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FOR IMMEDIATE RELEASE

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LEVY COUNTY HEALTH DEPARTMENT ISSUES MOSQUITO- BORNE ILLNESSES ADVISORY

Bronson – The Levy County Health Department (LCHD) emphasizes the importance of protection against mosquito-borne diseases after receiving notification that two horses in the Morriston area have died from complications of the Eastern Equine Encephalitis (EEE) virus. Neither of the horses had received their EEE vaccinations. EEE is caused by a virus transmitted by mosquitoes and can infect mammals, birds, amphibians and reptiles. The virus can be transmitted from birds to humans by mosquitoes. The virus causes severe illness in humans and horses.

Symptoms of Eastern Equine Encephalitis (EEE) may include headache, fever, fatigue, dizziness, weakness and confusion. Physicians should contact the local county health department if they suspect an individual may have a mosquito-borne illness. State of Florida Department of Health laboratories provide testing services for physicians treating patients with clinical signs of mosquito-borne diseases.

Levy County Mosquito Control and the Levy County Health Department continue surveillance and prevention efforts and encourage everyone to take basic precautions to help limit exposure to mosquitoes by following the health department's recommendations. The Levy County Health Department is also recommending horse and livestock owners contact their veterinarian about vaccinations against mosquito borne diseases.

To protect yourself from mosquitoes, you should remember "Drain and Cover":

DRAIN standing water to stop mosquitoes from multiplying

- <u>Drain</u> water from garbage cans, house gutters, buckets, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.
- <u>Discard</u> old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.
- Empty and clean birdbaths and pet's water bowls at least once or twice a week.
- Protect boats and vehicles from rain with tarps that don't accumulate water.
- <u>Maintain</u> swimming pools in good condition and appropriately chlorinated. Empty plastic swimming pools when not in use.

COVER skin with clothing or repellent

- CLOTHING Wear shoes, socks, and long pants and long-sleeves. This type of protection may be necessary for people who must work in areas where mosquitoes are present.
- REPELLENT Apply mosquito repellent to bare skin and clothing.
 - Always use repellents according to the label. Repellents with DEET, picaridin, oil
 of lemon eucalyptus, and IR3535 are effective.
 - Use mosquito netting to protect children younger than 2 months old.

COVER doors and windows with screens to keep mosquitoes out of your house

Repair broken screening on windows, doors, porches, and patios.

Tips on Repellent Use

- Always read label directions carefully for the approved usage before you apply a repellent. Some repellents are not suitable for children.
- Products with concentrations of up to 30 percent DEET are generally recommended.
 Other EPA-approved repellents contain Picaridin, oil of lemon eucalyptus, or IR3535.

 These products are generally available at local pharmacies. Look for active ingredients to be listed on the product label.
- Apply insect repellent to exposed skin, or onto clothing, but not under clothing.
- In protecting children, read label instructions to be sure the repellent is age-appropriate. According to the CDC, mosquito repellents containing oil of lemon eucalyptus should not be used on children under the age of 3 years. DEET is not recommended on children younger than 2 months old.
- Avoid applying repellents to the hands of children. Adults should apply repellent first to their own hands and then transfer it to the child's skin and clothing.
- If additional protection is necessary, apply a permethrin repellent directly to your clothing. Again, always follow the manufacturer's directions.

DOH continues to conduct statewide surveillance for mosquito borne illnesses, including West Nile virus infections, Eastern equine encephalitis, St. Louis encephalitis, malaria, and dengue. Residents of Florida are encouraged to report dead birds via the web site http://www.myfwc.com/bird/. For more information, visit DOH's Environmental Public Health web site at http://www.doh.state.fl.us/Environment/medicine/arboviral/index.html or call your local county health department.

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