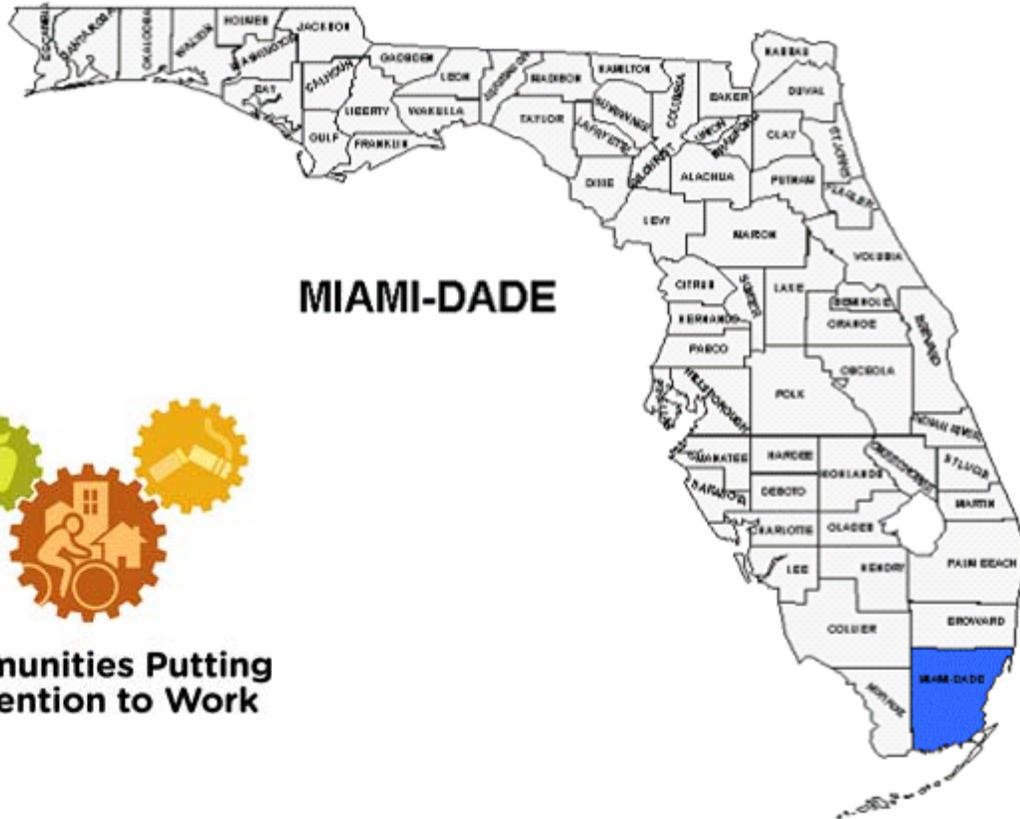


2010 Miami-Dade County, Florida Communities Putting Prevention to Work (CPPW) Behavioral Risk Factor Surveillance System (BRFSS) Data Report



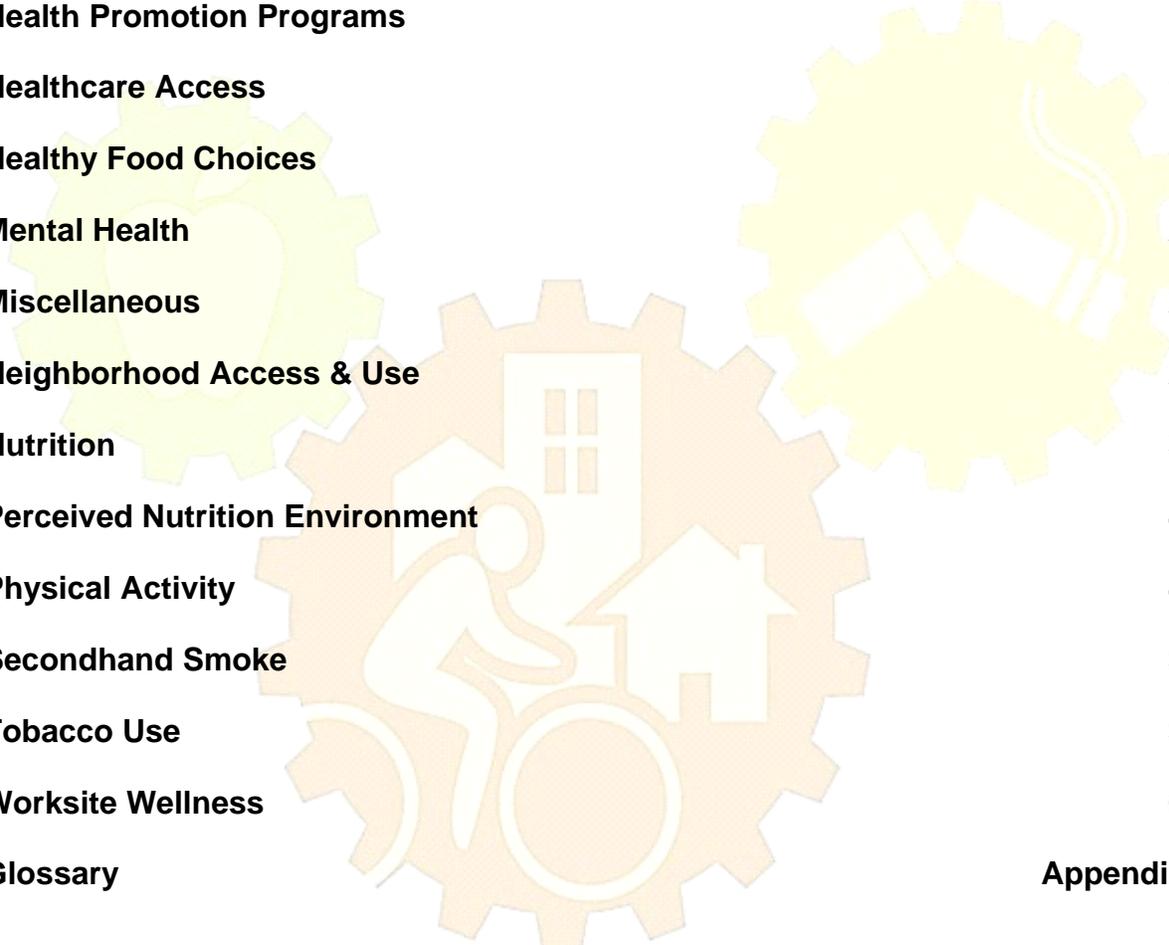
Florida Department of Health
Division of Disease Control and Health Protection
Bureau of Epidemiology
Chronic Disease Section

Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Table of Contents



Introduction	i
Chronic Disease	1
Health Promotion Programs	7
Healthcare Access	10
Healthy Food Choices	15
Mental Health	21
Miscellaneous	25
Neighborhood Access & Use	27
Nutrition	35
Perceived Nutrition Environment	40
Physical Activity	47
Secondhand Smoke	52
Tobacco Use	56
Worksite Wellness	60
Glossary	Appendix I

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Introduction

The Florida Department of Health is pleased to release the 2010 Miami-Dade County, Florida Communities Putting Prevention to Work (CPPW) Behavioral Risk Factor Surveillance System (BRFSS) Data Report. In 2010, 1,517 Miami-Dade County adults, aged 18 years or older, completed the CPPW BRFSS survey. This survey was developed in collaboration with national, state, and local representatives to better meet the needs of programs, researchers, and community planners by providing estimates of prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Miami-Dade County.

The 2010 CPPW BRFSS survey collected data on a variety of issues related to health status, healthcare access, lifestyle, chronic illnesses, and disease prevention practices. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease.

This report examines county level estimates for leading health indicators, each of which is presented by sex, race/ethnicity, age, education, income, and marital status. The 2010 CPPW BRFSS survey data are adjusted, or “weighted”, so that the resulting estimates can be generalized to all Miami-Dade County adults aged 18 years or older.

The weighting methodology for the 2010 CPPW BRFSS data is iterative proportional fitting, or “raking”. Raking is a commonly used estimation procedure where estimates are controlled to population totals or control totals. These estimates are adjusted by one demographic variable at a time until all variables have been adjusted. The procedure continues in a repetitive process until all group proportions in the sample approach those of the population. Raking variables for the 2010 CPPW BRFSS include age, sex, race/ethnicity, telephone source, education, marital status, and renter/owner status. Raking is used to mitigate the various sources of survey error such as under-coverage and nonresponse. A process called weight trimming is also being used and refers to increasing the value of extremely low weights and decreasing the value of extremely high weights to reduce their impact on the variance of the estimates.

Since CPPW BRFSS respondents are randomly selected, measures of prevalence, reported as percentages, are subject to random sampling errors; therefore, each measure listed in the data tables includes the 95% confidence interval. Measures of prevalence have been excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Using the confidence intervals, comparisons can be made between subpopulations within a measure (e.g., general level of health of males compared to females). If the confidence intervals overlap, there is no statistically significant difference in the prevalence rates. However, if the confidence intervals do not overlap, there is a statistically significant difference. For example, if 13.0%-15.7% of males and 10.5%-12.7% of females report their general level of health as fair or poor, it is appropriate to state that the prevalence of adults reporting their general level of health as fair or poor was significantly higher in males than females. If a measure’s confidence interval is wide, data should be interpreted with caution.

If any assistance is needed with data interpretation or survey methodology and for more information about the CPPW BRFSS, please contact the Bureau of Epidemiology's Chronic Disease Section at (850) 245-4401 or by e-mail at ChronicDisease@doh.state.fl.us. You can also visit our website at <http://www.FloridaChronicDisease.org>.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Chronic Disease

Percentage of adults who reported their general level of health as 'good', 'very good', or 'excellent':

		Measure	95% CI	
ALL	Overall	76.1	72.3	79.9
SEX	Male	79.1	73.4	84.9
	Female	73.3	68.3	78.2
RACE/ETHNICITY	Non-Hispanic White	88.3	84.7	91.8
	Non-Hispanic Black	76.1	65.7	86.5
	Hispanic	72.6	67.4	77.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	87.3	81.6	93.1
	Non-Hispanic White Female	89.1	84.9	93.3
	Non-Hispanic Black Male	73.8	54.6	93.0
	Non-Hispanic Black Female	78.1	68.2	87.9
	Hispanic Male	78.1	70.7	85.5
	Hispanic Female	67.8	60.7	74.8
AGE GROUP	18-44	91.1	86.0	96.2
	45-64	64.9	58.2	71.7
	65 & Older	54.0	47.7	60.3
EDUCATION LEVEL	<High School	50.4	38.3	62.5
	High School/GED	75.9	69.7	82.0
	>High School	88.0	84.8	91.2
ANNUAL INCOME	<\$25,000	63.6	56.9	70.3
	\$25,000-\$49,999	78.2	67.7	88.7
	\$50,000 or More	95.9	93.6	98.1
MARITAL STATUS	Married/Couple	79.2	74.4	84.1
	Not Married/Couple	73.4	67.6	79.2

Percentage of adults who reported their general level of health as 'fair' or 'poor':

		Measure	95% CI	
ALL	Overall	23.9	20.1	27.7
SEX	Male	20.9	15.1	26.6
	Female	26.7	21.8	31.7
RACE/ETHNICITY	Non-Hispanic White	11.7	8.2	15.3
	Non-Hispanic Black	23.9	13.5	34.3
	Hispanic	27.4	22.1	32.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	12.7	6.9	18.4
	Non-Hispanic White Female	10.9	6.7	15.1
	Non-Hispanic Black Male	26.2	7.0	45.4
	Non-Hispanic Black Female	21.9	12.1	31.8
	Hispanic Male	21.9	14.5	29.3
	Hispanic Female	32.2	25.2	39.3
AGE GROUP	18-44	8.9	3.8	14.0
	45-64	35.1	28.3	41.8
	65 & Older	46.0	39.7	52.3
EDUCATION LEVEL	<High School	49.6	37.5	61.7
	High School/GED	24.1	18.0	30.3
	>High School	12.0	8.8	15.2
ANNUAL INCOME	<\$25,000	36.4	29.7	43.1
	\$25,000-\$49,999	21.8	11.3	32.3
	\$50,000 or More	4.1	1.9	6.4
MARITAL STATUS	Married/Couple	20.8	15.9	25.6
	Not Married/Couple	26.6	20.8	32.4

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Chronic Disease

Percentage of adults who were a healthy weight:

		Measure	95% CI	
ALL	Overall	33.1	28.8	37.4
SEX	Male	25.8	19.4	32.2
	Female	40.1	34.6	45.5
RACE/ETHNICITY	Non-Hispanic White	43.3	34.5	52.2
	Non-Hispanic Black	24.7	15.0	34.4
	Hispanic	30.5	25.2	35.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	41.5	27.1	56.0
	Non-Hispanic White Female	45.1	34.5	55.7
	Non-Hispanic Black Male	29.9	12.8	47.0
	Non-Hispanic Black Female	20.1	9.3	30.8
	Hispanic Male	15.3	9.5	21.1
	Hispanic Female	44.2	36.7	51.7
AGE GROUP	18-44	33.2	26.0	40.4
	45-64	32.6	26.2	39.0
	65 & Older	34.0	27.9	40.1
EDUCATION LEVEL	<High School	28.4	18.0	38.8
	High School/GED	28.7	20.7	36.6
	>High School	37.5	31.9	43.2
ANNUAL INCOME	<\$25,000	31.5	24.6	38.3
	\$25,000-\$49,999	36.8	25.6	48.1
	\$50,000 or More	32.1	25.1	39.1
MARITAL STATUS	Married/Couple	33.8	28.0	39.6
	Not Married/Couple	32.6	26.4	38.8

Percentage of adults who were overweight:

		Measure	95% CI	
ALL	Overall	40.7	36.0	45.5
SEX	Male	46.7	38.8	54.6
	Female	35.1	29.8	40.4
RACE/ETHNICITY	Non-Hispanic White	40.2	31.9	48.4
	Non-Hispanic Black	37.4	25.6	49.1
	Hispanic	43.4	36.9	49.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	41.4	28.8	54.0
	Non-Hispanic White Female	38.9	28.0	49.9
	Non-Hispanic Black Male	34.0	13.5	54.6
	Non-Hispanic Black Female	40.3	27.7	52.9
	Hispanic Male	55.2	44.8	65.7
	Hispanic Female	32.8	25.8	39.7
AGE GROUP	18-44	39.4	31.1	47.7
	45-64	40.7	34.1	47.3
	65 & Older	44.5	38.2	50.8
EDUCATION LEVEL	<High School	42.8	30.5	55.0
	High School/GED	37.5	28.8	46.2
	>High School	41.8	35.7	48.0
ANNUAL INCOME	<\$25,000	38.5	31.7	45.4
	\$25,000-\$49,999	39.3	27.1	51.6
	\$50,000 or More	40.4	32.2	48.7
MARITAL STATUS	Married/Couple	40.4	34.5	46.3
	Not Married/Couple	41.3	34.0	48.7

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Chronic Disease

Percentage of adults who were obese:

		Measure	95% CI	
ALL	Overall	24.8	20.4	– 29.3
SEX	Male	26.3	19.1	– 33.5
	Female	23.4	18.0	– 28.8
RACE/ETHNICITY	Non-Hispanic White	15.2	10.2	– 20.2
	Non-Hispanic Black	37.1	25.0	– 49.2
	Hispanic	24.8	18.7	– 30.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	17.0	9.4	– 24.7
	Non-Hispanic White Female	13.4	6.9	– 20.0
	Non-Hispanic Black Male	35.0	13.7	– 56.3
	Non-Hispanic Black Female	39.0	26.2	– 51.9
	Hispanic Male	28.0	18.3	– 37.7
	Hispanic Female	21.9	14.3	– 29.5
AGE GROUP	18-44	26.7	18.7	– 34.6
	45-64	23.9	18.6	– 29.1
	65 & Older	21.3	15.8	– 26.7
EDUCATION LEVEL	<High School	27.1	15.8	– 38.4
	High School/GED	32.7	23.8	– 41.7
	>High School	19.4	14.1	– 24.7
ANNUAL INCOME	<\$25,000	29.1	22.0	– 36.2
	\$25,000-\$49,999	23.7	13.1	– 34.2
	\$50,000 or More	25.8	16.5	– 35.1
MARITAL STATUS	Married/Couple	24.7	18.9	– 30.5
	Not Married/Couple	24.6	17.9	– 31.3

Percentage of adults who were overweight or obese:

		Measure	95% CI	
ALL	Overall	65.6	61.2	– 69.9
SEX	Male	73.0	66.5	– 79.5
	Female	58.5	53.0	– 64.0
RACE/ETHNICITY	Non-Hispanic White	55.4	46.6	– 64.2
	Non-Hispanic Black	74.5	64.7	– 84.3
	Hispanic	68.2	62.8	– 73.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	58.5	44.0	– 72.9
	Non-Hispanic White Female	52.4	41.7	– 63.0
	Non-Hispanic Black Male	69.0	51.7	– 86.3
	Non-Hispanic Black Female	79.4	68.5	– 90.2
	Hispanic Male	83.2	76.9	– 89.6
	Hispanic Female	54.7	47.1	– 62.2
AGE GROUP	18-44	66.1	58.9	– 73.3
	45-64	64.6	58.0	– 71.2
	65 & Older	65.7	59.7	– 71.8
EDUCATION LEVEL	<High School	69.8	59.2	– 80.5
	High School/GED	70.2	62.3	– 78.2
	>High School	61.2	55.5	– 66.9
ANNUAL INCOME	<\$25,000	67.6	60.8	– 74.5
	\$25,000-\$49,999	63.0	51.7	– 74.3
	\$50,000 or More	66.3	59.1	– 73.4
MARITAL STATUS	Married/Couple	65.1	59.3	– 70.9
	Not Married/Couple	65.9	59.6	– 72.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Chronic Disease

Percentage of adults who were ever told, by a healthcare provider, they had diabetes:

		Measure	95% CI		
ALL	Overall	11.6	9.3	– 13.9	
SEX	Male	10.9	7.4	– 14.3	
	Female	12.3	9.1	– 15.4	
RACE/ETHNICITY	Non-Hispanic White	8.6	5.9	– 11.3	
	Non-Hispanic Black	16.6	8.3	– 24.9	
	Hispanic	10.7	8.0	– 13.4	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	7.5	3.7	– 11.3	
	Non-Hispanic White Female	9.6	5.8	– 13.5	
	Non-Hispanic Black Male	14.3	2.1	– 26.4	
	Non-Hispanic Black Female	18.7	7.5	– 29.8	
	Hispanic Male	10.2	6.3	– 14.1	
	Hispanic Female	11.1	7.4	– 14.8	
	AGE GROUP	18-44	1.4	0.0	– 3.2
		45-64	18.2	13.1	– 23.3
65 & Older		28.0	22.1	– 33.9	
EDUCATION LEVEL	<High School	22.3	14.1	– 30.5	
	High School/GED	13.5	9.0	– 18.0	
	>High School	5.5	4.1	– 7.0	
ANNUAL INCOME	<\$25,000	19.8	14.7	– 24.8	
	\$25,000-\$49,999	3.9	1.5	– 6.2	
	\$50,000 or More	3.7	2.2	– 5.1	
MARITAL STATUS	Married/Couple	9.3	6.7	– 12.0	
	Not Married/Couple	13.2	9.5	– 17.0	

Percentage of adults who were ever told, by a healthcare provider, they had a heart attack or myocardial infarction:

		Measure	95% CI		
ALL	Overall	4.4	2.9	– 5.8	
SEX	Male	5.3	2.9	– 7.8	
	Female	3.5	1.8	– 5.1	
RACE/ETHNICITY	Non-Hispanic White	4.4	2.1	– 6.7	
	Non-Hispanic Black	4.2	0.5	– 7.8	
	Hispanic	4.4	2.4	– 6.5	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	6.6	2.0	– 11.1	
	Non-Hispanic White Female	2.5	0.9	– 4.0	
	Non-Hispanic Black Male	3.1	0.0	– 7.6	
	Non-Hispanic Black Female	5.1	0.0	– 10.5	
	Hispanic Male	5.9	2.3	– 9.6	
	Hispanic Female	3.1	1.0	– 5.2	
	AGE GROUP	18-44	0.0	0.0	– 0.0
		45-64	7.3	3.3	– 11.2
65 & Older		11.6	7.8	– 15.3	
EDUCATION LEVEL	<High School	9.4	4.2	– 14.7	
	High School/GED	4.9	2.2	– 7.7	
	>High School	1.6	1.0	– 2.2	
ANNUAL INCOME	<\$25,000	7.1	4.1	– 10.1	
	\$25,000-\$49,999	1.8	0.6	– 3.0	
	\$50,000 or More	1.0	0.4	– 1.6	
MARITAL STATUS	Married/Couple	3.4	2.0	– 4.8	
	Not Married/Couple	5.2	2.8	– 7.6	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Chronic Disease

Percentage of adults who were ever told, by a healthcare provider, they had angina or coronary heart disease:

		Measure	95% CI	
ALL	Overall	4.4	2.9	5.9
SEX	Male	4.9	2.6	7.2
	Female	3.9	1.9	5.9
RACE/ETHNICITY	Non-Hispanic White	5.4	2.9	7.8
	Non-Hispanic Black	5.9	0.9	10.8
	Hispanic	3.9	2.0	5.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	7.3	2.6	12.1
	Non-Hispanic White Female	3.5	1.6	5.5
	Non-Hispanic Black Male	3.1	0.0	7.4
	Non-Hispanic Black Female	8.3	0.0	16.5
	Hispanic Male	4.9	1.5	8.4
	Hispanic Female	3.0	0.9	5.1
AGE GROUP	18-44	0.1	0.0	0.4
	45-64	8.6	4.2	12.9
	65 & Older	9.2	6.0	12.3
EDUCATION LEVEL	<High School	8.9	3.3	14.6
	High School/GED	4.4	1.8	7.0
	>High School	2.2	1.5	3.0
ANNUAL INCOME	<\$25,000	6.8	3.6	10.0
	\$25,000-\$49,999	1.7	0.5	2.9
	\$50,000 or More	1.8	0.9	2.7
MARITAL STATUS	Married/Couple	2.9	1.7	4.2
	Not Married/Couple	5.7	3.0	8.3

Percentage of adults who were ever told, by a healthcare provider, they had a heart attack, angina, or coronary heart disease:

		Measure	95% CI	
ALL	Overall	6.2	4.5	7.9
SEX	Male	7.1	4.4	9.8
	Female	5.4	3.3	7.5
RACE/ETHNICITY	Non-Hispanic White	6.6	4.0	9.2
	Non-Hispanic Black	8.3	2.8	13.7
	Hispanic	5.7	3.6	7.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	8.8	3.9	13.7
	Non-Hispanic White Female	4.5	2.4	6.7
	Non-Hispanic Black Male	6.2	0.0	12.5
	Non-Hispanic Black Female	10.0	1.7	18.4
	Hispanic Male	7.4	3.5	11.3
	Hispanic Female	4.3	1.9	6.6
AGE GROUP	18-44	0.1	0.0	0.4
	45-64	10.3	5.8	14.8
	65 & Older	16.2	12.0	20.5
EDUCATION LEVEL	<High School	13.3	7.0	19.7
	High School/GED	6.4	3.4	9.3
	>High School	2.7	1.9	3.5
ANNUAL INCOME	<\$25,000	9.9	6.4	13.4
	\$25,000-\$49,999	2.7	1.2	4.2
	\$50,000 or More	2.2	1.2	3.2
MARITAL STATUS	Married/Couple	5.0	3.2	6.7
	Not Married/Couple	7.4	4.6	10.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Chronic Disease

Percentage of adults who were ever told, by a healthcare provider, they had a stroke:

		Measure	95% CI	
ALL	Overall	2.2	1.3	– 3.1
SEX	Male	2.1	0.8	– 3.3
	Female	2.3	0.9	– 3.7
RACE/ETHNICITY	Non-Hispanic White	2.4	1.1	– 3.7
	Non-Hispanic Black	4.5	0.3	– 8.8
	Hispanic	1.5	0.6	– 2.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	2.2	0.7	– 3.7
	Non-Hispanic White Female	2.6	0.6	– 4.6
	Non-Hispanic Black Male	3.2	0.0	– 7.9
	Non-Hispanic Black Female	5.7	0.0	– 12.4
	Hispanic Male	1.9	0.3	– 3.5
	Hispanic Female	1.2	0.2	– 2.1
AGE GROUP	18-44	0.1	0.0	– 0.3
	45-64	4.2	1.6	– 6.9
	65 & Older	4.6	2.3	– 6.8
EDUCATION LEVEL	<High School	4.0	0.5	– 7.5
	High School/GED	2.3	0.7	– 3.8
	>High School	1.3	0.7	– 1.9
ANNUAL INCOME	<\$25,000	2.9	0.9	– 4.9
	\$25,000-\$49,999	0.6	0.0	– 1.2
	\$50,000 or More	1.7	0.3	– 3.2
MARITAL STATUS	Married/Couple	2.0	0.9	– 3.2
	Not Married/Couple	2.4	0.9	– 3.8

Percentage of adults who were ever told, by a healthcare provider, they had a heart attack, angina, coronary heart disease, or a stroke:

		Measure	95% CI	
ALL	Overall	7.2	5.4	– 9.0
SEX	Male	8.1	5.3	– 10.9
	Female	6.4	4.2	– 8.6
RACE/ETHNICITY	Non-Hispanic White	8.2	5.4	– 11.1
	Non-Hispanic Black	8.8	3.3	– 14.3
	Hispanic	6.7	4.4	– 9.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	10.0	4.9	– 15.2
	Non-Hispanic White Female	6.5	3.7	– 9.4
	Non-Hispanic Black Male	6.2	0.0	– 12.5
	Non-Hispanic Black Female	11.1	2.7	– 19.5
	Hispanic Male	8.6	4.5	– 12.7
	Hispanic Female	5.0	2.6	– 7.4
AGE GROUP	18-44	0.2	0.0	– 0.5
	45-64	12.1	7.4	– 16.7
	65 & Older	18.3	13.9	– 22.7
EDUCATION LEVEL	<High School	13.5	7.2	– 19.9
	High School/GED	8.0	4.7	– 11.3
	>High School	3.7	2.7	– 4.7
ANNUAL INCOME	<\$25,000	10.7	7.1	– 14.3
	\$25,000-\$49,999	3.1	1.4	– 4.7
	\$50,000 or More	3.7	2.0	– 5.5
MARITAL STATUS	Married/Couple	6.2	4.3	– 8.1
	Not Married/Couple	8.1	5.3	– 11.0

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Health Promotion Programs

Percentage of adults who had not participated in an organized health promotion or community outreach activity in the past year:

		Measure	95% CI	
ALL	Overall	82.5	78.2	86.8
SEX	Male	84.8	77.1	92.4
	Female	80.6	76.0	85.1
RACE/ETHNICITY	Non-Hispanic White	84.6	78.1	91.1
	Non-Hispanic Black	81.5	69.1	93.9
	Hispanic	83.0	77.3	88.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	91.2	82.8	99.6
	Non-Hispanic White Female	78.7	69.3	88.2
	Non-Hispanic Black Male	83.6	59.2	100.0
	Non-Hispanic Black Female	79.8	68.9	90.6
	Hispanic Male	85.0	74.8	95.2
	Hispanic Female	81.3	75.2	87.4
AGE GROUP	18-44	75.5	67.6	83.3
	45-64	88.5	85.0	92.0
	65 & Older	92.1	88.6	95.6
EDUCATION LEVEL	<High School	91.2	81.7	100.0
	High School/GED	82.3	74.1	90.6
	>High School	78.6	72.7	84.6
ANNUAL INCOME	<\$25,000	86.9	81.3	92.6
	\$25,000-\$49,999	80.6	69.2	92.0
	\$50,000 or More	71.5	62.1	80.8
MARITAL STATUS	Married/Couple	81.4	76.2	86.5
	Not Married/Couple	83.4	76.8	90.1

Percentage of adults who had not seen or heard anything in Miami-Dade County about healthy eating and/or active living:

		Measure	95% CI	
ALL	Overall	47.9	42.6	53.2
SEX	Male	51.2	42.3	60.1
	Female	45.0	38.7	51.2
RACE/ETHNICITY	Non-Hispanic White	53.6	44.5	62.6
	Non-Hispanic Black	41.8	28.2	55.4
	Hispanic	47.8	40.7	54.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	57.7	43.8	71.6
	Non-Hispanic White Female	49.8	38.7	61.0
	Non-Hispanic Black Male	51.1	24.6	77.7
	Non-Hispanic Black Female	35.0	22.8	47.3
	Hispanic Male	49.1	37.4	60.9
	Hispanic Female	46.6	38.0	55.2
AGE GROUP	18-44	50.1	41.1	59.2
	45-64	44.6	37.2	52.0
	65 & Older	47.0	39.4	54.6
EDUCATION LEVEL	<High School	49.9	36.2	63.6
	High School/GED	47.0	37.0	56.9
	>High School	47.4	40.6	54.2
ANNUAL INCOME	<\$25,000	46.8	38.5	55.0
	\$25,000-\$49,999	55.1	42.3	68.0
	\$50,000 or More	40.2	31.7	48.8
MARITAL STATUS	Married/Couple	46.0	39.3	52.7
	Not Married/Couple	49.7	41.8	57.7

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Health Promotion Programs

Percentage of adults who thought community programs to prevent obesity were important to the health and well-being of Miami-Dade County residents:

		Measure	95% CI	
ALL	Overall	92.7	88.9	96.6
SEX	Male	88.4	80.9	95.9
	Female	96.7	94.5	98.9
RACE/ETHNICITY	Non-Hispanic White	91.5	86.2	96.9
	Non-Hispanic Black	92.0	81.3	100.0
	Hispanic	92.8	87.3	98.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	90.4	84.9	95.8
	Non-Hispanic White Female	92.6	83.7	100.0
	Non-Hispanic Black Male	84.3	60.4	100.0
	Non-Hispanic Black Female	97.6	94.5	100.0
	Hispanic Male	87.5	76.7	98.4
	Hispanic Female	97.6	95.6	99.6
AGE GROUP	18-44	90.4	83.1	97.6
	45-64	96.1	94.0	98.2
	65 & Older	93.3	90.0	96.7
EDUCATION LEVEL	<High School	92.6	83.4	100.0
	High School/GED	95.2	91.3	99.1
	>High School	92.2	86.1	98.3
ANNUAL INCOME	<\$25,000	92.7	87.0	98.5
	\$25,000-\$49,999	95.6	90.7	100.0
	\$50,000 or More	91.6	83.7	99.4
MARITAL STATUS	Married/Couple	96.2	94.2	98.1
	Not Married/Couple	89.8	83.1	96.6

Percentage of adults who thought community programs to help people have access to healthy food were important to the health and well-being of Miami-Dade County residents:

		Measure	95% CI	
ALL	Overall	94.8	91.7	97.9
SEX	Male	91.6	85.4	97.8
	Female	97.8	96.7	98.8
RACE/ETHNICITY	Non-Hispanic White	94.7	92.3	97.1
	Non-Hispanic Black	93.2	82.5	100.0
	Hispanic	94.9	90.7	99.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	91.7	86.7	96.6
	Non-Hispanic White Female	97.4	95.8	99.0
	Non-Hispanic Black Male	84.0	59.8	100.0
	Non-Hispanic Black Female	99.7	99.2	100.0
	Hispanic Male	92.4	84.2	100.0
	Hispanic Female	97.2	95.4	98.9
AGE GROUP	18-44	93.8	87.9	99.7
	45-64	96.4	94.8	98.0
	65 & Older	94.7	91.9	97.5
EDUCATION LEVEL	<High School	93.4	84.2	100.0
	High School/GED	97.6	96.1	99.1
	>High School	93.7	88.9	98.4
ANNUAL INCOME	<\$25,000	95.3	90.1	100.0
	\$25,000-\$49,999	97.7	95.5	100.0
	\$50,000 or More	90.7	82.8	98.7
MARITAL STATUS	Married/Couple	95.4	93.3	97.6
	Not Married/Couple	94.2	88.9	99.6

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Health Promotion Programs

Percentage of adults who thought community programs to create places to be active were important to the health and well-being of Miami-Dade County residents:

		Measure	95% CI	
ALL	Overall	96.9	95.4	– 98.4
SEX	Male	97.4	95.3	– 99.5
	Female	96.4	94.2	– 98.6
RACE/ETHNICITY	Non-Hispanic White	95.1	90.1	– 100.0
	Non-Hispanic Black	99.0	97.3	– 100.0
	Hispanic	97.3	95.8	– 98.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	96.2	93.6	– 98.8
	Non-Hispanic White Female	94.1	85.1	– 100.0
	Non-Hispanic Black Male	100.0	100.0	– 100.0
	Non-Hispanic Black Female	98.3	95.5	– 100.0
	Hispanic Male	98.3	96.0	– 100.0
	Hispanic Female	96.5	94.3	– 98.7
AGE GROUP	18-44	96.9	94.2	– 99.6
	45-64	97.7	96.3	– 99.0
	65 & Older	95.3	92.5	– 98.1
EDUCATION LEVEL	<High School	97.1	94.4	– 99.8
	High School/GED	96.3	92.1	– 100.0
	>High School	97.1	95.5	– 98.8
ANNUAL INCOME	<\$25,000	97.9	96.4	– 99.4
	\$25,000-\$49,999	96.0	91.0	– 100.0
	\$50,000 or More	95.5	92.1	– 98.9
MARITAL STATUS	Married/Couple	95.6	93.0	– 98.1
	Not Married/Couple	98.0	96.1	– 99.8

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthcare Access

Percentage of adults who had any kind of healthcare coverage:

		Measure	95% CI	
ALL	Overall	72.3	67.6	77.0
SEX	Male	73.4	65.8	81.0
	Female	71.3	65.5	77.1
RACE/ETHNICITY	Non-Hispanic White	91.7	87.2	96.2
	Non-Hispanic Black	76.1	65.6	86.5
	Hispanic	67.2	60.7	73.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	86.7	77.9	95.6
	Non-Hispanic White Female	96.3	93.9	98.7
	Non-Hispanic Black Male	75.0	56.2	93.8
	Non-Hispanic Black Female	77.0	66.3	87.6
	Hispanic Male	71.6	61.4	81.9
	Hispanic Female	63.2	55.1	71.2
AGE GROUP	18-44	68.9	60.8	77.0
	45-64	64.7	58.0	71.5
	65 & Older	93.9	90.6	97.1
EDUCATION LEVEL	<High School	59.6	46.9	72.3
	High School/GED	67.9	58.9	76.9
	>High School	81.6	77.0	86.2
ANNUAL INCOME	<\$25,000	59.6	52.1	67.1
	\$25,000-\$49,999	70.4	58.7	82.1
	\$50,000 or More	88.4	81.5	95.3
MARITAL STATUS	Married/Couple	76.0	70.2	81.8
	Not Married/Couple	69.1	61.9	76.3

Percentage of adults who did not have any kind of healthcare coverage:

		Measure	95% CI	
ALL	Overall	27.7	23.0	32.4
SEX	Male	26.6	19.0	34.2
	Female	28.7	22.9	34.5
RACE/ETHNICITY	Non-Hispanic White	8.3	3.8	12.8
	Non-Hispanic Black	23.9	13.5	34.4
	Hispanic	32.8	26.3	39.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	13.3	4.4	22.1
	Non-Hispanic White Female	3.7	1.3	6.1
	Non-Hispanic Black Male	25.0	6.2	43.8
	Non-Hispanic Black Female	23.0	12.4	33.7
	Hispanic Male	28.4	18.1	38.6
	Hispanic Female	36.8	28.8	44.9
AGE GROUP	18-44	31.1	23.0	39.2
	45-64	35.3	28.5	42.0
	65 & Older	6.1	2.9	9.4
EDUCATION LEVEL	<High School	40.4	27.7	53.1
	High School/GED	32.1	23.1	41.1
	>High School	18.4	13.8	23.0
ANNUAL INCOME	<\$25,000	40.4	32.9	47.9
	\$25,000-\$49,999	29.6	17.9	41.3
	\$50,000 or More	11.6	4.7	18.5
MARITAL STATUS	Married/Couple	24.0	18.2	29.8
	Not Married/Couple	30.9	23.7	38.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthcare Access

Percentage of adults, aged 18-64 years, who had any kind of healthcare coverage:

		Measure	95% CI		
ALL	Overall	67.3	61.7	73.0	
SEX	Male	69.0	60.2	77.9	
	Female	65.6	58.6	72.7	
RACE/ETHNICITY	Non-Hispanic White	90.0	83.9	96.0	
	Non-Hispanic Black	73.8	62.1	85.5	
	Hispanic	61.2	53.5	68.9	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	84.4	73.0	95.8	
	Non-Hispanic White Female	95.6	92.3	98.9	
	Non-Hispanic Black Male	72.3	51.3	93.3	
	Non-Hispanic Black Female	75.1	63.1	87.0	
	Hispanic Male	67.0	55.0	78.9	
	Hispanic Female	55.7	46.2	65.1	
	AGE GROUP	18-44	68.9	60.8	77.0
		45-64	64.7	58.0	71.5
EDUCATION LEVEL	<High School	40.9	24.4	57.3	
	High School/GED	63.2	52.5	73.9	
	>High School	79.7	74.4	84.9	
ANNUAL INCOME	<\$25,000	47.0	38.0	56.1	
	\$25,000-\$49,999	66.6	53.5	79.7	
	\$50,000 or More	87.9	80.5	95.3	
MARITAL STATUS	Married/Couple	72.8	66.1	79.5	
	Not Married/Couple	62.0	53.2	70.9	

Percentage of adults, aged 18-64 years, who did not have any kind of healthcare coverage:

		Measure	95% CI		
ALL	Overall	32.7	27.0	38.3	
SEX	Male	31.0	22.1	39.8	
	Female	34.4	27.3	41.4	
RACE/ETHNICITY	Non-Hispanic White	10.0	4.0	16.1	
	Non-Hispanic Black	26.2	14.5	37.9	
	Hispanic	38.8	31.1	46.5	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	15.6	4.2	27.0	
	Non-Hispanic White Female	4.4	1.1	7.7	
	Non-Hispanic Black Male	27.7	6.7	48.7	
	Non-Hispanic Black Female	24.9	13.0	36.9	
	Hispanic Male	33.0	21.1	45.0	
	Hispanic Female	44.3	34.9	53.8	
	AGE GROUP	18-44	31.1	23.0	39.2
		45-64	35.3	28.5	42.0
EDUCATION LEVEL	<High School	59.1	42.7	75.6	
	High School/GED	36.8	26.1	47.5	
	>High School	20.3	15.1	25.6	
ANNUAL INCOME	<\$25,000	53.0	43.9	62.0	
	\$25,000-\$49,999	33.4	20.3	46.5	
	\$50,000 or More	12.1	4.7	19.5	
MARITAL STATUS	Married/Couple	27.2	20.5	33.9	
	Not Married/Couple	38.0	29.1	46.8	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthcare Access

Percentage of adults who had a personal healthcare provider:

		Measure	95% CI	
ALL	Overall	73.5	68.5	78.5
SEX	Male	68.9	60.7	77.1
	Female	77.6	71.8	83.5
RACE/ETHNICITY	Non-Hispanic White	86.2	79.8	92.6
	Non-Hispanic Black	75.5	64.0	87.0
	Hispanic	70.4	63.6	77.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	83.5	74.1	92.9
	Non-Hispanic White Female	88.7	79.8	97.5
	Non-Hispanic Black Male	69.9	49.7	90.0
	Non-Hispanic Black Female	80.3	67.9	92.7
	Hispanic Male	66.7	55.5	77.9
	Hispanic Female	73.6	65.6	81.7
AGE GROUP	18-44	62.2	53.7	70.7
	45-64	78.5	72.5	84.5
	65 & Older	95.2	92.8	97.7
EDUCATION LEVEL	<High School	67.7	54.6	80.8
	High School/GED	74.0	64.8	83.1
	>High School	75.6	69.5	81.7
ANNUAL INCOME	<\$25,000	67.0	59.3	74.7
	\$25,000-\$49,999	79.5	68.6	90.3
	\$50,000 or More	76.5	67.2	85.9
MARITAL STATUS	Married/Couple	78.3	72.5	84.1
	Not Married/Couple	69.0	61.4	76.7

Percentage of adults who did not have a personal healthcare provider:

		Measure	95% CI	
ALL	Overall	26.5	21.5	31.5
SEX	Male	31.1	22.9	39.3
	Female	22.4	16.5	28.2
RACE/ETHNICITY	Non-Hispanic White	13.8	7.4	20.2
	Non-Hispanic Black	24.5	13.0	36.0
	Hispanic	29.6	22.8	36.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	16.5	7.1	25.9
	Non-Hispanic White Female	11.3	2.5	20.2
	Non-Hispanic Black Male	30.1	10.0	50.3
	Non-Hispanic Black Female	19.7	7.3	32.1
	Hispanic Male	33.3	22.1	44.5
	Hispanic Female	26.4	18.3	34.4
AGE GROUP	18-44	37.8	29.3	46.3
	45-64	21.5	15.5	27.5
	65 & Older	4.8	2.3	7.2
EDUCATION LEVEL	<High School	32.3	19.2	45.4
	High School/GED	26.0	16.9	35.2
	>High School	24.4	18.3	30.5
ANNUAL INCOME	<\$25,000	33.0	25.3	40.7
	\$25,000-\$49,999	20.5	9.7	31.4
	\$50,000 or More	23.5	14.1	32.8
MARITAL STATUS	Married/Couple	21.7	15.9	27.5
	Not Married/Couple	31.0	23.3	38.6

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthcare Access

Percentage of adults who needed to see a healthcare provider, but did not due to cost, at least once in the past year:

		Measure	95% CI	
ALL	Overall	25.9	21.3	30.5
SEX	Male	20.4	13.3	27.4
	Female	31.0	25.1	36.8
RACE/ETHNICITY	Non-Hispanic White	9.0	4.1	13.8
	Non-Hispanic Black	27.8	16.8	38.8
	Hispanic	30.4	24.0	36.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	6.8	2.6	11.0
	Non-Hispanic White Female	11.0	2.7	19.3
	Non-Hispanic Black Male	20.3	2.0	38.7
	Non-Hispanic Black Female	34.2	21.5	46.9
	Hispanic Male	24.4	14.4	34.4
	Hispanic Female	35.6	27.7	43.6
AGE GROUP	18-44	30.5	22.5	38.4
	45-64	30.1	23.7	36.6
	65 & Older	6.2	3.1	9.3
EDUCATION LEVEL	<High School	25.6	14.3	37.0
	High School/GED	32.0	22.8	41.3
	>High School	22.3	16.8	27.8
ANNUAL INCOME	<\$25,000	33.6	26.6	40.6
	\$25,000-\$49,999	30.6	18.7	42.6
	\$50,000 or More	14.4	6.2	22.6
MARITAL STATUS	Married/Couple	24.4	18.6	30.3
	Not Married/Couple	27.4	20.5	34.3

Percentage of adults who had seen a healthcare provider for a routine check-up in the past year:

		Measure	95% CI	
ALL	Overall	66.1	61.3	70.9
SEX	Male	62.1	54.1	70.0
	Female	69.7	64.2	75.3
RACE/ETHNICITY	Non-Hispanic White	70.0	61.8	78.3
	Non-Hispanic Black	71.0	59.6	82.4
	Hispanic	64.2	57.7	70.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	65.0	52.0	77.9
	Non-Hispanic White Female	74.6	63.9	85.4
	Non-Hispanic Black Male	69.8	50.1	89.6
	Non-Hispanic Black Female	72.1	59.4	84.7
	Hispanic Male	60.8	50.0	71.6
	Hispanic Female	67.1	59.6	74.6
AGE GROUP	18-44	55.8	47.5	64.0
	45-64	68.4	62.0	74.9
	65 & Older	90.3	86.0	94.5
EDUCATION LEVEL	<High School	64.1	51.1	77.1
	High School/GED	70.7	62.1	79.2
	>High School	64.4	58.5	70.3
ANNUAL INCOME	<\$25,000	65.0	57.5	72.5
	\$25,000-\$49,999	67.2	55.6	78.9
	\$50,000 or More	64.3	55.8	72.7
MARITAL STATUS	Married/Couple	67.8	61.9	73.8
	Not Married/Couple	64.2	56.8	71.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthcare Access

Percentage of adults who had not seen a healthcare provider for a routine check-up in the past year:

		Measure	95% CI	
ALL	Overall	33.9	29.1	– 38.7
SEX	Male	37.9	30.0	– 45.9
	Female	30.3	24.7	– 35.8
RACE/ETHNICITY	Non-Hispanic White	30.0	21.7	– 38.2
	Non-Hispanic Black	29.0	17.6	– 40.4
	Hispanic	35.8	29.3	– 42.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	35.0	22.1	– 48.0
	Non-Hispanic White Female	25.4	14.6	– 36.1
	Non-Hispanic Black Male	30.2	10.4	– 49.9
	Non-Hispanic Black Female	27.9	15.3	– 40.6
	Hispanic Male	39.2	28.4	– 50.0
	Hispanic Female	32.9	25.4	– 40.4
AGE GROUP	18-44	44.2	36.0	– 52.5
	45-64	31.6	25.1	– 38.0
	65 & Older	9.7	5.5	– 14.0
EDUCATION LEVEL	<High School	35.9	22.9	– 48.9
	High School/GED	29.3	20.8	– 37.9
	>High School	35.6	29.7	– 41.5
ANNUAL INCOME	<\$25,000	35.0	27.5	– 42.5
	\$25,000-\$49,999	32.8	21.1	– 44.4
	\$50,000 or More	35.7	27.3	– 44.2
MARITAL STATUS	Married/Couple	32.2	26.2	– 38.1
	Not Married/Couple	35.8	28.5	– 43.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthy Food Choices

Percentage of adults whose home was five miles or less from the grocery store where they did most of their or their family's grocery shopping:

		Measure	95% CI	
ALL	Overall	93.4	90.5	96.3
SEX	Male	95.6	91.3	99.9
	Female	91.5	87.6	95.3
RACE/ETHNICITY	Non-Hispanic White	94.2	90.2	98.3
	Non-Hispanic Black	92.8	84.9	100.0
	Hispanic	93.6	89.8	97.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	98.7	97.3	100.0
	Non-Hispanic White Female	90.2	82.9	97.6
	Non-Hispanic Black Male	99.6	98.7	100.0
	Non-Hispanic Black Female	87.9	75.2	100.0
	Hispanic Male	94.7	88.2	100.0
	Hispanic Female	92.7	88.1	97.2
AGE GROUP	18-44	91.9	86.7	97.0
	45-64	94.6	91.4	97.7
	65 & Older	96.2	93.9	98.4
EDUCATION LEVEL	<High School	94.8	89.8	99.9
	High School/GED	93.9	89.5	98.3
	>High School	92.4	87.7	97.1
ANNUAL INCOME	<\$25,000	90.0	84.5	95.4
	\$25,000-\$49,999	97.4	94.2	100.0
	\$50,000 or More	95.9	93.2	98.7
MARITAL STATUS	Married/Couple	93.7	90.3	97.0
	Not Married/Couple	93.1	88.6	97.6

Percentage of adults whose store, where they usually shopped for groceries, did not have signs that easily identified food items or products that were healthier choices:

		Measure	95% CI	
ALL	Overall	23.3	18.7	27.8
SEX	Male	20.8	13.6	28.0
	Female	25.4	19.7	31.1
RACE/ETHNICITY	Non-Hispanic White	19.3	13.3	25.3
	Non-Hispanic Black	23.5	9.1	37.8
	Hispanic	24.6	18.7	30.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	16.8	9.2	24.5
	Non-Hispanic White Female	21.3	12.4	30.2
	Non-Hispanic Black Male	26.0	0.0	54.9
	Non-Hispanic Black Female	21.6	9.2	33.9
	Hispanic Male	20.7	12.3	29.2
	Hispanic Female	27.8	19.8	35.9
AGE GROUP	18-44	25.3	17.5	33.2
	45-64	21.9	16.2	27.6
	65 & Older	18.2	12.8	23.6
EDUCATION LEVEL	<High School	25.4	11.7	39.1
	High School/GED	17.6	10.8	24.3
	>High School	26.1	20.3	31.9
ANNUAL INCOME	<\$25,000	23.1	16.5	29.8
	\$25,000-\$49,999	24.0	10.4	37.6
	\$50,000 or More	25.2	17.1	33.3
MARITAL STATUS	Married/Couple	24.2	18.6	29.8
	Not Married/Couple	22.7	15.7	29.7

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthy Food Choices

Percentage of adults whose store, where they usually shopped for groceries, did not have a shelf labeling system that allowed them to compare healthier versus less healthy food items:

		Measure	95% CI	
ALL	Overall	44.7	39.2	50.1
SEX	Male	47.5	38.4	56.6
	Female	42.1	35.9	48.4
RACE/ETHNICITY	Non-Hispanic White	56.3	46.4	66.1
	Non-Hispanic Black	45.7	31.4	60.0
	Hispanic	42.0	34.7	49.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	56.5	41.4	71.6
	Non-Hispanic White Female	56.1	43.3	68.8
	Non-Hispanic Black Male	52.1	25.6	78.7
	Non-Hispanic Black Female	40.8	26.7	54.8
	Hispanic Male	45.1	33.0	57.2
AGE GROUP	18-44	52.9	43.9	62.0
	45-64	38.0	30.7	45.2
	65 & Older	29.8	23.3	36.3
EDUCATION LEVEL	<High School	25.1	12.2	38.1
	High School/GED	40.1	30.0	50.2
	>High School	55.8	49.0	62.6
ANNUAL INCOME	<\$25,000	34.0	26.0	42.0
	\$25,000-\$49,999	38.5	25.3	51.6
	\$50,000 or More	58.8	49.6	67.9
MARITAL STATUS	Married/Couple	43.6	36.9	50.3
	Not Married/Couple	45.8	37.5	54.0

Percentage of adults whose store, where they usually shopped for groceries, did not have checkout aisles that were free from placement of candy and/or other high calorie foods:

		Measure	95% CI	
ALL	Overall	67.1	61.8	72.4
SEX	Male	65.6	56.8	74.3
	Female	68.5	62.4	74.6
RACE/ETHNICITY	Non-Hispanic White	84.7	79.1	90.3
	Non-Hispanic Black	64.2	51.0	77.5
	Hispanic	62.4	55.2	69.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	81.5	72.1	91.0
	Non-Hispanic White Female	87.5	80.9	94.1
	Non-Hispanic Black Male	57.4	31.0	83.9
	Non-Hispanic Black Female	69.2	57.1	81.2
	Hispanic Male	62.0	50.3	73.7
AGE GROUP	18-44	70.6	62.1	79.1
	45-64	65.0	57.4	72.6
	65 & Older	58.4	50.4	66.5
EDUCATION LEVEL	<High School	54.2	39.5	68.9
	High School/GED	61.9	51.7	72.1
	>High School	75.4	69.4	81.4
ANNUAL INCOME	<\$25,000	55.5	46.6	64.3
	\$25,000-\$49,999	71.9	60.1	83.7
	\$50,000 or More	81.2	75.3	87.1
MARITAL STATUS	Married/Couple	68.8	62.1	75.5
	Not Married/Couple	65.7	57.8	73.6

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthy Food Choices

Percentage of adults whose store, where they usually shopped for groceries, did not have all the fresh produce, dairy, and meat they desired:

		Measure	95% CI	
ALL	Overall	8.5	5.4	– 11.6
SEX	Male	8.2	2.7	– 13.7
	Female	8.8	5.4	– 12.1
RACE/ETHNICITY	Non-Hispanic White	5.6	2.8	– 8.3
	Non-Hispanic Black	14.9	1.1	– 28.7
	Hispanic	7.8	4.6	– 11.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	6.7	1.6	– 11.8
	Non-Hispanic White Female	4.6	2.1	– 7.0
	Non-Hispanic Black Male	20.8	0.0	– 48.5
	Non-Hispanic Black Female	10.6	0.0	– 22.4
	Hispanic Male	6.3	1.2	– 11.5
	Hispanic Female	9.0	4.9	– 13.0
AGE GROUP	18-44	11.8	6.0	– 17.6
	45-64	4.4	2.5	– 6.3
	65 & Older	5.5	2.1	– 9.0
EDUCATION LEVEL	<High School	8.7	0.0	– 18.8
	High School/GED	2.6	0.9	– 4.3
	>High School	12.0	7.6	– 16.3
ANNUAL INCOME	<\$25,000	6.9	2.8	– 11.1
	\$25,000-\$49,999	11.0	0.0	– 21.9
	\$50,000 or More	10.8	5.5	– 16.2
MARITAL STATUS	Married/Couple	9.4	6.1	– 12.7
	Not Married/Couple	7.9	2.9	– 12.9

Percentage of adults who purchased fresh produce at their farmers' market, among adults who had access to a farmers' market in their neighborhood:

		Measure	95% CI	
ALL	Overall	65.2	56.1	– 74.3
SEX	Male	67.3	53.8	– 80.7
	Female	63.0	51.1	– 74.9
RACE/ETHNICITY	Non-Hispanic White	65.6	51.1	– 80.1
	Non-Hispanic Black	49.3	26.9	– 71.7
	Hispanic	69.7	57.4	– 82.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	62.3	39.3	– 85.3
	Non-Hispanic White Female	70.2	55.5	– 84.8
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	52.5	29.3	– 75.7
	Hispanic Male	74.0	58.3	– 89.8
	Hispanic Female	64.7	46.3	– 83.0
AGE GROUP	18-44	62.9	48.2	– 77.5
	45-64	71.4	60.0	– 82.8
	65 & Older	61.7	47.2	– 76.2
EDUCATION LEVEL	<High School	^		
	High School/GED	71.9	53.8	– 89.9
	>High School	60.0	49.0	– 70.9
ANNUAL INCOME	<\$25,000	63.1	44.7	– 81.5
	\$25,000-\$49,999	69.3	49.3	– 89.2
	\$50,000 or More	58.8	45.6	– 71.9
MARITAL STATUS	Married/Couple	68.9	59.9	– 77.9
	Not Married/Couple	62.5	48.3	– 76.7

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthy Food Choices

Percentage of adults who did not have access to a farmers' market in their neighborhood:

		Measure	95% CI	
ALL	Overall	66.9	61.8	72.0
SEX	Male	62.8	54.1	71.4
	Female	70.6	64.7	76.4
RACE/ETHNICITY	Non-Hispanic White	62.8	53.2	72.4
	Non-Hispanic Black	61.9	48.3	75.5
	Hispanic	69.1	62.3	75.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	54.3	39.0	69.7
	Non-Hispanic White Female	70.4	60.1	80.7
	Non-Hispanic Black Male	61.3	35.3	87.2
	Non-Hispanic Black Female	62.4	48.6	76.2
	Hispanic Male	63.8	52.4	75.2
	Hispanic Female	73.5	65.5	81.5
AGE GROUP	18-44	64.1	55.4	72.8
	45-64	68.5	61.6	75.4
	65 & Older	72.8	66.1	79.6
EDUCATION LEVEL	<High School	69.1	56.5	81.8
	High School/GED	65.3	54.8	75.7
	>High School	68.0	61.8	74.3
ANNUAL INCOME	<\$25,000	69.8	61.5	78.2
	\$25,000-\$49,999	68.6	57.0	80.2
	\$50,000 or More	61.4	52.6	70.3
MARITAL STATUS	Married/Couple	69.9	64.1	75.6
	Not Married/Couple	65.2	57.3	73.1

Percentage of adults who would purchase fresh produce at a farmers' market if one was accessible, among adults who did not have access to a farmers' market in their neighborhood:

		Measure	95% CI	
ALL	Overall	91.3	86.9	95.6
SEX	Male	91.0	84.3	97.7
	Female	91.5	85.7	97.2
RACE/ETHNICITY	Non-Hispanic White	89.9	84.6	95.3
	Non-Hispanic Black	96.4	92.3	100.0
	Hispanic	90.3	83.8	96.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	83.2	71.7	94.7
	Non-Hispanic White Female	94.6	91.2	98.0
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	96.8	93.1	100.0
	Hispanic Male	91.8	81.9	100.0
	Hispanic Female	89.2	80.5	97.8
AGE GROUP	18-44	90.1	81.8	98.4
	45-64	94.2	91.0	97.4
	65 & Older	89.3	84.5	94.1
EDUCATION LEVEL	<High School	86.6	72.7	100.0
	High School/GED	94.0	90.2	97.8
	>High School	91.7	86.0	97.4
ANNUAL INCOME	<\$25,000	92.0	88.1	96.0
	\$25,000-\$49,999	90.0	75.8	100.0
	\$50,000 or More	95.8	93.1	98.5
MARITAL STATUS	Married/Couple	95.7	93.3	98.0
	Not Married/Couple	87.5	79.9	95.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthy Food Choices

Percentage of adults who would not purchase fresh produce at a farmers' market because it was too expensive, among adults who did not have access to a farmers' market in their neighborhood:

		Measure	95% CI	
ALL	Overall	44.1	14.9	73.3
SEX	Male	^		
	Female	18.8	4.8	32.8
RACE/ETHNICITY	Non-Hispanic White	^		
	Non-Hispanic Black	^		
	Hispanic	^		
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	^		
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
	Hispanic Male	^		
AGE GROUP	18-44	^		
	45-64	^		
	65 & Older	16.7	0.0	36.9
EDUCATION LEVEL	<High School	^		
	High School/GED	^		
	>High School	57.7	20.3	95.0
ANNUAL INCOME	<\$25,000	^		
	\$25,000-\$49,999	^		
	\$50,000 or More	^		
MARITAL STATUS	Married/Couple	^		
	Not Married/Couple	53.3	18.7	87.9

Percentage of adults who would not purchase fresh produce at a farmers' market because they did not trust the safety of the produce, among adults who did not have access to a farmers' market in their neighborhood:

		Measure	95% CI	
ALL	Overall	7.2	0.0	15.0
SEX	Male	^		
	Female	11.1	0.0	24.2
RACE/ETHNICITY	Non-Hispanic White	^		
	Non-Hispanic Black	^		
	Hispanic	^		
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	^		
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
	Hispanic Male	^		
AGE GROUP	18-44	^		
	45-64	^		
	65 & Older	12.1	0.0	28.5
EDUCATION LEVEL	<High School	^		
	High School/GED	^		
	>High School	3.4	0.0	9.9
ANNUAL INCOME	<\$25,000	^		
	\$25,000-\$49,999	^		
	\$50,000 or More	^		
MARITAL STATUS	Married/Couple	^		
	Not Married/Couple	6.4	0.0	16.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Healthy Food Choices

Percentage of adults who would not purchase fresh produce at a farmers' market because they do not purchase fresh produce, among adults who did not have access to a farmers' market in their neighborhood:

		Measure	95% CI	
ALL	Overall	5.4	0.0	– 11.3
SEX	Male	^		
	Female	8.7	0.0	– 19.1
RACE/ETHNICITY	Non-Hispanic White	^		
	Non-Hispanic Black	^		
	Hispanic	^		
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	^		
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
	Hispanic Male	^		
	Hispanic Female	^		
AGE GROUP	18-44	^		
	45-64	^		
	65 & Older	6.3	0.0	– 15.0
EDUCATION LEVEL	<High School	^		
	High School/GED	^		
	>High School	9.7	0.0	– 22.0
ANNUAL INCOME	<\$25,000	^		
	\$25,000-\$49,999	^		
	\$50,000 or More	^		
MARITAL STATUS	Married/Couple	^		
	Not Married/Couple	6.0	0.0	– 14.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Mental Health

Percentage of adults who reported not receiving the social and emotional support they needed:

		Measure	95% CI	
ALL	Overall	44.6	39.4	– 49.7
SEX	Male	47.3	38.8	– 55.9
	Female	42.2	36.1	– 48.2
RACE/ETHNICITY	Non-Hispanic White	30.2	21.1	– 39.4
	Non-Hispanic Black	56.3	43.5	– 69.0
	Hispanic	46.1	39.3	– 52.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	33.5	18.4	– 48.6
	Non-Hispanic White Female	27.4	16.7	– 38.1
	Non-Hispanic Black Male	66.6	46.9	– 86.3
	Non-Hispanic Black Female	47.5	33.6	– 61.4
	Hispanic Male	47.1	36.0	– 58.3
	Hispanic Female	45.2	36.9	– 53.5
AGE GROUP	18-44	41.3	32.6	– 50.0
	45-64	46.0	38.8	– 53.2
	65 & Older	51.8	45.1	– 58.5
EDUCATION LEVEL	<High School	62.4	50.0	– 74.8
	High School/GED	57.3	48.2	– 66.4
	>High School	29.4	23.9	– 35.0
ANNUAL INCOME	<\$25,000	51.7	43.6	– 59.7
	\$25,000-\$49,999	49.2	36.7	– 61.7
	\$50,000 or More	32.6	24.0	– 41.3
MARITAL STATUS	Married/Couple	38.4	32.0	– 44.7
	Not Married/Couple	49.6	41.9	– 57.4

Percentage of adults who reported feeling nervous in the past 30 days:

		Measure	95% CI	
ALL	Overall	34.3	29.3	– 39.3
SEX	Male	30.8	22.5	– 39.1
	Female	37.4	31.5	– 43.3
RACE/ETHNICITY	Non-Hispanic White	24.0	15.7	– 32.4
	Non-Hispanic Black	42.2	28.9	– 55.5
	Hispanic	37.0	30.3	– 43.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	22.4	6.8	– 38.0
	Non-Hispanic White Female	25.5	17.4	– 33.5
	Non-Hispanic Black Male	38.9	15.1	– 62.6
	Non-Hispanic Black Female	45.1	31.2	– 59.0
	Hispanic Male	34.3	23.2	– 45.3
	Hispanic Female	39.2	31.1	– 47.3
AGE GROUP	18-44	33.1	24.6	– 41.6
	45-64	39.4	32.2	– 46.5
	65 & Older	29.0	22.9	– 35.1
EDUCATION LEVEL	<High School	37.6	25.2	– 50.1
	High School/GED	39.4	29.8	– 49.0
	>High School	28.8	22.5	– 35.1
ANNUAL INCOME	<\$25,000	37.2	29.4	– 45.0
	\$25,000-\$49,999	40.5	27.8	– 53.1
	\$50,000 or More	18.2	12.5	– 23.9
MARITAL STATUS	Married/Couple	26.8	21.3	– 32.3
	Not Married/Couple	40.3	32.6	– 48.0

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Mental Health

Percentage of adults who reported feeling hopeless in the past 30 days:

		Measure	95% CI	
ALL	Overall	19.3	15.2	– 23.4
SEX	Male	15.2	8.8	– 21.7
	Female	22.9	17.7	– 28.1
RACE/ETHNICITY	Non-Hispanic White	13.0	4.3	– 21.6
	Non-Hispanic Black	23.0	12.2	– 33.9
	Hispanic	18.9	14.0	– 23.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	14.0	0.0	– 30.1
	Non-Hispanic White Female	12.1	4.5	– 19.7
	Non-Hispanic Black Male	10.8	0.0	– 22.8
	Non-Hispanic Black Female	33.4	18.7	– 48.2
	Hispanic Male	13.9	6.5	– 21.2
	Hispanic Female	23.1	16.5	– 29.8
AGE GROUP	18-44	14.1	7.7	– 20.4
	45-64	26.9	19.8	– 33.9
	65 & Older	21.7	16.0	– 27.4
EDUCATION LEVEL	<High School	34.6	22.3	– 46.9
	High School/GED	24.8	16.4	– 33.2
	>High School	8.9	5.6	– 12.2
ANNUAL INCOME	<\$25,000	26.1	19.0	– 33.2
	\$25,000-\$49,999	16.7	7.2	– 26.2
	\$50,000 or More	5.1	1.9	– 8.3
MARITAL STATUS	Married/Couple	15.3	9.8	– 20.7
	Not Married/Couple	22.2	16.1	– 28.3

Percentage of adults who reported feeling restless or fidgety in the past 30 days:

		Measure	95% CI	
ALL	Overall	31.0	26.1	– 35.8
SEX	Male	31.4	23.1	– 39.7
	Female	30.6	25.1	– 36.1
RACE/ETHNICITY	Non-Hispanic White	28.5	19.5	– 37.5
	Non-Hispanic Black	43.8	30.4	– 57.2
	Hispanic	29.3	22.9	– 35.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	32.7	17.4	– 48.1
	Non-Hispanic White Female	24.8	15.3	– 34.2
	Non-Hispanic Black Male	40.9	16.3	– 65.4
	Non-Hispanic Black Female	46.2	32.4	– 59.9
	Hispanic Male	30.0	18.9	– 41.2
	Hispanic Female	28.7	21.6	– 35.9
AGE GROUP	18-44	32.0	23.6	– 40.3
	45-64	33.2	26.4	– 40.0
	65 & Older	25.1	19.1	– 31.1
EDUCATION LEVEL	<High School	30.9	18.7	– 43.1
	High School/GED	31.4	22.6	– 40.1
	>High School	29.9	23.4	– 36.5
ANNUAL INCOME	<\$25,000	33.9	26.7	– 41.1
	\$25,000-\$49,999	32.6	19.6	– 45.5
	\$50,000 or More	22.3	14.1	– 30.6
MARITAL STATUS	Married/Couple	24.8	19.2	– 30.4
	Not Married/Couple	36.0	28.4	– 43.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Mental Health

Percentage of adults who reported feeling so depressed that nothing could cheer them up in the past 30 days:

		Measure	95% CI	
ALL	Overall	16.6	12.8	– 20.4
SEX	Male	13.9	8.0	– 19.8
	Female	19.1	14.2	– 24.0
RACE/ETHNICITY	Non-Hispanic White	8.7	0.2	– 17.1
	Non-Hispanic Black	23.1	12.9	– 33.3
	Hispanic	17.5	12.6	– 22.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	12.6	0.0	– 29.1
	Non-Hispanic White Female	5.2	0.0	– 10.5
	Non-Hispanic Black Male	11.0	0.0	– 23.5
	Non-Hispanic Black Female	33.0	19.5	– 46.4
	Hispanic Male	14.9	7.3	– 22.4
	Hispanic Female	19.8	13.3	– 26.3
AGE GROUP	18-44	10.4	5.0	– 15.8
	45-64	24.0	17.1	– 30.9
	65 & Older	22.3	15.1	– 29.5
EDUCATION LEVEL	<High School	26.3	15.6	– 37.0
	High School/GED	24.0	15.6	– 32.3
	>High School	8.5	5.1	– 12.0
ANNUAL INCOME	<\$25,000	22.6	16.5	– 28.6
	\$25,000-\$49,999	12.0	3.2	– 20.8
	\$50,000 or More	2.1	0.0	– 4.9
MARITAL STATUS	Married/Couple	14.0	9.0	– 19.0
	Not Married/Couple	18.5	12.9	– 24.1

Percentage of adults who reported feeling that everything required effort in the past 30 days:

		Measure	95% CI	
ALL	Overall	37.2	31.9	– 42.5
SEX	Male	36.6	27.6	– 45.5
	Female	37.7	31.5	– 44.0
RACE/ETHNICITY	Non-Hispanic White	24.4	15.5	– 33.2
	Non-Hispanic Black	64.4	53.2	– 75.5
	Hispanic	33.7	26.7	– 40.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	22.8	7.1	– 38.6
	Non-Hispanic White Female	25.8	16.3	– 35.2
	Non-Hispanic Black Male	68.2	49.5	– 87.0
	Non-Hispanic Black Female	61.2	48.8	– 73.6
	Hispanic Male	30.9	19.6	– 42.2
	Hispanic Female	35.9	27.3	– 44.6
AGE GROUP	18-44	40.3	31.2	– 49.4
	45-64	36.4	29.1	– 43.6
	65 & Older	31.1	24.3	– 37.9
EDUCATION LEVEL	<High School	56.1	43.7	– 68.6
	High School/GED	46.8	37.0	– 56.5
	>High School	23.5	17.6	– 29.5
ANNUAL INCOME	<\$25,000	47.3	39.1	– 55.6
	\$25,000-\$49,999	36.1	22.5	– 49.8
	\$50,000 or More	23.3	13.8	– 32.9
MARITAL STATUS	Married/Couple	30.6	24.0	– 37.2
	Not Married/Couple	42.6	34.6	– 50.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Mental Health

Percentage of adults who reported feeling worthless in the past 30 days:

		Measure	95% CI	
ALL	Overall	12.8	9.0	– 16.6
SEX	Male	10.9	5.3	– 16.6
	Female	14.4	9.4	– 19.4
RACE/ETHNICITY	Non-Hispanic White	6.7	0.0	– 14.8
	Non-Hispanic Black	14.5	5.3	– 23.7
	Hispanic	14.3	9.2	– 19.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	11.2	0.0	– 27.5
	Non-Hispanic White Female	2.8	0.8	– 4.7
	Non-Hispanic Black Male	8.5	0.0	– 19.3
	Non-Hispanic Black Female	19.4	6.1	– 32.8
	Hispanic Male	11.5	4.2	– 18.8
	Hispanic Female	16.5	9.6	– 23.5
AGE GROUP	18-44	7.9	2.2	– 13.6
	45-64	19.4	12.6	– 26.2
	65 & Older	15.7	9.7	– 21.7
EDUCATION LEVEL	<High School	26.5	14.2	– 38.8
	High School/GED	13.5	7.1	– 20.0
	>High School	6.5	3.1	– 10.0
ANNUAL INCOME	<\$25,000	17.7	11.7	– 23.7
	\$25,000-\$49,999	9.4	0.0	– 19.1
	\$50,000 or More	2.0	0.0	– 4.8
MARITAL STATUS	Married/Couple	9.9	5.2	– 14.6
	Not Married/Couple	15.3	9.5	– 21.0

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Miscellaneous

Percentage of adults who drank less than two 8-ounce servings of water, per day, in the past week:

		Measure	95% CI	
ALL	Overall	14.2	11.1	– 17.2
SEX	Male	13.9	9.1	– 18.7
	Female	14.4	10.5	– 18.3
RACE/ETHNICITY	Non-Hispanic White	21.9	14.9	– 28.9
	Non-Hispanic Black	19.5	10.3	– 28.7
	Hispanic	11.4	7.6	– 15.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	21.5	9.5	– 33.4
	Non-Hispanic White Female	22.3	14.4	– 30.2
	Non-Hispanic Black Male	18.1	0.9	– 35.2
	Non-Hispanic Black Female	20.6	11.4	– 29.8
	Hispanic Male	12.3	6.8	– 17.7
	Hispanic Female	10.7	5.4	– 16.0
AGE GROUP	18-44	13.0	8.2	– 17.9
	45-64	14.6	9.6	– 19.5
	65 & Older	17.1	12.2	– 22.0
EDUCATION LEVEL	<High School	9.9	3.9	– 16.0
	High School/GED	13.9	7.6	– 20.1
	>High School	15.7	11.6	– 19.9
ANNUAL INCOME	<\$25,000	11.7	7.1	– 16.2
	\$25,000-\$49,999	15.6	7.6	– 23.6
	\$50,000 or More	18.0	12.0	– 24.0
MARITAL STATUS	Married/Couple	13.7	9.6	– 17.7
	Not Married/Couple	14.2	9.7	– 18.6

Percentage of adults who reported that they, or any members of their household, were authorized to receive benefits from the WIC or Food Stamp programs in the past year:

		Measure	95% CI	
ALL	Overall	20.1	15.8	– 24.3
SEX	Male	13.2	7.7	– 18.7
	Female	26.0	20.1	– 32.0
RACE/ETHNICITY	Non-Hispanic White	4.0	0.9	– 7.1
	Non-Hispanic Black	33.3	20.9	– 45.6
	Hispanic	21.7	16.0	– 27.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	4.8	0.0	– 10.7
	Non-Hispanic White Female	3.3	0.7	– 6.0
	Non-Hispanic Black Male	22.7	3.4	– 41.9
	Non-Hispanic Black Female	41.9	27.7	– 56.1
	Hispanic Male	13.2	6.2	– 20.1
	Hispanic Female	28.7	20.5	– 36.8
AGE GROUP	18-44	18.2	11.5	– 25.0
	45-64	21.5	14.9	– 28.1
	65 & Older	23.4	16.0	– 30.7
EDUCATION LEVEL	<High School	29.8	18.3	– 41.2
	High School/GED	25.9	17.0	– 34.8
	>High School	12.9	8.3	– 17.4
ANNUAL INCOME	<\$25,000	34.6	26.6	– 42.6
	\$25,000-\$49,999	16.9	7.3	– 26.4
	\$50,000 or More	2.1	0.2	– 4.1
MARITAL STATUS	Married/Couple	18.5	12.6	– 24.5
	Not Married/Couple	21.1	15.1	– 27.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Miscellaneous

Percentage of adults who reported being limited, in any way in any activities, because of physical, mental, or emotional problems:

		Measure	95% CI	
ALL	Overall	18.1	14.7	– 21.5
SEX	Male	19.3	13.3	– 25.3
	Female	16.9	13.4	– 20.5
RACE/ETHNICITY	Non-Hispanic White	21.6	14.0	– 29.2
	Non-Hispanic Black	20.2	9.4	– 31.0
	Hispanic	17.4	13.3	– 21.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	26.9	12.9	– 40.9
	Non-Hispanic White Female	16.7	11.5	– 21.9
	Non-Hispanic Black Male	28.6	7.6	– 49.7
	Non-Hispanic Black Female	13.1	5.9	– 20.2
	Hispanic Male	16.4	9.8	– 23.0
	Hispanic Female	18.3	13.2	– 23.4
AGE GROUP	18-44	7.6	2.9	– 12.3
	45-64	29.7	23.3	– 36.2
	65 & Older	26.6	21.2	– 32.1
EDUCATION LEVEL	<High School	31.7	20.9	– 42.6
	High School/GED	21.1	14.6	– 27.5
	>High School	10.1	7.6	– 12.5
ANNUAL INCOME	<\$25,000	24.1	18.1	– 30.1
	\$25,000-\$49,999	10.3	4.6	– 16.1
	\$50,000 or More	8.2	4.7	– 11.7
MARITAL STATUS	Married/Couple	14.0	9.8	– 18.3
	Not Married/Couple	21.5	16.2	– 26.8

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of adults whose neighborhood did not have sidewalks:

		Measure	95% CI	
ALL	Overall	11.5	8.4	– 14.6
SEX	Male	12.5	6.8	– 18.3
	Female	10.6	7.6	– 13.6
RACE/ETHNICITY	Non-Hispanic White	19.1	12.5	– 25.6
	Non-Hispanic Black	12.6	0.2	– 25.0
	Hispanic	9.4	6.2	– 12.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	18.7	7.7	– 29.7
	Non-Hispanic White Female	19.4	11.8	– 26.9
	Non-Hispanic Black Male	18.6	0.0	– 43.5
	Non-Hispanic Black Female	7.8	0.0	– 15.8
	Hispanic Male	10.1	4.5	– 15.7
	Hispanic Female	8.8	5.2	– 12.3
AGE GROUP	18-44	10.2	5.0	– 15.4
	45-64	11.7	7.4	– 16.1
	65 & Older	15.2	9.8	– 20.6
EDUCATION LEVEL	<High School	16.3	5.2	– 27.3
	High School/GED	7.0	3.8	– 10.2
	>High School	12.0	8.5	– 15.5
ANNUAL INCOME	<\$25,000	9.1	5.0	– 13.3
	\$25,000-\$49,999	13.1	2.5	– 23.7
	\$50,000 or More	15.0	9.6	– 20.3
MARITAL STATUS	Married/Couple	12.9	8.8	– 17.0
	Not Married/Couple	10.3	5.7	– 14.9

Percentage of adults who reported their neighborhood was not a pleasant place to walk:

		Measure	95% CI	
ALL	Overall	9.2	6.8	– 11.6
SEX	Male	7.8	4.0	– 11.7
	Female	10.4	7.3	– 13.4
RACE/ETHNICITY	Non-Hispanic White	9.4	4.6	– 14.2
	Non-Hispanic Black	6.1	2.7	– 9.6
	Hispanic	10.5	6.9	– 14.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	5.5	0.9	– 10.1
	Non-Hispanic White Female	12.8	5.0	– 20.6
	Non-Hispanic Black Male	2.0	0.0	– 5.1
	Non-Hispanic Black Female	9.4	4.0	– 14.8
	Hispanic Male	10.8	4.5	– 17.1
	Hispanic Female	10.3	6.2	– 14.4
AGE GROUP	18-44	7.3	3.9	– 10.6
	45-64	12.4	7.5	– 17.3
	65 & Older	9.2	5.6	– 12.8
EDUCATION LEVEL	<High School	10.3	4.1	– 16.4
	High School/GED	10.0	5.3	– 14.7
	>High School	8.4	5.2	– 11.6
ANNUAL INCOME	<\$25,000	11.8	7.5	– 16.1
	\$25,000-\$49,999	10.5	4.3	– 16.7
	\$50,000 or More	4.8	0.9	– 8.7
MARITAL STATUS	Married/Couple	8.9	5.4	– 12.4
	Not Married/Couple	9.5	6.1	– 12.9

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of adults who reported their neighborhood was not safe from crime:

		Measure	95% CI		
ALL	Overall	26.4	21.7	31.0	
SEX	Male	21.5	14.8	28.3	
	Female	30.6	24.4	36.9	
RACE/ETHNICITY	Non-Hispanic White	18.1	12.3	23.9	
	Non-Hispanic Black	39.4	26.2	52.7	
	Hispanic	26.6	20.2	33.1	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	17.4	8.8	26.0	
	Non-Hispanic White Female	18.8	10.9	26.6	
	Non-Hispanic Black Male	27.1	6.0	48.1	
	Non-Hispanic Black Female	49.8	35.7	63.9	
	Hispanic Male	23.1	13.6	32.6	
	Hispanic Female	29.5	20.9	38.1	
	AGE GROUP	18-44	25.3	17.6	32.9
		45-64	31.5	24.1	38.9
65 & Older		20.7	15.4	26.0	
EDUCATION LEVEL	<High School	37.6	24.5	50.7	
	High School/GED	29.2	20.0	38.4	
	>High School	20.2	15.0	25.3	
ANNUAL INCOME	<\$25,000	32.5	24.7	40.3	
	\$25,000-\$49,999	29.6	17.2	42.1	
	\$50,000 or More	15.2	8.8	21.6	
MARITAL STATUS	Married/Couple	23.1	17.0	29.1	
	Not Married/Couple	29.3	22.2	36.3	

Percentage of adults who did not walk in their neighborhood, for leisure or as a way to reach their destination, in the past 30 days:

		Measure	95% CI		
ALL	Overall	29.5	25.0	33.9	
SEX	Male	27.0	19.5	34.4	
	Female	31.6	26.3	37.0	
RACE/ETHNICITY	Non-Hispanic White	31.9	24.4	39.4	
	Non-Hispanic Black	25.5	15.3	35.8	
	Hispanic	29.1	23.0	35.2	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	24.1	14.8	33.5	
	Non-Hispanic White Female	38.7	28.1	49.3	
	Non-Hispanic Black Male	26.8	6.9	46.7	
	Non-Hispanic Black Female	24.5	15.7	33.3	
	Hispanic Male	26.5	16.6	36.5	
	Hispanic Female	31.2	23.7	38.7	
	AGE GROUP	18-44	26.8	19.3	34.3
		45-64	31.3	24.9	37.6
65 & Older		33.6	27.5	39.8	
EDUCATION LEVEL	<High School	26.3	15.1	37.5	
	High School/GED	29.5	21.3	37.7	
	>High School	30.4	24.4	36.4	
ANNUAL INCOME	<\$25,000	29.9	22.8	37.0	
	\$25,000-\$49,999	29.3	18.8	39.9	
	\$50,000 or More	27.0	19.6	34.4	
MARITAL STATUS	Married/Couple	32.2	26.1	38.3	
	Not Married/Couple	27.2	20.8	33.7	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of adults who walked 14 days or less in their neighborhood, for leisure or as a way to reach their destination, in the past 30 days; but did not walk more frequently due to lack of time:

		Measure	95% CI	
ALL	Overall	24.1	19.2	– 28.9
SEX	Male	27.9	19.3	– 36.4
	Female	20.7	15.7	– 25.7
RACE/ETHNICITY	Non-Hispanic White	19.7	13.4	– 26.1
	Non-Hispanic Black	17.8	7.2	– 28.3
	Hispanic	24.2	17.8	– 30.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	23.5	12.3	– 34.7
	Non-Hispanic White Female	16.6	10.0	– 23.2
	Non-Hispanic Black Male	24.1	1.6	– 46.7
	Non-Hispanic Black Female	13.8	4.0	– 23.6
	Hispanic Male	24.8	14.0	– 35.7
	Hispanic Female	23.6	16.3	– 30.9
AGE GROUP	18-44	30.3	21.7	– 39.0
	45-64	22.1	16.1	– 28.2
	65 & Older	9.8	4.7	– 14.9
EDUCATION LEVEL	<High School	17.7	5.1	– 30.3
	High School/GED	21.9	11.8	– 32.0
	>High School	27.1	21.0	– 33.1
ANNUAL INCOME	<\$25,000	18.6	10.7	– 26.4
	\$25,000-\$49,999	25.3	13.8	– 36.7
	\$50,000 or More	36.5	26.8	– 46.3
MARITAL STATUS	Married/Couple	30.9	23.9	– 37.9
	Not Married/Couple	18.6	12.0	– 25.2

Percentage of adults who walked 14 days or less in their neighborhood, for leisure or as a way to reach their destination, in the past 30 days; but did not walk more frequently due to medical conditions:

		Measure	95% CI	
ALL	Overall	10.1	7.6	– 12.6
SEX	Male	6.8	3.4	– 10.1
	Female	13.1	9.5	– 16.7
RACE/ETHNICITY	Non-Hispanic White	12.9	8.7	– 17.1
	Non-Hispanic Black	5.4	2.2	– 8.6
	Hispanic	11.3	7.5	– 15.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	10.9	4.2	– 17.5
	Non-Hispanic White Female	14.6	9.2	– 20.1
	Non-Hispanic Black Male	1.2	0.0	– 3.1
	Non-Hispanic Black Female	7.9	3.0	– 12.9
	Hispanic Male	7.7	2.6	– 12.8
	Hispanic Female	14.5	9.1	– 19.9
AGE GROUP	18-44	2.6	0.1	– 5.1
	45-64	12.6	8.2	– 17.1
	65 & Older	27.1	19.6	– 34.6
EDUCATION LEVEL	<High School	18.7	9.4	– 28.1
	High School/GED	10.6	6.7	– 14.6
	>High School	6.7	4.1	– 9.4
ANNUAL INCOME	<\$25,000	13.6	8.8	– 18.5
	\$25,000-\$49,999	7.0	2.3	– 11.7
	\$50,000 or More	3.7	0.9	– 6.6
MARITAL STATUS	Married/Couple	8.9	5.5	– 12.3
	Not Married/Couple	11.1	7.5	– 14.8

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of adults who walked 14 days or less in their neighborhood, for leisure or as a way to reach their destination, in the past 30 days; but did not walk more frequently due to lack of energy or motivation:

		Measure	95% CI	
ALL	Overall	9.4	5.9	– 12.9
SEX	Male	8.7	3.3	– 14.2
	Female	10.0	5.6	– 14.5
RACE/ETHNICITY	Non-Hispanic White	6.7	3.2	– 10.1
	Non-Hispanic Black	7.1	1.8	– 12.5
	Hispanic	10.3	5.2	– 15.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	2.9	0.5	– 5.4
	Non-Hispanic White Female	9.8	3.8	– 15.7
	Non-Hispanic Black Male	3.8	0.0	– 9.3
	Non-Hispanic Black Female	9.2	1.5	– 17.0
	Hispanic Male	10.3	2.3	– 18.2
	Hispanic Female	10.3	3.7	– 17.0
AGE GROUP	18-44	7.6	1.8	– 13.4
	45-64	8.5	4.0	– 13.1
	65 & Older	16.2	9.2	– 23.2
EDUCATION LEVEL	<High School	10.2	2.6	– 17.8
	High School/GED	11.5	3.8	– 19.2
	>High School	8.1	3.7	– 12.6
ANNUAL INCOME	<\$25,000	9.3	5.2	– 13.4
	\$25,000-\$49,999	14.5	3.6	– 25.4
	\$50,000 or More	4.4	1.7	– 7.1
MARITAL STATUS	Married/Couple	7.1	4.3	– 9.9
	Not Married/Couple	11.4	5.5	– 17.3

Percentage of adults who walked 14 days or less in their neighborhood, for leisure or as a way to reach their destination, in the past 30 days; but did not walk more frequently because they exercised elsewhere:

		Measure	95% CI	
ALL	Overall	6.3	3.0	– 9.5
SEX	Male	9.1	2.6	– 15.6
	Female	3.8	2.0	– 5.5
RACE/ETHNICITY	Non-Hispanic White	10.6	6.0	– 15.3
	Non-Hispanic Black	3.8	0.4	– 7.2
	Hispanic	6.2	1.2	– 11.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	10.0	3.8	– 16.1
	Non-Hispanic White Female	11.2	4.4	– 18.1
	Non-Hispanic Black Male	4.8	0.0	– 12.4
	Non-Hispanic Black Female	3.2	0.2	– 6.1
	Hispanic Male	11.1	1.0	– 21.2
	Hispanic Female	1.8	0.0	– 3.6
AGE GROUP	18-44	7.1	0.9	– 13.2
	45-64	4.9	2.7	– 7.1
	65 & Older	6.6	2.8	– 10.3
EDUCATION LEVEL	<High School	1.2	0.0	– 3.5
	High School/GED	4.1	1.2	– 6.9
	>High School	9.5	3.6	– 15.3
ANNUAL INCOME	<\$25,000	3.1	0.7	– 5.5
	\$25,000-\$49,999	2.8	0.2	– 5.4
	\$50,000 or More	14.1	4.3	– 23.9
MARITAL STATUS	Married/Couple	4.4	2.0	– 6.9
	Not Married/Couple	7.9	2.3	– 13.4

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of adults who walked 14 days or less in their neighborhood, for leisure or as a way to reach their destination, in the past 30 days; but did not walk more frequently due to weather:

		Measure	95% CI	
ALL	Overall	9.4	5.9	12.9
SEX	Male	8.3	3.6	12.9
	Female	10.4	5.3	15.5
RACE/ETHNICITY	Non-Hispanic White	9.7	1.9	17.5
	Non-Hispanic Black	6.2	0.0	13.2
	Hispanic	10.8	5.9	15.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	13.2	0.0	27.8
	Non-Hispanic White Female	6.7	0.0	13.5
	Non-Hispanic Black Male	11.9	0.0	29.0
	Non-Hispanic Black Female	2.7	0.0	6.2
	Hispanic Male	7.4	2.3	12.5
	Hispanic Female	13.9	6.0	21.7
AGE GROUP	18-44	10.1	4.3	15.8
	45-64	10.0	4.2	15.8
	65 & Older	6.4	2.9	9.8
EDUCATION LEVEL	<High School	9.8	0.9	18.7
	High School/GED	7.9	0.2	15.6
	>High School	10.1	6.0	14.3
ANNUAL INCOME	<\$25,000	8.0	1.7	14.3
	\$25,000-\$49,999	11.1	1.8	20.4
	\$50,000 or More	9.6	4.8	14.4
MARITAL STATUS	Married/Couple	8.9	5.2	12.7
	Not Married/Couple	9.8	4.2	15.4

Percentage of adults whose neighborhood did not have public recreation facilities:

		Measure	95% CI	
ALL	Overall	35.1	30.2	40.1
SEX	Male	32.0	24.0	40.0
	Female	37.9	32.0	43.9
RACE/ETHNICITY	Non-Hispanic White	30.0	21.9	38.1
	Non-Hispanic Black	32.2	19.9	44.4
	Hispanic	37.6	30.9	44.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	21.8	12.2	31.3
	Non-Hispanic White Female	37.2	25.7	48.7
	Non-Hispanic Black Male	18.5	2.5	34.5
	Non-Hispanic Black Female	43.8	29.2	58.5
	Hispanic Male	38.4	27.1	49.6
	Hispanic Female	37.0	29.1	44.8
AGE GROUP	18-44	27.3	19.5	35.1
	45-64	41.5	34.0	49.0
	65 & Older	47.5	40.2	54.7
EDUCATION LEVEL	<High School	43.5	30.4	56.6
	High School/GED	37.9	28.3	47.5
	>High School	29.6	23.6	35.6
ANNUAL INCOME	<\$25,000	38.5	30.5	46.6
	\$25,000-\$49,999	27.4	17.2	37.5
	\$50,000 or More	27.6	19.3	35.9
MARITAL STATUS	Married/Couple	34.4	27.9	40.9
	Not Married/Couple	36.1	28.8	43.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of adults who reported that the public recreation facilities in their community were not safe:

		Measure	95% CI	
ALL	Overall	7.8	4.8	– 10.8
SEX	Male	8.5	3.0	– 13.9
	Female	7.1	4.2	– 10.1
RACE/ETHNICITY	Non-Hispanic White	2.6	0.4	– 4.8
	Non-Hispanic Black	5.8	2.1	– 9.5
	Hispanic	10.3	5.5	– 15.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	2.4	0.0	– 5.1
	Non-Hispanic White Female	2.8	0.0	– 6.2
	Non-Hispanic Black Male	0.4	0.0	– 1.3
	Non-Hispanic Black Female	10.2	3.7	– 16.7
	Hispanic Male	13.7	4.6	– 22.8
	Hispanic Female	7.5	3.1	– 11.8
AGE GROUP	18-44	3.4	0.8	– 6.0
	45-64	15.4	7.6	– 23.2
	65 & Older	7.7	4.2	– 11.3
EDUCATION LEVEL	<High School	19.3	7.2	– 31.4
	High School/GED	7.5	2.6	– 12.3
	>High School	3.8	1.6	– 6.0
ANNUAL INCOME	<\$25,000	9.8	5.3	– 14.3
	\$25,000-\$49,999	5.5	0.0	– 11.2
	\$50,000 or More	2.7	0.0	– 5.4
MARITAL STATUS	Married/Couple	9.6	4.5	– 14.7
	Not Married/Couple	6.2	2.8	– 9.6

Percentage of adults whose neighborhood did not have schools open for public recreation activities:

		Measure	95% CI	
ALL	Overall	52.0	45.9	– 58.1
SEX	Male	46.1	35.9	– 56.3
	Female	57.1	49.9	– 64.4
RACE/ETHNICITY	Non-Hispanic White	56.4	45.6	– 67.2
	Non-Hispanic Black	38.6	22.9	– 54.4
	Hispanic	54.8	46.8	– 62.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	41.0	26.1	– 56.0
	Non-Hispanic White Female	68.9	57.0	– 80.8
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	42.0	25.6	– 58.5
	Hispanic Male	50.6	37.3	– 63.9
	Hispanic Female	58.5	48.7	– 68.2
AGE GROUP	18-44	51.8	41.5	– 62.1
	45-64	51.8	43.3	– 60.4
	65 & Older	53.6	44.7	– 62.5
EDUCATION LEVEL	<High School	61.2	46.8	– 75.7
	High School/GED	35.2	25.1	– 45.4
	>High School	57.2	49.4	– 65.1
ANNUAL INCOME	<\$25,000	47.7	38.5	– 57.0
	\$25,000-\$49,999	50.5	35.0	– 65.9
	\$50,000 or More	52.5	41.5	– 63.5
MARITAL STATUS	Married/Couple	57.8	50.7	– 64.9
	Not Married/Couple	47.6	38.4	– 56.9

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of adults who did not use a local park, community center, or recreation facility for physical or daily life activities in the past week:

		Measure	95% CI	
ALL	Overall	57.1	51.9	62.4
SEX	Male	55.9	47.1	64.7
	Female	58.2	52.1	64.3
RACE/ETHNICITY	Non-Hispanic White	61.8	52.6	70.9
	Non-Hispanic Black	68.7	55.3	82.0
	Hispanic	53.5	46.4	60.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	60.2	45.2	75.1
	Non-Hispanic White Female	63.2	52.0	74.3
	Non-Hispanic Black Male	76.5	51.0	100.0
	Non-Hispanic Black Female	62.4	48.8	76.0
	Hispanic Male	50.6	39.0	62.2
	Hispanic Female	55.8	47.4	64.3
AGE GROUP	18-44	39.7	31.4	48.0
	45-64	72.1	66.5	77.7
	65 & Older	82.9	77.8	88.1
EDUCATION LEVEL	<High School	76.1	62.3	89.9
	High School/GED	60.7	50.8	70.5
	>High School	46.6	40.1	53.1
ANNUAL INCOME	<\$25,000	69.7	62.2	77.2
	\$25,000-\$49,999	51.5	38.6	64.4
	\$50,000 or More	44.4	35.9	52.9
MARITAL STATUS	Married/Couple	53.6	47.2	60.0
	Not Married/Couple	59.8	51.7	67.9

Percentage of adults who did not use a local path or trail for walking, running, or biking in the past year:

		Measure	95% CI	
ALL	Overall	56.2	51.1	61.4
SEX	Male	51.7	43.2	60.2
	Female	60.2	54.4	66.0
RACE/ETHNICITY	Non-Hispanic White	53.6	44.6	62.6
	Non-Hispanic Black	57.3	44.0	70.6
	Hispanic	57.4	50.5	64.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	54.2	39.6	68.9
	Non-Hispanic White Female	53.0	42.1	64.0
	Non-Hispanic Black Male	65.5	40.7	90.2
	Non-Hispanic Black Female	50.6	36.9	64.3
	Hispanic Male	48.4	37.2	59.6
	Hispanic Female	64.6	56.8	72.5
AGE GROUP	18-44	41.8	33.4	50.2
	45-64	65.7	59.5	71.9
	65 & Older	81.8	77.2	86.5
EDUCATION LEVEL	<High School	82.0	70.0	94.0
	High School/GED	53.6	43.8	63.4
	>High School	46.4	40.0	52.7
ANNUAL INCOME	<\$25,000	65.7	57.4	73.9
	\$25,000-\$49,999	60.3	47.9	72.6
	\$50,000 or More	37.1	29.3	44.9
MARITAL STATUS	Married/Couple	53.9	47.5	60.3
	Not Married/Couple	57.9	50.0	65.8

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Neighborhood Access & Use

Percentage of bicycle riding adults who did not use bicycle racks or facilities when parking their bike:

		Measure	95% CI	
ALL	Overall	66.4	58.8	74.1
SEX	Male	60.0	47.4	72.6
	Female	72.8	64.5	81.0
RACE/ETHNICITY	Non-Hispanic White	64.0	51.7	76.2
	Non-Hispanic Black	63.9	40.5	87.3
	Hispanic	66.7	56.4	77.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	50.6	29.2	71.9
	Non-Hispanic White Female	77.3	65.7	89.0
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	76.6	58.6	94.7
	Hispanic Male	62.6	45.3	79.8
	Hispanic Female	70.0	58.1	81.9
AGE GROUP	18-44	62.9	51.8	73.9
	45-64	71.2	61.6	80.9
	65 & Older	79.8	70.1	89.5
EDUCATION LEVEL	<High School	^		
	High School/GED	69.3	54.8	83.8
	>High School	65.1	56.7	73.4
ANNUAL INCOME	<\$25,000	74.6	61.9	87.2
	\$25,000-\$49,999	61.5	41.5	81.4
	\$50,000 or More	60.3	49.4	71.2
MARITAL STATUS	Married/Couple	68.0	59.8	76.3
	Not Married/Couple	64.8	52.5	77.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Nutrition

Percentage of adults who met the daily recommendation for fruit consumption in the past 30 days:

		Measure	95% CI		
ALL	Overall	34.9	30.6	39.3	
SEX	Male	31.9	24.7	39.0	
	Female	37.7	32.7	42.8	
RACE/ETHNICITY	Non-Hispanic White	33.6	26.6	40.6	
	Non-Hispanic Black	35.1	24.0	46.2	
	Hispanic	34.4	28.5	40.2	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	29.7	18.8	40.6	
	Non-Hispanic White Female	37.1	28.2	46.1	
	Non-Hispanic Black Male	25.9	7.3	44.6	
	Non-Hispanic Black Female	42.9	30.4	55.5	
	Hispanic Male	32.8	22.9	42.6	
	Hispanic Female	35.8	29.0	42.5	
	AGE GROUP	18-44	31.6	24.2	39.1
		45-64	34.3	28.6	40.0
65 & Older		44.7	38.5	51.0	
EDUCATION LEVEL	<High School	24.0	14.9	33.1	
	High School/GED	40.1	31.5	48.7	
	>High School	36.5	30.8	42.2	
ANNUAL INCOME	<\$25,000	38.3	31.3	45.3	
	\$25,000-\$49,999	29.6	20.4	38.8	
	\$50,000 or More	37.5	28.8	46.2	
MARITAL STATUS	Married/Couple	32.9	27.6	38.2	
	Not Married/Couple	36.3	29.6	43.0	

Percentage of adults who did not meet the daily recommendation for fruit consumption in the past 30 days:

		Measure	95% CI		
ALL	Overall	65.1	60.7	69.4	
SEX	Male	68.1	61.0	75.3	
	Female	62.3	57.2	67.3	
RACE/ETHNICITY	Non-Hispanic White	66.4	59.4	73.4	
	Non-Hispanic Black	64.9	53.8	76.0	
	Hispanic	65.6	59.8	71.5	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	70.3	59.4	81.2	
	Non-Hispanic White Female	62.9	53.9	71.8	
	Non-Hispanic Black Male	74.1	55.4	92.7	
	Non-Hispanic Black Female	57.1	44.5	69.6	
	Hispanic Male	67.2	57.4	77.1	
	Hispanic Female	64.2	57.5	71.0	
	AGE GROUP	18-44	68.4	60.9	75.8
		45-64	65.7	60.0	71.4
65 & Older		55.3	49.0	61.5	
EDUCATION LEVEL	<High School	76.0	66.9	85.1	
	High School/GED	59.9	51.3	68.5	
	>High School	63.5	57.8	69.2	
ANNUAL INCOME	<\$25,000	61.7	54.7	68.7	
	\$25,000-\$49,999	70.4	61.2	79.6	
	\$50,000 or More	62.5	53.8	71.2	
MARITAL STATUS	Married/Couple	67.1	61.8	72.4	
	Not Married/Couple	63.7	57.0	70.4	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Nutrition

Percentage of adults who met the daily recommendation for vegetable consumption in the past 30 days:

		Measure	95% CI		
ALL	Overall	13.5	10.6	– 16.4	
SEX	Male	11.3	6.6	– 16.1	
	Female	15.4	12.0	– 18.9	
RACE/ETHNICITY	Non-Hispanic White	15.4	11.1	– 19.6	
	Non-Hispanic Black	13.5	6.6	– 20.4	
	Hispanic	13.2	9.1	– 17.3	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	11.3	5.5	– 17.0	
	Non-Hispanic White Female	19.2	13.1	– 25.3	
	Non-Hispanic Black Male	6.8	0.5	– 13.1	
	Non-Hispanic Black Female	19.3	8.5	– 30.0	
	Hispanic Male	13.5	6.1	– 20.8	
	Hispanic Female	12.9	8.7	– 17.2	
	AGE GROUP	18-44	11.7	6.8	– 16.6
		45-64	15.6	11.3	– 19.9
65 & Older		14.9	10.6	– 19.1	
EDUCATION LEVEL	<High School	8.0	3.1	– 12.9	
	High School/GED	14.2	7.5	– 20.8	
	>High School	15.8	11.9	– 19.6	
ANNUAL INCOME	<\$25,000	11.6	7.3	– 15.8	
	\$25,000-\$49,999	9.8	5.2	– 14.4	
	\$50,000 or More	18.6	11.6	– 25.5	
MARITAL STATUS	Married/Couple	13.6	10.0	– 17.1	
	Not Married/Couple	13.5	9.0	– 18.0	

Percentage of adults who did not meet the daily recommendation for vegetable consumption in the past 30 days:

		Measure	95% CI		
ALL	Overall	86.5	83.6	– 89.4	
SEX	Male	88.7	83.9	– 93.4	
	Female	84.6	81.1	– 88.0	
RACE/ETHNICITY	Non-Hispanic White	84.6	80.4	– 88.9	
	Non-Hispanic Black	86.5	79.6	– 93.4	
	Hispanic	86.8	82.7	– 90.9	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	88.7	83.0	– 94.5	
	Non-Hispanic White Female	80.8	74.7	– 86.9	
	Non-Hispanic Black Male	93.2	86.9	– 99.5	
	Non-Hispanic Black Female	80.7	70.0	– 91.5	
	Hispanic Male	86.5	79.2	– 93.9	
	Hispanic Female	87.1	82.8	– 91.3	
	AGE GROUP	18-44	88.3	83.4	– 93.2
		45-64	84.4	80.1	– 88.7
65 & Older		85.1	80.9	– 89.4	
EDUCATION LEVEL	<High School	92.0	87.1	– 96.9	
	High School/GED	85.8	79.2	– 92.5	
	>High School	84.2	80.4	– 88.1	
ANNUAL INCOME	<\$25,000	88.4	84.2	– 92.7	
	\$25,000-\$49,999	90.2	85.6	– 94.8	
	\$50,000 or More	81.4	74.5	– 88.4	
MARITAL STATUS	Married/Couple	86.4	82.9	– 90.0	
	Not Married/Couple	86.5	82.0	– 91.0	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Nutrition

Percentage of adults who did not meet the daily recommendation for fruit or vegetable consumption in the past 30 days:

		Measure	95% CI	
ALL	Overall	90.9	88.3	– 93.4
SEX	Male	92.4	88.0	– 96.8
	Female	89.4	86.6	– 92.3
RACE/ETHNICITY	Non-Hispanic White	90.0	86.5	– 93.5
	Non-Hispanic Black	89.1	82.5	– 95.6
	Hispanic	91.4	87.8	– 95.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	94.7	90.5	– 98.9
	Non-Hispanic White Female	85.7	80.4	– 91.1
	Non-Hispanic Black Male	95.3	90.0	– 100.0
	Non-Hispanic Black Female	83.7	73.1	– 94.2
	Hispanic Male	90.3	83.4	– 97.2
	Hispanic Female	92.3	89.3	– 95.3
AGE GROUP	18-44	91.5	87.0	– 96.0
	45-64	90.4	87.3	– 93.5
	65 & Older	89.8	86.1	– 93.6
EDUCATION LEVEL	<High School	95.9	92.7	– 99.1
	High School/GED	88.5	82.1	– 95.0
	>High School	89.8	86.5	– 93.1
ANNUAL INCOME	<\$25,000	90.6	86.6	– 94.7
	\$25,000-\$49,999	93.2	89.1	– 97.3
	\$50,000 or More	88.3	81.9	– 94.7
MARITAL STATUS	Married/Couple	91.8	89.0	– 94.6
	Not Married/Couple	90.0	85.9	– 94.1

Percentage of adults who drank one or more servings of sugar-sweetened fruit drinks, sweet tea, sports drinks, or energy drinks, per day, in the past 30 days:

		Measure	95% CI	
ALL	Overall	10.2	7.2	– 13.2
SEX	Male	9.8	5.0	– 14.7
	Female	10.6	7.0	– 14.2
RACE/ETHNICITY	Non-Hispanic White	6.4	1.9	– 11.0
	Non-Hispanic Black	28.1	16.1	– 40.1
	Hispanic	7.2	4.3	– 10.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	5.1	1.7	– 8.6
	Non-Hispanic White Female	7.6	0.0	– 15.7
	Non-Hispanic Black Male	34.4	13.0	– 55.9
	Non-Hispanic Black Female	22.7	11.0	– 34.3
	Hispanic Male	5.7	1.8	– 9.7
	Hispanic Female	8.4	4.3	– 12.5
AGE GROUP	18-44	10.8	5.6	– 15.9
	45-64	10.2	5.9	– 14.5
	65 & Older	9.0	4.9	– 13.1
EDUCATION LEVEL	<High School	14.5	5.5	– 23.6
	High School/GED	16.5	9.9	– 23.0
	>High School	4.6	2.5	– 6.8
ANNUAL INCOME	<\$25,000	13.0	7.3	– 18.8
	\$25,000-\$49,999	11.2	4.2	– 18.3
	\$50,000 or More	6.9	2.3	– 11.4
MARITAL STATUS	Married/Couple	9.2	5.3	– 13.1
	Not Married/Couple	11.0	6.6	– 15.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Nutrition

Percentage of adults who drank one or more servings of regular soda or pop that contained sugar, per day, in the past 30 days:

		Measure	95% CI	
ALL	Overall	13.6	9.9	17.3
SEX	Male	17.3	10.7	23.8
	Female	10.1	6.5	13.7
RACE/ETHNICITY	Non-Hispanic White	8.4	3.9	12.9
	Non-Hispanic Black	17.4	8.6	26.1
	Hispanic	13.4	8.4	18.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	11.2	3.7	18.7
	Non-Hispanic White Female	5.8	0.6	10.9
	Non-Hispanic Black Male	20.7	4.2	37.3
	Non-Hispanic Black Female	14.5	6.8	22.2
	Hispanic Male	17.2	8.5	25.9
AGE GROUP	18-44	14.8	8.4	21.2
	45-64	14.9	9.6	20.3
	65 & Older	8.3	5.0	11.7
EDUCATION LEVEL	<High School	17.5	7.7	27.2
	High School/GED	14.7	8.4	20.9
	>High School	11.4	6.4	16.4
ANNUAL INCOME	<\$25,000	16.6	10.7	22.6
	\$25,000-\$49,999	13.7	4.9	22.5
	\$50,000 or More	11.1	3.6	18.6
MARITAL STATUS	Married/Couple	14.4	9.2	19.6
	Not Married/Couple	12.9	7.6	18.1

Percentage of adults who ate a meal prepared away from home one or more times per week:

		Measure	95% CI	
ALL	Overall	77.7	73.5	81.8
SEX	Male	83.5	77.7	89.2
	Female	72.5	66.8	78.1
RACE/ETHNICITY	Non-Hispanic White	88.4	83.8	93.0
	Non-Hispanic Black	81.1	71.7	90.4
	Hispanic	74.6	68.8	80.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	86.4	77.8	94.9
	Non-Hispanic White Female	90.2	85.9	94.4
	Non-Hispanic Black Male	81.2	63.8	98.7
	Non-Hispanic Black Female	80.9	71.1	90.8
	Hispanic Male	85.5	78.5	92.5
AGE GROUP	18-44	88.8	83.3	94.3
	45-64	72.8	65.6	80.1
	65 & Older	53.4	45.8	61.0
EDUCATION LEVEL	<High School	49.4	35.7	63.0
	High School/GED	84.0	78.6	89.4
	>High School	85.6	81.6	89.6
ANNUAL INCOME	<\$25,000	68.5	61.5	75.4
	\$25,000-\$49,999	81.9	71.0	92.8
	\$50,000 or More	93.5	90.7	96.4
MARITAL STATUS	Married/Couple	77.9	72.3	83.5
	Not Married/Couple	77.2	71.3	83.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Nutrition

Percentage of adults who ate from a fast food restaurant one or more times per week:

		Measure	95% CI	
ALL	Overall	52.5	47.3	57.8
SEX	Male	51.7	43.0	60.4
	Female	53.3	47.2	59.5
RACE/ETHNICITY	Non-Hispanic White	40.5	31.8	49.2
	Non-Hispanic Black	75.5	65.3	85.6
	Hispanic	50.1	43.0	57.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	36.3	23.8	48.9
	Non-Hispanic White Female	44.5	33.3	55.6
	Non-Hispanic Black Male	73.1	53.3	92.9
	Non-Hispanic Black Female	77.4	67.8	87.0
	Hispanic Male	51.3	39.7	62.9
	Hispanic Female	49.1	40.4	57.7
AGE GROUP	18-44	60.5	51.6	69.4
	45-64	48.0	40.6	55.4
	65 & Older	37.1	29.6	44.6
EDUCATION LEVEL	<High School	40.5	26.6	54.4
	High School/GED	59.1	49.1	69.1
	>High School	54.4	47.7	61.0
ANNUAL INCOME	<\$25,000	53.5	45.4	61.7
	\$25,000-\$49,999	63.1	50.2	76.0
	\$50,000 or More	48.7	39.5	57.9
MARITAL STATUS	Married/Couple	48.3	41.6	55.0
	Not Married/Couple	55.9	48.0	63.8

Percentage of adults who never used calorie information, when available in the restaurant, to help them decide what to order:

		Measure	95% CI	
ALL	Overall	45.8	40.4	51.2
SEX	Male	56.1	47.5	64.7
	Female	36.0	30.0	42.0
RACE/ETHNICITY	Non-Hispanic White	39.8	31.2	48.3
	Non-Hispanic Black	43.5	29.7	57.3
	Hispanic	47.7	40.3	55.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	47.8	35.1	60.4
	Non-Hispanic White Female	33.2	22.2	44.2
	Non-Hispanic Black Male	64.7	44.8	84.7
	Non-Hispanic Black Female	27.3	15.4	39.2
	Hispanic Male	56.3	44.7	68.0
	Hispanic Female	39.0	30.6	47.4
AGE GROUP	18-44	46.6	38.1	55.2
	45-64	43.2	35.6	50.8
	65 & Older	47.7	40.3	55.1
EDUCATION LEVEL	<High School	59.7	44.5	74.9
	High School/GED	45.2	35.1	55.3
	>High School	42.0	35.4	48.6
ANNUAL INCOME	<\$25,000	47.5	38.9	56.2
	\$25,000-\$49,999	43.1	30.3	55.8
	\$50,000 or More	42.7	33.5	51.9
MARITAL STATUS	Married/Couple	48.1	41.4	54.9
	Not Married/Couple	44.1	35.7	52.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Perceived Nutrition Environment

Percentage of adults who 'disagreed' or 'strongly disagreed' that it was easy to purchase affordable fresh fruits and vegetables in their neighborhood:

		Measure	95% CI	
ALL	Overall	20.9	17.0	– 24.9
SEX	Male	20.4	13.7	– 27.1
	Female	21.4	16.9	– 26.0
RACE/ETHNICITY	Non-Hispanic White	30.3	22.3	– 38.4
	Non-Hispanic Black	23.3	12.8	– 33.8
	Hispanic	17.2	12.4	– 22.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	26.3	14.9	– 37.8
	Non-Hispanic White Female	33.9	23.0	– 44.8
	Non-Hispanic Black Male	25.0	6.1	– 44.0
	Non-Hispanic Black Female	22.0	10.0	– 33.9
	Hispanic Male	16.7	8.5	– 25.0
AGE GROUP	18-44	16.6	10.7	– 22.6
	45-64	27.1	20.2	– 34.0
	65 & Older	22.1	16.6	– 27.7
EDUCATION LEVEL	<High School	22.6	10.4	– 34.8
	High School/GED	20.3	14.0	– 26.5
	>High School	21.1	16.2	– 26.0
ANNUAL INCOME	<\$25,000	22.0	15.2	– 28.8
	\$25,000-\$49,999	11.7	6.0	– 17.4
	\$50,000 or More	22.8	16.1	– 29.5
MARITAL STATUS	Married/Couple	23.2	17.2	– 29.2
	Not Married/Couple	19.2	14.0	– 24.4

Percentage of adults who 'disagreed' or 'strongly disagreed' that there was a large selection of high quality fresh fruits and vegetables available in their neighborhood:

		Measure	95% CI	
ALL	Overall	20.7	16.6	– 24.7
SEX	Male	21.3	14.3	– 28.4
	Female	20.1	15.7	– 24.6
RACE/ETHNICITY	Non-Hispanic White	30.2	22.2	– 38.2
	Non-Hispanic Black	30.4	17.2	– 43.6
	Hispanic	15.0	10.7	– 19.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	28.2	16.5	– 39.9
	Non-Hispanic White Female	31.9	21.1	– 42.7
	Non-Hispanic Black Male	39.3	13.4	– 65.2
	Non-Hispanic Black Female	24.0	11.7	– 36.3
	Hispanic Male	14.5	7.3	– 21.7
AGE GROUP	18-44	18.6	11.9	– 25.3
	45-64	22.8	16.7	– 28.8
	65 & Older	22.0	16.4	– 27.6
EDUCATION LEVEL	<High School	23.6	11.2	– 35.9
	High School/GED	17.9	11.9	– 24.0
	>High School	21.5	16.5	– 26.6
ANNUAL INCOME	<\$25,000	22.3	14.8	– 29.9
	\$25,000-\$49,999	14.4	7.9	– 21.0
	\$50,000 or More	21.7	14.7	– 28.7
MARITAL STATUS	Married/Couple	21.1	15.6	– 26.7
	Not Married/Couple	20.3	14.5	– 26.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Perceived Nutrition Environment

Percentage of adults who 'disagreed' or 'strongly disagreed' that it was easy to purchase healthy foods in their neighborhood:

		Measure	95% CI	
ALL	Overall	15.5	11.9	– 19.1
SEX	Male	14.1	8.1	– 20.2
	Female	16.6	12.4	– 20.8
RACE/ETHNICITY	Non-Hispanic White	23.8	16.5	– 31.1
	Non-Hispanic Black	27.2	13.3	– 41.1
	Hispanic	9.8	6.5	– 13.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	20.1	11.2	– 29.0
	Non-Hispanic White Female	27.0	16.1	– 37.9
	Non-Hispanic Black Male	34.8	7.2	– 62.5
	Non-Hispanic Black Female	21.9	9.9	– 33.8
	Hispanic Male	7.3	2.8	– 11.9
	Hispanic Female	11.8	7.2	– 16.5
AGE GROUP	18-44	14.6	8.5	– 20.6
	45-64	16.9	11.6	– 22.2
	65 & Older	14.7	10.1	– 19.2
EDUCATION LEVEL	<High School	14.8	3.2	– 26.4
	High School/GED	15.3	9.5	– 21.1
	>High School	15.5	11.3	– 19.6
ANNUAL INCOME	<\$25,000	13.3	8.3	– 18.4
	\$25,000-\$49,999	13.7	3.0	– 24.3
	\$50,000 or More	18.3	12.1	– 24.6
MARITAL STATUS	Married/Couple	15.6	11.2	– 19.9
	Not Married/Couple	15.5	9.9	– 21.0

Percentage of adults who 'disagreed' or 'strongly disagreed' that there were lots of healthy options for eating out in their neighborhood:

		Measure	95% CI	
ALL	Overall	32.2	27.2	– 37.3
SEX	Male	30.4	22.0	– 38.8
	Female	33.8	27.8	– 39.8
RACE/ETHNICITY	Non-Hispanic White	32.3	24.3	– 40.2
	Non-Hispanic Black	26.1	15.6	– 36.5
	Hispanic	35.2	28.1	– 42.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	26.3	16.0	– 36.5
	Non-Hispanic White Female	37.5	26.4	– 48.6
	Non-Hispanic Black Male	19.0	3.7	– 34.2
	Non-Hispanic Black Female	30.7	18.0	– 43.5
	Hispanic Male	36.6	24.5	– 48.7
	Hispanic Female	34.1	25.8	– 42.4
AGE GROUP	18-44	31.5	23.1	– 39.9
	45-64	34.7	27.6	– 41.8
	65 & Older	28.9	22.6	– 35.2
EDUCATION LEVEL	<High School	27.3	13.9	– 40.7
	High School/GED	27.9	20.3	– 35.5
	>High School	36.4	29.5	– 43.4
ANNUAL INCOME	<\$25,000	27.4	20.5	– 34.3
	\$25,000-\$49,999	29.9	18.3	– 41.5
	\$50,000 or More	36.6	27.2	– 45.9
MARITAL STATUS	Married/Couple	31.2	25.1	– 37.3
	Not Married/Couple	33.4	25.6	– 41.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Perceived Nutrition Environment

Percentage of adults who did not notice any changes in their neighborhood or community, that could help them provide more healthy food choices for themselves or their families, in the past year:

		Measure	95% CI	
ALL	Overall	78.3	74.0	82.7
SEX	Male	81.4	75.1	87.6
	Female	75.8	69.9	81.6
RACE/ETHNICITY	Non-Hispanic White	83.0	75.6	90.5
	Non-Hispanic Black	81.9	71.7	92.1
	Hispanic	76.4	70.5	82.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	84.3	70.3	98.2
	Non-Hispanic White Female	82.0	74.4	89.7
	Non-Hispanic Black Male	91.2	80.8	100.0
	Non-Hispanic Black Female	74.9	60.4	89.4
	Hispanic Male	79.5	71.2	87.9
	Hispanic Female	73.9	65.8	81.9
AGE GROUP	18-44	81.5	74.5	88.5
	45-64	73.1	66.3	79.9
	65 & Older	78.3	72.3	84.2
EDUCATION LEVEL	<High School	68.2	55.9	80.5
	High School/GED	77.7	69.2	86.2
	>High School	82.7	77.9	87.5
ANNUAL INCOME	<\$25,000	73.5	66.2	80.8
	\$25,000-\$49,999	72.9	59.9	86.0
	\$50,000 or More	85.8	80.5	91.2
MARITAL STATUS	Married/Couple	78.4	72.9	83.8
	Not Married/Couple	78.5	72.0	85.1

Percentage of adults who noticed changes for easier access to more affordable healthy foods near their home in the past year:

		Measure	95% CI	
ALL	Overall	69.9	59.5	80.2
SEX	Male	70.9	55.8	86.1
	Female	69.1	55.3	83.0
RACE/ETHNICITY	Non-Hispanic White	67.4	43.3	91.6
	Non-Hispanic Black	^		
	Hispanic	73.0	60.9	85.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	69.1	48.2	90.0
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
	Hispanic Male	74.0	57.6	90.5
	Hispanic Female	72.4	55.4	89.3
AGE GROUP	18-44	70.0	50.4	89.5
	45-64	74.8	62.4	87.3
	65 & Older	59.1	43.8	74.5
EDUCATION LEVEL	<High School	79.1	64.2	93.9
	High School/GED	64.2	41.6	86.8
	>High School	66.7	51.6	81.7
ANNUAL INCOME	<\$25,000	67.7	52.7	82.6
	\$25,000-\$49,999	74.0	47.2	100.0
	\$50,000 or More	66.9	48.0	85.8
MARITAL STATUS	Married/Couple	69.6	57.2	82.0
	Not Married/Couple	69.9	53.8	86.0

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Perceived Nutrition Environment

Percentage of adults who noticed changes for easier access to good quality healthy foods near their home in the past year:

		Measure	95% CI	
ALL	Overall	69.6	59.1	80.1
SEX	Male	66.6	50.3	82.9
	Female	71.6	57.8	85.4
RACE/ETHNICITY	Non-Hispanic White	63.8	39.7	87.8
	Non-Hispanic Black	^		
	Hispanic	74.9	62.7	87.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	69.3	48.9	89.8
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
AGE GROUP	Hispanic Male	75.4	59.0	91.7
	Hispanic Female	74.5	57.6	91.5
	18-44	67.5	47.4	87.5
EDUCATION LEVEL	45-64	76.1	63.6	88.7
	65 & Older	60.7	45.4	76.0
	<High School	76.4	60.1	92.7
ANNUAL INCOME	High School/GED	62.1	39.3	85.0
	>High School	69.6	54.9	84.4
	<\$25,000	68.5	53.5	83.5
MARITAL STATUS	\$25,000-\$49,999	73.9	47.2	100.0
	\$50,000 or More	62.8	42.3	83.2
	Married/Couple	68.8	55.7	82.0
	Not Married/Couple	69.6	53.6	85.7

Percentage of adults who noticed changes for more promotion of healthy foods in local convenience stores in the past year:

		Measure	95% CI	
ALL	Overall	64.5	54.1	74.9
SEX	Male	59.3	41.6	77.0
	Female	67.9	55.2	80.6
RACE/ETHNICITY	Non-Hispanic White	45.9	18.5	73.3
	Non-Hispanic Black	^		
	Hispanic	70.0	58.5	81.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	41.4	18.7	64.2
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
AGE GROUP	Hispanic Male	59.8	38.6	81.0
	Hispanic Female	76.3	63.9	88.7
	18-44	65.2	46.3	84.2
EDUCATION LEVEL	45-64	68.1	54.5	81.7
	65 & Older	52.8	36.5	69.0
	<High School	73.1	56.1	90.0
ANNUAL INCOME	High School/GED	73.2	57.0	89.4
	>High School	51.4	35.5	67.2
	<\$25,000	62.0	46.3	77.8
MARITAL STATUS	\$25,000-\$49,999	78.0	58.9	97.2
	\$50,000 or More	54.2	33.9	74.5
	Married/Couple	54.2	39.6	68.8
	Not Married/Couple	73.1	59.4	86.9

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Perceived Nutrition Environment

Percentage of adults who noticed changes for more promotion of healthy foods in local restaurants in the past year:

		Measure	95% CI		
ALL	Overall	67.9	57.1	78.7	
SEX	Male	57.4	38.6	76.3	
	Female	75.6	64.0	87.2	
RACE/ETHNICITY	Non-Hispanic White	55.0	26.5	83.6	
	Non-Hispanic Black	^			
	Hispanic	71.5	59.2	83.8	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^			
	Non-Hispanic White Female	80.2	66.3	94.0	
	Non-Hispanic Black Male	^			
	Non-Hispanic Black Female	^			
	Hispanic Male	70.8	51.8	89.8	
	Hispanic Female	72.0	55.8	88.1	
	AGE GROUP	18-44	72.7	54.8	90.6
		45-64	64.1	48.3	79.8
65 & Older		63.7	45.9	81.6	
EDUCATION LEVEL	<High School	^			
	High School/GED	82.7	67.9	97.6	
	>High School	62.4	46.7	78.1	
ANNUAL INCOME	<\$25,000	67.0	51.2	82.8	
	\$25,000-\$49,999	70.8	46.3	95.3	
	\$50,000 or More	60.4	39.0	81.9	
MARITAL STATUS	Married/Couple	66.1	51.7	80.6	
	Not Married/Couple	69.8	54.0	85.5	

Percentage of adults who did not notice changes in local or state policies, that helped create local community markets or farmers' markets, in the past year:

		Measure	95% CI		
ALL	Overall	74.2	69.5	79.0	
SEX	Male	77.4	69.5	85.2	
	Female	71.4	65.7	77.0	
RACE/ETHNICITY	Non-Hispanic White	75.5	67.6	83.4	
	Non-Hispanic Black	60.5	45.6	75.4	
	Hispanic	76.2	70.5	82.0	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	81.4	70.1	92.7	
	Non-Hispanic White Female	70.5	59.6	81.4	
	Non-Hispanic Black Male	56.7	28.4	85.1	
	Non-Hispanic Black Female	63.3	49.3	77.3	
	Hispanic Male	78.8	70.1	87.6	
	Hispanic Female	73.9	66.5	81.3	
	AGE GROUP	18-44	71.8	63.8	79.9
		45-64	74.6	67.8	81.3
65 & Older		80.3	73.7	86.8	
EDUCATION LEVEL	<High School	62.9	48.4	77.3	
	High School/GED	77.3	69.5	85.0	
	>High School	77.4	72.1	82.7	
ANNUAL INCOME	<\$25,000	69.5	61.5	77.6	
	\$25,000-\$49,999	73.3	59.9	86.6	
	\$50,000 or More	78.6	72.0	85.2	
MARITAL STATUS	Married/Couple	72.1	66.0	78.2	
	Not Married/Couple	76.5	69.4	83.6	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Perceived Nutrition Environment

Percentage of adults who did not notice changes in local or state policies, that helped create a program to help small food stores have fresh fruits and vegetables, in the past year:

		Measure	95% CI	
ALL	Overall	74.3	69.4	79.1
SEX	Male	79.9	72.4	87.3
	Female	69.5	63.3	75.8
RACE/ETHNICITY	Non-Hispanic White	86.7	78.4	95.0
	Non-Hispanic Black	64.4	50.5	78.3
	Hispanic	72.4	66.1	78.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	89.9	76.8	100.0
	Non-Hispanic White Female	84.0	73.4	94.6
	Non-Hispanic Black Male	72.0	44.9	99.0
	Non-Hispanic Black Female	58.7	44.5	72.8
	Hispanic Male	77.6	68.5	86.7
	Hispanic Female	68.2	59.6	76.7
AGE GROUP	18-44	75.0	67.0	83.0
	45-64	72.8	65.7	80.0
	65 & Older	74.0	66.9	81.2
EDUCATION LEVEL	<High School	57.1	43.0	71.2
	High School/GED	69.7	60.4	79.0
	>High School	84.6	80.2	89.0
ANNUAL INCOME	<\$25,000	66.7	58.8	74.5
	\$25,000-\$49,999	68.0	53.7	82.2
	\$50,000 or More	89.2	84.3	94.1
MARITAL STATUS	Married/Couple	77.0	71.2	82.7
	Not Married/Couple	72.6	65.2	80.1

Percentage of adults who did not notice changes in local or state policies, that helped create community gardens or plots for raising fruits and vegetables, in the past year:

		Measure	95% CI	
ALL	Overall	83.7	79.3	88.0
SEX	Male	86.8	80.4	93.2
	Female	81.0	75.2	86.8
RACE/ETHNICITY	Non-Hispanic White	92.3	86.6	98.0
	Non-Hispanic Black	73.3	59.3	87.2
	Hispanic	83.3	77.8	88.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	97.2	95.3	99.2
	Non-Hispanic White Female	88.2	78.4	98.1
	Non-Hispanic Black Male	80.4	52.6	100.0
	Non-Hispanic Black Female	67.8	53.9	81.7
	Hispanic Male	84.3	76.9	91.7
	Hispanic Female	82.5	74.6	90.4
AGE GROUP	18-44	81.9	74.3	89.4
	45-64	85.4	79.9	90.8
	65 & Older	85.3	79.1	91.6
EDUCATION LEVEL	<High School	72.1	58.0	86.3
	High School/GED	82.1	74.9	89.2
	>High School	90.7	87.2	94.1
ANNUAL INCOME	<\$25,000	78.8	72.0	85.6
	\$25,000-\$49,999	77.9	63.7	92.2
	\$50,000 or More	91.5	87.1	95.8
MARITAL STATUS	Married/Couple	86.4	81.4	91.4
	Not Married/Couple	81.4	74.8	88.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Perceived Nutrition Environment

Percentage of adults who did not notice changes in local or state policies, that helped create farm-to-institution programs to provide locally grown fruits and vegetables to schools, worksites, hospitals, or other community institutions, in the past year:

		Measure	95% CI	
ALL	Overall	79.3	74.4	– 84.2
SEX	Male	80.6	72.8	– 88.4
	Female	78.2	72.1	– 84.3
RACE/ETHNICITY	Non-Hispanic White	91.5	87.6	– 95.5
	Non-Hispanic Black	60.4	45.1	– 75.7
	Hispanic	80.3	74.3	– 86.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	96.1	92.3	– 99.8
	Non-Hispanic White Female	87.3	80.7	– 94.0
	Non-Hispanic Black Male	49.8	22.1	– 77.4
	Non-Hispanic Black Female	68.2	55.0	– 81.5
	Hispanic Male	82.3	74.4	– 90.2
	Hispanic Female	78.6	69.9	– 87.3
AGE GROUP	18-44	79.8	71.6	– 88.1
	45-64	77.1	70.2	– 84.1
	65 & Older	81.4	74.1	– 88.7
EDUCATION LEVEL	<High School	62.0	46.8	– 77.2
	High School/GED	78.8	71.0	– 86.6
	>High School	87.0	82.8	– 91.1
ANNUAL INCOME	<\$25,000	76.9	69.2	– 84.6
	\$25,000-\$49,999	71.1	56.2	– 86.1
	\$50,000 or More	89.8	85.7	– 94.0
MARITAL STATUS	Married/Couple	82.4	77.1	– 87.6
	Not Married/Couple	77.2	69.5	– 85.0



CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Physical Activity

Percentage of adults who were sedentary, or did not participate in any leisure-time physical activity, in the past 30 days:

		Measure	95% CI	
ALL	Overall	28.5	24.5	– 32.5
SEX	Male	25.7	19.4	– 32.0
	Female	31.1	26.2	– 36.1
RACE/ETHNICITY	Non-Hispanic White	20.8	14.2	– 27.5
	Non-Hispanic Black	23.8	15.2	– 32.4
	Hispanic	31.0	25.5	– 36.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	22.1	10.1	– 34.2
	Non-Hispanic White Female	19.7	13.4	– 26.0
	Non-Hispanic Black Male	21.8	7.2	– 36.4
	Non-Hispanic Black Female	25.6	16.2	– 35.1
	Hispanic Male	25.5	17.6	– 33.4
	Hispanic Female	35.7	28.6	– 42.9
AGE GROUP	18-44	19.1	13.2	– 25.0
	45-64	38.8	32.1	– 45.5
	65 & Older	36.6	30.6	– 42.7
EDUCATION LEVEL	<High School	41.2	29.7	– 52.7
	High School/GED	30.8	23.2	– 38.3
	>High School	20.8	16.4	– 25.2
ANNUAL INCOME	<\$25,000	35.9	29.1	– 42.7
	\$25,000-\$49,999	30.1	19.4	– 40.8
	\$50,000 or More	15.3	10.1	– 20.4
MARITAL STATUS	Married/Couple	30.5	24.8	– 36.2
	Not Married/Couple	26.8	21.3	– 32.3

Percentage of adults who were active in the past 30 days:

		Measure	95% CI	
ALL	Overall	21.0	16.5	– 25.5
SEX	Male	22.4	14.9	– 30.0
	Female	19.6	14.7	– 24.6
RACE/ETHNICITY	Non-Hispanic White	24.4	17.5	– 31.3
	Non-Hispanic Black	23.1	13.1	– 33.1
	Hispanic	20.5	14.0	– 27.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	24.4	13.7	– 35.1
	Non-Hispanic White Female	24.4	15.7	– 33.1
	Non-Hispanic Black Male	17.7	3.4	– 32.0
	Non-Hispanic Black Female	28.1	14.9	– 41.3
	Hispanic Male	25.1	13.8	– 36.4
	Hispanic Female	16.4	9.9	– 22.9
AGE GROUP	18-44	24.8	16.7	– 33.0
	45-64	17.4	12.5	– 22.3
	65 & Older	16.6	11.8	– 21.4
EDUCATION LEVEL	<High School	21.8	10.2	– 33.4
	High School/GED	13.5	7.9	– 19.0
	>High School	25.3	18.9	– 31.8
ANNUAL INCOME	<\$25,000	16.2	11.2	– 21.2
	\$25,000-\$49,999	21.5	10.8	– 32.2
	\$50,000 or More	24.2	15.9	– 32.6
MARITAL STATUS	Married/Couple	16.0	12.2	– 19.7
	Not Married/Couple	25.2	17.9	– 32.6

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Physical Activity

Percentage of adults who were highly active in the past 30 days:

		Measure	95% CI	
ALL	Overall	24.1	20.2	– 28.0
SEX	Male	22.0	16.3	– 27.7
	Female	26.1	21.0	– 31.3
RACE/ETHNICITY	Non-Hispanic White	30.9	23.9	– 38.0
	Non-Hispanic Black	24.7	13.8	– 35.6
	Hispanic	21.9	16.9	– 26.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	28.8	18.7	– 38.8
	Non-Hispanic White Female	33.0	23.5	– 42.6
	Non-Hispanic Black Male	21.4	2.8	– 40.0
	Non-Hispanic Black Female	27.7	15.6	– 39.9
	Hispanic Male	19.6	12.8	– 26.5
	Hispanic Female	23.8	16.8	– 30.9
AGE GROUP	18-44	24.4	17.5	– 31.4
	45-64	19.8	15.6	– 24.0
	65 & Older	30.7	24.4	– 37.0
EDUCATION LEVEL	<High School	16.9	7.9	– 26.0
	High School/GED	25.4	17.7	– 33.1
	>High School	26.5	21.6	– 31.4
ANNUAL INCOME	<\$25,000	27.3	19.9	– 34.6
	\$25,000-\$49,999	10.3	6.1	– 14.5
	\$50,000 or More	33.0	25.7	– 40.3
MARITAL STATUS	Married/Couple	25.6	20.5	– 30.7
	Not Married/Couple	22.9	17.2	– 28.6

Percentage of adults who met the weekly recommendation for leisure-time aerobic physical activity in the past 30 days:

		Measure	95% CI	
ALL	Overall	45.1	40.3	– 50.0
SEX	Male	44.4	36.5	– 52.3
	Female	45.8	40.1	– 51.5
RACE/ETHNICITY	Non-Hispanic White	55.4	46.7	– 64.0
	Non-Hispanic Black	47.8	35.5	– 60.2
	Hispanic	42.4	35.7	– 49.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	53.2	39.0	– 67.4
	Non-Hispanic White Female	57.4	47.6	– 67.2
	Non-Hispanic Black Male	39.1	18.3	– 59.9
	Non-Hispanic Black Female	55.8	43.1	– 68.5
	Hispanic Male	44.7	33.9	– 55.6
	Hispanic Female	40.3	32.3	– 48.2
AGE GROUP	18-44	49.3	40.8	– 57.8
	45-64	37.2	31.2	– 43.2
	65 & Older	47.3	40.8	– 53.8
EDUCATION LEVEL	<High School	38.7	26.2	– 51.2
	High School/GED	38.9	30.3	– 47.4
	>High School	51.8	45.7	– 58.0
ANNUAL INCOME	<\$25,000	43.4	35.9	– 51.0
	\$25,000-\$49,999	31.8	20.9	– 42.8
	\$50,000 or More	57.2	48.8	– 65.6
MARITAL STATUS	Married/Couple	41.6	35.8	– 47.4
	Not Married/Couple	48.1	40.7	– 55.4

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Physical Activity

Percentage of adults who did not meet the weekly recommendation for leisure-time aerobic physical activity in the past 30 days:

		Measure	95% CI		
ALL	Overall	54.9	50.0	59.7	
SEX	Male	55.6	47.7	63.5	
	Female	54.2	48.5	59.9	
RACE/ETHNICITY	Non-Hispanic White	44.6	36.0	53.3	
	Non-Hispanic Black	52.2	39.8	64.5	
	Hispanic	57.6	51.0	64.3	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	46.8	32.6	61.0	
	Non-Hispanic White Female	42.6	32.8	52.4	
	Non-Hispanic Black Male	60.9	40.1	81.7	
	Non-Hispanic Black Female	44.2	31.5	56.9	
	Hispanic Male	55.3	44.4	66.1	
	Hispanic Female	59.7	51.8	67.7	
	AGE GROUP	18-44	50.7	42.2	59.2
		45-64	62.8	56.8	68.8
65 & Older		52.7	46.2	59.2	
EDUCATION LEVEL	<High School	61.3	48.8	73.8	
	High School/GED	61.1	52.6	69.7	
	>High School	48.2	42.0	54.3	
ANNUAL INCOME	<\$25,000	56.6	49.0	64.1	
	\$25,000-\$49,999	68.2	57.2	79.1	
	\$50,000 or More	42.8	34.4	51.2	
MARITAL STATUS	Married/Couple	58.4	52.6	64.2	
	Not Married/Couple	51.9	44.6	59.3	

Percentage of adults who met the weekly recommendation for leisure-time muscle strengthening physical activity in the past 30 days:

		Measure	95% CI		
ALL	Overall	30.7	25.6	35.7	
SEX	Male	41.0	32.5	49.4	
	Female	21.2	16.1	26.4	
RACE/ETHNICITY	Non-Hispanic White	34.2	25.3	43.0	
	Non-Hispanic Black	39.9	25.8	53.9	
	Hispanic	25.2	18.9	31.5	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	39.6	24.7	54.5	
	Non-Hispanic White Female	29.5	20.3	38.7	
	Non-Hispanic Black Male	61.2	39.5	83.0	
	Non-Hispanic Black Female	21.8	10.0	33.6	
	Hispanic Male	32.7	22.1	43.2	
	Hispanic Female	18.6	11.4	25.7	
	AGE GROUP	18-44	39.5	30.7	48.2
		45-64	23.0	17.4	28.5
65 & Older		18.8	13.1	24.6	
EDUCATION LEVEL	<High School	28.7	14.8	42.5	
	High School/GED	30.9	21.1	40.6	
	>High School	31.2	25.2	37.1	
ANNUAL INCOME	<\$25,000	23.3	15.5	31.2	
	\$25,000-\$49,999	32.0	18.9	45.1	
	\$50,000 or More	38.1	29.6	46.7	
MARITAL STATUS	Married/Couple	26.5	20.8	32.1	
	Not Married/Couple	34.2	26.3	42.0	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Physical Activity

Percentage of adults who did not meet the weekly recommendation for leisure-time muscle strengthening physical activity in the past 30 days:

		Measure	95% CI	
ALL	Overall	69.3	64.3	74.4
SEX	Male	59.0	50.6	67.5
	Female	78.8	73.6	83.9
RACE/ETHNICITY	Non-Hispanic White	65.8	57.0	74.7
	Non-Hispanic Black	60.1	46.1	74.2
	Hispanic	74.8	68.5	81.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	60.4	45.5	75.3
	Non-Hispanic White Female	70.5	61.3	79.7
	Non-Hispanic Black Male	38.8	17.0	60.5
	Non-Hispanic Black Female	78.2	66.4	90.0
	Hispanic Male	67.3	56.8	77.9
	Hispanic Female	81.4	74.3	88.6
AGE GROUP	18-44	60.5	51.8	69.3
	45-64	77.0	71.5	82.6
	65 & Older	81.2	75.4	86.9
EDUCATION LEVEL	<High School	71.3	57.5	85.2
	High School/GED	69.1	59.4	78.9
	>High School	68.8	62.9	74.8
ANNUAL INCOME	<\$25,000	76.7	68.8	84.5
	\$25,000-\$49,999	68.0	54.9	81.1
	\$50,000 or More	61.9	53.3	70.4
MARITAL STATUS	Married/Couple	73.5	67.9	79.2
	Not Married/Couple	65.8	58.0	73.7

Percentage of adults who did not meet the weekly recommendation for leisure-time aerobic or muscle strengthening physical activity in the past 30 days:

		Measure	95% CI	
ALL	Overall	82.3	78.3	86.4
SEX	Male	80.1	73.5	86.7
	Female	84.4	79.6	89.3
RACE/ETHNICITY	Non-Hispanic White	76.6	70.2	83.0
	Non-Hispanic Black	79.2	67.4	91.0
	Hispanic	85.1	79.8	90.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	74.8	64.3	85.4
	Non-Hispanic White Female	78.1	70.6	85.7
	Non-Hispanic Black Male	77.9	56.2	99.5
	Non-Hispanic Black Female	80.3	68.4	92.2
	Hispanic Male	82.5	74.2	90.9
	Hispanic Female	87.5	80.7	94.2
AGE GROUP	18-44	78.2	70.8	85.6
	45-64	87.7	84.3	91.0
	65 & Older	85.4	80.1	90.7
EDUCATION LEVEL	<High School	85.1	73.8	96.4
	High School/GED	88.7	83.1	94.3
	>High School	77.9	72.5	83.4
ANNUAL INCOME	<\$25,000	85.7	79.2	92.2
	\$25,000-\$49,999	86.9	77.1	96.6
	\$50,000 or More	76.0	69.3	82.7
MARITAL STATUS	Married/Couple	83.5	79.3	87.8
	Not Married/Couple	81.4	74.9	87.9

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Physical Activity

Percentage of adults who did not spend any time biking in the past week:

		Measure	95% CI	
ALL	Overall	72.2	65.2	– 79.3
SEX	Male	72.6	62.3	– 83.0
	Female	71.9	62.3	– 81.4
RACE/ETHNICITY	Non-Hispanic White	59.8	45.1	– 74.5
	Non-Hispanic Black	91.2	84.7	– 97.8
	Hispanic	70.9	61.3	– 80.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	54.8	31.5	– 78.2
	Non-Hispanic White Female	64.4	47.2	– 81.6
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	88.7	79.8	– 97.7
	Hispanic Male	70.8	57.0	– 84.7
	Hispanic Female	71.0	57.6	– 84.4
AGE GROUP	18-44	72.0	62.1	– 81.9
	45-64	73.6	64.3	– 83.0
	65 & Older	67.4	55.4	– 79.4
EDUCATION LEVEL	<High School	^		
	High School/GED	67.8	51.9	– 83.6
	>High School	68.9	61.0	– 76.9
ANNUAL INCOME	<\$25,000	70.5	56.6	– 84.4
	\$25,000-\$49,999	80.2	66.2	– 94.2
	\$50,000 or More	66.8	56.7	– 76.9
MARITAL STATUS	Married/Couple	71.8	63.0	– 80.6
	Not Married/Couple	72.3	61.6	– 83.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Secondhand Smoke

Percentage of adults who reported someone else smoking tobacco inside their home, while they were home, in the past week:

		Measure	95% CI	
ALL	Overall	5.6	2.6	8.6
SEX	Male	5.0	0.1	9.8
	Female	6.1	2.4	9.9
RACE/ETHNICITY	Non-Hispanic White	6.5	1.8	11.2
	Non-Hispanic Black	6.2	1.2	11.2
	Hispanic	5.5	1.0	10.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	7.3	1.3	13.3
	Non-Hispanic White Female	5.8	0.0	12.9
	Non-Hispanic Black Male	2.6	0.0	6.3
	Non-Hispanic Black Female	9.4	0.9	18.0
	Hispanic Male	5.6	0.0	13.3
	Hispanic Female	5.5	0.4	10.6
AGE GROUP	18-44	6.1	0.6	11.6
	45-64	6.7	2.9	10.5
	65 & Older	2.2	0.8	3.7
EDUCATION LEVEL	<High School	9.2	0.0	19.3
	High School/GED	8.4	2.1	14.7
	>High School	2.4	1.1	3.7
ANNUAL INCOME	<\$25,000	7.4	2.5	12.4
	\$25,000-\$49,999	5.1	0.1	10.0
	\$50,000 or More	1.2	0.2	2.1
MARITAL STATUS	Married/Couple	1.3	0.4	2.1
	Not Married/Couple	9.2	3.9	14.6

Percentage of adults who rode in a vehicle, where someone else was smoking tobacco, in the past week:

		Measure	95% CI	
ALL	Overall	9.0	5.9	12.0
SEX	Male	10.1	4.6	15.7
	Female	7.9	4.8	11.0
RACE/ETHNICITY	Non-Hispanic White	6.9	2.1	11.7
	Non-Hispanic Black	10.6	3.3	17.9
	Hispanic	9.2	4.8	13.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	5.1	0.0	10.2
	Non-Hispanic White Female	8.4	0.7	16.1
	Non-Hispanic Black Male	6.1	0.0	16.0
	Non-Hispanic Black Female	14.6	4.4	24.9
	Hispanic Male	12.8	4.2	21.4
	Hispanic Female	6.3	2.9	9.7
AGE GROUP	18-44	11.3	5.8	16.8
	45-64	7.4	3.4	11.5
	65 & Older	5.6	2.4	8.7
EDUCATION LEVEL	<High School	8.2	2.5	13.8
	High School/GED	9.5	4.3	14.8
	>High School	9.2	4.3	14.1
ANNUAL INCOME	<\$25,000	8.6	4.8	12.5
	\$25,000-\$49,999	14.5	5.8	23.2
	\$50,000 or More	5.0	1.0	9.1
MARITAL STATUS	Married/Couple	4.7	2.3	7.0
	Not Married/Couple	12.7	7.4	17.9

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Secondhand Smoke

Percentage of adults who allowed smoking inside their home:

		Measure	95% CI	
ALL	Overall	9.5	6.7	– 12.3
SEX	Male	6.7	3.3	– 10.1
	Female	11.9	7.6	– 16.2
RACE/ETHNICITY	Non-Hispanic White	13.1	7.3	– 18.8
	Non-Hispanic Black	13.7	5.1	– 22.3
	Hispanic	7.4	3.9	– 10.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	13.9	6.1	– 21.8
	Non-Hispanic White Female	12.3	3.9	– 20.8
	Non-Hispanic Black Male	9.6	0.0	– 23.1
	Non-Hispanic Black Female	17.3	6.6	– 28.0
	Hispanic Male	3.6	0.4	– 6.9
	Hispanic Female	10.5	4.8	– 16.1
AGE GROUP	18-44	9.9	5.1	– 14.8
	45-64	10.9	6.6	– 15.3
	65 & Older	5.4	3.4	– 7.5
EDUCATION LEVEL	<High School	7.9	1.2	– 14.6
	High School/GED	13.1	6.3	– 19.9
	>High School	8.2	5.4	– 11.1
ANNUAL INCOME	<\$25,000	13.9	7.8	– 20.0
	\$25,000-\$49,999	6.7	2.2	– 11.2
	\$50,000 or More	7.3	3.5	– 11.0
MARITAL STATUS	Married/Couple	5.6	2.4	– 8.8
	Not Married/Couple	12.4	8.0	– 16.9

Percentage of adults who allowed smoking inside their vehicle(s):

		Measure	95% CI	
ALL	Overall	15.3	11.3	– 19.4
SEX	Male	16.7	9.9	– 23.4
	Female	14.1	9.4	– 18.8
RACE/ETHNICITY	Non-Hispanic White	15.0	8.8	– 21.1
	Non-Hispanic Black	15.5	5.9	– 25.1
	Hispanic	15.3	9.6	– 21.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	17.5	7.9	– 27.1
	Non-Hispanic White Female	12.9	4.8	– 20.9
	Non-Hispanic Black Male	20.7	3.0	– 38.4
	Non-Hispanic Black Female	10.9	1.9	– 19.9
	Hispanic Male	15.2	5.6	– 24.7
	Hispanic Female	15.4	8.7	– 22.1
AGE GROUP	18-44	18.9	11.8	– 25.9
	45-64	16.0	10.1	– 21.9
	65 & Older	4.8	2.8	– 6.8
EDUCATION LEVEL	<High School	15.0	5.5	– 24.5
	High School/GED	10.4	3.7	– 17.1
	>High School	18.6	12.7	– 24.5
ANNUAL INCOME	<\$25,000	16.8	10.0	– 23.6
	\$25,000-\$49,999	17.7	8.6	– 26.9
	\$50,000 or More	14.0	5.9	– 22.1
MARITAL STATUS	Married/Couple	11.5	6.9	– 16.1
	Not Married/Couple	18.9	12.4	– 25.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Secondhand Smoke

Percentage of adults who thought smoking indoors should be allowed in workplaces:

		Measure	95% CI	
ALL	Overall	17.6	12.9	– 22.2
SEX	Male	24.7	16.5	– 32.9
	Female	11.2	6.7	– 15.7
RACE/ETHNICITY	Non-Hispanic White	18.4	10.7	– 26.2
	Non-Hispanic Black	26.2	12.2	– 40.3
	Hispanic	15.1	9.1	– 21.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	22.7	10.0	– 35.4
	Non-Hispanic White Female	14.8	5.3	– 24.2
	Non-Hispanic Black Male	42.8	18.6	– 67.0
	Non-Hispanic Black Female	11.8	4.7	– 18.9
	Hispanic Male	21.5	11.1	– 32.0
	Hispanic Female	9.8	3.4	– 16.1
AGE GROUP	18-44	21.5	13.2	– 29.9
	45-64	15.1	9.9	– 20.2
	65 & Older	11.0	7.5	– 14.4
EDUCATION LEVEL	<High School	17.7	5.5	– 29.8
	High School/GED	19.5	11.5	– 27.6
	>High School	15.9	9.7	– 22.2
ANNUAL INCOME	<\$25,000	16.0	9.0	– 23.0
	\$25,000-\$49,999	19.0	6.9	– 31.1
	\$50,000 or More	18.4	9.8	– 26.9
MARITAL STATUS	Married/Couple	12.2	7.9	– 16.5
	Not Married/Couple	21.6	14.1	– 29.2

Percentage of adults, employed for wages or self-employed, who breathed in smoke at their workplace from someone, other than themselves, who was smoking in the past week:

		Measure	95% CI	
ALL	Overall	16.8	10.2	– 23.4
SEX	Male	24.6	13.4	– 35.7
	Female	8.0	3.3	– 12.6
RACE/ETHNICITY	Non-Hispanic White	9.0	0.0	– 19.3
	Non-Hispanic Black	18.7	4.8	– 32.7
	Hispanic	16.3	7.5	– 25.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	17.6	0.0	– 38.7
	Non-Hispanic White Female	2.0	0.0	– 4.3
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	19.6	2.5	– 36.6
	Hispanic Male	23.5	9.6	– 37.4
	Hispanic Female	6.3	0.7	– 11.9
AGE GROUP	18-44	20.1	10.6	– 29.5
	45-64	11.5	4.5	– 18.5
	65 & Older	0.3	0.0	– 0.8
EDUCATION LEVEL	<High School	^		
	High School/GED	13.8	3.8	– 23.7
	>High School	14.7	7.9	– 21.4
ANNUAL INCOME	<\$25,000	20.2	7.6	– 32.7
	\$25,000-\$49,999	23.1	9.0	– 37.1
	\$50,000 or More	8.8	3.1	– 14.6
MARITAL STATUS	Married/Couple	11.9	5.6	– 18.2
	Not Married/Couple	22.6	10.4	– 34.7

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Secondhand Smoke

Percentage of adults who breathed in smoke from someone else who was smoking in an indoor public place, other than their workplace, in the past week:

		Measure	95% CI	
ALL	Overall	19.6	15.0	– 24.2
SEX	Male	21.4	13.6	– 29.1
	Female	18.0	12.8	– 23.2
RACE/ETHNICITY	Non-Hispanic White	19.4	10.6	– 28.2
	Non-Hispanic Black	27.4	14.2	– 40.6
	Hispanic	17.7	11.8	– 23.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	26.0	10.1	– 41.9
	Non-Hispanic White Female	13.7	6.1	– 21.4
	Non-Hispanic Black Male	17.5	0.0	– 39.9
	Non-Hispanic Black Female	36.4	21.6	– 51.3
	Hispanic Male	21.4	11.3	– 31.6
	Hispanic Female	14.6	8.0	– 21.1
AGE GROUP	18-44	25.1	17.1	– 33.1
	45-64	16.5	10.5	– 22.5
	65 & Older	10.2	5.1	– 15.2
EDUCATION LEVEL	<High School	20.0	8.5	– 31.5
	High School/GED	22.6	13.6	– 31.6
	>High School	17.3	11.6	– 23.1
ANNUAL INCOME	<\$25,000	23.5	15.9	– 31.1
	\$25,000-\$49,999	16.4	5.3	– 27.6
	\$50,000 or More	12.6	7.3	– 17.9
MARITAL STATUS	Married/Couple	13.1	8.4	– 17.8
	Not Married/Couple	25.0	17.7	– 32.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Tobacco Use

Percentage of adults who were current smokers:

		Measure	95% CI	
ALL	Overall	14.6	10.6	– 18.6
SEX	Male	18.4	11.4	– 25.5
	Female	11.1	7.1	– 15.0
RACE/ETHNICITY	Non-Hispanic White	13.0	7.2	– 18.7
	Non-Hispanic Black	14.5	4.2	– 24.9
	Hispanic	13.3	8.2	– 18.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	14.9	7.1	– 22.6
	Non-Hispanic White Female	11.2	2.6	– 19.8
	Non-Hispanic Black Male	24.6	4.3	– 44.9
	Non-Hispanic Black Female	5.7	2.4	– 8.9
	Hispanic Male	14.3	5.5	– 23.1
	Hispanic Female	12.5	6.8	– 18.1
AGE GROUP	18-44	15.9	8.7	– 23.1
	45-64	16.0	11.5	– 20.5
	65 & Older	8.9	4.3	– 13.4
EDUCATION LEVEL	<High School	17.5	7.0	– 27.9
	High School/GED	16.7	8.8	– 24.7
	>High School	11.8	7.1	– 16.5
ANNUAL INCOME	<\$25,000	21.6	14.2	– 28.9
	\$25,000-\$49,999	6.6	2.0	– 11.3
	\$50,000 or More	15.5	6.6	– 24.4
MARITAL STATUS	Married/Couple	11.8	6.3	– 17.3
	Not Married/Couple	17.1	11.2	– 22.9

Percentage of adults who were former smokers:

		Measure	95% CI	
ALL	Overall	18.3	14.9	– 21.7
SEX	Male	23.0	16.9	– 29.1
	Female	14.0	10.8	– 17.1
RACE/ETHNICITY	Non-Hispanic White	28.8	22.6	– 35.1
	Non-Hispanic Black	10.4	5.5	– 15.3
	Hispanic	18.0	13.1	– 22.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	29.6	19.7	– 39.5
	Non-Hispanic White Female	28.1	20.4	– 35.9
	Non-Hispanic Black Male	15.4	5.4	– 25.3
	Non-Hispanic Black Female	6.0	1.8	– 10.2
	Hispanic Male	25.1	16.0	– 34.2
	Hispanic Female	11.7	7.4	– 15.9
AGE GROUP	18-44	10.2	5.2	– 15.2
	45-64	23.9	17.9	– 29.9
	65 & Older	30.9	25.5	– 36.3
EDUCATION LEVEL	<High School	21.5	12.7	– 30.4
	High School/GED	17.0	11.2	– 22.8
	>High School	17.0	12.7	– 21.3
ANNUAL INCOME	<\$25,000	19.7	14.4	– 25.0
	\$25,000-\$49,999	16.0	9.0	– 23.1
	\$50,000 or More	17.7	12.7	– 22.7
MARITAL STATUS	Married/Couple	19.4	14.9	– 23.9
	Not Married/Couple	17.4	12.5	– 22.4

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Tobacco Use

Percentage of adults who had never smoked:

		Measure	95% CI	
ALL	Overall	67.1	62.5	71.7
SEX	Male	58.6	50.7	66.4
	Female	75.0	70.3	79.7
RACE/ETHNICITY	Non-Hispanic White	58.2	50.3	66.1
	Non-Hispanic Black	75.1	64.4	85.8
	Hispanic	68.7	62.4	74.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	55.6	42.9	68.2
	Non-Hispanic White Female	60.7	50.7	70.6
	Non-Hispanic Black Male	60.0	39.5	80.6
	Non-Hispanic Black Female	88.4	82.9	93.8
	Hispanic Male	60.6	49.9	71.2
	Hispanic Female	75.9	69.3	82.4
AGE GROUP	18-44	73.9	66.0	81.9
	45-64	60.1	53.6	66.6
	65 & Older	60.2	54.1	66.3
EDUCATION LEVEL	<High School	61.0	49.1	72.8
	High School/GED	66.3	57.6	75.0
	>High School	71.2	65.5	76.9
ANNUAL INCOME	<\$25,000	58.7	51.3	66.2
	\$25,000-\$49,999	77.3	69.0	85.7
	\$50,000 or More	66.8	58.1	75.5
MARITAL STATUS	Married/Couple	68.8	62.7	74.9
	Not Married/Couple	65.5	58.7	72.3

Percentage of current smokers who stopped smoking for one day or longer, because they were trying to quit smoking, at least once in the past year:

		Measure	95% CI	
ALL	Overall	66.6	52.3	80.8
SEX	Male	69.7	50.7	88.7
	Female	61.7	41.5	81.9
RACE/ETHNICITY	Non-Hispanic White	68.3	49.3	87.2
	Non-Hispanic Black	^		
	Hispanic	53.5	32.2	74.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	^		
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
	Hispanic Male	^		
	Hispanic Female	58.2	31.9	84.4
AGE GROUP	18-44	^		
	45-64	62.3	48.2	76.5
	65 & Older	61.3	36.9	85.6
EDUCATION LEVEL	<High School	^		
	High School/GED	46.5	20.5	72.6
	>High School	68.8	52.7	85.0
ANNUAL INCOME	<\$25,000	72.7	55.0	90.4
	\$25,000-\$49,999	^		
	\$50,000 or More	55.7	22.9	88.5
MARITAL STATUS	Married/Couple	62.3	36.8	87.8
	Not Married/Couple	69.0	52.3	85.7

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Tobacco Use

Percentage of former smokers who had been smoke free for one or more years:

		Measure	95% CI		
ALL	Overall	82.5	73.9	– 91.1	
SEX	Male	86.4	74.7	– 98.2	
	Female	76.5	64.3	– 88.6	
RACE/ETHNICITY	Non-Hispanic White	90.9	82.1	– 99.7	
	Non-Hispanic Black	94.9	85.2	– 100.0	
	Hispanic	78.8	65.6	– 92.0	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	96.3	91.8	– 100.0	
	Non-Hispanic White Female	85.7	69.9	– 100.0	
	Non-Hispanic Black Male	^			
	Non-Hispanic Black Female	^			
	Hispanic Male	82.8	65.5	– 100.0	
	Hispanic Female	71.3	52.0	– 90.6	
	AGE GROUP	18-44	^		
		45-64	88.8	79.7	– 97.9
65 & Older		92.4	87.7	– 97.2	
EDUCATION LEVEL	<High School	92.0	80.6	– 100.0	
	High School/GED	67.0	45.7	– 88.3	
	>High School	84.7	74.5	– 94.9	
ANNUAL INCOME	<\$25,000	76.1	60.0	– 92.2	
	\$25,000-\$49,999	83.6	66.2	– 100.0	
	\$50,000 or More	84.6	70.6	– 98.6	
MARITAL STATUS	Married/Couple	89.4	81.0	– 97.8	
	Not Married/Couple	75.9	61.6	– 90.2	

Percentage of adults who used chewing tobacco, snuff, or snus some days or every day:

		Measure	95% CI		
ALL	Overall	2.6	0.5	– 4.7	
SEX	Male	5.0	0.7	– 9.3	
	Female	0.4	0.1	– 0.8	
RACE/ETHNICITY	Non-Hispanic White	2.6	0.0	– 6.0	
	Non-Hispanic Black	1.8	0.0	– 4.7	
	Hispanic	2.9	0.0	– 6.1	
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	5.3	0.0	– 12.1	
	Non-Hispanic White Female	0.1	0.0	– 0.4	
	Non-Hispanic Black Male	3.1	0.0	– 9.0	
	Non-Hispanic Black Female	0.7	0.0	– 2.0	
	Hispanic Male	6.0	0.0	– 12.6	
	Hispanic Female	0.2	0.0	– 0.6	
	AGE GROUP	18-44	2.3	0.0	– 5.9
		45-64	3.0	0.3	– 5.7
65 & Older		2.9	0.0	– 6.2	
EDUCATION LEVEL	<High School	4.0	0.0	– 8.0	
	High School/GED	0.3	0.0	– 0.8	
	>High School	3.3	0.0	– 7.2	
ANNUAL INCOME	<\$25,000	2.5	0.2	– 4.9	
	\$25,000-\$49,999	2.6	0.0	– 5.5	
	\$50,000 or More	4.1	0.0	– 10.6	
MARITAL STATUS	Married/Couple	1.7	0.0	– 3.4	
	Not Married/Couple	3.3	0.0	– 6.9	

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Tobacco Use

Percentage of adults who were aware of any telephone quitline services that were available to help them or others stop smoking:

		Measure	95% CI	
ALL	Overall	28.8	23.8	33.8
SEX	Male	34.3	25.8	42.8
	Female	23.9	18.5	29.3
RACE/ETHNICITY	Non-Hispanic White	32.1	24.1	40.1
	Non-Hispanic Black	33.2	19.1	47.3
	Hispanic	27.4	20.8	34.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	34.5	22.4	46.6
	Non-Hispanic White Female	30.0	19.0	41.0
	Non-Hispanic Black Male	49.5	26.8	72.2
	Non-Hispanic Black Female	18.3	8.3	28.3
	Hispanic Male	31.0	19.6	42.4
	Hispanic Female	24.5	17.0	31.9
AGE GROUP	18-44	36.5	27.8	45.2
	45-64	26.6	20.3	33.0
	65 & Older	11.2	7.5	14.9
EDUCATION LEVEL	<High School	23.4	10.6	36.3
	High School/GED	27.9	18.6	37.3
	>High School	31.6	25.1	38.2
ANNUAL INCOME	<\$25,000	21.7	14.0	29.3
	\$25,000-\$49,999	29.3	16.8	41.7
	\$50,000 or More	37.9	28.7	47.0
MARITAL STATUS	Married/Couple	23.2	17.9	28.5
	Not Married/Couple	33.6	25.8	41.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Worksite Wellness

Percentage of adults, employed for wages or self-employed, who confirmed using services provided by their worksite wellness program, among adults whose job had a worksite wellness program:

		Measure	95% CI	
ALL	Overall	37.5	25.5	49.5
SEX	Male	40.0	21.1	59.0
	Female	34.8	20.3	49.2
RACE/ETHNICITY	Non-Hispanic White	58.6	38.2	79.0
	Non-Hispanic Black	^		
	Hispanic	32.8	16.9	48.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	^		
	Non-Hispanic White Female	48.7	19.8	77.6
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
	Hispanic Male	^		
AGE GROUP	18-44	33.3	18.0	48.6
	45-64	42.2	25.0	59.4
	65 & Older	^		
EDUCATION LEVEL	<High School	^		
	High School/GED	^		
	>High School	37.4	23.9	50.9
ANNUAL INCOME	<\$25,000	^		
	\$25,000-\$49,999	41.1	14.8	67.5
	\$50,000 or More	43.0	28.0	58.1
MARITAL STATUS	Married/Couple	37.6	22.5	52.7
	Not Married/Couple	37.4	17.8	57.0

Percentage of adults, employed for wages or self-employed, whose job did not have a worksite wellness program for employees:

		Measure	95% CI	
ALL	Overall	70.0	63.3	76.8
SEX	Male	69.8	59.5	80.2
	Female	70.2	62.0	78.5
RACE/ETHNICITY	Non-Hispanic White	66.4	54.6	78.2
	Non-Hispanic Black	53.1	37.0	69.3
	Hispanic	75.7	67.8	83.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	68.3	50.3	86.2
	Non-Hispanic White Female	64.6	49.4	79.7
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	49.9	31.8	68.1
	Hispanic Male	75.0	63.6	86.3
AGE GROUP	18-44	68.4	58.9	77.8
	45-64	74.1	66.4	81.9
	65 & Older	68.0	48.3	87.6
EDUCATION LEVEL	<High School	^		
	High School/GED	63.8	49.3	78.3
	>High School	72.5	65.5	79.6
ANNUAL INCOME	<\$25,000	71.2	54.6	87.7
	\$25,000-\$49,999	75.2	62.7	87.7
	\$50,000 or More	64.5	55.3	73.7
MARITAL STATUS	Married/Couple	63.2	54.3	72.1
	Not Married/Couple	78.8	70.1	87.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Worksite Wellness

Percentage of adults, employed for wages or self-employed, who confirmed they would use services from a worksite wellness program if they were offered, among adults whose job did not have a worksite wellness program:

		Measure	95% CI	
ALL	Overall	77.5	70.3	84.7
SEX	Male	77.1	66.1	88.0
	Female	78.0	69.0	87.0
RACE/ETHNICITY	Non-Hispanic White	71.9	59.5	84.3
	Non-Hispanic Black	81.8	65.3	98.2
	Hispanic	77.7	68.3	87.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	71.5	54.3	88.8
	Non-Hispanic White Female	72.2	54.3	90.2
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	^		
	Hispanic Male	78.6	64.7	92.5
AGE GROUP	Hispanic Female	76.7	64.5	88.8
	18-44	79.2	69.5	89.0
	45-64	75.3	65.3	85.2
	65 & Older	68.2	47.8	88.6
EDUCATION LEVEL	<High School	^		
	High School/GED	81.0	66.7	95.3
	>High School	76.1	67.4	84.7
ANNUAL INCOME	<\$25,000	73.9	58.6	89.3
	\$25,000-\$49,999	82.8	67.5	98.2
	\$50,000 or More	77.6	67.9	87.3
MARITAL STATUS	Married/Couple	74.8	65.7	84.0
	Not Married/Couple	80.2	69.3	91.2

Percentage of adults, employed for wages or self-employed, who would prefer to have a physical activity or exercise worksite wellness program service at their job site:

		Measure	95% CI	
ALL	Overall	70.6	63.0	78.2
SEX	Male	72.5	61.9	83.1
	Female	68.5	58.0	79.0
RACE/ETHNICITY	Non-Hispanic White	81.9	72.7	91.1
	Non-Hispanic Black	73.0	57.1	88.9
	Hispanic	67.4	57.4	77.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	87.0	77.3	96.7
	Non-Hispanic White Female	77.3	62.9	91.7
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	77.4	60.0	94.9
	Hispanic Male	71.2	58.6	83.8
AGE GROUP	Hispanic Female	63.0	47.8	78.1
	18-44	74.1	64.0	84.3
	45-64	64.2	53.6	74.9
	65 & Older	57.1	35.1	79.2
EDUCATION LEVEL	<High School	^		
	High School/GED	67.6	52.6	82.6
	>High School	78.5	71.8	85.3
ANNUAL INCOME	<\$25,000	62.1	46.0	78.2
	\$25,000-\$49,999	69.0	50.2	87.8
	\$50,000 or More	75.4	66.7	84.1
MARITAL STATUS	Married/Couple	70.7	61.7	79.7
	Not Married/Couple	70.5	57.6	83.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Worksite Wellness

Percentage of adults, employed for wages or self-employed, who would prefer to have a breastfeeding support worksite wellness program service at their job site:

		Measure	95% CI	
ALL	Overall	16.6	11.3	– 21.9
SEX	Male	11.5	4.6	– 18.3
	Female	22.2	14.2	– 30.2
RACE/ETHNICITY	Non-Hispanic White	17.1	8.3	– 26.0
	Non-Hispanic Black	19.5	8.0	– 31.1
	Hispanic	16.4	9.0	– 23.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	14.8	2.8	– 26.8
	Non-Hispanic White Female	19.3	6.5	– 32.0
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	23.3	8.7	– 37.9
	Hispanic Male	10.5	1.2	– 19.8
	Hispanic Female	23.4	11.8	– 35.0
AGE GROUP	18-44	18.9	11.2	– 26.5
	45-64	12.9	7.3	– 18.5
	65 & Older	5.1	0.0	– 10.4
EDUCATION LEVEL	<High School	^		
	High School/GED	13.9	3.2	– 24.6
	>High School	19.7	12.8	– 26.6
ANNUAL INCOME	<\$25,000	12.9	3.3	– 22.5
	\$25,000-\$49,999	23.8	8.8	– 38.8
	\$50,000 or More	15.6	9.3	– 21.9
MARITAL STATUS	Married/Couple	17.6	11.1	– 24.1
	Not Married/Couple	15.3	6.5	– 24.2

Percentage of adults, employed for wages or self-employed, who would prefer to have a tobacco cessation worksite wellness program service at their job site:

		Measure	95% CI	
ALL	Overall	18.6	12.4	– 24.7
SEX	Male	12.4	6.3	– 18.5
	Female	25.2	15.2	– 35.3
RACE/ETHNICITY	Non-Hispanic White	27.0	14.9	– 39.1
	Non-Hispanic Black	14.1	5.3	– 22.9
	Hispanic	17.5	9.0	– 26.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	30.9	10.5	– 51.3
	Non-Hispanic White Female	23.4	10.0	– 36.9
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	16.6	5.6	– 27.6
	Hispanic Male	7.8	1.5	– 14.2
	Hispanic Female	28.9	14.0	– 43.8
AGE GROUP	18-44	18.7	10.0	– 27.3
	45-64	18.3	11.7	– 24.9
	65 & Older	17.1	1.4	– 32.8
EDUCATION LEVEL	<High School	^		
	High School/GED	12.8	3.8	– 21.9
	>High School	18.9	12.7	– 25.1
ANNUAL INCOME	<\$25,000	12.0	4.0	– 20.0
	\$25,000-\$49,999	29.9	11.6	– 48.2
	\$50,000 or More	19.1	11.9	– 26.4
MARITAL STATUS	Married/Couple	19.8	13.3	– 26.4
	Not Married/Couple	16.9	5.7	– 28.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Worksite Wellness

Percentage of adults, employed for wages or self-employed, who would prefer to have a diet and nutrition worksite wellness program service at their job site:

		Measure	95% CI	
ALL	Overall	42.8	35.1	50.5
SEX	Male	38.4	26.9	49.8
	Female	47.7	37.7	57.6
RACE/ETHNICITY	Non-Hispanic White	53.9	40.7	67.2
	Non-Hispanic Black	38.6	23.2	54.1
	Hispanic	42.1	31.6	52.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	45.5	24.0	66.9
	Non-Hispanic White Female	61.5	46.9	76.2
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	40.3	22.4	58.3
	Hispanic Male	39.0	24.0	54.0
AGE GROUP	18-44	41.1	30.6	51.6
	45-64	49.5	39.2	59.8
	65 & Older	21.6	7.5	35.8
EDUCATION LEVEL	<High School	^		
	High School/GED	42.9	27.2	58.5
	>High School	45.7	36.5	54.9
ANNUAL INCOME	<\$25,000	35.9	21.1	50.8
	\$25,000-\$49,999	45.9	28.3	63.4
	\$50,000 or More	46.2	35.5	57.0
MARITAL STATUS	Married/Couple	45.1	36.1	54.1
	Not Married/Couple	39.8	26.7	53.0

Percentage of adults, employed for wages or self-employed, who would prefer to have a worksite ergonomics worksite wellness program service at their job site:

		Measure	95% CI	
ALL	Overall	18.0	12.9	23.1
SEX	Male	17.2	9.3	25.0
	Female	18.9	12.7	25.1
RACE/ETHNICITY	Non-Hispanic White	32.3	20.1	44.5
	Non-Hispanic Black	21.6	10.2	33.1
	Hispanic	13.5	7.2	19.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	34.8	14.2	55.3
	Non-Hispanic White Female	30.1	16.2	43.9
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	25.1	10.7	39.4
	Hispanic Male	13.8	4.0	23.6
AGE GROUP	18-44	15.8	9.0	22.5
	45-64	24.4	17.1	31.7
	65 & Older	7.8	1.2	14.5
EDUCATION LEVEL	<High School	^		
	High School/GED	12.8	5.2	20.4
	>High School	22.0	15.2	28.9
ANNUAL INCOME	<\$25,000	7.9	2.7	13.2
	\$25,000-\$49,999	20.8	6.9	34.6
	\$50,000 or More	24.8	16.9	32.7
MARITAL STATUS	Married/Couple	20.5	14.0	27.1
	Not Married/Couple	14.7	6.9	22.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Worksite Wellness

Percentage of adults, employed for wages or self-employed, who would prefer to have a healthy lifestyle and screening worksite wellness program service at their job site:

		Measure	95% CI	
ALL	Overall	49.0	40.9	57.0
SEX	Male	48.6	36.2	61.0
	Female	49.4	39.4	59.4
RACE/ETHNICITY	Non-Hispanic White	55.6	42.4	68.7
	Non-Hispanic Black	48.1	31.6	64.7
	Hispanic	46.3	35.6	57.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	52.6	30.8	74.4
	Non-Hispanic White Female	58.2	42.9	73.5
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	52.8	33.7	71.9
	Hispanic Male	46.4	30.7	62.2
	Hispanic Female	46.1	32.0	60.2
AGE GROUP	18-44	45.1	34.2	55.9
	45-64	58.8	48.9	68.8
	65 & Older	43.3	22.2	64.4
EDUCATION LEVEL	<High School	^		
	High School/GED	47.0	31.1	62.8
	>High School	49.6	40.2	59.0
ANNUAL INCOME	<\$25,000	49.7	33.4	65.9
	\$25,000-\$49,999	47.2	29.4	64.9
	\$50,000 or More	53.0	41.8	64.1
MARITAL STATUS	Married/Couple	57.2	48.2	66.2
	Not Married/Couple	38.4	25.8	51.0

Percentage of adults, employed for wages or self-employed, whose job site did not have a room, other than a restroom, where women could breastfeed or pump milk for their baby:

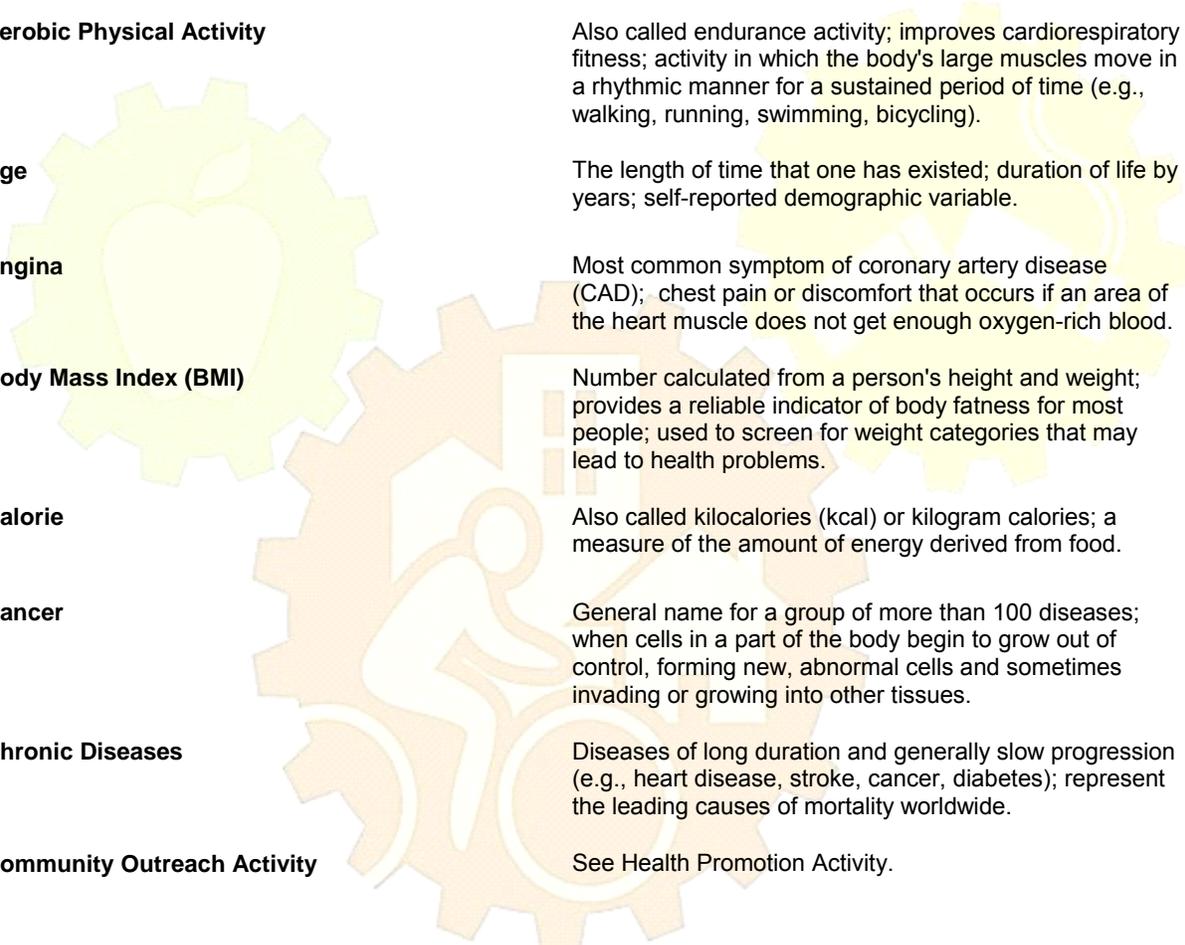
		Measure	95% CI	
ALL	Overall	76.3	68.8	83.7
SEX	Male	71.0	58.1	83.8
	Female	81.4	74.5	88.4
RACE/ETHNICITY	Non-Hispanic White	60.7	45.9	75.5
	Non-Hispanic Black	73.9	59.3	88.6
	Hispanic	81.6	71.7	91.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	45.6	24.8	66.4
	Non-Hispanic White Female	72.5	54.4	90.6
	Non-Hispanic Black Male	^		
	Non-Hispanic Black Female	67.8	50.0	85.5
	Hispanic Male	75.5	58.3	92.7
	Hispanic Female	88.0	80.9	95.2
AGE GROUP	18-44	75.7	65.1	86.4
	45-64	78.7	71.4	86.0
	65 & Older	66.8	45.1	88.5
EDUCATION LEVEL	<High School	^		
	High School/GED	79.1	65.7	92.6
	>High School	74.2	64.6	83.7
ANNUAL INCOME	<\$25,000	83.6	72.3	94.9
	\$25,000-\$49,999	84.6	72.1	97.0
	\$50,000 or More	64.1	51.7	76.5
MARITAL STATUS	Married/Couple	78.6	71.4	85.8
	Not Married/Couple	73.3	59.4	87.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

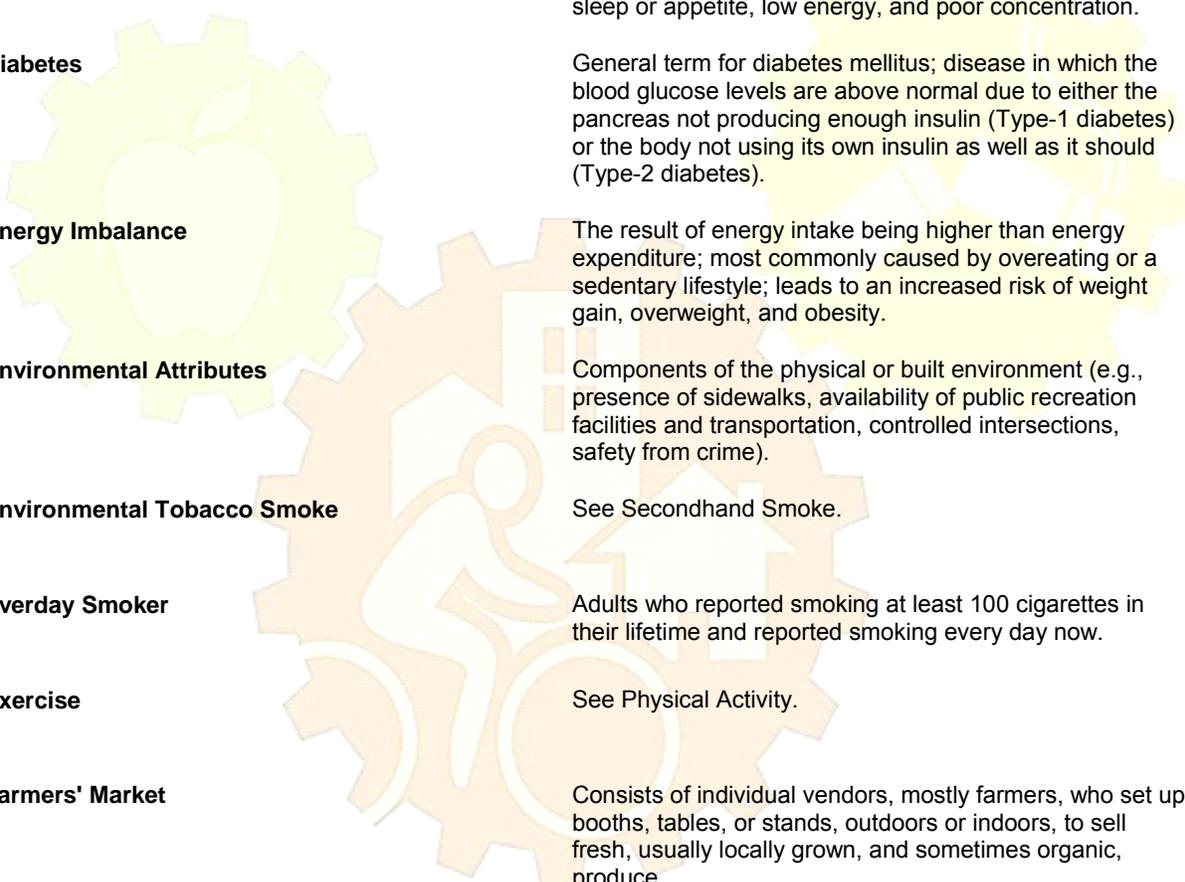
Glossary



Active	Descriptive category for physical activity level of adults; defined as performing 150 to 300 minutes (or vigorous equivalent minutes) of leisure-time aerobic physical activity per week in the past 30 days.
Adult	Individual aged 18 years or older.
Aerobic Physical Activity	Also called endurance activity; improves cardiorespiratory fitness; activity in which the body's large muscles move in a rhythmic manner for a sustained period of time (e.g., walking, running, swimming, bicycling).
Age	The length of time that one has existed; duration of life by years; self-reported demographic variable.
Angina	Most common symptom of coronary artery disease (CAD); chest pain or discomfort that occurs if an area of the heart muscle does not get enough oxygen-rich blood.
Body Mass Index (BMI)	Number calculated from a person's height and weight; provides a reliable indicator of body fatness for most people; used to screen for weight categories that may lead to health problems.
Calorie	Also called kilocalories (kcal) or kilogram calories; a measure of the amount of energy derived from food.
Cancer	General name for a group of more than 100 diseases; when cells in a part of the body begin to grow out of control, forming new, abnormal cells and sometimes invading or growing into other tissues.
Chronic Diseases	Diseases of long duration and generally slow progression (e.g., heart disease, stroke, cancer, diabetes); represent the leading causes of mortality worldwide.
Community Outreach Activity	See Health Promotion Activity.
Coronary Artery Disease (CAD)	Most common type of heart disease; occurs when a substance called plaque builds up on the inner walls of the arteries that supply blood to the heart, called coronary arteries; most common cause of a heart attack.
Coronary Heart Disease (CHD)	See Coronary Artery Disease (CAD).
Current Smoker	Combination of everyday smoker and some day smoker.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

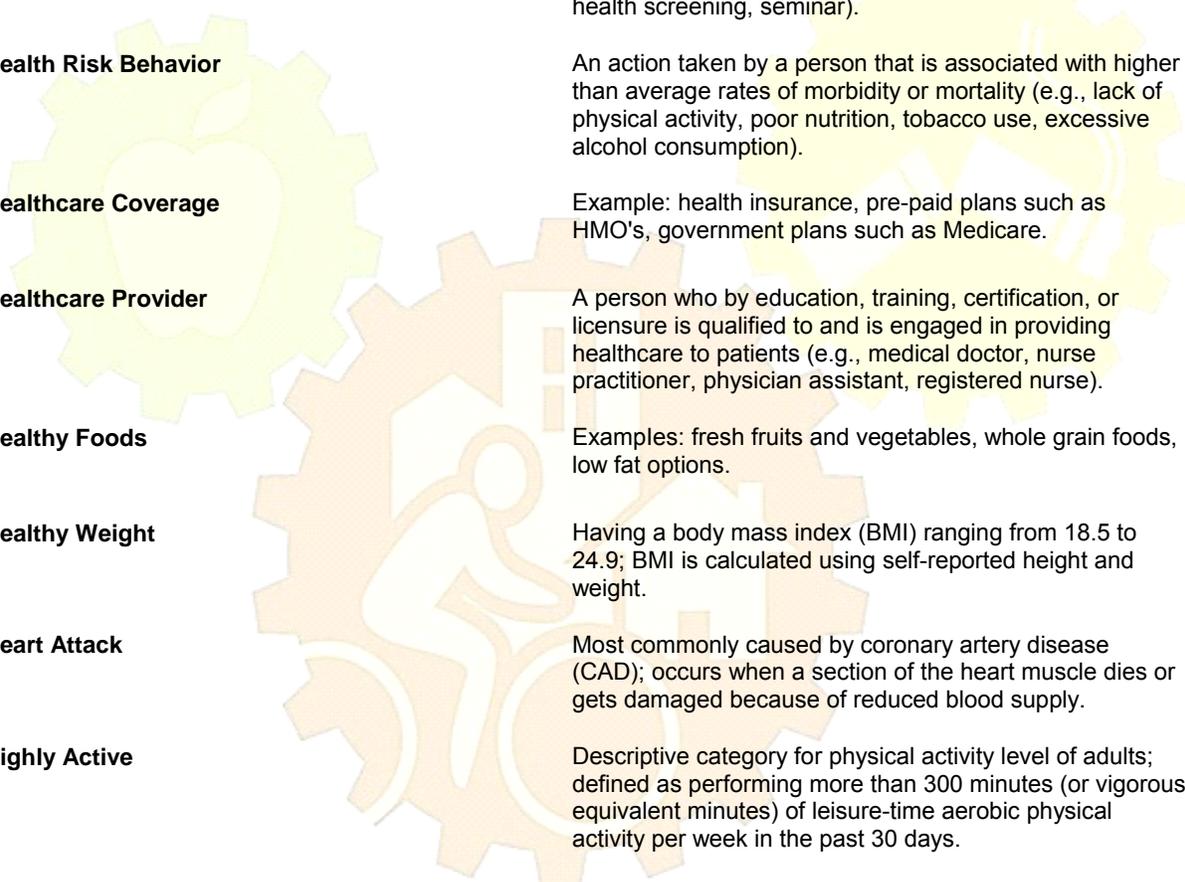
Glossary



Daily Fruit Consumption Recommendation	≥ 2 servings of fruit per day.
Daily Vegetable Consumption Recommendation	≥ 3 servings of vegetables per day.
Depressed	The manifestation of depression, a common mental disorder that presents with low mood, loss of interest or pleasure, feelings of guilt or low self-worth, disturbed sleep or appetite, low energy, and poor concentration.
Diabetes	General term for diabetes mellitus; disease in which the blood glucose levels are above normal due to either the pancreas not producing enough insulin (Type-1 diabetes) or the body not using its own insulin as well as it should (Type-2 diabetes).
Energy Imbalance	The result of energy intake being higher than energy expenditure; most commonly caused by overeating or a sedentary lifestyle; leads to an increased risk of weight gain, overweight, and obesity.
Environmental Attributes	Components of the physical or built environment (e.g., presence of sidewalks, availability of public recreation facilities and transportation, controlled intersections, safety from crime).
Environmental Tobacco Smoke	See Secondhand Smoke.
Everday Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking every day now.
Exercise	See Physical Activity.
Farmers' Market	Consists of individual vendors, mostly farmers, who set up booths, tables, or stands, outdoors or indoors, to sell fresh, usually locally grown, and sometimes organic, produce.
Farm-to-institution Program	Program that provides locally grown fruits and vegetables to schools, worksites, hospitals, or other community institutions.
Fidgety	Restless; impatient; uneasy; nervously and excessively fussy.
Food Stamps Program	Includes a food stamp card or voucher, or cash grants from the state for food.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

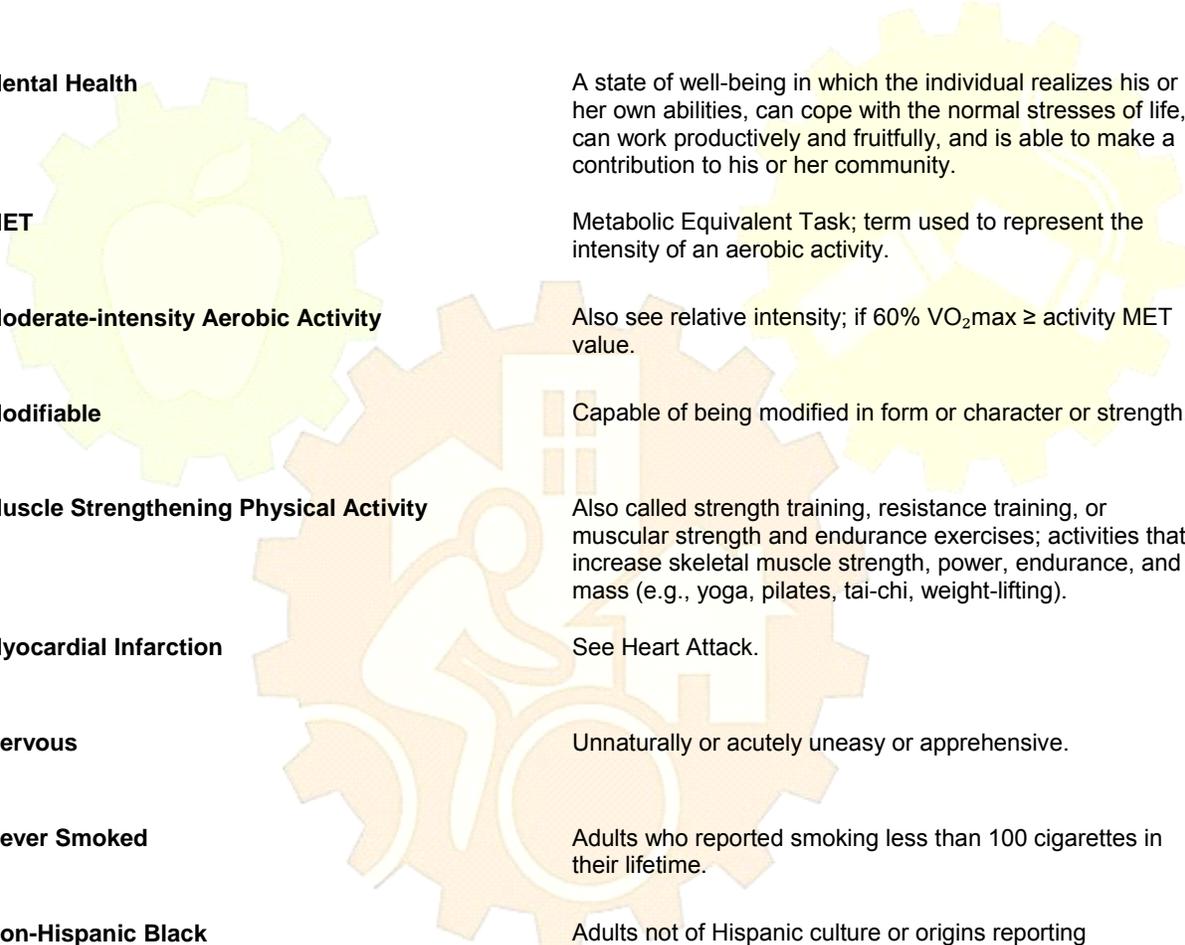
Glossary



Former Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime but reported not smoking now.
Health Behavior	An action taken by a person to maintain, attain, or regain good health and to prevent illness.
Health Promotion Activity	An educational activity, program or effort directed at a targeted population to improve, maintain, and safeguard the health of that segment of society (e.g., health fair, health screening, seminar).
Health Risk Behavior	An action taken by a person that is associated with higher than average rates of morbidity or mortality (e.g., lack of physical activity, poor nutrition, tobacco use, excessive alcohol consumption).
Healthcare Coverage	Example: health insurance, pre-paid plans such as HMO's, government plans such as Medicare.
Healthcare Provider	A person who by education, training, certification, or licensure is qualified to and is engaged in providing healthcare to patients (e.g., medical doctor, nurse practitioner, physician assistant, registered nurse).
Healthy Foods	Examples: fresh fruits and vegetables, whole grain foods, low fat options.
Healthy Weight	Having a body mass index (BMI) ranging from 18.5 to 24.9; BMI is calculated using self-reported height and weight.
Heart Attack	Most commonly caused by coronary artery disease (CAD); occurs when a section of the heart muscle dies or gets damaged because of reduced blood supply.
Highly Active	Descriptive category for physical activity level of adults; defined as performing more than 300 minutes (or vigorous equivalent minutes) of leisure-time aerobic physical activity per week in the past 30 days.
Hispanic	Adults of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race; self-reported demographic variable.
Hopeless	Without hope; despairing.
Insufficiently Active	Descriptive category for physical activity level of adults; defined as performing 1 to 149 minutes (or vigorous equivalent minutes) of leisure-time aerobic physical activity per week in the past 30 days.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

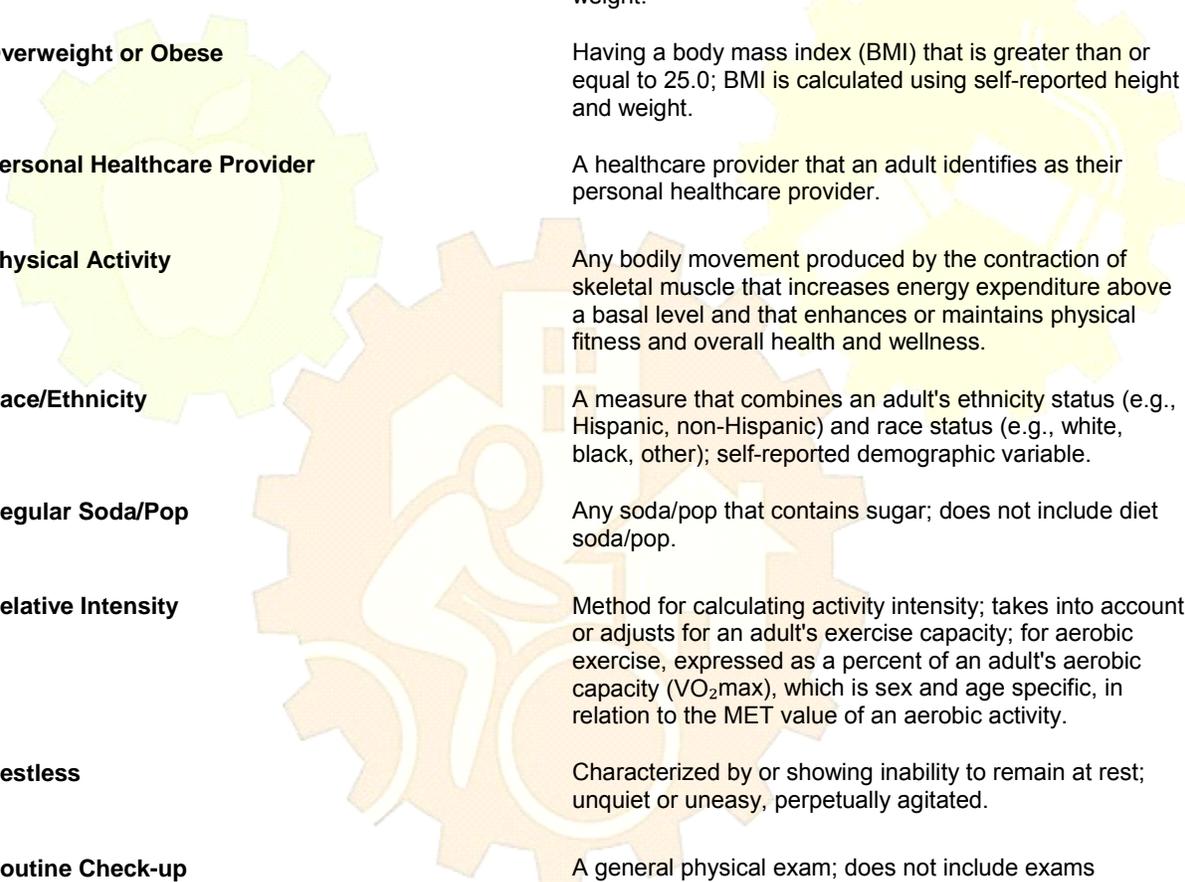
Glossary



Intensity	Refers to how much work is being performed or the magnitude of the effort required to perform an activity.
Leisure-time Physical Activity	Refers to physical activity or exercise performed outside of one's regular job.
Mainstream Smoke	Smoke that is exhaled from a smoker.
Mental Health	A state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.
MET	Metabolic Equivalent Task; term used to represent the intensity of an aerobic activity.
Moderate-intensity Aerobic Activity	Also see relative intensity; if $60\% \text{VO}_2\text{max} \geq$ activity MET value.
Modifiable	Capable of being modified in form or character or strength.
Muscle Strengthening Physical Activity	Also called strength training, resistance training, or muscular strength and endurance exercises; activities that increase skeletal muscle strength, power, endurance, and mass (e.g., yoga, pilates, tai-chi, weight-lifting).
Myocardial Infarction	See Heart Attack.
Nervous	Unnaturally or acutely uneasy or apprehensive.
Never Smoked	Adults who reported smoking less than 100 cigarettes in their lifetime.
Non-Hispanic Black	Adults not of Hispanic culture or origins reporting membership in only the Black race category; self-reported demographic variable.
Non-Hispanic White	Adults not of Hispanic culture or origins reporting membership in only the White race category; self-reported demographic variable.
Non-smoker	Combination of former smoker and never smoked.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

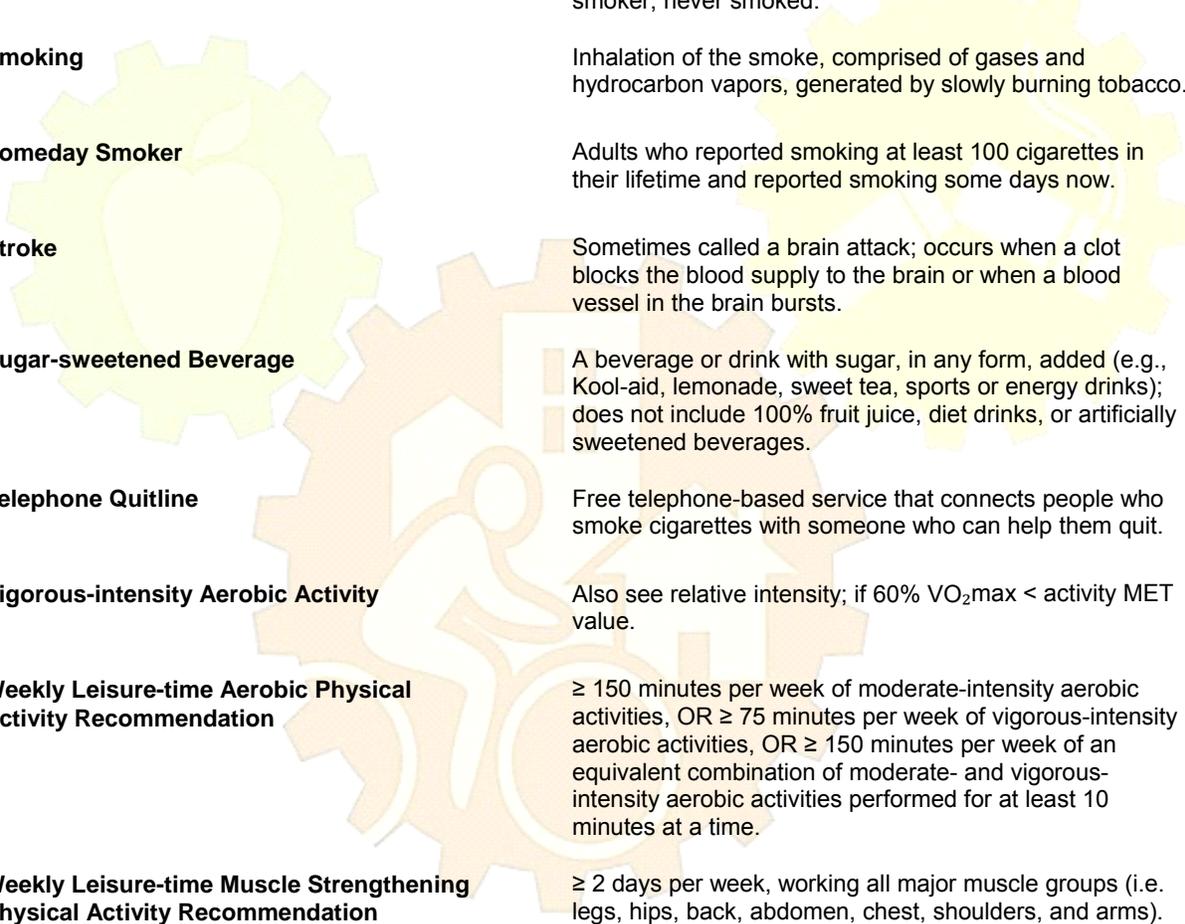
Glossary



Obese	Having a body mass index (BMI) that is greater than or equal to 30.0; BMI is calculated using self-reported height and weight.
Obesity	A condition characterized by being obese.
Overweight	Having a body mass index (BMI) ranging from 25.0 to 29.9; BMI is calculated using self-reported height and weight.
Overweight or Obese	Having a body mass index (BMI) that is greater than or equal to 25.0; BMI is calculated using self-reported height and weight.
Personal Healthcare Provider	A healthcare provider that an adult identifies as their personal healthcare provider.
Physical Activity	Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a basal level and that enhances or maintains physical fitness and overall health and wellness.
Race/Ethnicity	A measure that combines an adult's ethnicity status (e.g., Hispanic, non-Hispanic) and race status (e.g., white, black, other); self-reported demographic variable.
Regular Soda/Pop	Any soda/pop that contains sugar; does not include diet soda/pop.
Relative Intensity	Method for calculating activity intensity; takes into account or adjusts for an adult's exercise capacity; for aerobic exercise, expressed as a percent of an adult's aerobic capacity (VO ₂ max), which is sex and age specific, in relation to the MET value of an aerobic activity.
Restless	Characterized by or showing inability to remain at rest; inquiet or uneasy, perpetually agitated.
Routine Check-up	A general physical exam; does not include exams conducted for a specific injury, illness, or condition.
Secondhand Smoke	A mixture of gases and fine particles that includes more than 7,000 chemicals, including hundreds that are toxic and about 70 that can cause cancer; comprised of sidestream smoke and mainstream smoke.
Sedentary	Not participating in any leisure-time physical activity.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

Glossary



Sex	The condition or character of being male or female; self-reported demographic variable.
Sidestream Smoke	Smoke that comes from the end of a lighted tobacco product.
Smoker Status	A measure that sorts adults into four categories of smoking: everyday smoker, someday smoker, former smoker, never smoked.
Smoking	Inhalation of the smoke, comprised of gases and hydrocarbon vapors, generated by slowly burning tobacco.
Someday Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking some days now.
Stroke	Sometimes called a brain attack; occurs when a clot blocks the blood supply to the brain or when a blood vessel in the brain bursts.
Sugar-sweetened Beverage	A beverage or drink with sugar, in any form, added (e.g., Kool-aid, lemonade, sweet tea, sports or energy drinks); does not include 100% fruit juice, diet drinks, or artificially sweetened beverages.
Telephone Quitline	Free telephone-based service that connects people who smoke cigarettes with someone who can help them quit.
Vigorous-intensity Aerobic Activity	Also see relative intensity; if $60\% \text{VO}_2\text{max} < \text{activity MET value}$.
Weekly Leisure-time Aerobic Physical Activity Recommendation	≥ 150 minutes per week of moderate-intensity aerobic activities, OR ≥ 75 minutes per week of vigorous-intensity aerobic activities, OR ≥ 150 minutes per week of an equivalent combination of moderate- and vigorous-intensity aerobic activities performed for at least 10 minutes at a time.
Weekly Leisure-time Muscle Strengthening Physical Activity Recommendation	≥ 2 days per week, working all major muscle groups (i.e. legs, hips, back, abdomen, chest, shoulders, and arms).
WIC Program	Women, Infants, and Children Program; federal grant program that provides supplemental nutritious foods, nutrition education and counseling, and screening and referrals to other health, welfare, and social services to populations that are low-income, nutritionally at-risk.

2010 Miami-Dade County, Florida CPPW BRFSS Data Report

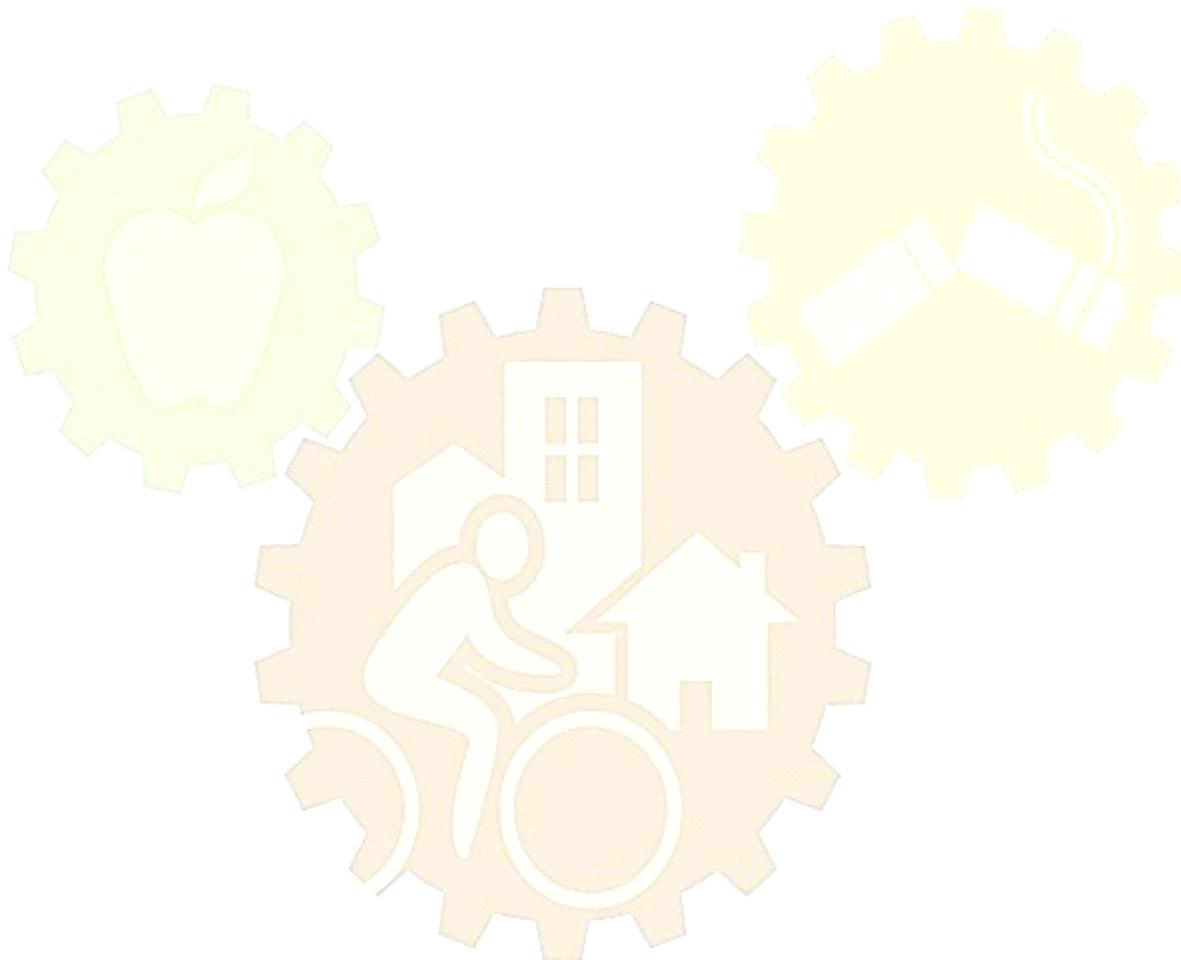
Glossary

Worksite Wellness Program

Refers to a coordinated and comprehensive set of strategies which include programs, policies, benefits, environmental supports, and links to the surrounding community designed to meet the health and safety needs of all employees.

Worthless

Without worth; of no use, importance, or value.





Communities Putting Prevention to Work

Prepared by:

Nicole Kikuchi, M.P.H.

Youjie Huang, M.D., Dr.P.H., M.P.H.

If you have any questions or comments please contact:

Florida Department of Health
Division of Disease Control and Health Protection
Bureau of Epidemiology
Chronic Disease Section
4052 Bald Cypress Way, Bin A-12
Tallahassee, Florida 32399-1720

Phone: 850-245-4401

Fax: 850-922-9299

Email: chronicdisease@doh.state.fl.us

Web: www.FloridaChronicDisease.org