

John H. Armstrong, MD, FACS State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

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## FLORIDA DEPARTMENT OF HEALTH LAUNCHES FLORIDA HEALTH CLEANS UP! Adopts over 100 miles of roads, trails, beaches, and parks to keep our paradise litter free

**TALLAHASSEE** – The Florida Department of Health today announced the launch of the *Florida Health Cleans Up!* project in support of the Florida Department of Transportation's (FDOT) roadside litter prevention media campaign released earlier this year, "Drive it home...Keep Our Paradise Litter Free."

More than 1000 Department of Health employees around the state have formed 71 teams to participate regularly in a variety of clean-up activities. At least twice a year, almost 120 miles will be "swept" by these teams, including more than 17 miles of state highway, 25 miles of city streets, 12 miles of trails, 178 acres of parks, and 34 miles of shoreline.

*"Florida Health Cleans Up!* emphasizes that clean spaces matter for healthy living," said State Surgeon General and Secretary of Health Dr. John Armstrong. "As we restore some of Florida's wonderful highways, streets, trails, parks, and shorelines, this project will put the spotlight on the importance of healthy choices to prevent trash in the first place."

"We are excited to partner with the Florida Department of Health for *Florida Health Cleans Up!*," said FDOT Secretary Ananth Prasad. "This outstanding initiative encourages healthy physical activity while assisting the FDOT with reducing litter and preserving the natural environment along Florida's roadsides."

*Florida Health Cleans Up!* is a venture of Healthiest Weight Florida, a public-private collaboration bringing together state agencies, not-for-profit organizations, businesses and entire communities to help Florida's children and adults make consistent, informed choices about healthy eating and active living. The Department's goal is to encourage physical activity and walking while emphasizing how small choices affect your health and environment.

More information about Healthiest Weight Florida and *Florida Health Cleans Up!* is available at <u>www.HealthiestWeightFL.com</u>.

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. During 2014, the Department is recognizing 125 years of public health in Florida with educational opportunities and events. Please visit www.FLHealth125.gov for more information.

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