

# Sarasota County

# Community Health Improvement Plan October 2020 - September 2025

Rev. February 2022 Rev. August 2022 Rev. June 2023

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# Introduction

## **Background**

The Florida Department of Health in Sarasota County (DOH-Sarasota) completed a Community Health Assessment (CHA) in 2019 to better understand and analyze the health of the county and its residents. The CHA is a compilation of community input and survey data designed to measure the health of residents, while identifying key needs and disparities through comprehensive systematic data collection and analysis. Three core functions define the purpose of public health: assessment, policy development and assurance. CHAs provide information for problem and asset identification and policy formulation, implementation, and evaluation while also helping to measure how well a public health system is fulfilling its assurances.

Utilizing this community-wide approach to identify health priorities and actions allows for process transparency as well as the inclusion of data based on individual and collective perceptions from those in the community, giving everybody a voice in the decision-making process. This approach is the hallmark for the Community Health Improvement Plan (CHIP) and Community Health Assessment (CHA), leading to richer insights that can be used to inform more effective public health initiatives.

Building off the results from previous years, the 2019 CHA was developed through use of secondary data and primary data collected from around 700 Sarasota residents. During this process, DOH-Sarasota and community partners representing more multiple sectors of the local public health system came together to discuss the county's definition a healthy community, while identifying priority health areas to address. These organizations were able to assess the 10 Essential Public Health services including themes, strengths, and forces of change that affect Sarasota and the local public health system. Through these meetings a consensus was reached that the main health priorities for Sarasota County should focus on access to care, behavioral health and the built environment, while considering health equity and leveraging partnerships. This sets the framework that will guide the strategies of the CHIP and aid in the continual process of achieving a healthier status for the community.

# Moving from Assessment to Planning: What is the CHIP?

A community health improvement process uses the CHA data to identify priority health issues, develop and implement strategies for action, and establish accountability to ensure measurable health improvement, which are then outlined in the form of a community health improvement plan (CHIP). The CHIP is a systemic plan connecting assessment and action, defining how DOH-Sarasota and partnering community

organizations will address the public health problems and health inequities within Sarasota County.

The goals, objectives, and strategies within the CHIP are determined by the Community Health Improvement Plan Leadership Council and through discussion with the four Community Health Action Teams (CHAT) along with assigning organizational accountability to ensure progress towards the objectives and goals. Although a variety of tools and processes may be used to implement the CHIP, the fundamental pieces are community engagement and collaborative participation.

# **How to Use the Community Health Improvement Plan**

Public health is based on a preventative approach instead of starting when treatment is needed. The CHIP is meant to be used as a tool that works towards collaboration of partners in reaching a common vision of health improvement through promoting awareness and engagement for organizations. By engaging partners, we can react through preventative activities, providing education, and offering services that influence healthier behaviors while connecting residents to the resources across the community in a unified message.

We all play an important role in community health improvement. Below are some simple ways that each of us can use this plan to improve health across Sarasota County:

### **Community Residents**

- Understand priority health issues within the community & use this plan to improve the health of your community.
- Start a conversation with community leaders about health issues important to you using information from this plan.
- Get involved! Volunteer your time or expertise for an event or activity, or financially help support initiatives related to health topics discussed in this plan.

## **Faith-based Organizations**

- Understand priority health issues within the community & talk with members about the importance of overall wellness (mind, body & spirit) & local community health improvement initiatives that support wellness.
- Identify opportunities that your organization or individual members may be able to support & encourage participation (i.e., food pantry initiatives, community gardens, youth groups geared around health priorities, etc.)

## **Health Care Professionals**

• Understand priority health issues within the community & use this plan to remove barriers and create solutions for identified health priorities.

- Share information from this plan with your colleagues, staff & patients.
- Offer your time & expertise to local improvement efforts (committee member, content resource, etc.)
- Offer your patients relevant counseling, education, and other preventive services in alignment with identified health needs of the community.

#### **Educators**

- Understand priority health issues within the community. Use this plan and recommend resources to integrate topics of health and health factors (i.e. access to health food, physical activity, risk-behaviors, use of the health care system, etc.) into lesson plans across all subject areas such as math, science, social studies & history.
- Create a healthier school environment by aligning this plan with school wellness plans/policies.
- Engage the support of leadership, teachers, parents & students.

#### **Government Officials**

- Understand priority health issues within the community.
- Identify the barriers to good health in your communities and mobilize community leaders to act by investing in programs and policy changes that help members of our community lead healthier lives.

## **Employers**

- Understand priority health issues within the community. Use this plan and recommend resources to help make your business a healthy place to work!
- Educate your team about the link between employee health & productivity.

## **State and Local Public Health Professionals**

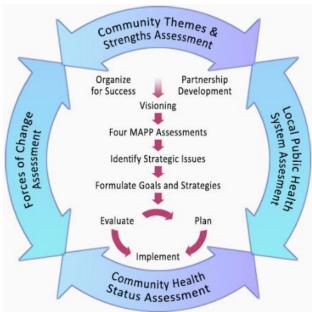
- Understand priority health issues within the community & use this plan to improve the health of this community.
- Understand how the Sarasota County community, & populations within the county, compare with peer counties, Florida & the U.S. population.

# Mobilizing for Action through Planning and Partnerships (MAPP)

#### **Phases 1 – 6**

The Florida Department of Health in Sarasota County (DOH-Sarasota) completed the 2019 Sarasota County Community Health Assessment to better understand the health of the county and its residents. DOH-Sarasota utilized the MAPP to guide the community health assessment. MAPP is not an agency-focused assessment process; rather, it is an interactive process that can improve the efficiency, effectiveness, and ultimately the performance of local public health systems. The MAPP process consists of six phases: organize for success/partnership development, visioning, assessments, identify strategic issues, formulate goals and strategies, and action. Information gathered during the MAPP process will be used to update the Community Health Improvement Plan (CHIP).

- ✓ Phases one and two are comprised of visioning, organizing, and partner development.
- ✓ Phase three is the assessment phase, encompassing four distinct assessments (Community Themes & Strengths, Local Public Health System, Community Health Status, and Forces of Change).
- ✓ Phase four identifies strategic issues by converging the results of the assessments in phase three.
- ✓ Phase five is for formulating goals and strategies to address the issues and achieving goals of the community's vision.
- ✓ Phase six is the action cycle and links planning, implementation, and evaluation by building upon each activity in a continuous and interactive manner.



Even though the MAPP process is iterative, the framework is flexible and can be tailored to fit the needs of the community.

# **Summary of Community Health Assessment**

Sarasota County used primary and secondary data as part of the CHA. The assessment considered health factors such as the environment, social and economic status, disease incidence, disability, behavioral health, healthy weight, and access to care. The findings from this assessment were used to identify the priority areas of the CHIP. The most recent CHA and CHIP build upon priorities identified in previous versions. Additionally, the 2019 CHA was developed to supplement data collected in 2016 CHNAs from local non-profit hospitals. These data, conducted as a requirement by the Internal Revenue Service in response to the Patient Protection and Affordable Care Act enacted in 2010, integrates the work of public health and health care agencies to work towards a common goal.

The National Associations of County and City Health Official's (NACCHO) Mobilizing for Action through Planning and Partnership (MAPP) helped to guide the CHA planning and implementation process. The four key MAPP assessments used throughout this process include:

- 1. Community Health Status Assessment
  - 2. Community Themes and Strength Assessments
  - 3. Forces of Change Assessment
  - 4. Local Public Health System Assessment

## **Primary Data**

In Sarasota County there were three different community surveys to gain a wide range of input from community members.

The CASPER Survey is a statistically significant methodology with thirty randomly selected census tracts for completion of resident surveys electronically, by mail, or in person. Four sections including demographics, general health, quality of life, and health care access made up the survey also including National Council on Aging (NCOA) questions as well as community interests and perceptions for a health community were included. In total 168 responses were received through mail and in person interviews, which makes the sample statistically valid according to methodology.

An Age Friendly Survey was designed through partnerships with The Patterson Foundation and NCOA, using AARP and NCOA questions. The Patterson Foundation shared the survey electronically with Age Friendly Advocates and surveyed residents at various locations. There were 437 responses collected of which 319 responses were completed by those aged 50 and older.

A Maternal Child Health (MCH) Survey containing Pregnancy Risk Assessment Monitoring (PRAM) questions including demographics, risk factors, experiences, and behaviors during and shortly after pregnancy was used to allow for state and national comparison. In April and May of 2019 there was 100 surveys completed during Community Baby Showers organized by Healthy Start Coalition and its partners.

Focus Groups and community Dialogue were facilitated in January and February 2019. In total, nine meetings at seven locations took place at demographically diverse locations throughout Sarasota County. There were 54 participants engaged in discussions on topics including aging, environmental health, health equity, and LBGT+ issues.

#### **Secondary Data**

Existing, or secondary, data was extracted primarily from Florida CHARTS with more than ten categories reviewed including demographics, socioeconomics, health resources, health behaviors, environmental health, social and mental health, injuries, maternal and child health, infectious disease, and death.

### Forces of Change (FoC)

This assessment is intended to identify trends (patterns over time); factors (discrete elements specific to a community); or events (one-time occurrences) that are or will be influencing the health and quality of life of the community, and the work of the local public health system. It is designed to create a comprehensive but focused list that identifies the key forces and describes their impacts. The assessment answers the following:

What trends, factors and/or events affect the health of the people in the United States, in the State of Florida, and in Sarasota County?

During April and May of 2019, the FoC Assessment was completed by the CHIP Leadership Council and staff of Sarasota County Health and Human Services, with 46 responses received. For each one of the questions there was space to describe separate trends, factors, and events, with a brief definition of each one.

## **Community Health Assessment Highlights**

**Mental Health:** The suicide rate in Sarasota is higher than the state, with 71% of suicides in Sarasota County being in adults more than 50 years old. More than 49% of CASPER respondents think depression is somewhat a problem or a large problem.

**Substance Use and Abuse:** The rate of drug related deaths for Sarasota County residents aged 25-64 continued to be worse than the state in 2018. Binge drinking among older residents in Sarasota County is higher than the state at 12.9% vs 8.7%.

Chronic Disease: Sarasota County has a higher percentage of adults that are

overweight at 38% versus the state at 36%.

**Communicable Disease:** Sarasota is doing better than the state in rates of chlamydia, gonorrhea, syphilis, and HIV, but the county continues to see an increase in the rate of chlamydia, gonorrhea, and syphilis.

**Injury and Violence:** Sarasota has higher rates of non-fatal emergency department visits and hospitalizations due to falls than the state at 2410.45 per 100,000 versus 2404.63 per 100,000.

**Access to Care:** A significant relationship was found between income and insurance, with those who make less than \$25,000 a year being less likely to have seen a doctor in the past year due to cost.

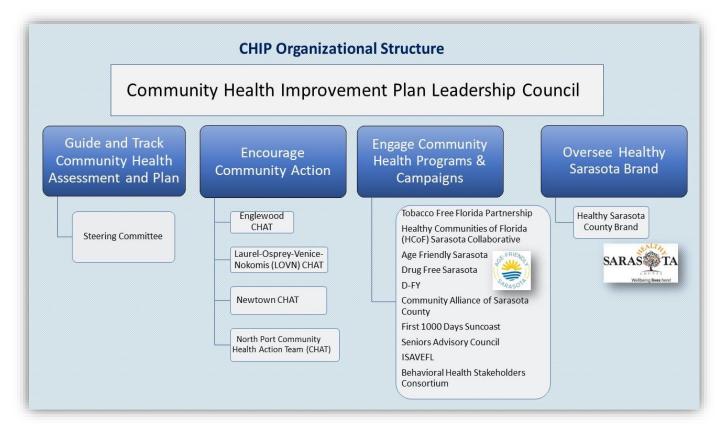
**Built Environment:** The rate for emergency room visits due to asthma in Sarasota County is over 5 times higher for black residents at 1229.8 per 100,000 versus white residents at 241.4 per 100,000.

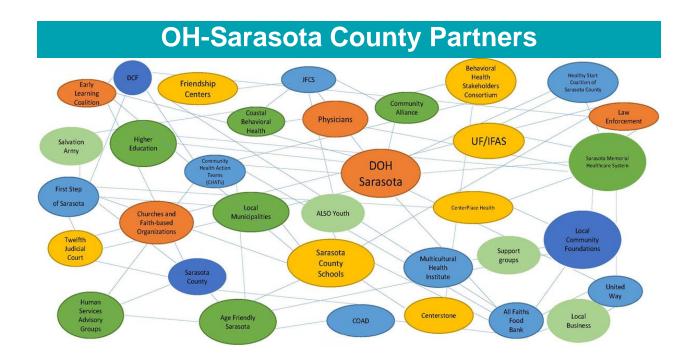
## **CHIP Methods**

## **Community Engagement**

Community engagement is essential to creating a Community Health Improvement Plan (CHIP) that ensures continuous, effective solutions. In 2019, community partners and members convened to identify health issues to be prioritized for the 2020 CHIP. During this time, participants listed existing collaboratives and resources to be considered and leveraged in implementing the CHIP and addressing health in the community.

Using existing public and private partnerships, a diverse group of community partners collaborated and gathered for the CHIP Leadership Council and Community Health Action Teams (CHATs). Sectors represented in these groups include local hospitals and health care organizations, local government, community-based organizations, social service organizations, and schools, all working to develop and implement the 2020 CHIP





## **Visioning**

The purpose of the vision statement is to provide focus and direction for community health improvement planning while also encouraging participation to collectively achieve a shared image of the future. Community partners and community members representing every zip code responded to a survey about the vision for a healthy community. Below is the vision developed based on that feedback.

The community members and partners of Sarasota County envision a healthy community as a responsive, equitable, sustainable society, promoting access to healthcare, social inclusion, intergenerational respect, and environmental awareness through cooperative efforts that respond to current and future public health challenges to protect the well-being of all residents and visitors.

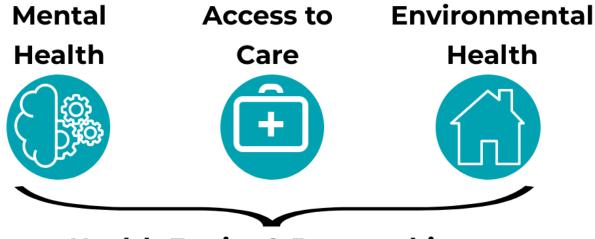
## **Setting Health Priority Areas**

The public health system must first help identify the most relevant, critical, and emerging needs, and then prioritize actions for implementation to be effective and direct the work that needs done in communities. Prioritization uses an objective rational approach to identify those problems that a community can address, based on an assessment of health status and the forces of change surrounding those indicators.

Through facilitated conversation, communities should use the Objective, Reflective, Interpretive, Decisional (ORID) method. In October 2019, the CHIP Leadership Council convened to accomplish this. The group was provided an overview of the Community

Health Assessment to date and participated in a process to understand strategic issues and begin the discussion to formulate strategies and goals around each. Through facilitated discussion, various strategies to address the identified strategic issues were compiled by the CHIP Leadership Council.

The group concluded that mental health, access to care, and the built environment should be recognized as the main health priorities, and that a health improvement plan should consider health equity and leverage partnerships to achieve results. Based on these recommendations, the CHIP moved forward with three health priority issues.



# **Health Equity & Partnerships**

Health disparities were also identified to play a significant role in health outcomes. Work across the priorities will include health equity measures aimed at addressing social determinants of health (SDOH) that drive health inequities. Health equity is when everyone has a fair and just opportunity to be healthy and reach their full potential. Social determinants of health are the conditions under which people are born, grow, live, work, and age and are shaped by social, built, and economic environments. You will find health equity intertwined within the three priority areas as a means of addressing the root causes of health outcomes. Finally, partnerships are leveraged for implementation of the CHIP through the CHATs and the CHIP Leadership Council.

# Development and Tracking of Goals, Strategies, and Objectives

Once the CHA was completed and priority health areas were identified, work teams were convened for each of the three health priority areas. Community members and stakeholders were invited to participate in the meeting and select work teams based on their expertise. The CHIP Leadership Council and CHAT members met and communicated to develop Goals, Strategies, Objectives, and an Action Plan for implementation of the CHIP. Work team members at DOH-Sarasota used feedback and

available data to identify potential goals and objectives for each priority health area, aligning with national, state, and local plans. These potential goals and objectives were presented to the CHIP Leadership Council, where they were asked for any revisions and to identify strategies that their organizations are utilizing that would help meet goals and objectives.

Members indicated available resources and discussed how these resources may be used to achieve CHIP goals and objectives. Finally, members worked on action planning for each health priority area, including development of activities and selection of timeframes, coordinating agency, partner agencies and process measures for monitoring and evaluation. The coordinating and partner agencies will be responsible for keeping the CHIP Leadership Council updated of progress and any needs when implementing the action plans to meet objectives.

Qualitative and quantitative data from the CHA informed members of the CHIP Leadership Council of key strategic health issues which guided the formation of the CHIP goals and strategies toward improved community health. Each year the CHIP Leadership Council reviews the CHIP, progress in each area, and revises objectives and indicators as necessary to reflect the community needs.

Over the next five years, DOH-Sarasota and the CHIP Leadership Council will lead Sarasota County in implementation of the Community Health Improvement Plan. These efforts will be evaluated annually and updated as necessary to align with community resources, activities, and partnership.

# **Alignment**

Findings from the four MAPP assessments that make up the Community Health Assessment (CHA) led to the identification 3 priority health issues that form the Sarasota County Community Health Improvement Plan (CHIP). By addressing these public health concerns, we hope to improve the overall health outcomes for the residents of Sarasota County.

The goals and objectives of the Sarasota County CHIP have been aligned with the Florida State Health Improvement Plan (SHIP) 2017-2021 and Healthy People 2020. Below is an overview of how Sarasota CHIP priorities align with state and national health improvement priorities:

#### **Priority and Sub Area**

#### **MENTAL HEALTH**



Alcohol Use and Abuse

Suicide

Drug & Substance Use and Abuse

#### **Goals**

- 1) Decrease substance abuse rates for adults and youth
- 2) Increase community capacity to address mental health issues in adults and youth

#### Access to Care



Prevention Intervention Navigation

- 1) Promote awareness of social determinates of health and health equity to improve physical and social environments resulting in good health for all
- 2) Increase access to and utilization of quality healthcare
- 3) Increase percentage of residents who are at a healthy weight

### **Environmental Health**



1) Increase quality of natural and built environments to promote health outcomes

#### **Mental Health**



Mental health has a powerful effect on the health of individuals, families, and communities. The misuse of alcohol prescribed and illicit drugs, and tobacco also affects the health and well-being of millions of Americans. Promoting and implementing prevention and early intervention strategies to reduce the impact of mental health disorders is important for quality and length of life.

MH Objective 1.1: Older adults that drink: Decrease the percent of adults aged 65 and over that engage in heavy or binge drinking from 12.9% (2016) to 9.9% by September 2025

MH Objective 1.2: Youth that drink alcohol: Decrease the percent of youth in middle and high school who report using alcohol in the past 30 days from 19.3% (2018) to 16.3% by September 2025

# MH Goal 1: Decrease substance abuse rates for adults and youth

MH Objective 1.3.1: Drug abuse rates and/or overdose:

Decrease the number of overdose deaths related to opioids and other drug abuse from 97 82 (2018) to 87 72 by September 2025 (CORRECTED 2022)

MH Objective 1.4: Neonatal Abstinence Syndrome: Decrease the number of infants less than 28 days old who were exposed to opioid prescription or illicit drugs during the mother's pregnancy from 43 (2018) to 37 by September 2025

MH Objective 1.5.2: Teen vape/tobacco: Decrease the percent of youth in middle and high school who report electronically vaping nicotine in the past 30 days from 14% (2018) 16.9% (2020) to 10% 12% by September 2025 (REWORDED 2021) (REVISED 2023)

Alignment: FL SHIP Goals BH1 & BH2; Healthy People 2020 SA2, SA14, IVP9, MICH11, TU2, TU3

MH Goal 2: Increase community capacity to address mental health issues in adults and youth MH Objective 2.1: Suicide rates for older adults: Reduce the number of suicides in adults 50 and over from 74 (2018) to 70 by September 2025

MH Objective 2.2.1: Mental health screening: Increase Identify the number of providers agencies offering universal mental health screening by 10% by September 2025, from baseline established by September 2021. (REVISED 2022)

Alignment: FL SHIP Goals BH4; Health People 2020 IVP9, MHMD1, MHMD11, MHMD6

#### **Access to Care**



Access to care impacts the overall physical, social, and mental health status and quality of life. Disparities in access are often directly linked to disparities in health outcomes between race, ethnicity, socioeconomic status, age, sex, disability status, sexual orientation, and neighborhood. Barriers to care prevent problems that could have been caught early and can result in life-threatening situations that require immediate attention.

AC Goal 1:
Promote awareness
of social
determinates of
health and health
equity to improve
physical and social
environments
resulting in good
health for all

**AC Objective 1.1.2:** By September 2025 provide resources and four training opportunities to community organizations and/or agencies and agencies on the socio-economic factors that impact health outcomes. (REWORDED 2022)

**AC Objective 1.2:** By September 2025, increase the number of agencies that agree to consider health equity in policies through formalized processes by 3 from baseline to be established by September 2021

AC Objective 1.3: Increase the number of agencies that serve as Department of Family and Children community partners by 15 by September 2025 (REMOVED 2022)

Alignment: FL SHIP HE1, HE2; Healthy People 2020 MHMD9

AC Objective 2.1: Childhood immunization rates: Increase the immunization levels in kindergarten students from 89.9% (2019) to 92% by September 2025

**AC Objective 2.2.1: Navigation – Information and referral:** By September 2025, increase the percent of women who receive prenatal care starting in the first trimester from 74.7% to 80% by September 2025 (REVISED 2021)

AC Goal 2: Increase access to and utilization of quality healthcare **AC Objective 2.3: Falls prevention:** Decrease the number of emergency department visits due to falls in adults 65 and over by 5% from 6,645 in 2018 to 6,313 by September 2025

**AC Objective 2.4: Dental cleanings:** Increase the percent of adults ages 18-44 who visited a dentist or dental clinic in the past year from 45.7% (2016) to 47% by September 2025

**AC Objective 2.5: Assist with access barriers:** Decrease the percent of employed adults ages 19-64 who have no health insurance from 19.5% (2018) to 17.7% by September 2025

**AC Objective 2.6:** By June 30, 2027, decrease the rate of age adjusted emergency department visits from diabetes in Sarasota County for Black residents from 401.8 to 100.7 (county average in 2020). (New objective from Health Equity Plan 2022)

**AC Objective 2.7:** By June 30, 2027, decrease the rate of age-adjusted hospitalizations from diabetes in Sarasota County for Black residents from 586.8 to 148.3 (county average in 2020). (New objective from Health Equity Plan 2022)

Alignment: FL SHIP MCH2, ISV1, HE3, IM2; Healthy People 2020 IID8, IVP23, OH11, AHS 3

#### AC Goal 3: Increase percentage of residents who are at a healthy weight

AC Objective 3.1: Healthy nutrition and physical activity: Decrease the percentage of adults who are overweight or obese from 58.5% (2016) to 55% by September 2025

AC Objective 3.2: Healthy nutrition and physical activity: Increase the percentage of children at a healthy weight from 62% (2018) to 65% by September 2025

Alignment: FL SHIP HW1, HW2; Healthy People 2020 NWS8, NWS9, NWS10, NWS11

#### **Environmental Health**



We interact with the environment constantly affecting quality and length of life and health disparities. Environmental health must address social and built environmental factors to maintain a healthy environment

EH Goal 1: Increase quality of natural and built environments to promote health outcomes EH Objective 1.1.1: Health Impact Assessment: Community planning and land use design; walking, biking, public transportation will incorporate a Health Impact Assessment on at least 3 plans, policies, programs, projects, or proposals by June 2025 (REVISED 2022) By June 2025, integrate the input of a DOH urban public health planner into Sarasota County community planning and land use design environmental impact projects related to public transit, walking, biking, parks, and trails.

EH Objective 1.2: Safe, quality, affordable housing (costs 30%+ of income & homelessness): Decrease the percentage of households that are paying 30% or more of income on housing from 31% (2019 ACS) to 28% by September 2025

EH Objective 1.3.1: Transportation: By June 2025, decrease the percent of residents who identify transportation as a barrier in Sarasota County by 5% from baseline to be established by September 2021. (REVISED 2022) By June 2025, increase the percent of residents who reside within ½ mile of OnDemand transit services in Sarasota County by 5% from baseline established in 2019

**EH Objective 1.4: Asthma:** Decrease the number of emergency room visits due to asthma for Black residents in Sarasota County by 5% going from 238 (2018) to 226 by September 2025

Alignment: FL SHIP CD1, HE3; Healthy People 2020 SDOH4, RD3

## **CHIP Revisions**

Annually, the CHIP Leadership Council reviews the CHIP to identify strengths, opportunities for improvement, and lessons learned. This information is then used to revise the plan as needed.

The CHIP Leadership Council meets every three months to discuss objectives and related activities. The purpose of the Annual CHIP Review Meeting is to provide data updates, propose revisions for approval/addition, spotlight objectives with improved and/or unfavorable performance, and identify potential activities for consideration by the group to best address a strategy and/or meet a related objective. These meetings are also opportunities to have targeted discussions about recent developments in the community, challenges, and/or policies impacting plan implementation. Below is a table summarizing revisions for the current CHIP.

Revision	Revised By	Revision Date	Rationale for Revision
2021	A. Spangler	Oct. 2021	<ul> <li>Strategies better defined for objectives</li> <li>Objective MH 1.5 was reworded, and baseline updated due to change in survey</li> <li>Objective MH 2.2 was removed as it was decided this was an action to accomplish the objectives and goal</li> <li>Objectives AC 1.1 and AC 2.2 were reworded to better identify actions to take</li> </ul>
2022	S. Seiffert	Oct. 2022	<ul> <li>MH 1.3 Baseline data was incorrectly cited and corrected. New target value was updated as a result.</li> <li>MH 1.5.1 The previously cited data source for the 2021 objective revision was from the FL Youth Substance Abuse Survey (YSAS) but was seemingly referenced from the CDC YBRS, which is no longer available after a recent</li> </ul>

Florida CHARTS update. Updated data from the most recent FL YSAS was used for the revision, and the objective was reworded to reflect a 30 trend specific for vaping nicotine. MH 2.2 The objective was reworded to reflect the identification of providers offering mental health screenings and the type of tool(s) used since the baseline is unknown. AC 1.3 This objective was removed because the Circuit 12 DCF community partner eligibility assistance program was frozen in Sarasota County due to restructuring and the number of participating agencies had significantly declined. EH 1.1 Objective revised by CHIP Leadership council to incorporate the input of a DOH public health planner into county land use design project to assess health impact, projects TBD EH 1.3 Objective revised to reflect increased access to public transportation in more remote parts of (south) Sarasota County via a specific program since it was already identified as a barrier AC 2.6 & 2.7 Two new health equity related

		objectives added to the CHIP under Access to Care
2023		
2024		

# **Appendix A: Action Plans**

#### **Priority Health Issue: Mental Health**

#### Goal 1: Decrease substance abuse rates for adults and youth

**Strategy:** Provide education on available resources in the community for the aging population and caregivers to increase utilization of existing programs.

**MH Objective 1.1:** Decrease the percent of adults aged 65 and over that engage in heavy or binge drinking from 12.9% (2016) to 9.9% by September 2025

Baseline	Target	Performance
12.9% (2016)	9.9%	15% (2019)

Partner Agencies: Senior Friendship Centers, Alcoholics Anonymous, Area Agency on Aging, First Step of Sarasota

Data Source: : 2017-2019 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report located at SarasotaCombinedReport.pdf (floridahealth.gov)

Activity	Measure	Coordinating Agency
Contacted Alcoholics Anonymous, learned about	1 presentation	
community outreach committee, planned to	given (Combined	
promote the committee and services when	CHAT, December	
Alcoholics Anonymous is ready	16, 2021)	DOH Sarasota
	1 presentation	
	given August	
Presentation at the Aging Stakeholders	2022	Community Alliance

#### **Priority Health Issue: Mental Health**

#### Goal 1: Decrease substance abuse rates for adults and youth

**Strategy:** Engage youth to become advocates among peers for positive decisions and prevention efforts **MH Objective 1.2:** Decrease the percent of youth in middle and high school who report using alcohol in the past

30 days from 19.3% (2018) to 16.3% by September 2025

Baseline	Target	Performance
		18.5% (2020)
19.3% (2018)	16.3%	13.7 % (2022) *

**Partner Agencies:** Drug Free Sarasota, Englewood Community Coalition, North Port Drug Free Youth, Sarasota County Schools, Area Law Enforcement

**Data Source: 2022 Florida Youth Substance Abuse Survey** located at <u>CHARTS Florida Youth Substance Abuse Survey</u> | CHARTS (flhealthcharts.gov)

Activity	Measure	Coordinating Agency
	FY 22 –	
	47/58 (81%) DFY students	
	attending DFY Leadership	
	Summit, demonstrating	
	increased awareness of SA	
	from pre/post survey (avg.	
	score increased 4%)	
Student Assistance Program		Drug Free Youth

		Students enrolled in DFY will	
		have a negative drug screen	
		(974/974 or 100%)	
		100% (36/36) of students	
		randomly screened during the	
		school year remained drug	
		free while in the program	
		10 membership drives, 288	
		(new) & 300 (renewing)	
		FY22 – Goal was to enroll 700	
Youth enrollments in Drug Free Youth for the	2020-	students in DFY – total	
2021 school year	2020	enrolled 588	Drug Free Sarasota
2022 Solicov year			Boys and Girls Club of
			Sarasota County, Inc., Drug
Healthy 2022 Opioid Awareness Presentations	ς	3 presentations, 40 attendees	Free Sarasota
Treaterly 2022 Optota / Wareness / Tesentations	3	70	Tree sarasota
Underage Drinking, Start the Conversation		caregivers/guardians/parents	
Campaign		signed	Drug Free Sarasota
The Teen Program participants increase their		Signed	Drug Free Sarasota
knowledge of avoiding risky behaviors related	l +o	296 participants	Boys & Girls Club of
drugs, alcohol, and gang-related activities.	1 10	2022: 357/370 or 96%	Sarasota County, Inc.
ACES Awareness Program at Elsie Quirk Librar	~ ·	22 in person/17 online; 22 in	Sarasota County, Inc.
	•	·	Engloweed Community
(2022); Community meeting on ACES & Youth Alcohol Use		person attended plus FB live views	Englewood Community Coalition
	ا مالا	views	Coantion
	lesults:	Students Past 30-day use:	
'"	-	ETOH THC RX Drugs Vape	
	022 7% 020 9%	17% 17% 10% 28% 24% 22% 10% 25%	
		ol Students Past 30 Day Use:	
		ETOH THC RX Drugs Vape	
	022 5% 020 6%	9% 8% 6% 10% 12% 8% 6% 15%	
			Englewood Community
CORE Social Norms Survey (August 2022)			Coalition
Peer-to-Peer Leaders undergo training to incre	ease		
and maintain awareness and knowledge of me			
health issues.		173 participants	First Step of Sarasota, Inc.

#### **Priority Health Issue: Mental Health**

#### Goal 1: Decrease substance abuse rates for adults and youth

**Strategy:** Educate providers and community members on substance use and mental health to increase access to resources such as naloxone and existing programs.

**MH Objective 1.3:** Decrease the number of overdose deaths related to opioids and other drug abuse from 97 82 (2018) to 87 72 by September 2025 (Data corrected 2022)

Baseline	Target	Performance
		94 (2019)
		161 (2020)
<del>97</del> 82 (2018)	72 – (Target value revised 2022)	166 (2021)

**Partner Agencies:** Drug Free Sarasota, First Step of Sarasota, Area Law Enforcement, North Port Drug Free Youth, JFCS, Salvation Army, Sarasota Memorial Healthcare System, Behavioral Health Stakeholders Consortium

**Data Source: Florida Dept. of Law Enforcement** found at <u>Substance Use Dashboard: Overview | CHARTS</u> (flhealthcharts.gov)

Activity	Measure	Coordinating Agency
	1,380 units distributed	
	(2021)	
	2,251 units distributed	
(Free) Narcan distribution in community	(2022)	DCF/ISAVEFL (Sarasota County)
	Completed brochure,	
Updated information brochure for law	800 brochures	
enforcement to distribute	distributed	Drug Free Sarasota (DFS)
	3 events, 2085.062 lbs.	
	of prescription pills	
	collected.	
	October 2022 event –	
	430.19 lbs. of RX drugs	DFS, Venice PD, North Port PD,
Drug Take-Back Events	collected	Sarasota Sheriff
Harm Reduction Presentation w/ Shelby Peters of		
Florida Harm Reduction Collective, May 2022	18 persons attended	Englewood County Coalition
DEA Drug Take-Back Event online information by		
Englewood County Coalition	763 people reached	Englewood County Coalition
	SOS Program	
	(Substance Overdose	
	Services)	
	2021: total screened 82,	
	total served 83, total	
	new clients 13	
	2022: total screened	
	348, total served 679,	
	total new clients 135	
OD2A grant initiatives		First Step of Sarasota

#### **Priority Health Issue: Mental Health**

#### Goal 1: Decrease substance abuse rates for adults and youth

**Strategy:** Educate providers and community members on substance use and mental health to increase access to resources such as naloxone and existing programs.

**MH Objective 1.4:** Decrease the number of infants less than 28 days old who were exposed to opioid prescription or illicit drugs during the mother's pregnancy from 43 (2018) to 37 by September 2025

Baseline	Target	Performance
		39 (2019)
43 (2018)	37	33 (2020) **

Partner Agencies: First Step of Sarasota, Healthy Start Coalition, Sarasota Memorial Hospital, Ob/Gyns, ASAP Data Source: Florida Dept. of Health, Birth Defects Registry found at Substance Use Dashboard: Overview | CHARTS (flhealthcharts.gov)

Activity	Measure	Coordinating Agency
	Served 266	
	families and	
	developed a	
	POSC since	
	contract start in	
	July 2021 till Feb.	
	2023, unable to	
	confirm if all are	
	entered into	
	Unite Us	
	Prenatal cases as	
	of July 2022,	
	served 20	
	pregnant women	
	and 8 have	
	delivered and of	
	the 8 mothers,	
	none met the	
	requirements for	
	the substance	
Plan of Safe Care (POSC) put in place in Circuit 12	exposed newborn	
using Unite Us	maltreatment	Safe Children Coalition/CAPTA
Pregnant women reaching out for help to connect		
for substance abuse services prior to delivery	5 clients	First 1000 Days
Pregnant women connected to substance use		Sarasota Memorial Hospital Women
services by SMH	20 patients	and Children
All pregnant women screened for substance abuse	100%	SMH
	25 Agencies	
ASAP initiative – organizations sharing barriers and	(Narcan	
potential solutions	distribution site)	SMH

#### **Priority Health Issue: Mental Health**

Goal 1: Decrease substance abuse rates for adults and youth

Strategy: Engage youth to become advocates among peers for positive decisions and prevention efforts

MH Objective 1.5: Decrease the percent of youth who currently use electronic vaping with nicotine from 14.6% (2016) to 10% by September 2025 (Revised 2023) Decrease the percent of youth in middle and high school who report electronically vaping nicotine in the past 30 days.

Baseline	Target	Performance
16.9%	12%	12.4%

**Partner Agencies:** Englewood Community Coalition, Tobacco Free Partnership of Sarasota County, Sarasota County Schools, Drug Free Sarasota, North Port Drug Free Youth, GulfCoast South AHEC

**Data Source**: Most **Florida Youth Substance Abuse Survey** found at <u>CHARTS Florida Youth Substance Abuse Survey</u> CHARTS (flhealthcharts.gov)

Activity	Measure	<b>Coordinating Agency</b>
-	7 clubs & 63 members	
	2021 school yr. start.	
	3 clubs & 25 members as of	
Increase number or SWAT clubs and	1/26/23 (BGC no longer allows	
number of engaged students	SWAT clubs)	DOH - Sarasota
Educational events in the		
schools/community	1 event	DOH – Sarasota
Store audits on vaping products	Audits planned 2023	DOH – Sarasota
	2 billboards -goal?	
	Exploring vendor options as of Jan	
Billboards	2023	DOH – Sarasota
	135 D-Fy members and 38 Fun	
	Night Done Right Youth (Feb.	
	2023); Participated in Great	
	American Cleanup on Englewood	
	Beach (March 2022), Take Down	
	Big Tobacco (April 2022),	
	International Coastal Clean-Up	
	(Sept. 2022) – collected over	
	8,000 cigarette butts combined.	
	Mental Health & Tobacco Free	
	Florida (May 2022) – presentation	
Community events/initiatives – Fun Night	on managing stress and staying	
Done Right, membership drives, beach	Tobacco Free	Englewood Community
cleanups		Coalition

#### **Priority Health Issue: Mental Health**

#### Goal 2: Increase community capacity to address mental health issues in adults and youth

**Strategy:** Provide education on available resources in the community for the aging population and caregivers to increase utilization of existing programs.

**MH Objective 2.1:** Reduce the number of suicides that occur in adults aged 50 and over from 74 (2018) to 70 by September 2025

Baseline	Target	Performance
74 (2018)	70	56 (2019)

52	(2020)
53	(2021)

Partner Agencies: Friendship Centers, Centerstone, JFCS, Area Agency on Aging

Data Source: Florida Dept. of Health, Bureau of Vital Statistics found at Deaths From Suicide - FL Health CHARTS - Florida Department of Health | CHARTS

Activity	Measure	Coordinating Agency
	1113 clients	
	For 2022:	
	1,153 served	
	through	
	Caregiver	
Education events, training, and support groups for	Connection	Alzheimer's Disease and Related
caregivers.	Program	Disorders Association, Inc.
	143 clients;	
	For 2022:	
	115	
	individuals	
	served	
	through	
	Senior	
Counseling, case management, or support services for	Outreach	Jewish Family & Children's Service
seniors with depression, stress, loneliness/isolation.	Services	of the Suncoast, Inc.
	1,582	
	clients; For	
	2022: 1,026	
	individuals	
	served	
	through	
	Friendship at	
	Home	
	Program,	
	327 through	
	case mgmt,	
	1,778	
	through	
Counseling, case management, or support services for	senior	
seniors with depression, stress, loneliness/isolation.	centers	Senior Friendship Centers, Inc.
National Council on Aging's Older Adult Mental Health		
Symposium trainings in 2021 and 2022 – Understanding	1 staff	
Older Adult Suicide Awareness	trained	Sarasota County HHS
Behavioral Health and Aging System Policy Coordinator	Completed	
working towards Behavioral Health in Aging Certificate	12/13/22	Sarasota County HHS

Sarasota County adopted Ordinance #2021-026, creating a		
Mental Health Special District to provide Mental Health	Adopted	
Care services for county residents	6/8/21	Sarasota County Government
988 went into effect July 12, 2022	Completed	Nationwide change
Community conversation "We need you here" held 9/20/21	50 people	
on suicide and healing	attended	Sarasota Strong
	776	
	attended in	
Centerstone's Life Story Suicide Prevention outreach events	2021; 2022	
- 2021/2022 - focus on older adult suicide awareness and	unk # of	
new 988 hotline info distributed	participants	Sarasota County HHS
	19	
	professionals	
	attended the	
	virtual	Aging Stakeholders hosted speaker
	meeting on	Jocelyn Fliger, CEO/President of
Seniors and Suicide Presentation	4/13/22	Elder Care Service

## **Priority Health Issue: Mental Health**

Goal 2: Increase community capacity to address mental health issues in adults and youth

Strategy: Increase the accessibility of mental health screenings offered to adults and youth

MH Objective 2.2: Increase Identify the number of providers offering universal mental health screening by 10% by September 2025 from baseline to be established by September 2021. (Proposed Revision)

Baseline	Target	Performance
0	10	3

Partner Agencies: Centerstone, JFCS, Sarasota Memorial Healthcare System, FQHC's

**Data Source: Sarasota County Mental Health Task Force** 

Activity	Measure	Coordinating Agency
	Identify number of providers	
	conducting screenings – on hold	
Mental Health Task Force	temporarily as of 11/22	Mental Health Dependent
Recommendations included screening		Special District
SMH is screening every patient 12 and	Number of mental health	
older	screenings done in ED	SMH
	6,074 patients screened, 4,424	
Mental health screenings – using PHQ9	tested positive (73%) (score of 5	
tool used for patients 12 years and older	>) and referral made	CenterPlace Health
Circuit-wide marketing campaign on		
importance of mental health during	Launched 1/23/23. 5 mothers	
pregnancy and post-partum. Healthy Start	assisted as of 2/2/23. Plan to	
Coalition will be a perinatal mental health	circulate flyers about Hub in	First 1000 Days and Healthy
hub.	next several months.	Start Coalition

	Will begin presenting at	
	OB/Peds provider meetings	
	health at the hospital in April	
	2023, sharing flyers about the	
	Perinatal Mental Health Hub,	
Effort to encourage OB/GYNs to screen for	and encouraging use of the	
mental health issues	Edinburgh Depression screener	First 1000 Days and SMH

AC Goal 1: Promote awareness of social determinates of health and health equity to improve physical and social environments resulting in good health for all

**Strategy:** Assess, educate, engage, and empower community organizations and stakeholders to increase their understanding of the SDOH while also catalyzing community action to impact health inequities

**AC Objective 1.1:** By September 2025 provide resources and four training opportunities to community organizations and agencies on social determinants of health the socio-economic factors that impact health outcomes (Reworded to reflect common language recommendations)

Baseline	Target	Performance
0 (2020)	4	5 (2022)

Partner Agencies: Sarasota County Government, Multicultural Health Institute

Data Source:	Health I	Equity 7	Task F	Force/	Local	data
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Activity	Measure	Coordinating Agency
Newtown Trolley Tour, May 18	28 attendees	Health Equity Coalition
Venice History Walking Tour, May 25	18 attendees	Health Equity Coalition
	4/25/23, 12	
	people	
	attended, shared	
All Faiths Food Bank presentation to Health Equity Task	presentation	
Force	with 25	All Faiths Food Bank
SCAT presentation on accessing public transportation		
services and expanded On-Demand Services/programs		
for transportation disadvantaged		Community Alliance
SCAT presentations in the CHATS on accessing public		
transportation and expanded On-Demand services and	# Of people	
programs for transportation disadvantaged	attended	Sarasota DOH
Presentation on the Community Health Worker		
Certification Program and funded scholarships (Access	Scheduled June	CPH, First 1000 Days, Barancik
to Care)	20	Foundation
Presentation by American Red Cross on Community		
Risk Reduction Program to help improve resiliency		
within underserved communities	# Attended	American Red Cross

Social Determinants of Health Speaker – Venise White,		
All CHATs meeting, August 18, 2022	49	CHATs

# **AC Goal 1:** Promote awareness of social determinates of health and health equity to improve physical and social environments resulting in good health for all

**Strategy:** Assess, educate, engage, and empower community organizations and stakeholders to increase their understanding of the SDOH while also catalyzing community action to impact health inequities

**AC Objective 1.2**: By September 2025, increase the number of agencies that agree to consider health equity in policies through formalized processes by 3.

Baseline	Target	Performance
0	3	8

**Partner Agencies:** CenterPlace Health, FDOH Sarasota, Sarasota County Government, Multicultural Health Institute (MHI), All Faiths Food Bank, City of Sarasota, Barancik Foundation, Lab Services, Bayfirst Bank

#### **Data Source: Health Equity Task Force**

Activity	Measure	Coordinating Agency
Education about health equity shared through regular	12 meetings; 33	
Health Equity Coalition meetings	agencies	DOH-Sarasota
		DOH Sarasota
Creation of an economic development workgroup to		Health Equity Task Force Partner
establish a grocery store in census tract 3	April 2023	Agencies
Equity in Health activities and information shared at	4 activities/year	
Betty J Johnson North Sarasota Library – (Health	Creation of 1	
Literacy)/Creation of Health Nook	health nook	DOH Sarasota/Libraries
Digital Navigation Courses and Internet Access		MHI
Implementation of a Mobile Medical Unit by		
Centerplace Health (Access to Care)	Slated for 2026	Centerplace Health, Barancik
Host a film screening and workshop focused on the		
environment as it affects the SDoH in April 2023	# attended	MHI

#### Priority Health Issue: Access to Care

# AC Goal 1: Promote awareness of social determinates of health and health equity to improve physical and social environments resulting in good health for all

**Strategy:** Partner with community organizations, health care providers, and state and county agencies to target education and outreach efforts regarding access to care and eligibility for healthcare coverage

AC Objective 1.3: Increase the number of agencies that serve as Department of Children and Families community partners by 15 by September 2025 — REMOVE OBJECTIVE – DCF Program Frozen

Baseline	Target	Performance
		43 (2022) down to 6 agencies in
23 (2021)	38	2023

Partner Agencies: Sarasota County Libraries, Area Faith Based Organizations, Department of Children and Families

Data Source: DCF contact: Christine McKee-Raucci (Christine.mckee@myflfamilies.com) - 2022\_DCF Circuit 12
Community Partners.xlsx

-Community Partner Search (state.fl.us)

Activity	Measure	Coordinating Agency
Library system to become partner – propose to add		
to other obj (move to another objective)		Sarasota County Libraries
Identify gaps in accessible locations in Sarasota		
County	N/A	Removed

#### **Priority Health Issue: Access to Care**

#### **AC Goal 2:** Increase access to and utilization of quality healthcare

**Strategy:** Promote awareness and support community partnerships to increase immunization education to community members to decrease vaccine-preventable diseases through educational outreach events and cohesive messaging across partners

**AC Objective 2.1:** Increase the immunization levels in kindergarten students from 89.9% (2019) to 92% by September 2025

Baseline	Target	Performance
		89.7% (2020)
		94.4% (2021)
89.9% (2019)	92%	87.4% (2022)

**Partner Agencies:** Early Learning Coalition, CenterPlace Health, Sarasota County Schools, Healthy Sarasota County Childcare, Healthy Start Coalition, First 1000 Days, Sarasota Memorial Hospital

**Data Source: FI Dept. of Health, Bureau of Immunization** found at <a href="Immunization Levels">Immunization Levels</a> in Kindergarten - FL Health CHARTS - Florida Department of Health | CHARTS

Activity	Measure	Coordinating Agency
Examined record of providers allowing patients	Pending from	DOH-
with religious exemptions	Immunizations	Sarasota/Immunization/Epidemiology
Interviewed pediatricians about parents' views on	3 interviews	
immunizations	completed 4/2022	DOH-Sarasota
	In progress, not yet	
Developing a packet for providers to give to	approved/finalized as	
patient families	of 1/2023	DOH-Sarasota

#### Priority Health Issue: Access to Care

#### AC Goal 2: Increase access to and utilization of quality healthcare

**Strategy:** Partner with community organizations, health care providers, state, and county agencies to target education and outreach efforts regarding access to care and eligibility for healthcare coverage

**AC Objective 2.2:** By September 2025, increase the percent of women who receive prenatal care starting in the first trimester from 74.7% to 80% by September 2025

Baseline	Target	Performance
		73.3% (2020)
74.7% (2018)	80%	72.3% (2021)

Partner Agencies: First 1000 Days, Healthy Start Coalition, Sarasota Memorial Hospital, CenterPlace Health

Data Source: FI Dept. of Health, Bureau of Vital Statistics found at Births to Mothers With 1st Trimester Prenatal Care - FL

Health CHARTS - Florida Department of Health | CHARTS

Health CHARTS - Florida Department of Health   CHAR  Activity	Measure	Coordinating Agency
Navigator utilizes Unite Us to screen and refer	IVICASUIC	Coordinating Agency
	Assisted 296	
families to medical, mental health, and social		
services based on social determinants of health	individuals and made	F: . 4000 B
needs.	892 referrals	First 1000 Days Suncoast
	Assisted 2304	
	patients and sent	
	4360 referrals in	
	Women & Children's	
	Division (no way to	
	determine if	
Clinicians utilize Unite Us to screen and refer	pregnant or not,	
pregnant patients based on medical, social,	most likely post-	Sarasota Memorial Hospital Women
mental health, and substance use needs.	partum)	and Children
	Dates:	
	3/12/22 – 188	
	3/13/21 - 72	
	5/9/20 (not held 2/2	
Baby Showers	Covid)	Healthy Start Coalition
	745 babies delivered.	
	180 community	
	outreach events;	
	120	
Community health events to promote services	Medicaid/insurance	
and free and low-costs prenatal services	applications	CenterPlace Health

#### Priority Health Issue: Access to Care

#### AC Goal 2: Increase access to and utilization of quality healthcare

**Strategy:** Promote and provide an evidence-based falls prevention programs in the community

**AC Objective 2.3:** Decrease the number of emergency department visits due to falls in adults 65 and over by 5% from 6,645 in 2018 to 6,313 by September 2025

Baseline	Target	Performance
		6,875 (2019)
		5,424 (2020)
6,645 (2018)	6,313	6,095 (2021)

**Partner Agencies:** Age Friendly Sarasota, Friendship Centers, Sarasota County HHS Dept. of Aging Services, SWFL Area Agency on Aging

**Data Source: Florida Agency for Health Care Administration** found at Non-Fatal Injury Emergency Department Visits Profile (flhealthcharts.gov)

Activity Measure Coordinating Agency

Balance Movement classes to promote fitness/wellness		Contact to delite Contact to
and reduce fall incidents.	94 participants	Senior Friendship Centers, Inc.
Falls Prevention Program participants report no falls since taking the class.	99/104 (95%) of participants; 2022: 191/212 (90%)	Senior Friendship Centers, Inc.
Elder Nutrition & Food Safety Age Friendly: Fall Prevention (2021) Age Friendly: Healthy Eating & Hydration (2021/2022) Build Your Bones: Nutrition for Bones & Beyond (2022) Age Friendly: Fall Prevention – Health Management &	2020 - 1 event, 25 participants 2021- 2 events, 30 participants 2022 – 8	
Home Design (2022)	events, 98 participants	Family and Consumer Sciences, UF/IFAS
	Coach training	
	March 5 -6	
	2023	
	Pilot program	
	at the	
	Meadows,	SC HHS, DOH, SWFL Area Agency on
Matter of Balance Program Implementation	3/31/23	Aging

#### AC Goal 2: Increase access to and utilization of quality healthcare

**Strategy:** Partner with community organizations, health care providers, state, and county agencies to target education and outreach efforts regarding access to care and eligibility for healthcare coverage while also assessing, educating, engaging, and empowering community organizations and stakeholders to increase their understanding of the SDOH

**AC Objective 2.4:** Increase the percent of adults ages 18-44 who visited a dentist or dental clinic in the past year from 45.7% (2016) to 47% by September 2025

Baseline	Target	Performance
		No performance data since 2016
45.7% (2016)	47%	baseline data except (2010 – 63.9)

Partner Agencies: Centerplace Health, MCR, CAN

**Data Source:** Florida Behavioral Risk Factor Surveillance Survey found at <u>Florida Behavioral Risk Factor (BRFSS) Data-</u> Florida Health CHARTS - Florida Department of Health | CHARTS (flhealthcharts.gov)

		<del>- 0 - 1</del>
Activity	Measure	Coordinating Agency
Current availability of free and low-cost dental		
services	List of identified	Sarasota DOH
		-Sarasota DOH no funding
Funding opportunities for adult dental	<b>Needs and list</b>	opportunities available at this time
MCR Health		

CAN		
	CPH: Adult visits =	
	2,158; < 18 y/o = 10,	
CenterPlace Health	115, total 12, 273	Sarasota DOH
LECOM		

#### AC Goal 2: Increase access to and utilization of quality healthcare

**Strategy:** Partner with community organizations, health care providers, state, and county agencies to target education and outreach efforts regarding access to care and eligibility for healthcare coverage while also assessing, educating, engaging, and empowering community organizations and stakeholders to increase their understanding of the SDOH.

**AC Objective 2.5:** Decrease the percent of employed adults ages 19-64 who have no health insurance from 19.5% (2018) to 17.7% by September 2025

Baseline	Target	Performance
		18.9% (2019)
		8.8% (2020)
19.5% (2018)	17.7%	17.9% (2021)

Partner Agencies: Sarasota County Libraries, FQHC's, Sarasota DOH, SMH, MHI, All Faith's Food Bank

**Data Source:** United States Census Bureau, 2016-20 American Community Survey (ACS) found at <u>Community Social and</u> Economic Factors Report (flhealthcharts.gov)

Activity	Measure	Coordinating Agency
	Implementation of a	
Provide Healthcare Marketplace education and	health literacy display at	
local FQHC information for the community at	Betty Johnson Library in	
Sarasota County Libraries	Newtown	Sarasota DOH. Libraries
Hired CenterPlace Health Community Health		
Care Navigator	3 certified	CenterPlace Health
	Track number	
Sarasota Memorial screen uninsured patients	eligible/screened, number	
for Medicaid eligibility and referral to	of individuals d/c to TOC	
Transitions of Care outpatient program	program	SMH Outpatient Clinics
	Communicated open	
	enrollment via FB, IG and	
	email b/w Dec. 2022- Jan.	
	2023, reaching 462	
	people.	
	Directly assisted 27	
	individuals accessing	
	insurance via one-on-one	
	conversations by phone	
	and in-person, included	
	resource sharing and	
Multicultural Health Institute	direct application	МНІ

	completion assistance. Offers digital navigation assistance for individuals to help access low-cost or free computing devices and/or internet service and assist w/ accessing online healthcare information	
	Track	
	eligible/screened/referred	
All Faiths Food Bank – promote information on	clients via case	
eligibility/enrollment opportunities	management	All Faiths Food Bank

#### AC Goal 2: Increase access to and utilization of quality healthcare

**Strategy:** Partner with community organizations, health care providers, state, and county agencies to target education and outreach efforts regarding access to care and eligibility for healthcare coverage while also assessing, educating, engaging, and empowering community organizations and stakeholders to increase their understanding of the SDOH.

**NEW AC Objective 2.6:** By June 30, 2027, decrease the rate of age adjusted emergency department visits from diabetes in Sarasota County for Black residents from 401.8 to 100.7 (county average in 2020).

Baseline	Target	Performance
401.8 (2020)	100.7	373.0 (2021)

Partner Agencies: Sarasota County Libraries, Sarasota DOH, FQHC's, MHI

Data Source: Florida Agency for HealthCare Administration at Emergency Department Visits From Diabetes - FL Health CHARTS - Florida Department of Health | CHARTS

Activity	Measure	Coordinating Agency
Promote assistance navigating the healthcare		
marketplace and scheduling appointments with	Monthly at Newtown	
local primary care homes/providers.	library	CPH/MHI/HIM
Offer free blood screenings for pre-diabetes (?)	Monthly	Health in Motion/DOH
Offer a (CDC) Prevent T2 Diabetes Prevention	Dates and	
course at Newtown Library starting Feb. 2023	participation #'s	MHI
	Attended,	
	participated in, or	
	hosted a total of 151	
	events in 2022.	
	Distributed 1,456 hard	
	сору	
	flyers/educational	
Resource sharing to promote screenings, access	materials, 38 medical	
to care, education, and referrals	monitoring devices to	MHI

include BP cuffs,
glucometers, and
spirometers.
Prescribed lab tests to
43 individuals and
performed 100 BP
checks. Since
inception of care
coordination program
In November 2021,
MHI has received 485
referrals for services

#### AC Goal 2: Increase access to and utilization of quality healthcare

**Strategy:** Partner with community organizations, health care providers, state, and county agencies to target education and outreach efforts regarding access to care and eligibility for healthcare coverage while also assessing, educating, engaging, and empowering community organizations and stakeholders to increase their understanding of the SDOH.

**NEW AC Objective 2.7**: By June 30, 2027, decrease the rate of age-adjusted hospitalizations from diabetes in Sarasota County for Black residents from 586.8 to 148.3 (county average in 2020).

Baseline	Target	Performance
586.8 (2020)	148.3	531.1 (2021)

Partner Agencies: SMH, Sarasota DOH, All Faiths Food Bank, MHI, FQHC's

Data Source: Florida Agency for HealthCare Administration (AHCA) at Hospitalizations From Diabetes - FL Health CHARTS - Florida Department of Health | CHARTS

Activity	Measure	Coordinating Agency
Offer diabetes focused, healthy cooking and		
nutrition classes in Newtown	4 annually	DOH Health Equity Task Force
Increase availability of diabetes self-management		
classes for those already diagnosed with diabetes	2 annually	DOH Health Equity Task Force

#### Priority Health Issue: Access to Care

#### **AC Goal 3:** Increase percentage of residents who are at a healthy weight

**Strategy:** Promote policy, systems, and environmental changes to increase education on and access to healthy foods and physical activity while also assessing, educating, engaging, and empowering community organizations and stakeholders to increase their understanding of the SDOH

**AC Objective 3.1:** Decrease the percentage of adults who are overweight or obese from 58.5% (2016) to 55% by September 2025

Baseline	Target	Performance
58.5% (2016)	55%	61.9% (2019)

**Partner Agencies:** Sarasota County Parks & Recreation, UF/IFAS Extension Sarasota, Sarasota Memorial Hospital, Healthy Sarasota County Work Sites, All Faiths Food Bank

**Data Source:** Behavioral Risk Factor Surveillance System Survey 2016, 17-19 found at <a href="SarasotaCombinedReport.pdf">SarasotaCombinedReport.pdf</a> (floridahealth.gov)

Activity	Measure	Coordinating Agency
	#	
Cooking Matters	classes/attendees	All Faiths Food Bank
	Trail Usage by	
	year:	
	479,043 (2021)	Sarasota County, Friends of the
Legacy Trail	649,512 (2022)	Legacy Trail
Family Nutrition Program (FNP):		
Cooking Matters		
Eat Healthy Be Active Community		
Gardening for Nutrition		
Grow It, Try It, Like It	2020-21: 2,723	
Summer Food, Summer Moves	Participants, 154	
Health U	events	
Fresh from the Garden	2022 – 418	
HomeStyles 2	events, 1,523	
My Plate for My Family	participants	UF/IFAS
	Participation	
	numbers:	
	2020 – 442	
Sunrise Beach Walks Parks Programming (Siesta Key,	2021 – 332	Sarasota Parks, Recreation, and
Lido Beach, Nokomis, Venice)	2022 - 336	Natural Resources
	3,626,448	
Healthy cooking utilizing fresh foods – fresh produce	pounds	
distributions	distributed	All Faiths Food Bank
Nutrition Label Education/Seniors Eating Well	No data	SNAP- ED
Elder Nutrition & Food Safety (2020)	25 participants	Family/Consumer Sciences (FCS)
Age Friendly, Healthy Eating/Hydration (2021)	20	FCS
Build Your Bones, Nutrition for Bones & Beyond (2022)	36	FCS
Age Friendly, Healthy Eating/Hydration (2022)	60	FCS
7.50 · · · · · · · · · · · · · · · · · · ·		. 55

#### Priority Health Issue: Access to Care

#### AC Goal 3: Increase percentage of residents who are at a healthy weight

**Strategy:** Promote policy, systems, and environmental changes to increase education and access to healthy foods and physical activity while also assessing, educating, engaging, and empowering community organizations and stakeholders to increase their understanding of the SDOH.

**AC Objective 3.2:** Increase the percentage of children at a healthy weight from 62% (2018) to 65% by September 2025

Baseline	Target	Performance
62% (2018)	65%	62.5% (2019)

**Partner Agencies:** Healthy Sarasota, Sarasota County Schools, UF/IFAS Extension Sarasota, First 1000 Days, Sarasota Memorial Hospital, Healthy Start Coalition

Activity	Measure	Coordinating Agency
Triple Play participants will increase their knowledge	203 participants	
of behaviors that encourage the adoption of a healthy	2022: 297/310	Boys & Girls Clubs of Sarasota County,
lifestyle.	(96%)	Inc.
Students attending Healthy Kids, Happy Kids cooking		
classes will be able to identify the nutritional value of	29 participants	
different meal options as evidenced by pre/post-test	2022 32/32	
quizzes.	(100%)	Sarasota Housing Funding Corp.
	418 participants	
	2022: 667	
	children	
	participated in	
Children who are in attendance in the traditional	physical activity	
afterschool program will participate in 30 minutes of	at afterschool	
physical activity daily.	program	YMCA of Southwest Florida, Inc.
Park Rx program		Is not offered in Sarasota County
	48 participants –	
	QI project,	
School nurses distribute education and resources to	completed need	
students on physical exercise and nutrition.	date and final #	Sarasota County Schools
Family Nutrition Programs (Kids):		
Cooking Matters for Chefs and Kids		
Kids in the Kitchen	2022- 418	
Youth Understanding My Plate (YUM)	events, 1,498	
Soccer for Success	participants	UF/IFAS
	2021 – (Siesta	
	Key) Registered	
	349, participated	
	782; (N.	
	Brohard)	
	Registered –	
	196, participated	Parks, Recreation and Natural
Kids Summer Beach Runs (8 weeks long)	365.	Resources

2022 – (Siesta
Key) Registered
424, participated
1347; (N.
Brohard)
Registered 219,
participated 696

#### **Priority Health Issue: Environmental Health**

#### **EH Goal 1:** Increase quality of natural and built environments to promote health outcomes

**Strategy:** Promote fiscal, environmental and policy approaches that create sustainable structures and mechanisms that integrate health and equity considerations across local government processes, community design, and programs.

**EH Objective 1.1:** Community planning and land use design; walking, biking, public transportation will incorporate a Health Impact Assessment on at least 3 plans, policies, programs, projects, or proposals by June 2025 (Revised 2022) By June 2025, integrate the input of a DOH public health planner into Sarasota County community planning and land use design environmental impact projects related to public transit, walking, biking, parks, and trails.

Baseline	Target	Performance
0	3 – projects TBD	0

**Partner Agencies:** Sarasota County Government, Keep Sarasota Beautiful, FDOH Sarasota Environmental Health, City of Venice, City of North Port, City of Sarasota

**Data Source:** Local data will be used – CHAT's, Health Impact Assessment (DOH)

Activity	Measure	Coordinating Agency
Ringling Bike Lane		Sarasota Motion, City of Sarasota
	Will be held monthly starting March 7 <sup>th</sup> , 2023, from 10-12 every 1 <sup>st</sup> Tuesday Outcomes being measured:  • # of bike maintenance repair events per yr  • # of bike maintenance/repair per event per month  • # of bike locks distributed – per event, per month • # of bike lights	Sarasota Motion, City of Sarasota
Englewood Bike Maintenance and Repair Unit	distributed per event, per month	Sarasota DOH CHAT's (Englewood)

# of bikes     distributed per     event, per month	
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#### **Priority Health Issue: Environmental Health**

#### **EH Goal 1:** Increase quality of natural and built environments to promote health outcomes

**Strategy:** Promote fiscal, environmental and policy approaches that create sustainable structures and mechanisms that integrate health and equity considerations across local government processes, community design, and programs.

**EH Objective 1.2:** Decrease the percentage of households that are paying 30% or more of income on housing from 31% (2019 ACS) to 28% by September 2025

Baseline	Target	Performance
		30.6% (2020)
31% (2019)	28%	29.8% (2021)

**Partner Agencies:** Suncoast Partnership, Sarasota County Housing Authority, Sarasota County Human Services, Barancik Foundation, Gulf Coast Community Foundation

Data Source: U.S. Bureau of the Census (ACS), Table S2503 found at Occupied Households With Monthly Housing Costs of 30% or More of Household Income - Florida Health CHARTS - Florida Department of Health | CHARTS (flhealthcharts.gov)

Activity	Measure	Coordinating Agency
Clients report receiving ACCESS		
benefits (TANF, SNAP, and/or		
Medicaid).	82/84 (98%)	Laurel Civic Agency, Inc.
Homeless families served will	100/100 (100%);	
maintain employment or gain	2022: 4/4 or 100% of	
employment or increase income	homeless families maintain	Family Promise of South Sarasota County,
while in program.	employment	Inc.

#### **Priority Health Issue: Environmental Health**

#### **EH Goal 1:** Increase quality of natural and built environments to promote health outcomes

**Strategy:** Promote fiscal, environmental and policy approaches that create sustainable structures and mechanisms that integrate health and equity considerations across local government processes, community design, and programs.

**EH Objective 1.3: (Revised 2022)** By June 2025, increase the percent of residents who reside within ½ mile of OnDemand transit services in Sarasota County by 5% from baseline established in June 2021-in 2019

Baseline	Target	Performance
345,516 (2019)	5% increase	393,292 (2022)

Partner Agencies: Sarasota County Area Transit (SCAT)

Data Source: Sarasota County GIS Map Analysis/ESRI

Activity	Measure	Coordinating Agency
	# Residents living	
OnDemand System began June 2021	within a ½ mile of	SCAT

OnDemand transit
services

#### **Priority Health Issue: Environmental Health**

#### **EH Goal 1:** Increase quality of natural and built environments to promote health outcomes

**Strategy:** Promote fiscal, environmental and policy approaches that create sustainable structures and mechanisms that integrate health and equity considerations across local government processes, community design, and programs.

**EH Objective 1.4:** Decrease the number of emergency room visits due to asthma for Black residents in Sarasota County by 5% going from 238 (2018) to 226 by September 2025

Baseline	Target	Performance
		173 (2019)
		131 (2020)
238 (2018)	226	160 (2021)

**Partner Agencies:** Multicultural Health Institute, Sarasota Memorial Hospital, American Heart Association, Housing Authority, Gulf Coast Community Foundation, Barancik Foundation

Data Source: Florida Agency for Health Care Administration found at <a href="Emergency Department Visits From Asthma-">Emergency Department Visits From Asthma-</a>
Florida Health CHARTS - Florida Department of Health | CHARTS (flhealthcharts.gov)

Activity	Measure	Coordinating Agency
	3 (UF/IFAS Energy; Roskamp Institute;	
Presentations to community groups	Rebuild Together Tampa Bay) –	
on factors affecting air quality	incomplete as of 1/2023	Newtown CHAT
	One monitor placed in 2021	
	Second monitor to be placed 2023	
Outdoor air quality monitor in	Can track air quality at Real-Time Air	
Newtown	Quality Map   PurpleAir	DOH Sarasota - EH

# **Appendix B:**

# CHIP 2020-2021 Accomplishments

Sarasota County Government heard from concerned citizens and in discussion with Sarasota County Health and Human Services the Sarasota County Commission established aMental Health Dependent Special District in2021. The establishment of a Mental Health Dependent Special District will help provide a dedicated local funding stream for mental health and substance use services addressing CHIP goals in the Mental Health Priority area. This effort was due to the realization that existing resources are inadequate to promote the mental health of county residents. A Mental Health Needs Assessment Task Force of subject matter experts has been selected to complete a needs assessment for Sarasota County and identify priorities for potential funding. The assessment includes gathering key stakeholder input on the current system of care and how these funds could best be used tomeet the needs of our community.

Unite Us Platform was implemented for use with the First 1000 Days Program at Sarasota Memorial Health Care System. Since initial use the organizations and the programs available have joined in use of the platform to better link health and human services to residents who need them. Unite Us Platform implementation allows for organizations providing services to community members to use an electronic platform for immediate referrals. The system allows tracking of referrals based on social determinant needs and provides real time data on what needs are occurring in the community that impact health. By better connecting residents to services needed, Goals one and two within the CHIP Priority Area of Access are better addressed.

# 2021/2022 Accomplishments

Several accomplishments towards achieving our CHIP goals in Sarasota County have been realized.

- July 2021 Ordinance #2021-026 creating the Sarasota Special Dependent Mental Health District (MHDSD) was passed to help provide a dedicated funding stream for mental health and substance use services to address the lack of these type of services for county residents; In January of 2022 the Sarasota County Mental Health Needs Assessment Task Force submitted report of its findings/recommendations to the Sarasota County Commission for consideration
- Unite Us platform was implemented for use by the First 1000 Days Suncoast program (Women's & Children Unit) at Sarasota Memorial Hospital (SMH) and in 2022 was expanded for use by all SMH inpatient units and outpatient clinics to increase access for referrals to community agencies in the social services sector in Sarasota County
- Implementation of the Englewood Bike Maintenance & Repair Unit by the Englewood CHAT group; to provide increased access to free (bikes, maintenance, and repairs) and healthy transportation
- 2022 Completed expansion of SCAT On-Demand public transportation program that increased access to public transportation services in Sarasota County by more than five percent, especially in the rural parts of South Sarasota County
- Planning began for implementation of the evidenced based fall prevention program, A Matter of Balance by FL DOH-Sarasota for a pilot program and coach training to begin March 2023
- July 2022 Implementation of the Sarasota County Quality of Life (formerly Health Equity) Plan, *Early Detection & Connection*. Creation of the Health Equity Coalition and Task Force to reduce the rate of emergency room visits and hospitalizations in the African American and Hispanic populations in North Sarasota County from Diabetes.
- Implementation of the I SAVE FL free Narcan distribution program in Sarasota County.
- Implementation of DOH homebound immunization program in October 2022.

# **APPENDIX C:**

# **CONTRIBUTING PARTNERS**

All Faiths Food Bank, Inc.

CenterPlace Health, Inc.

Centerstone, Inc.

Charles and Margery Barancik

Foundation

City of North Port, Florida

Coastal Behavioral Healthcare, Inc.

Community Assisted & Supported Living

Inc.

Community Foundation of Sarasota

County, Inc.

Community Health Action Teams

Early Learning Coalition of Sarasota

County

First Step of Sarasota, Inc.

Florida Department of Children and

**Families** 

Florida Department of Health in

Sarasota County

Florida State University—College of

Medicine

Gulf Coast Community Foundation, Inc.

Gulf Coast South Area Health Education

Center (AHEC)

Healthy Start Coalition of Sarasota

County, Inc.

Jewish Family and Children Service of

the Suncoast, Inc.

Multicultural Health Institute, Inc.

The Patterson Foundation

The Salvation Army—Sarasota Area

Command

Sarasota County Government

Sarasota County Schools

Sarasota Memorial Health Care System

Senior Friendship Centers

Town of Longboat Key, Florida

University of Florida, IFAS Extension

University of South Florida