

Chanjman nan Lis Manje WIC nan Florid pou 1ye oktòb 2025

Sereyal Dejene (Breakfast Cereals)

Te ajoute:

Kellogg's

- Raisin Bran ★
- Frosted Mini Wheats Cocoa ★
- Special K Cinnamon & Pecan ★

Malt O Meal

- Raisin Bran ★

Post

- Bran Flakes ★
- Raisin Bran ★
- Great Grain Raisins, Dates & Pecans ★
- Great Grains Cranberry Almond Crunch ★
- Great Grains Red Berry Almond Crunch ★
- Honey Bunches of Oats with Strawberries

General Mills

- Bluey Cereal ★
- Wheaties Protein Maple Almond ★
- Wheaties Protein Honey Pecan ★
- Cheerios Hearty Nut Medley ★
- Strawberry Vanilla Chex ★

Quaker

- Mighty Life Strawberry Blueberry Bliss ★
- Mighty Life Very Vanilla Bliss ★

Mak magazen yo

- Raisin Bran ★

Efase:

General Mills

- Berry Berry Kix ★ (sispann)
- Honey Kix ★ (sispann)
- Cheerios Oat Crunch Berry ★ (sispann)

Quaker

- Oatmeal Squares Cinnamon ★ (sispann)
- Life Multigrain Vanilla ★ (sispann)

Kellogg's

- Corn Flakes Honey Flavor

Malt O Meal

- Strawberry Cream Mini Spooners ★

Labouyi

- Farina Mills Creamy Hot Wheat
- Cream of Wheat 1 minute
- Cream of Rice Instant
- Jim Dandy Quick Grits

Mak magazen yo

- Oats & More with Almonds
- Oats & More with Honey
- Crispy Hexagons
- Essentially You
- Strawberry Frosted Shredded Wheat ★

Sereyal avèk ★ gen grenn antye kòm premye engredyan.

Lèt Vejetal Altènativ (Plant-based milk alternative)

Te ajoute:

- Silk Kids Pea & Oatmilk Blend 59 fl ons

Grenn Antye (Whole Grains)

Te ajoute:

- Grenn antye ka achte nan 12 a 42 ons pen, bwat, sak oswa pake

Pèmèt mak nan pen:

Nenpòt mak magazen 100% Whole Wheat Bread, Buns oswa Rolls

Arnold

- 100% Whole Wheat Sandwich Thins
- 100% Whole Wheat Bread
- 100% Whole Wheat Buns
- 100% Whole Wheat Hot Dog Rolls
- 12 Grains and Seeds Bread
- Healthy Multi-Grain Bread

Baker's Choice

- 100% Whole Wheat Bread

Canyon Bakehouse San gluten 100% grenn antye pen, ponmkèt, bajèl oswa woulo

Lewis Bake Shop

- Healthy Life Whole Wheat Bread
- Whole Wheat Bread
- 1/2 Loaf Whole Wheat Bread

Martin's

- 100% Whole Wheat Potato Bread

Monks'

- Wheat Whole Grain Bread

Nature's Own

- 100% Whole Grain Bread
- 100% Whole Wheat Bread
- 100% Whole Wheat Hamburger Buns

Pepperidge Farm

- 100% Whole Wheat Cinnamon Swirl Bread
- 100% Whole Wheat Bread
- Whole Grain 15 Grain Bread
- Whole Grain Oatmeal Bread
- Whole Grain Honey Wheat Bread

Sara Lee

- 100% Whole Wheat Bread

Wonder

- 100% Whole Wheat Bread

Thomas'

- 100% Whole Wheat Bagels
- 100% Whole Wheat English Muffins

Efase:

- Goumèt diri
- Avwan kraze

Zé (Eggs)

Te ajoute:

- Mwayen (medium) douzèn (12 konte)

Efase:

- Ekstra laj (extra large) ak djoumbo (jumbo) douzèn (12 konte)
- Nenpòt gwozè mwaye douzèn (6 konte)

Enstitisyon sa a ofri tout moun menm opòtinite a.

Fwomaj (Cheese)

Te ajoute:

- 32 ons pake—32 ons pake pral konte kòm 2 - 16 pakè oz

Efase:

- 8 ons pake Nòt: *Si ou gen 8 ons fwomaj sou kat WIC EBT ou an septanm, achte l anvan 1ye oktòb 2025.*
- Fwomaj espesyalite tankou sa yo vann nan seksyon Chakitri nan magazen an.

Yogout (Yogurt)

Te ajoute:

- 24, 48 ak 72 ons plizyè pake nan yon sèl pòsyon yogout ki gen anpil grès, ki pa gen anpil grès oswa ki pa gen anpil grès—Orijinal sèlman

Efase:

- Yogout nan tib
- Yogout lèt antye nan 16 ons gwozè

Pwa sèch (Dry Beans)

Te ajoute:

- 32 ons pake—32 ons pake pral konte kòm 2 - 16 pakè oz

Manba (Peanut Butter)

Te ajoute:

- 15.5 ons bokal

Fwi ak Légim (Fruits/Vegetables)

Te ajoute:

- Yo pèmèt remèd fèy fre-koupe nan rasin lan oswa ak rasin lan entak

Pwason nan bwat (Canned Fish)

Efase:

- Pwason nan sak
- Ton pal ak somon woz mwens ke 5 ons
- Jack makwo ak wa makro (Jack owsa King Mackerel)

Ji (Juice)

Te ajoute:

- 64 fl ons Ji legim ki ba sodyòm
- 64 fl ons Ji tomat ba sodyòm



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