

# 2009 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report



Florida Department of Health  
Division of Disease Control  
Bureau of Epidemiology  
Chronic Disease Epidemiology Section

Charlie Crist  
Governor

Ana M. Viamonte Ros, M.D., M.P.H.  
State Surgeon General

**2009 Florida BRFSS Data Report  
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## 2009 Florida Behavioral Risk Factor Surveillance System Data Report

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Completed Surveys: 12,055

2009 State Adult Population: 14,668,626

The Florida Department of Health is pleased to release the 2009 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report. This report focuses on examining state-level estimates. Each of the 64 indicators is presented by sex, race/ethnicity, age group, education level, income level, and marital status. In the data report, BRFSS survey data are adjusted, or weighted, so that the resulting estimates can be generalized to all Florida adults aged 18 years and older.

The 2009 state-level survey was developed in collaboration with state, university, and local representatives. This development method was used to better meet the needs of programs, researchers, and community planners throughout the state. Florida was the first state to add cancer prevalence questions to the BRFSS on 2008 and continued the questions on 2009.

In 2009, 12,055 adults in Florida completed the survey, which provides a rich data source to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. This report presents survey data on a variety of issues related to health status, healthcare access, lifestyle, chronic illnesses, and disease prevention practices. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease.

Because BRFSS respondents are randomly selected, measures of prevalence and mean are subject to random sample errors. Each measure listed in the data tables includes the 95% confidence interval (CI). Measures of prevalence and mean are excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

If any assistance is needed with interpretation of data or survey methods, please contact the Bureau of Epidemiology, Chronic Disease Epidemiology Section at (850) 245-4401.

2009 Florida BRFSS Data Report

Alcohol Consumption

Percentage of adults who engage in heavy or binge drinking

		Measure	95% CI
<b>ALL</b>	Overall	14.7	13.4 – 16.0
<b>SEX</b>	Men	18.5	16.3 – 20.9
	Women	11.0	9.7 – 12.4
<b>RACE/ETHNICITY</b>	Non-Hisp. White	17.2	15.7 – 18.8
	Non-Hisp. Black	10.1	7.0 – 14.4
	Hispanic	10.5	7.6 – 14.5
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	22.5	19.9 – 25.4
	Non-Hisp. White Women	12.4	11.0 – 13.9
	Non-Hisp. Black Men	9.8	5.1 – 18.1
	Non-Hisp. Black Women	10.4	6.8 – 15.5
	Hispanic Men	12.3	7.8 – 18.8
	Hispanic Women	8.5	5.2 – 13.7
<b>AGE GROUP</b>	18-44	19.3	16.8 – 22.0
	45-64	14.0	12.4 – 15.8
	65 & Older	6.5	5.6 – 7.5
<b>EDUCATION LEVEL</b>	<High School	11.2	7.0 – 17.2
	H.S./GED	12.4	10.3 – 14.9
	>High School	16.2	14.6 – 17.9
<b>ANNUAL INCOME</b>	<\$25,000	10.3	8.2 – 12.9
	\$25,000-\$49,999	12.7	10.3 – 15.5
	\$50,000 or More	19.7	17.4 – 22.2
<b>MARITAL STATUS</b>	Married/Couple	14.6	13.0 – 16.3
	Not Married/Couple	14.9	12.8 – 17.2

CI=Confidence Interval

^ - The measures are unavailable, not appropriate for the table, or were suppressed due to low respondent counts.

2009 Florida BRFSS Data Report

**Arthritis**

**Percentage of adults who have been told they have some form of arthritis**

		Measure	95% CI
<b>ALL</b>	Overall	27.0	25.6 – 28.3
<b>SEX</b>	Men	23.8	21.8 – 26.0
	Women	29.9	28.2 – 31.6
<b>RACE/ETHNICITY</b>	Non-Hisp. White	31.6	30.1 – 33.1
	Non-Hisp. Black	21.0	17.4 – 25.1
	Hispanic	15.6	12.4 – 19.3
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	28.4	26.1 – 30.8
	Non-Hisp. White Women	34.5	32.7 – 36.5
	Non-Hisp. Black Men	20.2	14.5 – 27.4
	Non-Hisp. Black Women	21.7	17.4 – 26.6
	Hispanic Men	11.0	7.1 – 16.8
	Hispanic Women	20.4	16.0 – 25.6
<b>AGE GROUP</b>	18-44	9.3	7.7 – 11.2
	45-64	33.4	31.2 – 35.6
	65 & Older	52.7	50.4 – 55.0
<b>EDUCATION LEVEL</b>	<High School	28.2	23.5 – 33.4
	H.S./GED	29.3	26.7 – 32.0
	>High School	25.8	24.2 – 27.5
<b>ANNUAL INCOME</b>	<\$25,000	32.5	29.5 – 35.6
	\$25,000-\$49,999	27.6	25.0 – 30.5
	\$50,000 or More	21.8	19.9 – 23.8
<b>MARITAL STATUS</b>	Married/Couple	25.8	24.2 – 27.5
	Not Married/Couple	29.0	26.7 – 31.3

**Percentage of adults who are limited in any way in any usual activities because of arthritis or chronic joint symptoms**

		Measure	95% CI
<b>ALL</b>	Overall	12.6	11.7 – 13.5
<b>SEX</b>	Men	11.5	10.1 – 13.0
	Women	13.6	12.4 – 14.8
<b>RACE/ETHNICITY</b>	Non-Hisp. White	14.2	13.1 – 15.3
	Non-Hisp. Black	11.4	8.8 – 14.6
	Hispanic	7.1	5.0 – 9.9
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	12.4	10.9 – 14.1
	Non-Hisp. White Women	15.7	14.4 – 17.3
	Non-Hisp. Black Men	14.3	9.5 – 20.8
	Non-Hisp. Black Women	9.1	6.6 – 12.5
	Hispanic Men	5.0	2.4 – 9.9
	Hispanic Women	9.3	6.5 – 13.1
<b>AGE GROUP</b>	18-44	4.4	3.3 – 5.8
	45-64	16.8	15.1 – 18.6
	65 & Older	23.0	21.2 – 24.9
<b>EDUCATION LEVEL</b>	<High School	17.3	13.7 – 21.7
	H.S./GED	13.7	12.0 – 15.7
	>High School	11.4	10.3 – 12.6
<b>ANNUAL INCOME</b>	<\$25,000	18.8	16.6 – 21.2
	\$25,000-\$49,999	13.0	11.1 – 15.2
	\$50,000 or More	8.0	6.8 – 9.3
<b>MARITAL STATUS</b>	Married/Couple	11.7	10.6 – 13.0
	Not Married/Couple	14.2	12.7 – 15.8

CI=Confidence Interval

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## Asthma

## Percentage of adults who currently have asthma

		Measure	95% CI
<b>ALL</b>	Overall	6.9	6.1 – 7.8
<b>SEX</b>	Men	5.1	3.9 – 6.6
	Women	8.7	7.7 – 9.8
<b>RACE/ETHNICITY</b>	Non-Hisp. White	7.2	6.4 – 8.1
	Non-Hisp. Black	8.5	6.1 – 11.6
	Hispanic	4.6	2.6 – 8.0
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	5.0	3.9 – 6.3
	Non-Hisp. White Women	9.3	8.1 – 10.6
	Non-Hisp. Black Men	4.7	2.4 – 9.1
	Non-Hisp. Black Women	11.3	7.9 – 15.9
	Hispanic Men	4.5	1.6 – 11.9
	Hispanic Women	4.6	2.9 – 7.2
<b>AGE GROUP</b>	18-44	6.7	5.2 – 8.6
	45-64	8.0	6.9 – 9.3
	65 & Older	6.0	5.2 – 7.0
<b>EDUCATION LEVEL</b>	<High School	7.8	5.7 – 10.5
	H.S./GED	7.9	6.1 – 10.1
	>High School	6.4	5.5 – 7.4
<b>ANNUAL INCOME</b>	<\$25,000	9.5	7.6 – 11.8
	\$25,000-\$49,999	6.8	5.4 – 8.6
	\$50,000 or More	5.3	4.0 – 6.8
<b>MARITAL STATUS</b>	Married/Couple	5.6	4.8 – 6.6
	Not Married/Couple	9.2	7.6 – 11.0

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2009 Florida BRFSS Data Report

Cancer Prevalence

Percentage of adults who have ever had cancer

		Measure	95% CI
	<b>ALL</b> Overall	12.4	11.6 – 13.3
	<b>SEX</b> Men	11.7	10.4 – 13.1
	Women	13.1	12.0 – 14.2
	<b>RACE/ETHNICITY</b> Non-Hisp. White	16.1	15.1 – 17.2
	Non-Hisp. Black	6.0	4.0 – 8.9
	Hispanic	5.4	3.4 – 8.3
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	15.6	14.1 – 17.3
	Non-Hisp. White Women	16.6	15.3 – 18.0
	Non-Hisp. Black Men	6.1	3.0 – 12.1
	Non-Hisp. Black Women	5.9	3.7 – 9.2
	Hispanic Men	4.7	2.1 – 10.2
	Hispanic Women	6.1	3.8 – 9.7
	<b>AGE GROUP</b> 18-44	2.9	2.1 – 4.0
	45-64	13.0	11.5 – 14.7
	65 & Older	30.1	28.1 – 32.2
	<b>EDUCATION LEVEL</b> <High School	10.1	7.9 – 12.9
	H.S./GED	11.9	10.3 – 13.8
	>High School	13.0	11.9 – 14.1
	<b>ANNUAL INCOME</b> <\$25,000	12.2	10.5 – 14.2
	\$25,000-\$49,999	12.4	10.9 – 14.1
	\$50,000 or More	12.1	10.6 – 13.7
	<b>MARITAL STATUS</b> Married/Couple	12.6	11.5 – 13.8
	Not Married/Couple	12.1	10.8 – 13.5

Percentage of women who have been told they have breast cancer

		Measure	95% CI
	<b>ALL</b> Overall	3.0	2.5 – 3.6
	<b>SEX</b> Men	^	
	Women	3.0	2.5 – 3.6
	<b>RACE/ETHNICITY</b> Non-Hisp. White	3.5	2.9 – 4.1
	Non-Hisp. Black	2.7	1.3 – 5.5
	Hispanic	1.1	0.5 – 2.6
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	^	
	Non-Hisp. White Women	3.5	2.9 – 4.1
	Non-Hisp. Black Men	^	
	Non-Hisp. Black Women	2.7	1.3 – 5.5
	Hispanic Men	^	
	Hispanic Women	1.1	0.5 – 2.6
	<b>AGE GROUP</b> 18-44	0.2	0.0 – 0.8
	45-64	3.5	2.5 – 4.8
	65 & Older	7.3	6.1 – 8.8
	<b>EDUCATION LEVEL</b> <High School	1.8	1.0 – 3.4
	H.S./GED	2.4	1.7 – 3.2
	>High School	3.4	2.8 – 4.2
	<b>ANNUAL INCOME</b> <\$25,000	2.7	2.0 – 3.6
	\$25,000-\$49,999	2.8	2.1 – 3.8
	\$50,000 or More	2.8	1.9 – 4.0
	<b>MARITAL STATUS</b> Married/Couple	2.9	2.3 – 3.7
	Not Married/Couple	3.1	2.5 – 3.9

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2009 Florida BRFSS Data Report

Cancer Prevalence

Percentage of women 40 years of age and older who have been told they have breast cancer

		Measure	95% CI
<b>ALL</b>	Overall	4.2	3.6 – 5.0
<b>SEX</b>	Men	^	
	Women	4.2	3.6 – 5.0
<b>RACE/ETHNICITY</b>	Non-Hisp. White	4.5	3.8 – 5.3
	Non-Hisp. Black	4.8	2.4 – 9.6
	Hispanic	1.8	0.8 – 4.2
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	^	
	Non-Hisp. White Women	4.5	3.8 – 5.3
	Non-Hisp. Black Men	^	
	Non-Hisp. Black Women	4.8	2.4 – 9.6
	Hispanic Men	^	
	Hispanic Women	1.8	0.8 – 4.2
<b>AGE GROUP</b>	18-44	0.4	0.1 – 2.4
	45-64	3.5	2.5 – 4.8
	65 & Older	7.3	6.1 – 8.8
<b>EDUCATION LEVEL</b>	<High School	2.6	1.4 – 4.8
	H.S./GED	3.2	2.4 – 4.3
	>High School	5.0	4.0 – 6.1
<b>ANNUAL INCOME</b>	<\$25,000	3.8	2.9 – 5.0
	\$25,000-\$49,999	4.3	3.2 – 5.8
	\$50,000 or More	3.9	2.7 – 5.7
<b>MARITAL STATUS</b>	Married/Couple	4.1	3.2 – 5.2
	Not Married/Couple	4.5	3.6 – 5.6

Percentage of men 45 years of age and older who have been told they have prostate cancer

		Measure	95% CI
<b>ALL</b>	Overall	4.6	3.6 – 5.8
<b>SEX</b>	Men	4.6	3.6 – 5.8
	Women	^	
<b>RACE/ETHNICITY</b>	Non-Hisp. White	5.0	4.1 – 6.1
	Non-Hisp. Black	2.7	1.2 – 6.2
	Hispanic	4.5	1.3 – 14.1
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	5.0	4.1 – 6.1
	Non-Hisp. White Women	^	
	Non-Hisp. Black Men	2.7	1.2 – 6.2
	Non-Hisp. Black Women	^	
	Hispanic Men	4.5	1.3 – 14.1
	Hispanic Women	^	
<b>AGE GROUP</b>	18-44	^	
	45-64	0.9	0.5 – 1.4
	65 & Older	10.6	8.2 – 13.6
<b>EDUCATION LEVEL</b>	<High School	5.0	2.8 – 8.8
	H.S./GED	4.2	2.8 – 6.2
	>High School	4.7	3.4 – 6.4
<b>ANNUAL INCOME</b>	<\$25,000	5.7	3.0 – 10.6
	\$25,000-\$49,999	4.9	3.5 – 6.9
	\$50,000 or More	3.9	2.8 – 5.3
<b>MARITAL STATUS</b>	Married/Couple	3.8	3.0 – 4.8
	Not Married/Couple	6.5	4.1 – 10.3

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Cancer Prevalence

Percentage of women who have been told they have cervical cancer

		Measure	95% CI
<b>ALL</b>	Overall	1.6	1.2 – 2.2
<b>SEX</b>	Men	^	
	Women	1.6	1.2 – 2.2
<b>RACE/ETHNICITY</b>	Non-Hisp. White	1.8	1.4 – 2.4
	Non-Hisp. Black	1.1	0.3 – 3.7
	Hispanic	1.5	0.4 – 4.9
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	^	
	Non-Hisp. White Women	1.8	1.4 – 2.4
	Non-Hisp. Black Men	^	
	Non-Hisp. Black Women	1.1	0.3 – 3.7
	Hispanic Men	^	
	Hispanic Women	1.5	0.4 – 4.9
<b>AGE GROUP</b>	18-44	1.7	1.0 – 3.0
	45-64	1.8	1.2 – 2.6
	65 & Older	1.3	0.8 – 2.0
<b>EDUCATION LEVEL</b>	<High School	2.4	1.2 – 4.7
	H.S./GED	1.1	0.7 – 1.8
	>High School	1.7	1.2 – 2.6
<b>ANNUAL INCOME</b>	<\$25,000	2.8	1.7 – 4.7
	\$25,000-\$49,999	1.5	0.8 – 2.7
	\$50,000 or More	1.0	0.6 – 1.8
<b>MARITAL STATUS</b>	Married/Couple	1.4	0.9 – 2.2
	Not Married/Couple	2.0	1.4 – 2.9

Percentage of adults who have been told they have colorectal cancer

		Measure	95% CI
<b>ALL</b>	Overall	0.6	0.5 – 0.9
<b>SEX</b>	Men	0.8	0.5 – 1.3
	Women	0.5	0.3 – 0.8
<b>RACE/ETHNICITY</b>	Non-Hisp. White	0.7	0.5 – 1.1
	Non-Hisp. Black	0.9	0.3 – 2.9
	Hispanic	0.2	0.1 – 0.7
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	0.8	0.5 – 1.4
	Non-Hisp. White Women	0.7	0.4 – 1.1
	Non-Hisp. Black Men	1.7	0.4 – 6.7
	Non-Hisp. Black Women	0.2	0.1 – 1.0
	Hispanic Men	0.2	0.0 – 1.4
	Hispanic Women	0.2	0.1 – 1.0
<b>AGE GROUP</b>	18-44	0.2	0.1 – 0.7
	45-64	0.5	0.2 – 1.0
	65 & Older	1.7	1.2 – 2.4
<b>EDUCATION LEVEL</b>	<High School	0.5	0.2 – 1.2
	H.S./GED	1.0	0.5 – 1.9
	>High School	0.5	0.4 – 0.8
<b>ANNUAL INCOME</b>	<\$25,000	1.2	0.7 – 2.1
	\$25,000-\$49,999	0.4	0.3 – 0.7
	\$50,000 or More	0.6	0.3 – 1.0
<b>MARITAL STATUS</b>	Married/Couple	0.7	0.4 – 1.1
	Not Married/Couple	0.6	0.4 – 0.8

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Cancer Prevalence

Percentage of adults who have been told they have melanoma cancer

		Measure	95% CI
<b>ALL</b>	Overall	1.2	1.0 – 1.5
<b>SEX</b>	Men	1.4	1.0 – 1.8
	Women	1.1	0.8 – 1.4
<b>RACE/ETHNICITY</b>	Non-Hisp. White	1.8	1.5 – 2.3
	Non-Hisp. Black	0.2	0.0 – 1.6
	Hispanic	0.0	0.0 – 0.3
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	2.2	1.6 – 2.9
	Non-Hisp. White Women	1.5	1.1 – 2.0
	Non-Hisp. Black Men	0.0	
	Non-Hisp. Black Women	0.4	0.1 – 2.9
	Hispanic Men	0.1	0.0 – 0.6
	Hispanic Women	0.0	
<b>AGE GROUP</b>	18-44	0.2	0.1 – 0.5
	45-64	1.4	1.0 – 2.0
	65 & Older	2.9	2.3 – 3.7
<b>EDUCATION LEVEL</b>	<High School	1.3	0.8 – 2.3
	H.S./GED	1.1	0.7 – 1.6
	>High School	1.3	1.0 – 1.6
<b>ANNUAL INCOME</b>	<\$25,000	0.9	0.5 – 1.4
	\$25,000-\$49,999	1.8	1.3 – 2.5
	\$50,000 or More	1.0	0.7 – 1.5
<b>MARITAL STATUS</b>	Married/Couple	1.2	0.9 – 1.5
	Not Married/Couple	1.3	1.0 – 1.8

Average number of years since first cancer diagnosis

		Measure	95% CI
<b>ALL</b>	Overall	12.3	11.6 – 13.1
<b>SEX</b>	Men	11.4	10.2 – 12.5
	Women	13.1	12.2 – 14.1
<b>RACE/ETHNICITY</b>	Non-Hisp. White	12.3	11.6 – 13.1
	Non-Hisp. Black	10.5	6.8 – 14.1
	Hispanic	12.6	9.0 – 16.3
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	11.3	10.1 – 12.4
	Non-Hisp. White Women	13.3	12.3 – 14.3
	Non-Hisp. Black Men	^	
	Non-Hisp. Black Women	11.2	7.8 – 14.6
	Hispanic Men	^	
	Hispanic Women	11.9	7.8 – 16.1
<b>AGE GROUP</b>	18-44	8.7	6.5 – 10.9
	45-64	11.4	10.2 – 12.6
	65 & Older	13.7	12.7 – 14.7
<b>EDUCATION LEVEL</b>	<High School	12.1	8.7 – 15.6
	H.S./GED	12.6	11.2 – 13.9
	>High School	12.2	11.3 – 13.1
<b>ANNUAL INCOME</b>	<\$25,000	13.9	12.1 – 15.6
	\$25,000-\$49,999	12.7	11.4 – 14.0
	\$50,000 or More	10.7	9.5 – 11.9
<b>MARITAL STATUS</b>	Married/Couple	12.1	11.1 – 13.1
	Not Married/Couple	12.7	11.6 – 13.9

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Cardiovascular Disease

Percentage of adults who have ever had a stroke

		Measure	95% CI
<b>ALL</b>	Overall	3.0	2.6 – 3.5
<b>SEX</b>	Men	3.0	2.4 – 3.8
	Women	3.0	2.5 – 3.6
<b>RACE/ETHNICITY</b>	Non-Hisp. White	3.2	2.8 – 3.7
	Non-Hisp. Black	3.4	2.1 – 5.3
	Hispanic	2.1	1.1 – 4.0
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	3.1	2.5 – 3.9
	Non-Hisp. White Women	3.3	2.8 – 4.0
	Non-Hisp. Black Men	3.8	1.9 – 7.2
	Non-Hisp. Black Women	3.1	1.6 – 5.8
	Hispanic Men	2.7	1.1 – 6.4
	Hispanic Women	1.4	0.7 – 2.9
<b>AGE GROUP</b>	18-44	0.3	0.1 – 0.7
	45-64	2.9	2.3 – 3.8
	65 & Older	8.6	7.2 – 10.2
<b>EDUCATION LEVEL</b>	<High School	5.6	3.8 – 8.1
	H.S./GED	3.2	2.6 – 4.0
	>High School	2.5	2.0 – 3.1
<b>ANNUAL INCOME</b>	<\$25,000	6.2	4.9 – 7.7
	\$25,000-\$49,999	2.2	1.7 – 3.0
	\$50,000 or More	1.4	1.0 – 2.0
<b>MARITAL STATUS</b>	Married/Couple	2.4	2.0 – 3.0
	Not Married/Couple	4.0	3.2 – 4.9

Percentage of adults who have ever had a heart attack, angina, or coronary heart disease

		Measure	95% CI
<b>ALL</b>	Overall	9.4	8.6 – 10.2
<b>SEX</b>	Men	11.0	9.7 – 12.5
	Women	7.8	6.9 – 8.9
<b>RACE/ETHNICITY</b>	Non-Hisp. White	10.8	10.0 – 11.7
	Non-Hisp. Black	6.4	4.7 – 8.8
	Hispanic	7.1	4.8 – 10.5
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	12.8	11.5 – 14.3
	Non-Hisp. White Women	9.0	8.0 – 10.0
	Non-Hisp. Black Men	7.5	4.6 – 12.1
	Non-Hisp. Black Women	5.6	3.7 – 8.5
	Hispanic Men	8.6	5.2 – 14.0
	Hispanic Women	5.4	2.7 – 10.5
<b>AGE GROUP</b>	18-44	2.4	1.5 – 3.8
	45-64	9.3	8.0 – 10.8
	65 & Older	23.4	21.5 – 25.4
<b>EDUCATION LEVEL</b>	<High School	14.1	11.1 – 17.8
	H.S./GED	9.3	8.2 – 10.6
	>High School	8.7	7.6 – 9.8
<b>ANNUAL INCOME</b>	<\$25,000	14.7	12.7 – 17.0
	\$25,000-\$49,999	9.3	7.5 – 11.4
	\$50,000 or More	5.8	4.9 – 6.9
<b>MARITAL STATUS</b>	Married/Couple	8.9	7.9 – 10.1
	Not Married/Couple	10.1	8.9 – 11.5

CI=Confidence Interval

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2009 Florida BRFSS Data Report

**Cholesterol Awareness**

**Percentage of adults who had their cholesterol checked in the past five years**

		Measure	95% CI
	<b>ALL</b> Overall	83.2	81.6 – 84.7
	<b>SEX</b> Men	80.8	78.1 – 83.3
	Women	85.5	83.8 – 87.0
	<b>RACE/ETHNICITY</b> Non-Hisp. White	85.4	83.8 – 86.8
	Non-Hisp. Black	84.1	79.1 – 88.0
	Hispanic	79.0	73.6 – 83.6
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	84.0	81.4 – 86.3
	Non-Hisp. White Women	86.7	84.9 – 88.3
	Non-Hisp. Black Men	81.5	71.6 – 88.4
	Non-Hisp. Black Women	86.0	80.8 – 90.0
	Hispanic Men	75.2	66.1 – 82.5
	Hispanic Women	83.6	77.9 – 88.0
	<b>AGE GROUP</b> 18-44	72.1	68.9 – 75.1
	45-64	89.6	87.9 – 91.0
	65 & Older	95.8	94.8 – 96.6
	<b>EDUCATION LEVEL</b> <High School	69.0	62.3 – 75.1
	H.S./GED	76.9	73.2 – 80.2
	>High School	88.1	86.6 – 89.5
	<b>ANNUAL INCOME</b> <\$25,000	74.5	71.0 – 77.7
	\$25,000-\$49,999	83.4	80.1 – 86.2
	\$50,000 or More	89.8	87.7 – 91.6
	<b>MARITAL STATUS</b> Married/Couple	85.7	84.0 – 87.3
	Not Married/Couple	79.0	75.9 – 81.7

**Percentage of adults with diagnosed high blood cholesterol**

		Measure	95% CI
	<b>ALL</b> Overall	39.7	37.9 – 41.5
	<b>SEX</b> Men	41.5	38.5 – 44.6
	Women	38.0	36.0 – 40.0
	<b>RACE/ETHNICITY</b> Non-Hisp. White	42.2	40.5 – 43.9
	Non-Hisp. Black	34.4	28.9 – 40.4
	Hispanic	34.6	28.8 – 40.9
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	44.2	41.5 – 47.0
	Non-Hisp. White Women	40.4	38.3 – 42.5
	Non-Hisp. Black Men	37.0	27.0 – 48.2
	Non-Hisp. Black Women	32.6	26.7 – 39.0
	Hispanic Men	34.4	25.4 – 44.6
	Hispanic Women	34.9	28.3 – 42.1
	<b>AGE GROUP</b> 18-44	23.3	20.2 – 26.9
	45-64	46.7	44.2 – 49.2
	65 & Older	55.1	52.8 – 57.5
	<b>EDUCATION LEVEL</b> <High School	45.9	38.7 – 53.2
	H.S./GED	39.9	36.5 – 43.5
	>High School	38.8	36.7 – 41.0
	<b>ANNUAL INCOME</b> <\$25,000	47.0	43.0 – 51.1
	\$25,000-\$49,999	37.4	33.8 – 41.0
	\$50,000 or More	37.2	34.3 – 40.1
	<b>MARITAL STATUS</b> Married/Couple	40.2	38.0 – 42.4
	Not Married/Couple	38.8	35.8 – 41.9

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2009 Florida BRFSS Data Report

Diabetes

Percentage of adults with diagnosed diabetes

		Measure	95% CI
	<b>ALL</b> Overall	10.7	9.7 – 11.7
	<b>SEX</b> Men	11.5	9.9 – 13.3
	Women	9.9	8.8 – 11.1
	<b>RACE/ETHNICITY</b> Non-Hisp. White	9.5	8.7 – 10.4
	Non-Hisp. Black	13.9	11.0 – 17.3
	Hispanic	12.1	8.7 – 16.6
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	10.7	9.3 – 12.2
	Non-Hisp. White Women	8.5	7.6 – 9.5
	Non-Hisp. Black Men	12.6	8.5 – 18.2
	Non-Hisp. Black Women	14.8	11.2 – 19.3
	Hispanic Men	13.4	8.3 – 20.9
	Hispanic Women	10.6	6.9 – 16.0
	<b>AGE GROUP</b> 18-44	4.4	3.0 – 6.3
	45-64	12.4	10.8 – 14.1
	65 & Older	20.9	18.9 – 22.9
	<b>EDUCATION LEVEL</b> <High School	18.8	13.9 – 24.9
	H.S./GED	11.5	9.9 – 13.3
	>High School	9.2	8.1 – 10.4
	<b>ANNUAL INCOME</b> <\$25,000	15.5	12.9 – 18.5
	\$25,000-\$49,999	11.7	9.8 – 14.0
	\$50,000 or More	6.2	5.1 – 7.6
	<b>MARITAL STATUS</b> Married/Couple	10.1	8.8 – 11.5
	Not Married/Couple	11.7	10.2 – 13.4

Percentage of adults with diabetes who self-monitor their blood glucose at least once a day on average

		Measure	95% CI
	<b>ALL</b> Overall	61.8	57.0 – 66.5
	<b>SEX</b> Men	59.2	51.7 – 66.3
	Women	64.7	58.7 – 70.4
	<b>RACE/ETHNICITY</b> Non-Hisp. White	60.0	55.4 – 64.5
	Non-Hisp. Black	64.5	52.4 – 74.9
	Hispanic	67.4	51.4 – 80.1
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	58.3	51.2 – 65.1
	Non-Hisp. White Women	62.0	56.2 – 67.5
	Non-Hisp. Black Men	56.8	37.8 – 74.0
	Non-Hisp. Black Women	69.3	53.8 – 81.4
	Hispanic Men	68.3	45.4 – 84.7
	Hispanic Women	66.1	44.4 – 82.6
	<b>AGE GROUP</b> 18-44	61.0	43.3 – 76.2
	45-64	56.5	49.2 – 63.5
	65 & Older	66.6	61.3 – 71.5
	<b>EDUCATION LEVEL</b> <High School	66.9	52.0 – 79.1
	H.S./GED	58.5	50.9 – 65.8
	>High School	62.1	55.5 – 68.2
	<b>ANNUAL INCOME</b> <\$25,000	67.7	58.7 – 75.6
	\$25,000-\$49,999	65.2	56.7 – 72.9
	\$50,000 or More	57.2	46.8 – 67.0
	<b>MARITAL STATUS</b> Married/Couple	62.3	55.7 – 68.5
	Not Married/Couple	61.2	54.1 – 67.8

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2009 Florida BRFSS Data Report

Diabetes

Percentage of adults with diabetes who had two A1C tests in the past year

		Measure	95% CI
	<b>ALL</b> Overall	70.5	64.8 – 75.7
	<b>SEX</b> Men	69.9	60.4 – 78.0
	Women	71.3	65.1 – 76.7
	<b>RACE/ETHNICITY</b> Non-Hisp. White	75.8	71.4 – 79.7
	Non-Hisp. Black	68.2	54.9 – 79.1
	Hispanic	61.7	40.9 – 79.0
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	78.6	72.5 – 83.7
	Non-Hisp. White Women	72.5	66.2 – 78.1
	Non-Hisp. Black Men	61.8	40.8 – 79.1
	Non-Hisp. Black Women	72.6	55.1 – 85.2
	Hispanic Men	57.2	29.6 – 80.9
	Hispanic Women	70.1	49.2 – 85.0
	<b>AGE GROUP</b> 18-44	59.7	38.9 – 77.5
	45-64	70.7	63.0 – 77.4
	65 & Older	75.1	69.4 – 80.0
	<b>EDUCATION LEVEL</b> <High School	51.1	32.0 – 69.9
	H.S./GED	73.9	66.9 – 80.0
	>High School	74.3	67.7 – 80.0
	<b>ANNUAL INCOME</b> <\$25,000	65.6	53.0 – 76.4
	\$25,000-\$49,999	73.2	64.8 – 80.2
	\$50,000 or More	74.7	62.9 – 83.7
	<b>MARITAL STATUS</b> Married/Couple	69.3	60.9 – 76.6
	Not Married/Couple	72.1	65.1 – 78.3

Percentage of adults with diabetes who had an annual foot exam

		Measure	95% CI
	<b>ALL</b> Overall	73.3	68.4 – 77.7
	<b>SEX</b> Men	77.9	71.3 – 83.2
	Women	68.3	61.1 – 74.7
	<b>RACE/ETHNICITY</b> Non-Hisp. White	74.2	70.1 – 77.9
	Non-Hisp. Black	79.0	66.5 – 87.7
	Hispanic	65.7	48.0 – 79.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	78.2	72.3 – 83.2
	Non-Hisp. White Women	69.7	63.9 – 74.9
	Non-Hisp. Black Men	80.9	60.4 – 92.2
	Non-Hisp. Black Women	77.7	60.8 – 88.7
	Hispanic Men	78.0	56.5 – 90.6
	Hispanic Women	46.6	25.5 – 69.0
	<b>AGE GROUP</b> 18-44	68.8	49.0 – 83.5
	45-64	69.6	62.0 – 76.2
	65 & Older	78.3	73.7 – 82.4
	<b>EDUCATION LEVEL</b> <High School	76.4	62.9 – 86.0
	H.S./GED	68.9	60.8 – 76.0
	>High School	74.9	67.9 – 80.8
	<b>ANNUAL INCOME</b> <\$25,000	76.0	68.1 – 82.4
	\$25,000-\$49,999	71.1	60.1 – 80.1
	\$50,000 or More	75.5	64.6 – 83.9
	<b>MARITAL STATUS</b> Married/Couple	74.3	67.2 – 80.3
	Not Married/Couple	71.4	64.9 – 77.2

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2009 Florida BRFSS Data Report

Diabetes

Percentage of adults with diabetes who had an annual eye exam

		Measure	95% CI
	ALL Overall	75.7	71.5 – 79.6
	SEX Men	77.5	71.2 – 82.8
	Women	73.8	67.9 – 79.0
	RACE/ETHNICITY Non-Hisp. White	75.4	71.0 – 79.3
	Non-Hisp. Black	71.2	59.4 – 80.6
	Hispanic	80.8	66.0 – 90.1
	SEX BY RACE/ETHNICITY Non-Hisp. White Men	76.5	69.8 – 82.1
	Non-Hisp. White Women	74.1	68.3 – 79.2
	Non-Hisp. Black Men	74.2	55.4 – 86.9
	Non-Hisp. Black Women	69.2	53.6 – 81.3
	Hispanic Men	85.9	63.2 – 95.6
	Hispanic Women	73.5	51.8 – 87.8
	AGE GROUP 18-44	71.2	53.8 – 84.0
	45-64	68.6	61.7 – 74.9
	65 & Older	84.1	80.3 – 87.3
	EDUCATION LEVEL <High School	78.0	65.9 – 86.7
	H.S./GED	73.5	66.0 – 79.8
	>High School	76.3	70.2 – 81.5
	ANNUAL INCOME <\$25,000	74.2	65.6 – 81.3
	\$25,000-\$49,999	80.3	73.9 – 85.5
	\$50,000 or More	77.7	67.9 – 85.2
	MARITAL STATUS Married/Couple	80.4	75.2 – 84.8
	Not Married/Couple	68.6	61.5 – 75.0

Percentage of adults with diabetes who ever had diabetes self-management education

		Measure	95% CI
	ALL Overall	54.4	49.4 – 59.3
	SEX Men	54.1	46.5 – 61.5
	Women	54.8	48.4 – 61.1
	RACE/ETHNICITY Non-Hisp. White	56.9	52.4 – 61.3
	Non-Hisp. Black	48.6	37.5 – 59.9
	Hispanic	53.6	36.7 – 69.7
	SEX BY RACE/ETHNICITY Non-Hisp. White Men	56.1	49.2 – 62.8
	Non-Hisp. White Women	57.9	52.2 – 63.3
	Non-Hisp. Black Men	40.8	25.3 – 58.5
	Non-Hisp. Black Women	53.7	39.2 – 67.5
	Hispanic Men	60.4	36.7 – 80.0
	Hispanic Women	43.8	24.6 – 65.2
	AGE GROUP 18-44	55.5	37.1 – 72.4
	45-64	59.3	52.1 – 66.0
	65 & Older	50.3	44.8 – 55.8
	EDUCATION LEVEL <High School	54.5	38.9 – 69.3
	H.S./GED	49.1	41.8 – 56.5
	>High School	57.4	50.5 – 64.1
	ANNUAL INCOME <\$25,000	52.3	42.5 – 61.9
	\$25,000-\$49,999	49.9	40.8 – 59.0
	\$50,000 or More	62.5	52.1 – 71.8
	MARITAL STATUS Married/Couple	57.4	50.4 – 64.0
	Not Married/Couple	50.4	43.5 – 57.2

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2009 Florida BRFSS Data Report

Diabetes

Average age at which diabetes was diagnosed

		Measure	95% CI
<b>ALL</b>	Overall	49.3	47.7 – 51.0
<b>SEX</b>	Men	50.3	47.8 – 52.7
	Women	48.3	46.1 – 50.5
<b>RACE/ETHNICITY</b>	Non-Hisp. White	52.2	50.6 – 53.9
	Non-Hisp. Black	46.5	43.0 – 50.0
	Hispanic	45.0	40.3 – 49.7
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	52.4	50.2 – 54.6
	Non-Hisp. White Women	52.1	49.6 – 54.6
	Non-Hisp. Black Men	52.0	48.8 – 55.1
	Non-Hisp. Black Women	43.0	38.2 – 47.7
	Hispanic Men	43.7	37.3 – 50.2
	Hispanic Women	46.8	40.5 – 53.1
<b>AGE GROUP</b>	18-44	30.0	27.7 – 32.3
	45-64	47.2	46.1 – 48.3
	65 & Older	60.0	58.8 – 61.3
<b>EDUCATION LEVEL</b>	<High School	46.8	40.9 – 52.7
	H.S./GED	50.1	47.6 – 52.6
	>High School	49.6	47.6 – 51.6
<b>ANNUAL INCOME</b>	<\$25,000	47.9	44.6 – 51.3
	\$25,000-\$49,999	50.5	47.6 – 53.5
	\$50,000 or More	48.6	46.1 – 51.0
<b>MARITAL STATUS</b>	Married/Couple	49.4	47.1 – 51.6
	Not Married/Couple	49.2	46.8 – 51.6

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2009 Florida BRFSS Data Report

**Disability**

**Percentage of adults who are limited in any way in any activities because of physical, mental, or emotional problems**

		Measure	95% CI
	<b>ALL</b> Overall	20.9	19.5 – 22.4
	<b>SEX</b> Men	21.2	18.9 – 23.7
	Women	20.7	19.1 – 22.4
	<b>RACE/ETHNICITY</b> Non-Hisp. White	22.4	21.0 – 23.8
	Non-Hisp. Black	18.0	14.6 – 21.9
	Hispanic	16.5	11.9 – 22.3
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	21.9	19.8 – 24.2
	Non-Hisp. White Women	22.8	21.0 – 24.6
	Non-Hisp. Black Men	19.0	13.5 – 26.0
	Non-Hisp. Black Women	17.2	13.2 – 22.0
	Hispanic Men	17.1	10.2 – 27.3
	Hispanic Women	15.7	11.1 – 21.8
	<b>AGE GROUP</b> 18-44	15.9	13.3 – 18.8
	45-64	24.1	22.1 – 26.2
	65 & Older	26.6	24.7 – 28.6
	<b>EDUCATION LEVEL</b> <High School	28.9	23.7 – 34.6
	H.S./GED	22.7	19.6 – 26.1
	>High School	19.1	17.5 – 20.7
	<b>ANNUAL INCOME</b> <\$25,000	32.0	28.8 – 35.3
	\$25,000-\$49,999	22.4	19.0 – 26.2
	\$50,000 or More	13.2	11.6 – 15.0
	<b>MARITAL STATUS</b> Married/Couple	18.9	17.3 – 20.5
	Not Married/Couple	24.7	22.0 – 27.6

**Percentage of adults who use special equipment because of a health problem**

		Measure	95% CI
	<b>ALL</b> Overall	8.1	7.3 – 8.9
	<b>SEX</b> Men	8.2	7.1 – 9.6
	Women	8.0	7.0 – 9.0
	<b>RACE/ETHNICITY</b> Non-Hisp. White	8.7	7.9 – 9.6
	Non-Hisp. Black	8.0	6.0 – 10.5
	Hispanic	6.4	4.2 – 9.5
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	8.7	7.4 – 10.2
	Non-Hisp. White Women	8.7	7.7 – 9.8
	Non-Hisp. Black Men	8.3	5.3 – 12.7
	Non-Hisp. Black Women	7.7	5.3 – 11.0
	Hispanic Men	6.7	3.8 – 11.7
	Hispanic Women	5.9	3.3 – 10.5
	<b>AGE GROUP</b> 18-44	3.1	2.1 – 4.5
	45-64	8.7	7.5 – 10.1
	65 & Older	17.4	15.8 – 19.2
	<b>EDUCATION LEVEL</b> <High School	13.4	9.9 – 17.8
	H.S./GED	8.6	7.3 – 10.2
	>High School	7.1	6.2 – 8.1
	<b>ANNUAL INCOME</b> <\$25,000	15.0	12.9 – 17.5
	\$25,000-\$49,999	7.5	6.0 – 9.2
	\$50,000 or More	3.6	2.8 – 4.5
	<b>MARITAL STATUS</b> Married/Couple	6.2	5.4 – 7.2
	Not Married/Couple	11.4	10.0 – 13.1

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## Disability

Percentage of adults who provided care or assistance to a family member or friend who has a health problem, long-term illness or disability†

		Measure	95% CI
<b>ALL</b>	Overall	25.7	24.1 – 27.4
<b>SEX</b>	Men	22.7	20.0 – 25.6
	Women	28.6	26.7 – 30.6
<b>RACE/ETHNICITY</b>	Non-Hisp. White	25.4	23.9 – 27.0
	Non-Hisp. Black	27.3	22.7 – 32.5
	Hispanic	25.2	19.6 – 31.7
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	22.5	20.1 – 25.1
	Non-Hisp. White Women	28.1	26.1 – 30.1
	Non-Hisp. Black Men	19.4	13.1 – 27.7
	Non-Hisp. Black Women	33.4	27.5 – 40.0
	Hispanic Men	25.5	16.9 – 36.7
	Hispanic Women	24.8	19.2 – 31.4
<b>AGE GROUP</b>	18-44	25.6	22.5 – 29.0
	45-64	30.3	28.1 – 32.6
	65 & Older	19.4	17.7 – 21.3
<b>EDUCATION LEVEL</b>	<High School	19.9	15.1 – 25.7
	H.S./GED	27.8	24.1 – 31.8
	>High School	25.8	23.9 – 27.7
<b>ANNUAL INCOME</b>	<\$25,000	28.8	25.5 – 32.3
	\$25,000-\$49,999	26.3	22.7 – 30.3
	\$50,000 or More	23.4	21.1 – 25.9
<b>MARITAL STATUS</b>	Married/Couple	25.0	23.2 – 27.0
	Not Married/Couple	27.2	24.1 – 30.5

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\* - The term "health problem" was added to this question in 2009. This may have indirectly led to an increase in the prevalence of this measure. In 2008, please note that this measure only included long-term illness or disability.

## Family Planning

Percentage of females less than 45-years-old or males less than 60-years-old who report that they or their partner take measures to prevent pregnancy

		Measure	95% CI
<b>ALL</b>	Overall	59.2	56.2 – 62.1
<b>SEX</b>	Men	54.3	50.2 – 58.3
	Women	66.9	62.5 – 70.9
<b>RACE/ETHNICITY</b>	Non-Hisp. White	61.4	58.3 – 64.3
	Non-Hisp. Black	56.9	47.9 – 65.5
	Hispanic	55.3	46.8 – 63.6
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	54.8	50.7 – 58.8
	Non-Hisp. White Women	72.2	67.5 – 76.5
	Non-Hisp. Black Men	55.3	41.8 – 68.0
	Non-Hisp. Black Women	58.8	47.2 – 69.5
	Hispanic Men	50.0	38.6 – 61.3
	Hispanic Women	63.7	51.5 – 74.3
<b>AGE GROUP</b>	18-44	62.9	59.3 – 66.5
	45-64	47.8	43.1 – 52.7
	65 & Older	^	
<b>EDUCATION LEVEL</b>	<High School	54.3	42.9 – 65.3
	H.S./GED	55.0	48.9 – 61.0
	>High School	61.8	58.3 – 65.2
<b>ANNUAL INCOME</b>	<\$25,000	53.3	46.8 – 59.7
	\$25,000-\$49,999	60.0	53.9 – 65.9
	\$50,000 or More	66.1	61.8 – 70.1
<b>MARITAL STATUS</b>	Married/Couple	65.1	61.5 – 68.5
	Not Married/Couple	48.7	43.6 – 54.0

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Health Status & Quality of Life

Percentage of adults with good to excellent overall health

		Measure	95% CI
	<b>ALL</b> Overall	83.5	82.2 – 84.7
	<b>SEX</b> Men	84.0	81.8 – 86.0
	Women	82.9	81.4 – 84.4
	<b>RACE/ETHNICITY</b> Non-Hisp. White	85.0	83.9 – 86.1
	Non-Hisp. Black	82.5	78.9 – 85.7
	Hispanic	79.8	74.5 – 84.2
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	85.9	84.1 – 87.5
	Non-Hisp. White Women	84.2	82.8 – 85.6
	Non-Hisp. Black Men	84.5	78.6 – 89.0
	Non-Hisp. Black Women	81.1	76.2 – 85.1
	Hispanic Men	77.2	68.3 – 84.2
	Hispanic Women	82.8	77.5 – 87.0
	<b>AGE GROUP</b> 18-44	89.1	86.6 – 91.2
	45-64	81.5	79.6 – 83.2
	65 & Older	75.2	73.1 – 77.3
	<b>EDUCATION LEVEL</b> <High School	63.6	57.5 – 69.3
	H.S./GED	78.9	75.8 – 81.6
	>High School	88.4	87.1 – 89.6
	<b>ANNUAL INCOME</b> <\$25,000	66.9	63.6 – 70.1
	\$25,000-\$49,999	83.6	80.9 – 85.9
	\$50,000 or More	95.0	93.9 – 95.8
	<b>MARITAL STATUS</b> Married/Couple	86.7	85.3 – 87.9
	Not Married/Couple	77.9	75.2 – 80.3

Percentage of adults who are "very satisfied" or "satisfied" with their lives

		Measure	95% CI
	<b>ALL</b> Overall	93.3	92.4 – 94.2
	<b>SEX</b> Men	93.3	91.8 – 94.6
	Women	93.4	92.1 – 94.5
	<b>RACE/ETHNICITY</b> Non-Hisp. White	94.4	93.4 – 95.2
	Non-Hisp. Black	91.6	88.4 – 94.0
	Hispanic	92.6	89.1 – 95.1
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	94.4	92.9 – 95.6
	Non-Hisp. White Women	94.4	93.1 – 95.4
	Non-Hisp. Black Men	90.6	84.2 – 94.6
	Non-Hisp. Black Women	92.4	88.7 – 94.9
	Hispanic Men	92.4	86.4 – 95.8
	Hispanic Women	92.9	88.2 – 95.8
	<b>AGE GROUP</b> 18-44	93.7	91.8 – 95.2
	45-64	91.2	89.7 – 92.5
	65 & Older	95.8	94.6 – 96.7
	<b>EDUCATION LEVEL</b> <High School	88.2	83.5 – 91.7
	H.S./GED	91.8	89.6 – 93.6
	>High School	94.7	93.7 – 95.6
	<b>ANNUAL INCOME</b> <\$25,000	85.0	82.1 – 87.4
	\$25,000-\$49,999	94.5	92.3 – 96.2
	\$50,000 or More	98.4	97.7 – 98.8
	<b>MARITAL STATUS</b> Married/Couple	95.4	94.3 – 96.3
	Not Married/Couple	89.7	87.7 – 91.3

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2009 Florida BRFSS Data Report

Health Status & Quality of Life

Percentage of adults who always or usually receive the social and emotional support they need

		Measure	95% CI
	<b>ALL</b> Overall	77.2	75.6 – 78.8
	<b>SEX</b> Men	75.2	72.5 – 77.8
	Women	79.0	77.2 – 80.8
	<b>RACE/ETHNICITY</b> Non-Hisp. White	82.1	80.7 – 83.4
	Non-Hisp. Black	66.7	60.4 – 72.4
	Hispanic	68.7	62.7 – 74.0
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	79.7	77.3 – 81.9
	Non-Hisp. White Women	84.2	82.6 – 85.7
	Non-Hisp. Black Men	60.5	49.0 – 71.0
	Non-Hisp. Black Women	71.4	65.3 – 76.8
	Hispanic Men	68.1	58.6 – 76.3
	Hispanic Women	69.2	62.0 – 75.6
	<b>AGE GROUP</b> 18-44	77.9	74.7 – 80.8
	45-64	76.8	74.6 – 78.9
	65 & Older	76.2	73.8 – 78.4
	<b>EDUCATION LEVEL</b> <High School	61.6	55.0 – 67.9
	H.S./GED	72.2	68.8 – 75.3
	>High School	81.8	79.8 – 83.6
	<b>ANNUAL INCOME</b> <\$25,000	61.4	57.6 – 65.2
	\$25,000-\$49,999	77.5	73.9 – 80.7
	\$50,000 or More	88.1	85.9 – 89.9
	<b>MARITAL STATUS</b> Married/Couple	82.7	80.8 – 84.4
	Not Married/Couple	67.3	64.2 – 70.3

Percentage of adults with good physical health

		Measure	95% CI
	<b>ALL</b> Overall	87.7	86.5 – 88.8
	<b>SEX</b> Men	88.5	86.5 – 90.2
	Women	86.9	85.5 – 88.2
	<b>RACE/ETHNICITY</b> Non-Hisp. White	87.8	86.7 – 88.8
	Non-Hisp. Black	86.4	81.8 – 90.0
	Hispanic	89.2	85.3 – 92.2
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	89.1	87.4 – 90.6
	Non-Hisp. White Women	86.6	85.2 – 88.0
	Non-Hisp. Black Men	85.2	75.4 – 91.5
	Non-Hisp. Black Women	87.3	82.9 – 90.7
	Hispanic Men	88.3	81.4 – 92.9
	Hispanic Women	90.3	86.1 – 93.2
	<b>AGE GROUP</b> 18-44	90.6	88.4 – 92.5
	45-64	85.9	84.3 – 87.4
	65 & Older	84.1	82.2 – 85.8
	<b>EDUCATION LEVEL</b> <High School	77.4	71.7 – 82.2
	H.S./GED	86.4	84.3 – 88.3
	>High School	89.7	88.2 – 91.0
	<b>ANNUAL INCOME</b> <\$25,000	79.3	76.4 – 81.8
	\$25,000-\$49,999	88.0	85.4 – 90.2
	\$50,000 or More	93.1	91.4 – 94.6
	<b>MARITAL STATUS</b> Married/Couple	89.3	87.9 – 90.6
	Not Married/Couple	84.8	82.6 – 86.7

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Health Status & Quality of Life

Percentage of adults with good mental health

		Measure	95% CI
	<b>ALL</b> Overall	89.1	88.0 – 90.1
	<b>SEX</b> Men	90.4	88.7 – 91.9
	Women	87.8	86.4 – 89.1
	<b>RACE/ETHNICITY</b> Non-Hisp. White	89.4	88.3 – 90.4
	Non-Hisp. Black	89.8	86.8 – 92.2
	Hispanic	89.9	86.3 – 92.6
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	90.1	88.2 – 91.7
	Non-Hisp. White Women	88.7	87.4 – 90.0
	Non-Hisp. Black Men	92.4	88.2 – 95.2
	Non-Hisp. Black Women	87.8	83.4 – 91.1
	Hispanic Men	92.2	87.1 – 95.4
	Hispanic Women	87.3	81.7 – 91.3
	<b>AGE GROUP</b> 18-44	88.8	86.7 – 90.6
	45-64	86.1	84.3 – 87.7
	65 & Older	94.1	93.0 – 95.0
	<b>EDUCATION LEVEL</b> <High School	83.8	79.2 – 87.6
	H.S./GED	88.0	85.9 – 89.8
	>High School	90.2	88.9 – 91.5
	<b>ANNUAL INCOME</b> <\$25,000	80.9	78.1 – 83.3
	\$25,000-\$49,999	90.7	88.4 – 92.6
	\$50,000 or More	93.0	91.3 – 94.3
	<b>MARITAL STATUS</b> Married/Couple	90.6	89.2 – 91.7
	Not Married/Couple	86.3	84.3 – 88.1

Average number of days where poor mental or physical health interfered with activities of daily living in the past 30 days

		Measure	95% CI
	<b>ALL</b> Overall	5.0	4.6 – 5.5
	<b>SEX</b> Men	5.1	4.4 – 5.9
	Women	4.9	4.4 – 5.5
	<b>RACE/ETHNICITY</b> Non-Hisp. White	4.6	4.3 – 5.0
	Non-Hisp. Black	4.7	3.4 – 5.9
	Hispanic	6.1	4.4 – 7.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	4.5	3.9 – 5.2
	Non-Hisp. White Women	4.7	4.3 – 5.2
	Non-Hisp. Black Men	5.7	3.1 – 8.3
	Non-Hisp. Black Women	4.0	2.8 – 5.2
	Hispanic Men	6.3	3.5 – 9.0
	Hispanic Women	6.0	3.9 – 8.2
	<b>AGE GROUP</b> 18-44	4.2	3.4 – 5.0
	45-64	5.9	5.3 – 6.6
	65 & Older	5.6	4.9 – 6.4
	<b>EDUCATION LEVEL</b> <High School	7.3	5.2 – 9.5
	H.S./GED	5.0	4.2 – 5.8
	>High School	4.6	4.1 – 5.2
	<b>ANNUAL INCOME</b> <\$25,000	7.7	6.6 – 8.7
	\$25,000-\$49,999	4.4	3.6 – 5.3
	\$50,000 or More	3.0	2.4 – 3.6
	<b>MARITAL STATUS</b> Married/Couple	4.5	3.9 – 5.0
	Not Married/Couple	5.8	5.0 – 6.7

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2009 Florida BRFSS Data Report

Health Status & Quality of Life

Average number of physically unhealthy days in the past 30 days

		Measure	95% CI
<b>ALL</b>	Overall	3.9	3.6 – 4.2
<b>SEX</b>	Men	3.6	3.2 – 4.1
	Women	4.1	3.8 – 4.5
<b>RACE/ETHNICITY</b>	Non-Hisp. White	3.9	3.6 – 4.1
	Non-Hisp. Black	3.9	2.9 – 4.9
	Hispanic	3.6	2.7 – 4.4
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	3.5	3.1 – 3.9
	Non-Hisp. White Women	4.2	3.8 – 4.5
	Non-Hisp. Black Men	4.0	2.2 – 5.9
	Non-Hisp. Black Women	3.8	2.8 – 4.9
	Hispanic Men	3.6	2.2 – 5.0
	Hispanic Women	3.5	2.6 – 4.4
<b>AGE GROUP</b>	18-44	3.0	2.5 – 3.5
	45-64	4.4	4.0 – 4.9
	65 & Older	4.9	4.4 – 5.4
<b>EDUCATION LEVEL</b>	<High School	6.6	5.3 – 7.9
	H.S./GED	4.3	3.8 – 4.8
	>High School	3.3	3.0 – 3.7
<b>ANNUAL INCOME</b>	<\$25,000	6.1	5.4 – 6.8
	\$25,000-\$49,999	3.8	3.2 – 4.4
	\$50,000 or More	2.4	2.0 – 2.8
<b>MARITAL STATUS</b>	Married/Couple	3.4	3.1 – 3.7
	Not Married/Couple	4.7	4.2 – 5.3

Average number of mentally unhealthy days in the past 30 days

		Measure	95% CI
<b>ALL</b>	Overall	3.5	3.2 – 3.7
<b>SEX</b>	Men	3.0	2.6 – 3.5
	Women	3.9	3.5 – 4.2
<b>RACE/ETHNICITY</b>	Non-Hisp. White	3.5	3.2 – 3.7
	Non-Hisp. Black	3.3	2.7 – 4.0
	Hispanic	3.0	2.3 – 3.7
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	3.2	2.7 – 3.6
	Non-Hisp. White Women	3.7	3.4 – 4.1
	Non-Hisp. Black Men	2.6	1.6 – 3.6
	Non-Hisp. Black Women	3.9	3.0 – 4.8
	Hispanic Men	2.4	1.5 – 3.4
	Hispanic Women	3.7	2.7 – 4.7
<b>AGE GROUP</b>	18-44	3.7	3.2 – 4.2
	45-64	4.2	3.8 – 4.6
	65 & Older	1.9	1.6 – 2.2
<b>EDUCATION LEVEL</b>	<High School	4.9	3.7 – 6.0
	H.S./GED	3.7	3.2 – 4.2
	>High School	3.2	2.9 – 3.5
<b>ANNUAL INCOME</b>	<\$25,000	5.6	5.0 – 6.3
	\$25,000-\$49,999	3.2	2.7 – 3.6
	\$50,000 or More	2.4	2.1 – 2.8
<b>MARITAL STATUS</b>	Married/Couple	3.0	2.7 – 3.4
	Not Married/Couple	4.3	3.8 – 4.7

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2009 Florida BRFSS Data Report

Healthcare Access & Coverage

Percentage of adults with any type of healthcare insurance coverage

		Measure	95% CI
	<b>ALL</b> Overall	81.3	79.7 – 82.9
	<b>SEX</b> Men	79.1	76.2 – 81.6
	Women	83.5	81.6 – 85.3
	<b>RACE/ETHNICITY</b> Non-Hisp. White	86.5	85.0 – 87.8
	Non-Hisp. Black	76.8	71.3 – 81.5
	Hispanic	67.8	61.9 – 73.3
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	84.8	82.3 – 86.9
	Non-Hisp. White Women	88.0	86.2 – 89.6
	Non-Hisp. Black Men	70.7	60.7 – 79.0
	Non-Hisp. Black Women	81.4	75.2 – 86.3
	Hispanic Men	67.2	57.6 – 75.5
	Hispanic Women	68.6	61.6 – 74.8
	<b>AGE GROUP</b> 18-44	72.8	69.5 – 75.9
	45-64	81.5	79.4 – 83.3
	65 & Older	97.8	96.9 – 98.4
	<b>EDUCATION LEVEL</b> <High School	62.6	56.0 – 68.9
	H.S./GED	72.3	68.4 – 75.9
	>High School	88.2	86.6 – 89.7
	<b>ANNUAL INCOME</b> <\$25,000	63.9	60.2 – 67.5
	\$25,000-\$49,999	78.2	74.2 – 81.7
	\$50,000 or More	96.3	95.2 – 97.1
	<b>MARITAL STATUS</b> Married/Couple	86.4	84.6 – 87.9
	Not Married/Couple	72.8	69.5 – 75.9

Percentage of adults who have a personal doctor

		Measure	95% CI
	<b>ALL</b> Overall	79.0	77.2 – 80.6
	<b>SEX</b> Men	75.0	72.0 – 77.8
	Women	82.7	80.8 – 84.4
	<b>RACE/ETHNICITY</b> Non-Hisp. White	82.0	80.4 – 83.6
	Non-Hisp. Black	79.8	74.3 – 84.4
	Hispanic	70.9	64.7 – 76.4
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	78.2	75.5 – 80.7
	Non-Hisp. White Women	85.5	83.6 – 87.2
	Non-Hisp. Black Men	71.4	60.9 – 79.9
	Non-Hisp. Black Women	86.2	80.8 – 90.3
	Hispanic Men	71.5	61.1 – 80.1
	Hispanic Women	70.1	63.3 – 76.1
	<b>AGE GROUP</b> 18-44	67.0	63.6 – 70.3
	45-64	84.8	82.9 – 86.4
	65 & Older	94.0	92.6 – 95.2
	<b>EDUCATION LEVEL</b> <High School	63.0	56.3 – 69.2
	H.S./GED	73.5	69.3 – 77.3
	>High School	83.9	82.1 – 85.6
	<b>ANNUAL INCOME</b> <\$25,000	66.2	62.4 – 69.8
	\$25,000-\$49,999	80.8	76.7 – 84.4
	\$50,000 or More	87.9	85.8 – 89.7
	<b>MARITAL STATUS</b> Married/Couple	82.8	80.9 – 84.5
	Not Married/Couple	72.6	69.2 – 75.9

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2009 Florida BRFSS Data Report

Healthcare Access & Coverage

Percentage of adults who could not see a doctor at least once in the past year due to cost

		Measure	95% CI
	<b>ALL</b> Overall	18.1	16.6 – 19.7
	<b>SEX</b> Men	15.5	13.2 – 18.2
	Women	20.5	18.6 – 22.5
	<b>RACE/ETHNICITY</b> Non-Hisp. White	14.2	12.8 – 15.6
	Non-Hisp. Black	23.1	18.3 – 28.6
	Hispanic	26.0	21.0 – 31.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	11.9	9.8 – 14.2
	Non-Hisp. White Women	16.3	14.5 – 18.2
	Non-Hisp. Black Men	21.7	14.2 – 31.7
	Non-Hisp. Black Women	24.1	18.5 – 30.6
	Hispanic Men	22.5	15.3 – 31.9
	Hispanic Women	30.1	23.9 – 37.0
	<b>AGE GROUP</b> 18-44	24.3	21.4 – 27.6
	45-64	19.4	17.5 – 21.4
	65 & Older	4.0	3.2 – 5.0
	<b>EDUCATION LEVEL</b> <High School	34.0	27.5 – 41.1
	H.S./GED	22.8	19.6 – 26.5
	>High School	13.8	12.2 – 15.4
	<b>ANNUAL INCOME</b> <\$25,000	34.7	31.1 – 38.4
	\$25,000-\$49,999	18.3	15.5 – 21.5
	\$50,000 or More	6.7	5.2 – 8.6
	<b>MARITAL STATUS</b> Married/Couple	14.5	12.8 – 16.4
	Not Married/Couple	24.0	21.3 – 27.0

Percentage of adults who had a medical checkup in the past year

		Measure	95% CI
	<b>ALL</b> Overall	74.9	73.2 – 76.6
	<b>SEX</b> Men	72.6	69.8 – 75.3
	Women	77.1	75.1 – 79.0
	<b>RACE/ETHNICITY</b> Non-Hisp. White	74.3	72.6 – 75.9
	Non-Hisp. Black	83.8	78.5 – 88.0
	Hispanic	74.6	68.8 – 79.7
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	71.2	68.4 – 73.9
	Non-Hisp. White Women	77.1	75.1 – 79.1
	Non-Hisp. Black Men	79.5	69.6 – 86.9
	Non-Hisp. Black Women	87.0	81.1 – 91.2
	Hispanic Men	77.5	68.3 – 84.7
	Hispanic Women	71.3	64.0 – 77.6
	<b>AGE GROUP</b> 18-44	63.9	60.5 – 67.1
	45-64	77.7	75.7 – 79.6
	65 & Older	92.5	91.3 – 93.5
	<b>EDUCATION LEVEL</b> <High School	71.0	64.1 – 77.0
	H.S./GED	71.3	67.6 – 74.8
	>High School	76.9	75.0 – 78.7
	<b>ANNUAL INCOME</b> <\$25,000	68.9	65.3 – 72.3
	\$25,000-\$49,999	73.3	69.5 – 76.8
	\$50,000 or More	79.6	77.1 – 81.9
	<b>MARITAL STATUS</b> Married/Couple	76.2	74.2 – 78.1
	Not Married/Couple	72.5	69.3 – 75.5

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2009 Florida BRFSS Data Report

**HIV/AIDS**

**Percentage of adults less than 65 years of age who have ever been tested for HIV**

		Measure	95% CI
<b>ALL</b>	Overall	53.4	51.2 – 55.7
<b>SEX</b>	Men	51.8	48.1 – 55.4
	Women	55.0	52.3 – 57.7
<b>RACE/ETHNICITY</b>	Non-Hisp. White	45.9	43.5 – 48.2
	Non-Hisp. Black	73.5	67.2 – 79.0
	Hispanic	61.9	55.2 – 68.3
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	45.7	42.0 – 49.4
	Non-Hisp. White Women	46.1	43.2 – 49.0
	Non-Hisp. Black Men	68.1	56.0 – 78.1
	Non-Hisp. Black Women	77.8	71.7 – 83.0
	Hispanic Men	59.0	48.3 – 68.8
	Hispanic Women	65.2	57.2 – 72.5
<b>AGE GROUP</b>	18-44	62.3	58.9 – 65.6
	45-64	41.5	39.0 – 44.1
	65 & Older	^	
<b>EDUCATION LEVEL</b>	<High School	55.3	46.4 – 63.9
	H.S./GED	49.3	44.7 – 53.9
	>High School	54.7	52.1 – 57.4
<b>ANNUAL INCOME</b>	<\$25,000	63.6	59.0 – 68.0
	\$25,000-\$49,999	52.0	47.4 – 56.7
	\$50,000 or More	51.4	48.1 – 54.8
<b>MARITAL STATUS</b>	Married/Couple	50.8	48.1 – 53.6
	Not Married/Couple	58.2	54.2 – 62.2

**Hypertension Awareness**

**Percentage of adults with diagnosed hypertension**

		Measure	95% CI
<b>ALL</b>	Overall	32.1	30.6 – 33.7
<b>SEX</b>	Men	33.8	31.2 – 36.6
	Women	30.5	28.8 – 32.3
<b>RACE/ETHNICITY</b>	Non-Hisp. White	33.6	32.1 – 35.1
	Non-Hisp. Black	38.2	33.1 – 43.6
	Hispanic	25.2	20.1 – 31.1
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	36.1	33.6 – 38.6
	Non-Hisp. White Women	31.4	29.7 – 33.2
	Non-Hisp. Black Men	37.4	28.8 – 46.8
	Non-Hisp. Black Women	38.8	33.0 – 45.0
	Hispanic Men	27.2	19.0 – 37.2
	Hispanic Women	23.0	18.4 – 28.3
<b>AGE GROUP</b>	18-44	14.6	12.1 – 17.4
	45-64	39.0	36.7 – 41.4
	65 & Older	57.1	54.8 – 59.3
<b>EDUCATION LEVEL</b>	<High School	39.3	33.5 – 45.4
	H.S./GED	35.4	32.1 – 38.9
	>High School	29.6	27.8 – 31.5
<b>ANNUAL INCOME</b>	<\$25,000	37.4	34.2 – 40.7
	\$25,000-\$49,999	34.3	30.6 – 38.2
	\$50,000 or More	26.2	24.0 – 28.6
<b>MARITAL STATUS</b>	Married/Couple	29.7	28.0 – 31.6
	Not Married/Couple	36.4	33.5 – 39.4

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Immunization

Percentage of adults who received a flu shot in the past year

		Measure	95% CI
	<b>ALL</b> Overall	33.7	32.1 – 35.3
	<b>SEX</b> Men	33.6	31.0 – 36.3
	Women	33.7	31.9 – 35.6
	<b>RACE/ETHNICITY</b> Non-Hisp. White	38.7	37.1 – 40.3
	Non-Hisp. Black	24.8	20.3 – 29.8
	Hispanic	24.6	20.1 – 29.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	37.3	34.8 – 39.9
	Non-Hisp. White Women	39.9	37.9 – 41.9
	Non-Hisp. Black Men	27.8	19.9 – 37.5
	Non-Hisp. Black Women	22.4	17.9 – 27.7
	Hispanic Men	27.3	20.2 – 35.8
	Hispanic Women	21.6	16.7 – 27.5
	<b>AGE GROUP</b> 18-44	18.7	16.3 – 21.4
	45-64	33.0	30.7 – 35.4
	65 & Older	64.6	62.3 – 66.8
	<b>EDUCATION LEVEL</b> <High School	28.4	23.5 – 33.8
	H.S./GED	31.2	28.3 – 34.4
	>High School	35.5	33.5 – 37.5
	<b>ANNUAL INCOME</b> <\$25,000	31.9	28.7 – 35.4
	\$25,000-\$49,999	31.9	28.9 – 35.1
	\$50,000 or More	34.4	31.8 – 37.0
	<b>MARITAL STATUS</b> Married/Couple	34.7	32.8 – 36.7
	Not Married/Couple	32.0	29.4 – 34.7

Percentage of adults age 65 and older who received a flu shot in the past year

		Measure	95% CI
	<b>ALL</b> Overall	64.6	62.3 – 66.8
	<b>SEX</b> Men	64.7	60.9 – 68.2
	Women	64.5	61.8 – 67.2
	<b>RACE/ETHNICITY</b> Non-Hisp. White	67.8	65.8 – 69.8
	Non-Hisp. Black	50.1	39.7 – 60.5
	Hispanic	51.3	39.3 – 63.1
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	66.5	63.2 – 69.6
	Non-Hisp. White Women	68.9	66.3 – 71.4
	Non-Hisp. Black Men	50.5	33.1 – 67.7
	Non-Hisp. Black Women	49.8	37.4 – 62.3
	Hispanic Men	62.9	41.8 – 80.0
	Hispanic Women	40.7	28.2 – 54.4
	<b>AGE GROUP</b> 18-44	^	
	45-64	^	
	65 & Older	64.6	62.3 – 66.8
	<b>EDUCATION LEVEL</b> <High School	56.9	49.7 – 63.8
	H.S./GED	63.5	59.9 – 66.9
	>High School	66.6	63.5 – 69.5
	<b>ANNUAL INCOME</b> <\$25,000	59.9	55.6 – 64.0
	\$25,000-\$49,999	65.6	61.4 – 69.6
	\$50,000 or More	71.7	67.4 – 75.6
	<b>MARITAL STATUS</b> Married/Couple	68.0	64.9 – 71.0
	Not Married/Couple	60.0	56.7 – 63.2

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Immunization

Percentage of adults who have ever received a pneumonia vaccination

		Measure	95% CI
	<b>ALL</b> Overall	27.0	25.5 – 28.5
	<b>SEX</b> Men	26.7	24.3 – 29.2
	Women	27.2	25.6 – 28.9
	<b>RACE/ETHNICITY</b> Non-Hisp. White	31.4	30.0 – 32.9
	Non-Hisp. Black	17.2	13.6 – 21.5
	Hispanic	19.2	14.9 – 24.4
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	30.2	27.8 – 32.6
	Non-Hisp. White Women	32.5	30.7 – 34.4
	Non-Hisp. Black Men	15.5	10.0 – 23.3
	Non-Hisp. Black Women	18.4	14.1 – 23.7
	Hispanic Men	21.7	14.9 – 30.6
	Hispanic Women	16.3	12.1 – 21.7
	<b>AGE GROUP</b> 18-44	12.1	9.9 – 14.8
	45-64	21.0	19.0 – 23.2
	65 & Older	63.3	60.8 – 65.6
	<b>EDUCATION LEVEL</b> <High School	23.0	18.9 – 27.6
	H.S./GED	30.2	27.2 – 33.4
	>High School	26.2	24.4 – 28.0
	<b>ANNUAL INCOME</b> <\$25,000	31.8	28.6 – 35.1
	\$25,000-\$49,999	27.5	24.6 – 30.6
	\$50,000 or More	21.2	19.0 – 23.5
	<b>MARITAL STATUS</b> Married/Couple	25.6	23.9 – 27.4
	Not Married/Couple	29.5	26.9 – 32.2

Percentage of adults age 65 and older who have ever received a pneumonia vaccination

		Measure	95% CI
	<b>ALL</b> Overall	63.3	60.8 – 65.6
	<b>SEX</b> Men	59.3	55.1 – 63.3
	Women	66.4	63.6 – 69.1
	<b>RACE/ETHNICITY</b> Non-Hisp. White	68.2	66.0 – 70.2
	Non-Hisp. Black	44.7	34.4 – 55.5
	Hispanic	40.8	29.9 – 52.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	65.5	62.0 – 68.8
	Non-Hisp. White Women	70.3	67.6 – 72.8
	Non-Hisp. Black Men	37.8	21.7 – 57.2
	Non-Hisp. Black Women	49.4	36.9 – 62.0
	Hispanic Men	32.3	17.8 – 51.2
	Hispanic Women	48.8	35.5 – 62.3
	<b>AGE GROUP</b> 18-44	^	
	45-64	^	
	65 & Older	63.3	60.8 – 65.6
	<b>EDUCATION LEVEL</b> <High School	49.8	42.4 – 57.1
	H.S./GED	66.1	62.5 – 69.5
	>High School	64.5	61.0 – 67.8
	<b>ANNUAL INCOME</b> <\$25,000	58.4	53.7 – 62.9
	\$25,000-\$49,999	65.3	60.7 – 69.7
	\$50,000 or More	66.1	61.5 – 70.4
	<b>MARITAL STATUS</b> Married/Couple	64.7	61.4 – 67.8
	Not Married/Couple	61.5	57.8 – 65.0

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2009 Florida BRFSS Data Report

Overweight & Obesity

Percentage of adults who are overweight

		Measure	95% CI
	<b>ALL</b> Overall	36.9	35.2 – 38.7
	<b>SEX</b> Men	43.4	40.5 – 46.3
	Women	30.5	28.5 – 32.5
	<b>RACE/ETHNICITY</b> Non-Hisp. White	37.2	35.5 – 38.9
	Non-Hisp. Black	33.9	28.6 – 39.6
	Hispanic	36.8	31.1 – 42.9
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	44.7	42.0 – 47.4
	Non-Hisp. White Women	30.0	28.1 – 32.1
	Non-Hisp. Black Men	41.3	31.7 – 51.5
	Non-Hisp. Black Women	28.2	22.5 – 34.7
	Hispanic Men	41.1	32.1 – 50.7
	Hispanic Women	31.5	25.2 – 38.6
	<b>AGE GROUP</b> 18-44	35.4	32.1 – 38.8
	45-64	36.8	34.5 – 39.3
	65 & Older	40.3	38.0 – 42.6
	<b>EDUCATION LEVEL</b> <High School	32.5	27.1 – 38.5
	H.S./GED	36.6	33.2 – 40.1
	>High School	37.7	35.5 – 39.8
	<b>ANNUAL INCOME</b> <\$25,000	33.3	30.0 – 36.7
	\$25,000-\$49,999	40.1	36.2 – 44.0
	\$50,000 or More	37.7	35.0 – 40.6
	<b>MARITAL STATUS</b> Married/Couple	37.8	35.7 – 40.0
	Not Married/Couple	35.3	32.4 – 38.4

Percentage of adults who are obese

		Measure	95% CI
	<b>ALL</b> Overall	26.5	24.9 – 28.2
	<b>SEX</b> Men	29.2	26.5 – 32.0
	Women	23.8	22.1 – 25.7
	<b>RACE/ETHNICITY</b> Non-Hisp. White	24.1	22.6 – 25.6
	Non-Hisp. Black	36.4	31.0 – 42.2
	Hispanic	28.9	23.7 – 34.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	27.7	25.4 – 30.3
	Non-Hisp. White Women	20.6	19.0 – 22.4
	Non-Hisp. Black Men	32.9	23.8 – 43.6
	Non-Hisp. Black Women	39.1	32.9 – 45.7
	Hispanic Men	32.2	24.0 – 41.8
	Hispanic Women	24.9	19.7 – 31.0
	<b>AGE GROUP</b> 18-44	25.9	23.0 – 29.1
	45-64	30.4	28.1 – 32.8
	65 & Older	22.6	20.5 – 24.8
	<b>EDUCATION LEVEL</b> <High School	31.2	25.3 – 37.9
	H.S./GED	29.0	25.9 – 32.4
	>High School	24.9	23.0 – 26.9
	<b>ANNUAL INCOME</b> <\$25,000	33.1	29.6 – 36.9
	\$25,000-\$49,999	25.9	22.9 – 29.0
	\$50,000 or More	24.7	22.1 – 27.5
	<b>MARITAL STATUS</b> Married/Couple	26.3	24.3 – 28.4
	Not Married/Couple	27.1	24.5 – 29.9

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2009 Florida BRFSS Data Report

Overweight & Obesity

Percentage of adults who are overweight or obese

		Measure	95% CI
<b>ALL</b>	Overall	63.4	61.6 – 65.2
<b>SEX</b>	Men	72.6	69.6 – 75.4
	Women	54.3	52.2 – 56.4
<b>RACE/ETHNICITY</b>	Non-Hisp. White	61.3	59.6 – 63.0
	Non-Hisp. Black	70.3	64.5 – 75.5
	Hispanic	65.7	59.2 – 71.8
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	72.4	69.7 – 75.0
	Non-Hisp. White Women	50.7	48.5 – 52.8
	Non-Hisp. Black Men	74.2	63.9 – 82.4
	Non-Hisp. Black Women	67.3	60.3 – 73.6
	Hispanic Men	73.3	62.2 – 82.2
	Hispanic Women	56.5	49.2 – 63.5
<b>AGE GROUP</b>	18-44	61.3	57.8 – 64.7
	45-64	67.2	64.9 – 69.5
	65 & Older	62.8	60.6 – 65.0
<b>EDUCATION LEVEL</b>	<High School	63.8	56.8 – 70.2
	H.S./GED	65.6	61.7 – 69.3
	>High School	62.5	60.4 – 64.6
<b>ANNUAL INCOME</b>	<\$25,000	66.4	62.8 – 69.7
	\$25,000-\$49,999	65.9	61.9 – 69.7
	\$50,000 or More	62.4	59.6 – 65.2
<b>MARITAL STATUS</b>	Married/Couple	64.1	62.0 – 66.2
	Not Married/Couple	62.4	59.1 – 65.6

Percentage of adults whose body weight increased by five pounds or more in the past year

		Measure	95% CI
<b>ALL</b>	Overall	22.1	20.5 – 23.9
<b>SEX</b>	Men	21.6	18.9 – 24.5
	Women	22.6	20.8 – 24.6
<b>RACE/ETHNICITY</b>	Non-Hisp. White	19.2	17.7 – 20.7
	Non-Hisp. Black	32.9	27.1 – 39.2
	Hispanic	23.8	18.6 – 29.9
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	19.0	16.8 – 21.5
	Non-Hisp. White Women	19.3	17.6 – 21.1
	Non-Hisp. Black Men	35.5	25.5 – 46.9
	Non-Hisp. Black Women	30.8	24.7 – 37.7
	Hispanic Men	20.5	12.8 – 31.1
	Hispanic Women	27.7	21.9 – 34.3
<b>AGE GROUP</b>	18-44	29.0	25.8 – 32.5
	45-64	20.0	18.0 – 22.1
	65 & Older	11.4	10.2 – 12.7
<b>EDUCATION LEVEL</b>	<High School	30.7	24.8 – 37.4
	H.S./GED	26.1	22.4 – 30.2
	>High School	19.3	17.5 – 21.2
<b>ANNUAL INCOME</b>	<\$25,000	27.7	24.4 – 31.2
	\$25,000-\$49,999	23.7	19.9 – 28.0
	\$50,000 or More	19.4	17.0 – 22.0
<b>MARITAL STATUS</b>	Married/Couple	20.0	18.2 – 22.0
	Not Married/Couple	25.5	22.4 – 28.8

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2009 Florida BRFSS Data Report

Overweight & Obesity

Percentage of adults whose body weight decreased by five pounds or more in the past year

		Measure	95% CI
<b>ALL</b>	Overall	23.7	22.2 – 25.3
<b>SEX</b>	Men	24.4	21.9 – 27.0
	Women	23.1	21.3 – 25.0
<b>RACE/ETHNICITY</b>	Non-Hisp. White	23.3	21.8 – 24.8
	Non-Hisp. Black	24.3	19.7 – 29.7
	Hispanic	25.8	20.7 – 31.7
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	22.9	20.7 – 25.2
	Non-Hisp. White Women	23.7	21.8 – 25.7
	Non-Hisp. Black Men	26.0	18.1 – 35.7
	Non-Hisp. Black Women	23.0	17.9 – 29.1
	Hispanic Men	29.6	21.6 – 39.1
	Hispanic Women	21.5	16.1 – 28.1
<b>AGE GROUP</b>	18-44	22.4	19.5 – 25.5
	45-64	24.5	22.4 – 26.8
	65 & Older	25.8	23.7 – 27.9
<b>EDUCATION LEVEL</b>	<High School	25.1	20.4 – 30.5
	H.S./GED	22.1	19.3 – 25.2
	>High School	24.3	22.4 – 26.4
<b>ANNUAL INCOME</b>	<\$25,000	26.0	23.0 – 29.3
	\$25,000-\$49,999	25.5	22.2 – 29.2
	\$50,000 or More	22.4	20.0 – 25.0
<b>MARITAL STATUS</b>	Married/Couple	23.6	21.7 – 25.6
	Not Married/Couple	24.2	21.6 – 27.0

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2009 Florida BRFSS Data Report

Physical Activity & Nutrition

Percentage of adults who are sedentary

		Measure	95% CI
	<b>ALL</b> Overall	24.7	23.2 – 26.2
	<b>SEX</b> Men	21.6	19.4 – 24.1
	Women	27.5	25.7 – 29.4
	<b>RACE/ETHNICITY</b> Non-Hisp. White	21.8	20.5 – 23.2
	Non-Hisp. Black	28.4	23.9 – 33.4
	Hispanic	31.7	26.6 – 37.4
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	18.7	16.8 – 20.7
	Non-Hisp. White Women	24.6	22.9 – 26.4
	Non-Hisp. Black Men	22.3	15.8 – 30.4
	Non-Hisp. Black Women	33.1	27.3 – 39.3
	Hispanic Men	29.2	21.6 – 38.2
	Hispanic Women	34.6	28.5 – 41.3
	<b>AGE GROUP</b> 18-44	20.9	18.3 – 23.8
	45-64	24.2	22.2 – 26.3
	65 & Older	33.0	30.7 – 35.2
	<b>EDUCATION LEVEL</b> <High School	40.7	34.6 – 47.1
	H.S./GED	31.2	28.2 – 34.5
	>High School	19.5	17.9 – 21.2
	<b>ANNUAL INCOME</b> <\$25,000	38.6	35.1 – 42.3
	\$25,000-\$49,999	25.5	22.6 – 28.6
	\$50,000 or More	13.6	11.8 – 15.6
	<b>MARITAL STATUS</b> Married/Couple	21.9	20.2 – 23.8
	Not Married/Couple	29.5	26.9 – 32.3

Percentage of adults who are inactive at work

		Measure	95% CI
	<b>ALL</b> Overall	66.4	63.8 – 68.9
	<b>SEX</b> Men	61.1	57.1 – 65.1
	Women	72.2	69.2 – 75.0
	<b>RACE/ETHNICITY</b> Non-Hisp. White	68.2	65.6 – 70.7
	Non-Hisp. Black	63.2	54.4 – 71.2
	Hispanic	62.7	54.7 – 70.0
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	62.5	58.4 – 66.4
	Non-Hisp. White Women	74.4	71.3 – 77.2
	Non-Hisp. Black Men	51.8	37.2 – 66.1
	Non-Hisp. Black Women	72.4	64.1 – 79.3
	Hispanic Men	60.6	49.0 – 71.2
	Hispanic Women	65.2	54.7 – 74.4
	<b>AGE GROUP</b> 18-44	63.4	59.3 – 67.3
	45-64	71.2	68.2 – 74.0
	65 & Older	63.1	54.2 – 71.1
	<b>EDUCATION LEVEL</b> <High School	34.5	24.7 – 45.9
	H.S./GED	56.8	51.2 – 62.2
	>High School	72.4	69.5 – 75.1
	<b>ANNUAL INCOME</b> <\$25,000	54.4	47.0 – 61.6
	\$25,000-\$49,999	59.9	54.6 – 65.1
	\$50,000 or More	74.8	71.6 – 77.8
	<b>MARITAL STATUS</b> Married/Couple	67.3	64.2 – 70.3
	Not Married/Couple	64.2	59.3 – 68.8

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2009 Florida BRFSS Data Report

Physical Activity & Nutrition

Percentage of adults who consume at least five servings of fruits and vegetables a day

		Measure	95% CI
	<b>ALL</b> Overall	24.4	22.9 – 25.9
	<b>SEX</b> Men	20.2	18.0 – 22.6
	Women	28.3	26.4 – 30.2
	<b>RACE/ETHNICITY</b> Non-Hisp. White	25.4	23.9 – 27.0
	Non-Hisp. Black	24.5	19.9 – 29.9
	Hispanic	21.4	17.1 – 26.3
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	22.1	19.8 – 24.7
	Non-Hisp. White Women	28.4	26.6 – 30.4
	Non-Hisp. Black Men	18.9	12.1 – 28.4
	Non-Hisp. Black Women	28.9	23.2 – 35.3
	Hispanic Men	16.6	11.0 – 24.2
	Hispanic Women	26.6	20.9 – 33.3
	<b>AGE GROUP</b> 18-44	23.4	20.6 – 26.3
	45-64	23.2	21.4 – 25.2
	65 & Older	28.0	26.0 – 30.1
	<b>EDUCATION LEVEL</b> <High School	22.3	17.0 – 28.6
	H.S./GED	23.3	20.7 – 26.2
	>High School	25.3	23.5 – 27.1
	<b>ANNUAL INCOME</b> <\$25,000	22.9	20.0 – 26.2
	\$25,000-\$49,999	23.7	20.9 – 26.7
	\$50,000 or More	25.2	22.8 – 27.8
	<b>MARITAL STATUS</b> Married/Couple	24.5	22.7 – 26.5
	Not Married/Couple	24.0	21.6 – 26.6

Percentage of adults who meet moderate physical activity recommendations

		Measure	95% CI
	<b>ALL</b> Overall	34.4	32.7 – 36.1
	<b>SEX</b> Men	34.3	31.6 – 37.1
	Women	34.4	32.4 – 36.4
	<b>RACE/ETHNICITY</b> Non-Hisp. White	39.7	37.9 – 41.5
	Non-Hisp. Black	19.6	15.9 – 24.0
	Hispanic	28.1	23.1 – 33.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	40.6	37.8 – 43.5
	Non-Hisp. White Women	38.9	36.7 – 41.1
	Non-Hisp. Black Men	15.4	10.2 – 22.7
	Non-Hisp. Black Women	22.9	18.1 – 28.4
	Hispanic Men	26.9	19.3 – 36.2
	Hispanic Women	29.4	23.6 – 36.0
	<b>AGE GROUP</b> 18-44	33.0	29.9 – 36.2
	45-64	37.5	35.2 – 39.9
	65 & Older	32.2	30.1 – 34.4
	<b>EDUCATION LEVEL</b> <High School	28.7	23.0 – 35.3
	H.S./GED	34.5	31.3 – 37.9
	>High School	35.2	33.2 – 37.3
	<b>ANNUAL INCOME</b> <\$25,000	31.3	27.9 – 34.8
	\$25,000-\$49,999	33.6	30.3 – 37.1
	\$50,000 or More	36.9	34.1 – 39.7
	<b>MARITAL STATUS</b> Married/Couple	35.3	33.2 – 37.5
	Not Married/Couple	32.7	29.9 – 35.5

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## Physical Activity &amp; Nutrition

## Percentage of adults who meet vigorous physical activity recommendations

		Measure	95% CI
<b>ALL</b>	Overall	25.6	24.0 – 27.3
<b>SEX</b>	Men	29.6	26.9 – 32.5
	Women	21.9	20.1 – 23.8
<b>RACE/ETHNICITY</b>	Non-Hisp. White	26.3	24.6 – 27.9
	Non-Hisp. Black	22.9	17.8 – 29.0
	Hispanic	24.6	19.5 – 30.5
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	29.4	26.8 – 32.2
	Non-Hisp. White Women	23.4	21.4 – 25.4
	Non-Hisp. Black Men	30.5	20.8 – 42.2
	Non-Hisp. Black Women	17.3	12.7 – 23.0
	Hispanic Men	27.6	19.8 – 37.1
	Hispanic Women	21.5	15.6 – 28.8
<b>AGE GROUP</b>	18-44	32.3	29.1 – 35.7
	45-64	24.2	22.1 – 26.4
	65 & Older	14.4	13.0 – 16.0
<b>EDUCATION LEVEL</b>	<High School	13.1	9.3 – 18.1
	H.S./GED	22.6	19.4 – 26.1
	>High School	28.7	26.7 – 30.9
<b>ANNUAL INCOME</b>	<\$25,000	18.9	15.8 – 22.4
	\$25,000-\$49,999	22.5	19.4 – 25.9
	\$50,000 or More	33.4	30.6 – 36.4
<b>MARITAL STATUS</b>	Married/Couple	25.9	24.0 – 28.0
	Not Married/Couple	25.1	22.2 – 28.2

CI=Confidence Interval

^ - The measures are unavailable, not appropriate for the table, or were suppressed due to low respondent counts.

2009 Florida BRFSS Data Report

Tobacco Use & Exposure

Percentage of adults who are current smokers

		Measure	95% CI
	<b>ALL</b> Overall	17.1	15.8 – 18.5
	<b>SEX</b> Men	18.0	16.0 – 20.3
	Women	16.3	14.8 – 17.9
	<b>RACE/ETHNICITY</b> Non-Hisp. White	18.6	17.2 – 20.1
	Non-Hisp. Black	17.3	13.3 – 22.1
	Hispanic	9.7	7.1 – 13.1
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	19.4	17.1 – 21.9
	Non-Hisp. White Women	17.9	16.2 – 19.7
	Non-Hisp. Black Men	23.0	15.5 – 32.7
	Non-Hisp. Black Women	13.0	9.6 – 17.3
	Hispanic Men	7.9	5.0 – 12.1
	Hispanic Women	11.8	7.8 – 17.5
	<b>AGE GROUP</b> 18-44	20.3	17.9 – 23.0
	45-64	19.3	17.6 – 21.2
	65 & Older	7.6	6.6 – 8.9
	<b>EDUCATION LEVEL</b> <High School	33.5	27.6 – 40.1
	H.S./GED	21.1	18.6 – 23.8
	>High School	13.1	11.7 – 14.6
	<b>ANNUAL INCOME</b> <\$25,000	27.0	23.9 – 30.3
	\$25,000-\$49,999	19.1	16.3 – 22.3
	\$50,000 or More	10.4	8.8 – 12.2
	<b>MARITAL STATUS</b> Married/Couple	13.4	12.0 – 15.0
	Not Married/Couple	23.3	20.9 – 25.9

Percentage of adults who are former smokers

		Measure	95% CI
	<b>ALL</b> Overall	27.6	26.1 – 29.1
	<b>SEX</b> Men	31.4	28.8 – 34.1
	Women	24.0	22.4 – 25.6
	<b>RACE/ETHNICITY</b> Non-Hisp. White	32.5	31.0 – 34.0
	Non-Hisp. Black	16.6	13.0 – 21.1
	Hispanic	21.4	16.7 – 27.1
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	35.4	33.0 – 37.9
	Non-Hisp. White Women	29.8	27.9 – 31.6
	Non-Hisp. Black Men	23.1	16.2 – 32.0
	Non-Hisp. Black Women	11.7	8.5 – 15.9
	Hispanic Men	26.5	18.7 – 36.0
	Hispanic Women	15.6	11.4 – 21.0
	<b>AGE GROUP</b> 18-44	16.5	14.1 – 19.4
	45-64	30.5	28.3 – 32.7
	65 & Older	45.6	43.3 – 47.9
	<b>EDUCATION LEVEL</b> <High School	22.7	18.5 – 27.6
	H.S./GED	27.5	24.4 – 30.8
	>High School	28.3	26.5 – 30.2
	<b>ANNUAL INCOME</b> <\$25,000	24.9	22.3 – 27.7
	\$25,000-\$49,999	28.5	25.1 – 32.2
	\$50,000 or More	27.9	25.5 – 30.3
	<b>MARITAL STATUS</b> Married/Couple	29.7	27.9 – 31.6
	Not Married/Couple	24.0	21.5 – 26.8

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Tobacco Use & Exposure

Percentage of adults who have never smoked

		Measure	95% CI
	<b>ALL</b> Overall	55.3	53.5 – 57.0
	<b>SEX</b> Men	50.6	47.6 – 53.5
	Women	59.7	57.7 – 61.7
	<b>RACE/ETHNICITY</b> Non-Hisp. White	48.9	47.2 – 50.7
	Non-Hisp. Black	66.1	60.5 – 71.2
	Hispanic	68.9	63.0 – 74.2
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	45.2	42.4 – 48.0
	Non-Hisp. White Women	52.3	50.2 – 54.5
	Non-Hisp. Black Men	53.9	43.7 – 63.7
	Non-Hisp. Black Women	75.3	69.9 – 80.0
	Hispanic Men	65.7	56.2 – 74.0
	Hispanic Women	72.6	66.0 – 78.3
	<b>AGE GROUP</b> 18-44	63.1	59.8 – 66.4
	45-64	50.2	47.8 – 52.6
	65 & Older	46.8	44.5 – 49.1
	<b>EDUCATION LEVEL</b> <High School	43.7	37.3 – 50.3
	H.S./GED	51.4	47.8 – 55.0
	>High School	58.6	56.5 – 60.7
	<b>ANNUAL INCOME</b> <\$25,000	48.1	44.5 – 51.8
	\$25,000-\$49,999	52.3	48.5 – 56.2
	\$50,000 or More	61.8	59.0 – 64.4
	<b>MARITAL STATUS</b> Married/Couple	56.9	54.8 – 59.0
	Not Married/Couple	52.6	49.5 – 55.7

Percentage of non-smoking adults who were exposed to secondhand smoke in the past seven days

		Measure	95% CI
	<b>ALL</b> Overall	4.7	3.7 – 5.9
	<b>SEX</b> Men	5.2	3.6 – 7.5
	Women	4.3	3.3 – 5.5
	<b>RACE/ETHNICITY</b> Non-Hisp. White	4.8	3.8 – 6.2
	Non-Hisp. Black	3.5	2.0 – 6.1
	Hispanic	5.6	3.1 – 9.8
	<b>SEX BY RACE/ETHNICITY</b> Non-Hisp. White Men	5.1	3.3 – 7.7
	Non-Hisp. White Women	4.7	3.5 – 6.2
	Non-Hisp. Black Men	2.3	0.7 – 7.8
	Non-Hisp. Black Women	4.1	2.2 – 7.7
	Hispanic Men	7.9	3.7 – 16.1
	Hispanic Women	3.3	1.3 – 7.7
	<b>AGE GROUP</b> 18-44	3.4	2.4 – 5.0
	45-64	7.5	5.4 – 10.2
	65 & Older	3.4	1.8 – 6.5
	<b>EDUCATION LEVEL</b> <High School	5.4	2.4 – 11.9
	H.S./GED	5.0	3.5 – 7.2
	>High School	4.5	3.3 – 6.0
	<b>ANNUAL INCOME</b> <\$25,000	6.3	3.9 – 10.0
	\$25,000-\$49,999	5.0	3.5 – 7.3
	\$50,000 or More	4.2	2.8 – 6.2
	<b>MARITAL STATUS</b> Married/Couple	4.4	3.3 – 5.8
	Not Married/Couple	5.3	3.7 – 7.7

CI=Confidence Interval

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2009 Florida BRFSS Data Report

Tobacco Use & Exposure

Percentage of adult current smokers who tried to quit smoking at least once in the past year

		Measure	95% CI
<b>ALL</b>	Overall	58.8	54.6 – 62.9
<b>SEX</b>	Men	54.7	48.1 – 61.2
	Women	63.2	58.1 – 67.9
<b>RACE/ETHNICITY</b>	Non-Hisp. White	57.9	53.6 – 62.2
	Non-Hisp. Black	64.0	49.4 – 76.4
	Hispanic	54.6	38.7 – 69.5
<b>SEX BY RACE/ETHNICITY</b>	Non-Hisp. White Men	56.4	49.4 – 63.2
	Non-Hisp. White Women	59.4	54.2 – 64.4
	Non-Hisp. Black Men	56.8	35.3 – 76.0
	Non-Hisp. Black Women	73.7	59.3 – 84.3
	Hispanic Men	52.0	31.1 – 72.2
	Hispanic Women	56.5	34.0 – 76.6
<b>AGE GROUP</b>	18-44	61.7	54.7 – 68.3
	45-64	59.6	54.6 – 64.5
	65 & Older	42.8	35.5 – 50.4
<b>EDUCATION LEVEL</b>	<High School	60.1	48.8 – 70.4
	H.S./GED	59.9	53.6 – 65.9
	>High School	57.7	51.5 – 63.7
<b>ANNUAL INCOME</b>	<\$25,000	63.8	57.3 – 69.7
	\$25,000-\$49,999	57.8	48.8 – 66.2
	\$50,000 or More	57.1	48.5 – 65.4
<b>MARITAL STATUS</b>	Married/Couple	61.3	55.4 – 67.0
	Not Married/Couple	56.0	50.1 – 61.8

CI=Confidence Interval

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# 2009 Florida Behavioral Risk Factor Surveillance System Data Report

## GLOSSARY

<b>A1C Test</b>	A blood test used as an indicator of an individual's average blood glucose level over the past three months.
<b>Activities of Daily Living</b>	Usual activities, such as self-care, work, and recreation.
<b>Binge Drinking</b>	Consuming four or more alcoholic drinks for women and five or more alcoholic drinks for men on one occasion.
<b>Blood Pressure Control Measures</b>	Taking prescribed medication, altering diet, exercising, and reducing body weight to control blood pressure.
<b>Body Mass Index (BMI)</b>	A measure used to estimate the amount of excess body weight. BMI is calculated using self-reported height and weight.
<b>Chronic Joint Symptoms</b>	Experiencing pain, aching, or stiffness in or around a joint that first began more than three months ago.
<b>Current Smokers</b>	Adults who have ever smoked at least 100 cigarettes and who smoked on some or all days in the previous 30 days.
<b>Former Smokers</b>	Adults who have ever smoked at least 100 cigarettes, but did not smoke on any of the previous 30 days.
<b>Health Insurance Coverage</b>	Includes health insurance, prepaid plans such as HMOs, and government plans such as Medicare.
<b>Healthy Weight</b>	Having a Body Mass Index (BMI) between 18.5 and 24.9. BMI is calculated using self-reported height and weight.
<b>Heavy Drinking (also called chronic drinking)</b>	In the previous 30 days, women consuming an average of one or more alcoholic drinks per day or men consuming an average of two or more alcoholic drinks per day.
<b>Joint Symptoms</b>	Experiencing pain, aching, or stiffness in or around a joint.
<b>Leisure-Time Physical Activity or Exercise</b>	Engaging in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise, other than participation in these activities or exercise as part of a regular job.
<b>Medical Checkup</b>	A general physical exam; not an exam for a specific injury, illness, or condition.
<b>Moderate Physical Activity</b>	Engaging in activities such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate for at least 30 minutes per day on five or more days per week.
<b>Obese</b>	Having a Body Mass Index (BMI) that is greater than or equal to 30.0. BMI is calculated using self-reported height and weight.
<b>Overweight</b>	Having a Body Mass Index (BMI) ranging from 25.0 to 29.9. BMI is calculated using self-reported height and weight.
<b>Overweight or Obese</b>	Having a Body Mass Index (BMI) that is greater than or equal to 25.0.
<b>Poor Mental Health</b>	Adults who report that their mental health, which includes stress, depression, and problems with emotions, was not good on 14 or more of the previous 30 days.
<b>Poor Physical Health</b>	Adults who report that their physical health, which includes physical illness and injury, was not good on 14 or more of the previous 30 days.
<b>Secondhand Smoke</b>	Being exposed to someone else's tobacco smoke in a room (at work or home) during the past seven days.
<b>Sedentary</b>	Engaging in no leisure-time physical activity.
<b>Vigorous Physical Activity</b>	Engaging in vigorous activities, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate for at least 20 minutes per day on three or more days per week.

# 2009 Florida Behavioral Risk Factor Surveillance System Data Report

## Healthy People 2010 Objectives

### Alcohol Consumption

- 26-11. Reduce the proportion of persons engaging in binge drinking of alcoholic beverages.
- 26-12. Reduce the average annual alcohol consumption.
- 26-13. Reduce the proportion of adults who exceed guidelines for low-risk drinking.

### Arthritis

- 2-2. Reduce the proportion of adults with chronic joint symptoms who experience a limitation in activity due to arthritis.

### Cholesterol Awareness

- 12-14. Reduce the proportion of adults with high total blood cholesterol levels.
- 12-15. Increase the proportion of adults who have had their blood cholesterol checked within the preceding 5 years.

### Diabetes

- 5-1. Increase the proportion of persons with diabetes who receive formal diabetes education.
- 5-3. Reduce the overall rate of diabetes that is clinically diagnosed.
- 5-13. Increase the proportion of adults with diabetes who have an annual dilated eye examination.
- 5-14. Increase the proportion of adults with diabetes who have at least an annual foot examination.
- 5-17. Increase the proportion of adults with diabetes who perform self-blood-glucose-monitoring at least once daily.

### Healthcare Access & Coverage

- 1-1. Increase the proportion of persons with health insurance.
- 1-5. Increase the proportion of persons with a usual primary care provider.

### Hypertension Awareness & Control

- 12-9. Reduce the proportion of adults with high blood pressure.
- 12-10. Increase the proportion of adults with high blood pressure whose blood pressure is under control.
- 12-11. Increase the proportion of adults with high blood pressure who are taking action (for example, losing weight, increasing physical activity, or reducing sodium intake) to help control their blood pressure.
- 12-12. Increase the proportion of adults who have had their blood pressure measured within the preceding 2 years and can state whether their blood pressure was normal or high.

### Immunization

- 14-28. Increase hepatitis B vaccine coverage among high-risk groups.
- 14-29. Increase the proportion of adults who are vaccinated annually against influenza and ever vaccinated against pneumococcal disease.

# 2009 Florida Behavioral Risk Factor Surveillance System Data Report

## Healthy People 2010 Objectives

### Overweight & Obesity

19-1. Increase the proportion of adults who are at a healthy weight.

19-2. Reduce the proportion of adults who are obese.

### Physical Activity & Nutrition

19-5. Increase the proportion of persons aged 2 years and older who consume at least two daily servings of fruit.

19-6. Increase the proportion of persons aged 2 years and older who consume at least three daily servings of vegetables, with at least one-third being dark green or orange vegetables.

22-1. Reduce the proportion of adults who engage in no leisure-time physical activity.

22-2. Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes per day.

22-3. Increase the proportion of adults who engage in vigorous physical activity that promotes the development and maintenance of cardiorespiratory fitness 3 or more days per week for 20 or more minutes per occasion.

### Tobacco Use & Exposure

27-1d. Reduce other tobacco products use by adults.

27-4b. Increase the average age of first use of tobacco products by young adults.

27-5. Increase smoking cessation attempts by adult smokers.

27-10. Reduce the proportion of non-smokers exposed to environmental tobacco smoke.

***The Healthy People 2010 objectives listed in this appendix are directly or indirectly related to the data presented in this report.***





Prepared by:

Bo (Bonnie) Yu, M.A.S., M.A.

Melissa Murray, M.S.

If you have any questions or comments  
please contact:

Florida Department of Health  
Bureau of Epidemiology  
Chronic Disease Evaluation and Surveillance  
4052 Bald Cypress Way, Bin A-12  
Tallahassee, Florida 32399-1720

Phone: 850-245-4401

Fax: 850-922-9299

Email: [chronicdisease@doh.state.fl.us](mailto:chronicdisease@doh.state.fl.us)

Web: [floridachronicdisease.org](http://floridachronicdisease.org)