Creditable Milks/Milk Substitutions in the Florida Child Care Food Program

Creditable Milks

What is a Creditable Fluid Milk?

For Children ages one and older, CCFP regulations require that each child's breakfast lunch and supper must include fluid milk to be eligible for reimbursement. Fluid milk may also be served as one of the two components of a snack.

The following milks may be served as part of a reimbursable meal with no extra documentation needed:

- **Breastmilk**
- **Pasteurized Cow or Goat Milk**
- Lactose-Free or Lactose-Reduced Milk
- **UHT (Ultra High Temperature) Milk**
- **Acidified or Cultured Milk**
- Organic Milk

Non-Creditable Non-Dairy Beverages

- **Almond Milk**
- Cashew Milk
- **Coconut Milk**
- **Hemp Milk**
- Oat Milk
- Rice Milk

These do not meet the USDA nutrient requirements and are not creditable without a completed Medical Statement.

Milk Substitutions: Creditable Non-Dairy Beverages What is a Creditable Non-Dairy Beverage?

A creditable, non-dairy beverage is a beverage that meets the USDA nutrient standards for fluid milk substitutes (see table below). They may be requested by either parent note or Dietary Preference Form.

Non-dairy beverages are not required to be low-fat or fatfree. When served to children 1-5 years old, they must be unflavored.

| Nutrients (1 cup cow's milk) | Requirement per cup (8 fluid oz.) | % DV |
|---------------------------------|---|------|
| Protein | 8g | 16% |
| Calcium | 276mg | 28% |
| Vitamin A | 150mcg | 10% |
| Vitamin D | 2.5mcg | 25% |
| Magnesium | 24mg | 6% |
| Phosphorus | 222mg | 23% |
| Potassium | 349mg | 10% |
| Riboflavin | .44mg | 26% |
| Vitamin B-12 | 1.1mcg | 19% |

Creditable Non-Dairy Beverages Approved for Use in the CCFP

Find these on store shelves: (shelf-stable)





Kikkoman Pearl Organic Soymilk **Smart Original**



Silk Original Sovmilk



Pacific Ultra Soy Original



Ripple Original Dairy Free Milk



Naturals Original Soymilk



Find these in



Original Soymilk



Better Goods Original Soymilk (formerly "Great Value" brand)



8th Continent Soymilk Original



Kikkoman

Sovmilk Smart Vanilla



Kikkoman Pearl Organic Pearl Organic Soymilk Smart Chocolate



Ripple Vanilla **Dairy Free**



Ripple Chocolate **Dairy Free** Milk



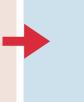
Sunrich Naturals Sovmilk Vanilla



Silk Soymilk Very Vanilla



Chocolate



Soymilk



8th Continent Soymilk Vanilla