

Prevalence of Major Behavioral Risk Factors in St. Lucie County

A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In St. Lucie County, 507 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the St. Lucie County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
All	192,695	15,982,378	20.7	16.7	24.6	58.7	51.1	66.3
Sex								
Men	48.8%	48.8%	22.9	16.3	29.5	53.0	40.2	65.7
Women	51.2%	51.2%	18.8	14.1	23.5	63.8	55.3	72.3
Race/ethnicity								
NH White	74.1%	65.4%	21.4	16.9	25.8	56.9	48.1	65.8
NH Black	15.1%	14.2%	16.8	7.3	26.2	66.3	48.7	84.0
Hispanic	8.2%	16.8%	22.3	3.3	41.2	.	.	.
Race/ethnicity-Sex								
NH White men	35.9%	31.9%	23.3	16.1	30.5	51.8	36.9	66.6
NH White women	38.2%	33.6%	19.5	14.2	24.9	61.8	51.9	71.7
NH Black men	7.2%	6.8%
NH Black women	7.9%	7.4%	17.4	6.1	28.8	.	.	.
Hispanic men	4.5%	8.4%
Hispanic women	3.7%	8.4%
Age								
18-44	31.7%	36.9%	13.0	7.6	18.4	52.6	41.7	63.6
45-64	23.0%	22.7%	23.4	16.0	30.8	62.3	51.5	73.1
65 and older	22.7%	17.6%	29.9	22.0	37.8	.	.	.
Marital Status								
Never married	18.9%	22.5%	14.4	4.7	24.1	36.3	18.7	53.9
Married/ living together as a couple	58.1%	53.7%	19.3	14.3	24.3	62.8	53.3	72.3
Divorced/ widowed/separated	23.0%	23.8%	28.8	20.7	36.9	72.6	59.7	85.5
Education								
0-11 years	22.3%	20.1%	38.4	24.5	52.3	.	.	.
HS Grad/GED	32.7%	28.7%	22.1	14.8	29.4	46.0	32.3	59.8
1 or more years of college	45.0%	51.1%	15.4	10.8	20.0	68.7	60.1	77.3
Employment								
Employed for wages	50.5%	54.9%	14.0	8.7	19.3	58.7	51.1	66.3
Household Income								
\$24,999 or less	31.6%	30.8%	32.4	23.1	41.7	64.8	48.2	81.5
\$25,000 – 49,999	35.4%	31.6%	19.1	11.5	26.7	60.7	48.7	72.6
\$50,000 or more	33.0%	37.6%	8.6	2.1	15.0	63.2	51.0	75.4

*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity ⁽¹⁾			No regular vigorous physical activity ⁽²⁾		
	%	CI		%	CI		%	CI	
All	29.9	24.6	35.1	55.4	50.0	60.8	78.6	74.3	82.9
Sex									
Men	25.4	18.3	32.5	53.9	45.7	62.1	71.4	63.9	78.9
Women	33.5	26.1	40.9	56.6	49.4	63.9	84.5	80.1	88.9
Race/ethnicity									
NH White	27.3	22.4	32.3	57.0	51.5	62.6	78.2	73.4	83.0
NH Black	42.9	28.0	57.7	55.4	40.6	70.2	78.1	65.9	90.2
Hispanic	38.4	4.7	72.0	42.0	15.3	68.6	85.6	70.9	100.0
Race/ethnicity-Sex									
NH White men	26.4	18.4	34.5	51.4	42.3	60.5	70.1	61.6	78.5
NH White women	28.1	22.1	34.2	62.3	55.8	68.9	85.8	81.2	90.4
NH Black men
NH Black women	44.3	26.7	61.9	49.7	32.0	67.3	75.5	60.4	90.7
Hispanic men
Hispanic women
Age									
18-44	30.9	20.8	41.1	48.1	38.5	57.6	69.5	61.1	77.8
45-64	27.1	19.5	34.6	58.7	50.3	67.1	82.9	76.8	88.9
65 and older	30.5	22.6	38.4	62.9	54.4	71.5	87.8	81.7	93.8
Marital Status									
Never married	29.7	15.8	43.6	62.0	47.5	76.5	76.0	63.6	88.4
Married/ living together as a couple	26.0	18.9	33.1	52.9	45.9	60.0	78.8	73.3	84.3
Divorced/ widowed/separated	41.3	32.4	50.2	58.3	49.5	67.1	79.7	71.9	87.5
Education									
0-11 years	48.1	33.7	62.4	70.7	57.6	83.9	89.6	80.2	99.0
HS Grad/GED	34.8	24.1	45.5	54.8	44.3	65.3	81.1	73.8	88.5
1 or more years of college	21.9	16.4	27.3	52.2	45.5	58.9	74.2	68.2	80.2
Employment									
Employed for wages	22.6	16.1	29.1	51.7	44.3	59.2	72.4	65.8	79.1
Household Income									
\$24,999 or less	43.1	31.5	54.7	58.4	46.6	70.2	86.1	79.6	92.7
\$25,000 – 49,999	30.1	21.0	39.2	65.4	56.5	74.3	83.4	76.3	90.4
\$50,000 or more	15.3	8.1	22.6	38.1	28.2	48.1	58.6	48.3	68.8
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight ⁽³⁾			Obese ⁽⁴⁾			Less than 5-A-Day ⁽⁵⁾		
	%	CI		%	CI		%	CI	
All	34.7	29.4	40.0	21.9	17.8	26.0	73.8	69.4	78.1
Sex									
Men	37.7	30.0	45.5	22.8	15.9	29.7	76.8	70.0	83.6
Women	32.2	24.8	39.6	21.2	16.3	26.1	71.3	65.6	77.0
Race/ethnicity									
NH White	35.0	29.8	40.3	19.4	14.9	23.9	72.3	67.4	77.2
NH Black	28.4	14.5	42.3	43.1	28.9	57.4	83.2	73.7	92.8
Hispanic	38.4	4.8	71.9	21.0	3.6	38.3	79.0	61.4	96.6
Race/ethnicity-Sex									
NH White men	39.4	30.7	48.1	20.0	12.4	27.5	75.3	67.5	83.0
NH White women	30.9	24.6	37.2	18.9	13.8	24.0	69.6	63.4	75.8
NH Black men
NH Black women	25.5	9.4	41.6	39.6	23.0	56.1	81.9	70.0	93.8
Hispanic men
Hispanic women
Age									
18-44	31.4	21.5	41.3	18.8	12.0	25.6	81.2	74.7	87.8
45-64	37.1	28.8	45.5	29.0	21.2	36.7	72.7	65.2	80.1
65 and older	38.7	30.2	47.2	18.7	12.1	25.2	65.3	57.0	73.6
Marital Status									
Never married	18.9	8.4	29.4	22.2	10.3	34.0	86.1	76.9	95.3
Married/ living together as a couple	37.3	30.1	44.4	21.4	16.1	26.7	71.8	66.0	77.6
Divorced/ widowed/separated	37.2	28.6	45.8	23.4	15.8	31.0	71.1	62.7	79.5
Education									
0-11 years	14.3	4.4	24.3	30.9	18.4	43.5	77.9	65.5	90.3
HS Grad/GED	40.5	30.1	50.9	24.2	16.4	32.0	82.4	76.1	88.6
1 or more years of college	35.3	28.9	41.7	18.0	12.9	23.0	66.5	60.3	72.8
Employment									
Employed for wages	30.7	24.0	37.5	25.0	18.6	31.4	75.3	69.2	81.4
Household Income									
\$24,999 or less	32.7	20.6	44.8	22.0	14.3	29.6	80.4	73.0	87.7
\$25,000 – 49,999	34.1	25.0	43.1	25.1	16.6	33.6	65.4	56.3	74.5
\$50,000 or more	42.4	32.1	52.7	16.8	9.5	24.2	75.3	66.8	83.8

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker ⁽⁶⁾			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking ⁽⁷⁾		
	%	CI		%	CI		%	CI	
All	28.1	23.4	32.8	48.6	38.8	58.4	13.9	10.4	17.5
Sex									
Men	31.5	23.7	39.4	45.2	29.5	60.9	18.0	11.7	24.2
Women	25.3	19.8	30.8	52.1	39.9	64.3	10.6	6.8	14.4
Race/ethnicity									
NH White	31.0	25.7	36.3	47.8	37.1	58.4	14.8	10.8	18.8
NH Black	16.6	5.4	27.7	.	.	.	12.8	2.3	23.4
Hispanic	17.0	0.8	33.3	.	.	.	6.6	0.0	17.7
Race/ethnicity-Sex									
NH White men	32.7	23.9	41.5	43.7	26.5	60.9	18.6	11.7	25.5
NH White women	29.4	23.2	35.7	51.9	39.0	64.9	11.2	6.9	15.5
NH Black men
NH Black women	19.0	5.0	33.1	.	.	.	14.4	1.2	27.6
Hispanic men
Hispanic women
Age									
18-44	38.1	29.2	47.0	48.7	34.8	62.6	17.9	11.2	24.6
45-64	32.4	24.2	40.7	45.5	29.3	61.7	16.0	9.7	22.3
65 and older	9.0	3.9	14.0	.	.	.	6.4	2.6	10.2
Marital Status									
Never married	36.6	22.0	51.2	.	.	.	31.4	17.1	45.6
Married/ living together as a couple	24.9	19.1	30.8	47.1	33.4	60.8	11.1	7.1	15.0
Divorced/ widowed/separated	31.9	23.5	40.4	45.1	28.3	61.9	10.7	5.6	15.9
Education									
0-11 years	45.9	31.1	60.6	.	.	.	18.5	5.6	31.3
HS Grad/GED	24.5	16.4	32.6	47.9	29.1	66.6	14.5	8.4	20.6
1 or more years of college	26.6	20.6	32.5	45.6	32.2	58.9	12.5	8.1	17.0
Employment									
Employed for wages	31.7	24.6	38.7	49.7	35.7	63.7	17.8	12.0	23.6
Household Income									
\$24,999 or less	30.2	20.9	39.5	52.9	35.6	70.2	17.2	9.6	24.8
\$25,000 – 49,999	33.1	23.8	42.4	47.8	29.7	65.9	13.0	6.6	19.4
\$50,000 or more	24.7	15.5	34.0	.	.	.	20.1	11.7	28.5
Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
All	23.0	17.7	28.3	24.6	19.3	30.0	7.2	4.8	9.5
Sex									
Men	22.0	14.8	29.3	25.7	18.3	33.1	5.8	2.3	9.3
Women	23.9	16.3	31.5	23.8	16.2	31.4	8.3	5.2	11.4
Race/ethnicity									
NH White	18.0	13.3	22.7	23.2	18.3	28.1	7.3	4.7	9.9
NH Black	26.9	13.7	40.1	10.9	1.6	20.2	7.1	0.0	14.3
Hispanic	63.3	39.3	87.3	.	.	.	5.2	0.0	14.0
Race/ethnicity-Sex									
NH White men	17.4	9.8	24.9	24.3	16.2	32.3	4.8	1.2	8.4
NH White women	18.6	12.9	24.3	22.2	16.3	28.1	9.6	5.9	13.4
NH Black men
NH Black women	25.5	10.3	40.7	9.7	0.0	20.6	6.7	0.0	14.7
Hispanic men
Hispanic women
Age									
18-44	39.7	29.7	49.7	42.5	32.6	52.5	8.1	4.2	12.1
45-64	17.0	10.6	23.4	16.0	9.8	22.2	9.7	5.1	14.4
65 and older	3.4	0.0	7.1	6.1	2.1	10.1	1.6	0.0	3.6
Marital Status									
Never married	44.5	28.9	60.1	37.4	22.5	52.2	4.5	0.3	8.7
Married/ living together as a couple	19.5	12.6	26.4	23.9	16.7	31.1	7.5	4.4	10.6
Divorced/ widowed/separated	19.2	11.4	26.9	18.3	10.9	25.8	8.0	3.0	12.9
Education									
0-11 years	45.4	30.9	60.0	32.9	18.2	47.6	17.0	5.8	28.1
HS Grad/GED	23.4	12.2	34.6	25.6	14.6	36.6	5.2	1.7	8.7
1 or more years of college	17.6	12.2	22.9	22.2	16.4	28.0	6.2	3.6	8.9
Employment									
Employed for wages	25.9	19.0	32.9	29.5	22.5	36.6	7.4	4.0	10.8
Household Income									
\$24,999 or less	32.4	19.9	44.9	33.2	20.6	45.7	13.2	7.3	19.1
\$25,000 – 49,999	20.3	12.3	28.2	25.5	17.0	34.0	4.6	0.8	8.5
\$50,000 or more	7.2	1.9	12.6	12.8	5.9	19.6	5.6	1.6	9.6

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
All	66.9	61.5	72.2	40.5	35.1	46.0	65.3	59.6	70.9
Sex									
Men	66.7	58.9	74.4	38.7	30.5	46.8	62.8	54.4	71.1
Women	67.1	59.7	74.5	42.1	34.7	49.4	67.3	59.4	75.2
Race/ethnicity									
NH White	70.6	65.5	75.8	40.9	35.3	46.6	69.1	63.6	74.7
NH Black	53.8	39.1	68.5	33.2	18.6	47.7	54.5	38.8	70.2
Hispanic	48.5	19.5	77.5	50.2	20.7	79.7	.	.	.
Race/ethnicity-Sex									
NH White men	66.3	57.6	75.0	40.7	31.6	49.8	63.4	54.1	72.8
NH White women	74.7	68.9	80.5	41.2	34.4	48.0	74.5	68.5	80.6
NH Black men
NH Black women	54.4	36.9	71.8	34.5	17.1	51.9	57.9	39.3	76.5
Hispanic men
Hispanic women
Age									
18-44	60.6	50.7	70.6	63.0	54.3	71.7	59.3	49.4	69.3
45-64	71.6	63.7	79.5	30.1	22.4	37.9	66.6	57.9	75.2
65 and older	71.5	63.6	79.3	17.0	10.4	23.6	75.9	67.4	84.3
Marital Status									
Never married	62.3	47.8	76.7	61.6	47.3	75.9	57.2	41.9	72.5
Married/ living together as a couple	68.9	61.7	76.0	40.2	33.0	47.3	66.2	58.7	73.8
Divorced/ widowed/separated	63.9	54.9	72.8	27.0	18.8	35.3	68.3	58.9	77.7
Education									
0-11 years	34.6	21.5	47.7	29.0	14.6	43.5	31.7	16.3	47.1
HS Grad/GED	65.1	54.3	75.8	35.6	24.5	46.6	63.9	52.5	75.2
1 or more years of college	75.9	70.2	81.6	46.8	40.1	53.5	72.5	66.3	78.7
Employment									
Employed for wages	71.6	64.7	78.4	50.9	43.5	58.4	66.9	59.6	74.1
Household Income									
\$24,999 or less	49.6	38.5	60.6	35.5	23.0	47.9	46.8	35.0	58.6
\$25,000 – 49,999	64.9	55.6	74.2	36.3	27.1	45.5	64.7	54.9	74.4
\$50,000 or more	87.2	80.2	94.2	50.9	40.6	61.3	79.5	70.9	88.1
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
All	32.7	27.6	37.9	76.7	65.1	88.4	22.4	17.3	27.5
Sex									
Men	31.2	24.0	38.3	84.1	74.2	94.0	19.7	13.4	26.0
Women	34.0	26.7	41.3	71.2	53.3	89.2	24.6	17.1	32.1
Race/ethnicity									
NH White	32.5	27.5	37.6	86.0	79.4	92.5	18.1	14.0	22.3
NH Black	35.0	21.3	48.8	.	.	.	36.0	21.5	50.5
Hispanic	27.9	0.0	65.0	.	.	.	43.6	11.8	75.4
Race/ethnicity-Sex									
NH White men	32.7	24.6	40.8	87.5	77.4	97.6	19.1	12.2	26.0
NH White women	32.4	26.1	38.6	84.5	75.7	93.3	17.2	12.3	22.2
NH Black men
NH Black women	34.2	17.8	50.6	.	.	.	40.3	22.7	57.8
Hispanic men
Hispanic women
Age									
18-44	13.8	4.1	23.4	.	.	.	19.2	9.2	29.1
45-64	37.8	29.6	46.1	81.3	69.9	92.6	24.8	17.3	32.3
65 and older	57.2	48.6	65.8	91.3	83.8	98.8	24.7	17.2	32.2
Marital Status									
Never married	18.7	8.6	28.7	.	.	.	19.0	7.2	30.8
Married/ living together as a couple	34.7	27.7	41.8	75.5	59.3	91.7	23.3	16.3	30.3
Divorced/ widowed/separated	36.4	28.2	44.6	86.6	77.3	96.0	21.6	14.5	28.8
Education									
0-11 years	36.6	23.4	49.8	.	.	.	21.6	10.5	32.6
HS Grad/GED	38.2	27.8	48.6	74.5	50.3	98.8	28.6	17.7	39.5
1 or more years of college	27.7	22.0	33.5	77.2	66.6	87.8	18.2	13.2	23.2
Employment									
Employed for wages	20.2	14.5	25.9	70.5	55.6	85.5	21.6	15.6	27.6
Household Income									
\$24,999 or less	36.6	24.8	48.5	61.6	34.7	88.5	23.6	10.8	36.4
\$25,000 – 49,999	29.8	21.4	38.2	84.1	70.9	97.4	21.5	13.8	29.1
\$50,000 or more	25.1	16.2	34.1	.	.	.	23.5	14.6	32.4

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
All	84.0	79.9	88.0	92.2	89.3	95.1	34.3	29.2	39.5
Sex									
Men	81.0	74.0	88.1	93.6	89.0	98.1	36.9	28.6	45.1
Women	86.4	82.0	90.8	91.2	87.4	95.0	32.4	25.9	38.9
Race/ethnicity									
NH White	85.2	80.6	89.7	91.1	87.7	94.5	38.7	33.1	44.4
NH Black	83.8	73.1	94.4	98.8	96.3	100.0	25.5	11.7	39.3
Hispanic	75.1	55.1	95.1
Race/ethnicity-Sex									
NH White men	82.2	74.4	90.0	93.5	88.6	98.4	38.8	29.6	48.0
NH White women	88.0	83.2	92.7	89.0	84.2	93.8	38.7	31.6	45.7
NH Black men
NH Black women	83.9	71.5	96.3	98.4	95.1	100.0	20.8	5.5	36.1
Hispanic men
Hispanic women
Age									
18-44	72.9	64.7	81.1	85.8	78.9	92.8	22.5	13.9	31.0
45-64	88.9	82.9	94.9	93.9	89.8	98.1	37.2	28.8	45.7
65 and older	95.4	91.6	99.2	97.7	95.0	100.0	44.9	36.1	53.8
Marital Status									
Never married	70.7	55.9	85.4	88.5	77.4	99.6	23.8	10.5	37.2
Married/ living together as a couple	85.5	80.7	90.4	92.5	89.0	96.0	34.0	27.3	40.8
Divorced/ widowed/separated	88.0	81.3	94.8	93.2	87.8	98.6	40.4	31.3	49.4
Education									
0-11 years	69.2	54.6	83.8	98.1	94.2	100.0	37.1	22.0	52.2
HS Grad/GED	84.2	77.2	91.3	92.9	87.9	97.8	35.6	25.8	45.5
1 or more years of college	87.4	82.6	92.2	90.7	86.5	94.9	33.0	26.5	39.4
Employment									
Employed for wages	81.0	74.3	87.6	88.3	83.4	93.1	30.2	23.1	37.3
Household Income									
\$24,999 or less	81.3	73.3	89.3	93.5	88.0	99.0	27.8	18.5	37.2
\$25,000 – 49,999	87.6	80.9	94.2	89.1	82.2	96.0	34.8	25.1	44.4
\$50,000 or more	91.7	85.7	97.7	92.1	86.6	97.6	33.9	23.8	44.1

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
All	11.2	8.2	14.2	72.8	59.3	86.3	9.0	6.3	11.8
Sex									
Men	9.4	4.8	14.1	.	.	.	10.6	5.9	15.4
Women	12.6	8.7	16.6	79.4	65.3	93.6	7.7	4.6	10.8
Race/ethnicity									
NH White	11.2	7.8	14.6	72.1	56.3	87.9	8.5	5.4	11.5
NH Black	12.7	3.6	21.8	.	.	.	14.7	4.8	24.7
Hispanic	6.6	0.0	15.8	.	.	.	2.6	0.0	6.7
Race/ethnicity-Sex									
NH White men	7.0	2.5	11.6	.	.	.	10.4	5.1	15.8
NH White women	15.0	10.1	20.0	80.2	64.4	96.0	6.6	3.4	9.8
NH Black men
NH Black women	6.7	0.6	12.9	.	.	.	13.4	2.0	24.9
Hispanic men
Hispanic women
Age									
18-44	8.9	4.4	13.5	.	.	.	1.1	0.0	2.6
45-64	16.3	10.2	22.4	65.2	44.0	86.4	12.9	7.0	18.7
65 and older	9.8	4.6	15.1	.	.	.	16.6	10.0	23.2
Marital Status									
Never married	14.2	4.5	23.9	.	.	.	2.4	0.0	5.9
Married/ living together as a couple	9.6	5.9	13.2	.	.	.	10.1	6.4	13.8
Divorced/ widowed/separated	14.2	8.3	20.1	.	.	.	9.9	4.0	15.7
Education									
0-11 years	15.2	5.5	24.8	.	.	.	17.8	7.8	27.8
HS Grad/GED	10.3	5.3	15.3	.	.	.	6.9	2.5	11.2
1 or more years of college	10.9	6.9	15.0	77.1	59.9	94.2	8.5	4.9	12.2
Employment									
Employed for wages	12.3	7.7	16.9	66.9	47.0	86.9	6.0	2.6	9.3
Household Income									
\$24,999 or less	12.2	6.4	17.9	.	.	.	10.5	5.2	15.9
\$25,000 – 49,999	12.8	6.6	19.1	.	.	.	8.9	3.5	14.2
\$50,000 or more	11.0	4.5	17.6	.	.	.	5.8	0.6	11.0

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
All	25.2	20.0	30.4	31.3	26.0	36.6	27.2	21.9	32.4
Sex									
Men	25.4	18.4	32.4	29.6	22.3	36.8	26.8	19.7	33.8
Women	25.0	17.4	32.6	32.8	25.2	40.4	27.5	19.9	35.1
Race/ethnicity									
NH White	21.9	17.4	26.5	26.2	21.3	31.0	20.9	16.4	25.3
NH Black	28.0	14.6	41.4	44.6	29.6	59.5	46.6	31.7	61.5
Hispanic	.	.	.	60.7	35.1	86.3	59.4	33.4	85.4
Race/ethnicity-Sex									
NH White men	25.4	17.7	33.2	28.5	20.5	36.5	24.7	17.1	32.3
NH White women	18.7	13.5	23.9	23.9	18.1	29.7	17.3	12.4	22.2
NH Black men
NH Black women	27.6	11.3	43.9	46.9	29.0	64.8	51.0	33.4	68.7
Hispanic men
Hispanic women
Age									
18-44	20.8	10.8	30.8	29.5	19.4	39.6	25.6	15.6	35.6
45-64	27.9	20.0	35.8	35.3	27.1	43.6	34.9	26.6	43.3
65 and older	29.8	21.6	38.1	29.5	21.3	37.6	21.6	14.3	28.8
Marital Status									
Never married	16.5	5.9	27.1	25.4	12.4	38.3	19.0	7.2	30.7
Married/ living together as a couple	27.3	20.1	34.5	34.1	27.0	41.3	29.5	22.3	36.6
Divorced/ widowed/separated	24.4	16.4	32.4	26.9	18.9	34.9	25.5	17.6	33.3
Education									
0-11 years	25.8	13.5	38.2	21.8	10.6	33.0	28.0	15.2	40.7
HS Grad/GED	34.1	23.2	44.9	38.3	27.7	49.0	33.7	22.9	44.5
1 or more years of college	18.9	13.7	24.1	28.6	22.5	34.7	22.4	16.8	27.9
Employment									
Employed for wages	23.1	16.9	29.3	28.6	21.9	35.3	27.9	21.4	34.5
Household Income									
\$24,999 or less	27.7	15.0	40.3	35.6	23.3	47.9	28.7	16.0	41.3
\$25,000 – 49,999	16.7	9.8	23.6	27.5	19.3	35.8	23.3	15.2	31.4
\$50,000 or more	26.1	16.8	35.4	28.4	18.8	38.0	29.7	20.2	39.2

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
All	28.7	24.3	33.2	1.1	0.2	2.0	25.5	21.1	29.8
Sex									
Men	30.9	23.7	38.1	2.1	0.1	4.0	24.5	17.7	31.3
Women	26.9	21.4	32.5	0.3	0.0	0.8	26.2	20.6	31.8
Race/ethnicity									
NH White	32.8	27.7	37.9	1.3	0.2	2.4	29.6	24.6	34.7
NH Black	11.7	3.7	19.7	1.0	0.0	3.1	11.4	2.7	20.1
Hispanic
Race/ethnicity-Sex									
NH White men	32.8	24.7	41.0	2.2	0.0	4.4	26.6	18.8	34.5
NH White women	32.8	26.4	39.2	0.5	0.0	1.1	32.3	25.9	38.7
NH Black men
NH Black women	9.4	0.6	18.2	.	.	.	9.7	0.6	18.7
Hispanic men
Hispanic women
Age									
18-44	9.8	4.9	14.6	0.3	0.0	0.8	8.5	3.5	13.5
45-64	28.5	20.7	36.3	0.3	0.0	0.8	18.8	12.2	25.4
65 and older	57.8	49.2	66.4	3.3	0.2	6.3	56.7	48.1	65.4
Marital Status									
Never married	18.2	7.2	29.2	0.8	0.0	2.4	17.3	5.3	29.2
Married/ living together as a couple	30.4	24.5	36.4	1.1	0.0	2.3	24.2	18.7	29.7
Divorced/ widowed/separated	30.6	22.8	38.3	1.5	0.0	3.3	34.9	26.5	43.4
Education									
0-11 years	25.4	13.4	37.4	.	.	.	28.5	14.6	42.4
HS Grad/GED	24.7	17.2	32.2	.	.	.	20.4	13.7	27.0
1 or more years of college	32.5	26.4	38.6	.	.	.	28.5	22.5	34.5
Employment									
Employed for wages	17.1	11.7	22.5	.	.	.	12.0	7.1	16.8
Household Income									
\$24,999 or less	23.9	16.0	31.9	1.8	0.0	3.9	28.0	18.9	37.0
\$25,000 – 49,999	30.0	21.5	38.5	.	.	.	20.7	13.4	28.0
\$50,000 or more	25.5	16.6	34.4	1.7	0.0	4.3	17.2	9.6	24.9

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	80.1	74.1	86.2	94.1	90.3	97.8	82.6	77.0	88.3
Sex									
Men
Women	80.1	74.1	86.2	94.1	90.3	97.8	82.6	77.0	88.3
Race/ethnicity									
NH White	80.6	74.7	86.5	96.3	93.4	99.2	83.3	77.6	89.1
NH Black	.	.	.	86.0	70.5	100.0	81.4	65.0	97.8
Hispanic
Race/ethnicity-Sex									
NH White men
NH White women	80.6	74.7	86.5	96.3	93.4	99.2	83.3	77.6	89.1
NH Black men
NH Black women	.	.	.	86.0	70.5	100.0	81.4	65.0	97.8
Hispanic men
Hispanic women
Age									
18-44	85.7	71.4	100.0	95.5	91.1	99.8	86.5	79.1	93.9
45-64	77.6	68.8	86.4	95.5	89.1	100.0	82.2	71.7	92.6
65 and older	80.2	70.7	89.7	88.6	77.1	100.0	72.6	58.7	86.5
Marital Status									
Never married
Married/ living together as a couple	81.6	73.8	89.5	94.2	89.5	99.0	85.9	79.0	92.8
Divorced/ widowed/separated	74.6	64.9	84.4	97.5	93.9	100.0	75.6	64.8	86.3
Education									
0-11 years	64.7	45.4	83.9
HS Grad/GED	85.8	76.5	95.1	90.4	81.3	99.4	83.8	73.3	94.3
1 or more years of college	79.2	70.9	87.6	97.0	94.2	99.8	82.3	75.0	89.5
Employment									
Employed for wages	80.9	71.8	90.0	95.7	91.8	99.6	83.5	75.9	91.2
Household Income									
\$24,999 or less	80.6	69.2	91.9	94.2	88.6	99.9	81.3	70.7	91.9
\$25,000 – 49,999	79.8	68.5	91.0	97.9	93.6	100.0	82.7	72.6	92.9
\$50,000 or more	80.0	65.8	94.1	100.0	100.0	100.0	89.9	80.0	99.7

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	46.5	40.0	53.0	30.9	24.9	36.9	53.1	46.7	59.6
Sex									
Men	40.3	29.9	50.7	23.7	14.9	32.5	55.5	45.0	66.0
Women	51.5	43.4	59.7	36.8	28.8	44.8	51.2	43.0	59.3
Race/ethnicity									
NH White	49.2	42.2	56.2	31.3	24.8	37.7	57.2	50.4	64.1
NH Black
Hispanic
Race/ethnicity-Sex									
NH White men	43.0	31.8	54.1	24.6	15.1	34.0	58.1	47.0	69.3
NH White women	54.6	46.0	63.2	37.1	28.5	45.8	56.4	47.9	65.0
NH Black men
NH Black women
Hispanic men
Hispanic women
Age									
18-44
45-64	34.9	25.7	44.0	26.5	17.9	35.1	42.5	32.9	52.0
65 and older	56.1	47.3	64.8	34.6	26.2	42.9	61.6	53.1	70.0
Marital Status									
Never married
Married/ living together as a couple	49.2	40.7	57.6	32.8	24.9	40.6	55.6	47.2	64.0
Divorced/ widowed/separated	44.2	33.6	54.8	28.4	18.8	38.0	49.9	39.5	60.3
Education									
0-11 years	20.4	4.6	36.1	16.5	2.1	30.8	38.6	19.0	58.1
HS Grad/GED	50.2	38.9	61.4	31.8	21.5	42.2	56.7	45.6	67.9
1 or more years of college	49.8	40.9	58.7	33.5	25.1	42.0	54.0	45.1	62.8
Employment									
Employed for wages	38.4	26.8	50.0	28.5	17.6	39.3	44.7	33.0	56.5
Household Income									
\$24,999 or less	39.5	27.7	51.2	27.0	16.6	37.3	43.7	31.8	55.6
\$25,000 – 49,999	47.1	34.5	59.7	31.8	20.0	43.6	51.6	38.9	64.2
\$50,000 or more	48.0	32.7	63.3	33.1	18.7	47.6	63.6	48.9	78.2

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
All		50.2	43.6	56.9	71.1	62.3	79.8	17.8	13.0	22.7
Sex	Men	48.4	38.1	58.7	70.3	54.9	85.7	16.1	8.5	23.8
	Women	51.7	42.8	60.6	71.6	60.9	82.2	19.2	12.9	25.5
Race/ethnicity	NH White	48.4	41.2	55.6	63.1	51.5	74.8	12.2	7.4	16.9
	NH Black	78.5	65.3	91.7	83.7	68.8	98.5	38.6	22.5	54.7
	Hispanic
Race/ethnicity-Sex	NH White men	49.0	37.1	61.0	62.4	43.5	81.3	11.9	4.2	19.5
	NH White women	47.8	39.3	56.3	63.8	48.9	78.8	12.4	6.6	18.3
	NH Black men
	NH Black women	81.5	66.5	96.5	.	.	.	43.5	23.8	63.2
	Hispanic men
	Hispanic women
Age	18-44	60.1	49.9	70.3	70.9	60.3	81.5	23.5	15.9	31.0
	45-64	35.3	27.1	43.6	71.5	55.9	87.1	9.3	4.4	14.3
	65 and older
Marital Status	Never married	59.0	42.6	75.5	.	.	.	46.1	30.1	62.1
	Married/ living together as a couple	45.1	36.5	53.6	61.9	48.8	75.0	10.7	5.9	15.4
	Divorced/ widowed/A80separated	59.5	47.9	71.1	70.5	53.7	87.4	12.8	5.6	19.9
Education	0-11 years	71.6	55.1	88.1	.	.	.	24.6	6.7	42.5
	HS Grad/GED	40.4	28.2	52.6	76.2	61.3	91.1	19.9	10.9	28.8
	1 or more years of college	52.7	44.8	60.6	63.5	51.2	75.9	15.1	9.2	21.0
Employment	Employed for wages	48.7	41.0	56.4	67.2	55.6	78.8	21.7	15.2	28.3
Household Income	\$24,999 or less	53.1	37.7	68.4	78.3	64.2	92.4	23.9	12.6	35.2
	\$25,000 – 49,999	50.5	39.1	61.8	74.0	57.5	90.5	23.4	13.4	33.3
	\$50,000 or more	45.0	33.8	56.3	57.8	39.0	76.6	5.5	0.6	10.3

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

For more information about your County BRFSS data, please contact:
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