

Prevalence of Major Behavioral Risk Factors in Palm Beach County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Palm Beach County, 506 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Palm Beach County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
All	1,131,184	15,982,378	17.5	13.6	21.4	62.9	53.9	71.8
Sex								
Men	48.3%	48.8%	17.9	12.1	23.7	57.8	46.8	68.8
Women	51.7%	51.2%	17.2	11.9	22.5	67.2	52.9	81.5
Race/ethnicity								
NH White	70.6%	65.4%	15.8	11.9	19.6	65.9	55.0	76.8
NH Black	13.5%	14.2%	19.2	2.0	36.5	.	.	.
Hispanic	12.4%	16.8%	28.6	12.0	45.1	.	.	.
Race/ethnicity-Sex								
NH White men	33.7%	31.9%	14.6	9.0	20.2	64.0	52.2	75.8
NH White women	36.9%	33.6%	16.8	11.3	22.2	68.1	48.7	87.4
NH Black men	6.5%	6.8%
NH Black women	7.0%	7.4%
Hispanic men	6.4%	8.4%
Hispanic women	6.0%	8.4%
Age								
18-44	33.5%	36.9%	11.1	5.4	16.8	65.6	55.0	76.2
45-64	22.0%	22.7%	18.3	9.6	27.1	57.2	40.3	74.0
65 and older	23.2%	17.6%	25.8	19.0	32.6	.	.	.
Marital Status								
Never married	20.6%	22.5%	13.9	2.5	25.2	79.8	58.9	100.0
Married/ living together as a couple	55.4%	53.7%	17.9	12.6	23.2	65.7	56.2	75.1
Divorced/ widowed/separated	23.9%	23.8%	17.7	11.2	24.2	45.9	25.2	66.6
Education								
0-11 years	16.4%	20.1%	34.4	13.7	55.1	.	.	.
HS Grad/GED	26.9%	28.7%	18.3	10.6	25.9	.	.	.
1 or more years of college	56.7%	51.1%	15.6	11.0	20.3	.	.	.
Employment								
Employed for wages	52.8%	54.9%	9.4	4.4	14.4	62.9	53.9	71.8
Household Income								
\$24,999 or less	25.9%	30.8%	31.3	19.1	43.5	41.4	13.0	69.8
\$25,000 – 49,999	28.9%	31.6%	17.0	8.5	25.5	63.3	48.1	78.4
\$50,000 or more	45.2%	37.6%	10.2	5.1	15.4	67.5	57.6	77.4

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	23.0	18.6	27.3	58.9	53.6	64.2	76.5	71.8	81.3
Sex									
Men	19.9	13.7	26.1	59.3	51.6	67.0	78.4	72.0	84.9
Women	25.3	19.3	31.4	58.6	51.2	66.0	75.1	68.3	81.8
Race/ethnicity									
NH White	20.9	16.4	25.3	58.9	53.0	64.8	78.8	74.0	83.6
NH Black	32.6	14.1	51.1	57.7	38.3	77.1	70.6	51.3	89.8
Hispanic	33.1	15.9	50.2	70.7	53.8	87.6	81.2	66.6	95.8
Race/ethnicity-Sex									
NH White men	17.6	11.1	24.0	56.0	47.5	64.6	75.8	68.3	83.2
NH White women	23.8	17.5	30.1	61.4	53.3	69.5	81.6	75.5	87.6
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	20.2	13.0	27.4	48.5	39.5	57.5	62.4	53.4	71.4
45-64	24.7	15.1	34.3	68.3	58.1	78.4	83.7	75.8	91.6
65 and older	25.1	18.6	31.6	62.6	54.9	70.4	88.1	82.7	93.5
Marital Status									
Never married	31.1	15.9	46.3	27.3	13.2	41.5	46.3	30.0	62.7
Married/ living together as a couple	19.4	14.0	24.9	60.2	53.5	66.9	77.3	71.4	83.2
Divorced/ widowed/separated	27.4	18.9	35.8	71.3	62.8	79.9	90.0	84.9	95.1
Education									
0-11 years	34.3	14.0	54.6	68.2	47.3	89.2	86.2	69.5	100.0
HS Grad/GED	24.8	15.7	34.0	62.1	50.7	73.4	82.9	74.3	91.5
1 or more years of college	21.2	16.1	26.3	56.7	50.5	62.9	73.0	67.1	78.9
Employment									
Employed for wages	19.8	13.5	26.0	54.5	46.2	62.7	69.5	61.9	77.0
Household Income									
\$24,999 or less	35.4	22.2	48.7	63.2	49.7	76.6	82.9	72.6	93.2
\$25,000 – 49,999	24.1	15.0	33.1	54.7	43.4	65.9	72.0	60.5	83.5
\$50,000 or more	15.7	9.6	21.7	55.8	47.6	64.1	72.8	65.5	80.1

Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	38.6	33.5	43.8	19.0	14.9	23.1	71.4	66.8	76.0
Sex									
Men	55.0	47.2	62.8	17.4	11.5	23.3	78.2	71.9	84.5
Women	26.1	20.1	32.0	20.2	14.5	26.0	66.1	59.4	72.8
Race/ethnicity									
NH White	39.0	33.1	44.8	18.0	13.7	22.4	71.8	66.8	76.8
NH Black	37.2	19.5	54.8	37.0	17.7	56.3	65.3	46.4	84.2
Hispanic	42.9	24.3	61.4	13.5	1.5	25.6	73.7	58.1	89.2
Race/ethnicity-Sex									
NH White men	53.4	44.9	62.0	18.2	11.6	24.9	77.2	70.4	84.0
NH White women	26.0	19.2	32.8	17.8	12.1	23.5	67.0	59.5	74.4
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	34.4	25.9	42.8	19.7	12.7	26.8	74.5	67.0	82.0
45-64	43.5	31.9	55.1	24.7	15.1	34.2	74.1	64.8	83.5
65 and older	41.3	33.4	49.3	13.9	8.5	19.3	64.2	56.6	71.9
Marital Status									
Never married	39.6	24.3	54.8	18.6	6.7	30.5	72.4	58.2	86.6
Married/ living together as a couple	40.6	34.0	47.3	21.3	15.6	26.9	72.3	66.4	78.2
Divorced/ widowed/separated	34.2	24.5	43.9	14.2	7.7	20.8	68.6	59.3	77.8
Education									
0-11 years	31.1	10.7	51.5	26.1	6.1	46.1	87.9	75.0	100.0
HS Grad/GED	34.2	23.4	45.1	23.4	14.4	32.4	80.0	72.0	88.0
1 or more years of college	41.1	35.1	47.2	16.5	11.8	21.3	66.3	60.6	72.1
Employment									
Employed for wages	40.1	32.2	47.9	20.2	14.0	26.5	77.3	71.0	83.5
Household Income									
\$24,999 or less	26.1	15.0	37.1	23.1	12.8	33.4	77.5	67.5	87.5
\$25,000 – 49,999	35.0	24.9	45.1	24.6	14.6	34.6	65.3	54.8	75.7
\$50,000 or more	48.1	39.8	56.4	15.1	9.1	21.1	75.1	68.0	82.1

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	22.2	16.8	27.6	52.9	38.6	67.2	17.1	13.1	21.0
Sex									
Men	19.9	13.5	26.3	41.7	23.3	60.0	25.3	18.2	32.4
Women	23.9	15.8	32.0	60.1	41.6	78.7	10.7	6.8	14.7
Race/ethnicity									
NH White	25.2	18.6	31.8	53.4	37.5	69.3	19.3	14.6	24.0
NH Black	19.8	5.1	34.4	.	.	.	0.7	0.0	1.9
Hispanic	10.5	0.0	21.2	.	.	.	19.5	4.6	34.5
Race/ethnicity-Sex									
NH White men	20.6	13.3	27.9	39.0	18.4	59.6	27.1	19.1	35.0
NH White women	29.3	19.0	39.5	62.5	42.9	82.1	12.3	7.5	17.1
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	27.4	19.5	35.4	50.5	33.0	68.1	22.8	15.4	30.2
45-64	28.5	14.2	42.7	63.5	36.3	90.8	15.7	8.3	23.1
65 and older	9.6	5.2	14.0	.	.	.	10.8	5.8	15.8
Marital Status									
Never married	27.9	13.7	42.2	.	.	.	16.6	6.2	27.0
Married/ living together as a couple	17.6	12.4	22.7	38.1	21.9	54.4	19.7	14.1	25.2
Divorced/ widowed/separated	30.3	16.4	44.2	67.8	44.1	91.4	11.5	5.6	17.3
Education									
0-11 years	35.6	14.0	57.1	.	.	.	4.3	0.0	10.7
HS Grad/GED	30.9	16.5	45.4	65.0	39.4	90.7	15.9	8.1	23.8
1 or more years of college	17.4	12.7	22.0	44.2	29.2	59.2	18.8	13.9	23.7
Employment									
Employed for wages	24.2	15.5	32.9	59.1	38.9	79.3	21.9	15.6	28.2
Household Income									
\$24,999 or less	35.9	18.7	53.0	.	.	.	7.2	0.9	13.5
\$25,000 – 49,999	17.4	9.8	25.0	.	.	.	13.2	6.2	20.3
\$50,000 or more	19.3	12.5	26.2	41.1	20.4	61.8	28.4	20.8	36.0
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	13.7	9.7	17.7	23.0	18.2	27.8	10.2	6.6	13.8
Sex									
Men	9.9	5.0	14.7	29.1	21.6	36.6	6.5	2.4	10.6
Women	16.7	10.7	22.6	18.4	12.2	24.6	13.0	7.6	18.5
Race/ethnicity									
NH White	6.7	4.0	9.3	17.1	12.6	21.7	6.5	4.0	9.0
NH Black	40.1	20.7	59.4	47.0	27.7	66.3	26.5	7.9	45.2
Hispanic	31.6	14.4	48.8	35.7	17.6	53.7	15.0	0.2	29.8
Race/ethnicity-Sex									
NH White men	3.8	0.6	7.0	23.7	16.0	31.3	4.6	1.5	7.7
NH White women	9.2	5.0	13.5	11.2	6.3	16.2	8.1	4.3	12.0
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	18.0	10.6	25.3	33.1	24.3	42.0	12.9	6.0	19.7
45-64	21.7	12.2	31.3	27.8	17.5	38.1	12.8	5.3	20.2
65 and older	2.1	0.3	3.9	7.2	3.0	11.5	4.6	1.3	7.9
Marital Status									
Never married	23.1	6.5	39.6	35.7	18.7	52.8	14.4	0.0	29.0
Married/ living together as a couple	10.5	5.9	15.1	19.9	14.0	25.8	8.9	4.6	13.3
Divorced/ widowed/separated	16.1	8.8	23.3	22.5	13.7	31.2	11.4	5.2	17.6
Education									
0-11 years	43.5	21.3	65.7	48.6	26.5	70.7	17.2	0.0	34.7
HS Grad/GED	13.9	6.6	21.2	17.2	9.1	25.3	9.2	2.9	15.5
1 or more years of college	10.8	6.1	15.4	22.9	16.9	28.8	9.9	5.5	14.4
Employment									
Employed for wages	15.3	9.1	21.6	27.2	19.8	34.7	9.2	3.7	14.7
Household Income									
\$24,999 or less	29.9	17.6	42.2	33.5	20.5	46.5	14.9	6.6	23.2
\$25,000 – 49,999	21.8	11.1	32.6	26.0	14.8	37.2	21.5	10.7	32.3
\$50,000 or more	1.9	0.0	4.0	19.0	11.7	26.3	1.7	0.0	3.7

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	74.9	69.2	80.6	46.4	40.9	51.9	74.3	68.3	80.3
Sex									
Men	77.1	70.6	83.7	46.0	38.1	54.0	77.8	70.9	84.7
Women	73.2	64.6	81.8	46.7	39.1	54.3	71.7	62.8	80.6
Race/ethnicity									
NH White	80.2	73.8	86.7	46.3	40.1	52.4	80.3	73.6	87.1
NH Black	57.0	37.6	76.3	35.6	17.4	53.8	47.5	27.4	67.6
Hispanic	59.4	41.4	77.4	48.9	30.3	67.4	63.0	44.0	82.1
Race/ethnicity-Sex									
NH White men	80.4	73.6	87.3	46.5	37.8	55.2	80.5	73.3	87.8
NH White women	80.0	69.5	90.6	46.0	37.2	54.8	80.1	69.1	91.2
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	73.9	65.5	82.2	71.8	64.0	79.7	70.6	62.0	79.2
45-64	70.6	55.9	85.3	36.1	25.5	46.7	67.7	52.9	82.6
65 and older	79.4	72.9	85.9	21.6	15.0	28.3	86.1	80.0	92.3
Marital Status									
Never married	69.5	52.5	86.5	63.3	48.3	78.3	65.7	48.5	82.9
Married/ living together as a couple	82.1	76.7	87.5	47.0	40.3	53.8	80.3	74.5	86.2
Divorced/ widowed/separated	61.5	48.3	74.8	36.1	25.9	46.2	65.1	50.2	79.9
Education									
0-11 years	44.1	22.7	65.6	30.6	9.4	51.7	.	.	.
HS Grad/GED	71.8	57.1	86.4	31.7	21.0	42.3	69.2	54.0	84.5
1 or more years of college	79.1	73.5	84.7	53.9	47.7	60.1	78.5	72.7	84.4
Employment									
Employed for wages	71.8	62.7	81.0	56.4	47.9	64.9	70.1	60.8	79.5
Household Income									
\$24,999 or less	51.2	35.7	66.8	29.2	16.8	41.6	49.4	32.9	65.9
\$25,000 – 49,999	74.5	63.8	85.2	52.3	41.2	63.3	73.4	62.2	84.6
\$50,000 or more	84.8	78.5	91.2	53.6	45.3	61.9	83.6	76.8	90.5
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	26.8	22.4	31.1	80.6	73.1	88.0	21.3	17.1	25.6
Sex									
Men	27.0	20.6	33.5	83.6	74.0	93.1	18.9	12.9	24.9
Women	26.6	20.7	32.5	78.2	67.2	89.2	23.1	17.2	29.1
Race/ethnicity									
NH White	28.1	23.2	33.0	86.4	80.1	92.7	20.1	15.6	24.5
NH Black	24.9	9.7	40.0	.	.	.	33.2	14.3	52.1
Hispanic	21.1	5.2	36.9	.	.	.	24.8	9.1	40.5
Race/ethnicity-Sex									
NH White men	28.4	21.2	35.5	82.9	72.2	93.5	19.5	12.8	26.2
NH White women	27.8	21.0	34.6	89.6	82.4	96.9	20.6	14.5	26.6
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	8.6	4.2	13.1	.	.	.	16.8	10.2	23.4
45-64	29.9	20.3	39.5	78.7	65.9	91.5	29.4	19.4	39.4
65 and older	48.0	40.0	56.0	92.0	84.4	99.6	20.2	13.6	26.8
Marital Status									
Never married	12.6	5.2	20.1	.	.	.	20.5	7.5	33.5
Married/ living together as a couple	27.0	21.3	32.7	81.5	71.7	91.3	21.6	16.0	27.2
Divorced/ widowed/separated	33.2	23.7	42.8	80.4	67.4	93.4	21.2	13.5	28.9
Education									
0-11 years	35.8	14.7	56.9	.	.	.	18.3	0.9	35.7
HS Grad/GED	29.6	20.1	39.2	84.0	72.3	95.7	24.2	14.9	33.5
1 or more years of college	24.8	19.8	29.7	81.9	72.8	91.0	20.4	15.5	25.4
Employment									
Employed for wages	18.8	13.4	24.2	71.1	57.1	85.1	23.0	16.5	29.4
Household Income									
\$24,999 or less	31.5	19.5	43.6	75.3	57.9	92.7	18.0	9.0	27.0
\$25,000 – 49,999	22.4	14.6	30.2	87.3	74.2	100.0	25.8	15.9	35.8
\$50,000 or more	24.8	17.8	31.7	75.4	60.6	90.3	22.1	15.3	28.9

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	89.0	85.5	92.6	93.2	90.4	96.0	39.7	33.8	45.6
Sex									
Men	87.7	81.6	93.7	90.9	85.8	96.0	40.2	32.1	48.3
Women	90.1	85.8	94.3	94.9	92.0	97.9	39.4	30.9	47.8
Race/ethnicity									
NH White	90.9	87.4	94.5	92.2	88.8	95.6	42.6	35.9	49.3
NH Black	90.1	79.3	100.0	98.3	94.8	100.0	24.2	7.8	40.6
Hispanic	75.9	58.9	92.9
Race/ethnicity-Sex									
NH White men	92.2	86.9	97.6	90.2	84.4	96.1	41.0	32.3	49.8
NH White women	89.8	84.9	94.7	94.0	90.2	97.8	44.0	34.0	54.0
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	80.5	72.9	88.0	87.7	81.2	94.2	25.1	16.5	33.7
45-64	92.8	87.3	98.2	93.3	88.7	97.9	47.8	34.5	61.2
65 and older	95.9	92.8	99.0	98.5	96.5	100.0	48.7	40.4	56.9
Marital Status									
Never married	79.4	65.2	93.6	90.5	80.7	100.0	19.7	7.7	31.6
Married/ living together as a couple	90.0	85.6	94.4	92.3	88.5	96.2	39.9	33.0	46.8
Divorced/ widowed/separated	92.2	86.6	97.8	96.0	92.4	99.7	47.5	34.8	60.2
Education									
0-11 years	84.1	67.1	100.0
HS Grad/GED	83.6	75.1	92.2	94.8	89.9	99.6	51.6	37.7	65.4
1 or more years of college	91.7	87.9	95.5	92.5	89.0	96.1	34.1	28.1	40.1
Employment									
Employed for wages	87.0	81.7	92.3	94.1	90.5	97.8	36.0	26.5	45.6
Household Income									
\$24,999 or less	81.6	71.7	91.4	94.6	89.8	99.3	53.2	35.8	70.6
\$25,000 – 49,999	83.9	74.3	93.4	95.1	90.5	99.7	29.2	19.3	39.1
\$50,000 or more	93.5	89.0	97.9	91.3	85.8	96.7	37.8	29.5	46.2

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	13.3	8.2	18.3	55.6	31.0	80.2	8.3	5.6	10.9
Sex									
Men	10.1	5.2	15.0	.	.	.	10.5	6.3	14.6
Women	15.7	7.7	23.7	49.8	18.9	80.7	6.5	3.0	10.1
Race/ethnicity									
NH White	15.4	9.0	21.8	56.9	28.4	85.3	7.0	4.6	9.4
NH Black	3.1	0.0	9.2	.	.	.	16.7	0.5	32.9
Hispanic	14.3	2.5	26.1	.	.	.	12.0	1.0	23.1
Race/ethnicity-Sex									
NH White men	12.5	6.5	18.4	.	.	.	9.6	5.3	13.9
NH White women	18.1	7.4	28.8	50.3	12.2	88.5	4.6	2.2	6.9
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	14.0	8.0	20.1	.	.	.	0.8	0.0	2.3
45-64	15.2	0.0	30.6	.	.	.	13.0	5.6	20.4
65 and older	11.3	6.5	16.1	.	.	.	14.3	8.9	19.6
Marital Status									
Never married	19.1	6.1	32.1	.	.	.	1.5	0.0	3.6
Married/ living together as a couple	9.8	5.9	13.7	.	.	.	9.2	5.2	13.2
Divorced/ widowed/separated	18.7	3.8	33.5	.	.	.	9.5	5.2	13.8
Education									
0-11 years	5.5	0.0	14.1	.	.	.	16.0	2.1	29.9
HS Grad/GED	22.7	7.5	37.9	.	.	.	8.6	3.4	13.7
1 or more years of college	10.3	6.7	13.8	.	.	.	7.4	4.1	10.6
Employment									
Employed for wages	12.6	4.1	21.2	.	.	.	4.3	0.9	7.6
Household Income									
\$24,999 or less	17.0	0.0	36.1	.	.	.	11.4	4.8	18.0
\$25,000 – 49,999	14.8	7.2	22.3	.	.	.	8.2	1.6	14.9
\$50,000 or more	9.9	4.7	15.1	.	.	.	3.4	0.7	6.1

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	19.0	15.1	23.0	25.1	20.6	29.6	29.7	24.2	35.3
Sex									
Men	22.0	15.6	28.4	27.8	20.9	34.7	30.3	23.1	37.4
Women	16.8	11.9	21.7	23.0	17.0	28.9	29.3	21.1	37.5
Race/ethnicity									
NH White	19.2	14.8	23.6	22.9	18.1	27.6	28.9	22.3	35.4
NH Black	18.8	4.8	32.8	31.0	12.8	49.1	38.5	19.9	57.1
Hispanic	25.6	9.6	41.5	38.2	20.2	56.1	34.4	16.8	51.9
Race/ethnicity-Sex									
NH White men	22.6	15.4	29.8	25.7	18.3	33.1	28.3	20.6	36.0
NH White women	16.1	10.9	21.3	20.3	14.2	26.5	29.4	19.1	39.7
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	14.6	8.4	20.8	20.2	13.2	27.3	22.4	15.0	29.7
45-64	22.5	14.0	31.0	28.4	18.5	38.3	42.3	29.1	55.6
65 and older	22.4	15.7	29.1	28.0	20.6	35.3	28.3	21.0	35.6
Marital Status									
Never married	14.4	4.1	24.6	17.2	4.9	29.4	20.8	7.4	34.2
Married/ living together as a couple	21.1	15.7	26.5	27.3	21.3	33.3	30.6	24.4	36.9
Divorced/ widowed/separated	17.2	10.5	23.9	22.8	14.9	30.8	32.2	18.6	45.9
Education									
0-11 years	19.8	2.0	37.6	29.7	9.6	49.8	33.2	12.6	53.8
HS Grad/GED	23.9	15.0	32.9	29.5	19.5	39.5	36.9	22.8	50.9
1 or more years of college	17.0	12.5	21.4	22.8	17.6	28.0	26.5	21.0	32.0
Employment									
Employed for wages	16.4	11.0	21.8	22.2	15.9	28.5	30.0	21.2	38.8
Household Income									
\$24,999 or less	17.3	8.7	25.8	25.2	14.6	35.7	33.3	15.9	50.8
\$25,000 – 49,999	20.6	12.2	29.0	26.6	16.6	36.6	30.5	20.3	40.8
\$50,000 or more	18.8	12.3	25.4	24.4	17.2	31.6	27.8	20.5	35.2
Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	28.0	23.6	32.4	0.6	0.0	1.3	26.7	22.1	31.2
Sex									
Men	31.6	24.7	38.6	1.0	0.0	2.5	28.7	21.7	35.8
Women	25.2	19.6	30.7	0.4	0.0	0.9	25.2	19.3	31.0
Race/ethnicity									
NH White	32.4	27.1	37.6	0.4	0.0	0.9	32.2	26.7	37.6
NH Black	17.0	3.8	30.3	.	.	.	14.9	0.0	31.2
Hispanic	11.3	0.9	21.7	3.0	0.0	9.1	7.8	0.0	17.1
Race/ethnicity-Sex									
NH White men	34.9	27.0	42.8	0.3	0.0	1.0	34.3	26.1	42.4
NH White women	30.1	23.1	37.1	0.5	0.0	1.2	30.4	23.1	37.6
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	9.0	4.0	14.0	0.8	0.0	2.3	5.1	0.8	9.4
45-64	19.4	12.2	26.7	0.3	0.0	1.0	14.4	6.5	22.2
65 and older	59.3	51.4	67.3	0.7	0.0	1.8	63.5	55.5	71.6
Marital Status									
Never married	19.2	8.0	30.3	1.0	0.0	3.0	13.7	3.1	24.3
Married/ living together as a couple	27.5	21.8	33.2	0.7	0.0	1.7	28.4	22.3	34.4
Divorced/ widowed/separated	33.4	24.1	42.8	0.4	0.0	1.2	29.1	20.4	37.9
Education									
0-11 years	24.0	7.9	40.2	.	.	.	22.5	7.1	37.8
HS Grad/GED	29.5	20.0	39.0	.	.	.	31.4	21.2	41.7
1 or more years of college	27.8	22.5	33.0	.	.	.	25.1	19.8	30.5
Employment									
Employed for wages	13.0	8.5	17.6	.	.	.	10.7	6.0	15.5
Household Income									
\$24,999 or less	18.3	10.2	26.5	.	.	.	18.2	9.9	26.6
\$25,000 – 49,999	24.6	16.2	33.0	.	.	.	28.7	18.8	38.5
\$50,000 or more	25.4	18.4	32.4	.	.	.	19.5	12.8	26.2

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	83.2	77.1	89.2	92.2	86.7	97.7	83.5	76.9	90.1
Sex									
Men
Women	83.2	77.1	89.2	92.2	86.7	97.7	83.5	76.9	90.1
Race/ethnicity									
NH White	85.0	79.1	91.0	97.1	94.3	99.9	90.2	85.4	95.0
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	85.0	79.1	91.0	97.1	94.3	99.9	90.2	85.4	95.0
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44	.	.	.	88.1	77.9	98.3	85.5	74.9	96.1
45-64	81.8	70.7	93.0	98.3	94.7	100.0	80.7	66.3	95.1
65 and older	86.5	79.4	93.5	93.2	85.9	100.0	81.1	69.6	92.5
Marital Status									
Never married
Married/ living together as a couple	89.0	82.4	95.7	96.1	91.5	100.0	90.7	84.6	96.7
Divorced/ widowed/separated	79.2	68.3	90.2	94.0	88.0	100.0	80.6	68.4	92.7
Education									
0-11 years
HS Grad/GED	86.6	76.6	96.5	94.6	86.0	100.0	87.7	76.3	99.1
1 or more years of college	82.4	74.9	89.9	92.6	85.5	99.7	83.8	75.8	91.9
Employment									
Employed for wages	87.1	78.3	95.8	91.8	83.4	100.0	87.2	78.1	96.3
Household Income									
\$24,999 or less	79.4	62.9	95.8	84.6	68.5	100.0	66.9	44.4	89.3
\$25,000 – 49,999	77.8	65.0	90.7	91.9	78.7	100.0	80.4	66.0	94.7
\$50,000 or more	80.5	68.6	92.4	96.5	91.3	100.0	95.6	90.2	100.0

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	49.9	42.0	57.9	40.0	32.7	47.4	55.3	47.1	63.5
Sex									
Men	48.5	38.4	58.5	40.6	30.7	50.5	62.7	52.8	72.5
Women	51.0	39.2	62.9	39.6	29.0	50.2	49.6	37.7	61.5
Race/ethnicity									
NH White	52.4	43.7	61.1	40.8	32.9	48.6	59.5	50.3	68.6
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	52.0	41.4	62.7	43.0	32.4	53.5	69.6	59.7	79.5
NH White women	52.7	39.5	66.0	39.0	27.8	50.2	51.4	38.2	64.6
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	35.3	21.8	48.7	25.0	13.3	36.8	35.7	21.6	49.8
65 and older	59.0	51.0	67.0	49.4	41.2	57.5	67.3	59.7	75.0
Marital Status									
Never married
Married/ living together as a couple	52.2	43.0	61.3	43.5	34.4	52.7	63.8	55.0	72.5
Divorced/ widowed/separated	46.9	32.1	61.7	35.0	22.7	47.4	43.7	29.3	58.1
Education									
0-11 years
HS Grad/GED	51.3	33.3	69.3	41.0	25.2	56.7	42.9	26.6	59.2
1 or more years of college	52.2	43.8	60.7	42.9	34.4	51.4	65.4	57.4	73.3
Employment									
Employed for wages	33.4	18.3	48.4	26.4	12.6	40.2	40.4	23.4	57.5
Household Income									
\$24,999 or less	40.1	20.2	59.9	27.4	11.9	42.9	33.6	15.9	51.3
\$25,000 – 49,999	50.8	36.2	65.5	42.6	27.7	57.5	56.6	42.3	70.9
\$50,000 or more	48.3	36.3	60.3	43.0	31.0	55.0	63.6	52.1	75.1

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		46.0	38.8	53.1	66.3	56.1	76.6	15.2	10.2	20.2
Sex	Men	37.8	27.8	47.9	58.7	40.3	77.1	14.1	6.8	21.5
	Women	51.9	41.6	62.3	71.7	59.9	83.5	16.0	9.0	23.0
Race/ethnicity	NH White	44.9	36.4	53.4	59.9	46.8	73.0	8.4	4.0	12.8
	NH Black	63.1	43.5	82.7	.	.	.	32.6	13.0	52.2
	Hispanic
Race/ethnicity-Sex	NH White men	37.7	26.3	49.0	54.7	33.1	76.3	8.1	1.8	14.5
	NH White women	51.4	38.2	64.6	64.5	48.2	80.7	8.7	2.6	14.8
	NH Black men
	NH Black women
	Hispanic men
	Hispanic women
Age	18-44	60.0	50.8	69.2	66.6	54.7	78.6	22.5	14.6	30.5
	45-64	27.6	17.9	37.3	.	.	.	4.9	1.4	8.5
	65 and older
Marital Status	Never married	47.9	30.2	65.7	.	.	.	40.0	22.4	57.5
	Married/ living together as a couple	49.7	40.9	58.5	64.2	50.0	78.4	9.5	4.0	15.1
	Divorced/ widowed/A80separated	36.0	21.1	50.9	.	.	.	10.1	3.0	17.2
Education	0-11 years
	HS Grad/GED	46.7	28.0	65.3	.	.	.	22.1	8.5	35.7
	1 or more years of college	45.4	37.6	53.1	59.9	47.1	72.7	11.2	6.1	16.3
Employment	Employed for wages	41.7	33.1	50.2	63.5	50.6	76.4	13.1	7.3	18.9
Household Income	\$24,999 or less	33.6	16.0	51.3	.	.	.	25.9	10.1	41.6
	\$25,000 – 49,999	53.1	39.6	66.7	71.1	54.1	88.1	22.0	10.3	33.6
	\$50,000 or more	48.7	38.7	58.7	55.2	38.3	72.2	4.3	0.4	8.2

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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