9
Women	9.9	6.2	13.6	.	.	.	12.0	7.5	16.5
Race/ethnicity									
NH White	9.0	5.9	12.1	76.0	58.9	93.1	12.7	6.6	18.8
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	8.7	3.7	13.7	.	.	.	16.6	4.6	28.6
NH White women	9.2	5.3	13.0	.	.	.	9.2	5.6	12.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	13.0	6.2	19.8	.	.	.	5.1	0.0	11.0
45-64	8.4	3.3	13.5	.	.	.	11.1	5.7	16.6
65 and older	9.7	5.4	14.0	.	.	.	21.6	11.1	32.1
Marital Status									
Never married	17.0	2.8	31.2	.	.	.	5.2	0.0	10.9
Married/ living together as a couple	10.4	6.6	14.3	72.2	53.9	90.5	15.4	7.9	23.0
Divorced/ widowed/separated	7.0	3.0	11.1	.	.	.	13.0	7.4	18.5
Education									
0-11 years	19.4	8.8	30.1	.	.	.	12.2	4.6	19.8
HS Grad/GED	5.8	2.2	9.3	.	.	.	15.4	9.2	21.7
1 or more years of college	10.7	6.1	15.3	.	.	.	13.5	3.5	23.5
Employment									
Employed for wages	11.2	5.5	16.8	.	.	.	3.8	0.9	6.7
Household Income									
\$24,999 or less	13.3	7.6	19.0	.	.	.	21.7	10.0	33.5
\$25,000 – 49,999	7.6	2.9	12.4	.	.	.	12.1	5.0	19.2
\$50,000 or more	11.1	2.4	19.8	.	.	.	1.3	0.0	3.8

Disease Prevention: Cardiovascular Disease Prevention										
	Being advised by a health professional to...									
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active			
	%	CI		%	CI		%	CI		
All		20.2	16.3	24.1	25.9	21.5	30.4	22.3	18.2	26.5
Sex	Men	14.9	9.6	20.2	21.0	14.5	27.5	17.1	11.4	22.8
	Women	24.9	19.5	30.4	30.3	24.4	36.1	27.0	21.2	32.7
Race/ethnicity	NH White	19.1	15.1	23.1	23.2	18.8	27.6	19.4	15.4	23.5
	NH Black
	Hispanic
Race/ethnicity-Sex	NH White men	15.6	9.6	21.6	18.9	12.3	25.4	15.9	10.1	21.8
	NH White women	22.1	16.9	27.4	27.0	21.3	32.7	22.5	17.2	27.9
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	13.7	6.7	20.7	27.0	17.4	36.6	22.1	13.3	30.8
	45-64	20.3	12.7	27.9	16.8	10.2	23.4	20.2	13.1	27.3
	65 and older	24.6	18.3	31.0	31.7	24.4	39.0	24.2	17.7	30.7
Marital Status	Never married	9.5	0.6	18.3	14.3	3.5	25.0	6.9	0.0	14.3
	Married/ living together as a couple	21.0	15.8	26.3	26.8	21.0	32.6	24.8	19.2	30.5
	Divorced/ widowed/separated	21.8	14.9	28.7	27.6	19.4	35.8	21.0	14.2	27.9
Education	0-11 years	20.0	10.2	29.8	29.9	17.0	42.9	23.5	11.6	35.4
	HS Grad/GED	25.3	18.6	32.0	34.1	26.6	41.7	24.2	17.3	31.1
	1 or more years of college	15.4	10.2	20.5	18.4	12.8	24.1	20.7	14.9	26.6
Employment	Employed for wages	10.7	5.6	15.7	16.8	10.3	23.4	18.4	12.2	24.7
Household Income	\$24,999 or less	25.2	17.8	32.6	31.6	23.1	40.0	26.6	19.0	34.2
	\$25,000 – 49,999	15.3	8.9	21.7	24.7	16.6	32.9	20.0	12.3	27.7
	\$50,000 or more	14.0	5.3	22.8	12.7	4.7	20.7	21.0	10.5	31.5

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots										
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot			
	%	CI		%	CI		%	CI		
	All	34.9	30.0	39.7	1.7	0.5	2.8	29.6	25.0	34.2
Sex	Men	37.7	29.5	45.8	1.7	0.0	3.6	33.2	25.0	41.3
	Women	32.4	26.6	38.1	1.6	0.2	3.1	26.7	21.5	32.0
Race/ethnicity	NH White	36.1	30.8	41.3	2.0	0.6	3.4	32.2	27.1	37.4
	NH Black
	Hispanic
Race/ethnicity-Sex	NH White men	39.3	29.9	48.6	2.0	0.0	4.3	35.5	26.3	44.8
	NH White women	33.3	27.4	39.2	2.0	0.2	3.7	29.4	23.7	35.2
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	18.1	9.1	27.1	0.7	0.0	2.1	12.9	5.3	20.5
	45-64	27.4	19.6	35.1	1.9	0.0	4.4	17.3	10.5	24.1
	65 and older	51.3	42.4	60.2	2.1	0.2	4.1	49.2	40.3	58.2
Marital Status	Never married	25.9	8.9	43.0	.	.	.	25.8	7.9	43.6
	Married/ living together as a couple	37.5	31.0	43.9	.	.	.	28.8	22.8	34.7
	Divorced/ widowed/separated	30.0	22.8	37.3	.	.	.	33.6	25.9	41.3
Education	0-11 years	28.3	16.3	40.4	1.7	0.0	4.5	32.7	19.4	46.0
	HS Grad/GED	40.6	32.9	48.3	1.1	0.0	2.7	31.9	24.7	39.0
	1 or more years of college	32.6	25.5	39.8	2.1	0.1	4.1	26.8	20.1	33.4
Employment	Employed for wages	17.1	10.9	23.3	1.0	0.0	2.4	10.2	5.2	15.2
Household Income	\$24,999 or less	31.6	23.6	39.6	.	.	.	35.2	26.4	43.9
	\$25,000 – 49,999	40.3	31.3	49.3	.	.	.	30.1	22.1	38.1
	\$50,000 or more	21.8	11.5	32.0	.	.	.	17.3	7.9	26.7

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	74.9	69.2	80.7	95.1	92.0	98.2	77.5	70.9	84.0
Sex									
Men
Women	74.9	69.2	80.7	95.1	92.0	98.2	77.5	70.9	84.0
Race/ethnicity									
NH White	75.3	69.5	81.1	93.9	90.1	97.8	77.3	70.6	84.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	75.3	69.5	81.1	93.9	90.1	97.8	77.3	70.6	84.0
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	.	.	.	97.1	92.7	100.0	90.9	83.9	98.0
45-64	74.6	64.9	84.3	97.2	92.9	100.0	77.0	63.2	90.7
65 and older	76.0	68.6	83.4	90.7	83.6	97.9	59.1	45.9	72.3
Marital Status									
Never married
Married/ living together as a couple	82.7	75.3	90.2	98.5	96.2	100.0	85.3	77.2	93.3
Divorced/ widowed/separated	61.4	51.8	71.1	91.0	83.6	98.4	63.6	51.2	75.9
Education									
0-11 years	66.5	49.6	83.4
HS Grad/GED	71.1	61.8	80.5	93.6	87.3	99.9	70.3	58.3	82.3
1 or more years of college	82.9	75.7	90.2	96.9	93.4	100.0	86.0	79.0	92.9
Employment									
Employed for wages	73.1	61.4	84.8	97.3	94.0	100.0	85.0	77.2	92.8
Household Income									
\$24,999 or less	69.7	60.2	79.1	95.3	90.4	100.0	67.2	54.4	80.1
\$25,000 – 49,999	78.4	68.1	88.7	96.6	91.4	100.0	81.7	70.6	92.9
\$50,000 or more	.	.	.	100.0	100.0	100.0	98.5	95.4	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	39.0	32.9	45.2	27.6	22.2	33.0	47.6	41.0	54.3
Sex									
Men	36.6	26.4	46.9	27.9	18.8	37.0	48.0	36.2	59.8
Women	41.1	34.1	48.2	27.3	20.8	33.8	47.3	40.1	54.5
Race/ethnicity									
NH White	41.6	34.9	48.3	28.9	23.0	34.8	47.1	40.0	54.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	39.0	27.3	50.7	28.5	18.4	38.6	44.8	32.3	57.4
NH White women	43.6	36.3	51.0	29.2	22.3	36.1	48.9	41.5	56.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	31.9	22.6	41.2	21.7	13.3	30.1	35.7	26.1	45.2
65 and older	43.0	34.7	51.3	30.8	23.6	38.0	54.3	45.1	63.4
Marital Status									
Never married
Married/ living together as a couple	40.9	32.5	49.2	29.3	22.0	36.6	48.9	39.9	57.9
Divorced/ widowed/separated	34.3	25.7	42.9	22.9	15.1	30.8	44.4	35.2	53.6
Education									
0-11 years	41.7	26.0	57.3	31.0	16.1	46.0	44.4	28.2	60.5
HS Grad/GED	43.2	34.3	52.1	32.5	23.9	41.1	49.9	40.9	59.0
1 or more years of college	35.6	26.0	45.3	23.0	15.2	30.9	47.8	36.5	59.1
Employment									
Employed for wages	29.2	16.7	41.7	22.5	10.6	34.4	28.9	16.5	41.3
Household Income									
\$24,999 or less	33.1	23.4	42.8	24.7	16.2	33.2	45.8	34.2	57.4
\$25,000 – 49,999	54.4	43.6	65.2	39.2	28.6	49.9	56.3	45.5	67.0
\$50,000 or more	30.1	13.3	46.9	19.6	5.3	33.8	37.3	18.6	55.9

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		37.8	31.3	44.4	67.6	56.5	78.6	12.7	8.0	17.4
Sex	Men	40.6	29.5	51.6	.	.	.	6.9	1.8	11.9
	Women	35.6	27.7	43.5	59.6	45.0	74.2	17.6	10.4	24.8
Race/ethnicity	NH White	36.0	28.9	43.2	60.7	46.9	74.5	9.4	5.1	13.6
	NH Black
	Hispanic
Race/ethnicity-Sex	NH White men	38.5	26.3	50.7	.	.	.	7.0	1.0	12.9
	NH White women	34.0	25.6	42.3	51.7	34.4	68.9	11.5	5.4	17.6
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	45.3	35.2	55.4	65.9	51.3	80.5	19.3	11.0	27.6
	45-64	31.2	22.4	40.0	69.9	52.1	87.7	6.8	2.1	11.4
	65 and older
Marital Status	Never married	32.3	14.2	50.4	.	.	.	29.1	11.1	47.0
	Married/ living together as a couple	36.2	27.8	44.5	67.8	53.4	82.2	8.5	3.1	14.0
	Divorced/ widowed/A80separated	47.2	33.7	60.8	.	.	.	15.7	6.1	25.3
Education	0-11 years	53.1	30.6	75.6	.	.	.	19.8	4.6	35.0
	HS Grad/GED	30.9	20.8	41.1	.	.	.	10.2	1.9	18.5
	1 or more years of college	39.2	29.9	48.4	66.3	50.1	82.5	12.8	6.6	19.1
Employment	Employed for wages	42.6	34.0	51.1	67.0	53.8	80.3	11.1	5.9	16.3
Household Income	\$24,999 or less	45.3	32.9	57.7	74.3	57.8	90.8	12.0	4.8	19.2
	\$25,000 – 49,999	39.5	27.2	51.9	.	.	.	15.0	4.1	25.9
	\$50,000 or more	32.5	19.8	45.2	.	.	.	8.6	1.0	16.3

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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