Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

### BEFORE PREGNANCY

The first questions are about you.

1. **How tall are you without shoes?**

<table>
<thead>
<tr>
<th>Feet</th>
<th>Inches</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

   **OR**

<table>
<thead>
<tr>
<th>Centimeters</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

2. **Just before you got pregnant with your new baby, how much did you weigh?**

<table>
<thead>
<tr>
<th>Pounds</th>
<th>Kilos</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3. **What is your date of birth?**

<table>
<thead>
<tr>
<th>Month</th>
<th>Day</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The next questions are about the time before you got pregnant with your new baby.

4. **At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?** For each item, check **No** if you did not do it or **Yes** if you did it.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. I was dieting (changing my eating habits) to lose weight.</td>
<td>□  □</td>
</tr>
<tr>
<td>b. I was exercising 3 or more days of the week for fitness outside of my regular job.</td>
<td>□  □</td>
</tr>
<tr>
<td>c. I was regularly taking prescription medicines other than birth control.</td>
<td>□  □</td>
</tr>
<tr>
<td>d. A health care worker checked me for diabetes.</td>
<td>□  □</td>
</tr>
<tr>
<td>e. I talked to a health care worker about my family medical history.</td>
<td>□  □</td>
</tr>
</tbody>
</table>

5. **During the 3 months before you got pregnant with your new baby, did you have any of the following health conditions?** For each one, check **No** if you did not have the condition or **Yes** if you did.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Type 1 or Type 2 diabetes (<strong>not</strong> gestational diabetes or diabetes that starts during pregnancy).</td>
<td>□  □</td>
</tr>
<tr>
<td>b. High blood pressure or hypertension.</td>
<td>□  □</td>
</tr>
<tr>
<td>c. Depression.</td>
<td>□  □</td>
</tr>
<tr>
<td>d. Asthma.</td>
<td>□  □</td>
</tr>
<tr>
<td>e. Anemia (poor blood, low iron).</td>
<td>□  □</td>
</tr>
<tr>
<td>f. Heart problems.</td>
<td>□  □</td>
</tr>
<tr>
<td>g. Epilepsy (seizures).</td>
<td>□  □</td>
</tr>
<tr>
<td>h. Thyroid problems.</td>
<td>□  □</td>
</tr>
<tr>
<td>i. PCOS (polycystic ovarian syndrome).</td>
<td>□  □</td>
</tr>
<tr>
<td>j. Anxiety.</td>
<td>□  □</td>
</tr>
</tbody>
</table>
6. During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?

- I didn’t take a multivitamin, prenatal vitamin, or folic acid vitamin in the month before I got pregnant
- 1 to 3 times a week
- 4 to 6 times a week
- Every day of the week

[Go to Question 8]

7. During the month before you got pregnant with your new baby, what were your reasons for not taking multivitamins, prenatal vitamins, or folic acid vitamins?

[Check ALL that apply]

- I wasn’t planning to get pregnant
- I didn’t think I needed to take vitamins
- I didn’t want to take vitamins
- The vitamins were too expensive
- The vitamins gave me side effects (such as nausea or constipation)
- Other Please tell us:

8. In the 12 months before you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker?

- No
- Yes

[Go to Question 9]

9. What type of health care visit did you have in the 12 months before you got pregnant with your new baby?

[Check ALL that apply]

- Regular checkup at my family doctor’s office
- Regular checkup at my OB/GYN’s office
- Visit for an illness or chronic condition
- Visit for an injury
- Visit for family planning or birth control
- Visit for depression or anxiety
- Visit to have my teeth cleaned by a dentist or dental hygienist
- Other Please tell us:

10. During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things? For each item, check No if they did not or Yes if they did.

<table>
<thead>
<tr>
<th></th>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td>Tell me to take a vitamin with folic acid...</td>
<td></td>
</tr>
<tr>
<td>b.</td>
<td>Talk to me about maintaining a healthy weight</td>
<td></td>
</tr>
<tr>
<td>c.</td>
<td>Talk to me about controlling any medical conditions such as diabetes or high blood pressure</td>
<td></td>
</tr>
<tr>
<td>d.</td>
<td>Talk to me about my desire to have or not have children</td>
<td></td>
</tr>
<tr>
<td>e.</td>
<td>Talk to me about using birth control to prevent pregnancy</td>
<td></td>
</tr>
<tr>
<td>f.</td>
<td>Talk to me about how I could improve my health before a pregnancy</td>
<td></td>
</tr>
<tr>
<td>g.</td>
<td>Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis</td>
<td></td>
</tr>
<tr>
<td>h.</td>
<td>Ask me if I was smoking cigarettes</td>
<td></td>
</tr>
<tr>
<td>i.</td>
<td>Ask me if someone was hurting me emotionally or physically</td>
<td></td>
</tr>
<tr>
<td>j.</td>
<td>Ask me if I was feeling down or depressed</td>
<td></td>
</tr>
<tr>
<td>k.</td>
<td>Ask me about the kind of work I do</td>
<td></td>
</tr>
<tr>
<td>l.</td>
<td>Test me for HIV (the virus that causes AIDS)</td>
<td></td>
</tr>
</tbody>
</table>
11. **Before** you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about preparing for a pregnancy?

- No  
- Yes  

**Go to Question 13**

12. **Before** you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk with you about any of the things listed below about preparing for a pregnancy? Please count only discussions, not reading materials or videos. For each item, check **No** if no one talked with you about it or **Yes** if someone did.

- No  
- Yes

- Getting my vaccines updated before pregnancy ...........................................................  
- Visiting a dentist or dental hygienist before pregnancy .............................................  
- Getting counseling for any genetic diseases that run in my family......................  
- Getting counseling or treatment for depression or anxiety .....................................  
- The safety of using prescription or over-the-counter medicines during pregnancy ...........................................................  
- How smoking during pregnancy can affect a baby ....................................................  
- How drinking alcohol during pregnancy can affect a baby ........................................  
- How using illegal drugs during pregnancy can affect a baby ....................................

The next questions are about your **health insurance coverage** before, during, and after your pregnancy with your new baby.

13. During the **month before** you got pregnant with your new baby, what kind of health insurance did you have?

- Private health insurance from my job or the job of my husband or partner  
- Private health insurance from my parents  
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov  
- Medicaid  
- TRICARE or other military health care  
- Other health insurance  

Please tell us:

- I did not have any health insurance during the **month before** I got pregnant

14. During your **most recent pregnancy**, what kind of health insurance did you have for your **prenatal care**?

- I did not go for prenatal care  
- Private health insurance from my job or the job of my husband or partner  
- Private health insurance from my parents  
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov  
- Medicaid  
- TRICARE or other military health care  
- Other health insurance  

Please tell us:

- I did not have any health insurance for my prenatal care
15. What kind of health insurance do you have now?

- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov
- Medicaid
- TRICARE or other military health care
- Other health insurance — Please tell us:

- I do not have health insurance now

16. Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant?

- I wanted to be pregnant later
- I wanted to be pregnant sooner
- I wanted to be pregnant then
- I didn’t want to be pregnant then or at any time in the future
- I wasn’t sure what I wanted

17. When you got pregnant with your new baby, were you trying to get pregnant?

- No
- Yes — Go to Question 21

18. When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant?

- Birth control pills
- Condoms
- Shots or injections (Depo-Provera)
- Contraceptive implant in the arm (Nexplanon or Implanon)
- Contraceptive patch (OrthoEvra) or vaginal ring (NuvaRing)
- IUD (including Mirena, ParaGard, Liletta, or Skyla)
- Natural family planning (including rhythm method)
- Withdrawal (pulling out)
- Other — Please tell us:

If you or your husband or partner was not doing anything to keep from getting pregnant, go to Question 21.

19. What were your reasons or your husband’s or partner’s reasons for not doing anything to keep from getting pregnant?

- I didn’t mind if I got pregnant
- I thought I could not get pregnant at that time
- I had side effects from the birth control method I was using
- I had problems getting birth control when I needed it
- I thought my husband or partner or I was sterile (could not get pregnant at all)
- My husband or partner didn’t want to use anything
- I forgot to use a birth control method
- Other — Please tell us:

20. What method of birth control were you using when you got pregnant?

- No
- Yes — Go to Question 21

Go to Question 19
**DURING PREGNANCY**

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)

**21. How many weeks or months pregnant were you when you had your first visit for prenatal care?**

<table>
<thead>
<tr>
<th>Weeks</th>
<th>Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

**22. Did you get prenatal care as early in your pregnancy as you wanted?**

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

**23. Did any of these things keep you from getting prenatal care when you wanted it?** For each item, check No if it did not keep you from getting prenatal care or Yes if it did.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
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</tbody>
</table>

If you did not get prenatal care, go to Page 6, Question 25.
24. During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you any of the things listed below? For each item, check No if they did not ask you about it or Yes if they did.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. If I knew how much weight I should gain during pregnancy</td>
<td></td>
</tr>
<tr>
<td>b. If I was taking any prescription medication</td>
<td></td>
</tr>
<tr>
<td>c. If I was smoking cigarettes</td>
<td></td>
</tr>
<tr>
<td>d. If I was drinking alcohol</td>
<td></td>
</tr>
<tr>
<td>e. If someone was hurting me emotionally or physically</td>
<td></td>
</tr>
<tr>
<td>f. If I was feeling down or depressed</td>
<td></td>
</tr>
<tr>
<td>g. If I was using drugs such as marijuana, cocaine, crack, or meth</td>
<td></td>
</tr>
<tr>
<td>h. If I wanted to be tested for HIV (the virus that causes AIDS)</td>
<td></td>
</tr>
<tr>
<td>i. If I planned to breastfeed my new baby</td>
<td></td>
</tr>
<tr>
<td>j. If I planned to use birth control after my baby was born</td>
<td></td>
</tr>
</tbody>
</table>

25. During the 12 months before the delivery of your new baby, did a doctor, nurse, or other health care worker offer you a flu shot or tell you to get one?

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
</table>

26. During the 12 months before the delivery of your new baby, did you get a flu shot?

| No | Yes |

27. During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist?

| No | Yes |

28. During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?

| No | Yes |

29. During your most recent pregnancy, did you have any of the following health conditions? For each one, check No if you did not have the condition or Yes if you did.

| No | Yes |

28. During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?

| No | Yes |

29. During your most recent pregnancy, did you have any of the following health conditions? For each one, check No if you did not have the condition or Yes if you did.

| No | Yes |

a. Gestational diabetes (diabetes that started during this pregnancy) | |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>b. High blood pressure (that started during this pregnancy), pre-eclampsia or eclampsia</td>
<td></td>
</tr>
<tr>
<td>c. Depression</td>
<td></td>
</tr>
<tr>
<td>d. Asthma</td>
<td></td>
</tr>
<tr>
<td>e. Anemia (poor blood, low iron)</td>
<td></td>
</tr>
<tr>
<td>f. Heart problems</td>
<td></td>
</tr>
<tr>
<td>g. Epilepsy (seizures)</td>
<td></td>
</tr>
<tr>
<td>h. Thyroid problems</td>
<td></td>
</tr>
<tr>
<td>i. Anxiety</td>
<td></td>
</tr>
</tbody>
</table>
30. During your most recent pregnancy, did a doctor, nurse, or other health care worker tell you that you had any of the following infections? For each item, check No if you were not told that you had the infection or Yes if you were.

<table>
<thead>
<tr>
<th>Infection Type</th>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Genital warts (HPV)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Herpes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chlamydia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gonorrhea</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pelvic inflammatory disease (PID)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Syphilis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group B Strep (Beta Strep)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bacterial vaginosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trichomoniasis (Trich)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yeast infections</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urinary tract infection (UTI)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please tell us:

The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

31. Have you smoked any cigarettes in the past 2 years?

- No
- Yes

Go to Page 8, Question 36

32. In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

- 41 cigarettes or more
- 21 to 40 cigarettes
- 11 to 20 cigarettes
- 6 to 10 cigarettes
- 1 to 5 cigarettes
- Less than 1 cigarette
- I didn’t smoke then

If you did not smoke at any time in the 3 months before you got pregnant, go to Page 8, Question 35.

33. In the last 3 months of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

- 41 cigarettes or more
- 21 to 40 cigarettes
- 11 to 20 cigarettes
- 6 to 10 cigarettes
- 1 to 5 cigarettes
- Less than 1 cigarette
- I didn’t smoke then

34. During your most recent pregnancy, did you do any of the following things about quitting smoking? For each thing, check No if you did not do it or Yes if you did.

<table>
<thead>
<tr>
<th>Thing Description</th>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Set a specific date to stop smoking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use booklets, videos, or other materials to help me quit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Call a national or state quit line or go to a website</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Attend a class or program to stop smoking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Go to counseling for help with quitting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use a nicotine patch, gum, lozenge, nasal spray or inhaler</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Take a pill like Zyban® (also known as Wellbutrin® or bupropion) to stop smoking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Take a pill like Chantix® (also known as varenicline) to stop smoking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Try to quit on my own (e.g., cold turkey)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please tell us:
35. How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes.

☐ 41 cigarettes or more
☐ 21 to 40 cigarettes
☐ 11 to 20 cigarettes
☐ 6 to 10 cigarettes
☐ 1 to 5 cigarettes
☐ Less than 1 cigarette
☐ I don’t smoke now

The next questions are about using other tobacco products around the time of pregnancy.

E-cigarettes (electronic cigarettes) and other electronic nicotine products (such as vape pens, e-hookahs, hookah pens, e-cigars, e-pipes) are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.

A hookah is a water pipe used to smoke tobacco. It is not the same as an e-hookah or hookah pen.

36. Have you used any of the following products in the past 2 years? For each item, check No if you did not use it or Yes if you did.

No ☐ Yes ☐
a. E-cigarettes or other electronic nicotine products
b. Hookah
c. Chewing tobacco or snuff (snus)
d. Cigars

If you used e-cigarettes or other electronic nicotine products in the past 2 years, go to Question 37. Otherwise, go to Question 39.

37. During the 3 months before you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products?

☐ More than once a day
☐ Once a day
☐ 2-6 days a week
☐ 1 day a week or less
☐ I did not use e-cigarettes or other electronic nicotine products then

38. During the last 3 months of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products?

☐ More than once a day
☐ Once a day
☐ 2-6 days a week
☐ 1 day a week or less
☐ I did not use e-cigarettes or other electronic nicotine products then

The next questions are about drinking alcohol around the time of pregnancy.

39. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.

No ☐ Yes ☐ Go to Question 41

40. During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?

☐ 14 drinks or more a week
☐ 8 to 13 drinks a week
☐ 4 to 7 drinks a week
☐ 1 to 3 drinks a week
☐ Less than 1 drink a week
☐ I didn’t drink then
Pregnancy can be a difficult time. The next questions are about things that may have happened before and during your most recent pregnancy.

41. This question is about things that may have happened during the 12 months before your new baby was born. For each item, check No if it did not happen to you or Yes if it did. (It may help to look at the calendar when you answer these questions.)

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. A close family member was very sick and had to go into the hospital .............................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>b. I got separated or divorced from my husband or partner .........................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>c. I moved to a new address ...........................................................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>d. I was homeless or had to sleep outside, in a car, or in a shelter ........................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>e. My husband or partner lost their job ................................................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>f. I lost my job even though I wanted to go on working ...................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>g. My husband, partner, or I had a cut in work hours or pay ............................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>h. I was apart from my husband or partner due to military deployment or extended work-related travel</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>i. I argued with my husband or partner more than usual ....................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>j. My husband or partner said they didn’t want me to be pregnant ................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>k. I had problems paying the rent, mortgage, or other bills ..................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>l. My husband, partner, or I went to jail ...............................................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>m. Someone very close to me had a problem with drinking or drugs ................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>n. Someone very close to me died ......................................................................................................</td>
<td>☐ ☐</td>
</tr>
</tbody>
</table>

42. During the 12 months before your new baby was born, how often did you feel unsafe in the neighborhood where you lived?

- Always
- Often
- Sometimes
- Rarely
- Never

43. During the 12 months before your new baby was born, did you feel emotionally upset (for example, angry, sad, or frustrated) as a result of how you were treated based on your race?

- No
- Yes

44. In the 12 months before you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check No if they did not hurt you during this time or Yes if they did.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. My husband or partner .................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>b. My ex-husband or ex-partner .........................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>c. Another family member ....................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>d. Someone else .....................................................................................</td>
<td>☐ ☐</td>
</tr>
</tbody>
</table>

45. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check No if they did not hurt you during this time or Yes if they did.

<table>
<thead>
<tr>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. My husband or partner .....................................................................</td>
<td>☐ ☐</td>
</tr>
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</tr>
<tr>
<td>c. Another family member ....................................................................</td>
<td>☐ ☐</td>
</tr>
<tr>
<td>d. Someone else .....................................................................................</td>
<td>☐ ☐</td>
</tr>
</tbody>
</table>
AFTER PREGNANCY

The next questions are about the time since your new baby was born.

46. When was your new baby born?
   
   Month / Day / Year

47. After your baby was delivered, how long did he or she stay in the hospital?
   
   - Less than 24 hours (less than 1 day)
   - 24 to 48 hours (1 to 2 days)
   - 3 to 5 days
   - 6 to 14 days
   - More than 14 days
   - My baby was not born in a hospital
   - My baby is still in the hospital

48. Is your baby alive now?
   
   - No
   - Yes

49. Is your baby living with you now?
   
   - No
   - Yes

50. Before or after your new baby was born, did you receive information about breastfeeding from any of the following sources? For each one, check No if you did not receive information from this source or Yes if you did.

   a. My doctor ............................................................ ☐ ☐
   b. A nurse, midwife, or doula ....................................... ☐ ☐
   c. A breastfeeding or lactation specialist .................. ☐ ☐
   d. My baby’s doctor or health care provider .................. ☐ ☐
   e. A breastfeeding support group .............................. ☐ ☐
   f. A breastfeeding hotline or toll-free number ............ ☐ ☐
   g. Family or friends .................................................. ☐ ☐
   h. Other .................................................................... ☐ ☐

   Please tell us:
   

51. Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?
   
   - No
   - Yes

52. What were your reasons for not breastfeeding your new baby?
   
   - I was sick or on medicine
   - I had other children to take care of
   - I had too many household duties
   - I didn’t like breastfeeding
   - I tried but it was too hard
   - I didn’t want to
   - I went back to work
   - I went back to school
   - Other ....................................................................

   Please tell us:
   

If you did not breastfeed your new baby, go to Question 56.
53. Are you currently breastfeeding or feeding pumped milk to your new baby?

☐ No
☐ Yes → Go to Question 56

54. How many weeks or months did you breastfeed or feed pumped milk to your baby?

☐ Less than 1 week

☐ [ ] Weeks  OR  ☐ [ ] Months

55. What were your reasons for stopping breastfeeding?

☐ Check ALL that apply

☐ My baby had difficulty latching or nursing
☐ Breast milk alone did not satisfy my baby
☐ I thought my baby was not gaining enough weight
☐ My nipples were sore, cracked, or bleeding or it was too painful
☐ I thought I was not producing enough milk, or my milk dried up
☐ I had too many other household duties
☐ I felt it was the right time to stop breastfeeding
☐ I got sick or I had to stop for medical reasons
☐ I went back to work
☐ I went back to school
☐ My partner did not support breastfeeding
☐ My baby was jaundiced (yellowing of the skin or whites of the eyes)
☐ Other → Please tell us:

57. In the past 2 weeks, how often has your new baby slept alone in his or her own crib or bed?

☐ Always
☐ Often
☐ Sometimes
☐ Rarely
☐ Never → Go to Question 59

58. When your new baby sleeps alone, is his or her crib or bed in the same room where you sleep?

☐ No
☐ Yes

59. Listed below are some more things about how babies sleep. How did your new baby usually sleep in the past 2 weeks? For each item, check No if your baby did not usually sleep like this or Yes if he or she did.

☐ a. In a crib, bassinet, or pack and play
☐ b. On a twin or larger mattress or bed
☐ c. On a couch, sofa, or armchair
☐ d. In an infant car seat or swing
☐ e. In a sleeping sack or wearable blanket
☐ f. With a blanket
☐ g. With toys, cushions, or pillows, including nursing pillows
☐ h. With crib bumper pads (mesh or non-mesh)

60. Did a doctor, nurse, or other health care worker tell you any of the following things? For each thing, check No if they did not tell you or Yes if they did.

☐ a. Place my baby on his or her back to sleep
☐ b. Place my baby to sleep in a crib, bassinet, or pack and play
☐ c. Place my baby’s crib or bed in my room
☐ d. What things should and should not go in bed with my baby
61. Has your new baby had a well-baby checkup?  
A well-baby checkup is a regular health visit for your baby usually at 1, 2, 4, and 6 months of age.

☐ No  ☐ Yes  ➔ Go to Question 63

62. Where do you usually take your new baby for well-baby checkups?  
Check ONE answer

☐ Private doctor’s office  ☐ Hospital clinic  ☐ Health department clinic  ☐ Other  ➔ Please tell us: ________________________________

63. Are you or your husband or partner doing anything now to keep from getting pregnant?  
Some things people do to keep from getting pregnant include having their tubes tied, using birth control pills, condoms, withdrawal, or natural family planning.

☐ No  ☐ Yes  ➔ Go to Question 65

64. What are your reasons or your husband’s or partner’s reasons for not doing anything to keep from getting pregnant now?  
Check ALL that apply

☐ I want to get pregnant  ☐ I am pregnant now  ☐ I had my tubes tied or blocked  ☐ I don’t want to use birth control  ☐ I am worried about side effects from birth control  ☐ I am not having sex  ☐ My husband or partner doesn’t want to use anything  ☐ I have problems paying for birth control  ☐ Other  ➔ Please tell us: ________________________________

65. What kind of birth control are you or your husband or partner using now to keep from getting pregnant?  
Check ALL that apply

☐ Tubes tied or blocked (female sterilization or Essure™)  ☐ Vasectomy (male sterilization)  ☐ Birth control pills  ☐ Condoms  ☐ Shots or injections (Depo-Provera®)  ☐ Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)  ☐ IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)  ☐ Contraceptive implant in the arm (Nexplanon® or Implanon®)  ☐ Natural family planning (including rhythm method)  ☐ Withdrawal (pulling out)  ☐ Not having sex (abstinence)  ☐ Other  ➔ Please tell us: ________________________________

66. Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth.

☐ No  ☐ Yes  ➔ Go to Question 68


If you or your husband or partner is not doing anything to keep from getting pregnant now, go to Question 66.
67. **During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things?** For each item, check **No** if they did not do it or **Yes** if they did.

<table>
<thead>
<tr>
<th>Item</th>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Tell me to take a vitamin with folic acid ...........................................</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Talk to me about healthy eating, exercise, and losing weight gained during pregnancy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Talk to me about how long to wait before getting pregnant again ..........</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Talk to me about birth control methods I can use after giving birth ......</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera&quot;), NuvaRing*, or condoms ........................................................</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Insert an IUD (Mirena&quot;, ParaGard&quot;, Liletta&quot;, or Skyla&quot;) or a contraceptive implant (Nexplanon&quot; or Implanon&quot;)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Ask me if I was smoking cigarettes ...............................................</td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Ask me if someone was hurting me emotionally or physically ................</td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Ask me if I was feeling down or depressed ..........................................</td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Test me for diabetes ...........................................................................</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

68. **Since your new baby was born, how often have you felt down, depressed, or hopeless?**

<table>
<thead>
<tr>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
</tr>
<tr>
<td>Often</td>
</tr>
<tr>
<td>Sometimes</td>
</tr>
<tr>
<td>Rarely</td>
</tr>
<tr>
<td>Never</td>
</tr>
</tbody>
</table>

69. **Since your new baby was born, how often have you had little interest or little pleasure in doing things you usually enjoyed?**

<table>
<thead>
<tr>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
</tr>
<tr>
<td>Often</td>
</tr>
<tr>
<td>Sometimes</td>
</tr>
<tr>
<td>Rarely</td>
</tr>
<tr>
<td>Never</td>
</tr>
</tbody>
</table>

70. **Since your new baby was born, has a doctor, nurse, or other health care worker told you that you had depression?**

- No
- Yes

71. **Since your new baby was born, have you gotten counseling for your depression?**

- No
- Yes

72. **Since your new baby was born, have you taken prescription medicine for your depression?**

- No
- Yes

73. **Were you offered two HIV tests during your most recent pregnancy or delivery?**

- No, I wasn’t offered any HIV tests
- No, I was just offered 1 test
- Yes, I was offered 2 tests

74. **At any time during your most recent pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?**

- No, I did not have a test
- Yes, I had one test
- Yes, I had two tests
- I don’t know
If you did not get prenatal care, go to Question 76.

75. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about how eating fish containing high levels of mercury could affect your baby?

- No
- Yes

76. Did you take action to avoid eating fish containing high levels of mercury during your pregnancy?

- No
- Yes

77. During your most recent pregnancy, did a doctor, nurse, or other health care worker do any of the things listed below? For each item, check No if it is not true or does not apply to you or Yes if it is true.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Ask me about my teeth and gums</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Look at my teeth and gums</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Talk with me about visiting a dentist or dental hygienist</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Help me get dental care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Give me information about taking care of my teeth and gums</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Give me information about taking care of my baby’s teeth and gums</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If your baby is not alive, is not living with you, or is still in the hospital, go to Question 79.

78. How often does your new baby go to sleep with a pacifier?

- Always
- Often
- Sometimes
- Rarely
- Never

The next questions are about the time during the 12 months before your new baby was born.

79. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband’s or partner’s income, and any other income you may have received. All information will be kept private and will not affect any services you are now getting.

- $0 to $16,000
- $16,001 to $20,000
- $20,001 to $24,000
- $24,001 to $28,000
- $28,001 to $32,000
- $32,001 to $40,000
- $40,001 to $48,000
- $48,001 to $57,000
- $57,001 to $60,000
- $60,001 to $73,000
- $73,001 to $85,000
- $85,001 or more

80. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?

   People

81. What is today’s date?

   Month   Day   Year

   20
These next questions are about Zika virus. Zika virus infection is an illness that is most often spread by the bite of a mosquito but may also be spread by having sex with a man who has the Zika virus.

Z1. During your most recent pregnancy, how worried were you about getting infected with Zika virus? [Check ONE answer]

- Very worried
- Somewhat worried
- Not at all worried
- I had never heard of Zika virus during my most recent pregnancy

Go to Question Z5

Z2. At any time during your most recent pregnancy, did you talk with a doctor, nurse, or other health care worker about Zika virus?

- No
- Yes, a health care worker talked with me without my asking about it
- Yes, a health care worker talked with me, but only AFTER I asked about it

Go to Question Z5

Z3. During your most recent pregnancy, did you get a blood test for Zika virus?

- No
- Yes

Go to Question Z5

Z4. During your most recent pregnancy, were you aware of recommendations that pregnant women should avoid travel to areas with Zika virus?

- No
- Yes

Go to Question Z5

The next questions are about travel during your most recent pregnancy.

Z5. At any time during your most recent pregnancy, did you live or travel outside the 50 United States?

- No
- Yes

Go to Page 16, Question Z9

Z6. When did you live or travel outside the 50 United States during your most recent pregnancy and for how long? It may help to use a calendar. If you can’t remember the exact date, please just write down the month and year. If you took more than 2 trips, please fill in the information below for the FIRST two trips during your most recent pregnancy.

Trip Number 1

Location (country or territory):

First day of trip: ___ / ___ / 20___

Month Day Year

Length of stay (number of days):

Trip Number 2

Location (country or territory):

First day of trip: ___ / ___ / 20___

Month Day Year

Length of stay (number of days): ___
Z7. Did the place you lived in or travelled to have a tropical climate? These tend to be hot and humid places.

- No → Go to Question Z9
- Yes

Z8. How often did you do things to try to avoid mosquito bites while you were living in or traveling to the places you listed above? Some things that people do to avoid mosquito bites include wearing long-sleeved shirts and long pants, using mosquito repellant, and staying inside places with air conditioning or screened windows and doors.

- Every day
- Some days
- Never
- There were no mosquitoes

The last questions are about your husband or any male partner.

Z9. At any time in the 6 months before your most recent pregnancy or during your pregnancy, did your husband or any male partner live or travel outside the 50 United States?

- No → Go to Question Z11
- Yes

Z10. Did the place your husband or any male partner lived in or travelled to have a tropical climate? These tend to be hot and humid places.

- No
- Yes
- I don’t know

Z11. During your most recent pregnancy, how often did you use condoms when you had sex with your husband or any male partner?

- Every time → Go to the end
- Sometimes
- Never
- I didn’t have sex during my pregnancy → Go to the end

Z12. What were your reasons for not using condoms during your most recent pregnancy?

Check ALL that apply

- I didn’t think I needed to use condoms during pregnancy
- I didn’t know you can get Zika virus from having sex
- I didn’t think my husband or male partner had Zika virus
- I was not worried about getting Zika virus
- I didn’t want to use condoms
- My husband or male partner didn’t want to use condoms
- Other → Please tell us:
Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Florida.

Thanks for answering our questions!

Your answers will help us work to keep mothers and babies in Florida healthy.