

# Prevalence of Major Behavioral Risk Factors in Lafayette County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Lafayette County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Lafayette County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
				Lower	Upper		Lower	Upper
<b>All</b>	7,022	15,982,378	31.7	10.4	53.0	55.9	47.5	64.4
<b>Sex</b>								
Men	59.8%	48.8%	18.2	8.9	27.4	49.7	36.6	62.9
Women	40.2%	51.2%	43.3	11.2	75.4	63.5	52.4	74.5
<b>Race/ethnicity</b>								
NH White	75.3%	65.4%	17.4	11.5	23.4	60.0	51.2	68.9
NH Black	14.1%	14.2%	.	.	.	.	.	.
Hispanic	9.1%	16.8%	42.2	16.6	67.9	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	40.5%	31.9%	15.9	5.9	25.8	55.3	41.3	69.3
NH White women	34.8%	33.6%	19.3	13.9	24.6	65.1	53.2	77.0
NH Black men	11.5%	6.8%	.	.	.	.	.	.
NH Black women	2.5%	7.4%	.	.	.	.	.	.
Hispanic men	6.9%	8.4%	.	.	.	.	.	.
Hispanic women	2.3%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	44.7%	36.9%	37.3	3.0	71.6	51.5	39.3	63.7
45-64	21.3%	22.7%	19.0	12.6	25.3	63.8	52.4	75.2
65 and older	12.4%	17.6%	33.3	21.4	45.1	.	.	.
<b>Marital Status</b>								
Never married	26.2%	22.5%	57.1	2.5	100.0	25.6	2.8	48.4
Married/ living together as a couple	49.0%	53.7%	18.7	11.8	25.6	62.9	53.1	72.7
Divorced/ widowed/separated	24.7%	23.8%	30.1	20.7	39.6	46.2	29.2	63.1
<b>Education</b>								
0-11 years	31.8%	20.1%	64.7	28.8	100.0	31.8	12.0	51.6
HS Grad/GED	40.1%	28.7%	21.5	15.4	27.5	56.2	46.2	66.1
1 or more years of college	28.1%	51.1%	13.1	3.4	22.8	63.8	51.1	76.5
<b>Employment</b>								
Employed for wages	44.5%	54.9%	15.3	7.9	22.7	55.9	47.5	64.4
<b>Household Income</b>								
\$24,999 or less	41.7%	30.8%	22.6	11.5	33.7	43.3	28.6	58.0
\$25,000 – 49,999	30.7%	31.6%	14.5	8.3	20.7	60.5	46.2	74.9
\$50,000 or more	27.6%	37.6%	6.2	1.0	11.4	64.8	52.0	77.6

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	26.1	16.3	35.8	50.2	33.0	67.5	81.6	73.7	89.5
<b>Sex</b>									
Men	27.9	16.5	39.4	60.2	46.1	74.4	76.2	64.8	87.5
Women	24.5	9.9	39.1	41.6	17.3	65.9	86.3	77.2	95.3
<b>Race/ethnicity</b>									
NH White	29.4	21.7	37.0	60.1	50.7	69.5	78.9	71.7	86.1
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	49.4	21.7	77.1	48.4	21.0	75.7	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	24.9	13.0	36.8	60.5	44.7	76.4	75.8	63.2	88.3
NH White women	34.4	26.9	42.0	59.6	51.2	68.0	82.6	75.8	89.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	17.0	5.3	28.7	43.3	16.3	70.2	82.3	70.1	94.6
45-64	36.1	25.9	46.3	56.0	44.5	67.4	76.0	64.6	87.4
65 and older	42.2	29.7	54.6	66.0	54.9	77.2	88.5	82.0	95.0
<b>Marital Status</b>									
Never married	8.5	0.0	19.8	33.2	0.0	81.6	91.4	80.0	100.0
Married/ living together as a couple	28.9	20.9	36.8	56.2	47.4	64.9	73.8	65.0	82.6
Divorced/ widowed/separated	43.5	32.9	54.0	58.9	47.8	69.9	88.7	83.3	94.0
<b>Education</b>									
0-11 years	26.8	0.0	54.5	33.3	0.0	66.9	92.1	81.8	100.0
HS Grad/GED	32.7	25.1	40.3	51.3	42.6	60.0	70.3	61.1	79.5
1 or more years of college	19.9	8.9	30.9	63.6	48.0	79.2	82.2	71.0	93.3
<b>Employment</b>									
Employed for wages	30.9	22.5	39.2	52.1	43.4	60.8	72.3	63.7	81.0
<b>Household Income</b>									
\$24,999 or less	32.6	17.5	47.6	64.0	47.4	80.6	86.6	79.1	94.2
\$25,000 – 49,999	21.4	13.7	29.1	55.8	42.4	69.1	71.0	57.0	84.9
\$50,000 or more	19.1	10.3	27.8	45.3	32.7	57.9	69.2	55.8	82.5
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	43.7	25.4	62.1	25.8	15.9	35.8	82.6	75.1	90.0
<b>Sex</b>									
Men	35.7	23.0	48.5	30.1	17.3	42.9	82.0	71.8	92.2
Women	50.6	22.5	78.7	22.1	8.9	35.4	83.0	72.4	93.6
<b>Race/ethnicity</b>									
NH White	32.9	24.8	41.0	30.7	22.2	39.2	79.0	71.9	86.1
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	37.2	7.1	67.3	21.1	2.8	39.5	86.7	73.6	99.8
<b>Race/ethnicity-Sex</b>									
NH White men	33.0	19.5	46.5	32.1	17.3	47.0	81.3	69.6	93.0
NH White women	32.8	24.6	40.9	29.1	21.9	36.3	76.4	69.4	83.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	49.0	19.6	78.4	23.3	8.0	38.5	89.1	80.5	97.7
45-64	42.0	30.7	53.4	32.1	21.3	42.9	77.1	65.9	88.2
65 and older	27.0	17.0	37.0	24.2	14.5	33.9	67.9	56.4	79.4
<b>Marital Status</b>									
Never married	60.5	8.4	100.0	7.7	0.0	18.1	97.0	92.5	100.0
Married/ living together as a couple	38.6	30.5	46.8	33.5	24.6	42.5	77.0	68.6	85.3
Divorced/ widowed/separated	33.7	22.6	44.8	30.6	21.0	40.2	77.0	68.5	85.5
<b>Education</b>									
0-11 years	72.8	45.2	100.0	11.4	0.0	23.4	92.3	83.4	100.0
HS Grad/GED	37.4	28.6	46.2	35.0	27.0	43.0	84.2	79.0	89.4
1 or more years of college	25.1	14.3	35.8	30.0	14.8	45.2	73.1	59.2	87.0
<b>Employment</b>									
Employed for wages	39.0	31.0	46.9	35.4	26.5	44.4	82.4	74.7	90.2
<b>Household Income</b>									
\$24,999 or less	30.7	15.8	45.5	23.8	12.4	35.3	85.9	78.1	93.8
\$25,000 – 49,999	33.9	22.2	45.6	39.5	26.1	52.9	76.3	65.1	87.5
\$50,000 or more	37.9	26.1	49.7	20.4	11.2	29.6	75.8	63.4	88.3

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	19.5	12.0	26.9	51.4	40.2	62.6	18.0	5.7	30.3
<b>Sex</b>									
Men	23.2	14.1	32.3	61.2	47.1	75.3	31.7	11.7	51.7
Women	16.3	6.0	26.6	39.5	24.4	54.7	6.2	0.7	11.7
<b>Race/ethnicity</b>									
NH White	22.1	16.0	28.2	47.3	35.4	59.3	22.3	8.3	36.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	25.6	3.5	47.7	.	.	.	15.6	0.0	32.3
<b>Race/ethnicity-Sex</b>									
NH White men	20.7	11.4	29.9	56.3	39.9	72.6	34.1	11.7	56.5
NH White women	23.7	16.5	30.9	38.5	22.9	54.1	8.8	2.3	15.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	20.2	7.6	32.9	47.5	32.4	62.6	25.1	3.4	46.8
45-64	22.7	15.0	30.3	54.5	37.4	71.6	6.2	2.5	9.9
65 and older	11.0	2.1	19.8	.	.	.	12.2	0.0	26.9
<b>Marital Status</b>									
Never married	9.3	0.0	21.4	.	.	.	26.1	0.0	70.7
Married/ living together as a couple	18.0	13.0	22.9	57.7	44.3	71.0	15.7	7.9	23.4
Divorced/ widowed/separated	38.1	26.6	49.6	45.8	24.1	67.5	12.6	2.2	23.1
<b>Education</b>									
0-11 years	20.3	0.0	41.9	50.2	24.3	76.1	10.5	0.0	23.2
HS Grad/GED	24.3	17.5	31.1	50.2	34.3	66.0	9.6	5.0	14.2
1 or more years of college	14.8	7.8	21.8	54.5	37.6	71.4	31.2	6.8	55.6
<b>Employment</b>									
Employed for wages	29.7	22.5	37.0	49.3	35.7	62.9	18.9	10.6	27.2
<b>Household Income</b>									
\$24,999 or less	32.4	17.1	47.7	58.8	40.9	76.8	32.6	5.4	59.9
\$25,000 – 49,999	19.6	12.4	26.8	42.1	25.3	59.0	20.1	6.2	33.9
\$50,000 or more	12.2	5.4	19.1	.	.	.	7.8	2.5	13.1
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	34.3	13.7	55.0	43.5	24.5	62.5	5.2	2.3	8.2
<b>Sex</b>									
Men	19.8	11.4	28.3	46.9	30.2	63.7	6.0	1.1	10.9
Women	46.7	16.6	76.9	40.5	6.8	74.2	4.6	1.3	7.9
<b>Race/ethnicity</b>									
NH White	17.6	12.0	23.2	31.3	18.7	43.9	5.2	2.9	7.5
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	86.1	73.2	99.1	70.0	39.9	100.0	21.6	0.0	53.1
<b>Race/ethnicity-Sex</b>									
NH White men	11.9	5.9	18.0	45.6	26.2	64.9	3.8	0.8	6.9
NH White women	24.1	16.0	32.1	14.8	9.7	19.8	6.8	3.5	10.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	45.7	15.0	76.5	63.5	41.6	85.3	6.4	1.0	11.7
45-64	28.9	19.4	38.4	21.7	14.2	29.3	5.6	2.4	8.8
65 and older	1.7	0.0	3.7	7.3	2.6	12.0	0.4	0.0	1.1
<b>Marital Status</b>									
Never married	63.0	12.2	100.0	91.3	79.9	100.0	1.7	0.0	5.0
Married/ living together as a couple	20.7	14.4	27.1	26.2	18.8	33.6	7.4	3.1	11.7
Divorced/ widowed/separated	30.2	19.1	41.4	21.7	13.3	30.2	4.5	1.4	7.5
<b>Education</b>									
0-11 years	72.7	44.9	100.0	64.6	28.7	100.0	7.5	0.0	17.4
HS Grad/GED	27.0	19.7	34.2	28.5	20.9	36.0	5.5	2.4	8.7
1 or more years of college	8.9	3.9	13.9	38.5	16.4	60.6	3.1	0.6	5.5
<b>Employment</b>									
Employed for wages	27.3	19.7	34.9	37.3	29.0	45.6	7.0	2.4	11.6
<b>Household Income</b>									
\$24,999 or less	37.0	20.2	53.9	49.2	27.8	70.5	5.9	1.8	10.1
\$25,000 – 49,999	14.6	8.4	20.7	17.9	10.8	25.1	5.6	2.0	9.1
\$50,000 or more	8.4	2.0	14.7	20.5	11.1	30.0	4.8	0.0	10.4

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
<b>All</b>	69.1	58.0	80.2	39.1	23.9	54.2	70.4	58.3	82.6
<b>Sex</b>									
Men	67.6	55.7	79.4	55.1	40.1	70.1	67.4	54.3	80.6
Women	70.4	53.0	87.8	25.2	9.9	40.4	73.1	54.5	91.6
<b>Race/ethnicity</b>									
NH White	64.4	56.1	72.8	46.5	35.3	57.6	64.5	55.1	73.9
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	66.1	43.1	89.1	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	68.5	55.5	81.6	55.7	38.8	72.6	68.9	54.8	83.1
NH White women	59.8	51.9	67.7	35.7	27.7	43.7	58.9	50.3	67.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	78.1	64.8	91.4	48.9	20.2	77.6	76.6	62.0	91.2
45-64	60.9	50.5	71.4	29.0	17.2	40.7	62.8	51.2	74.4
65 and older	49.3	36.2	62.5	19.1	3.9	34.3	51.9	34.7	69.2
<b>Marital Status</b>									
Never married	89.9	76.6	100.0	36.1	0.0	86.3	93.2	83.5	100.0
Married/ living together as a couple	65.3	57.7	73.0	48.4	39.5	57.3	62.7	54.3	71.1
Divorced/ widowed/separated	49.5	38.7	60.3	18.4	10.6	26.1	51.7	38.5	64.8
<b>Education</b>									
0-11 years	71.9	43.3	100.0	11.7	0.0	25.2	82.6	60.1	100.0
HS Grad/GED	54.6	46.2	63.1	38.9	29.6	48.2	52.5	43.0	61.9
1 or more years of college	78.8	68.4	89.3	61.7	46.0	77.4	75.3	63.2	87.5
<b>Employment</b>									
Employed for wages	66.4	59.3	73.6	51.3	42.8	59.9	64.2	56.3	72.1
<b>Household Income</b>									
\$24,999 or less	53.4	33.4	73.3	39.2	13.9	64.6	56.8	31.7	82.0
\$25,000 – 49,999	64.3	52.8	75.9	49.8	36.7	62.9	60.5	48.1	73.0
\$50,000 or more	82.5	73.8	91.1	57.0	44.7	69.3	80.0	70.8	89.2
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
<b>All</b>	29.1	18.0	40.1	86.5	78.8	94.2	31.0	9.1	52.8
<b>Sex</b>									
Men	32.8	19.6	46.0	89.2	81.6	96.8	12.2	4.9	19.5
Women	25.9	10.1	41.6	83.5	70.2	96.8	47.5	16.8	78.2
<b>Race/ethnicity</b>									
NH White	35.0	26.0	44.0	86.7	78.5	95.0	18.9	12.8	25.0
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	26.1	0.0	56.9	.	.	.	8.3	0.0	17.3
<b>Race/ethnicity-Sex</b>									
NH White men	32.7	17.9	47.4	90.6	83.2	98.0	13.4	4.9	21.8
NH White women	37.7	29.0	46.4	82.9	68.8	97.1	25.6	18.3	32.9
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	12.3	2.3	22.4	.	.	.	35.6	0.0	71.6
45-64	52.1	41.0	63.2	82.2	68.1	96.2	29.6	18.3	40.9
65 and older	50.8	37.7	63.9	98.3	95.9	100.0	16.6	8.9	24.3
<b>Marital Status</b>									
Never married	1.5	0.0	3.7	.	.	.	56.6	1.6	100.0
Married/ living together as a couple	38.2	29.1	47.3	87.2	77.4	97.1	22.9	15.7	30.1
Divorced/ widowed/separated	43.8	32.6	54.9	85.3	73.0	97.6	14.6	9.5	19.8
<b>Education</b>									
0-11 years	28.2	0.0	57.5	92.8	85.2	100.0	57.1	12.6	100.0
HS Grad/GED	34.4	25.4	43.4	83.0	71.7	94.3	17.4	12.1	22.7
1 or more years of college	25.2	11.6	38.9	84.7	65.9	100.0	21.3	9.9	32.8
<b>Employment</b>									
Employed for wages	28.5	19.6	37.5	72.9	56.6	89.2	17.6	11.9	23.3
<b>Household Income</b>									
\$24,999 or less	28.6	14.4	42.9	87.6	76.2	99.0	8.3	3.6	13.1
\$25,000 – 49,999	44.5	30.8	58.1	90.1	81.4	98.7	26.8	15.3	38.2
\$50,000 or more	26.4	13.5	39.3	.	.	.	27.2	14.1	40.4

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
<b>All</b>	59.6	39.5	79.6	91.1	87.8	94.3	36.8	30.0	43.6
<b>Sex</b>									
Men	61.8	43.0	80.6	92.9	88.5	97.2	35.2	24.1	46.3
Women	57.7	24.7	90.7	89.4	84.7	94.1	38.2	30.0	46.4
<b>Race/ethnicity</b>									
NH White	71.5	58.1	85.0	92.5	89.3	95.6	38.0	30.7	45.3
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	47.8	19.9	75.6	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	63.3	41.3	85.3	94.1	89.9	98.3	36.0	24.1	48.0
NH White women	81.1	73.9	88.2	91.0	86.4	95.7	39.8	30.9	48.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	35.2	14.1	56.3	82.1	74.9	89.3	16.8	8.8	24.7
45-64	89.2	83.1	95.3	93.0	88.0	98.1	47.0	34.7	59.3
65 and older	97.1	94.5	99.8	100.0	100.0	100.0	45.7	32.5	58.8
<b>Marital Status</b>									
Never married	12.4	0.0	28.4	.	.	.	.	.	.
Married/ living together as a couple	76.7	68.2	85.3	91.1	87.0	95.2	38.4	29.4	47.4
Divorced/ widowed/separated	80.4	69.3	91.6	96.3	93.4	99.2	37.1	26.5	47.6
<b>Education</b>									
0-11 years	35.6	0.0	71.7	95.8	90.6	100.0	50.4	34.3	66.5
HS Grad/GED	80.6	74.1	87.1	87.8	81.7	93.8	31.5	23.2	39.8
1 or more years of college	61.9	39.0	84.7	92.5	88.2	96.7	36.6	24.5	48.7
<b>Employment</b>									
Employed for wages	66.6	57.2	76.0	88.4	83.4	93.4	27.4	20.4	34.3
<b>Household Income</b>									
\$24,999 or less	53.8	31.2	76.3	89.0	82.5	95.5	37.9	26.1	49.7
\$25,000 – 49,999	81.9	69.7	94.0	95.3	91.8	98.8	39.5	26.1	52.9
\$50,000 or more	84.7	76.5	92.8	82.5	72.1	92.9	32.5	19.9	45.1

  

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
<b>All</b>	8.1	4.7	11.6	73.2	60.8	85.7	9.9	5.0	14.9
<b>Sex</b>									
Men	7.8	3.6	12.0	.	.	.	10.6	3.5	17.7
Women	8.4	2.9	13.9	80.0	66.2	93.7	9.4	2.6	16.1
<b>Race/ethnicity</b>									
NH White	9.4	6.3	12.5	70.9	57.2	84.5	11.8	6.6	17.1
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	2.2	0.0	5.6	.	.	.	1.1	0.0	3.5
<b>Race/ethnicity-Sex</b>									
NH White men	7.1	3.1	11.2	.	.	.	10.7	2.7	18.6
NH White women	12.0	7.7	16.2	78.7	63.8	93.6	13.2	6.8	19.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	6.3	1.9	10.7	.	.	.	2.3	0.0	4.8
45-64	11.3	5.8	16.8	.	.	.	24.7	13.4	36.0
65 and older	9.3	3.6	15.0	.	.	.	12.4	5.7	19.2
<b>Marital Status</b>									
Never married	3.0	0.0	7.4	.	.	.	.	.	.
Married/ living together as a couple	8.6	5.4	11.9	68.2	50.2	86.2	.	.	.
Divorced/ widowed/separated	14.1	7.3	20.9	.	.	.	.	.	.
<b>Education</b>									
0-11 years	5.7	0.0	12.4	.	.	.	9.4	0.0	20.7
HS Grad/GED	11.8	7.2	16.4	.	.	.	8.6	4.9	12.4
1 or more years of college	7.1	3.1	11.2	.	.	.	11.5	2.7	20.3
<b>Employment</b>									
Employed for wages	8.7	5.4	11.9	62.8	44.3	81.3	5.9	3.1	8.6
<b>Household Income</b>									
\$24,999 or less	10.6	4.4	16.9	.	.	.	11.9	3.8	20.1
\$25,000 – 49,999	9.0	4.5	13.5	.	.	.	17.6	6.6	28.5
\$50,000 or more	11.0	3.9	18.0	.	.	.	4.1	0.0	8.4

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	15.3	9.3	21.3	38.7	18.7	58.8	37.9	17.5	58.2
<b>Sex</b>									
Men	12.3	6.7	17.8	21.6	11.9	31.2	17.2	8.1	26.3
Women	18.0	6.6	29.4	53.8	26.5	81.1	56.0	29.9	82.2
<b>Race/ethnicity</b>									
NH White	18.1	12.9	23.2	26.9	19.7	34.1	25.7	18.4	32.9
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	10.0	0.0	20.2	35.5	6.5	64.6	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	12.4	6.4	18.4	21.4	11.0	31.7	16.6	7.0	26.1
NH White women	25.0	18.3	31.7	33.5	25.9	41.1	36.6	28.6	44.6
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	8.1	2.4	13.9	42.1	8.7	75.5	41.8	8.2	75.4
45-64	25.0	16.9	33.2	31.1	21.6	40.6	35.7	24.0	47.4
65 and older	24.5	14.2	34.8	40.1	25.8	54.3	27.6	16.2	39.0
<b>Marital Status</b>									
Never married	1.6	0.0	4.4	58.0	4.0	100.0	59.3	6.2	100.0
Married/ living together as a couple	20.7	15.2	26.2	32.5	24.7	40.3	30.5	22.4	38.6
Divorced/ widowed/separated	21.1	12.8	29.4	26.7	17.8	35.5	25.8	17.2	34.5
<b>Education</b>									
0-11 years	10.7	0.0	22.8	70.3	39.1	100.0	68.4	35.2	100.0
HS Grad/GED	18.5	12.7	24.2	27.0	20.3	33.7	26.2	19.7	32.7
1 or more years of college	16.4	8.3	24.5	23.0	11.8	34.2	23.0	11.1	34.9
<b>Employment</b>									
Employed for wages	16.2	11.4	21.1	24.6	18.1	31.2	24.6	17.7	31.4
<b>Household Income</b>									
\$24,999 or less	17.3	7.9	26.7	25.6	12.4	38.9	22.8	10.7	34.9
\$25,000 – 49,999	18.1	10.7	25.6	27.4	16.4	38.4	27.1	15.5	38.7
\$50,000 or more	21.2	11.2	31.2	33.2	21.6	44.7	30.9	18.0	43.8
Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
<b>All</b>	18.7	11.1	26.3	3.1	1.3	4.8	16.5	9.3	23.7
<b>Sex</b>									
Men	21.3	11.1	31.5	3.4	0.7	6.1	21.0	10.4	31.6
Women	16.4	6.4	26.5	2.7	0.5	5.0	12.9	4.5	21.3
<b>Race/ethnicity</b>									
NH White	23.4	16.4	30.4	3.5	1.5	5.4	20.5	13.6	27.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	11.1	0.0	23.5	4.4	0.0	13.6	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	23.1	11.2	35.0	3.0	0.2	5.7	21.4	9.4	33.4
NH White women	23.8	17.6	30.1	4.1	1.5	6.7	19.4	12.9	26.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	6.8	1.8	11.7	2.2	0.0	4.4	4.0	0.9	7.2
45-64	29.6	17.3	41.9	2.8	0.5	5.1	26.4	12.9	40.0
65 and older	44.4	31.8	57.0	6.9	1.7	12.2	45.4	32.8	58.0
<b>Marital Status</b>									
Never married	3.5	0.0	9.0	2.5	0.0	6.9	1.2	0.0	3.2
Married/ living together as a couple	23.9	16.1	31.8	3.3	1.2	5.4	21.7	13.5	29.8
Divorced/ widowed/separated	26.1	18.3	33.9	3.3	0.7	5.8	25.0	16.6	33.4
<b>Education</b>									
0-11 years	10.4	0.0	21.6	2.1	0.0	5.0	13.7	0.0	29.0
HS Grad/GED	27.2	18.2	36.2	4.9	1.4	8.5	22.5	13.6	31.5
1 or more years of college	18.4	8.2	28.6	2.3	0.3	4.4	13.9	4.6	23.2
<b>Employment</b>									
Employed for wages	14.2	9.5	18.9	3.8	1.3	6.4	7.8	4.5	11.2
<b>Household Income</b>									
\$24,999 or less	16.0	8.0	23.9	2.2	0.2	4.2	20.2	9.4	31.1
\$25,000 – 49,999	27.0	13.7	40.2	4.4	0.8	7.9	27.0	13.3	40.7
\$50,000 or more	18.6	8.8	28.5	2.7	0.0	5.9	7.5	1.8	13.2

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
<b>All</b>	71.8	62.4	81.3	57.4	14.2	100.0	51.7	12.5	90.9
<b>Sex</b>									
Men	.	.	.	.	.	.	.	.	.
Women	71.8	62.4	81.3	57.4	14.2	100.0	51.7	12.5	90.9
<b>Race/ethnicity</b>									
NH White	70.6	60.5	80.8	93.8	89.3	98.3	84.9	78.7	91.1
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	70.6	60.5	80.8	93.8	89.3	98.3	84.9	78.7	91.1
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	47.1	0.0	94.6	43.9	0.0	88.5
45-64	72.1	60.6	83.5	95.8	90.1	100.0	80.7	68.0	93.3
65 and older	80.2	68.3	92.0	.	.	.	.	.	.
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	79.5	69.3	89.6	95.5	90.7	100.0	88.7	82.1	95.2
Divorced/ widowed/separated	63.3	47.4	79.1	88.8	79.0	98.6	77.5	65.0	90.0
<b>Education</b>									
0-11 years	55.5	30.4	80.6	28.7	0.0	69.8	25.0	0.0	61.4
HS Grad/GED	74.3	62.0	86.6	93.2	86.1	100.0	80.3	70.1	90.5
1 or more years of college	82.0	71.6	92.4	92.9	85.7	100.0	89.8	81.9	97.7
<b>Employment</b>									
Employed for wages	65.0	49.3	80.7	93.7	88.3	99.2	85.3	77.7	92.8
<b>Household Income</b>									
\$24,999 or less	63.3	46.3	80.4	91.2	83.9	98.6	78.3	67.0	89.6
\$25,000 – 49,999	86.7	76.5	96.9	96.8	91.3	100.0	92.1	84.3	100.0
\$50,000 or more	.	.	.	98.7	96.0	100.0	96.4	90.6	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
<b>All</b>	52.5	43.1	61.9	42.1	32.0	52.3	40.1	31.7	48.4
<b>Sex</b>									
Men	52.7	37.2	68.2	47.6	31.2	64.0	36.4	23.6	49.2
Women	52.3	41.2	63.4	36.9	25.9	47.9	43.4	32.7	54.0
<b>Race/ethnicity</b>									
NH White	52.5	42.6	62.4	42.5	31.9	53.2	40.0	31.3	48.8
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	54.0	38.2	69.9	50.0	33.4	66.7	36.5	23.2	49.9
NH White women	51.0	39.2	62.8	35.2	23.5	46.9	43.2	31.9	54.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	.	.	.	.	.	.	.	.	.
45-64	50.4	36.9	63.9	39.3	24.6	54.1	26.0	16.8	35.2
65 and older	55.4	42.7	68.2	46.1	32.6	59.6	61.9	50.5	73.4
<b>Marital Status</b>									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	59.9	48.0	71.8	.	.	.	36.3	25.5	47.2
Divorced/ widowed/separated	37.9	26.8	48.9	.	.	.	48.1	35.9	60.2
<b>Education</b>									
0-11 years	31.7	16.9	46.5	28.5	14.2	42.8	35.5	19.2	51.7
HS Grad/GED	54.4	40.6	68.2	36.8	21.1	52.5	37.0	24.9	49.1
1 or more years of college	62.5	47.9	77.0	55.2	39.0	71.4	46.3	30.4	62.2
<b>Employment</b>									
Employed for wages	49.2	35.7	62.7	33.0	19.0	47.0	34.2	22.4	46.1
<b>Household Income</b>									
\$24,999 or less	24.0	14.4	33.6	15.4	7.3	23.4	40.0	27.4	52.6
\$25,000 – 49,999	73.8	60.1	87.6	64.8	47.9	81.7	35.9	18.8	52.9
\$50,000 or more	64.0	45.7	82.4	51.5	30.4	72.6	42.3	22.2	62.4

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		45.9	24.0	67.8	83.6	66.5	100.0	26.7	0.0	54.3
<b>Sex</b>	Men	21.9	12.1	31.6	60.3	42.2	78.4	4.5	1.1	7.9
	Women	67.5	43.8	91.2	89.3	75.2	100.0	46.0	8.2	83.8
<b>Race/ethnicity</b>	NH White	33.3	23.6	42.9	66.8	56.6	76.9	7.9	4.6	11.2
	NH Black	.	.	.	.	.	.	.	.	.
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	20.7	10.1	31.3	63.0	43.9	82.2	2.3	0.0	4.8
	NH White women	50.1	40.6	59.5	69.1	57.3	80.9	15.4	9.7	21.1
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	.	.	.	.	.	.	.	.	.
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	57.2	29.7	84.7	88.1	73.9	100.0	38.8	3.5	74.1
	45-64	22.1	13.2	31.0	.	.	.	1.9	0.2	3.7
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	63.4	12.6	100.0	.	.	.	62.6	11.4	100.0
	Married/ living together as a couple	34.2	26.0	42.5	63.6	51.3	76.0	7.1	3.8	10.3
	Divorced/ widowed/A80separated	48.3	35.5	61.2	68.4	48.5	88.3	12.5	4.9	20.1
<b>Education</b>	0-11 years	77.4	47.3	100.0	.	.	.	71.4	33.6	100.0
	HS Grad/GED	37.4	28.5	46.3	67.3	51.8	82.8	11.6	6.4	16.8
	1 or more years of college	28.1	14.0	42.3	64.6	49.2	79.9	5.3	1.3	9.3
<b>Employment</b>	Employed for wages	33.7	26.1	41.4	66.3	54.2	78.4	9.8	5.9	13.6
<b>Household Income</b>	\$24,999 or less	33.4	13.5	53.2	66.9	49.6	84.1	13.1	4.1	22.1
	\$25,000 – 49,999	34.7	23.0	46.5	72.9	57.3	88.4	7.1	2.6	11.6
	\$50,000 or more	35.8	21.7	50.0	.	.	.	2.5	0.0	6.0

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

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