

# Prevalence of Major Behavioral Risk Factors in Suwannee County

## A Report from the 2002 County Behavior Risk Factor Surveillance System (BRFSS) Survey

### Bureau of Epidemiology Florida Department of Health

The 2002 County BRFSS survey was conducted in September 2002 through January 2003. In Suwannee County, 541 adults were randomly selected and interviewed for the survey. The purpose of this survey was to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents the survey data on a variety of issues related to health status, health care access, life style, chronic illnesses, and disease prevention practice in the Suwannee County. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease. The data listed in this report include the prevalence for all adults and for subpopulations as well.

Because the BRFSS is a random survey and all estimates of prevalence are subject to random sample errors, we include 95% confidence intervals (CI) with each prevalence (%) in the tables. Prevalence is excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Population Size and Health Status								
	Population Size*		Health Status is Fair or Poor			Mostly sitting/standing at job		
	County	State						
			%	CI		%	CI	
<b>All</b>	34,844	15,982,378	26.9	22.4	31.4	53.5	45.9	61.1
<b>Sex</b>								
Men	48.8%	48.8%	25.9	18.6	33.3	40.3	29.3	51.2
Women	51.2%	51.2%	27.8	22.2	33.3	68.4	59.4	77.4
<b>Race/ethnicity</b>								
NH White	81.1%	65.4%	24.1	19.5	28.7	50.0	41.8	58.3
NH Black	12.0%	14.2%	35.4	19.6	51.2	.	.	.
Hispanic	4.9%	16.8%	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>								
NH White men	39.2%	31.9%	23.9	16.5	31.3	38.2	26.5	49.9
NH White women	41.9%	33.6%	24.3	18.6	30.0	64.8	54.3	75.3
NH Black men	5.5%	6.8%	.	.	.	.	.	.
NH Black women	6.5%	7.4%	30.8	12.9	48.6	.	.	.
Hispanic men	3.2%	8.4%	.	.	.	.	.	.
Hispanic women	1.7%	8.4%	.	.	.	.	.	.
<b>Age</b>								
18-44	33.6%	36.9%	17.6	10.1	25.2	46.7	36.5	56.9
45-64	25.4%	22.7%	32.0	24.5	39.6	63.1	51.7	74.6
65 and older	16.9%	17.6%	37.2	27.9	46.4	.	.	.
<b>Marital Status</b>								
Never married	17.2%	22.5%	8.9	1.1	16.6	.	.	.
Married/ living together as a couple	58.8%	53.7%	24.6	18.7	30.5	49.0	39.1	58.8
Divorced/ widowed/separated	24.1%	23.8%	39.1	30.9	47.2	55.7	42.4	69.0
<b>Education</b>								
0-11 years	26.8%	20.1%	44.2	31.8	56.6	36.2	17.4	55.1
HS Grad/GED	38.8%	28.7%	22.9	16.8	28.9	52.0	39.8	64.2
1 or more years of college	34.4%	51.1%	21.1	14.4	27.7	61.8	50.9	72.8
<b>Employment</b>								
Employed for wages	50.4%	54.9%	11.8	6.2	17.3	53.5	45.9	61.1
<b>Household Income</b>								
\$24,999 or less	41.4%	30.8%	42.4	34.2	50.5	61.1	45.7	76.6
\$25,000 – 49,999	33.1%	31.6%	14.3	7.0	21.6	47.7	34.8	60.6
\$50,000 or more	25.5%	37.6%	14.4	5.5	23.4	54.9	39.6	70.2

\*Per Census Bureau calculations, the following demographic categories are limited to specific age groups: Marital Status, >=15 years old; Education, >=25 years old; Employment, >=16 years old.

Risk Factors: Physical Activity									
Related Healthy People 2010 Objective(s) 22-1, 22-2, 22-3	No leisure time physical activity			No regular moderate physical activity <sup>(1)</sup>			No regular vigorous physical activity <sup>(2)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	35.0	30.1	39.9	57.8	52.8	62.9	81.4	77.2	85.6
<b>Sex</b>									
Men	35.1	27.4	42.8	53.1	45.0	61.2	74.1	66.6	81.5
Women	34.9	28.7	41.1	62.1	55.9	68.3	87.9	84.1	91.7
<b>Race/ethnicity</b>									
NH White	34.2	29.0	39.5	56.1	50.5	61.6	82.5	78.1	86.8
NH Black	35.3	19.6	50.9	76.0	62.1	89.8	82.6	70.4	94.8
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	34.0	25.9	42.0	52.4	43.8	61.0	76.1	68.5	83.7
NH White women	34.4	27.6	41.3	59.5	52.5	66.5	88.4	84.3	92.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	35.7	17.1	54.2	78.3	63.1	93.6	87.0	74.7	99.2
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	31.3	23.0	39.5	51.9	43.2	60.5	75.9	68.2	83.6
45-64	38.5	30.4	46.6	64.4	56.4	72.4	84.1	77.8	90.5
65 and older	35.8	26.9	44.8	58.8	49.2	68.5	87.1	81.4	92.9
<b>Marital Status</b>									
Never married	28.5	13.4	43.6	43.2	25.2	61.1	69.6	53.5	85.7
Married/ living together as a couple	34.2	27.9	40.6	56.9	50.3	63.6	80.6	75.0	86.2
Divorced/ widowed/separated	38.9	30.8	47.1	64.8	56.9	72.7	87.2	81.9	92.4
<b>Education</b>									
0-11 years	55.4	43.3	67.4	58.5	46.2	70.8	78.7	67.5	89.9
HS Grad/GED	34.9	27.7	42.2	63.6	56.0	71.2	84.1	78.4	89.9
1 or more years of college	23.2	16.9	29.5	50.9	42.9	58.9	79.6	72.9	86.4
<b>Employment</b>									
Employed for wages	29.3	22.4	36.3	54.2	46.7	61.7	75.0	68.1	82.0
<b>Household Income</b>									
\$24,999 or less	40.7	32.6	48.7	56.7	48.4	64.9	80.6	73.4	87.9
\$25,000 – 49,999	26.2	16.4	36.1	58.1	48.4	67.7	82.7	75.6	89.8
\$50,000 or more	30.0	18.7	41.4	46.0	33.4	58.6	78.5	66.9	90.1
Risk Factors: Overweight and Nutrition									
Related Healthy People 2010 Objective(s) 19-1, 19-2, 19-5, 19-6	Overweight <sup>(3)</sup>			Obese <sup>(4)</sup>			Less than 5-A-Day <sup>(5)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	35.7	30.9	40.6	29.2	24.6	33.7	74.6	70.1	79.1
<b>Sex</b>									
Men	44.7	36.7	52.6	27.8	20.6	35.0	78.1	71.9	84.4
Women	27.9	22.4	33.3	30.4	24.6	36.1	71.5	65.1	77.9
<b>Race/ethnicity</b>									
NH White	35.3	30.1	40.6	28.2	23.3	33.0	74.1	69.1	79.1
NH Black	32.7	17.4	48.1	46.3	29.2	63.4	72.3	56.7	87.9
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	45.4	36.9	53.9	27.5	19.8	35.1	77.9	71.1	84.7
NH White women	26.0	20.3	31.7	28.9	22.7	35.0	70.5	63.3	77.7
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	27.3	10.7	43.8	53.1	32.8	73.5	68.1	49.1	87.1
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	30.9	22.9	38.8	25.4	17.9	32.9	79.1	72.3	85.8
45-64	41.0	32.8	49.1	35.9	28.1	43.7	74.4	67.6	81.2
65 and older	38.4	29.2	47.6	23.9	16.2	31.7	64.9	53.9	76.0
<b>Marital Status</b>									
Never married	20.5	3.6	37.3	14.7	4.5	25.0	85.3	71.5	99.1
Married/ living together as a couple	39.4	33.0	45.8	28.0	22.2	33.8	73.6	67.6	79.5
Divorced/ widowed/separated	30.8	23.3	38.4	37.1	28.7	45.5	74.0	66.5	81.6
<b>Education</b>									
0-11 years	37.1	25.2	49.0	29.1	18.8	39.4	82.2	73.2	91.2
HS Grad/GED	33.8	26.6	41.1	29.7	22.4	36.9	76.0	68.3	83.7
1 or more years of college	36.6	28.9	44.3	28.7	21.5	35.8	68.6	61.5	75.7
<b>Employment</b>									
Employed for wages	36.8	29.8	43.8	25.7	19.2	32.2	76.1	69.9	82.3
<b>Household Income</b>									
\$24,999 or less	34.2	26.2	42.1	31.5	24.2	38.9	78.8	72.9	84.7
\$25,000 – 49,999	39.4	29.9	48.9	27.3	18.4	36.1	79.0	71.0	87.0
\$50,000 or more	43.2	30.7	55.7	24.5	13.1	35.9	74.6	63.6	85.6

Risk Factors: Tobacco and Alcohol Use									
Related Healthy People 2010 Objective(s) 27-1a, 27-5, 26-11c	Current smoker <sup>(6)</sup>			Ever quit smoking in the past 12 months			Engage in heavy or binge drinking <sup>(7)</sup>		
	%	CI		%	CI		%	CI	
<b>All</b>	23.8	19.5	28.2	51.0	40.5	61.6	10.7	7.7	13.8
<b>Sex</b>									
Men	22.9	16.2	29.5	46.9	30.2	63.6	16.9	11.3	22.5
Women	24.7	18.9	30.4	54.4	40.7	68.2	5.3	2.5	8.1
<b>Race/ethnicity</b>									
NH White	25.1	20.3	29.9	46.3	35.4	57.3	11.1	7.7	14.5
NH Black	19.5	5.0	34.0	.	.	.	8.7	0.0	17.7
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	22.7	15.7	29.8	41.3	24.2	58.4	17.2	11.0	23.4
NH White women	27.3	20.7	33.8	50.2	35.8	64.6	5.5	2.5	8.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	17.7	0.5	34.9	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	31.5	23.6	39.4	59.7	44.4	75.1	16.4	10.6	22.3
45-64	23.0	16.0	30.0	39.2	22.7	55.7	8.1	3.6	12.5
65 and older	10.8	5.7	16.0	.	.	.	3.5	0.5	6.4
<b>Marital Status</b>									
Never married	27.9	11.7	44.1	.	.	.	9.5	1.3	17.6
Married/ living together as a couple	21.0	15.4	26.5	42.2	27.6	56.9	10.6	6.6	14.6
Divorced/ widowed/separated	30.2	22.5	37.8	64.0	50.0	78.0	11.6	6.5	16.7
<b>Education</b>									
0-11 years	39.9	27.4	52.3	42.3	21.7	62.9	7.3	2.3	12.3
HS Grad/GED	24.6	18.2	31.1	61.0	47.0	75.0	13.7	8.4	19.1
1 or more years of college	13.6	8.6	18.6	45.1	24.8	65.5	9.5	4.7	14.3
<b>Employment</b>									
Employed for wages	24.5	18.2	30.7	59.3	44.9	73.8	15.0	9.6	20.3
<b>Household Income</b>									
\$24,999 or less	31.9	24.2	39.6	57.3	42.2	72.4	8.1	4.2	11.9
\$25,000 – 49,999	26.8	17.6	36.1	44.1	23.1	65.0	12.4	5.9	18.8
\$50,000 or more	14.3	5.9	22.8	.	.	.	12.3	3.4	21.3

  

Health Care Coverage and Access									
Related Healthy People 2010 Objective(s) 1-1, 1-5	No health care coverage			No personal health care provider(s)			Unable to get medical care in past 12 mos.		
	%	CI		%	CI		%	CI	
<b>All</b>	23.8	19.5	28.1	21.8	17.5	26.1	10.9	7.7	14.0
<b>Sex</b>									
Men	23.0	16.6	29.4	24.6	17.7	31.4	8.1	3.6	12.6
Women	24.5	18.7	30.3	19.4	14.0	24.8	13.4	8.9	17.8
<b>Race/ethnicity</b>									
NH White	20.7	16.4	25.0	19.5	15.3	23.8	8.4	5.6	11.2
NH Black	30.4	13.6	47.2	21.0	5.3	36.6	22.4	7.3	37.5
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	17.8	11.9	23.7	21.0	14.6	27.4	4.8	1.6	8.0
NH White women	23.4	17.2	29.6	18.2	12.3	24.0	11.7	7.3	16.2
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	28.0	8.0	48.0	21.5	2.5	40.4	27.0	8.2	45.9
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	32.1	24.4	39.8	29.4	21.6	37.2	12.8	7.2	18.5
45-64	25.1	17.7	32.4	22.0	15.0	29.1	13.0	7.5	18.5
65 and older	5.2	1.3	9.0	8.4	3.9	12.8	3.9	0.2	7.7
<b>Marital Status</b>									
Never married	41.8	24.2	59.5	32.5	16.2	48.9	9.2	0.0	19.2
Married/ living together as a couple	21.6	16.1	27.1	20.6	15.0	26.2	7.9	4.3	11.5
Divorced/ widowed/separated	23.8	16.7	30.9	21.8	14.8	28.8	19.5	12.2	26.7
<b>Education</b>									
0-11 years	32.6	21.0	44.2	40.8	28.0	53.5	14.4	6.8	22.1
HS Grad/GED	28.5	21.5	35.5	21.2	15.1	27.3	12.3	6.9	17.8
1 or more years of college	13.8	8.5	19.2	12.2	7.4	17.0	7.5	3.2	11.8
<b>Employment</b>									
Employed for wages	26.3	19.9	32.7	25.2	18.5	31.8	8.2	3.9	12.5
<b>Household Income</b>									
\$24,999 or less	29.4	22.1	36.7	26.2	18.7	33.7	16.6	10.6	22.6
\$25,000 – 49,999	22.7	13.5	32.0	20.0	11.4	28.7	7.0	1.5	12.4
\$50,000 or more	9.1	2.4	15.8	13.7	5.4	22.0	3.3	0.0	7.1

Oral Health									
Related Healthy People 2010 Objective(s) 21-10, 21-3	Visited a dentist within past year			No teeth removed			Had teeth cleaned within past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	61.2	56.2	66.2	33.3	28.1	38.6	57.8	52.3
<b>Sex</b>									
Men	59.0	51.1	66.9	32.4	24.0	40.7	55.0	46.3	63.7
Women	63.2	56.9	69.5	34.2	27.6	40.8	60.3	53.4	67.2
<b>Race/ethnicity</b>									
NH White	62.1	56.8	67.5	34.5	28.8	40.1	58.5	52.5	64.4
NH Black	57.3	39.9	74.7	19.9	6.6	33.2	53.1	33.9	72.3
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	58.5	50.1	66.8	31.8	23.0	40.6	53.6	44.3	63.0
NH White women	65.6	58.8	72.4	36.8	29.4	44.2	63.1	55.8	70.5
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	50.6	30.2	71.0	17.7	2.6	32.8	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	63.8	55.4	72.2	56.2	47.8	64.5	55.1	46.5	63.6
45-64	58.0	49.7	66.3	16.0	10.6	21.4	53.1	44.0	62.3
65 and older	60.6	51.1	70.0	15.3	3.3	27.3	72.5	62.9	82.0
<b>Marital Status</b>									
Never married	69.9	53.9	85.8	57.4	39.7	75.2	61.8	43.2	80.3
Married/ living together as a couple	63.5	57.1	70.0	35.9	29.0	42.8	60.8	53.8	67.8
Divorced/ widowed/separated	52.4	43.9	60.9	18.3	12.1	24.4	47.8	38.3	57.3
<b>Education</b>									
0-11 years	34.7	23.7	45.7	31.2	18.1	44.3	36.8	23.7	49.9
HS Grad/GED	63.2	55.8	70.7	25.4	17.4	33.3	55.0	46.1	63.8
1 or more years of college	74.0	67.2	80.8	43.5	35.5	51.6	70.6	63.0	78.1
<b>Employment</b>									
Employed for wages	66.8	59.6	74.0	43.9	36.3	51.4	60.5	53.0	67.9
<b>Household Income</b>									
\$24,999 or less	53.1	44.9	61.2	27.1	18.7	35.5	48.5	39.3	57.6
\$25,000 – 49,999	60.5	50.5	70.6	34.6	25.3	43.9	59.6	49.2	70.0
\$50,000 or more	78.1	67.9	88.3	39.9	27.0	52.8	70.3	58.5	82.0
Chronic Health Conditions: Hypertension and Weight Control									
Related Healthy People 2010 Objective(s) 12-9, 12-10	Had high blood pressure (HBP)			Now taking HBP medication, if had HBP			Received advice about weight in past year		
	%	CI		%	CI		%	CI	
	<b>All</b>	32.0	27.5	36.6	78.3	71.4	85.2	27.8	23.1
<b>Sex</b>									
Men	36.3	28.7	44.0	73.8	62.5	85.0	25.8	18.8	32.8
Women	28.3	23.0	33.6	83.3	75.7	91.0	29.6	23.1	36.1
<b>Race/ethnicity</b>									
NH White	33.2	28.2	38.3	78.7	71.6	85.8	26.7	21.5	31.9
NH Black	26.2	12.5	39.9	.	.	.	33.0	16.9	49.2
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	37.6	29.3	45.9	77.4	66.5	88.3	24.9	17.5	32.3
NH White women	29.2	23.3	35.1	80.1	71.1	89.1	28.5	21.2	35.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	25.4	9.2	41.6	.	.	.	32.3	13.0	51.6
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	17.1	10.2	23.9	57.8	35.2	80.5	21.2	14.3	28.2
45-64	40.3	32.3	48.3	78.8	69.3	88.4	34.5	26.6	42.5
65 and older	49.1	39.0	59.1	90.9	84.4	97.4	30.4	19.1	41.6
<b>Marital Status</b>									
Never married	18.0	7.0	29.0	.	.	.	11.5	3.0	20.0
Married/ living together as a couple	30.2	24.3	36.1	78.0	68.5	87.4	29.8	23.4	36.2
Divorced/ widowed/separated	41.8	33.5	50.0	83.5	73.9	93.0	27.7	19.9	35.6
<b>Education</b>									
0-11 years	36.5	24.9	48.2	75.7	61.5	89.9	28.6	18.1	39.1
HS Grad/GED	31.4	24.2	38.6	76.8	64.9	88.8	28.5	20.3	36.6
1 or more years of college	30.1	23.3	36.9	81.3	70.3	92.2	27.1	20.1	34.1
<b>Employment</b>									
Employed for wages	22.9	16.9	29.0	63.6	48.7	78.5	23.3	17.1	29.6
<b>Household Income</b>									
\$24,999 or less	38.9	31.0	46.8	73.8	62.8	84.8	27.1	20.0	34.2
\$25,000 – 49,999	30.3	21.4	39.2	80.7	67.4	94.1	23.9	15.4	32.4
\$50,000 or more	25.2	14.8	35.6	.	.	.	29.8	18.5	41.1

Chronic Health Conditions: High Cholesterol									
Related Healthy People 2010 Objective(s) 12-15	Ever had blood cholesterol checked			If yes, cholesterol checked in past 2 years			Blood cholesterol is high		
	%	CI		%	CI		%	CI	
<b>All</b>	78.4	73.5	83.4	94.7	92.6	96.8	34.4	29.5	39.3
<b>Sex</b>									
Men	77.9	70.4	85.4	95.6	92.4	98.8	35.1	27.3	43.0
Women	78.9	72.2	85.5	93.9	91.0	96.8	33.7	27.5	39.9
<b>Race/ethnicity</b>									
NH White	77.8	72.4	83.2	94.5	92.2	96.9	34.9	29.5	40.3
NH Black	87.0	75.1	98.9	99.2	97.5	100.0	38.1	20.8	55.3
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	79.2	71.6	86.7	95.6	92.0	99.1	35.7	27.2	44.2
NH White women	76.5	68.8	84.2	93.6	90.3	96.8	34.2	27.4	41.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	86.9	73.0	100.0	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	62.1	53.5	70.7	93.5	89.5	97.5	24.3	15.6	33.0
45-64	89.5	83.7	95.4	94.1	90.3	97.9	32.1	24.5	39.7
65 and older	90.5	78.7	100.0	96.9	94.0	99.8	48.5	39.6	57.4
<b>Marital Status</b>									
Never married	49.6	30.8	68.4	.	.	.	.	.	.
Married/ living together as a couple	81.8	75.3	88.3	95.6	93.1	98.2	32.7	26.6	38.8
Divorced/ widowed/separated	78.8	71.9	85.7	93.3	89.4	97.2	40.8	31.6	50.0
<b>Education</b>									
0-11 years	67.8	54.4	81.1	94.5	88.7	100.0	49.8	37.1	62.5
HS Grad/GED	79.3	71.6	87.0	94.5	91.3	97.7	31.2	23.8	38.7
1 or more years of college	83.2	76.8	89.5	94.9	91.6	98.3	29.5	22.2	36.7
<b>Employment</b>									
Employed for wages	74.0	67.2	80.7	94.0	90.5	97.5	26.3	19.2	33.5
<b>Household Income</b>									
\$24,999 or less	73.1	64.7	81.4	94.0	90.7	97.4	41.6	33.3	50.0
\$25,000 – 49,999	82.6	74.0	91.3	96.7	93.5	99.8	32.7	22.8	42.7
\$50,000 or more	88.9	81.1	96.6	92.8	86.2	99.5	24.8	14.0	35.6

Chronic Health Conditions: Asthma & Diabetes									
Related Healthy People 2010 Objective(s) 5-3	Ever had asthma			If yes, still have asthma			Have diabetes		
	%	CI		%	CI		%	CI	
<b>All</b>	16.0	12.2	19.8	68.5	55.9	81.0	9.4	6.9	11.9
<b>Sex</b>									
Men	11.2	5.4	17.0	.	.	.	6.9	3.6	10.2
Women	20.2	15.1	25.3	71.2	58.0	84.3	11.7	8.0	15.4
<b>Race/ethnicity</b>									
NH White	15.6	11.5	19.7	66.0	51.6	80.3	10.3	7.4	13.1
NH Black	17.4	3.7	31.0	.	.	.	10.1	1.5	18.8
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	12.5	5.9	19.2	.	.	.	6.9	3.3	10.5
NH White women	18.4	13.3	23.6	69.0	53.9	84.1	13.4	9.0	17.8
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	22.4	5.0	39.7	.	.	.	5.6	0.0	12.3
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	19.0	11.8	26.2	.	.	.	2.8	0.4	5.1
45-64	13.8	8.5	19.1	.	.	.	11.9	7.2	16.7
65 and older	14.0	7.9	20.1	.	.	.	19.0	11.9	26.1
<b>Marital Status</b>									
Never married	15.8	1.8	29.9	.	.	.	4.9	0.0	10.1
Married/ living together as a couple	14.5	9.7	19.3	70.6	53.1	88.2	9.2	6.0	12.4
Divorced/ widowed/separated	20.2	13.1	27.3	70.1	49.6	90.5	11.5	6.5	16.5
<b>Education</b>									
0-11 years	25.6	14.4	36.9	.	.	.	9.6	3.8	15.4
HS Grad/GED	12.3	7.6	16.9	83.0	68.6	97.5	9.6	5.6	13.6
1 or more years of college	15.0	8.9	21.0	.	.	.	9.0	5.1	13.0
<b>Employment</b>									
Employed for wages	15.7	10.3	21.2	59.4	39.8	79.0	2.5	0.7	4.4
<b>Household Income</b>									
\$24,999 or less	18.6	12.0	25.3	61.9	41.7	82.1	13.2	8.5	17.9
\$25,000 – 49,999	13.8	7.2	20.5	.	.	.	7.2	2.9	11.5
\$50,000 or more	17.2	6.9	27.4	.	.	.	3.9	0.0	8.1

Disease Prevention: Cardiovascular Disease Prevention									
	Being advised by a health professional to...								
	Eat fewer high fat or cholesterol foods			Eat more fruits and vegetables			Be more physically active		
	%	CI		%	CI		%	CI	
<b>All</b>	21.0	16.9	25.1	29.1	24.6	33.6	25.1	20.8	29.5
<b>Sex</b>									
Men	24.4	17.4	31.4	28.2	21.1	35.2	23.8	16.9	30.7
Women	18.0	13.5	22.5	29.9	24.1	35.7	26.3	20.9	31.8
<b>Race/ethnicity</b>									
NH White	21.0	16.6	25.5	26.8	22.1	31.5	22.0	17.8	26.2
NH Black	18.1	7.2	29.0	48.1	30.9	65.3	40.9	24.1	57.6
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	23.8	16.3	31.2	27.4	19.9	34.8	19.2	13.0	25.3
NH White women	18.5	13.5	23.6	26.4	20.5	32.2	24.7	18.9	30.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	14.9	3.0	26.8	50.4	30.0	70.7	37.3	17.7	56.8
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	20.0	12.7	27.3	26.7	19.1	34.2	23.0	15.7	30.4
45-64	19.8	13.8	25.7	29.0	21.7	36.4	26.7	19.7	33.7
65 and older	24.2	16.3	32.1	34.8	25.7	43.9	25.8	17.8	33.8
<b>Marital Status</b>									
Never married	7.2	0.5	13.8	18.7	4.9	32.4	15.7	5.2	26.3
Married/ living together as a couple	24.4	18.8	30.0	28.8	23.0	34.6	24.6	19.1	30.2
Divorced/ widowed/separated	16.4	10.9	22.0	33.2	25.2	41.2	29.6	21.8	37.5
<b>Education</b>									
0-11 years	27.8	15.9	39.7	32.8	21.4	44.2	32.5	20.6	44.4
HS Grad/GED	20.7	14.6	26.9	27.7	20.8	34.6	22.3	16.0	28.6
1 or more years of college	17.9	12.6	23.3	28.6	21.5	35.6	24.2	17.8	30.6
<b>Employment</b>									
Employed for wages	19.9	14.1	25.6	24.8	18.4	31.2	24.2	17.7	30.7
<b>Household Income</b>									
\$24,999 or less	18.5	11.8	25.2	30.3	22.9	37.6	24.4	17.2	31.5
\$25,000 – 49,999	26.2	17.7	34.7	30.8	21.7	39.8	27.9	19.3	36.5
\$50,000 or more	21.1	11.7	30.6	23.7	13.3	34.1	20.6	11.4	29.8

  

Preventive Health Behaviors: Annual Flu and One-Time Pneumonia Shots									
Related Healthy People 2010 Objective(s) 14-29	Received flu shot within past 12 months			Received flu shot at county health dept.			Ever had a pneumonia shot		
	%	CI		%	CI		%	CI	
<b>All</b>	24.3	20.3	28.2	4.6	2.6	6.5	26.6	22.1	31.1
<b>Sex</b>									
Men	27.0	20.5	33.4	2.2	0.0	4.6	29.8	22.9	36.6
Women	22.0	17.1	26.8	6.6	3.5	9.6	24.0	18.0	30.0
<b>Race/ethnicity</b>									
NH White	26.5	22.1	31.0	4.3	2.3	6.4	29.4	24.3	34.5
NH Black	20.3	6.4	34.2	10.1	0.0	22.1	14.6	3.5	25.8
Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>									
NH White men	29.9	22.7	37.1	2.3	0.0	5.0	31.0	23.6	38.4
NH White women	23.5	18.1	29.0	6.2	3.1	9.3	27.9	20.9	35.0
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	18.7	2.4	34.9	11.2	0.0	26.3	5.8	0.0	14.3
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>									
18-44	10.0	5.0	15.0	2.3	0.0	5.0	11.7	6.2	17.2
45-64	22.1	15.5	28.6	4.4	0.9	8.0	21.2	14.9	27.6
65 and older	55.6	45.1	66.1	9.2	4.1	14.3	63.8	54.6	72.9
<b>Marital Status</b>									
Never married	16.8	3.7	30.0	8.5	0.0	20.0	4.5	0.0	9.2
Married/ living together as a couple	22.9	18.0	27.8	3.7	1.8	5.6	27.1	21.1	33.1
Divorced/ widowed/separated	30.0	22.4	37.7	5.5	0.9	10.1	32.5	24.8	40.2
<b>Education</b>									
0-11 years	26.5	16.7	36.3	3.8	0.0	8.8	33.7	23.0	44.3
HS Grad/GED	19.5	14.0	24.9	4.6	1.9	7.4	23.6	16.0	31.3
1 or more years of college	27.7	21.0	34.4	4.9	1.5	8.3	25.4	18.9	31.9
<b>Employment</b>									
Employed for wages	14.1	9.0	19.1	2.9	0.0	5.7	12.0	7.1	16.8
<b>Household Income</b>									
\$24,999 or less	28.0	21.4	34.5	4.8	1.3	8.4	30.9	24.2	37.7
\$25,000 – 49,999	22.3	14.4	30.2	2.6	0.2	5.0	22.7	14.6	30.8
\$50,000 or more	16.5	7.2	25.8	3.7	0.0	9.4	17.6	7.9	27.2

Preventive Health Behaviors: Mammograms & Pap Smear Tests									
Related Healthy People 2010 Objective(s) 3-13, 3-11a, 3-11b	Women age 40+			All adult women					
	Had mammogram in past 2 years			Ever had Pap smear test			Had Pap smear test in past 2 years		
	%	CI		%	CI		%	CI	
All	73.5	66.5	80.5	92.8	89.3	96.4	77.1	70.2	83.9
Sex									
Men	.	.	.	.	.	.	.	.	.
Women	73.5	66.5	80.5	92.8	89.3	96.4	77.1	70.2	83.9
Race/ethnicity									
NH White	73.1	65.4	80.8	93.1	89.3	96.9	76.4	68.5	84.4
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
Race/ethnicity-Sex									
NH White men	.	.	.	.	.	.	.	.	.
NH White women	73.1	65.4	80.8	93.1	89.3	96.9	76.4	68.5	84.4
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
Age									
18-44	.	.	.	95.8	92.2	99.3	87.8	81.6	94.1
45-64	75.7	65.4	85.9	91.0	83.2	98.7	65.7	49.7	81.6
65 and older	76.4	66.0	86.8	85.2	71.8	98.5	61.5	43.9	79.1
Marital Status									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	79.5	69.5	89.6	94.6	90.2	99.0	80.3	70.7	89.9
Divorced/ widowed/separated	66.0	56.2	75.8	91.7	85.0	98.4	70.6	58.9	82.3
Education									
0-11 years	55.2	34.1	76.3	93.8	86.0	100.0	70.2	45.8	94.7
HS Grad/GED	75.6	65.8	85.4	90.6	84.2	97.0	77.7	68.1	87.3
1 or more years of college	79.9	71.3	88.6	94.8	89.9	99.7	79.9	70.7	89.1
Employment									
Employed for wages	77.6	67.4	87.7	90.5	84.1	96.9	79.6	71.0	88.2
Household Income									
\$24,999 or less	67.0	57.1	76.8	88.5	81.5	95.5	72.0	61.9	82.0
\$25,000 – 49,999	73.3	54.1	92.6	96.8	92.2	100.0	80.0	60.7	99.2
\$50,000 or more	.	.	.	.	.	.	.	.	.

Preventive Health Behaviors: Colorectal Cancer Screening									
Related Healthy People 2010 Objective(s) 3-12a, 3-12b	For respondents 50 years and older . . .								
	Ever had blood stool test			Had blood stool test in past 2 years			Ever had sigmoidoscopy		
	%	CI		%	CI		%	CI	
All	50.7	43.5	58.0	40.4	33.5	47.3	48.4	41.2	55.6
Sex									
Men	56.0	45.6	66.3	49.9	39.4	60.3	49.8	39.5	60.2
Women	46.4	36.7	56.2	32.7	24.2	41.2	47.2	37.2	57.2
Race/ethnicity									
NH White	54.1	46.2	62.0	44.1	36.5	51.7	48.5	40.8	56.3
NH Black	.	.	.	.	.	.	.	.	.
Hispanic	.	.	.	.	.	.	.	.	.
Race/ethnicity-Sex									
NH White men	59.6	49.0	70.3	53.5	42.6	64.4	54.0	43.2	64.8
NH White women	49.3	38.3	60.4	35.9	26.2	45.6	43.6	33.0	54.3
NH Black men	.	.	.	.	.	.	.	.	.
NH Black women	.	.	.	.	.	.	.	.	.
Hispanic men	.	.	.	.	.	.	.	.	.
Hispanic women	.	.	.	.	.	.	.	.	.
Age									
18-44	.	.	.	.	.	.	.	.	.
45-64	42.8	32.9	52.7	36.5	26.8	46.1	45.6	35.5	55.7
65 and older	59.9	48.8	70.9	44.8	34.7	55.0	51.5	40.9	62.2
Marital Status									
Never married	.	.	.	.	.	.	.	.	.
Married/ living together as a couple	49.7	40.1	59.2	38.7	29.8	47.5	45.0	35.7	54.3
Divorced/ widowed/separated	53.2	42.4	64.0	43.5	32.4	54.5	57.6	47.0	68.2
Education									
0-11 years	45.3	29.1	61.5	36.9	21.4	52.3	52.2	35.1	69.3
HS Grad/GED	51.1	39.2	63.0	37.4	26.6	48.1	46.5	34.8	58.2
1 or more years of college	55.0	44.2	65.9	47.2	36.3	58.1	49.8	38.9	60.8
Employment									
Employed for wages	45.4	31.8	59.1	33.4	20.2	46.7	43.2	29.5	56.9
Household Income									
\$24,999 or less	60.5	50.7	70.2	47.9	38.0	57.8	51.1	41.2	60.9
\$25,000 – 49,999	48.1	32.9	63.4	40.7	26.0	55.4	49.9	34.4	65.4
\$50,000 or more	42.9	22.8	62.9	35.0	15.3	54.7	41.4	21.5	61.4

Preventive Health Behaviors: HIV/AIDS Tests										
For respondents 64 years and younger . . .										
		Ever been tested for HIV			If yes, the test was done in the past 2 years			In past 12 months, health professional talked to you about preventing sexually transmitted diseases through condom use.		
		%	CI		%	CI		%	CI	
<b>All</b>		46.1	40.1	52.1	67.5	58.1	76.9	17.0	12.5	21.6
<b>Sex</b>	Men	36.9	27.3	46.4	72.2	55.8	88.5	11.9	5.6	18.3
	Women	54.4	47.1	61.8	64.6	53.1	76.2	21.7	15.3	28.1
<b>Race/ethnicity</b>	NH White	46.6	39.9	53.3	65.0	54.2	75.8	12.4	8.1	16.7
	NH Black	57.0	38.6	75.5	.	.	.	45.2	26.7	63.6
	Hispanic	.	.	.	.	.	.	.	.	.
<b>Race/ethnicity-Sex</b>	NH White men	39.1	28.5	49.8	.	.	.	7.4	1.9	13.0
	NH White women	53.8	45.6	61.9	62.6	49.6	75.6	17.2	10.7	23.7
	NH Black men	.	.	.	.	.	.	.	.	.
	NH Black women	55.4	33.7	77.2	.	.	.	48.4	26.7	70.0
	Hispanic men	.	.	.	.	.	.	.	.	.
	Hispanic women	.	.	.	.	.	.	.	.	.
<b>Age</b>	18-44	62.4	53.7	71.1	71.0	60.4	81.5	26.8	19.3	34.4
	45-64	27.5	19.8	35.1	51.6	31.0	72.2	4.6	1.1	8.0
	65 and older	.	.	.	.	.	.	.	.	.
<b>Marital Status</b>	Never married	46.8	27.8	65.8	.	.	.	26.0	8.8	43.3
	Married/ living together as a couple	46.9	39.0	54.8	68.7	56.8	80.7	16.9	11.1	22.6
	Divorced/ widowed/A80separated	43.6	33.2	53.9	54.3	34.2	74.3	13.8	6.2	21.4
<b>Education</b>	0-11 years	51.3	36.0	66.6	.	.	.	25.1	12.2	38.1
	HS Grad/GED	37.2	28.6	45.9	64.8	47.7	81.9	17.4	10.4	24.4
	1 or more years of college	52.5	42.9	62.0	71.5	58.4	84.6	12.3	6.2	18.5
<b>Employment</b>	Employed for wages	43.9	36.2	51.6	66.3	53.4	79.2	17.0	10.9	23.1
<b>Household Income</b>	\$24,999 or less	49.5	38.9	60.1	70.3	55.4	85.1	20.4	12.0	28.8
	\$25,000 – 49,999	45.1	33.6	56.5	.	.	.	16.2	7.8	24.6
	\$50,000 or more	43.8	30.0	57.5	.	.	.	10.1	2.3	17.9

- (1) People who do not engage in regular moderate physical activity (at least 30 minutes a day and 5 days a week) or regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (2) People who do not engage in regular vigorous physical activity (at least 20 minutes a day and 3 days a week).
- (3) People with a Body Mass Index (BMI) between 25 and 30.
- (4) People with a Body Mass Index (BMI) equal to or greater than 30.
- (5) People who consume less than 5 servings of fruits and vegetables a day.
- (6) People who have smoked at least 100 cigarettes in their lifetimes and who also smoked some days or every day in the past month.
- (7) People who have consumed 5+ drinks at one occasion in the past month (binge drinker), or men who have 2+ drinks every day or women who have 1+ drink(s) every day (heavy drinker).

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