

Florida Youth Tobacco Survey (FYTS) 2009 Questionnaire

This survey is about you and what you do that may affect your health. The information you give us will be used to develop better education programs for people like you.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Remember, this is not a test. Answer the questions based on what you really do and know.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will only be used to describe the types of students completing this survey. The information will not be used to find out who you are. No names will ever be reported.

Make sure to read every question. Fill in the circles on the survey booklet completely. When you are finished, follow the instructions of the person giving you the survey.

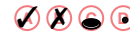
Thank You Very Much For Your Help.

DIRECTIONS

- Use a #2 pencil only.
- Make dark marks.
- Fill in a response like this: A B C
- To change your answer, erase completely.



Incorrect Marks



THE FIRST QUESTIONS ASK FOR SOME INFORMATION ABOUT YOURSELF.

1. How old are you?

- a. 9 years old
- b. 10 years old
- c. 11 years old
- d. 12 years old
- e. 13 years old
- f. 14 years old
- g. 15 years old
- h. 16 years old
- i. 17 years old
- j. 18 years old
- k. 19 years old
- l. 20 years old
- m. 21 years old

2. What is your sex?

- a. Female
- b. Male

3. What grade are you in?

- a. 6th
- b. 7th
- c. 8th
- d. 9th
- e. 10th
- f. 11th
- g. 12th
- h. Ungraded or other grade

4. Are you Hispanic or Latino?

- a. Yes
- b. No

5. How do you best describe yourself? (SELECT ONLY ONE RESPONSE)

- a. American Indian or Alaska Native
- b. Asian
- c. Black or African American
- d. Native Hawaiian or Other Pacific Islander
- e. White
- f. Other

6. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activity?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

7. On how many of the past 7 days did you exercise or participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?

- a. 0 days
- b. 1 or 2 days
- c. 3 or 4 days
- d. 5 or 6 days
- e. 7 days

8. During the past 12 months, how would you describe your grades in school?

- a. Mostly A's
- b. Mostly B's
- c. Mostly C's
- d. Mostly D's
- e. Mostly F's
- f. None of these grades
- g. Not Sure

THE NEXT QUESTIONS ASK ABOUT TOBACCO USE.

Cigarette Smoking

9. Have you ever tried cigarette smoking, even one or two puffs?

- a. Yes
- b. No

10. How old were you when you smoked a cigarette for the first time?

- a. I have never smoked a cigarette
- b. 8 years old or younger
- c. 9 years old
- d. 10 years old
- e. 11 years old
- f. 12 years old
- g. 13 years old
- h. 14 years old
- i. 15 years old
- j. 16 years old
- k. 17 years old or older

11. About how many cigarettes have you smoked in your entire life?

- a. None
- b. 1 to 2 puffs, but not a whole cigarette
- c. One cigarette
- d. 2 to 20 cigarettes
- e. 21 to 99 cigarettes
- f. 100 or more cigarettes

12. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?

- a. Yes
- b. No

13. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

14. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- a. 0 cigarettes
- b. Less than 1 cigarette per day
- c. 1 cigarette per day
- d. 2 to 5 cigarettes per day
- e. 6 to 10 cigarettes per day
- f. 11 to 20 cigarettes per day
- g. More than 20 cigarettes per day

15. Are the cigarettes you usually smoke menthol cigarettes?

- a. I do not smoke cigarettes
- b. Yes
- c. No

16. During the past 30 days, how did you usually get your cigarettes? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, or gas station
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed (or bummed) them from someone else
- f. I stole them from a store
- g. I stole them from someone I know
- h. I got them from my parents
- i. A person 18 years old or older gave them to me
- j. I bought them from another person (not in a store)
- k. I bought them on the internet
- l. I got them some other way

17. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was **not** asked to show proof of age

18. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?

- a. I did not try to buy cigarettes in a store during the past 30 days
- b. Yes, someone refused to sell me cigarettes because of my age
- c. No, my age did not keep me from buying cigarettes

19. When you bought or tried to buy cigarettes during the past 30 days, did you use or try to use a fake ID?

- a. I did not try to buy cigarettes during the past 30 days
- b. Yes
- c. No

20. During the past 30 days, on how many days did you smoke cigarettes on school property?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

21. **During the past 12 months, did you ever try to quit smoking cigarettes?**

- a. I did not smoke cigarettes during the past 12 months
- b. Yes
- c. No

22. **Do you want to completely stop smoking cigarettes?**

- a. I do not smoke now
- b. Yes
- c. No

23. **How many times, if any, have you tried to quit smoking?**

- a. I have never smoked cigarettes
- b. None
- c. 1 time
- d. 2 times
- e. 3 to 5 times
- f. 6 to 9 times
- g. 10 or more times

24. **When you last tried to quit, how long did you stay off cigarettes?**

- a. I have never smoked cigarettes
- b. I smoke but have never tried to quit
- c. Less than 1 day
- d. 1 to 7 days
- e. More than 7 days but less than 30 days
- f. More than 30 days but less than 6 months
- g. More than 6 months but less than 1 year
- h. More than 1 year

25. **How long can you go without smoking before you feel like you need a cigarette?**

- a. I do not smoke cigarettes
- b. Less than one hour
- c. 1 to 3 hours
- d. More than 3 hours but less than a whole day
- e. A whole day
- f. Several days
- g. A week or more

26. **How soon after you wake up do you usually smoke your first cigarette?**

- a. I don't smoke now
- b. Less than 15 minutes
- c. 15 to 30 minutes
- d. More than 30 minutes but less than 60 minutes
- e. 1 to 2 hours
- f. More than 2 hours but less than half a day
- g. More than half a day

27. **How true is this statement for you? When I go without a smoke for a few hours, I experience craving.**

- a. I don't smoke now
- b. Not at all true
- c. Not very true
- d. Fairly true
- e. Very true

28. **In the past 12 months, did you do any of the following to help you stop smoking? (SELECT ALL YOU HAVE TRIED)**

- a. I did not smoke in the past 12 months
- b. Attended a program in my school
- c. Attended a program in my community
- d. Called a help line or a quit line
- e. Used nicotine gum or nicotine patch
- f. Used any medications to help you stop
- g. Used a quit line service on the internet

29. **Are you seriously thinking about quitting smoking? Would you say...**

- a. I do not smoke now
- b. Yes, within the next 30 days
- c. Yes, within the next 6 months
- d. Yes, but not within the next 6 months
- e. No, I am not thinking of quitting smoking totally and for good
- f. Not sure

Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip

30. **Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?**

- a. Yes
- b. No

31. **How old were you when you used chewing tobacco, snuff, or dip for the first time?**

- a. I have never used chewing tobacco, snuff, or dip
- b. 8 years old or younger
- c. 9 years old
- d. 10 years old
- e. 11 years old
- f. 12 years old
- g. 13 years old
- h. 14 years old
- i. 15 years old
- j. 16 years old
- k. 17 years old or older

32. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

34. During the past 30 days, how did you usually get your chewing tobacco, snuff, or dip? (CHOOSE ONLY ONE ANSWER)

- a. I did not use chewing tobacco, snuff, or dip during the past 30 days
- b. I bought it in a store such as a convenience store, supermarket, or gas station
- c. I bought it from a vending machine
- d. I gave someone else money to buy it for me
- e. I borrowed (or bummed) it from someone else
- f. I stole it from a store
- g. I stole it from someone I know
- h. I got it from my parents
- i. A person 18 years old or older gave it to me
- j. I bought it from another person (not in a store)
- k. I bought it on the internet
- l. I got it some other way

35. When you bought or tried to buy chewing tobacco, snuff, or dip in a store during the past 30 days, were you ever asked to show proof of age?

- a. I did not try to buy chewing tobacco, snuff, or dip in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was **not** asked to show proof of age

36. During the past 30 days, did anyone refuse to sell you chewing tobacco, snuff, or dip because of your age?

- a. I did not try to buy chewing tobacco, snuff, or dip in a store during the past 30 days
- b. Yes, someone refused to sell me chewing tobacco, snuff, or dip because of my age
- c. No, my age did not keep me from buying chewing tobacco, snuff, or dip

Cigars

37. Have you ever tried smoking cigars, cigarillos, or little cigars, such as Swisher Sweets, Black & Mild, Phillies, Garcia Y Vega, Macanudos, or King Edward, even one or two puffs?

- a. Yes
- b. No

38. How old were you when you smoked a cigar, cigarillo, or little cigar for the first time?

- a. I have never smoked a cigar, cigarillo, or little cigar
- b. 8 years old or younger
- c. 9 years old
- d. 10 years old
- e. 11 years old
- f. 12 years old
- g. 13 years old
- h. 14 years old
- i. 15 years old
- j. 16 years old
- k. 17 years old or older

39. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

40. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars on school property?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

41. During the past 30 days, how did you usually get your cigars, cigarillos, or little cigars? (CHOOSE ONLY ONE ANSWER)

- a. I did not smoke a cigar, cigarillo, or little cigar during the past 30 days
- b. I bought them in a store such as a convenience store, supermarket, or gas station
- c. I bought them from a vending machine
- d. I gave someone else money to buy them for me
- e. I borrowed (or bummed) them from someone else
- f. I stole them from a store
- g. I stole them from someone I know
- h. I got them from my parents
- i. A person 18 years old or older gave them to me
- j. I bought them from another person (not in a store)
- k. I bought them on the internet
- l. I got them some other way

42. When you bought or tried to buy cigars, cigarillos, or little cigars in a store during the past 30 days, were you ever asked to show proof of age?

- a. I did not try to buy cigars, cigarillos, or little cigars in a store during the past 30 days
- b. Yes, I was asked to show proof of age
- c. No, I was **not** asked to show proof of age

43. During the past 30 days, did anyone ever refuse to sell you cigars, cigarillos, or little cigars because of your age?

- a. I did not try to buy cigars, cigarillos, or little cigars in a store during the past 30 days
- b. Yes, someone refused to sell me cigars, cigarillos, or little cigars because of my age
- c. No, my age did not keep me from buying cigars, cigarillos, or little cigars

THE NEXT QUESTIONS ARE ABOUT THE FOLLOWING SPECIALTY TOBACCO PRODUCTS:
1. BIDIS (OR "BEEDIES") WHICH ARE SMALL BROWN CIGARETTES FROM INDIA CONSISTING OF TOBACCO WRAPPED IN A LEAF TIED WITH A THREAD;
2. KRETEKS (OR "CLOVE CIGARETTES") WHICH ARE CIGARETTES CONTAINING TOBACCO AND CLOVE EXTRACT;
3. PIPE TOBACCO WHICH INCLUDES ANY TOBACCO PRODUCT PLAIN OR FLAVORED THAT IS SMOKED OUT OF A PIPE; AND
4. FLAVORED CIGARETTES OR CIGARS WHICH ARE CIGARETTES OR CIGARS THAT HAVE BEEN MADE TO TASTE LIKE OTHER FLAVORS SUCH AS CHOCOLATE, CANDY, OR FRUIT FLAVORS.

44. Have you ever tried, even one or two puffs:

- | | Yes | No |
|---|-----|----|
| Smoking bidis, kreteks, or tobacco in a pipe? | a. | b. |
| Smoking flavored cigarettes? | a. | b. |
| Smoking flavored cigars? | a. | b. |
| Smoking tobacco out of a water pipe (also called a "hookah")? | a. | b. |

45. During the past 30 days, have you tried:

- | | Yes | No |
|---|-----|----|
| Smoking bidis, kreteks, or tobacco in a pipe? | a. | b. |
| Smoking flavored cigarettes? | a. | b. |
| Smoking flavored cigars? | a. | b. |
| Smoking tobacco out of a water pipe (also called a "hookah")? | a. | b. |

SOMETIMES PEOPLE TAKE TOBACCO OUT OF A CIGAR AND REPLACE IT WITH MARIJUANA. THIS IS SOMETIMES CALLED A 'BLUNT'.

46. Have you ever smoked part or all of a cigar with marijuana in it?

- a. Yes
- b. No

47. During the past 30 days, did you smoke any cigars that did not have marijuana in them?

- a. Yes
- b. No

THE NEXT QUESTIONS ASK ABOUT TOBACCO USE PREVENTION EDUCATION.

48. During this school year, were you taught in any of your classes about tobacco use?

- a. Yes
- b. No
- c. Not sure

49. During this school year, were you taught in any of your classes about the reasons why some people of your age smoke cigarettes?

- a. Yes
- b. No
- c. Not sure

50. During this school year, were you taught in any of your classes that most people your age do not smoke cigarettes?

- a. Yes
- b. No
- c. Not sure

51. During this school year, did you practice in any of your classes ways to say "no" to tobacco? (For example, through skits or role playing.)

- a. Yes
- b. No
- c. Not sure

52. During this school year, were you taught in any of your classes about the effects of smoking? (For example, it makes your teeth yellow, causes wrinkles, or makes you smell bad.)

- a. Yes
- b. No
- c. Not sure

53. During this school year, has what you learned in school helped you feel it is okay to say "no" to friends who offer you cigarettes?

- a. Yes
- b. No
- c. Not sure

54. Does your school have any special groups or classes for students who want to quit using tobacco?

- a. Yes
- b. No
- c. Not sure

55. Is there a rule at your school that no one is allowed to smoke cigarettes in the school building or on the school yard?

- a. Yes
- b. No
- c. Not sure

56. Have you seen students break that rule?

- a. My school does not have a no-smoking rule
- b. Yes
- c. No
- d. Not sure

57. Have you seen adults break that rule?

- a. My school does not have a no-smoking rule
- b. Yes
- c. No
- d. Not sure

58. During the past 12 months, have you seen teachers, staff, or other adults use chewing tobacco on school property?

- a. Yes
- b. No

THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

59. Do you think that you will try a cigarette soon?

- a. I have already tried smoking cigarettes
- b. Yes
- c. No

60. Do you think you will smoke a cigarette at anytime during the next year?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

61. Do you think you will be smoking cigarettes 5 years from now?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

62. If one of your best friends offered you a cigarette, would you smoke it?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

63. Do you think people can get addicted to cigarette smoking just like they can get addicted to cocaine or heroin?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

64. Do you think young people who smoke cigarettes have more friends?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

65. Do you think smokers have shorter lives than non-smokers?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

66. Do you think smoking cigarettes makes young people look cool or fit in?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

67. Do you think smoking cigarettes helps people feel more comfortable at parties and in other social situations?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

68. Do you think smoking cigarettes helps people maintain or control body weight?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

69. Do you think smoking cigarettes helps people relieve stress?

- a. Definitely yes
- b. Probably yes
- c. Probably not
- d. Definitely not

70. Do you think you would be able to quit smoking cigarettes if you wanted to?

- a. Yes
- b. No

71. Has a doctor or someone in a doctor's office talked to you about the danger of tobacco use, in the past 12 months?

- a. I have not visited a doctor's office in the past 12 months
- b. Yes
- c. No

72. Has a dentist or someone in a dentist's office talked to you about the danger of tobacco use, in the past 12 months?

- a. I have not visited a dentist's office in the past 12 months
- b. Yes
- c. No

73. Has a parent or guardian talked to you about the danger of tobacco use, in the past 12 months?

- a. Yes
- b. No

THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV.

74. During the past 12 months, have you participated in any community events to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?

- a. Yes
- b. No

75. During the past 12 months, have you participated in any school sponsored events to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?

- a. Yes
- b. No

76. Think about the movie that you watched most recently in a theatre. Did any of the characters in the movie smoke cigarettes?

- a. Yes
- b. No

77. Think about the movie that you watched more recently on video or TV. Did any of the characters in the movie smoke cigarettes?

- a. Yes
- b. No

78. During the past 30 days, about how often have you heard anti-smoking messages on the radio or seen them on TV, on the internet, on billboards or outdoor signs, or in magazines and newspapers?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

79. Were any of the anti-smoking commercials that you have seen in the past 30 days sponsored by Tobacco Free Florida?

- a. Yes
- b. No
- c. Not Sure

80. Are you an active member of S.W.A.T. (Students Working Against Tobacco)?

- a. Yes
- b. No
- c. There is not a S.W.A.T. group in my school or community

SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

81. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?

- a. Yes b. No

82. Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?

- a. Definitely yes
 b. Probably yes
 c. Probably not
 d. Definitely not

THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO.

83. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?

- a. 0 days
 b. 1 or 2 days
 c. 3 or 4 days
 d. 5 or 6 days
 e. 7 days

84. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?

- a. 0 days
 b. 1 or 2 days
 c. 3 or 4 days
 d. 5 or 6 days
 e. 7 days

85. During the past 7 days, when you were around someone who was smoking indoors, were you usually:

- a. I was not around anyone smoking during the past 7 days
 b. At home
 c. At school
 d. At work
 e. In another public place like a mall
 f. At someone else's house
 g. In your parent's car
 h. In someone else's car
 i. At some other place

86. During the past 7 days, when you were around someone who was smoking indoors, who was smoking?

- a. I was not around anyone smoking during the past 7 days
 b. One or both of my parents
 c. Another relative
 d. One or more of my friends
 e. Someone I work with
 f. Someone I don't know

87. Do you think smoke from other people's cigarettes is harmful to you?

- a. Definitely yes
 b. Probably yes
 c. Probably not
 d. Definitely not

88. In the past 12 months, have you ever asked someone not to smoke?

- a. Yes b. No

89. On the same occasion, what was the primary reason you asked that person not to smoke?

- a. I have not asked anyone to not smoke during the past 12 months
 b. Smoke was annoying you
 c. Concerned about long-term health effects of secondhand smoke
 d. Smoking was illegal
 e. Concerned about the smoker's health
 f. Concerned about your own health
 g. Other
 h. Not sure

90. Does anyone who lives in your home smoke cigarettes now? (Do not count yourself.)

- a. Yes b. No

91. In the past 12 months, have you asked any of the people who live in your home who smoke, to quit smoking?

- a. No one in my home smoked in the past 12 months
 b. Yes
 c. No

92. Does anyone who lives in your home use chewing tobacco, snuff, or dip now? (Do not count yourself.)

- a. Yes b. No

93. Which statement best describes you?

- a. I do not smoke
- b. I smoke and my parents don't know about it
- c. I smoke and my parents don't like it
- d. I smoke and my parents don't mind

94. Have your parents ever offered you a cigarette?

- a. Yes
- b. No

95. Is smoking allowed inside your home?

- a. Yes
- b. No

96. What is the youngest age a person can legally buy cigarettes in Florida?

- a. Less than 16 years old
- b. 16 years old
- c. 18 years old
- d. 21 years old
- e. Not sure

97. Have you or anyone you know gotten a ticket, paid a fine, or had to go to court for using or possessing tobacco? (YOU CAN CHOOSE ONE ANSWER, OR MORE THAN ONE)

- a. Yes, I have
- b. Yes, someone I know has
- c. No

98. According to Florida law, can your driver's license be suspended if you are under 18 and caught with tobacco?

- a. Yes
- b. No
- c. Not sure

99. Does Florida have a law that punishes anyone under age 18 who has cigarettes or any other tobacco product in their possession?

- a. Yes
- b. No
- c. Not sure

100. Has a doctor or nurse ever told you that you have asthma?

- a. Yes
- b. No
- c. Not sure

101. During the past 12 months, have you ever had an asthma attack?

- a. I do not have asthma
- b. No, I have asthma, but I have not had an asthma attack during the past 12 months
- c. Yes, I have had an asthma attack during the past 12 months
- d. Not sure

102. How tall are you without your shoes on? (Write your height in the blank boxes. Fill in the matching circle below each written number.)

Example

Height

5 7

- 0 0
- 1 1
- 2 2
- 3 3
- 4 4
- 5 5
- 6 6
- 7 7
- 8 8
- 9 9
- 10 10
- 11 11

Height

- 0 0
- 1 1
- 2 2
- 3 3
- 4 4
- 5 5
- 6 6
- 7 7
- 8 8
- 9 9
- 10 10
- 11 11

103. How much do you weigh without your shoes on? (Write your weight in the blank boxes. Fill in the matching circle below each written number.)

Example

Weight

1 5 2

- 0 0 0
- 1 1 1
- 2 2 2
- 3 3 3
- 4 4 4
- 5 5 5
- 6 6 6
- 7 7 7
- 8 8 8
- 9 9 9

Weight

- 0 0 0
- 1 1 1
- 2 2 2
- 3 3 3
- 4 4 4
- 5 5 5
- 6 6 6
- 7 7 7
- 8 8 8
- 9 9 9

104. Which of the following are you trying to do about your weight?

- a. Lose weight
- b. Gain weight
- c. Stay the same weight
- d. I am **not trying to do anything** about my weight

105. How do you describe your weight?

- a. Very underweight
- b. Slightly underweight
- c. About the right weight
- d. Slightly overweight
- e. Very overweight

106. How often do you wear a seat belt when riding in a car driven by someone else?

- a. Never
- b. Rarely
- c. Sometimes
- d. Most of the time
- e. Always

107. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

- a. 0 times
- b. 1 time
- c. 2 or 3 times
- d. 4 or 5 times
- e. 6 or more times

108. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

- a. 0 days
- b. 1 day
- c. 2 or 3 days
- d. 4 or 5 days
- e. 6 or more days

109. During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?

- a. 0 times
- b. 1 time
- c. 2 or 3 times
- d. 4 or 5 times
- e. 6 or 7 times
- f. 8 or 9 times
- g. 10 or 11 times
- h. 12 or more times

110. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

- a. Yes
- b. No

111. On an average day, how many cups of fruits and vegetables do you eat? Some examples of a cup of fruit or vegetable are 1 apple, 2 large plums, 8 large strawberries, 2 celery sticks, an ear of corn, or 12 baby carrots.

- a. 0 cups
- b. 1 cup to 2 cups
- c. 3 cups to 4 cups
- d. 5 or more cups

THANK YOU FOR PARTICIPATING IN THIS SURVEY.

