

Prevalence of Major Behavioral Risk Factors in Monroe County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Monroe County, 500 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Monroe County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
	All	79,589	15,982,378	13.5	9.7	17.2	58.4	51.9
Sex								
Men	53.2%	48.8%	14.0	8.4	19.7	49.9	40.2	59.6
Women	46.8%	51.2%	12.9	8.0	17.8	68.0	59.9	76.2
Race/ethnicity								
NH White	77.2%	65.4%	12.6	8.5	16.7	57.9	50.8	65.0
NH Black	4.5%	14.2%
Hispanic	15.8%	16.8%	17.8	6.3	29.3	60.0	38.4	81.6
Race/ethnicity-Sex								
NH White men	41.0%	31.9%	12.3	6.5	18.1	51.1	40.8	61.4
NH White women	36.2%	33.6%	13.0	7.3	18.8	66.7	57.5	75.9
NH Black men	2.4%	6.8%
NH Black women	2.1%	7.4%
Hispanic men	8.5%	8.4%
Hispanic women	7.3%	8.4%	12.4	1.2	23.7	.	.	.
Age								
18-44	37.4%	36.9%	10.8	4.9	16.8	56.0	46.2	65.8
45-64	30.9%	22.7%	12.5	7.5	17.5	59.4	50.6	68.2
65 and older	14.6%	17.6%	22.4	11.3	33.5	.	.	.
Marital Status								
Never married	23.5%	22.5%	15.2	2.2	28.1	44.9	29.1	60.7
Married/ living together as a couple	52.5%	53.7%	12.3	7.9	16.8	62.2	53.6	70.9
Divorced/ widowed/separated	24.0%	23.8%	15.3	8.9	21.6	61.3	50.0	72.6
Education								
0-11 years	15.1%	20.1%	26.0	10.3	41.8	.	.	.
HS Grad/GED	28.9%	28.7%	12.2	6.1	18.3	44.5	31.8	57.3
1 or more years of college	56.0%	51.1%	12.2	7.4	17.1	65.6	58.2	73.0
Employment								
Employed for wages	60.9%	54.9%	9.7	5.4	13.9	58.4	51.9	64.9
Household Income								
\$24,999 or less	27.1%	30.8%	29.3	18.2	40.4	47.4	31.8	63.1
\$25,000 – 49,999	30.4%	31.6%	8.8	3.4	14.3	51.9	40.8	62.9
\$50,000 or more	42.5%	37.6%	7.2	2.8	11.6	70.1	60.8	79.4

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	23.2	18.0	28.4	50.1	44.6	55.5	72.9	68.2	77.5
Sex									
Men	19.1	12.4	25.9	46.7	38.8	54.6	69.5	62.2	76.8
Women	27.2	19.4	35.0	53.4	46.0	60.8	76.2	70.5	81.8
Race/ethnicity									
NH White	20.8	14.9	26.7	46.5	40.4	52.6	71.2	66.0	76.5
NH Black
Hispanic	36.5	21.3	51.8	61.2	46.2	76.2	76.7	64.4	89.0
Race/ethnicity-Sex									
NH White men	17.8	10.5	25.1	43.8	35.4	52.2	67.3	59.2	75.3
NH White women	24.2	15.0	33.5	49.6	40.8	58.3	75.7	69.3	82.1
NH Black men
NH Black women
Hispanic men
Hispanic women	38.6	19.6	57.5	62.8	45.2	80.4	74.6	59.3	90.0
Age									
18-44	21.7	14.1	29.3	46.9	38.2	55.6	69.1	61.1	77.0
45-64	17.2	11.7	22.6	47.9	40.3	55.4	72.2	65.6	78.7
65 and older	40.1	23.7	56.5	60.7	46.8	74.6	83.3	74.2	92.4
Marital Status									
Never married	24.5	10.1	39.0	39.6	25.4	53.8	72.6	60.6	84.7
Married/ living together as a couple	23.4	16.1	30.6	52.9	45.6	60.2	74.1	68.1	80.1
Divorced/ widowed/separated	22.1	14.6	29.6	50.3	41.0	59.6	70.2	61.0	79.4
Education									
0-11 years	58.3	40.6	76.0	63.8	46.1	81.5	74.7	58.7	90.7
HS Grad/GED	32.6	20.1	45.1	59.4	48.7	70.1	79.1	71.0	87.3
1 or more years of college	13.8	9.4	18.2	43.8	37.3	50.2	69.6	63.7	75.6
Employment									
Employed for wages	17.0	12.0	22.0	48.2	41.7	54.6	71.6	65.8	77.3
Household Income									
\$24,999 or less	34.7	23.9	45.4	53.4	42.0	64.8	76.8	67.7	85.9
\$25,000 – 49,999	16.5	9.3	23.7	50.1	40.9	59.3	75.0	67.3	82.8
\$50,000 or more	13.1	7.3	18.8	43.0	34.2	51.7	67.4	58.9	75.9

Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	34.5	29.1	39.8	20.1	15.9	24.3	74.2	69.6	78.8
Sex									
Men	38.1	30.5	45.7	23.4	16.7	30.0	75.5	68.5	82.4
Women	31.0	23.1	38.8	17.0	11.9	22.2	73.0	66.9	79.2
Race/ethnicity									
NH White	35.5	29.4	41.6	19.2	14.8	23.6	73.7	68.5	78.9
NH Black
Hispanic	31.2	17.7	44.8	24.0	9.8	38.3	78.1	66.3	90.0
Race/ethnicity-Sex									
NH White men	39.7	31.5	47.8	22.3	15.5	29.0	75.7	68.1	83.2
NH White women	30.7	21.1	40.2	15.7	10.4	21.1	71.5	64.3	78.6
NH Black men
NH Black women
Hispanic men
Hispanic women	30.7	14.4	47.0	21.7	5.9	37.4	80.0	66.1	94.0
Age									
18-44	28.9	20.9	36.8	16.3	10.1	22.4	77.9	70.4	85.5
45-64	37.1	30.0	44.3	26.9	19.7	34.1	75.7	69.8	81.7
65 and older	43.2	27.3	59.2	16.6	7.7	25.6	62.2	48.6	75.8
Marital Status									
Never married	27.6	14.5	40.6	10.6	3.5	17.8	78.2	64.8	91.6
Married/ living together as a couple	37.5	30.1	44.9	22.3	16.4	28.3	74.7	68.9	80.5
Divorced/ widowed/separated	31.2	22.3	40.1	21.7	13.9	29.4	69.9	61.1	78.8
Education									
0-11 years	39.5	21.7	57.2	24.0	7.2	40.7	83.0	70.5	95.5
HS Grad/GED	32.0	20.1	43.9	23.6	14.7	32.5	80.2	72.7	87.7
1 or more years of college	34.8	28.5	41.1	18.0	13.1	22.8	70.1	64.0	76.3
Employment									
Employed for wages	34.3	28.2	40.5	20.1	14.9	25.2	74.8	69.2	80.4
Household Income									
\$24,999 or less	30.9	20.1	41.6	22.8	12.4	33.1	72.6	62.2	83.0
\$25,000 – 49,999	35.4	26.7	44.0	20.0	12.9	27.1	74.2	66.2	82.2
\$50,000 or more	35.8	27.3	44.4	22.4	15.1	29.6	71.7	64.0	79.5

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	29.2	24.0	34.5	50.3	38.9	61.7	27.9	23.1	32.7
Sex									
Men	28.5	21.7	35.4	54.9	40.9	68.9	32.1	24.7	39.5
Women	29.9	21.9	38.0	46.1	28.9	63.3	23.9	17.9	29.9
Race/ethnicity									
NH White	29.7	23.7	35.7	46.5	34.1	58.9	30.9	25.4	36.4
NH Black
Hispanic	23.9	9.8	38.0	.	.	.	13.5	3.9	23.2
Race/ethnicity-Sex									
NH White men	27.2	20.0	34.4	48.0	32.6	63.4	32.8	24.7	40.8
NH White women	32.5	22.9	42.1	45.1	25.7	64.5	28.8	21.4	36.3
NH Black men
NH Black women
Hispanic men
Hispanic women	18.4	1.5	35.4	.	.	.	10.8	0.6	20.9
Age									
18-44	34.8	26.6	43.1	59.0	43.6	74.3	33.9	25.7	42.2
45-64	27.6	21.0	34.2	44.3	30.1	58.4	26.9	20.4	33.4
65 and older	18.9	1.0	36.8	.	.	.	14.0	4.9	23.0
Marital Status									
Never married	44.5	30.2	58.8	51.5	29.4	73.6	46.0	31.4	60.5
Married/ living together as a couple	23.5	16.2	30.8	48.3	29.2	67.3	22.8	17.1	28.5
Divorced/ widowed/separated	32.9	24.3	41.5	52.9	36.9	68.8	27.6	19.5	35.7
Education									
0-11 years	23.5	7.2	39.9	.	.	.	11.7	0.2	23.2
HS Grad/GED	37.9	26.0	49.8	56.6	32.7	80.6	30.3	20.8	39.8
1 or more years of college	26.1	20.3	31.9	42.7	29.9	55.5	29.1	23.0	35.1
Employment									
Employed for wages	30.0	24.1	36.0	47.1	35.1	59.0	30.4	24.4	36.3
Household Income									
\$24,999 or less	38.6	27.2	50.1	59.1	38.5	79.7	25.9	15.0	36.8
\$25,000 – 49,999	26.9	18.9	34.8	55.4	37.9	72.9	32.4	23.8	41.1
\$50,000 or more	21.0	13.9	28.1	43.7	24.2	63.2	30.6	22.3	38.9
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	25.5	20.6	30.4	31.5	26.3	36.7	10.0	6.8	13.2
Sex									
Men	28.2	20.6	35.7	35.5	27.6	43.4	7.8	4.0	11.7
Women	22.9	16.6	29.3	27.6	20.9	34.3	12.1	7.1	17.1
Race/ethnicity									
NH White	24.0	18.6	29.4	30.4	24.7	36.1	9.4	5.9	13.0
NH Black
Hispanic	26.1	11.5	40.8	39.4	23.5	55.4	11.6	2.3	20.8
Race/ethnicity-Sex									
NH White men	26.8	18.7	34.9	35.6	27.2	44.0	6.9	3.1	10.7
NH White women	20.9	14.0	27.8	24.4	17.2	31.6	12.4	6.2	18.5
NH Black men
NH Black women
Hispanic men
Hispanic women	26.3	8.3	44.2	36.6	17.7	55.5	12.4	1.9	23.0
Age									
18-44	39.4	30.7	48.2	41.5	32.8	50.3	11.4	5.7	17.1
45-64	20.8	14.9	26.6	27.9	20.8	35.0	11.1	6.6	15.7
65 and older	1.7	0.0	4.2	15.9	6.0	25.7	4.2	0.0	9.3
Marital Status									
Never married	52.8	38.5	67.0	56.7	42.9	70.5	13.4	2.4	24.4
Married/ living together as a couple	15.2	10.1	20.4	23.9	17.7	30.0	6.9	3.6	10.2
Divorced/ widowed/separated	32.0	22.6	41.3	32.7	23.5	41.9	15.2	8.4	22.1
Education									
0-11 years	40.0	20.6	59.4	35.2	15.6	54.8	13.0	0.4	25.7
HS Grad/GED	31.7	21.4	42.0	33.6	23.0	44.1	5.7	1.4	10.0
1 or more years of college	20.5	14.9	26.2	30.1	23.9	36.4	11.5	7.1	15.8
Employment									
Employed for wages	31.0	24.8	37.3	36.6	30.1	43.1	10.4	6.4	14.4
Household Income									
\$24,999 or less	42.7	31.2	54.3	33.9	22.3	45.6	22.1	11.7	32.6
\$25,000 – 49,999	27.9	19.5	36.3	29.1	20.7	37.5	9.0	4.0	14.1
\$50,000 or more	11.0	5.3	16.7	28.3	20.3	36.3	6.7	2.5	11.0

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	All	71.1	66.4	75.9	50.8	45.3	56.2	70.5	65.6
Sex									
Men	70.3	63.2	77.4	47.2	39.2	55.1	65.5	57.8	73.3
Women	71.9	65.6	78.2	54.3	46.7	61.9	75.5	69.5	81.4
Race/ethnicity									
NH White	70.4	65.2	75.6	50.5	44.5	56.5	69.5	64.0	75.0
NH Black
Hispanic	70.8	56.4	85.1	57.2	42.0	72.5	76.3	62.3	90.2
Race/ethnicity-Sex									
NH White men	69.3	61.6	76.9	46.9	38.5	55.4	65.7	57.5	74.0
NH White women	71.6	64.6	78.7	54.6	45.7	63.5	73.8	66.9	80.7
NH Black men
NH Black women
Hispanic men
Hispanic women	67.6	49.4	85.8	55.3	36.6	74.0	76.5	60.0	93.0
Age									
18-44	67.0	58.9	75.0	68.4	60.5	76.4	64.0	55.9	72.1
45-64	73.7	67.3	80.2	45.0	37.5	52.5	75.0	68.4	81.6
65 and older	74.7	63.6	85.8	19.6	10.1	29.1	77.4	64.6	90.2
Marital Status									
Never married	55.6	41.7	69.5	64.5	51.4	77.7	49.7	35.2	64.1
Married/ living together as a couple	77.5	71.7	83.4	51.6	44.2	59.1	78.5	72.8	84.2
Divorced/ widowed/separated	65.0	56.2	73.8	38.0	29.3	46.8	63.9	54.3	73.5
Education									
0-11 years	55.9	37.0	74.8	31.3	13.3	49.4	66.7	47.6	85.9
HS Grad/GED	69.5	60.1	79.0	40.3	29.2	51.4	65.2	54.6	75.8
1 or more years of college	74.0	68.4	79.6	58.4	52.1	64.8	73.2	67.4	79.1
Employment									
Employed for wages	72.1	66.5	77.6	58.1	51.8	64.3	69.3	63.5	75.2
Household Income									
\$24,999 or less	58.6	47.6	69.6	37.7	25.9	49.5	62.5	50.8	74.2
\$25,000 – 49,999	65.5	56.4	74.5	47.2	38.0	56.4	61.0	51.7	70.3
\$50,000 or more	81.0	73.9	88.0	64.1	55.7	72.5	80.4	73.2	87.6
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	All	24.0	19.1	28.9	68.5	58.3	78.7	18.4	14.2
Sex									
Men	23.4	16.9	29.8	61.5	46.3	76.7	17.0	10.9	23.0
Women	24.6	17.2	32.1	74.8	61.9	87.7	19.9	13.9	25.8
Race/ethnicity									
NH White	23.9	18.3	29.4	67.6	56.0	79.2	17.1	12.7	21.5
NH Black
Hispanic	25.1	11.4	38.7	.	.	.	22.6	8.0	37.1
Race/ethnicity-Sex									
NH White men	22.6	16.1	29.1	60.5	44.5	76.5	15.6	9.6	21.6
NH White women	25.3	16.1	34.4	74.7	59.6	89.7	18.9	12.3	25.4
NH Black men
NH Black women
Hispanic men
Hispanic women	23.2	8.7	37.7	.	.	.	20.9	4.6	37.2
Age									
18-44	7.1	3.1	11.0	.	.	.	15.7	9.1	22.4
45-64	31.7	24.5	38.9	65.3	52.2	78.5	20.9	14.3	27.5
65 and older	51.3	36.1	66.5	88.7	78.1	99.2	20.3	10.0	30.7
Marital Status									
Never married	12.4	5.0	19.9	.	.	.	15.7	4.3	27.0
Married/ living together as a couple	26.6	19.3	33.9	72.4	59.1	85.7	19.0	13.4	24.5
Divorced/ widowed/separated	25.5	18.2	32.9	63.6	47.8	79.4	19.3	11.5	27.1
Education									
0-11 years	31.6	15.3	47.8	.	.	.	24.2	7.9	40.6
HS Grad/GED	31.2	19.1	43.3	87.8	76.7	99.0	21.5	12.5	30.5
1 or more years of college	19.4	14.7	24.1	52.8	39.3	66.3	16.2	11.3	21.0
Employment									
Employed for wages	17.8	13.0	22.5	54.3	39.5	69.1	16.1	11.1	21.1
Household Income									
\$24,999 or less	28.7	18.7	38.7	76.7	61.3	92.1	23.7	12.5	35.0
\$25,000 – 49,999	26.7	18.8	34.6	59.8	42.2	77.5	21.0	13.4	28.6
\$50,000 or more	17.3	10.9	23.6	51.4	30.6	72.3	16.6	10.0	23.1

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	82.7	78.6	86.9	89.2	85.8	92.6	29.4	23.5	35.3
Sex									
Men	79.5	72.6	86.4	87.5	81.9	93.1	31.6	23.4	39.8
Women	85.9	81.2	90.6	90.6	86.5	94.7	27.5	19.0	36.0
Race/ethnicity									
NH White	82.7	78.0	87.4	87.4	83.3	91.4	29.6	23.0	36.2
NH Black
Hispanic	79.2	67.3	91.1	97.4	92.0	100.0	29.0	12.2	45.9
Race/ethnicity-Sex									
NH White men	79.7	72.3	87.1	86.6	80.5	92.8	30.3	21.9	38.7
NH White women	86.1	80.8	91.4	88.2	82.9	93.5	28.9	18.5	39.3
NH Black men
NH Black women
Hispanic men
Hispanic women	81.6	68.4	94.8	100.0	100.0	100.0	24.7	7.9	41.4
Age									
18-44	71.2	63.3	79.1	86.1	79.3	92.8	10.9	4.8	16.9
45-64	91.4	87.1	95.7	87.8	82.8	92.8	37.4	29.6	45.2
65 and older	92.5	86.4	98.7	97.2	93.1	100.0	49.3	32.6	66.0
Marital Status									
Never married	67.5	53.4	81.6	87.7	78.3	97.0	28.0	12.3	43.6
Married/ living together as a couple	85.3	80.2	90.3	87.6	82.7	92.4	30.0	21.7	38.3
Divorced/ widowed/separated	87.4	81.5	93.2	94.0	89.4	98.6	29.1	20.5	37.7
Education									
0-11 years	69.9	52.2	87.5	96.1	88.2	100.0	28.9	10.7	47.2
HS Grad/GED	80.4	71.4	89.5	94.4	90.1	98.7	34.7	20.5	48.9
1 or more years of college	85.7	81.2	90.3	86.0	81.1	90.8	27.1	21.0	33.2
Employment									
Employed for wages	79.3	73.8	84.8	86.0	81.3	90.8	25.5	19.4	31.6
Household Income									
\$24,999 or less	78.8	69.5	88.1	91.4	84.7	98.0	32.3	20.1	44.5
\$25,000 – 49,999	80.5	73.3	87.7	89.9	84.0	95.8	29.8	20.4	39.1
\$50,000 or more	87.0	80.7	93.3	86.2	79.4	93.1	28.1	19.7	36.4

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	9.8	6.8	12.9	73.3	60.6	85.9	4.9	2.8	7.0
Sex									
Men	5.0	1.9	8.2	.	.	.	5.8	2.3	9.4
Women	14.5	9.4	19.6	82.9	70.9	94.9	4.0	1.8	6.2
Race/ethnicity									
NH White	8.9	5.6	12.2	69.3	53.1	85.6	5.4	2.9	7.8
NH Black
Hispanic	13.5	4.6	22.5	.	.	.	3.1	0.0	6.8
Race/ethnicity-Sex									
NH White men	4.7	1.5	8.0	.	.	.	6.4	2.3	10.4
NH White women	13.6	7.6	19.5	81.2	65.6	96.8	4.2	1.5	6.8
NH Black men
NH Black women
Hispanic men
Hispanic women	15.4	3.9	26.8	.	.	.	3.1	0.0	7.5
Age									
18-44	10.9	5.3	16.4	.	.	.	1.5	0.0	3.5
45-64	10.3	6.2	14.5	.	.	.	4.8	1.8	7.9
65 and older	5.9	1.0	10.8	.	.	.	13.7	5.3	22.0
Marital Status									
Never married	15.0	3.5	26.5	.	.	.	2.8	0.0	5.8
Married/ living together as a couple	7.9	4.5	11.3	.	.	.	4.1	1.7	6.6
Divorced/ widowed/separated	11.0	6.2	15.9	.	.	.	8.4	2.5	14.3
Education									
0-11 years	6.4	0.0	14.4	.	.	.	6.1	0.0	12.4
HS Grad/GED	4.1	1.1	7.2	.	.	.	7.8	2.7	13.0
1 or more years of college	13.0	8.5	17.4	69.4	54.1	84.7	3.4	1.2	5.6
Employment									
Employed for wages	10.6	6.6	14.7	75.2	59.9	90.4	2.6	0.7	4.5
Household Income									
\$24,999 or less	14.5	5.1	24.0	.	.	.	9.0	2.8	15.1
\$25,000 – 49,999	9.5	4.8	14.3	.	.	.	4.9	0.7	9.0
\$50,000 or more	9.0	4.2	13.8	.	.	.	3.0	0.2	5.8

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	17.1	13.1	21.0	23.1	18.5	27.7	21.4	17.0	25.9
Sex									
Men	14.8	9.5	20.1	21.3	14.7	27.9	19.6	13.2	26.0
Women	19.2	13.3	25.1	24.9	18.4	31.4	23.3	17.0	29.6
Race/ethnicity									
NH White	15.9	11.7	20.1	19.1	14.5	23.7	17.4	13.0	21.8
NH Black
Hispanic	20.7	7.8	33.7	40.4	24.3	56.5	40.1	24.0	56.1
Race/ethnicity-Sex									
NH White men	14.2	8.6	19.8	18.0	11.7	24.4	16.5	10.4	22.6
NH White women	17.8	11.4	24.2	20.3	13.6	27.0	18.5	12.0	25.0
NH Black men
NH Black women
Hispanic men
Hispanic women	23.1	6.4	39.8	39.6	20.4	58.8	39.1	20.1	58.1
Age									
18-44	12.9	6.6	19.3	24.9	17.2	32.7	21.0	13.6	28.4
45-64	18.3	12.7	23.8	18.6	12.3	24.9	23.8	16.8	30.7
65 and older	23.5	12.6	34.3	27.4	15.8	39.1	17.6	8.7	26.4
Marital Status									
Never married	17.1	5.4	28.9	26.1	12.8	39.5	21.4	8.8	34.0
Married/ living together as a couple	15.2	10.3	20.1	21.5	15.5	27.4	20.6	14.7	26.5
Divorced/ widowed/separated	21.9	14.2	29.7	25.2	16.9	33.5	23.9	16.1	31.8
Education									
0-11 years	27.9	10.4	45.4	44.9	25.6	64.2	33.2	14.7	51.7
HS Grad/GED	18.4	10.9	26.0	29.1	19.4	38.8	25.5	16.3	34.8
1 or more years of college	14.9	10.1	19.7	17.2	12.1	22.2	18.0	12.8	23.2
Employment									
Employed for wages	16.0	11.3	20.8	20.1	14.7	25.5	21.4	15.9	26.9
Household Income									
\$24,999 or less	23.1	12.5	33.7	38.7	26.9	50.5	36.3	24.5	48.0
\$25,000 – 49,999	17.5	10.5	24.6	20.5	12.5	28.4	16.0	9.4	22.7
\$50,000 or more	14.6	8.7	20.5	21.4	14.2	28.6	22.4	15.0	29.9
Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	20.2	15.4	25.0	0.9	0.0	1.7	22.4	17.1	27.7
Sex									
Men	20.0	13.9	26.0	0.6	0.0	1.9	24.1	16.8	31.4
Women	20.4	12.9	27.9	1.1	0.0	2.1	20.8	13.1	28.5
Race/ethnicity									
NH White	20.6	15.1	26.2	0.7	0.0	1.4	24.5	18.4	30.6
NH Black
Hispanic	19.9	7.9	31.9	2.1	0.0	6.3	14.1	3.5	24.7
Race/ethnicity-Sex									
NH White men	18.8	12.5	25.0	.	.	.	26.2	18.1	34.2
NH White women	22.8	13.4	32.1	.	.	.	22.7	13.2	32.1
NH Black men
NH Black women
Hispanic men
Hispanic women	15.5	2.4	28.6	.	.	.	16.6	3.0	30.3
Age									
18-44	12.1	6.8	17.4	0.7	0.0	2.0	14.8	7.9	21.7
45-64	16.5	11.0	21.9	1.1	0.0	2.4	15.2	9.8	20.6
65 and older	47.3	31.8	62.8	0.8	0.0	2.3	55.2	40.2	70.2
Marital Status									
Never married	11.9	4.1	19.8	.	.	.	18.9	6.0	31.8
Married/ living together as a couple	23.1	15.9	30.4	.	.	.	23.6	16.2	31.0
Divorced/ widowed/separated	18.4	11.8	25.1	.	.	.	21.5	13.2	29.8
Education									
0-11 years	26.0	10.6	41.5	2.7	0.0	6.8	17.1	4.6	29.6
HS Grad/GED	24.9	12.8	37.1	1.5	0.0	3.8	31.1	18.0	44.3
1 or more years of college	17.1	12.5	21.8	0.3	0.0	0.8	19.0	14.0	24.0
Employment									
Employed for wages	12.1	8.2	15.9	0.5	0.0	1.2	15.5	10.4	20.6
Household Income									
\$24,999 or less	19.3	11.1	27.5	1.8	0.0	4.8	20.3	11.3	29.3
\$25,000 – 49,999	18.0	10.7	25.3	.	.	.	19.0	11.8	26.2
\$50,000 or more	23.2	15.8	30.6	0.5	0.0	1.5	23.4	15.5	31.3

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	76.8	70.1	83.6	95.5	91.6	99.4	80.7	74.4	87.0
Sex									
Men
Women	76.8	70.1	83.6	95.5	91.6	99.4	80.7	74.4	87.0
Race/ethnicity									
NH White	74.9	67.2	82.7	98.9	97.2	100.0	84.7	78.6	90.9
NH Black
Hispanic	.	.	.	85.2	68.8	100.0	70.4	51.0	89.9
Race/ethnicity-Sex									
NH White men
NH White women	74.9	67.2	82.7	98.9	97.2	100.0	84.7	78.6	90.9
NH Black men
NH Black women
Hispanic men
Hispanic women	.	.	.	85.2	68.8	100.0	70.4	51.0	89.9
Age									
18-44	.	.	.	94.2	88.0	100.0	82.1	73.3	90.8
45-64	78.0	69.6	86.5	97.4	92.4	100.0	78.3	67.6	88.9
65 and older	85.2	74.5	95.9	96.4	90.3	100.0	.	.	.
Marital Status									
Never married
Married/ living together as a couple	84.9	77.4	92.3	96.4	92.8	100.0	86.0	79.5	92.5
Divorced/ widowed/separated	61.1	48.7	73.6	97.1	92.7	100.0	63.4	48.8	78.0
Education									
0-11 years
HS Grad/GED	77.2	64.0	90.5	94.7	88.8	100.0	74.5	60.8	88.3
1 or more years of college	76.4	68.1	84.6	100.0	100.0	100.0	87.7	81.6	93.9
Employment									
Employed for wages	69.1	59.8	78.5	98.3	95.9	100.0	79.6	72.3	86.9
Household Income									
\$24,999 or less	65.0	48.9	81.2	89.1	77.0	100.0	67.2	50.0	84.4
\$25,000 – 49,999	79.7	69.1	90.3	94.0	84.6	100.0	79.6	67.9	91.3
\$50,000 or more	76.9	62.8	90.9	100.0	100.0	100.0	87.0	76.5	97.5

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	46.6	38.5	54.6	34.3	25.8	42.7	43.9	36.2	51.6
Sex									
Men	41.0	30.5	51.5	29.2	19.4	39.1	49.3	38.5	60.0
Women	52.0	40.4	63.6	39.0	26.1	52.0	38.7	28.2	49.2
Race/ethnicity									
NH White	49.7	41.1	58.3	36.3	27.1	45.5	43.9	35.6	52.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	42.7	31.8	53.6	30.2	20.0	40.5	48.5	37.4	59.6
NH White women	57.7	45.3	70.0	43.1	28.4	57.8	38.6	27.0	50.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	41.1	32.7	49.6	26.7	19.0	34.5	39.1	30.8	47.4
65 and older	54.5	39.8	69.1	45.3	29.4	61.2	50.9	35.4	66.3
Marital Status									
Never married
Married/ living together as a couple	58.0	47.3	68.6	42.0	30.0	54.0	44.7	33.7	55.6
Divorced/ widowed/separated	28.7	19.4	38.1	21.9	13.4	30.5	38.8	28.8	48.8
Education									
0-11 years
HS Grad/GED	44.4	25.1	63.6	35.3	14.3	56.2	31.2	17.5	44.8
1 or more years of college	47.2	38.1	56.3	33.5	24.7	42.2	47.1	37.9	56.2
Employment									
Employed for wages	42.1	32.5	51.7	28.5	19.6	37.4	34.8	25.6	44.0
Household Income									
\$24,999 or less	38.5	23.6	53.3	28.3	14.2	42.3	51.6	36.5	66.7
\$25,000 – 49,999	45.6	32.3	58.8	36.3	23.1	49.4	36.2	23.5	48.8
\$50,000 or more	47.5	34.8	60.2	30.0	18.1	41.8	46.4	33.7	59.1

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		51.6	45.8	57.5	60.9	51.2	70.7	15.3	10.7	19.8
Sex	Men	51.4	42.5	60.3	69.6	55.9	83.2	13.6	6.9	20.4
	Women	51.8	44.1	59.5	52.4	39.4	65.5	16.9	10.7	23.1
Race/ethnicity	NH White	49.1	42.7	55.5	59.6	48.3	70.9	11.6	7.0	16.2
	NH Black
	Hispanic	57.9	39.2	76.7	.	.	.	30.9	14.1	47.6
Race/ethnicity-Sex	NH White men	48.5	38.9	58.0	64.8	48.8	80.9	12.2	4.9	19.6
	NH White women	49.8	41.5	58.2	54.0	38.5	69.6	10.9	5.7	16.1
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	59.0	50.4	67.5	62.1	48.9	75.3	21.5	13.9	29.1
	45-64	42.8	35.3	50.4	59.1	45.3	73.0	7.8	3.9	11.6
	65 and older
Marital Status	Never married	57.9	43.1	72.7	67.7	44.2	91.3	32.0	17.1	46.9
	Married/ living together as a couple	48.4	40.7	56.2	55.9	42.9	69.0	10.8	5.8	15.9
	Divorced/ widowed/A80separated	54.0	43.0	64.9	64.2	46.7	81.7	11.9	5.3	18.4
Education	0-11 years
	HS Grad/GED	46.5	34.7	58.2	.	.	.	16.6	6.2	26.9
	1 or more years of college	55.7	48.6	62.7	54.1	42.7	65.6	10.6	6.5	14.6
Employment	Employed for wages	52.5	45.9	59.2	60.0	49.0	70.9	13.4	8.7	18.2
Household Income	\$24,999 or less	59.2	45.6	72.8	62.1	41.3	82.8	23.9	13.4	34.3
	\$25,000 – 49,999	44.1	33.9	54.4	73.8	57.1	90.6	16.0	7.6	24.3
	\$50,000 or more	54.6	45.2	64.1	48.7	33.8	63.6	7.3	2.4	12.1

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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