

Prevalence of Major Behavioral Risk Factors in Okaloosa County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Okaloosa County, 500 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Okaloosa County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State	%	CI		%	CI	
All	170,498	15,982,378	13.9	10.8	17.1	64.3	58.1	70.4
Sex								
Men	50.5%	48.8%	13.2	8.6	17.7	60.8	52.1	69.5
Women	49.5%	51.2%	14.6	10.2	19.0	68.7	60.0	77.4
Race/ethnicity								
NH White	81.0%	65.4%	14.7	11.2	18.2	65.9	59.1	72.6
NH Black	8.9%	14.2%
Hispanic	4.3%	16.8%
Race/ethnicity-Sex								
NH White men	41.0%	31.9%	14.9	9.7	20.1	64.0	54.6	73.4
NH White women	39.9%	33.6%	14.6	9.9	19.2	68.3	58.6	78.1
NH Black men	4.8%	6.8%
NH Black women	4.2%	7.4%
Hispanic men	2.3%	8.4%
Hispanic women	2.0%	8.4%
Age								
18-44	40.7%	36.9%	7.7	3.9	11.5	62.9	54.8	71.0
45-64	22.4%	22.7%	18.3	12.3	24.3	68.3	58.7	77.9
65 and older	12.1%	17.6%	26.6	17.1	36.1	.	.	.
Marital Status								
Never married	20.7%	22.5%	9.9	3.4	16.5	62.2	47.5	76.9
Married/ living together as a couple	58.3%	53.7%	11.7	7.7	15.6	64.8	56.9	72.8
Divorced/ widowed/separated	21.0%	23.8%	26.1	18.4	33.7	64.0	51.8	76.2
Education								
0-11 years	12.0%	20.1%	36.8	16.7	56.9	.	.	.
HS Grad/GED	27.1%	28.7%	19.2	13.1	25.3	61.0	49.2	72.8
1 or more years of college	60.9%	51.1%	8.8	5.5	12.1	66.6	59.1	74.1
Employment								
Employed for wages	53.9%	54.9%	6.4	3.5	9.2	64.3	58.1	70.4
Household Income								
\$24,999 or less	25.6%	30.8%	24.1	16.5	31.7	44.0	29.2	58.8
\$25,000 – 49,999	34.3%	31.6%	10.2	5.1	15.3	62.7	51.8	73.7
\$50,000 or more	40.1%	37.6%	7.2	3.0	11.3	76.8	67.5	86.2

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity										
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3		No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
		%	CI		%	CI		%	CI	
All		20.8	16.9	24.6	49.6	44.7	54.6	69.2	64.4	73.9
Sex	Men	15.1	10.0	20.2	44.0	36.8	51.2	62.4	55.1	69.7
	Women	26.2	20.5	31.9	55.0	48.3	61.7	75.6	69.7	81.6
Race/ethnicity	NH White	21.1	16.9	25.3	48.5	43.2	53.9	68.1	62.9	73.3
	NH Black
	Hispanic
Race/ethnicity-Sex	NH White men	15.0	9.4	20.5	43.8	36.0	51.5	63.2	55.4	71.1
	NH White women	27.3	21.0	33.6	53.4	46.0	60.7	73.0	66.1	79.8
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	13.6	8.5	18.8	43.0	35.7	50.3	59.9	52.5	67.2
	45-64	28.1	20.7	35.5	59.2	51.1	67.2	77.4	70.5	84.3
	65 and older	31.8	22.2	41.4	50.2	39.5	60.9	82.3	73.4	91.2
Marital Status	Never married	24.2	11.9	36.5	47.2	33.3	61.1	59.1	45.4	72.9
	Married/ living together as a couple	16.5	12.0	21.0	48.4	42.1	54.7	68.7	62.7	74.8
	Divorced/ widowed/separated	34.6	26.4	42.8	57.3	48.7	65.9	80.3	73.2	87.4
Education	0-11 years	51.0	30.9	71.1	53.0	32.3	73.6	85.7	71.5	99.9
	HS Grad/GED	27.7	20.1	35.2	54.0	45.3	62.7	72.2	64.1	80.4
	1 or more years of college	14.1	10.0	18.2	47.0	40.7	53.4	66.1	59.8	72.3
Employment	Employed for wages	14.0	9.9	18.0	46.0	39.6	52.4	63.4	57.0	69.7
Household Income	\$24,999 or less	30.3	21.7	38.8	62.8	53.5	72.1	79.4	71.4	87.4
	\$25,000 – 49,999	17.2	10.6	23.7	47.5	38.6	56.5	64.6	55.6	73.5
	\$50,000 or more	12.2	6.4	18.0	38.3	29.5	47.1	60.5	51.4	69.6

Risk Factors: Overweight and Nutrition										
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6		Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
		%	CI		%	CI		%	CI	
All		38.1	33.3	42.9	21.1	17.0	25.1	75.1	71.0	79.3
Sex	Men	50.9	43.6	58.2	19.1	13.3	24.8	77.0	71.1	82.9
	Women	26.0	20.2	31.7	23.0	17.3	28.6	73.4	67.6	79.1
Race/ethnicity	NH White	38.8	33.6	44.1	20.9	16.5	25.3	74.6	70.0	79.1
	NH Black
	Hispanic
Race/ethnicity-Sex	NH White men	50.6	42.8	58.5	18.3	12.2	24.4	74.7	68.1	81.3
	NH White women	26.9	20.5	33.3	23.5	17.2	29.9	74.5	68.2	80.7
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	35.2	28.1	42.2	18.6	12.9	24.2	78.5	72.7	84.2
	45-64	40.9	32.7	49.1	25.6	18.5	32.6	75.3	68.1	82.6
	65 and older	45.6	34.9	56.2	17.1	8.4	25.8	62.6	52.4	72.9
Marital Status	Never married	26.2	14.2	38.2	13.4	4.2	22.6	78.0	67.1	89.0
	Married/ living together as a couple	42.3	36.1	48.5	23.7	18.4	29.1	74.2	68.9	79.5
	Divorced/ widowed/separated	33.1	24.7	41.4	17.9	11.4	24.4	76.7	69.5	84.0
Education	0-11 years	35.1	16.6	53.6	14.2	0.5	27.8	79.4	64.3	94.4
	HS Grad/GED	34.4	26.1	42.6	19.8	12.8	26.7	77.3	70.4	84.2
	1 or more years of college	40.6	34.3	46.8	22.5	17.2	27.8	73.8	68.3	79.2
Employment	Employed for wages	37.4	31.1	43.6	21.8	16.5	27.1	76.1	70.8	81.4
Household Income	\$24,999 or less	31.9	23.1	40.7	20.5	12.8	28.2	79.2	71.7	86.7
	\$25,000 – 49,999	40.0	31.2	48.8	21.7	14.1	29.3	74.8	67.2	82.4
	\$50,000 or more	45.1	35.9	54.2	21.1	13.9	28.4	74.3	66.7	81.9

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	24.7	20.6	28.9	53.5	44.1	63.0	13.6	10.2	17.0
Sex									
Men	23.7	17.8	29.7	49.1	34.8	63.4	18.6	13.0	24.2
Women	25.7	19.9	31.5	57.5	44.6	70.4	8.8	4.9	12.7
Race/ethnicity									
NH White	26.2	21.6	30.7	52.5	42.5	62.5	14.5	10.6	18.3
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	23.4	17.2	29.6	48.3	33.2	63.3	19.9	13.7	26.2
NH White women	28.9	22.3	35.6	55.9	42.3	69.5	8.9	4.6	13.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	26.5	20.3	32.8	57.9	44.5	71.3	16.7	11.2	22.2
45-64	27.7	20.7	34.7	46.6	31.9	61.4	11.4	6.3	16.5
65 and older	9.7	4.0	15.3	.	.	.	8.4	2.5	14.3
Marital Status									
Never married	41.1	27.4	54.7	.	.	.	33.5	20.3	46.7
Married/ living together as a couple	18.4	13.6	23.1	54.2	39.9	68.6	10.2	6.5	13.8
Divorced/ widowed/separated	35.5	27.1	43.8	50.4	35.5	65.3	9.3	4.1	14.5
Education									
0-11 years	29.9	12.2	47.5	.	.	.	12.8	0.0	27.5
HS Grad/GED	32.2	24.1	40.3	52.9	37.5	68.2	12.6	6.5	18.7
1 or more years of college	20.2	15.4	25.1	51.0	37.6	64.4	14.2	9.8	18.5
Employment									
Employed for wages	26.8	21.2	32.3	51.7	39.7	63.7	14.8	10.4	19.3
Household Income									
\$24,999 or less	43.6	34.1	53.1	57.3	43.0	71.6	19.3	11.3	27.2
\$25,000 – 49,999	22.2	15.1	29.3	41.0	22.8	59.1	12.8	6.6	19.1
\$50,000 or more	12.2	6.7	17.7	.	.	.	13.2	7.3	19.1

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	12.0	8.7	15.3	27.0	22.5	31.5	5.6	3.5	7.8
Sex									
Men	10.6	6.1	15.1	34.5	27.5	41.6	2.7	0.4	4.9
Women	13.3	8.5	18.2	19.9	14.3	25.4	8.5	4.9	12.0
Race/ethnicity									
NH White	11.4	7.9	14.8	25.5	20.7	30.3	5.8	3.4	8.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	9.8	5.2	14.4	32.8	25.3	40.3	2.4	0.2	4.7
NH White women	13.0	7.8	18.1	18.2	12.5	23.8	9.1	5.0	13.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	17.3	11.8	22.9	39.2	31.9	46.4	6.8	3.4	10.3
45-64	9.4	4.7	14.2	16.0	10.3	21.7	5.4	2.1	8.6
65 and older	0.7	0.0	2.1	9.0	3.2	14.7	2.9	0.0	7.0
Marital Status									
Never married	28.0	15.4	40.5	50.5	36.7	64.3	8.9	1.6	16.2
Married/ living together as a couple	7.9	4.4	11.4	23.0	17.5	28.4	4.0	1.7	6.4
Divorced/ widowed/separated	14.1	7.7	20.5	22.0	14.6	29.3	9.3	3.8	14.8
Education									
0-11 years	30.4	9.8	51.0	43.7	22.6	64.8	7.2	0.0	17.5
HS Grad/GED	16.5	10.0	23.1	29.9	21.6	38.1	7.2	2.9	11.5
1 or more years of college	7.8	4.4	11.2	24.0	18.5	29.4	4.7	2.2	7.1
Employment									
Employed for wages	11.6	7.6	15.6	31.0	25.0	37.1	4.6	2.2	7.0
Household Income									
\$24,999 or less	33.4	24.0	42.8	37.6	27.9	47.3	14.6	7.9	21.2
\$25,000 – 49,999	4.4	1.2	7.7	27.9	19.8	35.9	3.2	0.3	6.1
\$50,000 or more	3.3	0.0	7.0	15.5	8.7	22.3	.	.	.

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	All	74.9	70.7	79.1	52.6	47.7	57.5	73.0	68.6
Sex									
Men	76.5	70.5	82.4	55.2	48.0	62.5	76.0	69.8	82.2
Women	73.4	67.4	79.4	50.1	43.4	56.9	70.2	63.8	76.6
Race/ethnicity									
NH White	76.0	71.5	80.5	50.7	45.3	56.1	74.2	69.4	79.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	76.5	70.1	82.9	54.2	46.4	62.0	76.1	69.4	82.7
NH White women	75.5	69.2	81.9	47.1	39.7	54.6	72.3	65.4	79.1
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	75.9	69.7	82.2	73.0	66.5	79.5	73.8	67.3	80.3
45-64	73.4	66.3	80.5	38.9	30.7	47.0	73.3	65.9	80.6
65 and older	72.8	63.0	82.5	11.5	4.4	18.7	68.1	56.9	79.3
Marital Status									
Never married	69.1	56.2	82.1	75.6	64.7	86.6	65.9	52.5	79.2
Married/ living together as a couple	79.0	74.0	84.1	54.7	48.4	61.0	76.0	70.7	81.4
Divorced/ widowed/separated	63.6	55.3	72.0	23.9	16.3	31.6	66.7	57.7	75.7
Education									
0-11 years	21.5	5.0	38.0	35.4	15.5	55.3	.	.	.
HS Grad/GED	73.3	65.6	81.1	46.2	37.3	55.0	68.3	59.9	76.7
1 or more years of college	80.8	76.0	85.6	57.6	51.4	63.8	79.0	73.9	84.1
Employment									
Employed for wages	79.3	74.3	84.3	62.9	56.8	69.0	78.9	73.8	84.0
Household Income									
\$24,999 or less	56.7	47.1	66.2	47.9	38.2	57.6	48.7	38.3	59.1
\$25,000 – 49,999	83.1	76.5	89.6	51.1	42.1	60.1	81.5	74.5	88.4
\$50,000 or more	83.2	76.5	90.0	61.1	52.4	69.9	82.1	75.2	89.0
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	All	25.6	21.5	29.8	72.7	64.0	81.4	16.8	13.2
Sex									
Men	26.4	20.1	32.6	62.3	48.5	76.0	17.7	12.1	23.3
Women	25.0	19.6	30.4	83.2	72.7	93.7	16.0	11.3	20.7
Race/ethnicity									
NH White	27.2	22.7	31.8	72.8	63.8	81.9	17.5	13.3	21.6
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	28.9	22.0	35.9	63.5	49.6	77.4	19.5	13.2	25.9
NH White women	25.5	19.6	31.5	83.5	72.5	94.5	15.3	10.2	20.5
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	9.1	4.7	13.5	.	.	.	14.4	9.3	19.6
45-64	34.7	26.8	42.6	73.2	59.6	86.8	19.0	12.7	25.3
65 and older	64.6	54.3	74.9	89.9	82.5	97.4	22.3	12.7	31.8
Marital Status									
Never married	11.9	2.5	21.3	.	.	.	8.0	0.4	15.7
Married/ living together as a couple	24.1	18.9	29.3	73.1	61.6	84.6	17.6	12.8	22.4
Divorced/ widowed/separated	43.9	35.3	52.6	85.6	76.9	94.3	21.8	14.6	29.0
Education									
0-11 years	25.5	9.6	41.3	.	.	.	8.7	0.0	20.6
HS Grad/GED	31.0	23.2	38.8	75.1	61.3	88.8	15.4	9.1	21.7
1 or more years of college	22.9	17.8	27.9	72.5	60.3	84.7	18.5	13.7	23.3
Employment									
Employed for wages	15.1	10.5	19.7	60.7	43.5	77.9	15.7	11.1	20.4
Household Income									
\$24,999 or less	28.4	20.4	36.5	72.7	57.7	87.7	15.5	8.5	22.4
\$25,000 – 49,999	25.2	17.6	32.7	80.3	66.2	94.5	16.8	10.1	23.5
\$50,000 or more	23.5	15.7	31.3	59.9	39.3	80.6	17.8	11.1	24.6

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	82.0	78.1	85.9	92.1	89.2	95.0	28.2	23.6	32.9
Sex									
Men	84.3	79.0	89.6	94.0	90.0	97.9	26.4	19.6	33.1
Women	79.8	74.1	85.5	90.2	85.9	94.5	30.2	23.8	36.5
Race/ethnicity									
NH White	83.5	79.4	87.6	92.3	89.3	95.4	29.6	24.5	34.6
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	86.5	81.3	91.7	95.1	91.4	98.8	27.0	19.7	34.3
NH White women	80.5	74.2	86.8	89.2	84.2	94.2	32.3	25.2	39.5
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	73.2	66.7	79.8	90.3	85.2	95.3	13.0	7.5	18.5
45-64	89.3	84.0	94.6	92.7	88.4	97.1	40.1	31.7	48.5
65 and older	95.9	92.0	99.7	97.8	94.5	100.0	47.1	36.1	58.0
Marital Status									
Never married	56.5	42.3	70.6	90.7	79.6	100.0	10.8	2.1	19.5
Married/ living together as a couple	86.3	82.0	90.7	92.9	89.4	96.4	27.2	21.4	33.0
Divorced/ widowed/separated	86.4	79.9	92.9	89.9	84.2	95.5	42.3	33.2	51.4
Education									
0-11 years	73.9	56.2	91.6
HS Grad/GED	74.9	66.9	83.0	91.4	85.6	97.2	30.9	22.1	39.8
1 or more years of college	86.5	82.2	90.8	92.3	88.8	95.8	27.1	21.4	32.8
Employment									
Employed for wages	79.0	73.7	84.3	90.7	86.5	94.8	21.3	15.8	26.9
Household Income									
\$24,999 or less	75.0	66.1	83.9	90.3	84.1	96.5	30.3	20.9	39.7
\$25,000 – 49,999	82.3	75.7	88.9	90.7	84.8	96.6	22.9	15.1	30.7
\$50,000 or more	86.8	80.1	93.4	94.4	89.9	98.9	30.5	22.0	39.0

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	10.3	7.5	13.2	64.7	50.6	78.8	7.6	5.1	10.1
Sex									
Men	7.1	3.8	10.4	.	.	.	6.7	3.0	10.3
Women	13.4	8.9	18.0	68.6	51.1	86.1	8.4	5.0	11.9
Race/ethnicity									
NH White	10.4	7.4	13.5	65.9	50.9	80.9	6.9	4.3	9.6
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	7.9	4.1	11.6	.	.	.	6.8	2.7	10.8
NH White women	13.0	8.1	17.9	.	.	.	7.1	3.6	10.6
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	8.4	4.8	12.0	.	.	.	3.1	0.4	5.8
45-64	14.7	8.4	20.9	.	.	.	9.0	4.4	13.7
65 and older	9.8	3.4	16.2	.	.	.	19.9	10.9	28.8
Marital Status									
Never married	16.4	7.3	25.6	.	.	.	2.4	0.0	5.8
Married/ living together as a couple	8.8	5.3	12.2	.	.	.	7.0	3.8	10.3
Divorced/ widowed/separated	11.2	5.4	17.0	.	.	.	14.3	7.7	20.8
Education									
0-11 years	13.5	1.2	25.8	.	.	.	8.4	0.0	18.8
HS Grad/GED	6.9	2.9	10.9	.	.	.	8.4	3.7	13.1
1 or more years of college	11.9	7.9	15.9	67.8	50.7	84.9	7.0	3.9	10.1
Employment									
Employed for wages	9.7	6.1	13.2	58.8	39.2	78.5	3.6	1.1	6.2
Household Income									
\$24,999 or less	13.4	7.0	19.8	.	.	.	13.3	7.4	19.3
\$25,000 – 49,999	7.9	3.6	12.2	.	.	.	8.0	2.7	13.3
\$50,000 or more	11.2	5.4	17.0	.	.	.	3.3	0.5	6.2

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	13.4	10.4	16.5	19.3	15.5	23.0	20.0	16.2	23.7
Sex									
Men	13.7	9.0	18.4	17.9	12.5	23.3	17.5	12.1	22.9
Women	13.2	9.2	17.2	20.5	15.3	25.8	22.3	17.0	27.6
Race/ethnicity									
NH White	13.9	10.4	17.3	17.9	13.9	22.0	18.6	14.6	22.6
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	14.1	8.9	19.3	18.3	12.4	24.3	18.4	12.4	24.3
NH White women	13.7	9.1	18.3	17.5	11.9	23.0	18.9	13.5	24.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	7.2	3.7	10.7	17.5	12.1	22.9	13.6	8.8	18.3
45-64	24.7	17.8	31.6	23.6	16.6	30.6	26.9	19.7	34.1
65 and older	15.0	7.7	22.4	19.0	10.5	27.5	30.1	20.0	40.3
Marital Status									
Never married	11.8	3.3	20.4	18.6	8.3	29.0	15.3	5.8	24.8
Married/ living together as a couple	11.4	7.7	15.1	17.7	13.0	22.4	18.2	13.5	23.0
Divorced/ widowed/separated	22.8	15.7	29.9	26.1	18.3	33.8	30.9	22.9	38.9
Education									
0-11 years	12.3	0.9	23.8	26.4	9.5	43.2	13.9	2.9	24.8
HS Grad/GED	11.1	6.3	16.0	17.9	11.4	24.3	17.6	11.2	24.1
1 or more years of college	14.8	10.7	19.0	19.3	14.5	24.2	21.9	16.9	26.9
Employment									
Employed for wages	12.5	8.6	16.3	18.5	13.7	23.2	18.1	13.3	22.8
Household Income									
\$24,999 or less	12.0	6.2	17.9	18.8	11.5	26.1	20.3	13.0	27.6
\$25,000 – 49,999	11.8	6.6	17.0	19.7	13.0	26.4	22.7	15.4	30.1
\$50,000 or more	16.1	10.0	22.1	17.5	10.7	24.4	20.0	13.0	27.1

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
	All	35.1	30.4	39.8	1.8	0.5	3.1	22.7	18.5
Sex									
Men	43.2	36.0	50.5	1.9	0.0	4.0	23.8	17.3	30.3
Women	27.3	21.6	32.9	1.8	0.3	3.2	21.6	16.3	26.9
Race/ethnicity									
NH White	35.9	30.7	41.1	1.7	0.3	3.1	23.4	18.9	27.9
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	45.4	37.5	53.3	2.2	0.0	4.6	23.3	16.4	30.2
NH White women	26.3	20.2	32.3	1.2	0.1	2.4	23.4	17.6	29.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	33.6	26.6	40.7	2.0	0.0	4.1	14.7	8.8	20.6
45-64	25.4	18.3	32.5	1.1	0.0	2.8	17.3	11.3	23.2
65 and older	59.4	48.9	69.9	2.5	0.0	5.1	56.8	45.9	67.7
Marital Status									
Never married	28.0	15.3	40.6	2.7	0.0	6.6	24.1	11.3	36.9
Married/ living together as a couple	35.8	29.8	41.8	1.6	0.0	3.3	19.3	14.3	24.4
Divorced/ widowed/separated	39.0	30.5	47.4	1.8	0.0	3.9	34.6	26.3	42.9
Education									
0-11 years	19.6	5.3	33.9	2.0	0.0	6.1	32.7	12.8	52.5
HS Grad/GED	35.5	27.1	43.9	2.2	0.0	4.9	28.1	20.0	36.2
1 or more years of college	36.4	30.4	42.5	1.6	0.1	3.1	18.9	14.0	23.7
Employment									
Employed for wages	35.2	28.9	41.4	1.4	0.0	2.8	14.2	9.4	18.9
Household Income									
\$24,999 or less	31.9	23.1	40.7	3.9	0.1	7.8	31.1	22.2	40.0
\$25,000 – 49,999	44.5	35.5	53.5	1.0	0.0	3.1	21.8	14.0	29.5
\$50,000 or more	30.6	22.3	38.9	1.0	0.0	2.6	15.3	8.8	21.7

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	83.2	77.3	89.1	96.8	93.9	99.7	84.6	78.8	90.4
Sex									
Men
Women	83.2	77.3	89.1	96.8	93.9	99.7	84.6	78.8	90.4
Race/ethnicity									
NH White	83.1	76.7	89.4	98.6	96.7	100.0	84.8	78.4	91.3
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	83.1	76.7	89.4	98.6	96.7	100.0	84.8	78.4	91.3
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	.	.	.	97.0	93.1	100.0	86.6	78.9	94.2
45-64	83.4	75.0	91.8	96.1	90.0	100.0	88.3	79.2	97.5
65 and older	88.8	80.8	96.8
Marital Status									
Never married
Married/ living together as a couple	86.6	79.1	94.0	96.3	92.0	100.0	84.9	77.6	92.1
Divorced/ widowed/separated	76.9	67.1	86.7	96.4	91.3	100.0	76.3	63.9	88.7
Education									
0-11 years
HS Grad/GED	85.0	75.2	94.8	94.5	87.9	100.0	75.9	64.1	87.7
1 or more years of college	84.2	76.7	91.7	98.1	95.4	100.0	91.7	86.3	97.1
Employment									
Employed for wages	83.0	74.5	91.5	97.2	93.3	100.0	86.5	78.6	94.3
Household Income									
\$24,999 or less	73.7	61.6	85.7	96.4	89.3	100.0	77.3	63.7	90.9
\$25,000 – 49,999	83.7	70.5	96.9	99.3	97.8	100.0	89.3	80.8	97.8
\$50,000 or more	92.6	84.7	100.0	100.0	100.0	100.0	92.9	84.2	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	39.2	32.2	46.2	24.8	18.5	31.0	59.9	52.7	67.0
Sex									
Men	36.3	25.5	47.1	22.7	12.8	32.6	65.0	54.3	75.7
Women	41.6	32.3	50.9	26.4	18.3	34.6	55.8	46.2	65.4
Race/ethnicity									
NH White	39.9	32.5	47.3	24.6	18.0	31.2	58.2	50.7	65.8
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	38.3	26.8	49.9	24.8	14.1	35.5	63.5	52.1	74.9
NH White women	41.2	31.5	51.0	24.5	16.1	32.8	54.0	44.0	64.1
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	32.9	23.9	42.0	16.2	9.3	23.1	51.6	41.7	61.4
65 and older	47.0	36.2	57.7	35.2	24.7	45.7	70.1	60.0	80.1
Marital Status									
Never married
Married/ living together as a couple	61.2	51.6	70.8
Divorced/ widowed/separated	57.5	47.2	67.7
Education									
0-11 years
HS Grad/GED	36.0	23.6	48.3	21.2	11.2	31.3	59.8	47.1	72.5
1 or more years of college	40.4	31.2	49.6	25.2	16.8	33.6	60.3	50.8	69.7
Employment									
Employed for wages	30.9	19.6	42.3	22.2	11.5	32.9	49.3	37.0	61.6
Household Income									
\$24,999 or less	42.0	27.8	56.1	26.2	13.9	38.4	55.2	40.7	69.7
\$25,000 – 49,999	44.3	30.6	58.0	25.8	13.1	38.4	48.1	34.4	61.8
\$50,000 or more	33.4	21.4	45.5	22.3	11.6	33.0	72.1	59.9	84.4

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		55.5	50.0	61.1	70.6	63.0	78.1	20.4	15.7	25.0
Sex	Men	61.3	53.4	69.1	69.9	59.5	80.2	21.5	14.5	28.5
	Women	49.7	41.9	57.4	71.7	60.6	82.8	19.2	13.0	25.4
Race/ethnicity	NH White	53.5	47.4	59.6	66.7	57.9	75.5	19.1	14.0	24.2
	NH Black
	Hispanic
Race/ethnicity-Sex	NH White men	62.0	53.5	70.5	68.8	57.3	80.3	22.9	15.1	30.7
	NH White women	44.2	35.7	52.6	63.1	49.1	77.0	15.0	8.7	21.3
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	64.9	57.7	72.1	78.8	70.9	86.8	29.9	23.0	36.7
	45-64	38.4	30.4	46.3	38.6	23.1	54.1	3.9	1.3	6.5
	65 and older
Marital Status	Never married	60.2	46.4	74.0	75.8	59.3	92.3	39.1	25.4	52.9
	Married/ living together as a couple	53.1	46.1	60.1	71.3	61.6	81.0	16.8	11.3	22.3
	Divorced/ widowed/A80separated	62.0	51.1	73.0	59.7	42.0	77.4	14.0	6.4	21.6
Education	0-11 years
	HS Grad/GED	46.4	36.3	56.5	.	.	.	16.6	8.9	24.4
	1 or more years of college	60.6	53.8	67.4	73.0	64.3	81.8	21.9	15.9	27.9
Employment	Employed for wages	57.2	50.6	63.8	70.3	61.3	79.2	21.4	15.9	27.0
Household Income	\$24,999 or less	63.0	52.3	73.7	79.1	67.0	91.3	31.1	20.7	41.5
	\$25,000 – 49,999	48.0	37.8	58.2	69.5	54.0	85.0	22.0	13.6	30.3
	\$50,000 or more	58.7	49.1	68.4	63.3	49.2	77.5	12.3	4.9	19.7

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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