

Middle School Health Behavior Survey (MSHBS)

Fact Sheet 4: Substance Use

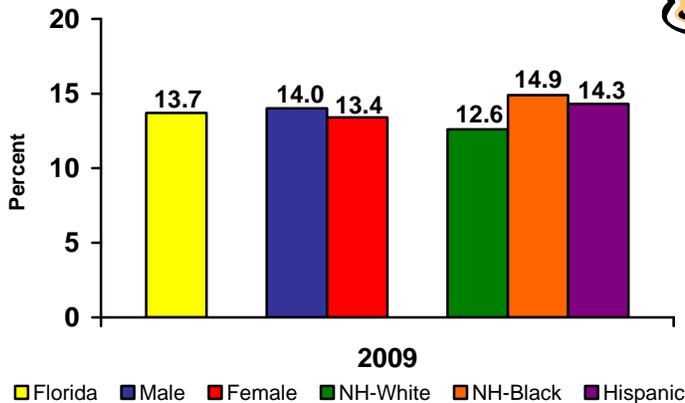
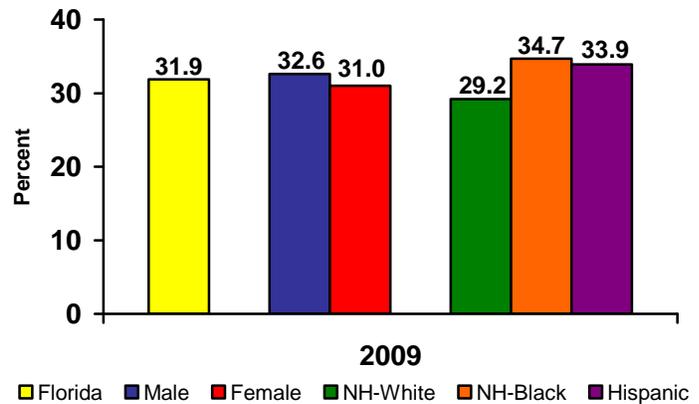


Introduction

The Middle School Health Behavior Survey (MSHBS) is a self-administered, school-based, anonymous survey. The MSHBS was first administered in the spring of 2009 to 6,356 Florida public middle school students in 99 schools throughout the state. The survey response rate was 81%. The data presented in this fact sheet are weighted to represent the entire population of public middle school students in Florida. Data are presented by gender and by three racial/ethnic groupings: non-Hispanic (NH) white, non-Hispanic (NH) black, and Hispanic.

Ever drank alcohol

In 2009, 31.9% of students have had a drink of alcohol, more than a few sips, in their lifetime. Males had higher prevalence of this behavior than females but the difference was not significant. Non-Hispanic black students had a significantly higher prevalence of ever drinking alcohol than non-Hispanic white students.

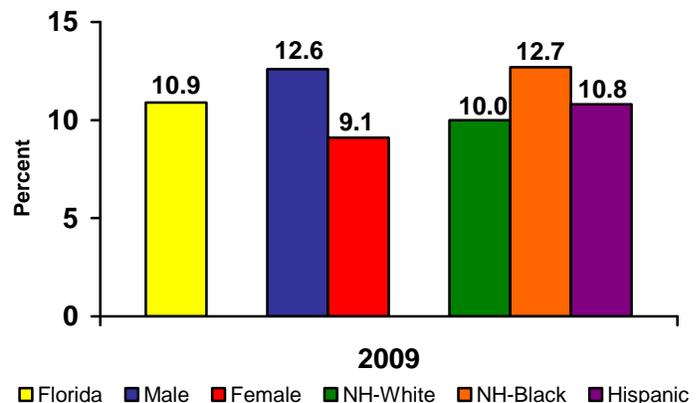


Current alcohol use

In 2009, 13.7% had at least one drink of alcohol during the past 30 days. Males had a higher prevalence of drinking alcohol than females but the difference was not significant. Non-Hispanic white students had a lower prevalence of this behavior than non-Hispanic black and Hispanic students but the difference was not significant.

Ever used marijuana

In 2009, 10.9% of the students had used marijuana in their lifetime. Males had a significantly higher prevalence of this behavior than females. Non-Hispanic black students had a higher prevalence of this behavior than non-Hispanic white and Hispanic students but the difference was not significant.

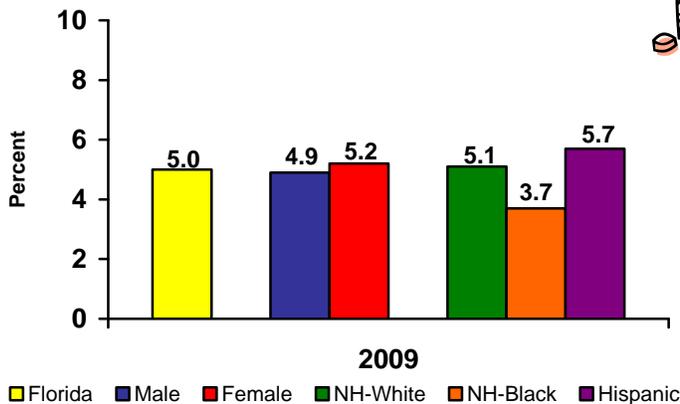
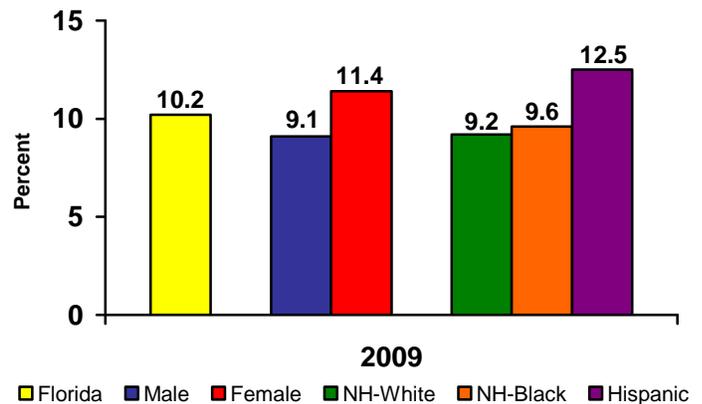


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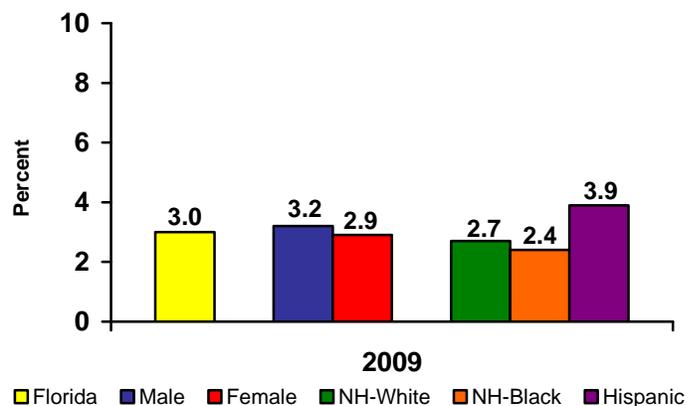
Ever used inhalants

In 2009, approximately one of out ten students (10.2%) have used an inhalant to get high, such as sniffing glue, or breathing the contents of a spray can, or inhaling any paints or sprays. Females had a significantly higher prevalence of this behavior than males. Hispanic students had a significantly higher prevalence of this behavior than non-Hispanic white and non-Hispanic black students.



Ever used prescription drugs to get high

In 2009, 5.0% of students have ever taken a prescription drug, such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax, without a doctor's prescription to get high. Males and Hispanics had the highest prevalence of this behavior but the differences were not significant.



Ever used OTC drugs to get high

In 2009, 3.0% of students have ever taken an over-the-counter (OTC) drug to get high. Males and Hispanics had the highest prevalence of this behavior but the differences were not significant.

For more information about the MSHBS, please contact Ms. Jamie Weitz, M.S., Florida Youth Survey Coordinator, at (850) 245-4444, Ext. 2424, or by e-mail at Jamie.Weitz@doh.state.fl.us or visit our website at <http://www.FloridaChronicDisease.org>.

