Florida FLU REVIEW Summer 2017

Weeks 29-30: July 16-29, 2017

Summary

State influenza and influenza-like illness (ILI)¹ activity²:

- Influenza and ILI activity in Florida remained low, which is typical for this time of year.
- In weeks 29-30, one outbreak of ILI and two outbreaks of influenza B were reported; 163 outbreaks have been reported since the start of the 2016-17 influenza season.
- In week 29, the preliminary estimated number of deaths due to pneumonia and influenza decreased and was slightly below levels observed in previous seasons at this time.
- In weeks 29-30, no influenza-associated pediatric deaths were reported. Ten influenza-associated pediatric deaths have been reported since the start of the 2016-17 influenza season. Annual vaccination remains the best way to protect children against influenza.
- In weeks 29-30, 14 (22.2%) of the 61 specimens submitted to the Bureau of Public Health Laboratories (BPHL) for influenza testing were positive by real-time reverse transcription polymerase chain reaction (RT-PCR) for influenza: six influenza A (H3) and eight influenza B Yamagata lineage.

National influenza activity:

- Influenza viruses continue to circulate at low levels nationally.
- The Centers for Disease Control and Prevention (CDC) has identified an antigenically drifted influenza B Victoria lineage strain circulating nationally and in Florida that is different from the strain of influenza B Victoria lineage contained in the current 2016-17 influenza vaccination formulations. This drifted strain is also different from the strain of influenza B Victoria lineage recommended for inclusion in the 2017-18 influenza vaccination formulations.
- In week 30, an outbreak of influenza A (H3N2v) was reported in Ohio. All 11 individuals reported onset of respiratory symptoms after swine exposure at an Ohio county fair. Ten of the 11 individuals are children <18 years old. All individuals have fully recovered from their illness. No person-to-person transmission has been identified.
- In addition, one individual infected with influenza A (H1N2v) was reported in Ohio during week 31. The individual reported onset of respiratory symptoms after direct swine contact at an agricultural event. This is the first influenza A (H1N2v) infection identified in the United States in 2017.
 - The vast majority of human infections with variant influenza viruses do not result in person-to-person spread of disease. To learn more about variant influenza virus infections in the United States, please visit: https://www.cdc.gov/flu/swineflu/variant-cases-us.htm.
- In the spring of 2017, avian influenza A (H7N9) was identified in **chickens** in Tennessee, Alabama, and Kentucky; avian influenza A (H7) was identified in **chickens** in Georgia; and avian influenza A (H5N2) was identified in **turkeys** in Wisconsin. No avian influenza has been identified in **Florida birds or humans so far in 2017.** To learn more about HPAI, please visit: www.floridahealth.gov/novelflu.



The figure to the left shows the percent of visits for ILI from ED and UCC chief complaint data for ESSENCE-FL participating facilities (n=303) from week 40, 2013 through week 30, 2017.

The percent of ILI visits to ESSENCE-FL participating facilities remained stable in recent weeks and was similar to levels observed in previous seasons at this time.

2016-17	2014-15
2015-16	2013-14

¹ Influenza-like illness (ILI) is defined as a fever ≥ 100°F AND sore throat and/or cough *in the absence* of another known cause.

² In Florida, only influenza-associated pediatric mortalities, cases of novel influenza infection, and outbreaks of influenza or ILI are reportable. The Florida Department of Health (DOH) uses many different surveillance systems to measure influenza activity. A summary of all these systems can be found on our website: www.floridahealth.gov/floridaflu and on page 4.

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P&I Deaths from Vital Statistics by Age Group P&I = pneumonia and influenza

The figure below shows the number of preliminary P&I deaths by age group from week 40, 2013 through week 29, 2017, as reported into ESSENCE-FL. *Vital statistics death records data are currently considered to be complete through week 29, 2017.*

The number of P&I deaths reported in week 29 was similar to or below levels seen in previous seasons at this time in all age groups.

173 preliminary estimated P&I deaths were reported for week 29, 2017.

Based on a multi-year regression model to predict P&I death counts in the Florida population, no excess deaths were reported for week 29, 2017. The upper bound of the 95% confidence interval for prediction is 207 deaths.



Influenza and ILI Outbreaks ILI = influenza-like illness

Influenza and ILI Outbreaks by County Week 40, 2016 through Week 30, 2017



The map to the left shows influenza and ILI outbreaks by county from week 40, 2016 (beginning on October 4, 2016) through week 30, 2017 (ending on July 29, 2017). **One outbreak of ILI and two outbreaks of influenza B were reported in weeks 29-30.** As of week 30, 163 outbreaks of influenza and ILI have been reported into Merlin since the start of the 2016-17 season. This is the largest number of outbreaks reported in the past seven influenza seasons.

Monroe County:

A long-term care facility reported 14 individuals with ILI. Ten specimens were collected for testing at BPHL. Of those, three specimens tested positive for influenza B Yamagata lineage by PCR. Vaccination status for the 2016-17 influenza season for all residents and staff members is currently unknown. Infection control measures were reviewed with facility leadership. This investigation is ongoing.

Seminole County:

An assisted living facility reported 35 residents and four staff members with ILI. Two individuals were hospitalized. At least one specimen was collected for testing at BPHL. Those results are pending. The etiology of this outbreak is not yet known. Vaccination status for the 2016-17 influenza season for all residents and staff members is currently unknown. Infection control measures were reviewed with facility leadership. This investigation is ongoing.

Sarasota County:

A long-term care facility reported 15 individuals with ILI. At least one specimen collected for testing at the facility was positive for influenza B by rapid antigen testing. One specimen was collected for testing at BPHL. That result is pending. Vaccination status for the 2016-17 influenza season for all residents and staff members is currently unknown. Infection control measures were reviewed with facility leadership. This investigation is ongoing.

RSV and Other Respiratory Virus Surveillance RSV = respiratory syncytial virus

RSV activity:

- In weeks 29-30, the percent of children <5 years old diagnosed with RSV at EDs and UCCs increased slightly and was above levels observed in previous seasons at this time.
- The percent of specimens testing positive for RSV increased and was similar to levels observed in the 2014-15 season at this time.
- To learn more about RSV in Florida, please visit: http://www.floridahealth.gov/rsv.

RSV seasonality:

- RSV activity in Florida typically peaks between November and January, though activity can vary dramatically by region. According to CDC, the start of RSV season is marked by the first two consecutive weeks during which the average percentage of specimens testing positive for RSV is ≥10%.
- Florida has established regular RSV seasons based on these thresholds. As of August 1, the southeast and central regions are considered to be in RSV season.
- Florida's RSV season is longer than the rest of the nation and has distinct regional seasonality. For more information on RSV seasonality in Florida, see the American Academy of Pediatrics' 2015 Red Book.

Florida Respiratory Syncytial Virus (RSV) Regional Season Breakdown



Other respiratory virus surveillance:

- The percent of specimens testing positive for parainfluenza 1-3 increased and was above levels observed in previous seasons at this time.
- The percent of specimens testing positive for adenovirus increased and was above levels observed in previous seasons at this time.

ED and UCC Visits for RSV by Children <5 Years Old ED = emergency department, UCC = urgent care center, RSV = respiratory syncytial virus



The figure to the left shows the percent of visits to EDs and UCCs with discharge diagnoses that include RSV or RSV-associated illness, as reported by participating ESSSENCE-FL facilities (n=303), week 30, 2014 to week 30, 2017.

In week 30, the percent of children diagnosed with RSV at participating EDs and UCCs increased slightly. Levels remained above those observed in previous seasons at this time.



Laboratory Viral Respiratory Surveillance

The figure below shows the percent of laboratory results testing positive for eight common respiratory viruses, as reported by the National Respiratory and Enteric Virus Surveillance System (NREVSS) and participating validated laboratories reporting via electronic laboratory reporting (ELR) to DOH (n=15), week 40, 2013 to week 30, 2017.

In week 30, the percent of specimens testing positive for rhinovirus increased and remained higher than other respiratory viruses under surveillance.





Florida ILI Surveillance System Summary

ESSENCE-FL Syndromic Surveillance and Vital Statistics Portal

- Electronic Surveillance System for the Early Notification of Community-based Epidemics (ESSENCE-FL) is used to measure trends in ILI visits from emergency departments (ED) and urgent care clinics (UCC) and influenza mortality using death certificates from the Bureau of Vital Statistics. Participating EDs and UCCs (n=303) electronically transmit visit data into ESSENCE-FL daily or hourly.
- For statewide and regional data on ILI, ED and UCC visits with chief complaints that include the words "influenza" or "flu" are counted along with chief complaints that include the word "fever" and one or both of the following: "cough" or "sore throat."
- For pneumonia and influenza (P&I) surveillance, death record literals are examined using a free-text query that searches for references to P&I on death certificates. Any mention of P&I in the death certificate literals, with certain exceptions, is counted as a P&I death.
- For respiratory syncytial virus (RSV) surveillance, ED and UCC visits with RSV or RSV-associated illness included in the discharge diagnosis are counted. Death record literals are also queried using a free-text query that searches for references to RSV on death certificates for children <18 years old. Any mention of RSV in the death certificate literals, with certain exceptions, is counted as an RSV-associated pediatric death.

Bureau of Public Health Laboratories (BPHL)

- BPHL performs confirmatory testing and subtyping on surveillance specimens from sentinel providers, outbreak investigations, patients with severe or unusual influenza presentations, and medical examiners.
- For county health departments (CHDs) seeking county-specific laboratory data, please refer to the Flu Lab Report in Merlin. For instructions on how to use the Flu Lab Report, please see the Guide to Flu Lab Report on the Bureau of Epidemiology website at www.floridahealth.gov/diseases-and-conditions/influenza/_documents/flulabreportguide.pdf.

Outbreak Reporting in Merlin

- Merlin, Florida Department of Health (DOH)'s reportable disease surveillance system, is used to track influenza and ILI outbreak investigations by CHDs. CHD epidemiologists document outbreaks of influenza and ILI in Merlin, including type of respiratory disease causing the outbreak and settings where outbreaks occurred.
- $\cdot\;$ Outbreaks are defined as two or more cases of influenza or ILI in a specific setting.

Laboratory Viral Respiratory Surveillance

 National Respiratory and Enteric Virus Surveillance System (NREVSS) and electronic laboratory reporting (ELR) data are from Florida laboratories are used to monitor temporal and geographic patterns of six commonly circulating respiratory viruses on a weekly basis.
 NREVSS data are collected by the Centers for Disease Control and Prevention (CDC) and ELR data are collected by DOH.

Acute Respiratory Infection Epidemiology and Surveillance (ARIES) Program

The Acute Respiratory Infection Epidemiology and Surveillance (ARIES) Program is a nationwide surveillance system composed of nine
participating jurisdictions. Florida has seven sentinel providers enrolled in ARIES who submit weekly ILI and acute respiratory infection
(ARI) patient counts, as well as submit ARI and ILI specimens to BPHL for testing.

Case-Based Influenza Surveillance

- Death in a child whose laboratory-confirmed influenza infection has been identified as contributing to the child's death is reportable in Florida. Influenza-associated pediatric deaths are documented by CHDs in Merlin.
- In addition, an individual of any age infected with a novel or pandemic influenza strain(s) is reportable in Florida. Pandemic strain influenza cases are documented by CHDs in Merlin.
- · For more information about reportable diseases, please visit www.Floridahealth.gov/diseasereporting.