

# Healthy Schools Resources

## Physical Activity

- The Society of Healthy and Physical Educators - SHAPE America  
<https://www.shapeamerica.org/>
- Walk and Bike to School  
<http://www.walkbiketoschool.org/>
- Action for healthy Kids  
<http://www.actionforhealthykids.org/>
- National Math Foundation  
<https://nationalmathfoundation.org/>
- OPEN: Online Physical Education Network  
<https://openphysed.org/>
- HIP HOP Public Health  
<https://hhph.org/>
- Department of Education Physical Activity  
<http://www.fldoe.org/academics/standards/subject-areas/physical-edu/>
- Active Schools  
<https://www.activeschoolsus.org/wp-content/uploads/2021/01/AC-Resources-One-Pager-2021.pdf>
- Comprehensive School Physical Activity Program (CSPAP)
  - <https://www.shapeamerica.org/CSPAP/>
  - [https://www.cdc.gov/healthyschools/professional\\_development/e-learning/cspap.html](https://www.cdc.gov/healthyschools/professional_development/e-learning/cspap.html)
- Universal Design for Learning in Physical Education
  - <https://www.nchpad.org/Educators>
  - <https://www.nchpad.org/1702/6814/Universal~Design~for~Learning~in~Physical~Education>



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## Nutrition

- Florida Department of Agriculture and Consumer Services:  
<https://www.fdacs.gov/>
- Supplemental Nutrition Assistance Program, Nutrition Education (SNAP-Ed)  
<https://snaped.fns.usda.gov/>
- Association of State Public Health Nutritionists – ASPHN  
<https://asphn.org/>
- Alliance for Healthier Generation:  
<https://www.healthiergeneration.org/>
- Local School Wellness Policy  
<https://www.freshfromflorida.com/Food-Nutrition/Nutrition-Programs/National-School-Lunch-Program/Wellness-Policies>
- Healthy Schools Team  
<https://www.freshfromflorida.com/Food-Nutrition/Nutrition-Programs/National-School-Lunch-Program/Wellness-Policies/Healthy-School-Teams>

# Healthy Schools Resources

## Social and Emotional Learning

- Kindness Matters  
<https://kindnessmatters365.org/>
- One Love Foundation  
<https://www.joinonelove.org/>
- Prevent child Abuse  
<http://preventchildabusefl.org/>
- Florida Kids Count  
<http://floridakidscount.org/>
- The Multiagency Network for Students with Emotional/Behavior Disabilities (SEDNET)  
<http://www.sednetfl.info/Index.aspx>
- Bullying Prevention  
<http://www.fldoe.org/safe-schools/bullying-prevention.stml>
- Cyberbullying  
<https://cyberbullying.org/>
- Trauma & Toxic Stress  
<http://floridatrauma.org/index.php>
- Social and Emotional Learning  
<https://casel.org/>
- Opioid Prevention  
<https://www.cdc.gov/drugoverdose/index.html>
- Human trafficking
  - <https://www.surviveandthriveadvocacy.org/>
  - <http://www.floridahealth.gov/programs-and-services/prevention/human-trafficking/index.html>

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## Others

- CDC Healthy Schools  
<https://www.cdc.gov/healthyschools/index.htm>
- The whole School, Whole Community, Whole Child Model
  - <https://www.cdc.gov/healthyschools/wsc/index.htm>
  - [https://www.cdc.gov/healthyyouth/wsc/pdf/wsc\\_fact\\_sheet\\_508c.pdf](https://www.cdc.gov/healthyyouth/wsc/pdf/wsc_fact_sheet_508c.pdf)
  - <https://www.chronicdisease.org/page/SchoolHealthPubs>