



# Child Care Food Program Day Care Home Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*



The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

## Eligibility Requirements

- Family day care homes participating must be licensed by the appropriate child care licensing authority.
- Family day care homes must operate under the auspices of a sponsoring organization that contracts with the Department.

## Funding

The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age if the majority of the persons being served are 18 or under.
- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.
- Meals served to children are reimbursed at two different rates:
  - Tier I (Breakfast \$1.70, Lunch or Supper 3.22, Snack \$0.96);
  - Tier II (Breakfast \$0.61, Lunch or Supper \$1.94, Snack \$0.26).
- Sponsors also receive an administrative payment based on the number of homes they sponsor (ranges from \$79 - \$150 per home).

## Record Keeping Requirements

Programs must keep enrollment records, daily meal counts, and menus to qualify for reimbursement.

## Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Meals must contain:

- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

A sample menu is provided on the reverse side.

## For further information, telephone or write to:

Florida Department of Health  
Division of Community Health Promotion  
Bureau of Child Care Food Programs  
4052 Bald Cypress Way, Bin #A-17  
Tallahassee, FL 32399-1727  
Phone: 850.245.4323 Fax: 850.414.1622  
Email: [CCFP@FLHealth.Gov](mailto:CCFP@FLHealth.Gov)  
[www.FloridaHealth.Gov/CCFP](http://www.FloridaHealth.Gov/CCFP)

## Child Care Food Program Sample Day Care Home Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.  
Children age 1 must be served unflavored whole milk. Children ages 2-5 must be served unflavored lowfat (1%) or fat-free (skim) milk.  
Children 6 years old and older must be served unflavored or flavored lowfat milk (1%) or fat-free (skim) milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cinnamon raisin bagel <i><b>Cream cheese</b></i> Peaches Milk	WG waffle Applesauce Turkey sausage Milk	WG Cheerios Banana Milk	Egg and cheese biscuit Strawberry slices Milk	WG English Muffin <i><b>Butter</b></i> Orange wedges Milk
<b>Lunch or Supper</b>	Baked chicken Mashed potatoes WG roll Broccoli Seasonal fresh fruit Milk	*Vegetable lasagna Garlic bread Green peas Pears Milk	Pork tenderloin Egg noodles Sweet potato Mixed vegetables Milk	*Bean and Cheese quesadilla WG tortilla Corn Apple slices Milk	*Breaded Fish WG bun Mixed greens salad (Spinach, Romaine, Tomato, Cucumber) <i><b>Italian dressing</b></i> Roasted potato wedges Milk
<b>Snack</b>	Mandarin oranges String cheese	Grape juice Pretzels	Bell pepper strips <i><b>Ranch dressing</b></i> Cheese crackers	Yogurt Pineapple tidbits	Corn muffin Milk

\*Requires a Child Nutrition Label, Product Formulation Statement, or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich. Menus must clearly identify the whole grain or whole grain-rich item (e.g. "WG bread" or "WGR crackers").

Note: Additional sample menus can be found on our website: [www.FloridaHealth.Gov/CCFP](http://www.FloridaHealth.Gov/CCFP)

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Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-302Z](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **Mail:** U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Mail Stop 9410, Washington, D.C. 20250-9410;
2. **Fax:** (202) 690-7442; or
3. **Email:** [program.intake@usda.gov](mailto:program.intake@usda.gov).

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