

# Reaching Persons with Functional and Access Needs with Critical Health and Medical Information

# A Resource Guide

Developed by the Florida Persons with Functional and Access Needs Resource Guide Work Group on October 14, 2009. Revised on December 15, 2014.

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## How to Use this Document

This document is a resource guide for public health educators as well as preparedness and response professionals who seek to provide persons with functional and access needs with critical information during a disaster or incident. It provides information on how to shape messages, preferred modes of delivery and recommended mediums for each audience.

This document is not intended to be a guide on how to communicate with the media (i.e., reporters). Readers should seek the advice of their local public information officer (PIO) or communications professional in those circumstances.

# General Considerations for All

- Identify effective channels of communication to send and receive information, including trusted messengers, preferred modes of delivery, culturally appropriate messages, and special format, requirements based on universal design.
- Establish a database of providers, trusted community representatives and natural leaders.
- People within this population may have specialized medical needs.
- Collaborate with organizations involved in emergency preparedness planning and service delivery to coordinate efforts and provide training to the community.
- Reach out to appropriate service agencies related to the intended population (i.e., faith-based, cultural organizations, Area Agency on Aging (AAA), senior centers, Communities for a Lifetime) and develop memorandums of understanding (MOU) to provide messaging in case of emergencies and discuss opportunities to reach the population.
- Communicate messages at a fourth to sixth grade reading level.
- Use "person first" language (i.e., "persons with disabilities," not "disabled.")
- Use universal symbols to convey information, directions and instructions.
- Make sure each message includes actionable information (i.e., contact your family physician, report to location X, etc.)
- Messages should identify resources consistent with group's needs.
- Secure a translation service and select approved messaging to be translated into predominant languages prior to an event.
- Prior to an event, identify staff with foreign language proficiency to communicate messages to small groups (i.e., media and community leaders).
- For people who are deaf or hard of hearing, only use certified American Sign Language interpreters. They are invaluable in shelters, press conferences and public meetings.
- Make sure all messages posted electronically are appropriately tagged for screen readers.

# **Communication and Notification Methods and Tools**

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Issue:	Tools/Methods:
Hearing	TTYs/TTDs Video Relay Service (VRS) Video Remote Interpreting (VRI) Captioned telephones Amplified phones Listening systems Certified American Sign language interpreters Captioning (open/closed) Emergency e-mail Wireless network alerts 2-1-1 Telecommunications Relay Services (TRS) 711 Voice carryover (VCO) Electronic messaging Cell phone/text messaging Social media White boards to write messages Signage – Especially posted in shelters for those who do understand English. Picture cues/symbols are helpful for those with limited English proficiency.
Visual	Braille Talking Library Large print Disks Audiocassettes Audio-described videos
Speech	Certified American Sign Language interpreters Video Relay Service (VRS) TTYs/TTDs Hearing carryover (HCO) Telecommunications Relay Services (TRS)

# Persons who are Elders

#### **General Considerations**

• Be mindful of the snowbird (seasonal resident) population.

#### Shaping the Message

• Format messages in a logical sequence—don't start talking about one subject and then jump to another.

- For print messages, use large print (14 point or larger).
- Repeat messages in broadcast format.
- Make sure all messages posted electronically are appropriately tagged for screen readers.
- Target appropriate electronic media outlets/social networking sites that reach the general and targeted population (i.e., blogs, Twitter, Facebook, Instagram).

# **Persons with Disabilities**

#### **General Considerations**

- If a person has a cognitive disability, speak slower and in a normal speaking voice. Keep your communication simple, clear and brief. Do not give multiple commands – state one thing at a time. Be empathetic and reassuring.
- If a person is blind or has low vision, announce your presence when entering an area. Speak naturally and directly to the individual do not shout. Offer assistance but, let the person explain what help is needed. Remember to communicate written information orally.
- If a person is deaf or hard of hearing, establish eye contact with the person – not the interpreter. Use facial expressions or hand gestures as visual cues. Offer paper and pencil writing slowly so the individual can read as you write. Written communication may be particularly important if there is a speech impairment as well. Do not allow others to interrupt when communicating. Be patient.
- If a person uses a service animal, do not touch or feed the animal without permission from the owner. Remember, a service animal is not a pet. Service animals are protected by law and must be evacuated with the owner. Avoid asking for special documentation verifying the animal's role. If the service animal is out of control, persons can be asked to leave. Hospitals and medical facilities also may limit access of service animals due to potential contamination with animal dander.

#### Shaping the Message

- During an emergency or disaster, communication with people who are deaf or hard of hearing should include accommodations such as certified American Sign Language Interpreters and captions (through Communication Access Real-Time Translation-CART).
  - In a shelter setting: Include both a certified/qualified interpreter and captions. Visual aids such as maps and message boards would also be helpful.
  - For one-on-one interactions: Ask the person what accommodation works best. Pen and paper or typing on a cell phone to start communication may be helpful.

- Appropriate emergency communications for people who are blind or have low vision would include radio and sirens.
- Electronic communication methods must be legally compliant with Section 508 of the Rehabilitation Act, which calls for government agencies to make electronic and information technology accessible to people with disabilities.
- Populations with visual, hearing, and cognitive issues may use alternative web browsing methods to assist them, such as screen readers and screen pointers; therefore, planners should ensure content on web sites can be accessed effectively by people with disabilities.
- Another suggested technology for emergency messages is the television "crawler" or "ticker," which are lines of text that scroll at the bottom of the television screen (current uses of the crawler include news headlines and severe weather warnings). A limitation of the crawler is that it could block closed captioning text – Federal Communications Commission (FCC) guidelines require (with some exceptions) that closed captioning be available. Planners should ensure when using such technologies that FCC guidelines are met. For more information, visit http://www.fcc.gov/cgb/consumerfacts/emergencies.html.

# Persons with Limited English Proficiency (LEP)

#### **General Considerations**

• Prior to an event, identify staff with foreign language proficiency to communicate messages to media and community leaders. Incorporate pictograms, visuals and symbols in signage and instructions to help facilitate communication.

#### Shaping the Message

• Secure a reputable translation service and select approved messaging to be translated into predominant languages prior to an event.

- Make sure all messages posted electronically are appropriately tagged for screen readers.
- Target appropriate electronic media outlets/social networking sites that reach the general and targeted population (i.e., blogs, Twitter, Facebook).
- Consider communicating messages through faith-based organizations, community-based organizations, community centers, community newspapers, and local ethnic media outlets.

# Populations Residing in Shelters (e.g., battered spouses, runaways, homeless, etc.)

#### **General Considerations**

- This population may not have access to transportation.
- Some populations may be difficult to track because their location changes frequently.
- Concerns about privacy and fear of discrimination may make it difficult to interact with this population.
- Shelter populations may be made up of several different cultural/socioeconomic backgrounds.

#### Shaping the message

- Messages should be adapted to the cultural practices of each identified population residing within shelters, particularly as they relate to seeking help, healing, and coping with loss, grief and death.
- Messages should be translated into appropriate languages consistent with the identified populations residing within shelters.

#### Mediums

Pre-event: Establish pre-existing citizen networks and community outreach activities to help inform and prepare these populations for disasters. This network would include shelter administration and outreach workers. These networks can be utilized during the event as well as during recovery.

• Pre-event: Meet with shelter(s) administration and provide written information on preparedness, evacuation, maintaining reliable communication venues, and if applicable, information on "sheltering in place."

# **Clients on Dialysis**

#### **General Considerations**

- People within this population may have specialized medical needs that need to be considered during an emergency. For example, most patients on dialysis need to know if their provider is operating; what the alternate plans are to receive services in the event that their usual provider is not in operation.
- Dialysis clients may receive an extra treatment before an impending event. This will be a medical decision made by the client's health care provider who will also advise them prior to evacuating.

- Make sure all messages posted electronically are appropriately tagged for screen readers.
- Target appropriate electronic media outlets/social networking sites that reach the general and targeted population (i.e., blogs, Twitter, Facebook).
- Public information officers would convey information through hospitals or dialysis centers. Smaller clinics could call their patients. Some larger clinics may use automated calls to alert patients or send general patient instructions to the media.

# Persons with Developmental Disabilities

#### **General Considerations**

- For persons with developmental disabilities, take direction from current caregivers or family (if present) as to how to approach and interact with the person. All persons with developmental disabilities are individuals, and have different abilities and needs that must be taken into consideration when communicating emergency information and a need for a specific action or set of actions.
- If a person has a cognitive disability, provide identification and project a calm and competent demeanor. Allow extra time for the person to process what you are saying. Show respect for the dignity of the person as an equal and an adult. Use accurate and honest information with short, simple and concise sentences.
- People who might be directly approaching a person with a developmental disability during an emergency should also use simple words and short sentences. This population may understand only one word the first time they hear it in a sentence.
- Evacuation drills for large buildings would be useful. Ongoing practice is necessary.

#### Shaping the Message

- When communicating information about bioterrorism to a person with a developmental disability, the message should refer to a familiar emergency experience, for example, a fire drill.
- Symbols should be used for fire, police and medical personnel. A flashing light and a siren are familiar emergency symbols. Sirens would be especially helpful in radio warnings. Words and sentences should be simple. Pictures will be very helpful. Enactments of instructions will also be helpful (e.g., show people leaving their homes and going to a local school to be vaccinated).
- Repetition is helpful repeat the same idea using different words. Questions should have only one part. It may take them a long-time to process information. Patience is important.

- Communicate messages through social service and faith-based organizations in the community.
- Engage those organizations that house or provide shelter to a person with a developmental disability.
- Messaging should be conveyed through local Agency for Persons with Disability (APD) offices to personal care attendants. Contact information for these can be found at <a href="http://apd.myflorida.com/area/">http://apd.myflorida.com/area/</a>.

# Persons who are Technology Dependent

#### **General Considerations**

- Community-based technology dependent populations include those depending on equipment that relies on electricity including, but not limited to, home-based ventilators, feeding pumps, oxygen concentrators and hemo dialysis.
- Reach out to appropriate service agencies (including home health, hospice, and visiting nurses) related to the target population (i.e., faith-based, cultural organizations) and develop MOUs to provide messaging in case of emergencies and discuss opportunities to reach the population.
- Identify effective channels of communication to send and receive information, including trusted messengers, preferred modes of delivery, culturally appropriate messages, and special format requirements based on universal design.

- Make sure all messages posted electronically are appropriately tagged for screen readers.
- Target appropriate electronic media outlets/social networking sites that reach the general and targeted population (i.e., blogs, Twitter, Facebook).
- Primary mediums would be home health network, hospice and visiting nurses.

# Persons in Specialty Care

#### **General Considerations**

- Persons in specialty care include, but are not limited to, clients of radiation/oncology clinics, methadone clinics, etc.
- Due to the fractured nature of the populations in terms of socioeconomics, etc., messages must be broad enough to encompass multiple needs.

#### Shaping the Message

• Behavioral health messaging should be included because stress will affect their health or recovery process.

- Make sure all messages posted electronically are appropriately tagged for screen readers.
- Target appropriate electronic media outlets/social networking sites that reach the general and targeted population (i.e., blogs, Twitter, Facebook).
- Convey messages through clinic administration and local agencies to clients.

## Persons who are Migrants

#### General Considerations

- Migrant populations may not have access to transportation.
- Locations of these populations change frequently. The migratory routes of these communities should be determined and mapped prior to an event.
- Concerns about privacy and fear of discrimination may make it difficult to interact with this population.
- This population may have limited English proficiency. Work closely with language and cultural-media outlets. (See section on Persons with Limited English Proficiency.)

#### Shaping the message

- Messages should be translated into appropriate languages.
- Messages should be adapted to the cultural practices of the identified migrant population(s), particularly as they relate to seeking help, healing, coping with loss, grief and death.

- Pre-event: Identify the cultural communities in migrant populations and involve cultural leaders/brokers in planning and outreach activities designed to help inform and prepare this population for disasters. This involvement fosters the development of formal and informal communication networks.
- Disseminate written preparedness material among migrants via formal and informal communication networks.
- Secure a translation service and select approved messaging to be translated into predominant languages prior to an event.
- Prior to an event, identify staff with foreign language proficiency to communicate messages to small groups (i.e., media and community leaders).

# Persons who are Economically Disadvantaged

#### General Considerations

- This population may not have access to transportation.
- Concerns about privacy and fear of discrimination may make it difficult to interact with this population.
- Some groups within this population will probably have limited English proficiency. Work closely with language and cultural-media outlets.

#### Shaping the message

- Messages should identify resources consistent with group's needs.
- Messages should be adapted to the cultural practices of each target audience, particularly as they relate to seeking help, healing, and coping with loss, grief and death.
- Messages should be translated into appropriate languages consistent with the identified groups within this population.

- Pre-event: Establish pre-existing citizen networks and community outreach activities to help inform and prepare this population for disasters. This network might include existing neighborhood watch networks, local community centers, social service organizations, etc.
- Disseminate written preparedness material among this population via formal and informal communication networks.

## **Resources for Responders**

- <u>Emergency Response for People who have Access and Functional Needs:</u> A Guide for First Responders http://terrorism.spcollege.edu/SPAWARAFN/index.html - This guide from the National Terrorism Preparedness Institute at St. Petersburg College provides emergency personnel guidance and resources for assisting people who have access and functional needs during the response and recovery phases of an emergency situation.
- Tips for Evacuating Vulnerable Populations—Florida Division of Emergency Management <u>http://www.floridadisaster.org/Disability/documents/Tips%20for%20Evacuating%20Vulnerable%20Populations.pdf</u>
- Enhancing Public Health Emergency Preparedness for Special Needs Populations -<u>http://www.citizenvoice.org/safely\_out/documents/RANDToolkitSO.pdf</u> - Rand Health Institute toolkit for state and local planning and response.
- Florida Department of Health Vulnerable Populations Planning Toolkit -<u>http://www.floridahealth.gov/programs-and-services/emergency-preparedness-and-response/healthcare-system-preparedness/vulnerable-populations/index.html</u> - This webpage is a toolkit for community planners who seek to better understand the needs of vulnerable populations before, during and after a disaster or incident. These tools are designed to enhance awareness and assessment of, and communications to those most at-risk in our communities.