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Vision: To be the Healthiest State in the Nation

FOR IMMEDIATE RELEASE

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THE FLORIDA DEPARTMENT OF HEALTH IN LEVY COUNTY ISSUES MOSQUITO- BORNE ILLNESSES ADVISORY

BRONSON – The Florida Department of Health in Levy County (DOH-Levy) emphasizes the importance of protection against mosquito-borne diseases after receiving confirmation of four horses within Levy County that recently tested positive for Eastern Equine Encephalitis virus (EEE). A total of four horse cases of EEE have been identified in Levy County this calendar year.

EEE is caused by a virus transmitted by mosquitoes that can also infect mammals, birds, amphibians and reptiles. The virus can be transmitted from birds to humans by mosquitoes. The virus causes severe illness in humans and horses. There is a vaccination available to protect horses against EEE. Only one of the horses had received EEEV vaccinations.

Symptoms of EEE in humans may include headache, fever, fatigue, dizziness, weakness and confusion. Physicians should contact the local county health department if they suspect an individual may have a mosquito-borne illness.

DOH-Levy continues surveillance and prevention efforts and encourages everyone to take basic precautions to help limit exposure to mosquitoes by following the Department's recommendations. DOH-Levy is also recommending horse and livestock owners contact their veterinarian about vaccinations against mosquito borne diseases.

To protect yourself from mosquitoes, you should remember "Drain and Cover":

DRAIN standing water to stop mosquitoes from multiplying

- <u>Drain</u> water from garbage cans, house gutters, buckets, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.
- <u>Discard</u> old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.
- Empty and clean birdbaths and pet's water bowls at least once or twice a week.
- <u>Protect</u> boats and vehicles from rain with tarps that don't accumulate water.
- <u>Maintain</u> swimming pools in good condition and appropriately chlorinated. Empty plastic swimming pools when not in use.

<u>COVER</u> skin with clothing or repellent

- <u>Clothing</u> Wear shoes, socks, and long pants and long-sleeves. This type of protection may be necessary for people who must work in areas where mosquitoes are present.
- <u>Repellent</u> Apply mosquito repellent to bare skin and clothing.
 - Always use repellents according to the label. Repellents with DEET(N,N-Diethyl-m-toluamide), picaridin, oil of lemon eucalyptus, and IR3535 are effective.
 - Use mosquito netting to protect children younger than 2 months old.

Tips on Repellent Use

- Always read label directions carefully for the approved usage before you apply a repellent. Some repellents are not suitable for children.
- Products with concentrations of up to 30 percent DEET are generally recommended. Other EPA-approved repellents contain Picaridin, oil of lemon eucalyptus, or IR3535. These products are generally available at local pharmacies. Look for active ingredients to be listed on the product label.
- Apply insect repellent to exposed skin, or onto clothing, but not under clothing.
- In protecting children, read label instructions to be sure the repellent is age-appropriate. According to the CDC, mosquito repellents containing oil of lemon eucalyptus should not be used on children under the age of three years. DEET is not recommended on children younger than two months old.
- Avoid applying repellents to the hands of children. Adults should apply repellent first to their own hands and then transfer it to the child's skin and clothing. If additional protection is necessary, apply a permethrin repellent directly to your clothing. Again, always follow the manufacturer's directions.

<u>COVER</u> doors and windows with screens to keep mosquitoes out of your house.

Repair broken screening on windows, doors, porches, and patios.

DOH continues to conduct statewide surveillance for mosquito borne illnesses, including West Nile virus infections, Eastern Equine Encephalitis, St. Louis Encephalitis, Malaria, and Dengue. Residents of Florida are encouraged to report dead birds via the web site <u>http://www.myfwc.com/bird/</u>. For more information, visit the Department's website at http://www.floridahealth.gov/diseases-and-conditions/mosquito-borne-diseases/index.html or call your local county health department.

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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